



Village Voice



Embrace the possibilities

17275 15 Mile Road • Clinton Twp., Michigan 48035 • www.pvm.org

December 2014

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From The Village Administrator

Merry Christmas and Happy New Year!

I hope you enjoy the holidays with your family and friends. This time of year is so beautiful with the beautiful Christmas trees and lights. It's my favorite holiday.

I want to remind all of you to be careful during this winter season. As we will do our best to keep the parking lot and sidewalks clear, it's still important for you to wear suitable footwear and be cautious.

The outdoor lighting grant did get the final approval, so we will be starting that project as soon as the electrician can begin.

Our Christmas party will be on Thursday, December 18th at 1 pm in the 1st floor community room. We will have an entertainer for your enjoyment. Appetizers will be served as well.

Our next resident meeting will be on Tuesday, December 9th at 1 pm in the community room.

Sincerely,

Melissa Riesterer
Administrator



The Village of
Peace Manor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



Wzleomz Dzegmbzrl

Announcements

Resident Meeting

Mark your calendars:

- Tuesday, December 9th.
- 1pm
- First Floor
Community Room

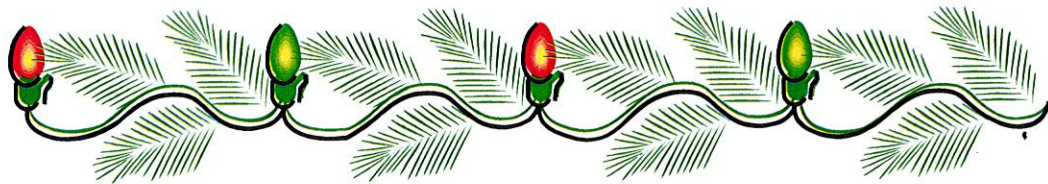
Winter Safety

Please remember to wear appropriate attire and footwear during this season. We make every effort to make sure the sidewalks and parking lots are clear of snow and ice, but everyone still needs to be careful during the snow season.

Please report all slippery spots to management. Containers of salt are available to you after office hours. The salt is to be used if you notice a slippery spot on the sidewalk or at the entrance.

Resident Intercom

Please confirm the identity of the person buzzing your apartment before allowing them entry into the Village.



Holiday Bake Sale & 50/50 Drawing

When: Wednesday, December 10th
Time: 1-3pm
50/50 Drawing at 3pm

Annual Peace Manor Christmas Party

When: Thursday, December 18th
Time: 1pm

Please join residents and staff of Peace Manor for snacks, dessert and coffee.

This year we will feature entertainment by Donnie Stroup. He will be entertaining us with festive Christmas Music.

As always, this party is free of charge to you. We request that you sign up in the mail room by Monday, December 15th.

Hope to see you there!!



Please join Sue Perkins, R.N. and members of the health cabinet for....

A Very "Merry" Celebration

Please come dressed in your most festive Christmas Sweater.

Members of New Life Choir will be leading you in Christmas Carols both new and old. There will be plenty of snacks, cookies, cake and punch.

When: Monday, December 1st

Time: 6:30pm-8:30pm

Where: Community Room at The Village of Peace Manor

Please sign up in the mailroom.

Camille's Office Hours

Camille's hours will be very limited during the month of December. Please see her or the office for her exact hours.

Parish Nurse Schedule

Sue Perkins is available every Wednesday from 1:00-3pm to take blood pressures. She is also available to counsel with regarding health advice.

She will not be here Christmas Eve or New Year's Eve.

Join her at 3pm in the library for Bible study.

Chair Exercises

Come join in on the fun. Chair dance to the music.

When: Thursday, December 11th

Time: 12:45pm

Where: First Floor Community Room



The Senior Advocate.

By Lynn Alexander,
Vice President of Public Affairs

GOOD NEWS FOR THE NEW YEAR

January is the time of year which we associate with something new... a new year, a fresh start, and new projects which we did not get around to during the busy holidays. I am pleased to report that 2015 will see a major initiative come to fruition for the State of Michigan. Some of our readers may recall that last year I was appointed by Governor Snyder to the Michigan Health Endowment Fund Board. The mission of the Michigan Health Endowment Fund is to improve the health of Michigan residents and reduce the cost of health care with special emphasis on the health and wellness of children and seniors.

As Vice Chair of this board, I am committed to responsible stewardship of these monies which will total \$1.56 billion over 18 years. This endowment will place the fund in the position of being the fourth largest foundation in Michigan. This past year we have set up the entire structure for the board while granting funds to statewide organizations, in addition to conducting a listening tour around the entire state to find out from professionals on the ground what is needed. Some of the major initiatives will include preventing falls for seniors, wellness programs for parks and recreation teamed up with senior centers and support for food banks across the entire state.

In 2015 we will expand our reach to allow for all organizations in the state who work with seniors and children to apply for grants. Our listening tour affirmed for me that there are many wonderful programs going on right now or in the planning stages which can help us meet our mission if they had an increase in funding. What does this mean for you? It could mean better transportation to doctor appointments and more programs to keep you active and aging well. It may mean improved programs to help your grandchildren get on the road to success. It will also mean a better Michigan for us all. Look for updates as we continue this good work.

Finally, I would like to thank Governor Snyder and the Michigan Legislature for working with Blue Cross Blue Shield of Michigan to create this important fund. On to a good year in 2015 for the State of Michigan and its residents!

December Birthday Party

When: Monday, December 15th
Time: 1:30pm

Happy Birthday to You

- Joanne McCroskey.....12/2
- Frances Gonzales.....12/3
- Pat Seckel.....12/7
- Russ Harvey.....12/14
- Virginia Heighes.....12/19
- Karen Shimko.....12/25

Stop and Shop Hours

The store will re-open Monday, December 1st at 8am!

Mondays: 8am-11am

Tuesdays: 12:30pm-3:30pm

Wednesdays: 8am-11:30am

Thursdays: 12:30pm-3:30pm

Fridays: 12:30pm-3:30pm



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

This month we have a guest columnist, Morgan Nelson, an intern from Oakland University's Wellness, Health Promotion & Injury Prevention Program

10 Great Wellness Gift Ideas for The Holidays



Gift giving is a beautiful part of the holiday season and a time to have fun and be creative! Here are some great ideas for gifts that will benefit the health and well-being of your loved ones as well as your own:

1. Write a poem for your significant other.
2. Mail a card to a long-distance friend.
3. Paint a picture for a church or homeless shelter.
4. Give a flower (the December flower is the Narcissus) to a passing stranger.
5. Buy movie tickets for you and a friend.
6. Bake cookies or a pie for your neighbor.
7. Share your secret recipe with your best friend.
8. Make your own gift basket of homemade jam and jelly for your children.
9. Write a fun story about your life and read it to your grandchildren.
10. Spend quality time with your family and friends.

December Sing a Long

When: Wednesday,
December 3rd
Time: 1:00pm

Join Lee & Nancy in
Singing Some Carols.

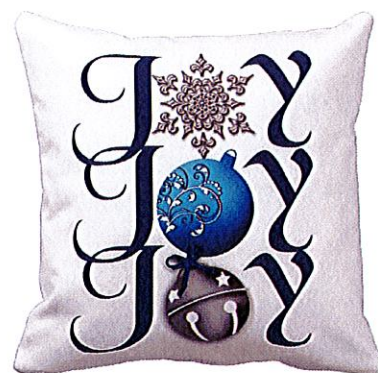
December Movie Night

When: Thursday,
December 11th
Time: 6pm

Popcorn is provided.
Please bring your own
beverage.

Bingo with Sue

Saturday, December 6th
&
Saturday, December 20th



**A joyful heart is the
inevitable result of a
heart burning with love.**

-Mother Teresa

It's quite obvious I wish the events of 9/11/01 would have turned out differently; decisions made that day have changed many lives forever. On that fatal day my twin brother made the decision to help the citizens of New York. A New York Times operating engineer, he took a leave of absence to offer his expertise, to show his love for this great country, to do all he could for America.

A man of monolithic stature, six feet five inches tall and 280 pounds, a pony tail measuring nearly two feet, he was hard to miss.

Always in jeans, a welding cap and boots very rarely laced; he was a gentle giant with a heart of gold. On September 24 as I listened to President of the United States, George Bush begin to deliver a speech and outline the American response to the terrorist acts that had shattered the American way on 9/11, my phone rang. On the other end was the voice of my brother, tired and hurting. The sights he described were hard to imagine, the pain he was feeling could be heard in his voice. Mark spent 180 days on the pile at Ground Zero. I wake up every day of my life wishing that this day never happened.

In September of 2010 Mark was diagnosed with lung cancer and in March 2011 a third of his upper right lung was removed. In July he was diagnosed with a lung cancer tumor on the outside of his colon He underwent another series of chemotherapy which caused horrible neuropathy in his feet and legs. Three more surgeries, two colostomy bags and a surgery to remove an abscess in his abdomen, on December 17, 2011 my brother lost his battle against cancer. Surrounded by his wife of 32 years, his daughter, his son and many family members and friends, with my hand on his hand my brother took his last breath. He was 52 years old.

My brother has always been a hero to the many folks that knew him and to many people that never knew his name. An eagle scout as a child, a marine at the age of 17, an operating engineer, a welder, an iron worker, a mechanic, a husband, a dad, a brother and a friend. Be it the events of 9/11, Katrina, riding his motorcycle across the country to raise money for the children effected by 9/11, collecting toys for children at Christmas, Mark was there. This yearin Mark's memory I will be collecting new, unwrapped gifts for children to be donated to a local charity for Christmas.



Mark William Gajewski AKA "SKI"
June 11, 1959 – December 17, 2011

Someone whose dash is hard to match, always in my heart.

All gave some, some gave all

DECEMBER 14, 2014

10 AM – 12 PM



SKI'S open heart foundation's

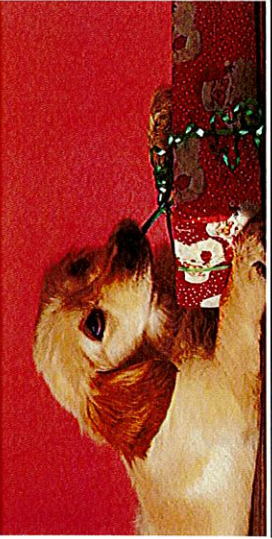
Breakfast with Santa

The Village of Peace Manor
17275 15 Mile Road Clinton Township MI 48035

**Please bring an unwrapped toy in Mark's memory!
All donations going to the children at Children's Hospital, cancer ward.**

Peace Manor residents \$3.00 donation
\$5.00 donation per person (with a toy) \$10.00 donation per person without a toy

Photos with Santa available.....Ski's Open Foundation items for sale



DECEMBER 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
7	8 8am-11am - Stop & Shop Open 6:30pm - Christmas Party W/Sue Perkins	9 12:30-3:30pm - Stop & Shop Open 1pm - Resident Meeting 1:30pm - Milkman	10 8-11:30am - Stop & Shop Open 10am - Communion 1pm - Bake Sale	11 12:30-3:30pm - Stop & Shop Open 12:45pm - Chair Exercises 6PM - MOVIE NIGHT	12 9am - Bus To Meijer 12:30-2:30pm - Stop & Shop Open	13 9am - Bus To Meijer 12:30-2:30pm - Stop & Shop Open
14 10am-12pm - Breakfast W/ Santa	15 8am-11am - Stop & Shop Open 1:30pm - Birthday Party	16 12:30-3:30pm - Stop & Shop Open 1:30pm - Milkman	17 8-11:30am - Stop & Shop Open 10am - Communion	18 12:30-3:30pm - Stop & Shop Open 1pm - Christmas Party	19 9am - Bus To Meijer 12:30-2:30pm - Stop & Shop Open	20 1pm - Bingo With Sue
21	22 8am-11am - Stop & Shop Open	23 12:30-3:30pm - Stop & Shop Open 1:30pm - Milkman	24 Christmas Eve		26 12:30-2:30pm - Stop & Shop Open	27 12:30-2:30pm - Stop & Shop Open
28	29 8am-11am - Stop & Shop Open	30 12:30-3:30pm - Stop & Shop Open 1:30pm - Milkman	31 8-11:30am - Stop & Shop Open 10am - Communion New Years Eve			

HAPPY HOLIDAYS WORD SEARCH



Created by
Sue Lindlauf
Grand Forks Herald
2011

P	O	J	A	H	S	E	N	A	C	Y	D	N	A	C
R	S	S	H	O	P	P	I	N	G	M	F	K	A	S
E	E	H	W	L	J	B	L	X	M	A	F	L	H	O
S	I	I	E	I	K	C	F	N	M	D	F	F	G	S
E	V	R	R	D	L	P	O	I	M	A	P	O	S	N
N	O	T	T	A	M	O	L	I	W	L	O	N	X	O
T	M	U	Y	Y	N	Y	U	K	E	O	O	U	A	I
S	O	L	U	S	B	L	W	H	T	I	L	N	T	T
C	H	R	I	S	T	M	A	S	T	I	O	S	N	A
M	P	J	O	W	V	K	A	A	T	U	J	A	A	R
J	A	N	P	Q	L	Q	C	O	O	K	I	E	S	O
B	G	G	Z	I	C	A	O	L	A	T	A	O	P	C
S	X	N	M	S	V	Z	F	R	I	E	N	D	S	E
L	U	D	J	D	Z	M	P	H	O	W	M	P	M	D
F	M	S	K	Y	P	P	A	H	I	E	N	D	S	W

See how many of these words you can find in the puzzle. The words can be forward, backward or diagonal.

- | | | | |
|--------------|----------------|-----------------|------------|
| 1. Happy | 5. Family | 9. Shopping | 13. Santa |
| 2. Holidays | 6. Friends | 10. Candy canes | 14. Songs |
| 3. Christmas | 7. Presents | 11. Cookies | 15. Movies |
| 4. Vacation | 8. Decorations | 12. Milk | 16. Fun |

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org



**17275 15 Mile Road
Clinton Twp., MI 48035**

Office Numbers (586) 790-4500

Village Staff

Melissa Riesterer
Administrator

Sue Perkins
Parish Nurse

Stacey Klooster
Administrative Assistant

William Horton
Maintenance Tech

Camille DeBlaere
Service Coordinator

EMERGENCY NUMBER

(586) 256-6326

Fax Number

(586) 790-4501



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit **www.pvmfoundation.org**

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