

Manor Message

Embrace the possibilities

29495 Annapolis • Westland, Michigan 48186 • www.pvm.org

2022 | Issue II

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The Village of
**Our Saviour's
Manor**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan,
Wellspring Lutheran Services and
The Lutheran Church of Our Saviour

Look for PVM on:



The Administrator's Pen



Fabulous February!



I would like to first acknowledge God who has brought all of us a mighty long way. HE keeps doing a wonderful work here at OSM and second I would like to acknowledge the Fabulous Staff of OSM and the wonderful work that they are doing as well. The staff here are always ready to serve you and strive every day to make this an enjoyable and peaceful place for our residents to live. Trust and Believe that with every decision, your best interest is taken to heart and in consideration. We want you to be proud that you call The Village of Our Saviour's Manor your home. When your family and friends come to visit, we want them to be in awe of where you have decided to live out your senior years. Your latter days should be greater than your former days. The staff is constantly looking and approaching ideas to assist in improving the quality of life for you, our residents.

So, I would like to give a big thank you to Miss Katelyn DeHart, Mr. Mike Hooton, and Mrs. Alisa Loveday for all of your support, innovative ideas and contributions. I could not have chosen a better team to work with and to help lead in making OSM a choice place for seniors to live. I am, because you are. **THANK YOU! THANK YOU** and May God bless each of you 1000X more. I am looking forward to seeing the great things happening for OSM and each of you personally.



Graziella Bruner
Housing Administrator





OSM Monarch Moments

Blessings Our Saviour's Manor,

Wishing everyone a healthy, happy, & blessed month!

♥HAPPY
Valentine's
DAY♥

We hope everyone had a wonderful January and beginning of the New Year! Winter has come and cold weather and snow is officially here! We will be having our OSM Administrator & Resident Activity Meeting and Birthday Celebration in the community room on February 8, 2022. Everyone is welcome! Seating is limited due to COVID19 restrictions. Please come and bring any ideas you have for OSM and what you want to do! Reminder bible study with Elder Josiah Jones will take place every Wednesday @ 2:30 PM. We have lots of fun events planned for this month, including, a Valentine's Day Luncheon, a trip to see the Lion King Musical, the King Tut Exhibit at the African American Museum. There will be a sign up sheet on the bulletin board for every trip for the month. *Please remember that transportation for shopping trips are with Nankin. The bus has a schedule to keep and will not wait for you, so please be in the lobby at least ten minutes before the scheduled time of the trip.* Please remember to sign up for all shopping trips and any other events you would like to participate in. It is important we know how many to expect.

Laundry Room - Please **DO NOT** open the dryer drawers before your clothes are finished drying. This will cause the doors on the machine to lock and they will be unable to use until reset. If you need to purchase a new laundry card, you can do so using the machine in the laundry room. It costs \$5.00. Laundry is open 24/7.

COVID19 restrictions, rules and policies are still in place here at OSM. Please remember that you must **wear your mask** outside your apartment. Also, **all guests** in our building must wear a mask in our building. You are responsible for your guests, please make sure they sign in and wear their mask. **If you have overnight guest, they must sign in and please notify the office. Please refer to your OSM house rules on overnight guest.**

For those with their Google Nest, we would love to hear from you and see you. All you have to say is:
"Hey google, video call"

Administrator's Office: Graziella Bruner @ 678-999-3438

Front Office: Katelyn DeHart @ 323-902-7013

Service Coordinator: Alisa Loveday @ 323-825-1718

For after hours – emergencies – You can say, "Hey google call Maintenance Emergency"

If you have any large items that you need to throw away, you can **call 1-800-GOT-JUNK**. They will come and pick it up right from your apartment. Please do not leave any large items in or near the trash room to be picked up.

Keep practicing social distancing, stay safe and healthy!

Please check your calendar for all of our upcoming events and updates.

Reminder: All Visitors entering our building must sign in and wear a mask.

Have a blessed and safe month!





Inspirational Moments

By Jessie Clark,
Resident Volunteer

One Day at a Time

Always tell yourself, I'm going to make the rest of my life the best of my life. The good thing about your future is that it comes one day at a time. Just because it hasn't happened for you yet, doesn't mean that it won't happen. Your life isn't over until God says it is.

Think positive and positive things will come your way. Stop worrying and trust that God will see you through anything! Worry is interest paid on trouble before its due. Keep your head up, hope alive, and keep it moving

Happy February!



Coordinator's Corner

Alisa Loveday
Service Coordinator

Dear OSM Residents,

While it may be the shortest month in a year, February is jam-packed with holidays. It is also a full month dedicated to Black History. The website: <https://www.blackpast.org/african-american-history/101-firsts-african-american/> highlights 101 African America firsts, and I encourage all of you to learn something new about Black History during this time.

It has also been VERY cold outside, and while we may soon start to hope for an early Spring, don't forget those extra layers and hats, scarves, and gloves when going out. You may want to keep a few hand and foot warmers with your winter gear to use on the coldest days when you must go out.

Thank you to all that participated in our January Service Coordinator events. We had a call-in meeting where we learned about scams targeting seniors, and how to avoid them. We also had a COVID test clinic, and many of you participated.

For the month of February, I have three events scheduled. Please keep in mind that events may change dates/times due to the COVID-19 Omicron variant still being active in Michigan. Be sure to watch for flyers and listen to your Robo-Calls.

Monday, February 7, 1:00 pm, Always There Home Health Care is going to give a presentation on the benefits of Home Health. Please come to our community room and meet the presenter and ask questions regarding in-home assistance. Remember, Home Help is a part of helping seniors stay in their own home and maintain their independence.

Tuesday, February 22, 12:30 pm, we have a "Lunch and Learn" scheduled with the Vascular Centers of America. Even in the brief times I have spoken with their team, I feel better educated in my understanding of our blood circulation and things related. Please make a special effort to attend this event.

Wednesday, February 23, 3:30 pm, Reliable Testing services will be back at OSM for free COVID testing. Please let me know if you plan to participate, as I will have a sign-up sheet in my office.

Please do not forget to let me know if you need help ordering your free at home COVID19 test kits. As of now, each resident can order home test kits for personal use. Keep in mind that some entertainment venues requiring negative COVID19 tests do not accept home tests, but the at home kits are great for assurance when planning a family gathering.

Finally, I just wanted to take a moment and recognize those of you that are committed to caring for our community, and for one another. I have noticed lately residents looking out for one another and offering support when someone is going through a difficult time. Believe me when I say the staff and residents notice, and I believe God notices as well. I am so grateful to be a part of our OSM community.

My New Hours are as follows:

Monday 11 am – 4pm

Tuesday 10 am – 3pm

Wednesday 9am – 2pm

Thursday 10am – 3pm

Correct and current information is important in an emergency and in maintaining independence. Please make an appointment to ensure all of your information is correct in my new software that we are now using for 2022.

Thank you all for allowing me to serve OSM.
Alisa Loveday, your Service Coordinator.

Proverbs 27:9 "A sweet friendship refreshes the soul."

OSM EVENTS

Tuesday, February 8th 12:00 PM – 1:30 PM
Administrator's Resident Activity Meeting & Birthday Celebration



Bingo will be taking place on the 1st, 3rd, & 4th
Friday @ 1:00 PM in the Community Room following COVID19
Restrictions and Guidelines



Monday, February 7th @ 1:00 PM
Always There Home Health Presentation



Every Wednesday in February @ 2:30 PM
Bible Study with Elder Josiah Jones



Thursday, February 10th 6:30 PM
Lion King Musical



Friday, February 11th 12:00 – 3:00 PM
Craft Day



Monday, February 14th 1:00 – 3:00 PM
Valentines Day Luncheon, wear something red.



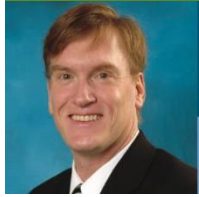
Tuesday, February 22nd @ 9:00 AM
African American Museum - King Tut Exhibit



Tuesday, February 22nd @ 12:30 PM
Vascular Center of America Luncheon



Wednesday, February 23rd @ 4:00 PM
COVID19 Testing Available See Service Coordinator



It's Your Life. Live It Well.

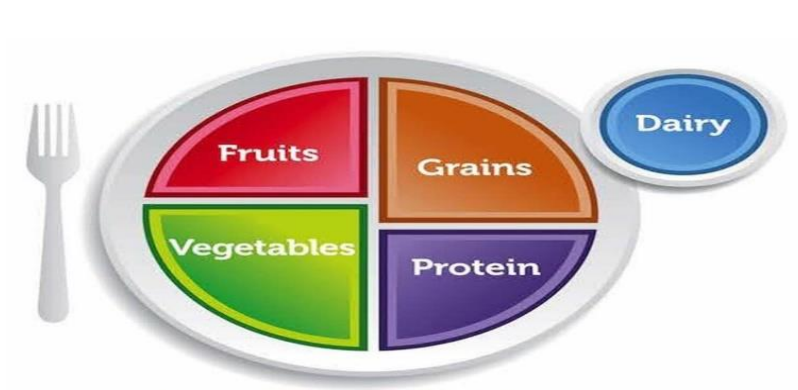
By Tom Wyllie,
Director of Wellness

Eat Better to Feel Better!

As we age, we often consider our daily aches and pains to be a sign that we are getting “old”. We dismiss the tingling sensations in our hands and feet, the paleness of our skin, our depressed mood, our loss of appetite, our inability to concentrate, our increased confusion and our excessive fatigue as being inevitable consequences of aging. And we resign ourselves to the “fact” that there’s nothing we can do about it.

While it is true we will experience some physical changes as we age, if you experience any of the symptoms listed above it could be your diet that is the culprit, not your birthday. If you have any of these symptoms you should tell your doctor. You may also want to ask to have your blood and/or urine tested for nutrient deficiencies. Deficiencies in thiamin, calcium, magnesium, potassium, and vitamins B6, B12, D and E are common in older adults. Additionally, because certain medications are known to interfere with your body’s ability to absorb nutrients you should also talk with your doctor about the medications you are taking.

If you have a nutrient deficiency your doctor may recommend you take a supplement, which is advice you should follow. Barring such medical necessity, however, it’s best to meet your nutritional needs by eating a variety of whole foods that include fruits, vegetables, whole grains, and lean meats. As a rule of thumb, to ensure adequate variety you should aim for the colors of the food on your plate to resemble the colors of the rainbow. Over time, as you bring your diet into balance you may notice that your daily aches and pains have diminished or even become a thing of the past. To learn more visit www.choosemyplate.gov/MyPlate





Mission, Vision & Values

Just as water from a wellspring is pure and clear, we want our Vision, Mission and Values to be rock solid and easily seen.

Vision

Changed Lives. Strong Families. Transformed Communities.

A ripple is caused by making a splash. Many of our clients believe they can make no positive impact at all. By engaging with the individual to build self-esteem and dip into their own God-given potential, a splash of hope ripples through the individual and the family. We believe this ripple cannot only reach distant shores, but its lasting effect can transform whole communities.

Mission

Motivated by Christ's love, we engage people as they experience and embrace their God-given potential.

At the source is God's love. We seek to release and be a channel of the love that Jesus, by his example, poured out in abundance. It's a love that puts the good of neighbor above personal interests and engages those on the "outside," as he did with a woman he met at a well. Because of this meeting, her life, her family and community were transformed.

Values

Our values are the things we must live out — things we must not only believe but be. These values help direct our actions and drive our behavior.

- ❖ **Christ-centered**
- ❖ **Excellence**
- ❖ **Integrity**
- ❖ **Life**

Our Vision Changed lives. Strong families. Transformed communities.



Hope flows through us.



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

YOUR LIFE. YOUR LEGACY



Your Life. Your Legacy.



Presbyterian Villages of Michigan is only able to provide the best quality of housing, programs and services to seniors throughout Michigan with the generous support of our donors.

Please consider a charitable bequest...
and leave a legacy.



Presbyterian
Villages

OF MICHIGAN

THE FOUNDATION

For more information, call
Paul Miller at the PVM Foundation

248.281.2045

www.pvmfgifts.org



Mayor's Message

By William Wild,
Mayor, City of Westland

Greetings OSM Residents,

Hockey Night in Westland- TICKETS ON SALE NOW: Hockey Night in Westland will be on Friday, February 18, 2022 at the Mike Modano Ice Arena, located at 6210 N. Wildwood, The Westland Wild Wings will play The Detroit Red Wings Alumni. The doors open at 5:30 p.m. Tickets are on sale now and can be purchased at Westland City Hall and The Mike Modano Ice Arena

Covid-19 Testing available at Westland City Hall Parking Lot-Covid-19 PCR testing is now available at the Westland City Hall parking lot Monday through Friday from 9am to 5pm. Service is first come, first serve.

SAVE THE DATE: Friends of the Westland Public Library Book Sale: Thursday, February 10 - Sunday, February 13. The Friends of the Library Book Sale is coming soon! The Preview Book Sale, on Thursday, is a chance for members of the Friends of the Library (or those interested in joining) to get first pick at this month's sale. The sale will be open to the general public February 11-13.

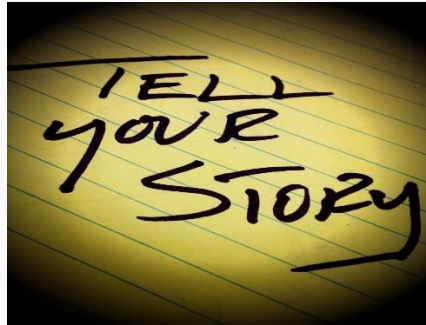
Warming Centers - A reminder that Mayor William R. Wild announced that in response to the extreme cold temperatures, the City of Westland has opened several warming centers around the City (Please view locations and times below).

If you know or see someone out in the cold, please contact 911 or the non-emergency police line at (734)722-9600. Our emergency personnel will work diligently to ensure they are taken to a safe place to stay warm.

Residents are also asked to keep our four legged friends in mind during this extreme cold weather. Animals cannot handle being left outside in temperatures below freezing for more than a few minutes without being at extreme risk for hypothermia, frostbite and even death. Please report findings of animals left outside without proper shelter to animal control at (734)738-3852 or the non-emergency police line at (734)722-9600 for after hour reporting.



**This page
is RESERVED for you.
We want to hear or
rather read Your Story!**



**Everyone has a story to tell,
And we want this page to be just for you!
We want to know you better, give us your story.
Stop by the office or write down a couple of
paragraphs so we can get to know
more about you.
Who wants to be the first resident
to share their story?**





The Senior Advocate.

By Lynn Alexander,
Vice President of Public Affairs

A Tribute to a Legend



January 18th would have been Betty White's 100th Birthday. She almost made it passing away just recently. She was an icon and a role model for many inside and outside Hollywood. Her storied career of many decades included the Mary Tyler Moore Show and The Golden Girls. She also appeared in many movies and even had a memorable commercial for a Super Bowl well into her later years. Betty was known for her quick wit and comedic timing. And she was known as well for her passion to save animals.

For anyone over the age of 50 she also provided inspiration for an aging well attitude. I often talk about the interesting things that centenarians attribute to their longevity - everything from exercise, eating vegetables and a positive attitude to a shot of whiskey every night and a fondness for chocolate have been acknowledged. I got a chuckle out of Betty's explanation in a recent interview—vodka and hot dogs!

She did exhibit traits which are often stated by experts in that she had a zest for life, a wonderful sense of humor, many interpersonal relationships and a continued dedication to her acting career. Thanks for your inspiration and your magnificent example of a life well lived, Betty!





Mike's Maintenance Tips

By Michael Hooton,
Maintenance Technician

Weather Reminders

Here are some reminders of the best practices when in these cold winter months.

- When temps are super cold, do not turn your heat off completely. This raises the chances of pipes freezing.
- If you ever have any questions or need help with your thermostat please call the office.
- When snow is coming our way, it is best to park your cars in the car port. Please refer to OSM snow policy.
- If you have to go outside on a cold or snowy day please be careful. Even though there is salt on the ground, it can still be slippery. There's a salt container in the vestibul if you need more salt near and around your vehicle. We have a snow contractor and Mike to take care of our sidewalks and driveway.



Please call the office for all work orders.

The Emergency Phone is for after hours only or when the office is closed during regular office hours and/or holidays. For all medical emergencies, please dial Nine, One, One, (911) or push your Emergency ECall Button.

A Few Reminders:

- *Please report all maintenance repairs to the office. (734-595-4663)*
- *Please make sure the dryer lint cleaner is being emptied after each use.*
- *Do not open the washers and dryers before your cycle is completed, It can cause the machine to stop working and will need to be reset.*
- *No Candles, Small Candles for oils, or Incense to be burned in the apartments or building.*
- *Tis the season for our Tornado and Fire drills – All residents must participate*



Dial 1 -734-740-4777

***For after-hours maintenance emergencies
For Medical Emergencies, please dial 9-1-1***



Katelyn's Column

By Katelyn DeHart,
Administrative Assistant

Five Steps to Prevent Cancer

DON'T USE TOBACCO

The use of tobacco products has been linked to many types of cancer, including lung, colorectal, breast, throat, cervical, bladder, mouth and esophageal. It's never too late to quit. About 90 percent of all lung cancer is related to smoking. Non-smokers who are exposed to secondhand smoke are also at risk for lung cancer and other respiratory conditions.

PROTECT YOUR SKIN FROM THE SUN

Skin cancer is the most common and most preventable cancer in the United States. More than 96,400 people are diagnosed with melanoma annually. Exposure to the sun's ultraviolet radiation causes most skin cancer. Be sure to use adequate sun protection year-round. Never use indoor tanning beds.

EAT A HEALTHY DIET

Eat lots of fruits, vegetables, beans and whole grains. Limit red meat and cut out processed meats. For healthy recipe ideas, visit our blog. It is also important to limit alcohol consumption because alcohol can increase your risk for liver, colorectal and breast cancers. If you drink alcohol, have no more than two drinks a day if you are a man or one drink a day if you are a woman.

MAINTAIN A HEALTHY WEIGHT AND BE PHYSICALLY ACTIVE

Maintain a healthy weight and be physically active

Getting at least 30 minutes of physical activity each day can make a big difference in your general health and well-being. Inactivity and obesity have been linked to breast and colorectal cancer, and there is also some evidence of a link to lung and pancreatic cancer. Add exercise to your routine to reduce stress, increase energy, boost your immune system, control your weight and reduce your risk for cancer.

KNOW YOUR FAMILY MEDICAL HISTORY AND GET REGULAR CANCER SCREENINGS





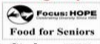


























Talk to your health care professional about cancer screening. Some tests can help detect cancer early, when treatment is more likely to be successful, and some can also detect precancerous conditions before they become cancer. While screening has been proven to save lives, screening guidelines aren't always "one size fits all."

February Birthdays 2022

Happy Birthday!!!



Sandra Cole – February 2nd
Rachel Finerson – February 4th
Verlene Davis – February 21st
Kathy Daniels – February 26th
Stephanie Tabb-Miller – February 26th
Dolores Jackson – February 27th

 		<h1>February 2022</h1>					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>30 February is observed as: Black History Month Nat'l Cancer Prevention Month National Self Check Month American Heart Month</p>	<p>31 Weekly Celebrations Week 1: African Heritage and Health Week Week 2: World Interfaith Harmony Week Week 3: International Flirting Week Week 4: Nat'l Engineers Week</p>	<p>01 1st Black Lawyer John Mercer Langston Passing the bar in Ohio in 1854—1st black man ever elected in public office. He was the great-uncle of Langston Hughes, famed poet Harlem Renaissance.</p>	<p>02 Groundhog Day 11:00 AM  2:30 PM Bible Study w/ Elder Josiah Jones  Happy Birthday Sandra Cole </p>	<p>03 11:00 AM </p>	<p>04 Happy Birthday Rachel Finerson  1:00 PM </p>	<p>05 Schedule your bus ride with Nankin. Call 734-729-2710 </p>	
<p>06 Superbowl Sunday LVI </p>	<p>07 1:00 PM Always There Home Health Presentation </p>	<p>08 12:00 PM Administrator Resident Meeting & Birthday Celebration </p>	<p>09 2:30 PM Bible Study w/ Elder Josiah Jones </p>	<p>10 11:00 AM  6:30 PM Lion King Musical </p>	<p>11 12:00 - 3:00 PM Craft Day </p>	<p>12 For delivery, please call: 1-888-SCHWANS (724-9267) </p>	
<p>13 1st Black Senator Hiram Rhodes Revels He represented the State of Mississippi from Feb. 1870—March 1871</p>	<p>14 1:00 PM– 3:00 PM Valentine's Day Luncheon </p>	<p>15 1st black man appointed to the US Supreme Court Thurgood Marshall He was appointed by President Lyndon B. Johnson. He served from 1967 - 1991.</p>	<p>16 2:30 PM Bible Study w/ Elder Josiah Jones </p>	<p>17 11:00 AM </p>	<p>18 1:00 PM </p>	<p>19 1st self made Millionaire Madame C.J. Walker She invented a line of black American hair products. She established the C.J. Laboratories and was also known for her philanthropy.</p>	
<p>20 1st Black Woman Representative Shirley Chisholm She was elected in 1968, she represented New York. In 1972 she was the 1st major party black American candidate and the 1st female candidate for the President of the United States</p>	<p>21 HAPPY PRESIDENT'S DAY Post Office/Banks are closed Happy Birthday Verlene Davis </p>	<p>22 8:30 AM African American Museum  12:30 PM Vascular Centers of America Luncheon </p>	<p>23 2:30 PM Bible Study w/ Elder Josiah Jones  Reliable Services COVID19 Testing 4 PM - 5:00 PM </p>	<p>24 11:00 AM </p>	<p>25 1:00 PM </p>	<p>26 Happy Birthday Kathy Daniels & Stephanie Tabb-Miller </p>	
<p>27 Happy Birthday Dolores Jackson </p>	<p>28 1st black woman actress in Hollywood to win an Oscar in 1940 Hattie McDaniel 1st Professional black baseball player & Rookie of Year for the Brooklyn Dodgers Jackie Robinson</p>	<p>01 Black Inventors in US History -Home Security System co-invented by Mary Van Brittan Brown in 1966 -The Three Light Traffic Light invented by Garrett Morgan in 1923 -Electric Microphone co-invented by James E. West in 1964.</p>	<p>02 -Refrigerated Trucks, invented by Frederick McKinley Jones in 1940. -Automatic Elevator Doors, Invented by Alexander Miles in 1887. -Color IBM PC Monitor and Giga-hertz chip co-invented by Mark Dean 1980 & 1999</p>	<p>03</p>	<p>04</p>	<p>05</p>	

February Recipe

Soft and Chewy Granola Bars



INGREDIENTS

1-1/2 CUPS RAW HONEY
3/4 CUP COCONUT OIL
3/4 CUP PEANUT BUTTER
6 CUPS ROLLED OATS
3/4 CUP FLAX SEED, GROUND
1-1/2 CUPS RAW SUNFLOWER SEEDS
3/4 CUP RAW SESAME SEEDS

INSTRUCTIONS

1. IN BOWL, BLEND ROLLED OATS, FLAX SEEDS, AND RAW SEEDS.
2. MIX WET INGREDIENTS.
3. ADD WET INGREDIENTS TO DRY INGREDIENTS AND BLEND WELL.
4. PRESS INTO GEASED 9X13 PAN.
5. REFRIDGERATE AND THEN CUT INTO BARS.

ENJOY

Servings: 1 Dozen

Monthly Word Search

Black History Word Search

I T M E L X D W X D H F A F R I C A M B B I V
 R G E A P H G Q O S S P I K E L E E B K A G K
 R O H O X O B R P A V V R U H V R I S I B N F
 U N M O H Z Y C E B R O T H E R H O O D O O U
 B O H V E L I Q K E O E U P P O M E S W L R D
 A S G J R X N O S K C A J A L L A H A M I T D
 R I V C I E E D W O R C M I J B B B F Q T S H
 A R Z Z T I Y I N T E G R I T Y N V Q E I M K
 C R I T A S I R S S A L G U O D T P S D O R X
 K O Q N G L E A D E R S H I P V B U V C N A M
 O M P L E X M G W B P A F W F M T D P V C D Z
 B I I Q H U E T A C O V D A E N Y K Y G O A Z
 A N Q H J F F B K W Y Z X P E K S Q O R S P T
 M O P F R E D R I C K D K E V O W S C Z G O Z
 A T B R P W J J K H Q N O I T A G E R G E S A
 O U H O N P E C I D U J E R P N T T O C Y O B

Mahalla Jackson

Toni Morrison

Spike Lee

Boycott

Abolition

Armstrong

Fredrick

Douglass

Segregation

Prejudice

Heritage

Integrity

Jim Crow

Advocate

Brotherhood

Barack Obama

Leadership

Africa

February Observances & Fun Facts:

February is Observed as:

- National Cancer Prevention Month
- National Self Check Month
- American Heart Month
- Black History Month

Weekly Celebrations

- Week 1: African Heritage and Health Week
- Week 2: World Interfaith Harmony Week
- Week 3: International Flirting Week
- Week 4: National Engineers Week

February Flower and Birthstone



Flower = Violet



Gem = Amethyst



FREE NOTARY Services

Provided
To All of Our OSM
Residents



The Village of
**Our Saviour's
Manor**


A SENIOR LIVING COMMUNITY
A Mission of Presbyterian Villages of Michigan,
Wellspring Lutheran Services and
The Lutheran Church of Our Saviour

OSM Board Members

- Johnnie Jackson, Board Chair
- Dereka McClay, Vice Chair
- Rev. David Huber, Treasurer
- Natalie Brothers, Member
- Carolyn Kimbrough, Member
- Michelle Williams, Member
- Myra Davenport, Member
- Judy Piccininni, Member

OSM Local Sponsors:

313-671-5555



Paulette Styles

Helpful Resources

Transportation

Nankin Transit (Serving Wayne, Westland, Garden City, & Canton)
(734) 729-2710
Smart ADA (313) 223-2100

Senior Agencies

The Senior Alliance (Wayne/Westland) (734) 722-2830

CareSync Solutions

Home Healthcare Services (248-773-4550)

BEAUTY SHOP IS OPEN!!!

Please give Paulette or Genie a call to set your appointments.

Become a Fan of OSM on Facebook

How to Become a Fan:

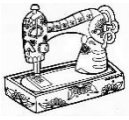
- 1) Visit www.facebook.com and log-in your account. If you do not have an account, click "Sign Up" button to create one.
- 2) In the Facebook search toolbar, type in "The Village of Our Saviour's Manor" or go to facebook.com/The Village of Our Saviour's Manor
- 3) Click on the "Like" button to become a fan of OSM

Those already active on Facebook explore our new page and invite our friends and family to "Like" us!

The Village of Our Saviour's Manor



OSM Classifieds:



OSM Gifted Hands:

These wonderful volunteers use their sewing skills and talents to make items such as blankets, pillows, dolls and even giant teddy bears. All items are given away to organizations such as the Westland Good fellows, Salvation Army, Homeless Shelters and Covenant House. If you can use a sewing machine or stuff a pillow and would like to volunteer and be a part of OSM Gifted Hands, please see Ms. Louis Rush or Ms. Alice Finley.



OSM Compassionate Hearts:

If you have a heart for people, we're looking for volunteers to join OSM Compassionate Hearts. Compassionate Hearts are a group of residents that volunteer to visit their fellow neighbors while hospitalized or in rehab. You will be surprised what a friendly face, a warm hug, prayer and a loving smile and will do for someone.



OSM Growing Hands:

Do you like to garden and get your hands dirty? Well come and join are gardening volunteers, OSM Growing Hands. This group volunteers to work in and care for our new garden. We're praying that OSM Growing Hands garden will produce enough vegetables to help feed those in our community. If you have a green thumb and would like to volunteer please see Ms. Alice Finley



OSM Caring Hands:

We are in need of volunteers for our homeless project. Please see Ms. Margo Taylor if you're looking to join OSM Caring Hands. This group volunteers to crochet blankets and create pillows using plastic grocery bags known as plarn. We are also in the process of raising funds to be able to purchase items to make toiletry bags to pass out to the homeless. Let's not forget our fellow man and reach out to those less fortunate than ourselves.



OSM Fisherman:

Love to fish? This is the group for you! OSM Fishermen is a group of residents that enjoy being at the lake and casting their rods. If you ever wanted to try your hands at fishing, please come and join this group.

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

www.pvm.org

Village Staff

Graziella Bruner
Housing Administrator

Katelyn DeHart
Administrative Assistant

Kesha Akridge
Director of Housing

Office Number
Emergency Number
Fax Number
Service Coordinator

Michael Hooton
Maintenance Tech

Alisa Loveday
Service Coordinator

Jessie Clark
Resident Volunteer

(734) 595-4663
(734) 740-4777
(734) 595-2222
(734) 722-9763



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org



A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan,
Wellspring Lutheran Services and
The Lutheran Church of Our Saviour

29495 Annapolis Road
Westland, Michigan 48186

Congratulations!

You are being recognized because "What you did mattered!":

Thank you for what you did!

Employee Name: _____

Person Recognizing Employee: _____

Date: _____

** Please turn this card into Village Administrator for a chance to win a prize **

ACCOUNTABILITY • LISTENING • RELATIONSHIPS • RESPECT



Embrace the possibilities

Is there someone on staff that you would like to acknowledge for their work? Please complete this form and turn it into the office. They might win a prize!