

March 2018

Sun	Mon	Tues	Wed	Thu	Fri	Sat
				1 Wear Orange For MS Day  9:00 Better Balance (FC) 9:00 Kroger (LB) 10:00 Men's Coffee Hour (CM) 10:00 Crossword (BD) 11:00 Rosary (CH) 11:00 Billiards (CM) 1:30 Chinese New Year Tasty Thursday (CH) 3:00 Inspirational Read (CH) 4:00 Harborlights (CH) 6:00 Pinochle (CH)	2 Banana Cream Pie Day 9:00 Mandala Coloring (CH) 9:00 Circuit Training(FC) 9:30 Manicures (CH) 9:30 Women's Coffee Hr (CH) 11:15 Tai Chi Stretch (CH) 1:30 Bingo (CH) 2:30 Balloon Volleyball (CH) 	3 9:30 Bingo (CH) 10:30 Learn to Knit(CH) 1:30 Sing-a-long (CH) 2:15 Cover that No(CH)
4 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH)	5 National Cheese Doodle Day 9:00 Bingo (CH) 9:00 Heart Smart Exercise (FC) 10:00 Pictionary (CH) 11:15 Stretch & Relax (CH) 1:30 Word Games (CH) 2:30 Arthritis Exercise (CH) 3:00 Bible Study (CH) 6:00 Bridge (CH) 	6 9:00 Arthritis Fitness (FC) 9:00 Walmart (LB) 9:30 Bingo (KD) 10:30 Cover that Number (KD) 10:45 Catholic Service (CH) 11:30 Indoor Walk Club (LB) 1:30 Crossword (CH) 1:30 Walgreens (LB) 2:30 Seated Tai Chi (CH) 2:30 Building & Grounds (CM) 3:00 Bags for Homeless (CH) 6:00 Pinochle (CH)	7 9:00 Arthritis Tai Chi (FC) 9:30 Bingo (CH) 10:30 Chicks w/Sticks (CH) 11:15 Stretch & Relax (CH) 1:30 Culinary Com(CM) 1:30 Sing-a-long (CH) 3:00 Communication Mtg(CM) 3:00 Chapel Trivia (CH) 6:00 Euchre (CH) 7:00 Leader Dog (CH)	8 9:00 Better Balance (FC) 9:00 Kroger (LB) 9:00 Lunch w/Vets (LB) 10:00 Men's Coffee Hour (CH) 10:00 Crossword (BD) 11:00 Rosary (CH) 11:00 Billiards (CM) 2:30 Arthritis Exercise (CH) 3:00 Inspirational Read (CH) 4:00 Harborlights (CH) 6:00 Pinochle (CH)	9 9:00 Mandala Coloring (CH) 9:00 Circuit Training(FC) 9:30 Manicures (CH) 9:30 Women's Coffee Hr (CH) 11:15 Tai Chi Stretch (CH) 1:30 Bingo (CH) 2:30 Bean Bag Toss (CH)	10 9:30 Bingo (CH) 10:30 Learn to Knit(CH) 1:30 Sing-a-long (CH) 2:15 Cover that No(CH)
11 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 	12 9:00 Bingo (CH) 9:00 Heart Smart Exercise (FC) 10:00 Pictionary (CH) 11:15 Stretch & Relax (CH) 1:30 Word Games (CH) 2:30 Arthritis Exercise (CH) 3:00 Bible Study (CH) 6:00 Bridge (CH)	13 9:00 Arthritis Fitness (FC) 9:00 Meijer (LB) 9:30 Bingo (BD) 10:30 Cover that Number (BD) 10:45 Catholic Service (CH) 11:30 Indoor Walk Club (LB) 1:30 Resident Assoc (CH) 6:00 Pinochle (CH)	14 National Potato Chip Day 7-10:30am Omelet Station 9:00 Arthritis Tai Chi (FC) 9:00 Fr. Solanus Center (CH) 9:30 Bingo (CH) 10:30 Chicks w/Sticks (CH) 11:15 Stretch & Relax (CH) 1:30 Wheel of Fortune (CH) 2:30 Stand up for Fitness(CH) 3:00 Chapel Trivia (CH) 6:00 Euchre (CH)	15 9:00 Better Balance (FC) 9:00 Kroger (LB) 10:00 Men's Coffee Hour (CM) 11:00 Rosary (CH) 12:00 Birthday Dinner (DR) 1:30 Birthday Entertainment St. Pat's Party (CH) 3:00 Inspirational Read (CH) 4:00 Harborlights (CH) 6:00 Pinochle (CH) 	16 9:00 Mandala Coloring (KDR) 9:00 Circuit Training(FC) 9:30 Manicures (KDR) 9:30 Women's Coffee Hr (KDR) 11:15 Tai Chi Stretch (CH) 1:30 Bingo (CH) 2:30 Balloon Volleyball (CH)	17  HAPPY ST. PATRICK'S DAY 9:30 Bingo (CH) 10:30 Learn to Knit(CH) 1:30 St. Mary's Choir St. Pat's Celebration(CH) 

March 2018

Sun	Mon	Tues	Wed	Thu	Fri	Sat
18 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 5:00 Resident Pot Luck 	19 9:00 Bingo (CH) 9:00 Heart Smart Exercise (FC) 10:00 Pictionary (CH) 11:15 Stretch & Relax (CH) 1:30 Word Games (CH) 2:30 Arthritis Exercise (CH) 3:00 Bible Study (CH) 6:00 Bridge (CH)	20 National Ravioli Day 9:00 Arthritis Fitness (FC) 9:00 Walmart (LB) 9:30 Bingo (KD) 10:30 Cover that Number (KD) 10:45 Catholic Service (CH) 11:30 Indoor Walk Club (LB) 1:30 Crossword (KD) 2:00 Alzheimer's Support (CH) 2:30 Seated Tai Chi (KD) 6:00 Pinochle (CH) 	21 9:00 Arthritis Tai Chi (FC) 9:30 Bingo (CH) 9:30 MGM Casino (LB) 10:30 Chicks w/Sticks (CH) 11:15 Stretch & Relax (CH) 1:30 Wheel of Fortune (CH) 2:30 Stand up for Fitness(CH) 3:00 Chapel Trivia (CH) 3:30 Book Group (KD) 6:00 Euchre (CH)	22 9:00 Better Balance (FC) 9:00 Kroger (LB) 10:00 Men's Coffee Hour (CM) 10:00 Crossword (BD) 11:00 Rosary (CH) 11:00 Billiards (CM) 1:30 Easter Door hanger (CH) 2:30 Arthritis Exercise (CH) 3:00 Inspirational Read (CH) 4:00 Harborlights (CH) 6:00 Pinochle (CH)	23 9:00 Mandala Coloring (CH) 9:00 Circuit Training(FC) 9:30 Manicures (CH) 9:30 Women's Coffee Hr (CH) 11:15 Tai Chi Stretch (CH) 1:30 Bingo (CH) 2:30 Happy Hour (CH) 3:00 Horse Race (CH)	24 9:30 Bingo (CH) 10:30 Learn to Knit(CH) 1:30 Sing-a-long (CH) 2:15 Cover that No(CH)
25  National Waffle Day 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH)	26 9:00 Bingo (CH) 9:00 Heart Smart Exercise (FC) 10:00 Pictionary(CH) 11:15 Stretch & Relax (CH) 1:30 Word Games (CH) 2:30 Arthritis Exercise (CH) 3:00 Bible Study (CH) 6:00 Bridge (CH)	27 9:00 Arthritis Fitness (CH) 9:00 Meijer (LB) 9:30 Bingo (BD) 10:30 Cover that Number (BD) 10:45 Catholic Service (CH) 11:30 Indoor Walk Club (LB) 11:30 Men's Lunch (LB) 1:30 Crossword (CH) 3:00 Bags for Homeless (CH) 6:00 Pinochle (CH)	28 9:00 Arthritis Tai Chi (FC) 9:30 Bingo (CH) 9:30 Waterside Mall (LB) 10:30 Chicks w/Sticks (CH) 11:15 Stretch & Relax (CH) 12:00 Women's Lunch (LB) 1:30 Wheel of Fortune (CH) 2:30 Stand up for Fitness(CH) 6:00 Euchre (CH)	29  8:45 Hope for Hungry (LB) 9:00 Better Balance (FC) 9:00 Kroger (LB) 10:00 Men's Coffee Hour (CM) 10:00 Crossword (BD) 11:00 Rosary (CH) 11:00 Billiards (CM) 1:00 Tiger Opening Day (CH) 2:30 7 th Inning Stretch (CH) 3:00 Inspirational Read (CH) 4:00 Harborlights (CH) 6:00 Pinochle (CH)	30  9:00 Mandala Coloring (CH) 9:30 Manicures (KH) 9:30 Women's Coffee Hr (KH) 11:00 Good Friday Service (CH) 1:30 Bingo (CH)	31 9:30 Bingo (CH) 10:30 Learn to Knit(CH) 1:30 Inspirational Dance (CH) 

**PLEASE NOTE:
ALL ACTIVITIES & FITNESS CLASSES HAVE BEEN RELOCATED
DUE TO CONSTRUCTION!**

CH=Chapel
 FC=Fitness Center
 BD=Barnett Dining Room
 KD=Kirk Dining Room
 LB=Lobby
 MO=Marketing Office
 CM=Capman Hall

