#### The Villa at Redford



# Villa View



## **Embrace the possibilities**

25340 West Six Mile Road• Redford, Michigan 48240 • www.pvm.org

ADMINISTRATOR'S NOTES

OCTOBER 2022

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Autumn (or Fall as it's called in America) has arrived. Time for sweaters and warm blankets. Please remember that the use of space heaters is not permitted and is a violation of your lease.

Welcome to new residents:

Gregory and Karen Thomas Cathy Pannell Eric and Margaret Strange Earlean Prince Trina Young

Happy early Halloween to all! As in years past, we will have the pleasure of seeing the little Ghosts and Goblins from Rainbow Day Care as they "trick or "treat" their way through the Villa Dining Room. Mark your calendars for Friday October 28<sup>th.</sup> at 10:00 a.m. Residents are asked to donate wrapped candies to pass out. Details to follow.

This year the Villa Sharks will not be participating in the 2022 Humana Village Victory Cup. Our participation with the Wayne State University FAMS program was quite intense and did not allow time for practice. We wish the best to all the villages who will share in a day of fun and spirited competition.

The Sharks will see you next year.

The office will no longer accept "walk-in" requests for same or next day documents. Please allow 36-48 hours for requests to be completed.

Daylight Savings ends on November 6<sup>th</sup>. Time to "fall back" and set your clocks back by one hour.

"Happiness is not something ready-made; it comes from your own actions".

The Dalai Lama



# The Senior Advocate.

By Lynn Alexander, Vice President of Public Affairs

International Day of Older Persons

In the month of May we celebrate Older American Month via the Administration on Aging at the federal level and Older Michiganians Day with the State of Michigan. The United States has also created the International Day of Older Persons on October 1st annually to increase awareness of the impact of having an aging population. We want people in society to be able to "grow old with dignity".

This is such an important philosophy with growing importance as the population ages in America. To enhance an appreciation of older citizens there is much we can do. First of all, encouraging an intergenerational approach to life is of utmost importance. There is a century old Latin phrase. Example teaches. This is very powerful. Our children and grandchildren observe our actions. Teach them early on to appreciate their older loved ones and others in the community. Giving our time and resources to seniors is a great way to act on this. With all that is going on in our lives, it is easy to push this off until another day. Recently, I heard a great comment from Rabbi Steve Leder, in that many of our regrets at the end of our lives are about what we did not do, rather than what we did.

Do you have a former teacher or mentor that shaped your life in a positive way? Make sure you acknowledge them today. Do you have an aunt or uncle or another relative who never missed your birthday with cards and a little cash? How long has it been since you sent them a card? Facebook birthday wishes are nice but cannot match the appreciation given by a card or a phone call. If you are an educator or PTO officer encourage your schools to engage in intergenerational programs. PVM Villages has been pleased to host choirs, art projects and storytelling visits from community members. Embrace family history so young people learn what their older loved ones were like when they were their age. Compassion comes easily when encouraged at a young age.

As a society let's celebrate older persons every chance we get.



#### **Service Coordinator Corner**

## By Anita Stephens

October 2022

Quote of the Month: "I hope I can be the autumn leaf, who looked at the sky and lived. And when it was time to leave, gracefully it knew life was truly a gift." ~Dodi

Tuesday, October 11, 2022 join us for BINGO with Humana@ 11:00am in the Villa Dining room. Questions answered about Medicare Open Enrollment.

Thursday, October 13, 2022 Paint & Sip Activity Day with Dedicated Senior Medical Center @ 1:00-2:30pm in the Villa Dining Room. Sign up on the table in the hallway. FREE to all residents!

Wednesday, October 26, 2022 Paint & Sip Activity Day II with Dedicated Senior Medical Center@ 1:00-2:30pm in the Villa Dining Room. This is a follow up session for painting & firing glaze for mugs.

Thursday, October 27, 2022 Fit & Flexible chair exercise with Marita from Guardian Angel Home Health Care (Every Third Thursday) @ 1pm.

The PVM Technology Department is calling all residents interested in learning how to use features on your Cell Phones, i Pads, Laptops, Internet, etc. To take advantage of this





opportunity, you must sign up & watch out for coming dates & times.

Sign up sheet located on hallway table





## RESIDENT SPOTLIGHT

Resident of the Month

# Tamela Jenkins-Waymer

October 2022

Mrs. Tamela Jenkins-Waymer has been a Villa resident since November 2017. She retired from the United States Postal Service in May 2015 with 25 years of service.

Tamela and her husband, Glynn, have a blended family of four daughters, Christina, Nicole, and fraternal twins Tonya and Tracee. They have two grandsons, Tyrone and Royal and one granddaughter, Saniyah. Tamela enjoys Wednesday night Bible study. She likes to crochet, play word games, bingo, cards, computer games, social media and a variety of music (jazz, gospel, funk, soul).

Tamela's Motto:" No matter what I feel or challenges I face, I am grateful for life and breath."



## **October Movie List**



### **Spencer**

Diana Spencer, struggling with mental-health problems during her Christmas holidays with the Royal Family at their Sandringham estate in Norfolk, England, decides to end her decade-long marriage to Prince Charles.

#### **Boo! A Madea Halloween**

Madea lands in the midst of mayhem when she spends a haunted Halloween fending off killers, paranormal poltergeists, ghosts, ghouls, and zombies while keeping a watchful eye on her wild teenage great-niece.

### **Beetlejuice**

The plot revolves around a recently deceased couple who, as ghosts haunting their former home, contact Betelgeuse (pronounced and occasionally spelled Beetlejuice in the film), an obnoxious and devious "bio-exorcist" from the Netherworld, to scare away the house's new inhabitants.

### **Psycho**

A Phoenix secretary embezzles \$40,000 from her employer's client, goes on the run, and checks into a remote motel run by a young man under the domination of his mother.

## The Redford Township District Library

# News letter

#### October 2022

- Food Trucks
- Fall Events
- Homebound Delivery



(313) 531-5960

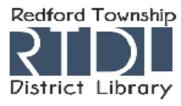


rtdl.org



25320 W. Six Mile Redford, MI

Monday - Thursday 10:00 a.m. - 8:30 p.m. Friday - Saturday 10:00 a.m. - 5:00 p.m. Sunday 12:00 p.m. - 5:00 p.m.



#### Adult Crafts

Wednesday, October 5 7:00 PM OR Thursday, October 6 10:30 AM



Join us for fun and conversation as we create & explore different methods of DIY! We will be making yarn coasters in October. Call (313) 531-5960 or visit rtdl.org/events to sign up.



#### MOVIE NIGHT

Wednesday, October 26 6:00-8:00 PM



Join us at the library for a free movie & free popcorn! Call (313) 531-5960 or visit rtdl.org/events to sign up.



### Join a Book Club!

Redford Recreational Readers October 12, 7:00pm - 8:00pm Future Reads Book Discussion Group October 20, 6:30pm - 7:30pm

> Call (313) 531-5960 or visit rtdl.org/events to sign up.

## Paranormal **Investigation of** the Library

Saturday, October 8, 4:45pm - 9:00pm



Join the investigators from Motor City Ghost Hunters as they investigate the library building after hours for paranormal activity. Call (313) 531-5960 or visit rtdl.org/events to sign up.

# PAGE TO SCREEN

What was your reaction when your favorite book was turned into a movie? Let's discuss it together! Call (313) 531-5960 or visit rtdl.org/events to sign up.

October 4th 6:00 PM - The Remains of the Day with Kazuo Ishiguro **Movie** 

October 11th 6:00 PM - The Remains of the Day with Kazuo Ishiguro **Book Discussion** 

# **FOOD TRUCKS**

Lunch at the Library – October 20th, 12:00 – 3:00 PM House of Mac

## **HOME DELIVERY**

Call (313) 531-5960 if you're interested in having your books, CDs, DVDs, and audiobooks delivered to your door via our Homebound Delivery Service.

## From Your Residents' Council Trip to Turkeyville



The Deadline for reservations to Turkeyville is OCTOBER 1! That's both for your reservation slip and \$10 cash deposit to be given to Carolyn Lambreth, Geraldine Chennault-Ansley, Mary Dobson or Gloria Whittington. Your deposit will be returned once you are on the bus!

#### Residents' Forum

The Residents' Forum was held on September 20. LOTS of people showed up. A Big Thank You to each of you who came, to the members of the Council, and to Gloria Robinson, who donated hot dogs and buns. It was a good meeting. Reminder: If you would like to serve on the Council, please get your application in by October 11. Preference will be given to Villa residents. The Council meets on October 14.

As expected, a big share of our time together went to surface concerns residents have with how things are going. Not all were addressed. All of them will be (summarized and) discussed at the Council meeting. Many of them will be taken to Gloria for further discussion. By far, the biggest concern is Security: cars have been vandalized, and one has been stolen. The problem in addressing this is \$\$! We would be glad to have a larger Security presence, but it would cost each of us probably \$20-25 or more every month. Things to be aware of. NOBODY has been hurt, no apartment or unit has been broken into. If you see something that looks suspicious, Call the COPS! They will come! Between 10:00 at night and 6:00 a.m., call Security, (313) 662-4648. They too will come. If you're out in the dark, they will walk (or drive) you to your unit or to the Villa. They will make sure you can get in safely. Under No Circumstances bring a firearm onto campus. It's a lease violation, and a danger to everyone.

Other issues included Meals, Landscaping and Maintenance. Also dryers. We asked whether people wanted to start other activities. Although there wasn't much response during the meeting, a Coffee Hour is going to begin next week Thursday, and a couple of people said they'd talk with friends, or suggested places to check that might be willing to help. Thank You to all with ideas. You don't need the Council's backing to start an activity. You do need to check with Administration.

The leaves are turning. The air is crisp, and Jupiter is the biggest it will be for 49 or so years.

#### Eat an apple, drink some cider, hunt for turkeys and Enjoy Fall!

We are here for you, to help with issues that impact many residents, or have not been handled to your satisfaction.

Although we are residents, we do have a voice with Administration, and can sometimes make things a little smoother.

Contact your representative, the Chair or Vice-Chair. Or leave us a note in the box in the mail room.

Caroline Jonah, Chair, Village Green Cottages, (313) 617-2100;

Quillie Ealy, Vice-Chair, Villa, 3rd floor South, (313) 535-1082

Thomasine Brantley, Villa, 2nd floor North;

Stephanie Cain, (313) 580-9600, Cottages

Geraldine Chennault-Ansley, Sylvan Terrace Cottages; (313) 690-0707;

Mary Dobson, Villa, 2nd floor South;

Carolyn Lambreth, Heatherwood Cottages, (313) 515-1283;

Ernestine Peete, Villa, 1st floor South, (313) 766-4527; Gloria Whittington, Villa, 3rd floor North, (313) 286-3004.

## Maintenance Musings Reminders

- DO NOT place food garbage in large dumpster outside of shipping and receiving, also <u>please break down card board boxes</u>. If bags are too large to fit into trash chute please bring down to shipping and receiving area. Non-food trash can be taken outside ex. Small tables/chairs etc.
- <u>PET OWNERS</u> you must <u>secure</u> your pet for the safety of our maintenance staff.
- DO NOT block cold air return (the vent on the floor near the patio door).
- Please plunge your toilets when plugged up, only call maintenance if you're unable to clear it with a plunger.
- Even if you DO NOT use your garbage disposal you should: Run it at least 2-3 times a week.
- Clean once or twice a month. (Cleaner sold at hardware called disposal care).
   To eliminate odor, etc. fill sinks with plug in, 1/2 or 1/4. Unplug to flush out drains. Also a couple of ice cubes, lemon, lime, orange peels 2 to 3 pieces at a time (helps with odor and those pesty little gnats).
- Always remember after each load of clothes dried in your dryer, you should empty your lint trap.
- If you put in a work order, please make sure it's accessible and please <u>make</u> sure the area is clean. (toilet, sinks, etc.)
- Emergency phone numbers are for emergencies ONLY, After 6:00p.m. Monday-Friday & weekends. All other calls go to office.
- \*Villa residents must call emergency after hours phone number to have your smoke alarm turned off. We have to punch in a code at the building to silence the alarm.
- \*Cottages please use 30 gallon tall kitchen garbage bags for your trash. Sticks, leaves, dirt etc. should be placed in lawn bags.
- Garbage should not be put out before 10:00a.m. or after 12:00p.m. Monday and Thursday.

Thank you, Mark Uzarek, Maintenance



10/01
10/02
10/05
10/09
10/09
10/14
10/14
10/14
10/17
10/18
10/22
10/24



#### ATTENTION

VILLA

8

#### **COTTAGE RESIDENTS**

COME ONE COME ALL

JOIN US FOR A WEEKLY COFFEE HOUR AND GET TO KNOW YOUR NEIGHBORS.

## COFFEE CLUTCH

DATE: OCT 6, 2022
Time: 10:am-11:am
(EVERY THURSDAY)
THE VILLA DINING ROOM
COFFEE & DANISH ROLL
PROVIDED
SMILES & FRIENDSHIP FR

SMILES & FRIENDSHIP FREE! BRING YOUR OWN CUP IF YOU LIKE. STYROFOAM CUPS PROVIDED

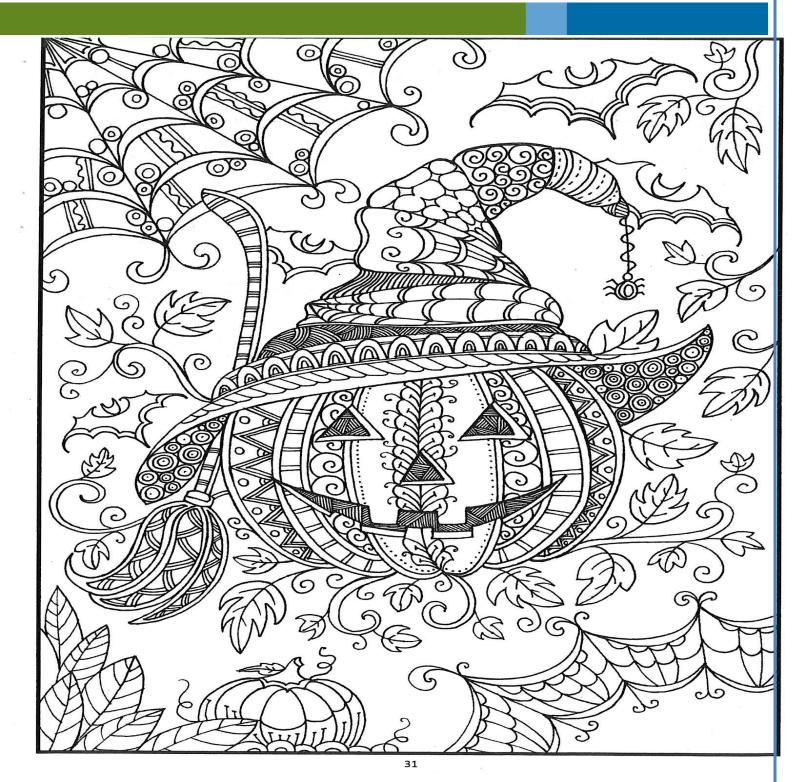


## You're invited to join us for:

A technology experience with our PVM Technology Department. Please sign up to take advantage of this opportunity to learn how to use and/or discover features on your i Phones, Laptops,







COLOR & DROP IN THE ENTRY BOX ON THE TABLE IN THE HALL FOR A CHANCE AT A PRIZE

#### **OCTOBER 2022**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 10am Villa Store (Pantry)	2:00pm Movie TBD	5 10am Value Ctr 12:30-2pm Crochet Class 1pm Bid Whist 6pm Bible Study	6 10-11am Coffee Clutch 12:30-2pm Crochet Class	7 6pm BINGO 12:30-2pm Crochet Class	1 1pm Bingo 8 1pm Bingo
9	10 10am Villa Store (Pantry)	11 2:00pm Movie TBD	12 10am Value Ctr 12:30-2pm Crochet Class 1pm Bid Whist 6pm Bible Study	13 12:30-2pm Crochet Class	6pm BINGO 12:30-2pm Crochet Class	15 1pm Bingo
16 1:00p Worship Service in The Villa Dining Rm	17 10am Villa Store (Pantry)	18 2:00 Movie TBD	19 10am Value Ctr 12:30-2pm Crochet Class 1pm Bid Whist 6pm Bible Study	20 12:30-2pm Crochet Class 2pm Village of Redford Book Club Meeting	6pm BINGO 12:30-2pm Crochet Class	22 1pm Bingo Villa Dining Room
23	24 10am Villa Store (Pantry)	25 10:00am Turkeyville 2:00 Movie TBD	26 10am Value Ctr 1pm Bid Whist 12:30- 2pm Crochet Class 6pm Bible Study	27 12:30-2pm Crochet Class	28 10am Daycare Trick or Treat 6pm BINGO 12:30-2pm Crochet Class	29 1pm Bingo Villa Dining Room
30	31HAPPY HALLOWEEN		•			

#### Presbyterian Villages of Michigan Mission Statement

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

## Main Office Number Village Staff

Gloria Robinson Senior Housing Administrator (313)541-6042

Angela Hooks
Administrative Assistant
(313)541-5991

Gina Herron Receptionist (313)541-6126

Anita Stephens Service Coordinator (313)541-6450 (313) 541-6000

Mark Uzarek Maintenance Lead

Freddie Graham Maintenance Technician

Rhonda Kuhn Hospitality Specialist Housekeeping





EMERGENCY NUMBER (VILLA) (313) 910-7027

EMERGENCY NUMBER (COTTAGES) (313) 573-3572

NON-EMERGENCY REDFORD PD (313)387-2500

CLASSIC SECURITY (313)662-4648

Phyllis @ the beauty salon (313)541-6077



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit **www.pvmfoundation.org** 

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The Villa and Cottages at Redford 25340 West Six Mile Road Redford, MI 48240