

# ✠ Manor Message ✠

## Embrace the possibilities

29495 Annapolis • Westland, Michigan 48186 • www.pvm.org

2022 | Issue V

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The Village of  
**Our Saviour's  
Manor**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan,  
Wellspring Lutheran Services and  
The Lutheran Church of Our Saviour

Look for PVM on:



## The Administrator's Pen



We welcome May with open arms and a happy heart. It is hard to believe that the second quarter will be ending next Month. Time waits for no one.

**Look What We Did!**

**WE MET OUR FRIENDS AND FAMILY GOAL!**

I want to **THANK YOU**, your friends & family members who made it happen for OSM. We doubled our giving goal and we will be receiving the additional \$5000.00 for your resident activity fund. GOD is so awesome and so are you. **THANK YOU THANK YOU.** Please keep in mind the dates of OSM events on your calendar. I am looking forward to hearing from you at our next Administrator's Resident Activity meeting on Tuesday, May 3<sup>rd</sup> at 12 Noon. Remember, if you can think it, dream it, say it, we will definitely try to make it happen. We will start planning our Village Victory Games. Our PVM Village Victory Cup will be in person at the Novi Suburban Showplace on October 7<sup>th</sup>. We will start having practice sessions every month until then. Let's bring back the Spirit Award back to OSM – GO MONARCHS!

We will be in the process of getting a new roof, sidewalk, and drive way repairs within the next 30 – 45 days. You will receive a memo when that time comes. Thank you in advance for your cooperation during the process.



*Graziella Bruner*

Housing Administrator





# OSM Monarch Moments

Blessings Our Saviour's Manor,

**Wishing everyone a healthy, happy, & blessed month!**



We hope everyone had a wonderful April! THANK YOU to everyone who donated to friends and family! Thanks to your generosity we have exceeded our goal and will receive the extra \$5000.00 from the PVM Foundation!! Let's plan some trips! We will be having our OSM Administrator's Resident Activity Meeting and Birthday Celebration in the community room on May 3<sup>rd</sup>, 2022. Everyone is welcome! Please come and bring any ideas you have for OSM and what you want to do! We can do anything you think of!

Reminder bible study with Elder Josiah Jones will take place every Wednesday @ 2:45 PM. We have some fun events planned for this month, including, an Mother's Day Celebration at the Gathering Church, Restaurant Day at Famous Daves, and a trip with Josiah Jones to Forgotten Harvest . There will be a sign up sheet on the bulletin board for every trip for the month. **Please remember that transportation for shopping trips are with Nankin. The bus has a schedule to keep and will not wait for you, so please be in the lobby at least ten minutes before the scheduled time of the trip.**

As some of you may have already noticed, we have upgraded our TV's in the community room and theater room! Also, the speakers in the Theater room have been upgraded as well!

**Laundry Room** - Please **DO NOT** open the dryer drawers before your clothes are finished drying. This will cause the doors on the machine to lock and they will be unable to use until reset. If you need to purchase a new laundry card, you can do so using the machine in the laundry room. It costs \$5.00. Laundry is open 24/7. PLEASE remember to empty the lint from the dryer after every use!

Tis the season for Spring Cleaning! If you have any large items that you need to throw away, you can call 1-800-GOT-JUNK. They will come and pick it up right from your apartment. Please do not leave any large items in or near the trash room to be picked up.

Please keep in mind any large items being delivered to your apartment must be between 9:00 AM- 3:00 PM Monday – Friday. Please notify the office if you are getting a delivery so that we can have the back doors open for you!

For those with their Google Nest, if you would like any contacts added to your Google, please bring them to the office and we will have them added.

We would love to hear from you and see you. All you have to say is:

**“Hey google, video call”**

**Administrator's Office: Graziella Bruner @ 678-999-3438**

**Front Office: Katelyn DeHart @ 323-902-7013**

**Service Coordinator: Alisa Loveday @ 323-825-1718**

**For after hours – emergencies – You can say, “Hey google call Maintenance Emergency”**

**Keep practicing social distancing, stay safe and healthy!**

**Have a blessed and safe month!**





## Inspirational Moments

By Jessie Clark,  
Resident Volunteer

# A Prayer for May

**May you be happy.  
May you stay healthy.  
May you be safe.  
May you find comfort.  
May you sense peace.  
May you give love.  
May you possess courage.  
May you spread joy.  
May you have faith.  
May you be kind.**

**Luke 6:31 “Treat others the same way you  
want them to treat you.” (AMP)**



## Coordinator's Corner

Alisa Loveday  
Service Coordinator

Greetings OSM,

May is one of my favorite months of the year. With Mother's Day and Memorial Day during this month, we can also look forward to warmer weather. Get outside and enjoy the fresh air and sunshine!

A big thank you to all who took part in our Friends and Family Health Fair. There were 17 companies that offered senior services who participated. Thank you for being there, and also for inviting your friends and family members to the event. Many of the vendors let me know how much they enjoyed our OSM residents, and want to come again. We were able to exceed our personal goal for donations from the vendors, and it pushes OSM closer to our goal to boost our resident activity fund.

Are you attending the monthly resident community meeting and birthday celebration? Our residents are planning some very exciting trips and events. I heard a lesson yesterday about community, and how one person not participating affects everyone else. We really want **EVERYONE** to participate in our events and activities. Our strength as a community is built when you take part. The connections and support system amongst one another is vital to our mental and physical health. Please come take part in our community. If you are unable to come in person, please contact me to arrange call-in or Zoom. We will do all we can to make sure your thoughts are heard, and to include you in our event planning.

Below are some very important dates and information. Please read through carefully, and see me if you have questions.

May 17th, 11:00 am, will be our 2nd Covid Booster clinic with Motown pharmacy. I will be giving each of you a flyer from the CDC website to help you determine if you are ready for your 2nd booster dose. Due to the storage requirements of the Pfizer and Moderna vaccines, everyone participating must pre-register. I will have the health info/insurance form that the pharmacy has sent over available for all who wish to sign up. If you have a family member that needs the vaccine, they are able to get it here as long as they preregister.

May 24th, 11:00 am, Rehabilitation Masters will be with us in the Community Room. Certified health specialist, Monika Sarin, will be sharing information about maintaining balance. She will do a balance test with those that are interested, and also share some chair and walker techniques to help strengthen balancing.

Finally, I want to wish all of our OSM mothers a very happy Mother's Day. If it were not for mothers, not one of us would be here. Thank you for answering the call and being a blessing to your family.

*Proverbs 31:29 says, "Many women do noble things, but you surpass them all."*

My Hours are as follows:

**Monday 11 am – 4pm**

**Tuesday 10 am – 3pm**

**Wednesday 9am – 2pm**

**Thursday 10am – 3pm**

Thank you all for allowing me to serve OSM.

Alisa Loveday, your Service Coordinator.

# OSM EVENTS

Tuesday, May 3<sup>rd</sup> 12:00 PM

Administrator's Resident Activity Meeting & Birthday Celebration



Bingo will be taking place on Fridays @ 4:00 PM  
in the Community Room



Every Wednesday in May @ 2:45 PM  
Bible Study with Elder Josiah Jones



Saturday, May 7<sup>th</sup> @ 5:00 PM  
Gathering Church Mother's Day Dinner



Friday, May 13<sup>th</sup> @ 12:00 – 3:00 PM  
Craft Day



Monday, May 16<sup>th</sup> @ 8:30 AM  
Forgotten Harvest Trip with Josiah Jones



Tuesday, May 17<sup>th</sup> @ 11:00 AM  
COVID Vaccine Clinic



Thursday, May 19<sup>th</sup> @ 1:00 PM  
Oak Street Health Bingo

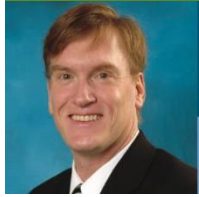


Tuesday, May 24<sup>th</sup> @ 11:00 AM  
Rehabilitation Masters Event



Thursday, May 26<sup>th</sup> @ 11:00 AM  
Famous Daves Resturaunt Day





## It's Your Life. Live It Well.

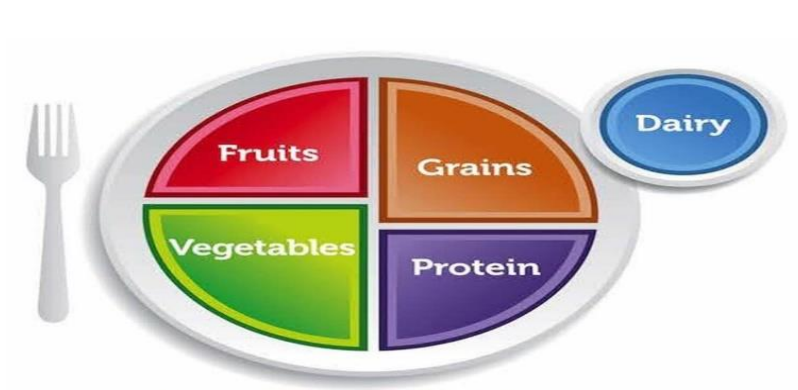
By Tom Wyllie,  
Director of Wellness

### Eat Better to Feel Better!

As we age, we often consider our daily aches and pains to be a sign that we are getting “old”. We dismiss the tingling sensations in our hands and feet, the paleness of our skin, our depressed mood, our loss of appetite, our inability to concentrate, our increased confusion and our excessive fatigue as being inevitable consequences of aging. And we resign ourselves to the “fact” that there’s nothing we can do about it.

While it is true we will experience some physical changes as we age, if you experience any of the symptoms listed above it could be your diet that is the culprit, not your birthday. If you have any of these symptoms you should tell your doctor. You may also want to ask to have your blood and/or urine tested for nutrient deficiencies. Deficiencies in thiamin, calcium, magnesium, potassium, and vitamins B6, B12, D and E are common in older adults. Additionally, because certain medications are known to interfere with your body’s ability to absorb nutrients you should also talk with your doctor about the medications you are taking.

If you have a nutrient deficiency your doctor may recommend you take a supplement, which is advice you should follow. Barring such medical necessity, however, it’s best to meet your nutritional needs by eating a variety of whole foods that include fruits, vegetables, whole grains, and lean meats. As a rule of thumb, to ensure adequate variety you should aim for the colors of the food on your plate to resemble the colors of the rainbow. Over time, as you bring your diet into balance you may notice that your daily aches and pains have diminished or even become a thing of the past. To learn more visit [www.choosemyplate.gov/MyPlate](http://www.choosemyplate.gov/MyPlate)





## Mission, Vision & Values

Just as water from a wellspring is pure and clear, we want our Vision, Mission and Values to be rock solid and easily seen.

### Vision

**Changed Lives. Strong Families. Transformed Communities.**

A ripple is caused by making a splash. Many of our clients believe they can make no positive impact at all. By engaging with the individual to build self-esteem and dip into their own God-given potential, a splash of hope ripples through the individual and the family. We believe this ripple cannot only reach distant shores, but its lasting effect can transform whole communities.

### Mission

**Motivated by Christ's love, we engage people as they experience and embrace their God-given potential.**

At the source is God's love. We seek to release and be a channel of the love that Jesus, by his example, poured out in abundance. It's a love that puts the good of neighbor above personal interests and engages those on the "outside," as he did with a woman he met at a well. Because of this meeting, her life, her family and community were transformed.

### Values

Our values are the things we must live out — things we must not only believe but be. These values help direct our actions and drive our behavior.

- ❖ **Christ-centered**
- ❖ **Excellence**
- ❖ **Integrity**
- ❖ **Life**

*Our Vision* Changed lives. Strong families. Transformed communities.



*Hope flows through us.*



# Giving Matters.

By Paul J. Miller, CFRE,  
President, PVM Foundation

## FRIENDS & FAMILY 2022



Join us in the annual **Friends & Family 2022** fundraising campaign! Friends & Family is an opportunity for residents to raise funds for projects that will enhance and enrich their lives.

### Want to Learn More?

Attend your Village Kick-Off Party or look for flyers and posters to learn more about your Village's individual fundraising goal and project. You can also visit [pvmfoundation.org](http://pvmfoundation.org) Please encourage everyone you know to make a gift to support your Village's much-needed project and, remember, *every gift matters!*

### To Make a Gift

- Please come to the office for a donation envelope and mail it to PVM Foundation:
  - 26200 Lahser Road, Suite 300, Southfield, MI 48033.
- Go online at [pvmfoundation.org/OSM](http://pvmfoundation.org/OSM) to support Our Saviour's Manor
- Call the PVM Foundation at 248-281-2040

For more information, please contact your Village Administrator or the PVM Foundation at 248-281-2040. Best of luck to ALL the Villages for a successful Friends & Family Campaign!





# Mayor's Message

By William Wild,  
Mayor, City of Westland

## *Greetings OSM Residents,*

**Westland, MI (April 19, 2022)** - On Friday, April 22 the City of Westland will host its Annual Earth Day Celebration. The event will take place at 10:00 a.m. at the Recycling Center, located at 37137 Marquette St.

This year's event will include presentations and information on the city's continued effort to make Westland the ideal place to live, work and play. In addition, Kyle Mulligan, Parks and Recreation Director, will highlight the city's latest program, "Feet On The Street." This program will educate residents on the curb-side recycling program and better help Westland's contamination levels. Devin Adams, Controller and Purchaser will update the City on "EV Westland," highlighting the new charging stations being installed throughout the city.

The Ceremony will conclude with a special Eco-Award given to United States Congresswoman Rashida Tlaib for being an Environmental Champion and her continued work fighting for the betterment of the environment and residents in her community.

**The Mack Mayfield Municipal Golf Course opens April 1** and will offer special rates for the month of April. To tee up on weekdays, senior residents will pay \$16 per cart and \$17 for senior non-residents. The weekday resident price will be \$21 for 9 holes with a cart and \$22.50 for non-residents. Weekends will heat up on the golf course as all residents will pay \$23 for golf and cart and \$25 for non-residents. The weekends will also offer \$5 replay for 9 holes.

**The Wayne County Household Hazardous Waste Collection Day is April 2 from 8:00 am until 1:00 pm at the Westland Shopping Center.** Residents will be able to properly dispose of items such as household paints, dyes and stains, motor oils, gasoline, old electronics, non-controlled substance pharmaceutical waste and much more. For more information on times and acceptable disposable items, please visit [cityofwestland.com](http://cityofwestland.com)



## Tell Your Story

### **Delores Williams:**

I was born September 8th, 1937 to Rev. Charlie Mamon Johnson and Bessie Mae Barlow-Johnson in Inkster, Michigan. I attended the Inkster Public Schools, Cleary College, and Wayne County Community College. There were 104 members in my high school graduating class of 1955. About 30 of those members are still living and I keep in touch with them. I enjoy cooking for family and friends, eating out, and family gatherings. I love God, my family, church family, and friends who are important to me.

I grew up in and was baptized at the age thirteen at the Amity Baptist Church of Inkster Michigan, under the pastor ship of Rev. W.C. Johnson. I directed and played for the Young Peoples Choir. On Easter Sunday, 1968, I joined the Peoples Community Missionary Baptist Church in Westland Michigan. During my time there, I directed and played for the children's choir, packed food boxes for mission, taught Sunday school, and sang in the choir.

I met my husband Robert Lewis Williams Sr while vacationing in Los Angeles, California for three weeks, visiting my sister, Nettie. In the third week of my vacation, Robert asked me to marry him. I said yes and returned to Michigan in November, 1960. Robert came to Michigan with my sister in January 1961. We got married January 28, 1961 and our son Robert Lewis Williams II was born November 10, 1961.

My first job was a Clerk at the Inkster Hardware Store in 1955. I started working for the Federal Government with the Veterans Administration at the Veterans Hospital of Ann Arbor. When I moved to Los Angeles, California I worked for the Brentwood Veterans Hospital and the Wadsworth Veterans Hospital. When my husband and I moved back to Michigan, I worked for the Veterans Hospital of Allen Park and retired after 33 years in May of 1990.

I moved here at Our Saviour's Manor on October 6, 2004. They were trying to fill up the building, so I had the opportunity to choose the apartment I wanted and still live in. I love living here at Our Saviour's Manor. I think all of the staff here are awesome! I wouldn't mind living here until the Lord calls me home.



# The Senior Advocate.

By Lynn Alexander,  
Vice President of Public Affairs

## OLDER AMERICANS MONTH 2022

It is that time of year once again. Although spring seems to be slow in coming, senior providers are ready to go with our annual tribute to Older Americans Month in May and the chance to highlight the accomplishments and needs of our aging population. Seniors saved our country from tyranny and supported our schools, libraries, emergency responders and our communities in general. They still volunteer to help our society in so many ways as citizens, parents and grandparents.

The theme at the national level is AGE MY WAY 2022. Indeed, as we have many more older adults living their best life possible it has become apparent that there are many ways to do so.

Although many are running marathons and reinventing their careers, others may have challenges which we can assist in conquering.

In Michigan there are several ways in which we will celebrate:

**PACE DAY AT THE CAPITOL (LAWN)** will be an in-person event to highlight the great success of PACE in Michigan and to advocate for support of these life enhancing programs.

Legislators will be in attendance so there will be an opportunity to share policy recommendations with influencers. For information go to their website at

[www.pacemichigan.com](http://www.pacemichigan.com)

**OLDER MICHIGANIANS DAY** will be held May 11th virtually which will also have a Senior Action Week. Once again, this is an important venue for making known the importance of supporting our senior population. The host for this event is the Michigan Association of Area Agencies on Aging. For information go to their website at [www.4ami.org](http://www.4ami.org)

These organizations are also asking all of us to contact legislators to ask that they continue to address these issues. Members of Congress and Michigan legislators have been supportive.

Let's further that work as a state and a society.

**OLDER  
AMERICANS  
MONTH**



**AGE MY WAY: MAY 2022**



# Mike's Maintenance Tips

By Michael Hooton,  
Maintenance Technician

## Fire Safety Reminders!

If and when a real fire were to happen at our building there are a few rules you, as a resident, **MUST** follow:

1. If you are to discover a fire, pull the fire alarm.
2. Immediately evacuate the building.
3. Exit the building using the nearest exit or stairway. **DO NOT** attempt use the elevator.
4. Exit the building and proceed north to the sidewalk on Annapolis Rd then continue east to the Church driveway.
5. **DO NOT** attempt to go back into the building until the Fire Department clears the building for reentry. They will say, "All Clear"
6. Once you are safely away from the building. Call 911.



### *A Few Reminders:*

- *Please make sure the dryer lint cleaner is being emptied after each use.*
- *Do not open the washers and dryers before your cycle is completed, It can cause the machine to stop working and will need to be reset.*
- *No Candles, Small Candles for oils, or Incense to be burned in the apartments or building.*
- *Tis the season for our Tornado and Fire drills – All residents must participate*



*Dial 1 -734-740-4777*

*For after-hours maintenance emergencies  
For Medical Emergencies, please dial 9-1-1*



## Katelyn's Column

By Katelyn DeHart,  
Administrative Assistant

### Mental Health Awareness Month

May is Mental Health Awareness Month. In recognition, here are 5 ways to improve your mental health:

- **Play Mind Games:** The brain needs stimulation to stay sharp and avoid decline as we age. Brain games can help sharpen thinking skills such as processing speed, planning skills, reaction time, decision making and short-term memory. This can include reading, writing, puzzles, games, and learning new skills.
- **Physical Activity:** Taking a walk, exercising, and any physical activity is a benefit both to the mind and the body by boosting confidence and reducing the risk of falls. Staying active and getting enough exercise is important for seniors' mental health and well-being.
- **Connect with Friends:** For older adults, keeping in touch with the important people in their lives can help to keep away loneliness and feelings of isolation that can lead to depression, as well as mental and physical decline.
- **New Hobbies:** Everyone has a personal wish list of dreams and activities. Retirement is the perfect time for seniors to dust off their "bucket list" and pursue lifelong goals, be it gardening, sewing, painting or cooking! Now is the time to learn something new and challenge yourself.
- **Volunteering:** Many seniors find fulfillment in volunteering for a worthy cause. With no shortage of organizations in need of support, there are many opportunities for older adults to get involved, and in turn, feel valued and needed. For someone looking to donate their time after retirement, volunteering can offer a number of additional benefits that enhance seniors' physical, emotional and mental health.

Source: <https://salmonhealth.com/blog/senior-mental-health/>

Mental  
Health  
Awareness  
Month



# May Birthdays 2022

## Happy Birthday!!!



Luz Robinson – May 3<sup>rd</sup>  
 Jessie Clark – May 16<sup>th</sup>  
 Mary Bennett – May 23<sup>rd</sup>

Happy Mother's Day		MEMORIAL DAY REMEMBER AND HONOR		May 2022			OLDER AMERICANS MONTH AGE MY WAY: MAY 2022	Mental Health Awareness Month
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
01 May is observed as: Older Americans Month Asian American Month Mental Health Awareness Foster Care Month National Blood Pressure Month National Photograph Month	02 Weekly Reminders Week 1: Nurse's Week Week 2: Wildflower Week Week 3: National Police Week 4: Emergency Medical Services Week	03 Happy Birthday Luz Robinson! 12:00 PM Administrator's Resident Meeting & Birthday Celebration	04 11:00 AM Focus Hope 2:45 PM Bible Study w/Elder	05 10:00 AM Walmart	06 4:00 PM BINGO	07 5:00 PM The Gathering Church Mother's Day Dinner Mother's Day CELEBRATION		
08 Happy Mother's Day	09 11:00 AM Trip To Blocks Farm Market	10 2:30-3:30 PM Americorps Zoom Meeting 4:30 PM OSM Board Meeting	11 2:45 PM Bible Study w/Elder Josiah Jones BIBLE Study	12 10:00 AM Kroger	13 12:00 - 3:00 PM Arts & Craft 4:00 PM BINGO	14 Schwan's will be delivering May 6 & May 20 @ 2:30 PM Schwan's		
15	16 8:30 AM Forgotten Harvest Trip with Josiah Jones FORGOTTEN HARVEST Happy Birthday Jessie Clark!	17 11:00 AM COVID Vaccine Clinic	18 2:45 PM Bible Study w/Elder Josiah Jones BIBLE Study	19 10:00 AM meijer 1:00 PM Oak Street Bingo OAK STREET HEALTH BINGO	20 4:00 PM BINGO	21		
22	23 Happy Birthday Mary Bennett! HAPPY BIRTHDAY	24 11:00 AM Rehabilitation Master Event	25 2:30 PM Bible Study w/Elder Josiah Jones BIBLE Study	26 11:00 AM Famous Dave's Legendary Pit Bar-B-Que 2:30 - 3:30 PM Americorps Zoom Meeting	27 1:00 PM Bingo with PACE PACE SOUTHEAST MICHIGAN BINGO	28 Schedule your bus ride with Nankin. Call 734-729-2710 Schedule a Ride		
29	30 Offices Closed MEMORIAL DAY HONORING ALL WHO SERVED	31 MJR Theater Name & Time TBD MJR DIGITAL CINEMAS It's More Fun at MJR	01	02	03	04		

# May Recipe

## CORNED BEEF OVEN BBQ STYLE



### *INGREDIENTS*

- 1 CORNED BEEF BRISKET (3 POUNDS)
- 1 CHOPPED ONION
- 4 LARGE CARROTS, SLICED
- 3 CELERY STALKS, SLICED
- 2 TBSP BUTTER
- 1 TBSP MUSTARD
- 1/3 CUP BROWN SUGAR
- 1/3 CUP KETCHUP
- 3 TBSP VINEGAR
- 3 TBSP WATER

### *INSTRUCTIONS*

1. ADD BRISKET, ONION, CELERY, AND CARROT TO CROCK POT
2. COOK ON LOW 8 HOURS
3. REMOVE BRISKET AND PLACE IN 8 X 8 BAKING DISH
4. MIX SAUCE INGREDIENTS, BUTTER, MUSTARD, BROWN SUGAR, KETCHUP, VINEGAR, AND WATER.
5. POUR SAUCE OVER COOKED CORN BEEF BRISKET.
6. BAKE IN OVEN AT 350 DEGREES FOR 30 MINUTES.
7. SERVE.

### *ENJOY*

Servings: 6

# Monthly Word Search



## Mother's Day

Second Sunday of May

G	T	O	A	N	O	I	T	A	I	C	E	R	P	P	A
D	E	T	O	V	E	D	C	W	G	A	E	R	A	H	S
E	N	E	A	M	L	O	A	E	U	S	T	F	I	G	T
T	D	A	O	O	M	R	N	I	I	O	C	W	I	S	E
H	E	M	V	F	M	O	S	I	D	H	O	S	U	T	P
E	R	E	O	S	H	B	R	E	A	K	F	A	S	T	R
B	E	R	R	P	R	T	I	R	N	O	U	P	M	E	O
E	T	Y	E	G	R	E	M	A	C	H	E	O	L	T	T
S	E	L	R	C	N	I	W	M	E	R	E	U	M	R	E
T	E	E	A	E	N	I	A	O	F	O	F	S	O	E	C
T	N	N	R	G	L	T	V	U	L	I	T	E	T	T	T
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M	O	A	E	O	T	E	U	E	J	U	O	K	C	A	T
J	L	A	G	R	B	I	I	N	H	U	O	F	E	L	N

APPRECIATION  
BEAUTIFUL  
BREAKFAST  
CANDY  
CHARMING  
COMFORT  
DEVOTED  
FLOWERS  
FORGIVING  
GIFTS

GUIDANCE  
HUGS  
JEWELRY  
JOY  
KISSES  
LAUGHTER  
LOVE  
MATERNAL  
MOM  
MOTHER

NURTURE  
PERFUME  
PROTECTIVE  
SHARE  
TELEPHONE  
TENDER  
THE BEST  
WARM  
WISE





## May Observances & Fun Facts:

### May is observed as

- Older Americans Month
- Asian American Month
- Mental Health Awareness Month
- Foster Care Month
- National Blood Pressure Month
- National Photograph Month

### Weekly Reminders

- Week 1: Nurse's Week
- Week 2: Wildflower Week
- Week 3: National Police Week
- Week 4: Emergency Medical Services Week

## May Flower and Birthstone



Flower = Lily of the Valley



Gem = Emerald



### FREE NOTARY Services

Provided  
To All of Our OSM  
Residents



The Village of  
**Our Saviour's  
Manor**

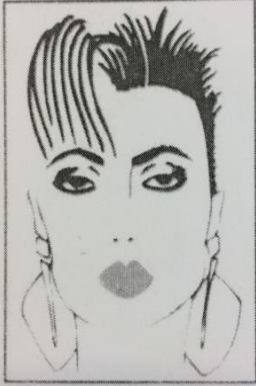
A SENIOR LIVING COMMUNITY  
A Mission of Presbyterian Villages of Michigan,  
Wellspring Lutheran Services and  
The Lutheran Church of Our Saviour

### OSM Board Members

- Johnnie Jackson, Board Chair
- Dereka McClay, Vice Chair
- Rev. David Huber, Treasurer
- Natalie Brothers, Member
- Carolyn Kimbrough, Member
- Michelle Williams, Member
- Myra Davenport, Member
- Judy Piccininni, Member

## OSM Local Sponsors:

313-671-5555



Paulette Styles

### Helpful Resources

#### Transportation

Nankin Transit (Serving Wayne, Westland, Garden City, & Canton)  
(734) 729-2710  
Smart ADA (313) 223-2100

#### Senior Agencies

The Senior Alliance (Wayne/Westland) (734) 722-2830

#### CareSync Solutions

Home Healthcare Services (248-773-4550)

**BEAUTY SHOP IS OPEN!!!**

**Please give Paulette or Genie a call to set your appointments.**

## Become a Fan of OSM on Facebook

How to Become a Fan:

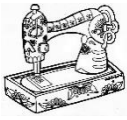
- 1) Visit [www.facebook.com](http://www.facebook.com) and log-in your account. If you do not have an account, click "Sign Up" button to create one.
- 2) In the Facebook search toolbar, type in "The Village of Our Saviour's Manor or go to [facebook.com/The Village of Our Saviour's Manor](http://facebook.com/The Village of Our Saviour's Manor)
- 3) Click on the "Like" button to become a fan of OSM

Those already active on Facebook explore our new page and invite our friends and family to "Like" us!

## The Village of Our Saviour's Manor



## OSM Classifieds:



### *OSM Gifted Hands:*

These wonderful volunteers use their sewing skills and talents to make items such as blankets, pillows, dolls and even giant teddy bears. All items are given away to organizations such as the Westland Good fellows, Salvation Army, Homeless Shelters and Covenant House. If you can use a sewing machine or stuff a pillow and would like to volunteer and be a part of OSM Gifted Hands, please see Ms. Louis Rush or Ms. Alice Finley.



### *OSM Compassionate Hearts:*

If you have a heart for people, we're looking for volunteers to join OSM Compassionate Hearts. Compassionate Hearts are a group of residents that volunteer to visit their fellow neighbors while hospitalized or in rehab. You will be surprised what a friendly face, a warm hug, prayer and a loving smile and will do for someone.



### *OSM Growing Hands:*

Do you like to garden and get your hands dirty? Well come and join are gardening volunteers, OSM Growing Hands. This group volunteers to work in and care for our new garden. We're praying that OSM Growing Hands garden will produce enough vegetables to help feed those in our community. If you have a green thumb and would like to volunteer please see Ms. Alice Finley



### *OSM Caring Hands:*

We are in need of volunteers for our homeless project. Please see Ms. Margo Taylor if you're looking to join OSM Caring Hands. This group volunteers to crochet blankets and create pillows using plastic grocery bags known as plarn. We are also in the process of raising funds to be able to purchase items to make toiletry bags to pass out to the homeless. Let's not forget our fellow man and reach out to those less fortunate than ourselves.



### *OSM Fisherman:*

Love to fish? This is the group for you! OSM Fishermen is a group of residents that enjoy being at the lake and casting their rods. If you ever wanted to try your hands at fishing, please come and join this group.

## Village Staff

### Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

[www.pvm.org](http://www.pvm.org)

**Graziella Bruner**  
*Housing Administrator*

**Katelyn DeHart**  
*Administrative Assistant*

**Kesha Akridge**  
*VP of Housing Operations*

**Office Number**  
**Emergency Number**  
**Fax Number**  
**Service Coordinator**

**Michael Hooton**  
*Maintenance Tech*

**Alisa Loveday**  
*Service Coordinator*

**Jessie Clark**  
*Resident Volunteer*

**(734) 595-4663**  
**(734) 740-4777**  
**(734) 595-2222**  
**(734) 722-9763**



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)



A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan, Wellspring Lutheran Services and The Lutheran Church of Our Saviour

29495 Annapolis Road  
Westland, Michigan 48186

*Congratulations!*

You are being recognized because "What you did mattered!":

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*Thank you for what you did!*

Employee Name: \_\_\_\_\_

Person Recognizing Employee: \_\_\_\_\_

Date: \_\_\_\_\_

\*\* Please turn this card into Village Administrator for a chance to win a prize \*\*

ACCOUNTABILITY • LISTENING • RELATIONSHIPS • RESPECT



**Embrace the possibilities**

**Is there someone on staff that you would like to acknowledge for their work? Please complete this form and turn it into the office. They might win a prize!**