



# Village Herald



Embrace the possibilities

3325 Grange Hall Road Holly, Michigan 48442 • www.pvm.org

June 2014

## Featured Articles

- John's Corner Pg 2
- Village Victory Pg 3
- Calendar Pg 5
- Crossword Pg 7

## Village Administrator

I think I can now say Spring is here!!! The weather has finally turned nice and the warmth is on its way. We are still in the process of hiring a seasonal person for the grounds work. Please bear with us as we do the weeding and clean up.

Thank you to all that participated in our Friends and Family campaign. We raised a total of \$4,955.30! We are not done yet. We will be continuing throughout the year to raise money for our bus. Let's keep the momentum going.

Don't forget that June 27th is the Village Victory Cup. Come out and join us for a great day of fun. If you would like to just come and cheer on your team, please let Cassie know so she can give the final count for lunch.

I would like to wish all the Father's a very happy Father's Day. However you spend your day, I wish you all the joy the day may bring!

Deanna Coggins  
Administrator



The Village of  
**Holly  
Woodlands**

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



## Service Coordinator Corner

### Michigan State Extension

Robin from Michigan State Extension will be here starting June 17, 2014 at 2:00pm to start a series called Eat Smart Live Strong. Robin will continue the series every two weeks after June 17, 2014. The next presentation will be on July 1, 2014 at 2:00pm, then July 15, 2014 at 2:00pm and the last presentation will be on August 5, 2014 at 2:00pm. If you attend at least three of the four presentations you will receive project fresh coupons worth twenty dollars to use at your local farmers market on Michigan grown produce.

Under a new law, more Medicare beneficiaries could qualify for Extra Help with their Medicare prescription drug plan costs because some things no longer count as income and resources. The Extra Help is estimated to be worth an average of \$3,900 per year. To qualify for the Extra Help, a person must be on Medicare, have limited income and resources, and reside in one of the 50 states or the District of Columbia.



## It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

### **The 2014 Village Victory**

Mark your calendars! The 2014 Village Victory Cup will soon be here. Will the Westland Stars defend their title? Will the Warriors from the Village of St. Martha's re-claim the Spirit Award? To be the best you have to beat the best and rumor has it both Villages are ready to take on all challengers.

This year the Village Victory Cup has been scheduled for Friday, June 27th and will again be held at Ultimate Soccer Arenas in Pontiac. Along with the usual events: Wellness Walk, Puzzler, Bake Off, Hoop Shoot, Bean Bag Toss, Balloon Volleyball, and Expression of Wellness, we have added a paper airplane flying competition called Top Gun. It replaces the Relay Walk since in the past many villages were unable to enter this event because they couldn't find relay members for each age category.

In April detailed event descriptions and registration instructions were sent to each Village. If you want to participate this year contact your Village Administrator right away. The events have entry limits and there is a registration deadline.

Villages located 100 miles or more from the PVM Home Office will be able to participate in the Virtual Village Victory Cup. Event descriptions and registration information were sent to your Village in April as well. For more information contact your Administrator.



# Giving Matters.

By Paul J. Miller, CFRE,  
President, PVM Foundation

## PVM Foundation Raises \$200,000 through Friends & Family Appeal and Inspire Possibilities Breakfast

Due to the generosity of over 860 donors, the PVM Foundation raised nearly \$200,000 through April and May to benefit residents from every PVM Village.

The 11th annual Friends and Family Appeal ran through the month of April and raised over \$138,000 toward various projects in many of the PVM Villages. A special incentive was offered for Villages who met their fundraising goals. Congratulations to The Village of East Harbor, Rosebush Manor, Mill Creek and Harmony Manor who all met and exceeded their fundraising goals! For more information on how much each individual Village raised, please visit [www.pvmfoundation.org](http://www.pvmfoundation.org).

The 4th annual Inspire Possibilities event was held at The Hilton Garden Inn in Southfield on Thursday, May 8th. 300 guests attended and donated and pledged over \$60,000 to support the PVM Mission. Residents from The Village of Oakland Woods energized the crowd with a wellness warm-up and resident presenters from The Village of St. Martha's, Westland and Brush Park Manor Paradise Valley all shared their stories and kept the crowd engaged. Mike Damone of The Damone Group also shared his story of how his family established the Claire Damone Fall Prevention Fund at the PVM Foundation in memory of his mother.

The fundraising success this spring would not have been possible without many donors and volunteers. Thank you to each and every one of you who made this possible and who contributed to a better life for so many seniors!

Warm regards,  
Paul J. Miller, CFRE

*Make your money grow!*

**SUPPLEMENT OTHER RETIREMENT INCOME**



UP TO  
**9%**  
RETURN

*...now or later!*

Did you know you can secure a fixed rate annuity that will generate annual payments for life by making a contribution to PVM?



For more information, call  
Paul Miller at the PVM Foundation  
**248.281.2045**  
[www.pvmgifts.org](http://www.pvmgifts.org)



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Church Service 3:00	2 Workout Stretch 10:00 Celeste 1:00 Euchre 1:00 Scrabble 3:00 Bingo 7:00	3 Bible Study 10:00 God's Not Dead Movie at Trillium TBA	4 Holly Foods 9:30	5 Holly Library 9:30 Olympic Practice 1:30	6 Mott Apple Wood Garden Tour and Lunch 9:40	7
8	9 Workout Stretch 10:00 Euchre 1:00 Scrabble 3:00 Bingo 7:00	10 Lunch Bunch Lucky's 11:00 Mexican Train 2:00	11 Walmart Fenton 1:00 Bingo 7:00	12 Bus Service 9-12 Focus Hope 1:00	13 Workout Strength 10:00 Father's Day Lunch 12:00	14
15 Church Service 3:00 Happy Father's Day	16 Workout Stretch 10:00 Euchre 1:00 Celeste 1:00 Scrabble 3:00 Bingo 7:00	17 Bible Study 10:00 Goodwill Holly 10:00 MSU Presentation 2:00	18 VG'S 9:30 Bingo 7:00	19 Holly Library 9:30 Olympic Practice 1:30	20 Garage Sales & Coney 9:30 Yahtzee 7:00	21 First Day of Summer
22	23 Euchre 1:00 Scrabble 3:00 Bingo 7:00	24 Flint Farmers Market 1:00	25 Kroger Grand Blanc 9:30 Bingo 7:00	26 Bus Service 9-12 Olympic Practice 1:30	27 Olympics 8:00 Yahtzee 7:00	28
29	30 Workout Stretch 10:00 Euchre 1:00 Celeste 1:00 Scrabble 3:00 Bingo 7:00					

Please note that Bible Study will now only be the first and third Tuesday of every month through September. Also, please look out for more information regarding the Apple Wood Tour from Cassie.

SENIOR NUTRITION PROGRAM - MEALS ON WHEELS  
JUNE 2014 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 810-632-2155 888-886-8971		MENU SUBJECT TO CHANGE WITHOUT NOTICE MARGARINE & HALF PINT OF MILK SERVED WITH EVERY MEAL  Cost Share \$3.00	
2 SALISBURY STEAK W/GRAVY MASHED POTATOES BROCCOLI SPEARS BREAD SELECTED FRUIT DESSERT	3 BBQ CHICKEN GREEN BEANS CARROT RAISEN SALAD BREAD SELECTED FRUIT DESSERT	4 LEMON PEPPERED FISH POTATO WEDGES DICED CARROTS BREAD SELECTED FRUIT DESSERT	5 CHEF SALAD W/TURKEY & HAM CHOP MIXED GREENS TOMATO, CUCUMBER BREAD SELECTED FRUIT DESSERT	6 ROAST TURKEY W/GRAVY CORNBREAD DRESSING CARROT COINS BREAD SELECTED FRUIT DESSERT
9 POLISH SAUSAGE W/KRAUT RED SKIN POTATO STEAMED CARROTS BREAD SELECTED FRUIT DESSERT	10 GRILLED CHICKEN SALAD MIXED GREENS  BREAD SELECTED FRUIT DESSERT	11 SPAGHETTI W/MEAT BALLS TOSSED SALAD GREEN PEAS BREAD SELECTED FRUIT DESSERT	12 FISH & CHIPS TARTR SAUCE COLE SLAW BREAD SELECTED FRUIT DESSERT	13 <b>FLAG DAY MEAL</b> CHEESEBURGER W/KET & MUS POTATO WEDGES BAKED BEANS BUN SELECTED FRUIT DESSERT
16 <b>FATHER'S DAY MEAL</b> STUFFED STEAK W/GRAVY MASHED RED SKINS MIXED VEGETABLES BREAD SELECTED FRUIT DESSERT	17 OVEN FRIED CHICKEN BREAST AUGRATIN POTATOES BLEND VEGETABLES BREAD SELECTED FRUIT DESSERT	18 POTATO ENCRUSTED FISH VEGETABLE RICE CUCUMBER SALAD BREAD SELECTED FRUIT DESSERT	19 CHICKEN DUMPLING CASSEROLE STEAMED BROCCOLI TOSSED SALAD BREAD SELECTED FRUIT DESSERT	20 BEEF STEAK W/GRAVY SWEET POTATO MIXED VEGETABLES BREAD SELECTED FRUIT DESSERT
23 SWEET & SOUR MEAT BALLS RICE ORIENTAL VEGETABLES COLE SLAW W/ROLL SELECTED FRUIT DESSERT	24 BAKED MACARONI & CHEESE STEWED TOMATO MIXED VEGETABLES BREAD SELECTED FRUIT DESSERT	25 MEATLOAF W/GRAVY MASHED REDSKIN POTATO ZUCCHINI & SQUASH PAN ROLL SELECTED FRUIT DESSERT	26 CHICKEN STRIP SALAD MIXED GREENS  WHOLE GRAIN BREAD SELECTED FRUIT DESSERT	27 COPPER COUNTRY PIE BRUSSEL SPROUTS TOSSED SALAD HONEY WHEAT BREAD SELECTED FRUIT DESSERT
30 GRILLED TURKEY BURGER OVEN BROWN POTATOES 3 BEAN SALAD BUN SELECTED FRUIT DESSERT				

MANAGED BY FABAGON MANAGEMENT, INC. \*SPONSORED BY THE COMMUNITY OF CHRIST CHURCH\*, PARTIAL FUNDING THROUGH THE AREA AGENCY ON AGING 1-B, OSA, OAA AND PARTICIPANT DONATIONS\*. THANK YOU!

**Across**

- 1. Lovable sorts
- 6. Cold
- 11. Network that shows "EastEnders"
- 14. Bird with beautiful plumes
- 15. Gazpacho grabber
- 16. Ginger \_\_\_\_
- 17. Ingredient 1/8 cup of which is used in a bath at Pennsylvania's Hotel Hershey Spa
- 19. Penn. of "Harold & Kumar Go to White Castle"
- 20. Like some personae
- 21. Oscar winner Mercedes of "The Fisher King"
- 23. Bee follower
- 24. DNA segment
- 27. Owie response
- 31. Able to get on the payroll
- 34. Meal starters, often
- 35. Ragu competitor
- 37. Suffix for musket
- 38. Word on green T-shirts
- 39. Makes the coffee
- 40. WWI spy \_\_\_\_ Hari
- 41. \_\_\_\_ glance
- 42. Ride the updrafts
- 43. Sharp flavors
- 44. Scout's container
- 46. Tempestt who played Vanessa Huxtable
- 48. High-priced caviar source
- 50. "\_\_\_\_ Mine" (George Harrison autobiography)
- 51. Princess who helps out Link
- 53. Where some go diving
- 58. Sean Lennon's middle name
- 59. Stuff you're supposed to bathe in if you're sprayed by a skunk
- 62. Combining form meaning "egg"
- 63. Ready to spit nails
- 64. Acrylic fiber brand
- 65. Barrett of Pink Floyd
- 66. They may get swollen when you're sick
- 67. Late fashion designer Geoffrey

1	2	3	4	5		6	7	8	9	10		11	12	13	
14						15						16			
17						18						19			
20										21	22				
			23				24	25	26						
27	28	29				30		31					32	33	
34						35	36					37			
38						39						40			
41				42								43			
44			45					46	47						
		48					49		50						
51	52							53	54				55	56	57
58						59	60	61							
62						63						64			
65						66						67			

**Down**

- 1. Follower of art?
- 2. Ghostbuster played by Harold Ramis
- 3. Ball trajectories
- 4. Take turf twice
- 5. They rarely blink
- 6. Sunburn remedy
- 7. Places for some flamingos
- 8. Like -3
- 9. Bullfight cheer
- 10. She ran for vice president in 1984
- 11. Tubful Roger Daltrey lounged in on the cover of "The Who Sell Out"
- 12. Hardly captivating
- 13. Con quarters
- 18. Amanda of "Igby Goes Down"
- 22. An, as in "an enchilada"
- 25. Unreliable source, often
- 26. Fixes
- 27. "The Love Boat" bartender
- 28. Cake, in Italian restaurants
- 29. What 16th-17th century countess Elizabeth Bathory reputedly bathed in to stay younger
- 30. Cleaning time?
- 32. "Get your hands off me!"
- 33. Clear
- 36. Unlike states where Kerry won
- 39. Color in Cherbourg
- 40. Double-checked
- 42. Dessert in a mold
- 43. It may lead to a full-time position
- 45. Kaczynski serving a life sentence
- 47. Big shot's big wheels
- 49. Set \_\_\_\_ for (plan on)
- 51. Bronx and San Diego, for two
- 52. One of a deadly seven
- 54. Western tribe
- 55. Mah-jongg piece
- 56. Greenspan's subj.
- 57. Russo who played Natasha in a Rocky & Bullwinkle movie
- 60. Gold, to some treasure hunters
- 61. Magazine that features a "Fold-In"

## Services Offered at Holly Woodlands

**Focus Hope:** Second Thursday of every month.

**Holly Foot and Ankle:** They are here by appointment only. Please call 248-634-6200.

**Bible Study:** Every Tuesday at 10:00 in the second floor lounge.

**CVS Deliveries:** CVS will deliver prescriptions every Tuesday and Thursday at 2:00.

**Beauty Salon:** Third floor of the Manor. Sarah will be here by appointment only. Please call 810-444-3208.

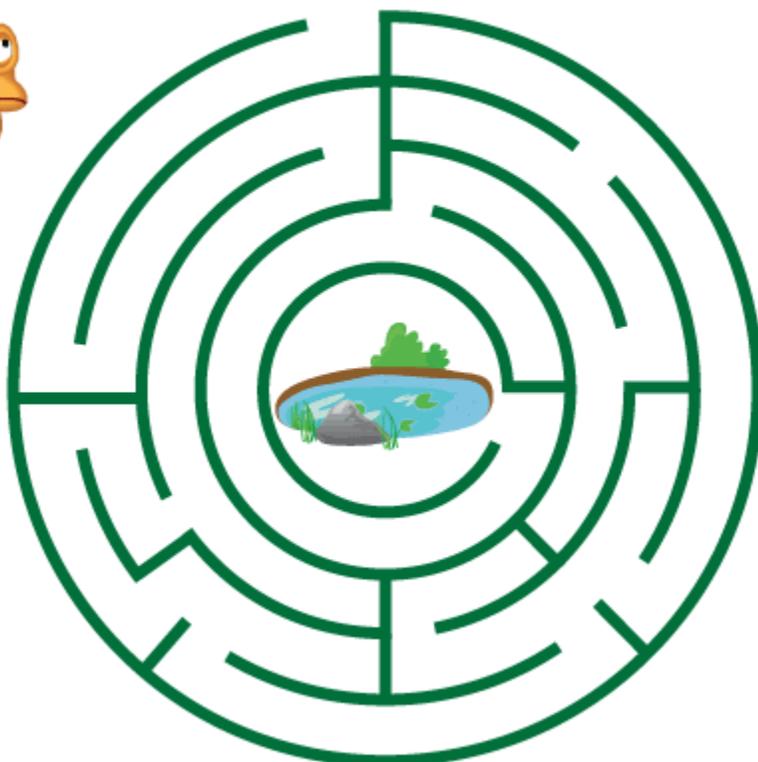
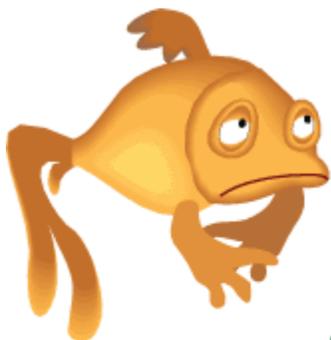
**Church Service:** Church service is on the first and third Sunday of the month at 3:00 in the Manor Community room.

### June 2014 Birthday List

Lily Hess	6-2
Betty Caldwell	6-13
Marilyn Long	6-16
Patricia Pollack	6-16
Winston Farmer	6-17
Dianne Sanford	6-17
Wayland Stroud	6-19
Betty Knight	6-23
Marjorie Watters	6-23
Johanna Swartz	6-26
June Howell	6-27

Age is an issue of mind over matter. If you don't mind, it doesn't matter. – Mark Twain

Wrinkles should merely indicate where smiles have been. – Mark Twain





## For Your Safety.

By Carrie L. Moon-Dupree,  
Vice President of Risk Management & Quality

### Corporate Compliance

Presbyterian Villages of Michigan strives to adhere to the highest ethical standards and practices. Every employee signs a Code of Conduct which states clearly, and without ambiguity, what our expectations are for each employee. Volunteers, including board members, are also held to those standards. Presbyterian Villages also requires that each board member and staff person in a position of authority, complete a “Conflict of Interest” statement annually. As Corporate Compliance officer for Presbyterian Villages, my job is to make sure that our procedures and practices are in compliance with all federal and state laws.

An important component of the corporate compliance program is our hotline where someone can report a concern or tip about a possible violation of our policies, procedures or any federal or state laws. Anyone may make a referral to the hotline. This may be done anonymously. The hotline is monitored daily during the week by me. You may also go to our website, [www.pvm.org](http://www.pvm.org) and submit a referral. Either way, when I get the referral, I open an investigation. First I must establish that this is indeed a corporate compliance issue and not another issue. If it is another issue, I forward the concern to the right department. If indeed it is a corporate concern, I begin an investigation. After conducting a full investigation I issue a report to the Presbyterian Villages of Michigan Corporate Compliance committee including an action plan that shows the steps that have been taken to fix the issue. In some cases my investigation shows that there was no violation. In all cases the investigation is conducted swiftly, confidentially and with integrity. If necessary violations are reported to the proper agencies for follow up.

If you have a corporate compliance concern, such as Quality of Care, billing practices, conflict of interest or any other compliance concern, please call the HOTLINE at 1-866-964-6494. Anyone, resident, family, vendor, or staff member can make a referral. Together we can keep Presbyterian Villages of Michigan an organization with the highest standards.

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

## Office Number

**248-634-0592**

### Village Staff

**Deanna Coggins**  
*Administrator*

**Heather Green**  
*Administrative Assistant*

**John Chandler**  
*Service Coordinator*

**Cassie Roberts**  
*Activities Coordinator*

**Justin Lay**  
*Maintenance Supervisor*

**Carl Smith**  
*Maintenance Technician*

**Gene Blankenship**  
*Maintenance Technician*

**Bernice Riggs and Lee Krentzen**  
*Receptionist*

**Derek Elkins**  
*Custodial*

**EMERGENCY NUMBER**

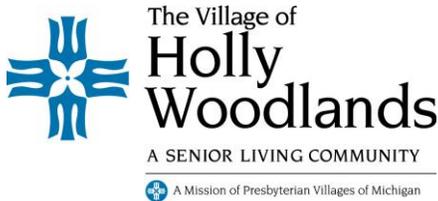
248-534-8263

**Fax Number**

248-634-8417



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit [www.pvm.org](http://www.pvm.org)



**3325 Grange Hall Road  
Holly, MI 48442**

#### **Holly Woodlands Board Members**

Kesha Akridge  
Kent Barnes  
Elena Danishevskaya  
Sharlyn Gates  
James Gotch  
Anar Guru  
Reisa Hamilton  
Pauline Kenner  
Mary Lloyd  
Bernice Riggs  
Dale Smith  
William Walters

# Embrace the possibilities