

Villa View



Embrace the possibilities

FEATURED ARTICLES

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February 2023 **ADMINISTRATOR'S NOTES**

Welcome New Residents Gloria Jones Renna Thompson

Alycia Meadows

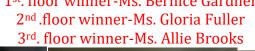
February – The shortest month of the year; yet so many special events to celebrate. There is Black History Month, American Heart Month, Ground Hogs Day, Valentine's Day and Leap Year. As you're enjoying the events of February. don't forget Random Acts of Kindness Day, celebrated on February 17th. Just imagine the joy you would bring to someone by extending an act of random kindness.

The office staff cannot be responsible for letting caregivers into the building. There may be times that staff is not available. As a resident of Independent Senior Housing, tenants are responsible for allowing access to their apartments. Caregivers, providers, etc. should ring the apartment number of the resident that they are visiting and not the office. If you have questions regarding the phone intercom system, please contact the office for instructions.

The annual Friends & Family campaign is just around the corner. Friends & Family is a time for each village to raise money for activities, outings, trips, building enhancement, etc. This year's goal has been set at \$2,244. If the goal is met, an additional \$1,000 is earned. If the goal is doubled, an additional \$5,000 will be donated to the village. We would like to hear from you for fund-raising ideas. The campaign runs from April 1 – April 30, 2023.

Congrats!! To the winners of the Christmas Wreath Contest, for each floor:

1st, floor winner-Ms, Bernice Gardner 2nd .floor winner-Ms. Gloria Fuller



















The Senior Advocate.

By Lynn Alexander, Vice President of Public Affairs

Announcing Caregiver's Best Friend Podcasts

We are pleased to announce the launch of PVM's Caregiver's Best Friend Podcasts. This will elevate our mission to provide information, education and practical tips to make the caregiver journey a smoother ride. Being prepared and making smart choices makes for a better experience whether you are a caregiver or a loved one receiving care.

Everything from family dynamics, self-care and preventing falls to available resources will be presented by notable experts in the field of aging services. There are already several podcasts available with more on the way throughout the next year and beyond.

Go to the PVM website at pvm.org, or check them out on YouTube.

All the best to our readers who are giving or receiving care



Service Coordinator Corner

By Anita Stephens February 2023

Quote of the Month: "I've learned that people will forget what you said, People will forget what you did, but people will never forget how you made them feel." ~ Maya Angelou

Tuesday, February 14th, 2023

Thursday, February 16, 2023 @1:00pm. Join us for information on pet care with LaLeesha from "Meet You There Pet Care LLC." If you have a pet that needs grooming, she will come to you! Light refreshments will be served. FREE to all residents.

Thursday, February 23, 2023@1:00pm. Plan to attend low-impact chair exercise & BINGO with Marita from Guardian Angel Home Health Care. FREE to all residents. Signup sheet on main hallway table.

Calling Residents that may be interested in being (Pen Pals) with students from Cass Tech High School. This collaboration is supported by Wayne State University. Signup sheet located on main hallway table. Remember... Monday, February 20th is President's Day, Wednesday, February 22nd is Ash Wednesday, February is Black History Month and did you know? The State of Michigan is 186 years old, founded in 1837.



Resident Spotlight

Resident of the Month/February 2023

Sandra Moore

Sandy Moore has been a Villa resident since February 2016. Sandy was employed with Guardian Photo Printing Co. for more than thirty-five years. She enjoyed her position, but was laid-off never to return.

Sandy has various hobbies, mainly arts & crafts. However, word search, puzzle books, & diamond art are her favorite past-times. She collects snowmen & M&M memorabilia. Sandy has 3 sisters & 1 brother. You may see Sandy around the Villa attending seminars & interacting in various activities.



The Redford Township District Library

News letter

February 2023

- Page to Screen
- Book Sale
- Movie Night
- Food Trucks
- Book Delivery



What was your reaction when your favorite book was turned into a movie? This program is an opportunity for community members to read their favorites, then come together to watch the film and discuss both! Sign up online at rtdl.org/events or by calling (313) 531-5960



February 7th at 6:00 PM- High Fidelity Movie starring John Cusack

February 14th at 6:00 PM High Fidelity by Nick Hornby Book Discussion





(313) 531-5960

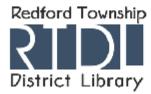


rtdl.org



25320 W. Six Mile Redford, MI

Monday - Thursday 10:00 a.m. - 8:30 p.m. Friday - Saturday 10:00 a.m. - 5:00 p.m. Sunday 12:00 p.m. - 5:00 p.m.



Friends of the library BOOK SALE

The Friends of the Library Bookstore is open by appointment only. The store will be open on Fridays from 2 to 4 PM. If you are interested in booking an appointment, please email **CTHGRT@yahoo.com** with the subject line <u>Bookstore Appointment</u> with your preferred time.



MOVIE NIGHT

Wednesday, February 22nd 6:00-8:00 PM

Free Movie! Free Popcorn! Sign up online at rtdl.org/events or by calling (313) 531-5960

FOOD TRUCKS ARE BACK!

FORK IN NIGERIA Food Truck will be parked at the library on Thursday, **February 16th from 12:00-3:00 PM**.

We are still solidifying our food truck schedule but you can look forward to food trucks being at the library on the following dates. Stay tuned for more!

Thursday, March 16 from 12-3 PM
Thursday, April 20 from 12-3 PM
Thursday, May 18 from 12-3 PM
Thursday, June 8 from 4-7 PM
Thursday, June 15 from 12-3 PM

HOME DELIVERY

Call **(313) 531-5960** if you're interested in having your books, CDs, DVDs, and audiobooks delivered to your door via our Homebound Delivery Service.





Adult Crafts

Week of February 1st

Adult craft kits in February will be available the week of February 1st and will be first come, fist serve. This is kit will be a take home craft kit.

We will learn to temper chocolate!



MAINTENANCE MUSINGS

Reminder:

- An independent resident should own a toilet plunger. Independent residents are expected to attempt to unplug their toilet before reporting to the office that maintenance is needed to unclog their toilet. While you aren't required to have a sink plunger, we do recommend a sink plunger. Also it is important to inspect the jets around the underside rim of the toilet, as clogged jets can reduce flow and eventually clog the drain, and a thorough cleaning is an independent resident's responsibility.
- Thermostat diagrams (incl.: instructions-available in the office for residents). Other items not supplied by the Village of Redford:
- Washing Machines
- Dryers
- Storm Doors
- Light bulbs, (exception: Florescent tubular light bulbs)

COTTAGES:

• The kitchen undersink cabinet doors should be left open when the weather is 10 degrees or less outside. If the cabinet doors are shut, the heat from your furnace can't reach the pipes, and you can end up with frozen faucets or even frozen drains! Occasionally this causes even more problems when pipes burst.

THANK YOU

MARK UZAREK, MAINTENANCE

February Movie List









Harriet

The extraordinary tale of Harriet Tubman's escape from slavery and transformation into one of America's greatest heroes, whose courage, ingenuity, and tenacity freed hundreds of slaves and changed the course of history.

Beast

A father and his two teenage daughters find themselves hunted by a massive rogue lion intent on proving that the Savanna has but one apex predator.

Flight

An airline pilot saves almost all his passengers on his malfunctioning airliner which eventually crashed, but an investigation into the accident reveals something troubling.

Free At Last: Civil Rights Heroes

Directed by Martin Kent. The amazing courageous stories of Emmitt Till, Medgar Evers, Myrlie Evers, Martin Luther King, Jerry Mitchell.



Freddie Mae Thompson	02/02
Bartonia Clark	02/03
Clara Austin	02/06
Angelee Roland	02/06
Bernice Gardner	02/08
Mildred Fortune	02/10
Bernard Chevalier	02/12
Mary L. Dobson	02/14
Alycia Meadows	02/17
Eugene Anderson	02/17
Kenneth Gipson	02/18
Georgia Deck	02/19
Betty Daney	02/20
Elizabeth Miller	02/27
Damon McCaskell	02/28
Stephanie Cain	02/29



			EBRUARY 20			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BLACK HISTORY MONTH	February is American Heart Worth		1 10AM VALUE CTR. 12:30-3PM CROCHET 1PM BID WHIST 6PM BIBLE STUDY	2 10am-11am Coffee Hour	3 2-3PM MAINTAIN YOUR BRAIN 6PM BINGO	4 1PM BINGO
5	6 10AM VILLA STORE PANTRY	7 2pm Movie TBD	8 10AM VALUE CTR. 12:30-3PM CROCHET 1PM BID WHIST 6PM BIBLE STUDY	9 10am-11am Coffee Hour 12:30-3PM CROCHET	10 2-3PM MAINTAIN YOUR BRAIN 6PM BINGO (VILLA DINING RM)	11 1PM BINGO
12	13 10AM VILLA STORE PANTRY	14 2PM MOVIE TBD Happy Valentine's Day	15 10AM VALUE CTR. 12:30-3PM CROCHET 1PM BID WHIST 6PM BIBLE STUDY	16 10AM-11AM Coffee Hour 12:30-3PM CROCHET 1pm Pet Care 2pm Book Club	17 2-3PM MAINTAIN YOUR BRAIN 6PM BINGO (VILLA DINING RM) RANDOM ACTS OF KINDNESS DAY	18 1PM BINGO
19 IPM WORSHIP IN VILLA DINING RM)	20 PRESIDENT'S DAY 10AM VILLA STORE PANTRY	21 2PM MOVIE TBD	22 ASH WEDNESDAY 10AM VALUE CTR. 12:30-3PM CROCHET 1PM BID WHIST 6PM BIBLE STUDY	23 10am-11am Coffee Hour 12:30-3PM CROCHET 1pm Exec & Bingo	24 2-3PM MAINTAIN YOUR BRAIN 6PM BINGO (VILLA DINING RM)	25 1PM BINGO
26	27 10AM VILLA STORE PANTRY	28 2PM MOVIE TBD	29	30	31	

Presbyterian Villages of Michigan Mission Statement

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Main Office Number Village Staff

Gloria Robinson

Senior Housing Administrator (313)541-6042

Angela Hooks

Administrative Assistant (313)541-5991

Gina Herron

Receptionist (313)541-6126

Anita Stephens

Service Coordinator (313)541-6450

Phyllis @ the beauty salon

(313) 541-6000

Mark Uzarek

Maintenance Lead

Freddie Graham

Maintenance Technician

Rhonda Kuhn

Hospitality Specialist Housekeeping





EMERGENCY NUMBER (VILLA) (313) 910-7027

EMERGENCY NUMBER (COTTAGES) (313) 573-3572

NON-EMERGENCY REDFORD PD (313)387-2500

CLASSIC SECURITY (313)662-4648

(313)541-6077



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at 248-281-2040 or visit www.pvmfoundation.org

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The Villa and Cottages at Redford 25340 West Six Mile Road Redford, MI 48240