



# Hampton Herald



Embrace the possibilities

700 North Pine Road • Bay City, Michigan 48708 • www.pvm.org

August 2016

## Featured Articles

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Column** pg. 11



## Silly August Holidays and Observances

I hope you are all enjoying your summer! ☺

### MONTHLY OBSERVANCES

\*American Artists Appreciation Month  
\*Boomers making a Difference Month  
\*National Read a Romance Month  
\*National Traffic Awareness Month  
\*Happiness Happens Month  
\*National Goat Cheese Month  
\*National Catfish Month  
\*Tomboy Tools Month  
\*XXXI Summer Olympics August 5-21

### WEEKLY OBSERVANCES

\*National Psychic Week Aug. 1-5  
\*Simplify Your Life Week Aug. 1-7  
\*National Scrabble Week Aug. 6-10  
\*National Farmers' Market Week Aug. 7-13  
\*National Fraud Awareness Week Aug. 7-13  
\*Elvis Week Aug. 8-16  
\*Weird Contest Week Aug. 8-12  
\*National Aviation Week Aug. 15-21  
\*Be Kind to Humankind Week Aug. 25-31

### DAILY OBSERVANCES

\*Spider-Man Day Aug. 1

\*US Air Force Day Aug. 1  
\*World Wide Web Day Aug. 1  
\*National Coloring Book Day Aug. 2  
\*Watermelon Day Aug. 3  
\*National Chocolate Chip Day Aug. 4  
\*Coast Guard Day Aug. 4  
\*Social Security Day Aug. 4  
\*National Underwear Day Aug. 5  
\*Twins Day Aug. 5-7  
\*National Mustard Day Aug. 6  
\*Sisters' Day Aug. 7  
\*Purple Heart Day Aug. 7  
\*Paul Bunyan Day Aug. 10  
\*S'mores Day Aug. 10  
\*Presidential Joke Day Aug. 11  
\*Kool-Aid Day Aug. 12-13  
\*Vinyl Record Day Aug. 12  
\*National Bowling Day Aug. 13  
\*National Garage Sale Day Aug. 13  
\*Best Friends Day Aug. 15  
\*Bad Poetry Day Aug. 18  
\*Sand Castle Day Aug. 20  
\*Be an Angel Day Aug. 22  
\*Kiss and Make Up Day Aug. 25  
\*National Toilet Paper Day Aug. 26  
\*Just Because Day Aug. 27  
\*More Herbs, Less Salt Day Aug. 29

Look for PVM on:



## Activities

## Maintenance Updates

- *Be sure that all of your trash is properly bagged and tied securely. Many of you are not sealing the bags and there is trash spilling in the barrels and in the dumpster. This can promote unnecessary odors and can encourage unwanted pests as well as leave quite a mess to clean up in the trash room.*
- *Please remind your visitors to park in the farthest spaces if they are physically able to walk. Many of the home health care providers are taking the close spaces and leaving no room for our residents who may need to park close to the building. Please remind them to be considerate of your neighbors.*
- *If you spill something on the floor, please stop by the office to let us know about it and also let us know what it was that was spilled. If we know what it is, it will make it easier for us to know how to clean it. Using the proper products on spills will only help keep your home looking it's best for years to come.*
- *Thank you for your continued assistance and support.*

## August Activities

### Please join us in the month of August for:

- Every Sunday – Bingo @ 2:00 pm
- Every Wednesday – Bingo @ 10:00 am & 5:00 pm
- Commodities will be here on August 5<sup>th</sup> around 11 am
- Administrator's Updates Meeting – August 11<sup>th</sup> @ 11:00 am
- Monthly Birthday Celebration – August 8<sup>th</sup> at 6:00 pm
- Bookmobile – August 4<sup>th</sup> and 25<sup>th</sup> 2:00 pm – 3:00 pm
- Monthly pest control service – August 15<sup>th</sup>
- Lunch bunch for August will be at 11:30 am on the 12<sup>th</sup>. We

- will be ordering from Roma's.
- Wii Bowling every other Thursday @ 10:00 am August 4<sup>th</sup> and August 18<sup>th</sup>.
- Please check out the Service Coordinator's page for a list of upcoming presentations.
- Virtual Village Victory Cup celebration TBD
- Hampton Meadows Food Drive for Good Samaritan Rescue Mission--August 1-8
- The billiard table is now up and available for your use in the game room. Please enjoy. ☺

## Announcements

### Laundry Repair Contact Number: 1-800-521-9938

Please use this number when the washers or dryers are not working or if you've lost quarters in the machine.

### Laundry Room Hours are: 8:00 a.m. – 8:00 pm everyday

Note: You can add more quarters to the dryer while it is running if you need more time to dry. ☺

### Bay City Happenings in August

Bay City is host to several festivals and events each year. There are many different activities throughout our beautiful little town and the surrounding areas.

Here are a few:

#### **DOWNTOWN BAY CITY**

**Tuesdays in June, July & August**

• **Tuesdays Movies in the Park** • Free family-friendly movies at the Shell in Wenonah Park.

**Wednesdays in June, July & August** • **Wednesdays in the Park** • Young people's entertainment at lunchtime and concerts for all in the evening. All free!

**Fridays, July and August** • **Fridays at the Falls** • Free casual entertainment at the Third Street Waterfall Park starting at 6:00 pm.

*Continued on pg. 4*

## Service Coordinator Corner

Elizabeth Brinker 989-892-6906

Service Coordinator's office is located on the 2<sup>nd</sup> floor inside the theater



*No article submitted for August.*

*Please see informational flyers and the August calendar for presentation dates and any other service coordination information.*

Programs (continued)

Continued from pg. 2

# Celebrating August Birthdays

We will be celebrating August Birthdays in the community room on Monday, August 8<sup>th</sup> at 6:00 pm. Spencer Skorupski from Skorupski Family Funeral Home and Cremation Services has graciously agreed to host all of our birthday celebrations. He will bring the cake and some balloons! Please come by and celebrate with us!

Elaine D ..... 08/07  
Ellie J ..... 08/18  
Faye G ..... 08/21



**Friday – Sunday, August 13-14**  
**•Downtown Bay City reEvent•** It’s all about reUse, redesign, and repurpose! Downtown businesses provide ideas and special promotions to help be more creative and take better care of ourselves and our world.

**Friday – Sunday, August 13-14**  
**•Urban Salvage and Antique Show•** A collection of antiques, collectibles, architectural, industrial and modern. You’ll find a wide variety of items repurposed, recycled and reimagined. .

## Bay County Division on Aging

The Bay County Division on Aging provides services to Bay County residents age 60 and older. Many programs are funded through senior millage funds, donations, cost-share contributions and fees from seniors, as well as grants from the State and Federal Government.

Some programs are:

- Case Coordination and Support
- Home Delivered Meals
- Senior Dining Centers
- Homemaking
- Caregiver Training
- Personal Care
- Information and Referral

*For more details, contact Debbie Keyes at 989-893-7070*



## All That Jazz!

Secure your tickets and sponsorship now!

*The Countdown is On!*

### Annual PVM Foundation Gala—November 11th!

**When:** Friday, November 11, 2016

5:30 p.m. Sponsor & Patron VIP Pre-Reception

6:30 p.m. General Cocktail Reception & Raffle

7:30 p.m. Dinner, Program & Entertainment

**Where:** COBO Center, 1 Washington Boulevard, Detroit, Michigan 48226

**Cost:** **\$375 Patron Ticket\*** includes Private VIP Pre-Reception, Prime Seating at Dinner & Program

**\$250 Individual Ticket\*** includes General Cocktail Reception, Dinner & Program

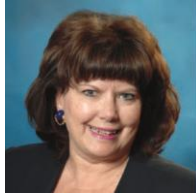
(\*Estimated Fair Market Value: \$125/ticket)

For more information, please contact us at 248-281-2040, [pvmfoundation@pvm.org](mailto:pvmfoundation@pvm.org), or visit [pvmf.org/Gala2016](http://pvmf.org/Gala2016).

Thank you for supporting PVM residents and I hope to see you for **All That Jazz!** on November 11<sup>th</sup>!

Warm regards,  
Paul J. Miller, CFRE





## The Senior Advocate.

By Lynn Alexander,  
Vice President of Public Affairs

### *Be Smart and Savvy to Prevent Exploitation*

All too often I hear terrible stories of how a senior has been exploited, sometimes by total strangers and sometimes by relatives, even their own children! So I decided it is time to review some tips for protecting oneself from a potential tragedy. Here are some tips recommended by the Michigan Attorney General's Office:

Be alert to individuals who seem extremely interested in your personal finances.

Do not turn over your checkbook or any other financial affairs to another person unless you have established trust in them. Even so, it is good if possible to have two parties so there are checks and balances. Whenever possible these two parties should be a family member or close friend/ advisor of many years.

Protect important information, such as your social security number and medical information.

Do not give out personal information over the phone or take unsolicited phone calls.

Be aware that fraudsters may have set up a fake website while pretending to be a reputable agency or company. Always call the organization directly rather than taking someone's word for it.

Do not respond to solicitations on the internet. Scammers come from all countries. If someone is really a prince or coming into huge sums of money they do not need your help!

And, most of all, remember: IF IT SEEMS TOO GOOD TO BE TRUE IT IS!

Be smart! Be savvy!



## SERVICE EXCELLENCE

Just a reminder that the Service Excellence recognition slips are located to the right of the cubbies on the first floor. If you feel that any Hampton Meadows' employee has done something noteworthy for you or our community, please fill out a recognition slip for them. You can either put it in the suggestion box where they are located, in the drop box or you can give it to the Administrator directly.

It will then be forwarded along to a monthly drawing where we can be entered to win a prize. Thank you again for your continued support and assistance. Please let us know if there is anything that we can do to make your experience here at The Village of Hampton Meadows the best that it can be.

# Congratulations!

You are being recognized because  
"What you did mattered!"



*Thank you for what you did!*

**Employee Name:** \_\_\_\_\_

**Person Recognizing Employee:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**\*\* Please turn a copy of this card into Village Administrator or HR, for a drawing**

**ACCOUNTABILITY • LISTENING • RELATIONSHIPS • RESPECT**



### Friendly Reminders:

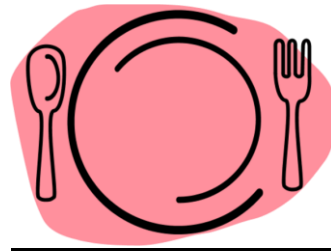
*Please respect your neighbors' privacy and confidentiality and also the house rules, by not congregating in the lobby. Conversations in the lobby can be disruptive, loud and uninviting.*

*Socializing with your friends and neighbors can happen in any of our **amenity rooms** and you are welcome to use them at any time.*

*Please note that you do not need to put your rent payment into an envelope before placing it into the drop box. The box is locked and no one has access to it other than the Administrator.*

*All residents are invited to participate in any of our events, presentations, dinners, bingo, etc. Please free to come down to any event that is of interest to you. If you would like to participate in something different, please stop by the office or visit a resident council meeting. Your ideas are always welcome. We want to make this a wonderful place for all of our residents and we want you to enjoy your home and neighbors. 😊*

# Spinach-Artichoke Stuffed Chicken



## Ingredients

- 1 8 ounce block cream cheese, softened
- 2 cloves garlic, minced
- 1 cup baby spinach
- 1 cup Gruyere cheese
- ¼ cup Parmesan cheese
- Kosher salt
- Freshly ground black pepper
- 1 pound boneless, skinless chicken breasts
- Extra virgin olive oil

## Directions

- Make spinach-artichoke dip:
  - In a large bowl, mix together cream cheese, artichoke hearts, garlic, baby spinach, Gruyere, and Parmesan and season with salt and pepper.
- Season chicken with salt and pepper and make a pocket in each breast.
- Fill pockets with dip and seal each breast with two toothpicks.
- In a large skillet over medium heat, heat oil. Add chicken and cook until deeply golden brown, 10 minutes per side. Serve immediately.



# August Word Search

## Popular Mechanic



AXLE  
 BATTERIES  
 BELTS  
 BODY MAN  
 BRUSHES  
 CARS  
 COMPRESSOR  
 DEPARTMENT  
 DRILLS  
 FILTERS  
 GARAGE  
 GASOLINE  
 GREASE  
 HOIST  
 HOSE  
 IGNITION  
 JACKS

LIFT  
 LUGNUTS  
 MAPS  
 MATS  
 MUFFLER  
 OIL PANS  
 PAILS  
 PAINTING  
 PARTS  
 POINTS  
 PREMIUM  
 PUMPS  
 RACK  
 RAGS  
 RATCHET  
 REPAIRMAN  
 RIMS

ROTORS  
 SERVICE  
 SPARK PLUGS  
 TAILPIPE  
 TIRES  
 TOOLS  
 TOWELS  
 TRUCK  
 TUNEUP  
 UNIFORM  
 WASHERS  
 WATER  
 WELDING  
 WHEELS  
 WORKSHOP  
 WRENCHES

# Laughter is the Best Medicine



## The Year's Best [Actual] Headlines of 2004:

- Crack Found on Governor's Daughter
- Something Went Wrong in Jet Crash, Expert Says
- Police Begin Campaign to Run Down Jaywalkers
- Panda Mating Fails; Veterinarian Takes Over
- Miners Refuse to Work after Death
- Juvenile Court to Try Shooting Defendant
- War Dims Hope for Peace
- If Strike Isn't Settled Quickly, It May Last Awhile
- Cold Wave Linked to Temperatures
- Enfield (London) Couple Slain; Police Suspect Homicide
- Red Tape Holds Up New Bridges
- Man Struck By Lightning Faces Battery Charge
- New Study of Obesity Looks for Larger Test Group
- Astronaut Takes Blame for Gas in Spacecraft
- Kids Make Nutritious Snacks
- Chef Throws His Heart into Helping Feed Needy
- Local High School Dropouts Cut in Half
- Hospitals are Sued by 7 Foot Doctors
- Typhoon Rips Through Cemetery; Hundreds Dead

## Administrator Column

## Resident Updates



We also did amazing in all of the categories and if my calculations are correct, we have earned 20 medals this year!!!

That far exceeds what we accomplished last year and we will keep getting better the more we practice and participate in the event each year. I just know we can come in first place next year!



competing.

We have an amazing bunch of residents here!

We will be having a celebration for you to pass out the medals, ribbons and to tell you what a wonderful job you did. The date has not yet been determined but I will keep you informed just as soon as I know more.

**Stephanie Cooper**  
Administrator  
The Village of  
Hampton Meadows

### Virtual Village Victory Cup

The results are in.....

Out of 5 villages who competed in the Virtual Village Victory Cup, The Village of Hampton Meadows finished 3<sup>rd</sup> in overall points!

We all had a wonderful time and all of you did an exceptional job!

I am so proud of each and every one of you. The challenges weren't always easy for some of you but you found a way to make it work, compete and now you're bringing home the medals. Your determination in life makes me smile every day.

Thank you to everyone who came down to participate either by competing in an event or by cheering on those who were



Don't Miss the Bay County Library Bookmobile on Thursday, August 4<sup>th</sup>  
AND Thursday, August 25<sup>th</sup>

## Hampton Meadows 7<sup>th</sup> Annual Food Drive August 1<sup>st</sup> through August 8<sup>th</sup>

Please bring unopened, nonperishable food items and/or school supplies to the boxes in the lobby for donation to the Good Samaritan Rescue Mission.



**Feeding the  
Community**

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

# Office Numbers

## Village Staff

**Stephanie Cooper** **989-892-1912**  
*Administrator*

**Elizabeth Brinker** **989-892-6906**  
*Service Coordinator*

**David Short**  
*Maintenance*

**EMERGENCY TELEPHONE  
NUMBER** **989-415-7974**



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)




**Our Mission:** Motivated by Christ's love, we engage people as they experience and embrace their God-given potential.  
**Our Vision:** Changed Lives. Strong Families. Transformed Communities.  
**Our Values:** Christ-centered. Excellence. Integrity. Life



The Village of  
**Hampton  
Meadows**

A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan  
and Wellspring Lutheran Services

**700 North Pine Road  
Bay City, MI 48708**

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