



Village Voice



Embrace the possibilities

2950 E. Twelve Mile Rd. • Warren, Michigan 48092 •

August 2019

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SHINING STAR: RECOGNIZE GOOD STAFF

Just like we have the Golden Frog Award to recognize good neighbors at Warren Glenn, we also have a program throughout Presbyterian Villages of Michigan to recognize good staff. You can nominate someone or everyone from your Village: Anne, Stacey, Emmi and Mark who think is a great part of our community. (Denise is not eligible because she is an employee of National Church Residences.) The short nomination forms are in the office.

All of the staff members recognized by Warren Glenn residents or their families will be invited to the Annual Shining Star Dinner and will be in the running to be selected as a category winner (Administrator, Administrative Assistant, Housekeeping, Maintenance Tech) for all of PVM.

It is a good way to recognize excellence and to show that you appreciate the people who staff the Village and work to make it shine!



The Village of
Warren Glenn

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



Happiness is a butterfly, which when pursued, is always just beyond your grasp, but which, if you will sit down quietly, may alight upon you.

Nathaniel Hawthorne



Running the Village of Warren Glenn

A comment from the Resident Survey was that **Anne sits behind the computer all day!** I usually am working on the computer in order to run the building. Running the building means:

1. Budgeting – A budget is a plan for what money comes into the building from rent and HUD payments and what money goes out of the building for monthly expenses. Our operating budget is \$459,130 per year. I submit a budget to HUD that is three inches high!
2. Planning for capital improvements – We are granted \$5,700 per month in a separate fund for major repairs. The roof, sidewalks, boiler, chiller, hot water tanks, apartment appliances, windows, doors and cabinets must be fixed or replaced periodically through a plan, the Capital Needs Assessment.
3. Carrying out budgets and plans – Each year we contract with vendors for lawn cutting, snow removal, fire safety, etc. Each week I authorize expenses – sign and code the bills so that checks are sent out and spending records are kept properly. I write a report each month that analyzes monthly spending: Is it on track or did we have unforeseen expenses? If so, how will I handle it? For capital improvements of a certain amount, we get three bids and then submit them to HUD for their approval.
4. Auditing – Every year PVM hires an accounting firm that looks at each village to make sure that we spent money properly. Administrators send the firm any and all information that they request.
5. Supervising employees – We have a good team now at Warren Glenn. First and foremost, I hire and fire staff. I direct and assist staff in any way I can to make their work go smoothly as well as authorize time sheets, do yearly evaluations and promote the Shining Star staff recognition program.
6. Working with residents – I answer questions, encourage people, write up rule infractions and discuss issues. We have periodic resident meetings and activities committee meetings. I do the newsletter with Diane and Stacey and plan the Resident Christmas Party. I also assist family members.
7. Working with potential residents – I answer people's questions about the village, give tours and do home visits. I do monthly reports about vacancies and turnovers and am responsible for filling the village.
8. Fundraising – Every year we raise money during *Friends & Family* by having an event for residents. The money pays for the Christmas party. I also attend the PVM fundraiser in the fall.
9. Working with public officials – We have at least four meetings a year with local, state or federal officials in order to build relationships so that they know what seniors need.
10. Other – I work in the gardens, decorate for the holidays and improve the appearance of the building.

My job requires periodic meetings and training that includes: Village Administrator Meetings, Board of Directors Meetings, Audit Meeting, Diversity and Inclusion Committee Meetings, Governance Summit, Employment Seminar, Fair Housing Seminar and on line training on sexual harassment, workplace violence, cyber safety and medical privacy.

So in a nutshell, that is what I am doing when **I sit behind the computer all day!** Yours, *Anne Lilla*

Activities Suggestion Box in Library

The Activities Suggestion Box is in the library. Use the form provided and place it in the box. The Golden Frog Award winner is chosen from your suggestions at the activities meeting the second Thursday of the month. Suggestions received by August 7th will be considered for September. Once a suggestion is made but not chosen, it will be kept for consideration for the following months so you do not have to keep repeating your suggestion.



LOOKING FORWARD

The committee has some special events planned for the future.

October: Ethnic Festival Celebrate diversity at Warren Glenn with food and friendship.

October 25: Halloween Party Start planning your costume now.

Fall 2019: Games Night with a variety of games and prizes

November 28: Thanksgiving Dinner We have people who will prepare the meal and set up the tables BUT we need someone to volunteer to oversee the serving of the dinner and the clean-up. Let us know if you are willing to be that helper.

December 7: Sponsored by the Women's Committee of First Presbyterian Church, an Advent Celebration. Snacks, crafts, caroling and the Christmas tree lighting. Please invite your family to attend.

New Year's Eve: Dinner and party with games and more. Welcome 2020 with joy and prayer.

Winter 2020: Travelogue with Mac. Join the Hawaiian party as Mac shares stories and photos of his Hawaiian vacation.

We need your suggestions for other events and we will try to make it happen.

Note: From now on, the birthday party will be held the first Thursday of the month.

GOLDEN FROG WINNER AUGUST 2019

PENNY McKELLER, #236

Penny is always there to lend a hand or give someone a ride when needed. Her sweet smile and wonderful spirit of Christian charity is there for all to see.

Congratulations and thank you, Penny for being such a good neighbor. You are indeed precious.

HUNTING FOR EUCHRE PLAYERS!

Dann Federico (208) and Lois Eckhout (124) would like to put together a few tables of euchre players on Monday evenings

If you are interested, let's meet on Monday, August 5 at 6:00 p.m. in the Wellness Room to discuss it and create some rules and arrangements.

Here is to some fun and camaraderie!

ACTIVITIES COMMITTEE UPDATE

The monthly dinners seem to be enjoyed by all who attend and we are happy to be able to do them for the residents. We have a Residents' Fund that supports these dinners, the birthday parties and paper supplies.

The problem is that the treasury keeps getting smaller and needs to be refilled regularly or we won't have the funds to support these activities.

If you go to any fast food restaurant, you will pay \$6.99 or more for the smallest combo meal. It costs around \$5.00 per person to prepare a dinner at Warren Glenn.

Even when we have a potluck, money is spent on paper supplies and meat. Some people help by bringing desserts and that covers their donation but there are others who can't or won't make a comparable donation.

We don't charge a set fee for the dinners because we do not want anyone to miss out because they don't have enough money. We would, however, like you to think about what would be a fair amount for you to donate so we can continue these activities.

Thank you.

The Activities Committee

INTRODUCING A NEW RESIDENT: HOPE

Hope Dawayen, #135, is our newest resident and is happily getting settled into her new home. She enjoys how nice and large the apartment is compared to her previous home.

Hope was born and raised in the Philippines and immigrated to the United States in 2008. She is a U.S. citizen. Two of her children, a son and a daughter, live in the Philippines and one daughter lives in this country.

Hope joined us at the July birthday party and a Thursday Bible Study and was so pleased that everyone made her feel welcomed.

We are glad to have Hope join our Family here at Warren Glenn.



JOKES

The best way to forget all your troubles is ...to wear tight shoes!

The older you get, the tougher it is to lose weight because by then, your body and your fat are really good friends.

I read this article that said the typical symptoms of stress are eating too much, impulse buying and driving too fast. Are they kidding? That is my idea of a perfect day.

BRAIN TEASERS

What can travel around the world while staying in a corner?

What is greater than God,
More evil than the devil,
the poor have it,
the rich need it,
and if you eat it, you'll die?





It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

On Friday, June 21st twenty-two PVM senior living communities gathered at the Suburban Collection Showplace in Novi to vie for the coveted Village Victory Cup trophy. Throughout this fun-filled day of camaraderie and friendly competition, residents competed against one another in a variety of games that included the *Wellness Walk*, the *Puzzler*, the *Kick-a-Roo*, the *Hoop Shoot*, the *Beanbag Toss*, a *Poetry Contest* and of course the *Balloon Volleyball* tournament.

In one of the closest contests ever in the 14 year history of the event, the Village of Oakland Woods emerged victorious securing the win by a mere 6.26 points. In addition, for the second year in a row, the Village of Oakman Manor won the Spirit Award. Full of energy and on their feet nearly the entire day, the OG's (as they like to refer to themselves), not only cheered for their own team, they cheered for their competitors too. What a great show of sportsmanship!

Also repeating as champion was the Village of Spring Meadows, claiming the Virtual Village Victory Cup trophy by a slim 14.58 points. Communities that participate in the Virtual Village Victory cup are located 100 or more miles from the PVM Home Office and play the games at their respective communities. They report their results to the PVM Wellness Department, who compiles them to determine the winner.

Collectively, between the Village Victory Cup and the Virtual Village Victory Cup, 370 residents from 28 communities supported by over 100 staff and 70 volunteers participated this year, making it the biggest combined event yet.

If you have never participated in either the Village Victory Cup or Virtual Village Victory Cup, but would like to get involved, please let your Administrator know. It's not too early to make your intentions known. Word on the street is that some teams are already practicing for 2020!



RESIDENTS GIVE GENEROUSLY

When Dann Federico asked the residents of Warren Glenn to donate empty egg cartons for his church's food program and empty medicine bottles for Doctors without Borders and World Medical Relief, he had no idea that people would participate so generously and quickly.

In 23 weeks, Village residents contributed 243 egg cartons and 543 medicine bottles.

He wants to thank you for helping out and encourage you to keep up the good work and continue to drop off egg cartons and medicine bottles with the labels removed to his apartment, #208.

WELCOME JULIE LOMBARDO

Please welcome beautician Julie Lombardo who is subbing for Gloria Blood for the next two months.

She is available on Thursdays. Make an appointment on the sheet at the beauty shop entrance.

Enjoy – it certainly makes you feel good to get your hair done, doesn't it?

AUGUST DINNERS



August 24 at 5:00 p.m. Community Room

Barbecue Ribs and Chicken by Sherita

Please bring a side or dessert
Suggestion: Salads, beans, mac & cheese,
corn bread, watermelon, etc.

You get the idea! Let's have a feast!

Suggested donation:
A side dish and \$2 towards the meat.

50/50 Drawing

Sign-up in the mail room.



SHOPPING TRIPS

Our bus leaves every Wednesday at 12:30 p.m. for food shopping.

The destination changes every week and there a fee of \$2 payable in the office. Sign up in mailroom. Every resident is welcome to sign-up. Eight people can go at a time. If more people want to shop, an alternate day may be arranged.

SUPPER CLUB

The group is going to a fabulous and beautiful Polish restaurant in Troy called, *Polka*, on Thursday, August 15 at 4:00 p.m. Sign up in the mailroom.

OUT & ABOUT WITH LAWANDA

Weather permitting, the group will take a drive to Belle Isle on Friday, August 30 at 11:00 a.m. See the changes to the island since it became a state park. And see the beauty that has always been there. The group will also stop for lunch. Sign up in the mailroom.



All residents invited to the August Birthday Party
Thursday, August 1 @ 3 PM in the Community Room.

Cake, Ice Cream and Beverage will be served.

Announcement of Golden Frog Award Winner

Followed by "BIRTHDAY BINGO"

Come Join the Fun!



The Senior Advocate.

By Lynn Alexander,
Senior VP & Chief Marketing Officer

No Excuse for Elder Abuse

For some time now the State of Michigan and providers have focused on the rampant crime of elder abuse. Thus, we created a slogan which is easy to remember with a hotline to call. ***No Excuse For Elder Abuse*** can be reached at the toll free number (855) 444-3911. Presbyterian Villages of Michigan has played a role in developing protocols for reporting and prosecuting at the state level. We have also supported the publishing of materials and hosted major trainings in our area.

The Area Agency on Aging 1B, along with Neighborhood Legal Services Michigan have recently published good information on what elder abuse is and how to detect it. Chances are you may know someone who is being abused. Elder abuse is much harder to detect in many cases than child abuse since there is no school system to assist with detection. Here are some of the facts:

Elder Abuse is a crime that is committed against older adults. It is the most pervasive and underreported crime across the nation. Anyone can be abused; but vulnerable adults are most at risk. Warning signs can include social isolation, confusion, depression, dehydration, being undernourished, poor hygiene, bedsores, difficulty sleeping, not receiving appropriate health care, or changes in finances or documents. One major sign is when someone in charge of their care finds ways to prevent them from seeing others.

For adult caregivers it is important to keep a close eye on your loved one's physical condition as well as their finances. It is not good to be too trusting. In one instance an older brother had total control of his mother's finances. She owned a beautiful and valuable home and had been comfortable financially. This son had a history of being quite responsible and had an excellent career. Suddenly his life took a downward spiral – loss of job, divorce and mental health issues. By the time his siblings realized what was going on their mother's finances were in ruins; and her home was close to going into foreclosure. In many cases it is good to require two signatures for checks. Also, do not leave checkbooks and financial documents sitting around. If you are using caregivers properly vet them or use a service. Make sure you vet the service as well.

If you notice any of these signs of abuse in your friends or family members do not ignore them. You can report any suspicions anonymously. Also, if there are no issues, no harm is done. Once again to report suspected abuse CALL (855) 444-3911.

Answers to Brain Teasers: Stamp; Nothing

From the Service Coordinator

Denise Giallombardo, B.S.W., National Church Residencies

HUD requires that the Service Coordinator has a Resource Guide available to residents. Ours is in the computer room. It is a blue binder, chock full of resources from Housing, Transportation, Legal Help, Dental Assistance, Veteran’s Assistance and Food Pantries to name a few topics. You can take copies of the handouts in the binders for your use.

For this month, I would like to let you know about Low-Cost Transportation for Seniors. I get many requests for this service. There are three options that give senior discounts:

1. Smart Connector Bus: 1-866-962-5515. Press option 1 for the Connector then press option 1 to make a reservation. If you have a disability, you and your doctor can fill out an application (that I have) to qualify for a lower rate. Must call 6 days in advance for medical appointments and 2 days in advance for other destinations. Can go within a ten mile radius.
2. Shamrock Cab: (586) 777-1111. Cost: \$6.00 - \$10.00 / Round trip, under ten miles.
3. City of Warren / Parks and Recreation Bus: Must call 3 weeks in advance. (586) 268-0551 Medical appointments are considered number one priority. (\$4 / Round trip) Will take people to shopping malls, grocery stores, beauty shops and recreation centers. (\$2 round trip) Service area: Within city of Warren and Center Line and one mile outside of Warren.
4. City of Warren / Municipal Credit Tickets: For use with SMART transportation. Register at Owen Jaxx Rec Center, receive two-month allotment of tickets for SMART buses.

Come to the Service Coordinator Programs in August

THURSDAY	AUG. 8	PAPARAZZI JEWELRY	COMMUNITY ROOM	10:30 – 12:30
FRIDAY	AUG. 9	FOCUS HOPE	S COORD OFFICE	MORNING
TUESDAY	AUG. 13	DEB’S DOLLAR STORE	COMMUNITY ROOM	10:00-NOON
MONDAY	AUG. 19	MICHIGAN ATTORNEY GENERAL	COMMUNITY ROOM	2:00 – 3:30

First Presbyterian Church of Warren Inclusion Ministry

by Marijo Hockley

Bible Study, Every Thursday, Warren Glenn Community Room, 1:00 p.m.
We are working our way through the Epistles of Paul.

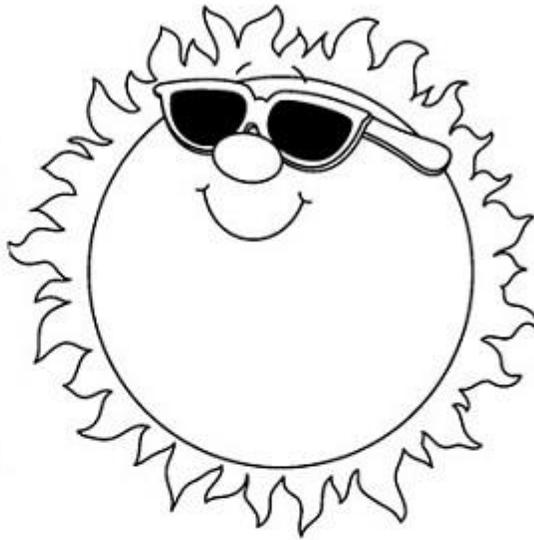
Communion Service, August 4, 1:00 pm - Warren Glenn Wellness Room.

Worship Service, August 18, 1:00 p.m., Warren Glenn Community Room.

Movie and Lunch, August 18, 2:00 p.m., Warren Glenn Wellness Room.
Bring a side, movie snacks, or a dessert to share. Submarine sandwiches provided. Movie - “Mama Mia”



Summer Word Search



W S U N S H I N E N Y U E L A
 M G A G W C S L A D N A S S M
 A N T A A I X F X A D L X T H
 E I K K T E L C I S P O P D N
 R M H L E H O L I D A Y S G B
 C M T A R Z G B V Q C P M T L
 M I M I M M O S Q U I T O S R
 T W R Q E U C I N C I P P G Y
 Z S A T L V A C A T I O N O M
 I U W T O B G Z O B J O Q M B
 L B F M N P O H F I P U F Z S
 H O T V W T Q Q G N I Y A L P
 L S U M M E R D E S C L A V I
 V A E C I R E W O L F N U S Z
 J U J O F D Y Y B E A C H W R

BEACH
 CREAM
 HOLIDAYS
 HOT
 ICE
 MOSQUITOS
 PICNIC
 PLAYING
 POPSICLE
 SANDALS
 SUMMER
 SUNFLOWER
 SUNSHINE
 SWIMMING
 VACATION

WARMTH
 WATERMELON



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 10:30am: Chiropractor 1-2pm: Bible Study 3pm: B-Day Party 6pm: Pokeno	2 6pm: Bingo	3 6pm: Pokeno
4 1pm: Communion	5 10:30am: Chiropractor 6pm: Cards	6 1pm: Bible Study 6pm: Bingo	7 10:30am: Chiropractor 11am: Communion 12:30pm: Shopping 6pm: Cards	8 10:30am: Chiropractor 10:30am: Jewelry Party 1-2pm: Bible Study 6pm: Pokeno	9 Focus Hope 6pm: Bingo	10 6pm: Pokeno
11	12 10:30am: Chiropractor 6pm: Cards	13 6pm: Bingo	14 10:30am: Chiropractor 11am: Communion 12:30pm: Shopping 6pm: Cards	15 10:30am: Chiropractor 1-2pm: Bible Study 4pm: Dinner Trip 6pm: Pokeno	16 6pm: Bingo	17 6pm: Pokeno
18 1pm: Worship 2pm: Movie & Lunch	19 10:30am: Chiropractor 2pm: Michigan Attorney General 6pm: Cards	20 6pm: Bingo	21 10:30am: Chiropractor 11am: Communion 12:30pm: Shopping 6pm: Cards	22 10:30am: Chiropractor 1-2pm: Bible Study 6pm: Pokeno	23 6pm: Bingo	24 5pm: BBQ Dinner
25	26 10:30am: Chiropractor 6pm: Cards	27 6pm: Bingo	28 10:30am: Chiropractor 11am: Communion 12:30pm: Shopping 6pm: Cards	29 10:30am: Chiropractor 1-2pm: Bible Study 6pm: Pokeno	30 11am: Belle Isle Trip 6pm: Bingo	31 6pm: Pokeno

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Number (586) 751-5090

Village Staff

Anne Lilla
Director

Stacey Klooster
Administrative Assistant.

Mark Benoit
Maintenance Tech

Emmi Parada
Housekeeper

WARREN GLENN BOARD MEMBERS

Malcolm McDougall, President
Betty Challenger Sister Mary Fagan
Marijo Hockley Mary Blaszak

Emergency / After Hours Number (586) 554-4008
Fax Number (586) 751-7876



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org



AUGUST BIRTHDAYS

4	Emmi Parada	Staff
4	Mary Blaczak	217
14	Willie Johnson	115
21	Donna Ramos	210
24	Josephine Danowski	128
26	Sonia Awad	142
29	Delores LeBlanc	204
30	Kaye Gawel	141



Embrace the possibilities