














Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p><b>KEY</b> AR-Activity Room CH-Chapel FC-Fitness Center LB-Lobby RT-Restaurant</p>	<b>ALL ACTIVITIES ARE SUBJECT TO CHANGE</b>					<p><b>1</b> 9:30 Bingo (AR) 1:30 Games (AR)</p> 
<p><b>2</b> Chapel Service 11:00 (CH)</p>	<p><b>3</b> 9:00 Cardio Express (FC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Crossword (AR) 2:30 Memoir Writing (AR) 6:00 Cards (AR)</p> 	<p><b>4</b> 9:00 Kroger LB) 9:00 Be ABLE (FC) 9:30 Tuesday Tea (AR) 10:30 Seated Exercise (AR) 1:30 Bingo (AR) 2:30 Knit-Sew group (AR) 2:30 Devotional/Bible (CH) 6:00 Euchre/Pinochle (AR)</p>	<p><b>5</b> 9:00 Be CALM (CH) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 UNO (AR) 2:30 BibleTrivia/Games (CH) 6:00 Bridge/Cards (AR)</p>	<p><b>6</b> 9:00 Drumming (CH) 9:30 Just for Men (AR) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 1:30 Snow Craft (AR) 2:30 InspirationalRead(CH) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)</p>	<p><b>7</b> 9:00 Power Hour (FC) 9:30 Women's Coffee &amp; Manicures (AR) 10:30 Seated Exercise (AR) 1:30 Armchair Travel (AR)</p> 	<p><b>8</b> 9:30 Bingo (AR) 1:30 Games (AR)</p>	
<p><b>9</b> Chapel Service 11:00 (CH)</p>	<p><b>10</b> 9:00 Cardio Express (FC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Word Games (AR) 2:30 Memoir Writing (AR) 6:00 Cards (AR)</p>	<p><b>11</b> 9:00 Kroger (LB) 9:00 Be ABLE (FC) 9:30 Tuesday Tea (AR) 10:30 Seated Exercise (AR) 1:30 ResidentAssocMt(RT) 6:00 Euchre/Pinochle (AR)</p> 	<p><b>12</b> 9:00 Be CALM (CH) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 11:30 Men's Lunch (LB) 1:00 Make a Blanket (CH) 1:30 Cover that no. (AR) 2:30 BibleTrivia/Games (CH) 3:00 Book Club (AR) 6:00 Bridge/Cards (AR)</p> 	<p><b>13</b> 8:30 B'fast w/Chaplain(LB) 9:00 Drumming (CH) 9:30 Just for Men (AR) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 1:30 Craft (AR) 2:30 InspirationalRead(CH) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)</p>	<p><b>14</b> 9:00 Power Hour (FC) 9:30 Women's Coffee &amp; Manicures (AR) 10:30 Seated Exercise (AR) 1:30 Bunco (AR) 4:15 Candlelight Concert(LB)</p> 	<p><b>15</b> 9:30 Bingo (AR) 1:30 Games (AR)</p> 	
<p><b>16</b> Chapel Service 11:00 (CH)</p>	<p><b>17</b>                    2:30 Memoir Writing (AR) 6:00 Cards (AR)</p>	<p><b>18</b> 9:00 Kroger (LB) 9:00 Be ABLE (FC) 9:30 Tuesday Tea (AR) 10:30 Seated Exercise (AR) 1:30 Motown Bingo (AR) 2:30 Devotional/Bible (CH) 6:00 Euchre/Pinochle (AR)</p>	<p><b>19 Popcorn Day</b> 9:00 Be CALM (CH) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Motown Documentary(AR) 2:30 BibleTrivia/Games (CH) 6:00 Bridge/Cards (AR)</p>	<p><b>20</b> 9:00 Drumming (CH) 9:30 Just for Men (AR) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 1:30 Birthday Entertain (CH) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)</p> 	<p><b>21</b> 9:00 Power Hour (FC) 9:30 Women's Coffee &amp; Manicures (AR) 10:30 Seated Exercise (AR) 11:30 Pizza Lunch (LB) 1:30 Armchair Travel (AR)</p>	<p><b>22</b> 9:30 Bingo (AR) 1:30 Games (AR)</p>	
<p><b>23/30</b> Chapel Service 11:00 (CH)</p>	<p><b>24/31</b> 9:00 Cardio Express (FC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Word Games (AR) 2:30 Memoir Writing (AR) 6:00 Cards (AR)</p> <hr/> <p><b>Inspire Heart w/Art Day</b> 1:30 Art Tour (AR)</p>	<p><b>25</b> 9:00 Walmart (LB) 9:00 Be ABLE (FC) 9:30 Tuesday Tea (AR) 10:30 Seated Exercise (AR) 1:30 Bingo (AR) 2:30 Knit-Sew group (AR) 2:30 Devotional/Bible (CH) 6:00 Euchre/Pinochle (AR)</p>	<p><b>26</b> 9:00 Be CALM (CH) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 11:30 Women's Lunch (LB) 1:30 UNO (AR) 2:30 BibleTrivia/Games (CH) 6:00 Bridge/Cards (AR)</p> 	<p><b>27</b> 9:00 Drumming (CH) 9:30 Just for Men (AR) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 1:30 Valentine Craft (AR) 2:30 InspirationalRead(CH) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)</p>	<p><b>28</b> 9:00 Power Hour (FC) 9:30 Women's Coffee &amp; Manicures (AR) 10:30 Seated Exercise (AR) 1:30 Show &amp; Tell (AR)</p> 	<p><b>29</b> 9:30 Bingo (AR) 1:30 Games (AR)</p>	