



Sage Grove View



Embrace the possibilities

214 S. Sage Street • Kalamazoo, Michigan 49006 • www.pvm.org

June 2016

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The Village of Sage Grove

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



Birthday Celebration!

Cheryl D. ----- June 7th

Pearl K. ----- June 7th

We wish all who have June Birthday's a Fantabulous Day and a Blessed Year!!!

Happy Birthday... Happy Birthday... Happy Birthday...

PVM Store Features Goodies with Your Village Logo

By the PVM Marketing Department

The Sales and Marketing Department was proud to launch the first ever Presbyterian Villages of Michigan ecommerce store in 2015. This was made possible via a grant from the PVM Foundation. The PVM store allows staff members, residents, board members, and their families the opportunity to purchase great PVM apparel and accessories complete with the village logo of their choice. Apparel options include shirts, sweatshirts, jackets, bags, hats, and all kinds of other essentials.

Along with our current stock of awesome apparel, if you have an item you'd like to see on the website, please bring item details to the office to forward to the Marketing Department.

To visit the PVM store, type www.pvmstore.org into your web browser.

Resident Appreciation...

We have so many exceptional residents who do so much around our Village, saying "Thank you" just doesn't seem to say enough.

If you haven't done so recently, please take a moment to let those who help make your life a little better in some way or another, let them know you appreciate them. ... I appreciate ALL of you!!

"Thank You!"

This month there are so many to thank. It's outstanding to be able to acknowledge so many wonderful people.

- ✚ **Patty McLachlan** – Romence Gardens – Living Memorial Tree
- ✚ **Ed Bartz** – Bartz Sealcoating & Snow Removal; aka Bartz Group LLC. – Labor, Time, Money to put in sidewalk to Memorial Tree
- ✚ **Matt Riley** – Consumers Concrete – 50% of concrete needed to pour sidewalk to Memorial Tree
- ✚ **Multiple Sage Grove resident donations**
- ✚ **Joseph King** – Maintenance Tech. – Negotiating and obtaining additional donations along with personal donation.
- ✚ **Sage Grove Residents, Family & Friends** – Your patience and understanding during our construction phase.

We couldn't do what we do without you!!!



**Thank You
Thank You
Thank You!!!!**

Announcements

Community Room Events

- ❖ **June 5th** –
Birthday Celebration –
5:30pm
 - ❖ **June 1st** –
Commodities Pick-up
 - ❖ **June 4th** –
Living Memorial Tree
Dedication – 11:00am
 - ❖ **June 10th** –
Virtual Victory Cup
Practice 1:00pm
 - ❖ **June 30th** –
AHF Presentation –
1:00pm
 - ❖ **June 11th** –
Resident Luncheon –
12:00pm –
 - ❖ **June 6th & 20th** –
Bible Study Group Meets
4:00 – 5:00pm
 - ❖ **June 16th** –
Board Meeting
9:30am – 11:00am &
Bingo with Life EMS –
3:00pm
 - ❖ **June 22nd** – (VVVC)
Village of SG Victory Cup
starting at 10am
 - ❖ **June 27th** –
Activities planning
committee meeting –
10:00am – **All Welcome!**
- See Calendar for more events.*

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Giving Matters...



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

Together, MAY We Make Michigan a Better Place to Age!

You, our donors, are transforming the lives of seniors by giving in all sorts of ways, and through gifts large and small. Giving is a deeply personal experience, and I'd like to let you know about a couple of ways you can support the mission of PVM, in a way that's right for you and your family.

The legacy you leave behind can change—or even *save* a life—and help Michigan seniors thrive for years to come! With a little planning, anyone can make a huge impact. Options exist for all personal circumstances and interests while ensuring your family's financial security. Two of the most common choices include:

- **Gifts that pay you income, like a Charitable Gift Annuity** – a simple agreement where the donor makes a gift to PVM and, in return, receives fixed payments (as high as a 9% rate of return!) for life.
- **Gifts that benefit residents beyond your lifetime, like a Bequest** – the simplest and most popular planned gift, it's a provision in a will or trust allocating all or part of a donor's estate to PVM.

With the PVM Foundation's 22nd Calvin, Sterling and Peterson Mission Maker Societies Luncheon around the corner on June 6th at the Masonic Temple, I wanted to share with you a description of our giving societies. Maybe one of these societies offers the right giving option for you!

- **Peterson Mission Makers Society:** Donors who have made a pledge commitment to PVM of \$1,000 or greater for two years or longer.
- **Calvin Society:** Donors who have made a planned or deferred gift to PVM, such as inclusion in a will/estate plan, insurance policy, or charitable gift annuity, to name a few.
- **Sterling Society:** Donors who have cumulatively given \$50,000 or more to PVM.

For more information about PVM's planned giving opportunities and giving society membership, please contact us at 248-281-2040 or pvmfoundation@pvm.org.

We are so grateful for donors like **you** who have taken a personal interest in the future of Michigan seniors. Thank you for your support!

Warm regards,
Paul J. Miller, CFRE

P.S. Save the Date: The PVM Foundation's 5th Inspire Possibilities Breakfast is May 13! Learn more at IPBreakfast2016.eventbrite.com

LEAVE A
Legacy
Ways to make
a Planned Gift

Support PVM during your
lifetime and beyond.

- > Make a bequest in your will
- > Start a Charitable Gift Annuity
- > Your Life Insurance Policy

CONTACT US TO LEARN MORE
Without obligation, PVM Foundation would like
to answer any questions you may have, call Paul Miller
248.281.2045 www.pvmfgifts.org

Presbyterian
Villages
OF MICHIGAN
THE FOUNDATION



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

You Might Have More Power Than You Think!

If you are among the nearly 1 in 3 adults over age 65 that own a smartphone or tablet, you have more computing power available to you than the Apollo 11 astronauts had on their way to the moon! While comparing a smartphone to a \$3.5 million NASA computer is like comparing apples to oranges, the important question to ask is are you putting all that power to good use? One way to do that is to start making use of some of the senior-friendly apps now available for smartphones and tablets. As of July 2015, there were 1.6 million apps available for Android devices and 1.5 million for Apple devices. That's a lot of choices! To save you some search time, below are 3 apps we thought may interest you:

MediSafe (free) – MediSafe is a virtual pillbox that helps you remember to take your medications in the right doses at the right times. As an additional safeguard, it allows you to set up alerts that notify family and friends when you forget to take a medication.

EyeReader (\$1.99) – EyeReader turns your smartphone into a magnifying glass. After activating the app, hold your smartphone's camera lens over any hard-to-read print. It will illuminate it using your phone's LED light and magnify it up to 5 times its original size.

Wunderlist (free) – Wunderlist is a simple to-do list/task manager designed to help you get things done. A key feature is the ability to share your to-do lists with others.



Service Coordinator's Corner: Rebecca Ogradowski

Hi again.

It's hard to say how excited I am about the memorial tree. Having a tangible way to remember those who have died can do wonders to help everyone through the grieving process. Once we can go to a specific place and think about how the residents we have lost were part of our lives, we will have moved closer to healing. They will never be forgotten.

The teamwork that it takes to make this type of project real is incredible. When you see anyone involved, be sure to let that person know how much you appreciate it. Given the amount of time, effort, and money we have invested in making Sage Grove a more attractive place to live and work, I think we deserve to get the beautification award back all on our own. The atmosphere of Sage Grove starts as soon as you see the building and grounds. Each person has his/her own style and together we make this community what it is.

Senior Project Fresh coupons will be given out on July 12 (Tuesday) from 8:30a – 12p at Senior Services. Since it is a Tuesday, I would like to use the Community Van for transportation. For that date, I will post a specific sign-up sheet for this event. Please use it if you plan to ride the van. I have the applications in English and am waiting for the Spanish version. The forms will be in your mail cubbies as soon as I have them in both languages. If you need help filling out the paperwork, see me and I will walk through it with you.

I need your help to keep Service Coordination running smoothly. Since National Church is spread out across more than twenty states, we do a lot of phone conferences. I have made an orange sign that I hang on my door when I am on a call. If the door is locked and I am in the office, please slide a note underneath or come back later. I know it's a hassle, but I need to focus on these conferences. Thanks for cooperating.

Upcoming Presentations

Prescription Drug costs – On Thursday, June 30, 2016 at 1pm, Rhiannon Pennington-Marshall will be talking about current efforts to decrease the amount of money available to healthcare providers to cover the cost of prescriptions. She will give information about contacting Senator Upton to encourage him to keep supporting lower drug costs.

COPD or CHF presentation – On Thursday, July 14 at 1pm, Angels Care Home Health will be sharing tips and ideas about either Chronic Obstructive Pulmonary Disease or Chronic Heart Failure. We haven't decided which yet. Either way, you can benefit from the knowledge and support of professionals and our Village to make your life and health better.

Rebecca Ogradowski, LLMSW
Service Coordinator

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Announcements Continued

- ❖ **1st Sunday of the Month – 5:30pm – *BirthDay Celebration*** for all who have birthday's during the month
- ❖ Last Monday of the month, Activity Planning Committee meet @10am – **ALL ARE WELCOME TO ATTEND ☺**
- ❖ **“Give away day”** is now every day. Items to give away are located in the Game Room on the 3rd floor.
- ❖ **Movie Matinee – 4:00pm *Movie showing in Parlor***
Movies are cancelled for a while due to nice weather.
- ❖ **Loaves and Fishes –**
Delivery of Produce & Baked goods from Meijer Shopping Center & other local stores.
Deliveries are at random.
All **residents** are welcome to what we receive, on a 1st come 1st serve basis.
- ❖ **Wal-Mart Bus –** Every Monday – Pick-up is at 12:15pm

Administrator Column

Village happenings – Please remember to check out the *Announcement, Community Room Events and Calendar* sections of this newsletter.

Bowling is available for residents interested every Tuesday at 1:00pm in the community. So, come out and participate, it's a lot of fun and no lifting is involved. Again, it's a great opportunity to get out of your apartment, get some exercise, socialize, and see friends.

Please note – Scheduled Movie Matinees have been cancelled for a while due to nice weather. However, you can get a few together or by yourself and kick back and enjoy a movie anytime, any day, as long as the parlor is available (which it usually is.☺)

Our **F&F Campaign** was held **April 1st – 30th, 2016**. ... Donations received by the PVM Foundation between those dates were eligible to share a percentage of the matching funds. ... Final results as of May 11th we raised a total of **\$1,882.61** with the match. Of the total raised, \$726.26 was the matched total percentage of our total raised. ... Thank you to all who donated! Your Generosity is greatly appreciated!!!

Our **Virtual Village Victory Cup** this year will be on June 22nd starting at 10am. {The 23rd as our rain date.} Please join us on Friday June 10th for practice. This will be the time to form teams, decide which events you'd like to participate in, receive the waivers and permission to share forms. We also need a team name for our Village. Ex. Sage Grove Warriors, etc. Please submit your idea's either

to the office or bring to the practice on June 10th ... Even if you choose not to participate in an event, just showing up to watch and cheer on those participating is still participating in the "Spirit" category. Let's see if we can get enough resident participation to show the other villages we can rock it out as well if not better. ...

The City of Kalamazoo will be conducting their annual inspection on Tuesday, June 28th starting at 9am. If needed, they will return on Wednesday, June 29th. Watch for your official notice closer to June 28th. As always, thank you for your patience and understanding as we do what we need to remain in compliance to continue providing low income housing.

The Living Memorial Tree dedication ceremony is on Saturday, June 4th at 11am. Coffee and cake will be provided immediately following. Please join us, it's not supposed to rain until later in the day.

Wishing All Dad's a very special and

Happy
Father's
Day

Paula Hager
Administrator

June 2016

June 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Commodities for those registered	2	3 Games	4 Living Memorial Tree Dedication 11:00am
5 Birthday's Celebration 5:30pm	6 Bible Study 4–5pm Bowling	7	8	9 3rd Floor Game room Reserved Private event 9:45am– 12:15pm	10 Virtual Village Victory Cup <u>Practice</u> 1:00pm Games	11 Resident Luncheon 12:00pm
12	13 Bowling	14 Flag Day	15 Crafts 1:30pm	16 Sage Grove Board <u>Mtg.</u> 9:30-11:00am Bingo with Life EMS 3:00pm	17 Games	18
19 Father's Day	20 Bible Study 4–5pm Bowling	21	22	23	24 Games	25
26	27 Resident Activity Comm. 10:00am <u>All are</u> <u>Welcome</u> Bowling	28 Kzoo Rental Inspection 9am-4pm	29 Kzoo Rental Inspection starting @ 9:00am if needed	30 AHF Presentation - 1:00pm		

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org



**Presbyterian
Villages**
OF MICHIGAN
THE FOUNDATION

Office Numbers

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Village Staff

Paula Hager

Administrator

Rebecca Ogradowski

Service Coordinator – National Church Residences

Monday – Thursday – Phone: (269)382-9910

10am – 3pm

Joseph King

Maintenance Technician

MAINTENANCE EMERGENCY NUMBER: (269) 615-3804



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

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Kalamazoo, MI 49006**

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