



## Villa View



#### **Embrace the possibilities**

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The Cottages at

The Villa at

You Tube

Look for PVM on:

Redford

Redford

A SENIOR LIVING COMMUNI

#### Administrator's Notes October 2023

Fall is a beautiful time of year for those of us living in Michigan. It is predicted that Michigan Fall Color Season will kick off a bit early this year, thanks to warm days and rainy weather. For those of us living in lower and mid-Michigan October 5 – October 22<sup>nd</sup>. will find the colors at their peak.

Welcome New Villa and Cottage Residents: 1. Margaret Taylor 2. Maria Brown 3. Karen Tatum 4. Roberta Moore

#### **Princess Boat Tour**

Because of your hard work and donations, residents enjoyed a fun-filled afternoon on the Princess River Boat for a fraction of the cost. The day came complete with transportation on a comfortable deluxe motor coach, live entertainment and a delicious buffet luncheon. It was reported that "a good time was had by all". Thank you to all who supported the 2023 Friends & Family campaign.



"I cannot endure to waste anything so precious as autumnal sunshine by staying in the house."

- Nathaniel Hawthorne



#### **PVM's Summer Internship program**

Dear Readers, I want to share the following observations reported by one of our recent summer interns. As we all know, attracting professionals to the field of aging services is vital. PVM's Summer Internship program is helping to do just that. It is heartening to know that Alexandra captured the essence of PVM:

My name is Alex Palavage, and I am currently a second year Master of Health Administration (MHA) Candidate at The George Washington University. I have developed a passion for healthcare over the years because of my parents. Not only have they worked in the healthcare field, but I grew up supporting my parents through various medical conditions.

Through connections with LeadingAge, an organization committed to improving aging services, I was offered a 10-week summer internship with Presbyterian Villages of Michigan (PVM). I had the opportunity to learn from exceptional leaders, travel to numerous villages, and gain knowledge on aging services. I was intern to the CEO, Roger Myers, who has proven to be a dedicated and inspirational leader. At each meeting we attended he always made sure to introduce and include me in conversation, which in turn enhanced my confidence in myself. He taught me the importance of being visible in the community. No matter the distance, we traveled to various villages for celebrations and events. The administrators and residents were always glad to see PVM executives take part in village events. I also had the opportunity to spend multiple days at PACE (Program of All-Inclusive Care for the Elderly) Southeast Michigan. I learned how this program addresses social determinants of health by promoting nutrition, healthcare services, transportation, and community relationships for vulnerable residents in the area. By partnering with Henry Ford Health, this program has proven success by reducing costly hospitalizations and improving quality of life.

Perhaps the most heartening aspect of my internship was witnessing the genuine care and empathy exhibited by the staff toward the residents. Every conversation and interaction had a deep respect for the residents' life stories and individual needs. This experience emphasized the importance of putting residents at the center of every administrative decision. It was a reminder that while paperwork and procedures are vital, they must always serve the goal of enhancing the lives of those under the organization's care. I am filled with gratitude for the wealth of experiences and insights that I have gained over the 10-week internship. The journey has reinforced my passion for healthcare administration and has given me a clearer direction for my future career aspirations. I am determined to carry forward the lessons I learned—of empathy, effective communication, and adaptability—as I continue my journey in the world of healthcare administration.

In the end, this internship has been nothing short of transformative. Thank you to my PVM family for reaffirming my belief in the power of compassionate leadership and igniting a fire within me to contribute meaningfully to the healthcare sector. As I step back into the world beyond this summer experience, I carry with me not only the knowledge gained but also a deep sense of purpose—to make a positive impact on the lives of those who rely on healthcare leadership.

## **Service Coordinator Corner**



By Anita Stephens October 2023

Quote of the Month: "All your dreams can come true, if you have the courage to pursue them." ~Aristotle

Beginner's Computer Classes with Mike Wilson begins on Tuesday, Oct 10<sup>th</sup> & Tuesday, Oct 24<sup>th</sup> 2023 in the Villa dining room 10:00am-11:00am. Beginners Classes are \$15.00 per session at the time of instruction. It's not too late to participate!

Thursday, October 12, 2023 @11:00am ProMedica Home Health & Hospice will present information on their services. Please sign up in main hallway. Light refreshments will be served.

Friday, October 27<sup>th</sup> 2023 @ 10:00am The Rainbow Village Child Care children will come to our annual trick or treat event in the Villa dining room. Please come to pass out goodies to the children. If you're busy, please donate candy and drop it off in the front office.



The Village of Redford Book Club will meet on Thursday, October 19<sup>th</sup> 2023 @ 1:00pm in the Villa dining room. Reading materials are provided.

## Resident Spotlight October 2023

Anita Hartsfield

I resided at The Village of Redford for over 7 years and lived in the Villa the first year and transferred to the Cottages.

I was active with the community and on the Resident Counsel for several years as a member, and Counsel Chair for 3 years. I also volunteered in the Villa Pantry as Manager. I Volunteered in the Villa main office helping with light sedentary job functions. I had the privilege of giving the innovation speech at one of the Gala for Victory cup for PVM.

On a personal note, I have four children and five grandchildren and 3 grand pups. I'm a Graduate from the University of Michigan in Business Management.

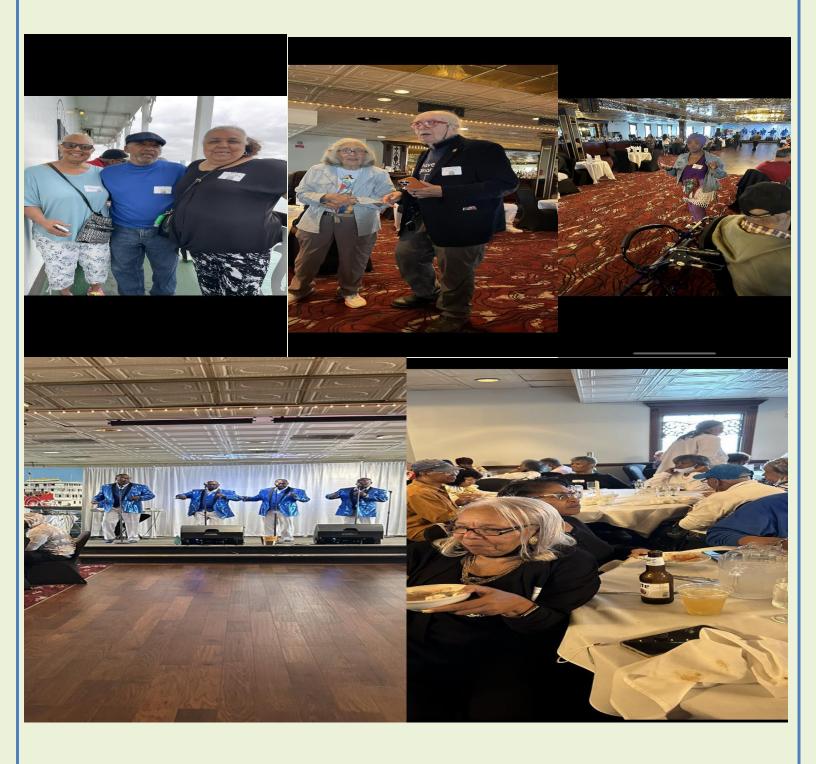
I humbly served as a License Insurance Agent for over 20 years, which included State Farm Insurance. I was fortunate enough to open my own agency with Allstate Insurance. I helped families become educated on the importance of Insurance (Life, Health, Homeowners, Auto and disability Insurance). I received several awards for my achievement and growth in the insurance industry. "Prior to Insurance, I worked for R.J. Reynolds tobacco company" and was responsible for 32 accounts. I was top sales representative for several months.

I feel incredibly overjoyed and blessed to share some of my experience with this community. Ultimately, I have a great passion and love for people and try and help if I can.



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## VILLAGE OF REDFORD ON THE PRINCESS CRUISE





# The Redford Township District Library

## October 2023

- Food Truck
- Knitting & Crochet Drop-In Club
- September Craft
- Book Club
- Home Delivery
- Community Center Events

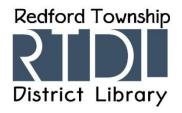
(313) 531-5960



rtdl.org



- 25320 W. Six Mile Redford, MI
- Monday Thursday 10:00 a.m. - 8:30 p.m. Friday - Saturday 10:00 a.m. - 5:00 p.m. Sunday 12:00 p.m. - 5:00 p.m.



## GoCheez Food Truck

Join us on **Thursday, October 19 from 12- 3 PM** for #LunchAtTheLibrary. The GoCheez Food Truck will be here serving lunch.



To learn more, visit rtdl.org/events or by calling (313) 531-5960.

## Knitting & Crochet Drop-In

Saturday, October 7 & 21 from 11:00-1:00 PM

Join us twice a month for our drop in Knitting & Crochet club. There will be no instructor present at these sessions but we will have books and videos available for check out.



## **October Crafts**

Celebrate National Card Making Day with us as we create a pop-up birthday card!



Wednesday, October 4, 7:00-8:00 PM OR Thursday, October 5, 10:30-11:30 AM

Sign up online at rtdl.org/events or by calling (313) 531-5960

## Future Reads Book Discussion Group



## October 19th at 6:30 PM

Are you interested in joining a book club? The Redford Township Library is forming a book discussion group just for you! We will discuss the **Slade House** by **David Mitchell** in October.

> Sign up online at rtdl.org/events or by calling (313) 531-5960

## HOME DELIVERY

Call **(313) 531-5960** if you're interested in having your books, CDs, DVDs, and audiobooks delivered to your door via our Homebound Delivery Service.





RCC - Redford Community Center 12121 Hemingway St. Redford, MI 48239

#### **MOVIE NIGHTS**

#### Oct 25 & Nov 29 at 5:30 PM

Movie Nights will continue on the last Wednesday of every month at the RCC. \*Please register on the library website at rtdl.org/events

#### PAINTING CLASSES

#### Oct 23 & Nov 27 at 12:00 PM

Painting is a breeze with Bob. In just two hours you will take home a beautiful one of a kind painting that will amaze all your friends. Please register by calling the RCC at (313) 387-2650

#### CAREERS IN MUSIC WORD SEARCH

Name

Class

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ACCOMPANIST ACOUSTICAL ENGINEER ACTOR ACTRESS ARRANGER BALLET DANCER CHOIR DIRECTOR CHOREOGRAP HER COMPOSER CONDUCTOR DISC JOCKEY ICE SKATER

INSTRUMENT REPAIR LYRICIST MANAGER MINISTER OF MUSIC MUSIC CRITIC MUSIC CRITIC MUSIC PRINTER MUSIC PUBLISHER MUSIC STORE OWNER MUSIC TEACHER MUSIC THERAPIST OPERA STAR PRODUCER PROMOTER RECORDING AGENT ROCK STAR SINGER SOUND ENGINEER TUNER

bethsnotes.com

#### **October Movie List**



#### Ticket to Paradise

a 2022 romantic comedy film starring George Clooney and Julia Roberts as a divorced couple who team up to sabotage the impending wedding of their daughter in Bali.

#### Marry Me

A superstar, who decides to marry Charlie Gilbert, a math teacher holding a "Marry Me" sign, after learning that her on-stage bridegroom Bastian has been having an affair.

#### A Thousand and One

It follows a single mother who decides to kidnap her son out of the foster care system to raise him herself, as the two struggle with life in a constantly changing New York City.

#### Here Today

The unlikely recipient of a prize to have lunch with the comedy legend, despite not knowing who he is -- gets off to a rocky start with Charlie (think seafood allergy, a hospital visit, and an epi pen). Before long, each finds in the other a sort of soul mate, forging a deep bond that kicks the generation gap aside and redefines the meaning of friendship, love, and trust.

#### GOOSEBUMPS

A fictionalized version of Stine who teams up with his teenage daughter and their neighbor to save their hometown after all the monsters from the Goosebumps franchise escape from their books, wreaking havoc in the real world.

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Richard Seefelt	10/01
Cynthia Morris	10/09
Charlene Attles	10/14
Tyrone Dixon	10/14
Maxine Humphries	10/14
Delores Harris	10/17
Thomas Klepaczyk	10/18
Rosie Jones	10/18
Carolyn Parker	10/24

### **Maintenance Musings**



#### Note:

Please do not store or place anything on the top of your stove which can either **BURN** or **MELT**.

**Do Not** place garbage out before 10am Monday & Thursday It attracts Vermin, (they WILL return to the food source)

Mark Uzarek, Maintenance Lead

illa View   The Vil	la and Cottages at I	Redford			P	age   <b>13</b>
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>0000000</b>						
1	2	3	4	5	6	7
4PM GAME DAY	10AM VILLA STORE PANTRY 6PM BINGO	2PM MOVIE TBD	12:30-3PM CROCHET	12:30-3PM CROCHET	2-4PM MAINTAIN YOUR BRAIN 6PM BINGO VILLA DINING RM	
8 4PM GAME DAY	9 10AM VILLA STORE PANTRY 6PM BINGO	10 2PM MOVIE TBD 10-11AM COMPUTER CLASS	11 12:30-3PM CROCHET 1PM BID WHIST 6PM BIBLE STUDY	12 12:30-3PM CROCHET PRO- 11AM MEDICA	13 2-4PM MAINTAIN YOUR BRAIN 6PM BINGO 2pm Wellness	14 1PM BINGC
15 1PM WORSHIP IN (VILLA DINING RM) 4PM GAME DAY	16 10AM VILLA STORE PANTRY 6PM BINGO	17 2PM MOVIE TBD	18 12:30-3PM CROCHET 1PM BID WHIST 6PM BIBLE STUDY	19 12:30-3PM CROCHET 1pm Book Club Mtg.	20 2-4PM MAINTAIN YOUR BRAIN 6PM Bingo	21 1PM BINGO
22 4PM GAME DAY	23 10AM VILLA STORE PANTRY 6PM BINGO	24 2PM MOVIE TBD 10-11AM COMPUTER CLASS	25 12:30-3PM CROCHET 1PM BID WHIST 6PM BIBLE STUDY	26 12:30-3PM CROCHET FIT/FLEX CHAIR EXERCISE	27 2-4PM MAINTAIN YOUR BRAIN 2:30PM RESIDENT COUNSEL MTG. 6PM BINGO	28 1PM BINGO
29 4PM GAME DAY	30 10AM VILLA STORE PANTRY 6PM BINGO	31				

Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

#### www.pvm.org

Main Office Number

Village Staff Gloria Robinson Senior Housing Administrator (313)541-6042

Angela Hooks Administrative Assistant (313)541-5991

Gina Herron Receptionist (313)541-6126

Anita Stephens Service Coordinator (313)541-6450

CLASSIC SECURITY

Phyllis @ the beauty salon

**EMERGENCY NUMBER (VILLA)** 

NON-EMERGENCY REDFORD PD

EMERGENCY NUMBER (COTTAGES)

Rhonda Kuhn Hospitality Housing Assistant

(313) 541-6000

Sales and Leasing Specialist

Nikki Lewis

(313)541-6140

Mark Uzarek

Maintenance Lead

Freddie Graham

Maintenance Technician



(313) 910-7027 (313) 573-3572 (313)387-2500 (313)662-4648 (313)541-6077



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit **www.pvmfoundation.org** 

Redford Board of Directors Susan Hurst, Chairperson Reva Wujcik Kathryn Telck, Vice Chair of the Board Mary Dobson Carolyn Lambreth Dorothy Morrison Thompson Paul Bousquette Shree Marshall

The Villa and Cottages at Redford• 25340 West Six Mile Road Redford, MI 48240

#### **Embrace the possibilities**