
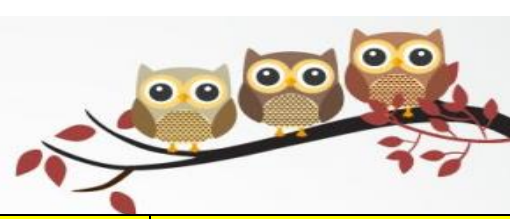



SEPTEMBER 2018



Sun	Mon	Tues	Wed	Thu	Fri	Sat
						1 9:30 Bingo (AR) 10:30 Learn to Knit(AR) 10:45 Sing-a-long (AR) 1:30 Sat. Matinee (AR)
2 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 1:30 Movie w/ Chaplain (AR)	3  HAPPY LABOR DAY! Friends & Family Visit	4 9:00 Arthritis Exercise (FC) 9:30 Bingo (AR) 9:00 Walmart (LB) 10:30 Pictionary (AR) 10:45 Catholic Service (CH) 11:30 Stability Ball Beat (AR) 1:30 Crossword (AR) 2:30 Building & Grounds (RT) 2:15 Beanbag Toss (AR) 2:30 Chicks w/ Sticks (AR) 3:00 Sing-a-long (AR) 6:00 Pinochle (AR)	5 8:00 Detroit Zoo (LB) 9:00 Tai Chi (CH) 9:30 Bingo (AR) 10:30 Chicks w/Sticks (AR) 11:15 Stretch & Relax (AR) 1:30 Wheel of Fortune (AR) 1:30 Culinary Mtg (RT) 2:30 Heart Smart (AR) 3:00 Communication Mtg (RT) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)	6 National Read a Book Day 9:00 Kroger (LB) 9:00 Better Balance (FC) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (LB) 11:00 Billiards (CA) 11:00 Rosary (CH) 1:30 Read a book (AR) 3:00 Inspirational Read (CH) 4:00 Harborlights Singing(CH) 6:00 Pinochle/Bridge (AR)	7 Pet-a-Pet 9:00 Manicures (AR) 9:00 Women's Coffee Hr (AR) 9:00 Circuit Training (FC) 11:15 Tai Chi Stretch (AR) 1:30 Bingo (AR) 1:30 Walk Club (LB) 2:30 Sing- a- long (AR)	8 9:30 Bingo (AR) 10:30 Learn to Knit(AR) 10:45 Sing-a-long (AR) 1:30 Sat. Matinee (AR)
9 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 1:00 Movie & Soda (AR)  HAPPY GRANDPARENTS DAY	10 8:00 Church Tour (LB) 9:00 Bingo (AR) 9:00 Core Training (CH) 10:00 Chicks w/Sticks (AR) 10:00 Cover that Number (AR) 11:15 Stretch & Relax (AR) 1:30 Word Game (AR) 1:30 Bible Study (CH) 2:30 Arthritis Exercise (AR) 6:00 Bridge (AR)	11 Ants on a Log Day 9:00 Coffee & Coloring (AR) 9:00 Better Balance (CH) 9:00 Meijer (LB) 9:30 Bingo (AR) 10:45 Catholic Service (CH) 11:30 Stability Ball Beat (AR) 1:30 Resident Assoc (CH) 6:00 Pinochle (AR)	12 7-10:30am Omelet Station(DR) 9:00 Tai Chi (CH) 9:00 Mandala Coloring(AR) 9:00 Salv. Army/Lunch (AR) 9:30 Bingo (AR) 11:15 Stretch & Relax (AR) 1:30 Wheel of Fortune (AR) 2:30 Heart Smart (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)	13 National Chocolate Day 9:00 Kroger (LB) 9:00 Better Balance (FC) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (LB) 11:00 Billiards (CA) 11:00 Rosary (CH) 1:30 Chocolate Making (AR) 3:00 Inspirational Read (CH) 4:00 Harborlights Singing(CH) 6:00 Pinochle/Bridge (AR)	14 9:00 Manicures (AR) 9:00 Women's Coffee Hr (AR) 9:00 Circuit Training (FC) 11:15 Tai Chi Stretch (AR) 1:30 Bingo (AR) 1:30 Walk Club (LB) 2:30 Sing- a- long (AR)	15 9:30 Bingo (AR) 10:30 Learn to Knit(AR) 10:45 Sing-a-long (AR) 1:30 Sat. Matinee (AR)

SEPTEMBER 2018



Sun	Mon	Tues	Wed	Thu	Fri	Sat
16 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 1:30 Movie w/ Chaplain (AR) 5:00 Resident Potluck (AR) 	17 9:00 Bingo (AR) 9:00 Core Training (CH) 10:00 Men's/Women's Lunch(LB) 10:00 Chicks w/Sticks (AR) 10:00 Cover that Number (AR) 11:15 Stretch & Relax (AR) 1:30 Word Game (AR) 1:30 Bible Study (CH) 2:30 Arthritis Exercise (AR) 6:00 Bridge (AR)	18 9:00 Coffee & Coloring (AR) 9:00 Arthritis Exercise (FC) 9:30 Bingo (AR) 9:00 Walmart (LB) 10:30 Pictionary (AR) 10:45 Catholic Service (CH) 11:30 Stability Ball Beat (AR) 1:30 Crossword (AR) 2:15 Beanbag Toss (AR) 2:30 Chicks w/ Sticks (AR) 3:00 Sing-a-long (AR) 6:00 Pinochle (AR)	19 9:00 Mandala Coloring (AR) 9:00 Tai Chi (CH) 9:30 Bingo (AR) 11:15 Stretch & Relax (AR) 1:30 Wheel of Fortune (AR) 2:30 Heart Smart (AR) 3:00 Chapel Trivia (CH) 3:30 Book Group (AR) 6:00 Euchre (AR)	20 9:00 Mandala Coloring (AR) 9:00 Better Balance (CH) 9:00 Kroger (LB) 10:00 Men's Coffee Hour (AR) 11:00 Rosary (CH) 12:00 Birthday Dinner (DR) 1:30 Birthday Entertain (CH) 3:00 Inspirational Read (CH) 4:00 Harborlights Singing(CH) 6:00 Pinochle/Bridge (AR)	21 9:00 Core Training (CH) 9:00 Manicures (AR) 9:30 Women's Coffee Hr (AR) 11:15 Tai Chi Stretch (AR) 1:30 Bingo (AR) 1:30 Walk Club (LB) 2:45 Autumn Happy Hour (AR)	22 9:30 Bingo (AR) 10:30 Learn to Knit(AR) 10:45 Sing-a-long (AR) 1:30 Sat. Matinee (AR)
23 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 1:30 Movie w/ Chaplain (AR)	24 8:30 Breakfast w/Chaplain (LB) 9:00 Bingo (AR) 9:00 Core Training (CH) 10:00 Chicks w/Sticks (AR) 10:00 Cover that Number (AR) 11:15 Stretch & Relax (AR) 1:30 Word Game (AR) 1:30 Bible Study (CH) 2:30 Arthritis Exercise (AR) 6:00 Bridge (AR)	25 One Hit Wonder Day 8:30 Eastern Market (LB) 9:00 Coffee & Coloring (AR) 9:00 Better Balance (CH) 9:30 Bingo (AR) 10:45 Catholic Service (CH) 11:30 Stability Ball Beat (AR) 1:30 One hit wonders (AR) 2:15 Beanbag Toss (AR) 2:30 Chicks w/ Sticks (AR) 3:00 Sing-a-long (AR) 6:00 Pinochle (AR)	26 9:00 Mandala Coloring (AR) 9:00 Tai Chi (CH) 9:30 Bingo (AR) 11:15 Stretch & Relax (AR) 1:30 Wheel of Fortune (AR) 2:15 Sing Along (AR) 2:30 Heart Smart (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR) 11:15 Stretch & Relax (AR)	27 9:00 Mandala Coloring (AR) 9:00 Better Balance (CH) 9:00 Kroger (LB) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (DR) 11:00 Rosary (CH) 11:00 Billiards (CA) 1:30 Tasty Thursday (AR) 2:30 Balloon Volleyball (AR) 3:00 Inspirational Read (CH) 4:00 Harborlights Singing(CH) 6:00 Pinochle/Bridge (AR)	28 9:00 Core Training (CH) 9:00 Manicures (AR) 9:30 Women's Coffee Hr (AR) 11:15 Tai Chi Stretch (AR) 1:30 Bingo (AR) 1:30 Walk Club (LB) 2:30 Sing-a-long (AR)	29 9:30 Bingo (AR) 10:30 Learn to Knit(AR) 10:45 Sing-a-long (AR) 1:30 Sat. Matinee (AR)
30 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 1:30 Movie w/ Chaplain (AR)						

AR=Activity Room
 CH=Chapel
 FC=Fitness Center
 CA=Capman Hall
 RT=Restaurant
 KH=Kirk Hall
 LB=Lobby

