



Transitional Care Unit

AT THE VILLAGE OF EAST HARBOR

Helping you from hospital to home!

Stroke Specialty Program

We have a professional **“Rehabilitation Team”** which includes **Physicians and Nurse Practitioners, Licensed Nurses and Certified Nursing Assistants, Occupational Therapists, Speech Therapists, Physical Therapists, a Dietitian, and Licensed Social Worker.** Our goal is to help you fully recover as soon as possible and return home medically stable with the skills to perform daily living tasks.

Our services include, but are not limited to:

- **Pain management**
- **Patient and Family Education**
- **Physical Therapy (PT)** to provide exercises and training to improve strength, endurance, flexibility, ambulation and balance. Assistive devices such as a brace, cane, walker or wheelchair may be recommended before returning home.
- **Occupational Therapy (OT)** to focus on upper body and fine motor strength and coordination and promotes independence in areas of daily living such as bathing, dressing, toileting and dining. Adaptive equipment is assessed and provided as needed to achieve the highest level of independence.
- Our **Speech Therapist and Registered Dietitian** will assure nutrition and safety with swallowing if you need help regaining the ability to eat.
- Our **Social Worker** will work with you, your family, and your Rehabilitation Team to coordinate your *Safe Transition Home*.

Our Goal is to help you **“Get Well and Return Home”** after hospitalization in a manner that is *Safe* and minimizes your risk for Re-Admission to the Hospital.

For more information call 586.725.6030

Transitional Care Unit at The Village of East Harbor

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