



Villa View



Embrace the possibilities

November 2023

FEATURED ARTICLES

- Administrator's Notes.....P. 1
- The Senior Advocate.....P. 2
- Service Coordinator.....P.3
- Resident Spotlight.....P. 4
- Residents' Council.....P.5
- PVM Gala Photo'sP.6
- Redford Twp. Library.....P.7-8
- November Movie List.....P.9
- November Birthdays'.....P.10
- Rhonda's Corner.....P.11
- Thanksgiving Word Game.P.12
- November Calendar.....P.13

Welcome new residents:

Redford Cottages	Villa
Audrey Kidd	Mattie Calhoun
Victoria Benton	Shirley Howard
Elena Haskins	

Thank you to all the residents who donated candy and participated in creating a fun experience for the children from Rainbow Day Care. From the toddlers to the preschoolers, everyone was dressed to thrill and delight.

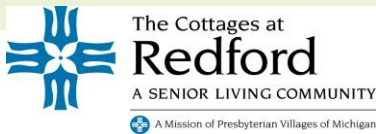
Daylight saving ends Sunday November 5th. Be sure to set your clocks back by one hour.

Several residents from the Village of Redford were treated to a night out that included hord'oeuve's, cocktails, a delicious dinner, entertainment and dancing. PVM's biggest fundraiser was held at the Henry. Redford was well represented. Looking good ladies!

Villa residents – Please do not place articles of clothing, food, household items, and solicitation ads from care-givers or business' anywhere in the common areas.

With winter approaching, parking your car across the sidewalk prohibits the plows from cleaning the curbs. If your tires touch the curb, your car is extended too far over the walkway and you may damage your vehicle.

Note: Plans are in the making for a resident Christmas luncheon, stay tuned for more details





The Senior Advocate.

*By Lynn Alexander,
Vice President of Public Affairs*

PVM Is Pleased to Announce

PVM is pleased to announce some new exciting offerings and features for making the most of life! Our new magazine, Graceful Living, will offer information on beautiful and entertaining sites around the state of Michigan, tips for gardeners, events and news about PVM communities, recipes, recommended books for your reading pleasure and more. The new look mirrors what you would find from the best magazines and replaces our Outlook newsletter. If you have not received this publication go to <https://www.pvm.org/sign-up-for-our-newsletter/> and sign up.

Another new feature is our library of podcasts with excellent information from experts in the field of aging. Go to the PVM website for further information at <https://pvm.org/pvm-blog>, or search for “Caregiver’s Best Friend Podcast” in your preferred podcast app.

We are dedicated to transforming aging and making Michigan a Best Place to Age.

We hope you enjoy these new features as much as we have in creating them. Enjoy!

Service Coordinator Corner

By Anita Stephens



November 2023

Quote of the Month: “Autumn teaches us the beauty of letting go. Growth requires release___ It’s what the trees do.” ~ Ka’ala

Tuesday, Nov 7, 2023 10:00-11:00a.m. Smart Phone Class with Mike Wilson. Learn how to use features on your cell phone. Low cost of \$15.00 per person. Sign up on hallway table & class is located in the Villa dining room.

Thursday, Nov 9, 2023 @2:00pm The League of Women Voters. New rights under proposal 2 of 2022 presented by Ms. Carrie Moon-Dupree. Located in the Villa dining room. FREE

Tuesday, Nov 14, 2023@1:00p.m. [Medicare](#) presentation with Medicare specialist Debbie Stroup in the Villa dining room. FREE

Wednesday, Nov 15, 2023@ 2:00p.m. [Dedicated Senior Medical Center](#) providing educational presentation on cardio drumming. Come find out what this means! Location in the Villa dining room. FREE

Thursday, Nov 23, 2023@1:00p.m. Join Marita from Guardian Angel Home care for low-impact chair exercises & BINGO. Located in the Villa dining room. FREE

VETERAN'S DAY is Saturday, Nov 11th (**THANK YOU TO ALL OUR VETERANS**)

HAPPY THANKSGIVING
Welcome to all new Residents!



RESIDENT SPOTLIGHT

NOVEMBER 2023

Mrs. Robbeteen Simmons

Robbie and her husband Otis Simmons have been residents at The Village of Redford since Sept 2018.

Robbie was employed for over 22 years with the City of Wyandotte, MI as a wastewater specialist II. She tested water for harmful contaminants in the water supply in Wayne County.

The Simmons have been married for 63 years and have 42 grandchildren & great-grandchildren.

Robbie enjoys traveling, volunteering & working with small children.

Motto: "Every morning you wake up, thank God. It's truly a blessing."



From Your Residents' Council

November is the Thankful Time

Thanksgiving is a time to remember that who and what we are depends so much on others: On friends, relatives, people, who farmed, who built, who raised families, who taught, laughed, sang. Who made mistakes, faced trials and kept on going. On the earth. Some may have harmed us, others brought healing and reconciliation. Because of them we are here today, able to talk, to eat, to get around (maybe in a wheelchair – give thanks for motors). We are in a safe place, with staff who care about our welfare, and give the best they can. Maybe not all we might wish for, but they, and these buildings, are here for us.

Let's not make Thanksgiving a day, but a month of saying Thanks, over and over again. If you believe in God, say Thanks, God, when you think of it, even if you don't feel like it. Say Thanks to everyone. The people in the hall, the person waiting on you in the market, or at the gas station. Say Thanks to the sky, when it's blue, and when it's rainy (that's hard for me!) Say Thanks to the flower that's still blooming, to the pumpkin beginning to sag. Say Thanks to a schoolkid, to a teen who just bumped you.

The more you say thanks, the more you may mean it, and the more you discover goodness in life, coming to you, not because you are good or have done good things, but just because you are.

e.e. cummings put it this way:

*i thank You God for most this amazing day:
for the leaping greenly spirits of trees
and a blue true dream of sky; and for everything
which is natural which is infinite which is yes*

.....
*(now the ears of my ears awake and
now the eyes of my eyes are opened)*
– first & last stanzas

Residents' Council Fall Forum

The Residents' Council will hold our Fall Forum on **Monday, November 13, at 2:00 p.m.** It will be much like our Spring Forum. Please plan to come. We want to know what you want to do, and who is willing to work with you; what you appreciate about Redford Villages; and what needs to be improved. We are volunteers, but we can, and often do, make a difference when things need changing.

The Council is here for you, to help with issues that impact many residents, or were not handled well. We can sometimes make things a little better. Contact your representative, the Chair or Vice-Chair. Leave us a note in the box in the mail room (it helps if you sign it).

Caroline Jonah, Chair, Village Green Cottages, (313) 617-2100;

Quillie Ealy, Vice-Chair, Villa, 3rd floor South, (313) 535-1082

Thomasine Brantley, Villa, 2nd floor North;

Stephanie Cain, (313) 580-9600, Cottages

Geraldine Chennault-Ansley, Sylvan Terrace Cottages; (313) 690-0707;

Mary Dobson, Villa, 2nd floor South;

Carolyn Lambreth, Heatherwood Cottages, (313) 515-1283;

Ernestine Peete, Villa, 1st floor South, (313) 766-4527;

Gloria Whittington, Villa, 3rd floor North, (313) 286-3004;

Tamela Waymer, Villa, 1st floor North, (313) 204-7302.

LIGHTS! CAMERA! ACTION!
18TH PVM GALA



Village of Redford
Ms. Gloria Whittington, Ms. Ernestine Peete and Ms. Margaret Whitaker




Bria and grandmother, Mrs. Karen Thomas

The Redford Township District Library


Newsletter

November 2023

- Edmund Fitzgerald Tribute
- Knitting & Crochet
- November Craft Days
- Book Club
- Homebound
- Movie Night

 (313) 531-5960

 rtdl.org

 25320 W. Six Mile
Redford, MI

Monday - Thursday
10:00 a.m. - 8:30 p.m.

Friday - Saturday
10:00 a.m. - 5:00 p.m.

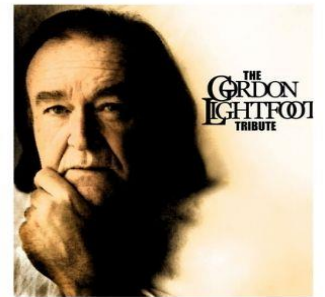
Sunday
12:00 p.m. - 5:00 p.m.

Redford Township
RTDL
District Library

Edmund Fitzgerald tribute

Friday, November 3 at 1:00 PM

Hear the stories of the crewmembers, their families and the ironies of a doomed ship in one of the worst storms in Great Lakes history. Learn about the hit song "The Wreck of The Edmund Fitzgerald" and hear the mesmerizing song played live by Mike Fornes, who performs as Lightfoot live in concert. No sign up required.



Knitting & Crochet Drop-In

Saturday, November 4 & 18 from 11:00-1:00 PM

Join us twice a month for our drop in Knitting & Crochet club. There will be no instructor present at these sessions but we will have books and videos available for check out.



November Crafts

We will be using magazine pages to create beautiful, frameable art!



Wednesday, November 1
7:00-8:00 PM

OR

Thursday, November 2
10:30-11:30 AM

Sign up online at rtdl.org/events or by calling (313) 531-5960

Future Reads Book Discussion Group

November 16th at 6:30 PM



Are you interested in joining a book club? The Redford Township Library is forming a book discussion group just for you! We will discuss the **I, Robot by Isaac Asimov** in October.

Sign up online at rtdl.org/events or
by calling (313) 531-5960

HOME DELIVERY

Call (313) 531-5960 if you're interested in having your books, CDs, DVDs, and audiobooks delivered to your door via our Homebound Delivery Service.



Upcoming Events @RCC

**THE LIBRARY
HAS LEFT THE
BUILDING**

RCC - Redford Community Center
12121 Hemingway St. Redford, MI 48239

MOVIE NIGHTS

Nov 29 at 5:30 PM

Movie Nights will continue on the last Wednesday of every month at the RCC. *Please register on the library website at rtdl.org/events

PAINTING CLASSES

Nov 27 at 12:00 PM

Painting is a breeze with Bob. In just two hours you will take home a beautiful one of a kind painting that will amaze all your friends. Please register by calling the RCC at (313) 387-2650

November Movie List



BIG

Tom Hanks as Josh Baskin, a pre-adolescent boy whose wish to be "big" transforms him physically into an adult.

LIGHTYEAR

Buzz is a space toy, voiced by Tim Allen, that a boy named Andy is gifted for his birthday. But why did Andy want a Buzz Lightyear toy? Well, this new movie explains that Buzz was the main character of Andy's favorite movie. That movie was called *Lightyear*, a 2022 American animated science-fiction action-adventure film produced by Walt Disney Pictures and Pixar Animation Studios

LOST CITY

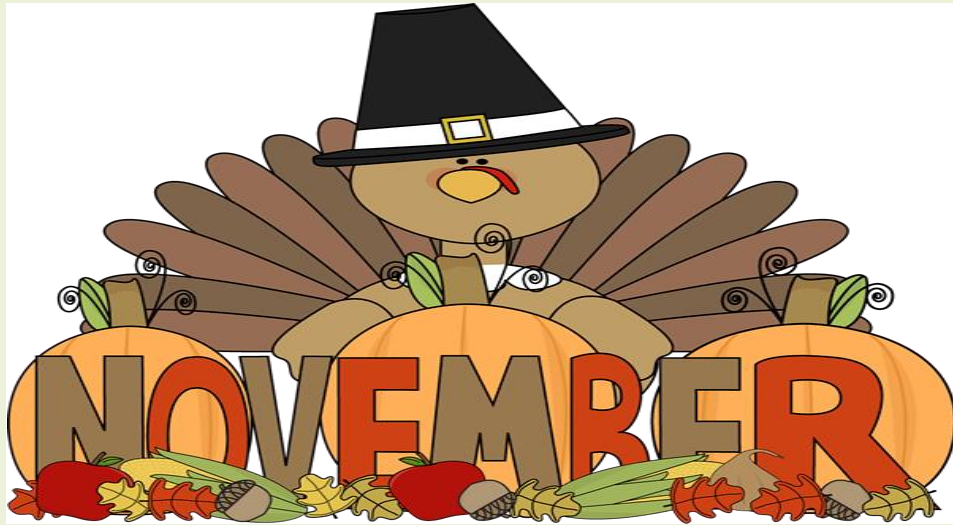
Loretta Sage writes romance-adventure novels centered on a fictional heroine, Dr. Angela Lovemore, and her romantic interest, Dash McMahon. To promote the latest Lovemore book, her publisher, Beth Hatten, insists that Loretta embark on a book tour with Alan Caprison, the book's cover model for Dash, despite her reclusiveness after her husband's death.

DOG

Jackson Briggs, a former U.S. Army Ranger suffering from PTSD is called in to Fort Lewis on a special assignment to escort a fallen friend's military dog, Lulu, a female Belgian Malinois with a history of aggressive behavior, to attend his funeral in Nogales, Arizona, after which he is to bring her to White Sands, where she will be euthanized.

Lightyear

Lightyear is a 2022 American animated science-fiction action-adventure film produced by Walt Disney Pictures. A young test pilot and Space Ranger who explores the uncharted planet called T'Kani Prime. Lightyear centers on the character Buzz Lightyear, who in this film is human and not a toy.



Brenda Lombard-Vance	11/01
Althea Leali	11/03
Gregory Thomas Sr.	11/05
Ernestine Peete	11/10
Tradina Watkins	11/10
Gloria Fuller	11/11
Doris Bell	11/14
Kelly Graves	11/14
Roberta Moore	11/18
Agnes Crockett	11/25
Lizzie Robinson	11/28
Selena Houston	11/30
Holly Steffes	11/30

Rhonda's Corner



Life Hacks That Make Life Much Easier

Never spill while boiling water again- Merely lay a wooden spoon across the top of the pot. The spoon will prevent the water from overflowing while you work on other parts of your meal!

Never struggle to open jars again- Instead of breaking your jar or wrist, put adhesive tape on the lid for grip.

How to eliminate odors

- Sprinkle baking soda on the carpets, leave it overnight to absorb bad smells, and vacuum it the next day.
- Use an air purifier in your home.
- Place saucers of white vinegar around the house and leave them overnight to neutralize the smell.
- Get indoor plants which can absorb up to 87% of indoor pollutants.
- Use natural homemade remedies such as lemon juice, vinegar, baking soda, salt, hydrogen peroxide, and even some plants. Warning: Never combine hydrogen peroxide and baking soda near your skin)
- Neutralize the odor with common odor-removal items such as baking soda, coffee grounds, white vinegar, and apple cider vinegar.

Rhonda Kuehn

Hospitality Housing Asst.



Happy Turkey Day!

- Apple
- Blessings
- Cornucopia
- Cranberry Sauce
- Family
- Feather
- Give Thanks
- Gobble
- Greatful
- November
- Pumpkin
- Scarecrow
- Thanksgiving
- Tradition
- Turkey



B	P	N	W	E	S	S	L	S	Z	V	R	M	B	J
C	I	O	V	Y	G	C	G	W	G	N	F	P	K	C
L	T	I	D	U	N	R	T	C	H	R	A	B	H	O
L	K	T	G	O	I	A	X	S	G	P	U	X	H	R
D	N	I	N	U	S	N	L	J	I	X	I	L	G	N
B	T	D	I	V	S	B	U	R	V	H	Y	S	F	U
S	R	A	V	S	E	E	F	R	E	Q	L	C	E	C
P	E	R	I	P	L	R	E	L	T	X	I	A	A	O
B	B	T	G	U	B	R	T	B	H	Q	M	R	T	P
U	M	U	S	M	W	Y	A	Z	A	C	A	E	H	I
W	E	R	K	P	A	S	R	A	N	B	F	C	E	A
L	V	K	N	K	P	A	G	O	K	O	D	R	R	D
B	O	E	A	I	P	U	U	X	S	D	L	O	O	A
Q	N	Y	H	N	L	C	M	X	X	Y	T	W	E	T
S	U	J	T	E	E	E	E	L	B	B	O	G	L	E

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOVEMBER 2023			1 12:30-3PM CROCHET	2 12:30-3PM CROCHET	3 2-4PM MAINTAIN YOUR BRAIN 6PM BINGO VILLA DINING RM	4 1PM BINGO
5 4PM GAME DAY DAYLIGHT SAVINGS TIME ENDS	6 10AM VILLA STORE PANTRY 6PM BINGO	7 2PM MOVIE TBD ELECTION DAY	8 12:30-3PM CROCHET	9 12:30-3PM CROCHET	10 2-4PM MAINTAIN YOUR BRAIN 6PM BINGO 2:30PM RESIDENT COUNCIL MTG.	11 1PM BINGO 
12 4PM GAME DAY	13 10AM VILLA PANTRY 2PM RESIDENT COUNCIL FORUM 6PM BINGO	14 2PM MOVIE TBD 10-11AM COMPUTER CLASS	15 12:30-3PM CROCHET 1PM BID WHIST 6PM BIBLE STUDY	16 12:30-3PM CROCHET PRO- 11AM MEDICAL	17 2-4PM MAINTAIN YOUR BRAIN 6PM BINGO 2PM WELLNESS	18 1PM BINGO
19 1PM WORSHIP IN (VILLA DINING RM) 4PM GAME DAY	20 10AM VILLA STORE PANTRY 6PM BINGO	21 2PM MOVIE TBD	22 12:30-3PM CROCHET 1PM BID WHIST 6PM BIBLE STUDY	23 12:30-3PM CROCHET 1pm BK MTG 	24 2-4PM MAINTAIN YOUR BRAIN 6PM BINGO	25 1PM BINGO
26 4PM GAME DAY	27 10AM VILLA STORE PANTRY 6PM BINGO	28 2PM MOVIE TBD 10-11AM COMPUTER CLASS	29 12:30-3PM CROCHET 1PM BID WHIST 6PM BIBLE STUDY	30 12:30-3PM CROCHET FIT/FLEX CHAIR EXERCISE		

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Main Office Number

(313) 541-6000

Village Staff

Gloria Robinson

Senior Housing Administrator
(313)541-6042

Nikki Lewis

Sales and Leasing Specialist
(313)541-6140

Angela Hooks

Administrative Assistant
(313)541-5991

Mark Uzarek

Maintenance Lead

Gina Herron

Receptionist
(313)541-6126

Freddie Graham

Maintenance Technician

Anita Stephens

Service Coordinator
(313)541-6450

Rhonda Kuhn

*Hospitality Housing
Assistant*



EMERGENCY NUMBER (VILLA)

(313) 910-7027

EMERGENCY NUMBER (COTTAGES)

(313) 573-3572

NON-EMERGENCY REDFORD PD

(313)387-2500

CLASSIC SECURITY

(313)662-4648

Phyllis @ the beauty salon

(313)541-6077



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

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The Villa and Cottages at Redford• 25340 West Six Mile Road Redford, MI 48240

Embrace the possibilities