



The Village of Brush Park Manor

PARK VALLEY NOTES



2900 Brush St. • Detroit, Michigan 48201 • www.pvm.org

May 2016

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Village Administrator

Thank you to all who participated in our fundraisers for the 2016 Friends and Family Campaign. It was so wonderful seeing so many of you out for Ice Cream Sundaes, Movie Day and the Bake Sale helping us to reach our goal. This year's goal is to purchase a new piano and chest freezer for our kitchen in the community room, but as you may or may not know a beautiful new freezer has been donated to Brush Park Manor by an anonymous donor. On behalf of all of you, I extended our sincerest thank you for the gift. I will give you an update as to how much was raised as soon as I receive the information from the Foundation.

The annual Pearl Reynolds Prayer Breakfast will be held May 28, 2016. If you would like to join in the planning of this wonderful event please see Mrs. Grice/Resident Association President. Ticket prices remain as they were last year and as usual a beautiful breakfast will be served.

Thank you for your patience during this rainy season while we are trying to make repairs on the parking lot. I know it was an inconvenience for not only you but your guests as well. Again thank you so much as we strive to keep your home as one of the top senior housing in Midtown.

It is fire drill time again so be prepared to follow the instructions of your floor captains while exiting the building. Remember fires do not let you know when they will occur, but I do give you the opportunity of knowing the day but not the time. It is mandatory that everyone must leave the building for these drills.

Remember election time is here and we are having and will continue to have candidates who are running for office. Please come down to listen and question their platform. Just do not vote for a name you recognize. And remember every vote counts.

It is that time of year again where all apartments will be inspected by maintenance staff with my input. We will let you know the exact dates as to when they will take place and you need not be present for the inspection.

"Friendship renders prosperity more brilliant, while it lightens adversity by sharing it and making its burden common".

Cicero

Look for PVM on:



Announcements

**Movie Day will be
Monday
May 9, 2016
at 1:00 p.m.
in the community
room**



**Laundry Room
Etiquette**

Please be courteous to your neighbors when utilizing the laundry facilities on the 2nd and 3rd floors. Please be attentive to your laundry to give a chance for someone else to utilize the machines.



Announcements

☞ Worship Service held every 1st and 5th Sunday at 4:00 pm in the Community Room. This service is open to all faiths; please feel free to invite your family and friends:

☞ 1st Sunday—Rev. Knox (Communion)
5th Sunday- Rev. Greenfield

☞ FOCUS HOPE delivers every 2nd Thursday. You can sign up too. (Craft Room.)

☞ Wal-Mart Shopping
May 5th, 12th, 19th, and 26th
Pick-up 8:30 am

☞ Shelton Tappes meets every second Wednesday at 12:00 p.m.
All are welcome to join!

☞ AARP meets every second Friday at 12:00 p.m.
All are welcome to join !

☞ Exterminator at Brush Park every 3rd Thursday,
3rd floor

☞ Arts & Craft every Tuesday at 2pm in the Craft Room.

☞ Bingo every Wednesday at 1pm-3:30pm in the Craft Room.

☞ Enhance Fitness Program M-W-F 11:30 to 12:30pm in the Community Room. Please see calendar for location changes.

☞ Bible Study Rev. Knox (every Wednesday at 6pm) in the E. Kern Tomlin community room.



EUGENENIA GORGON

LEAVE A *Legacy* Support PVM during your lifetime and beyond.

Ways to make a Planned Gift

- › Make a bequest in your will
- › Start a Charitable Gift Annuity
- › Your Life Insurance Policy

CONTACT US TO LEARN MORE

Without obligation, PVM Foundation would like to answer any questions you may have, call Paul Miller 248.281.2045 www.pvmgifts.org

Presbyterian Villages OF MICHIGAN THE FOUNDATION



Stuffed Bell Peppers




Ingredients

6 green bell peppers, tops cut away and seeds removed
 2 tablespoons vegetable oil
 1 cup finely chopped yellow onions
 ½ cup finely chopped green bell peppers
 ½ pound ground beef
 ½ tablespoon minced garlic
 ¼ cup finely chopped fresh parsley leaves
 ¾ teaspoon of salt
 ½ teaspoon of ground black pepper
 Pinch red pepper flakes
 2 cups cooked long or medium grain rice
 8 ounces of tomato sauce
 water

Preparation

Preheat oven to 350 degrees F.

Cut the tops off each pepper; pull out the stem portion and seeds. Chop enough of the tops to make 1/3 cup. Clean out the rest of the pepper so no seeds remain and the center ribs are carved out to make room for the stuffing. If pepper does not stand up straight, slice a little off the bottom of the pepper to level it out.

In a large saucepan over medium-high heat, either steam or cook peppers in boiling water until crisp-tender, about 4 to 5 minutes. **NOTE: Your time may vary according to the size of the peppers.** You want it to have just a slight crunch when you eat it. Be careful not to overcook them or they will be soggy and hard to stuff.

Remove peppers from water and rinse with cold water to stop the cooking process; drain and set aside.

In a large frying pan over medium heat, brown ground beef; add garlic, onion, carrot, and reserved chopped peppers; sauté until vegetables are tender. Add tomatoes, cooked rice, brown sugar, basil, salt, and pepper. Cover and reduce heat to simmer. Cook until the rice is tender, approximately 30 minutes. Remove from heat.

Place peppers in a baking dish. Stuff hot meat mixture into peppers. Drizzle tops with ketchup or shredded cheese. Bake approximately 20 to 30 minutes. Remove from oven and serve immediately.





Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

Together, MAY We Make Michigan a Better Place to Age!

You, our donors, are transforming the lives of seniors by giving in all sorts of ways, and through gifts large and small. Giving is a deeply personal experience, and I'd like to let you know about a couple of ways you can support the mission of PVM, in a way that's right for you and your family.

The legacy you leave behind can change—or even *save* a life—and help Michigan seniors thrive for years to come! With a little planning, anyone can make a huge impact. Options exist for all personal circumstances and interests while ensuring your family's financial security. Two of the most common choices include:

- **Gifts that pay you income, like a Charitable Gift Annuity** – a simple agreement where the donor makes a gift to PVM and, in return, receives fixed payments (as high as a 9% rate of return!) for life.
- **Gifts that benefit residents beyond your lifetime, like a Bequest** – the simplest and most popular planned gift, it's a provision in a will or trust allocating all or part of a donor's estate to PVM.

With the PVM Foundation's 22nd Calvin, Sterling and Peterson Mission Maker Societies Luncheon around the corner on June 6th at the Masonic Temple, I wanted to share with you a description of our giving societies. Maybe one of these societies offers the right giving option for you!

- **Peterson Mission Makers Society:** Donors who have made a pledge commitment to PVM of \$1,000 or greater for two years or longer.
- **Calvin Society:** Donors who have made a planned or deferred gift to PVM, such as inclusion in a will/estate plan, insurance policy, or charitable gift annuity, to name a few.
- **Sterling Society:** Donors who have cumulatively given \$50,000 or more to PVM.

For more information about PVM's planned giving opportunities and giving society membership, please contact us at 248-281-2040 or pvmfoundation@pvm.org.

Announcements

The Men's Club meets
every
1st Monday
at
5:00 p.m.



*Please see Mr. Arthur Hill if you are interested in joining.



The resident
association
meetings are held
every fourth
Thursday at
4:30 p.m. in the
E. Kern Tomlin
community room.



It's Your Life. Live It Well.

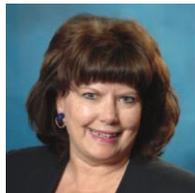
By Tom Wyllie,
Director of Wellness



Don't look now, but June is just around the corner and you know what that means. The 11th Annual Village Victory Cup will soon be here. Scheduled for Friday, June 24th it will once again be held at Ultimate Soccer Arenas in Pontiac, just south of the Village of Oakland Woods. Word on the street is that several Villages have been practicing for quite some time now. They've been testing out their best paper airplane designs; trying out new cookie recipes; wearing down the carpet in the hallways with all the walking they've been doing; putting puzzles together faster than ever before; hitting the bull's-eye more often than not with their beanbag tossing; and doing their best Michael Jordan imitation shooting baskets. We've also heard that several Villages have their eyes set on taking home the coveted Spirit Award this year.

Will the Village of Westland successfully defend their title and capture the Victory Cup for the third time in four years? Will the Village of Our Saviour's Manor win the Spirit Award an unprecedented three years in a row? You never know. But one thing we do know is that there will be plenty of action June 24th at Ultimate Soccer Arenas. If you haven't already done so, to be part of the action contact your Administrator. The deadline for Villages to sign up is June 10th.

For Villages located 100 miles or further from the PVM Home Office we will once again be conducting the Virtual Village Victory Cup. Contact your Administrator for details.



The Senior Advocate.

By Lynn Alexander,
Vice President of Public Affairs

Mother's Day Poem

A Mother's Love

Whose is the heart that bursts with pride each time she sees your face.
Whose are the eyes that dart about, to check your world is safe.
Whose are the arms that wrap you up and hold you tight and close.
Whose is the love that's always there whenever you need it most.

Whose is the smile that lights the room when you are smiling too
Whose shoulder is the place to be, when only a cuddle will do.
Whose chest is warm and comforting when you're a weary soul.
Whose motivation only has your happiness as her goal.

Whose are the tears that cry for you as you grow old and free.
Whose is the heart that aches so much, in the space where you should be.
Whose is the head that knows that you must find your path alone
Whose is the voice who welcomes you each time you go back home.

Who could have so many facets that make her oh so great
Who has you on her mind each day, and today we celebrate.
Whose hands hold and guide you, in a way unlike another
All these are part and parcel of the joys of being a mother.



Announcements

The Enhanced Fitness group meets every Monday, Wednesday and Friday.



On Wednesday mornings as long as the weather permits, the Enhanced Fitness group walks outside of the building. Feel free to join them at 10:00 a.m. in the lobby.

Please see Mrs. Charity Jackson

MAY



- Barbara Needham 5/4
- Michael Carney 5/11
- Dorothy Bell 5/15
- James Crook 5/15
- Diana Edwards 5/15
- Sylvia Williams 5/19
- Joan Grady 5/22
- Mae Kate Jones 5/24
- Warner McBryde 5/31

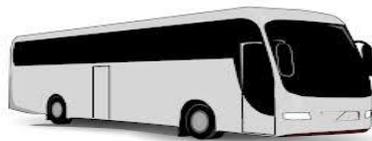
Harold Massingille
Service Coordinator
313-832-1576

The beauty salon is open Wednesday through Saturday. Please call and schedule your appointment today!

(313) 832-8804



WAL-MART



The Walmart bus leaves promptly at 8:50 a.m. If you would like to go shopping please be in the lobby every Thursday by 8:30 am.

Calendar



MAY



SUN	MON	TUE	WED	THU	FRI	SAT
1 Visit your Church 4:00 pm. Rev. Knox	2 Enhanced Fitness 11:30 am	3 Arts and Crafts	4 Enhanced Fitness 11:30 am 1:00 p.m.	5 WALMART 8:30am pick up	6 Enhanced Fitness 11:30 am	7 BEAUTY SALON
8 Visit your Church 4:00 pm. HAPPY MOTHER'S DAY	9 Enhanced Fitness 11:30 am "MOVIE DAY AT THE PARK" 1:00 p.m.	10 Arts and Crafts DEB'S DOLLAR STORE PLUS 10:00 a .m.-12:00p	11 Enhanced Fitness 11:30 am SHELTON TAPPES 12:00 p.m.	12 WALMART 8:30am pick up	13 Enhanced Fitness 11:30 am AARP 12:00 p.m.	14 BEAUTY SALON
15 Visit your Church 4:00 pm.	16 Enhanced Fitness 11:30 am	17 Arts and Crafts	18 Enhanced Fitness 11:30 am 1:00 p.m.	19 WALMART 8:30am pick up EXTERMINATOR 3rd Floor	20 Enhanced Fitness 11:30 am	21 KAPPAS LEGEND BREAKFAST
22 Visit your Church 4:00 pm.	23 Enhanced Fitness 11:30 am	24 Arts and Crafts	25 Enhanced Fitness 11:30 am 1:00 p.m.	26 WALMART 8:30am pick up	27 Enhanced Fitness 11:30 am	28 PRAYER BREAKFAST
29 Visit your Church 4:00 pm. Rev. Greenfield	30 Enhanced Fitness 11:30 am MEMORIAL DAY OFFICE CLOSED	31 Arts and Crafts				


The Village of
**Brush Park Manor
Paradise Valley**
A SENIOR LIVING COMMUNITY
A Division of The System Village of Michigan

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Paradise Valley**
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Housekeeping

Willette Lamar
Beauty Salon
313-832-8804

Fun Zone

Mother's Day

B G S T Y A Y U F Q H L S Q D
 U F N R D L O O R I M Z P D X
 F F W I I W R V B E N K E Z O
 L V L M R E J U Z U P X C Y M
 L R A O V A V I P Q I R I R H
 P F F E W B C H J I M B A O A
 P E R Y T E X W T N G O L Z C
 S M Z S S G R S D U H H M A F
 R E H T O M A S K F E D L M U
 Q K M L U F A M A M A W O Y Y
 Z O O V K C H I L D R E N A Y
 B V R A L G U W F K T L Y M C
 E M E Q F K I S S E S F V C Z
 V R O K F J T R T D O H Z Q X
 B A X M U V C B C T B I Y G N

BREAKFAST
 FAMILY
 HEART
 MAMA
 MOMMY
 UNIQUE

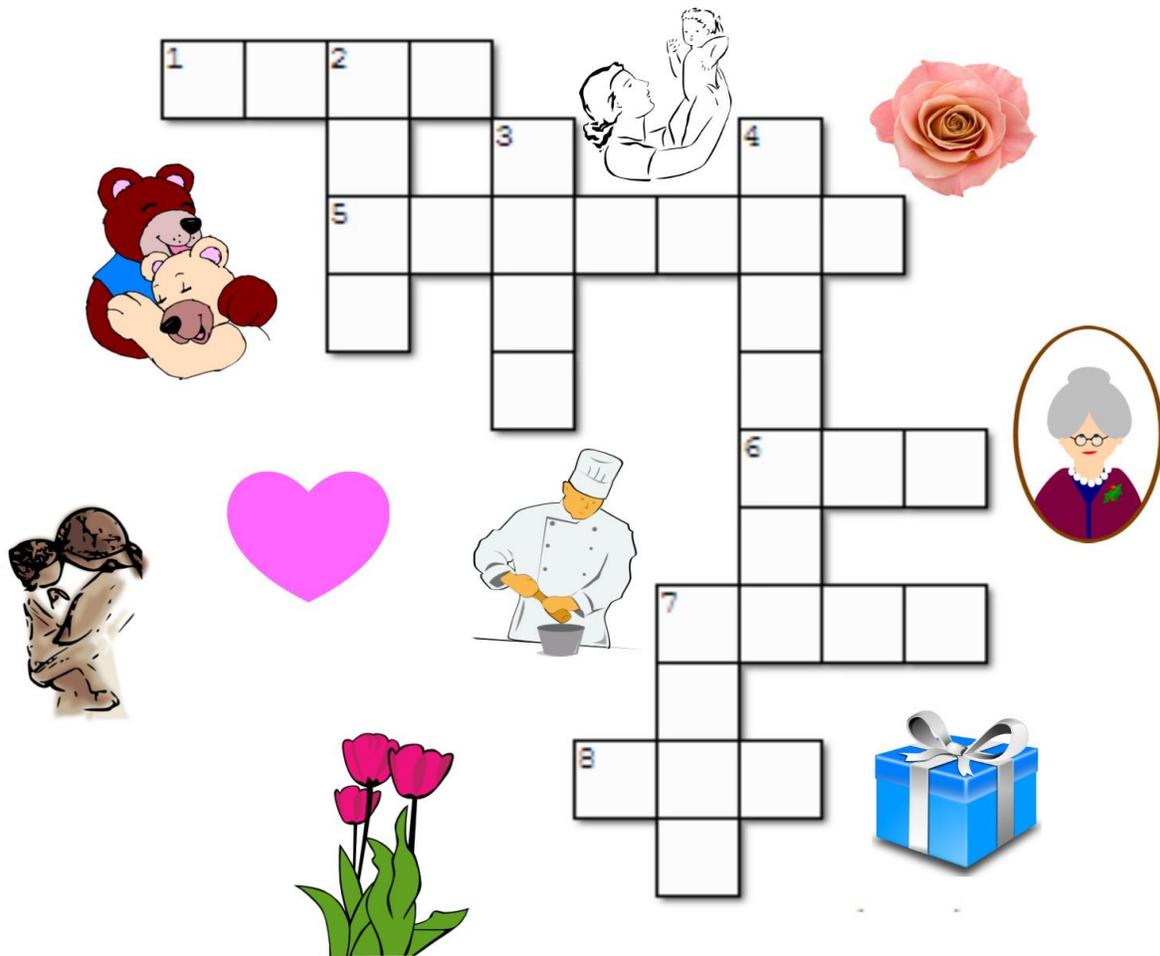
CARING
 FLOWERS
 KISSES
 MAY
 MOTHER

CHILDREN
 FOREVER
 LOVE
 MOM
 SPECIAL



Fun Zone

Mother's Day Crossword Puzzle



Across

1. I love ____ and kisses from my mom.
5. Mom plants _____ in her garden
6. Happy Mother's ____.
7. I will make my mom a Mother's Day ____.
8. ____ is short for mother.

Down

2. This is another word for a present.
3. I ____ my mom.
4. I call my mom's mom and my dad's mom _____.
7. My mom is a great _____. I love everything she makes.

myunentitledlife.com

Fun Zone

Flowers For Mom

Here are seven pretty flowers you could give your mother on Mother's Day. The names are scrambled. Can you straighten them out and answer the riddle?

1. PUITL

1

2. OESR

2

3. YIADS

3

4. SAERT

4

5. CIDHRO

5

6. FAFDDLIO

6



7. CTNROIANA

7

Ronaldo's Mom has four children. The first is named April, the second Max, and the third June. What is the name of her fourth child?

5 2 7 4 1 3 6

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**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Numbers 313-832-9922

Village Staff

Jannie Scott
Administrator

Tanisha Reed-Hobbs
Administrative Assistant

Harold Massingille
(313) 832-1576
Service Coordinator

Del Diego Manning
Maintenance

Harrison Mount
Maintenance

Ara Hunter
Housekeeper

EMERGENCY NUMBER

(313) 832-9922

FAX

(313) 832-8801



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

The Village of Brush Park Manor Paradise Valley

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