

# ✦ Manor Message ✦

## Embrace the possibilities

29495 Annapolis • Westland, Michigan 48186 • [www.pvm.org](http://www.pvm.org)

August 2015

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## The Administrator's Pen

Greetings OSM Family and Friends,

I would first like to welcome our newest residents to the Village, Mr. Harold Horn and Ms. Geraldine Crosby. We are glad that you have chosen OSM as your new home.

The Village Upper Room Chapel has been completed. Ms. Cross and Compassionate Hearts have scheduled to meet in the chapel on Monday, Tuesday and Thursday at 12:00 to pray for OSM and requests. All are welcome to come and join them and enjoy the new addition to OSM. (pictures pg. 4)

Thank you to everyone that participated in this year's Resident BBQ. We had a good time of fun and fellowship. Many of the residents stayed afterwards to enjoy the company of one another. We are looking forward to next's years BBQ where we can fellowship with other communities and do it even bigger! Please see Ms. Adams on how you can assist and be a part of the 2016 Resident BBQ. (pictures pg. 2)

I also want to thank everyone for completing the Resident's Satisfaction Surveys. We appreciate your feedback and we will share the results once we received them. Management's goal is to make OSM a choice home for seniors. By completing the surveys, you help us to make the decisions that are needed to do just that. Your opinions matter. Thank you.

OSM will be hosting Morning Coffee Hour with Mayor William Wild. Please join him on Thursday, August 27, 2015 at 10:00 am in the OSM Community Room. He will also be joined by members of the Westland City Council. If you have questions, concerns or would like to complement the Mayor, please mark your calendars. He would love to see and hear from you, the Westland community residents.

I would also like to send out condolences on behalf of the residents and staff to the family and friends of our dear departed resident Mr. Jake Mayo Jr. Mr. Mayo has called Our Saviour's Manor home since June 2003. He was one of our original residents. Mr. Mayo was kind to all and he will be missed.

*Aaron E. Price*  
Administrator



The Village of  
**Our Saviour's  
Manor**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan,  
Wellspring Lutheran Services and  
The Lutheran Church of Our Saviour

Look for PVM on:





# Monarch Moments

By Martha Adams,  
Resident Volunteer Program Coordinator

Hello Our Saviour's Manor,

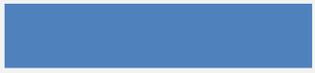
We will have our Activities Resident Meeting on Wednesday, August 12th at 11 AM. Ms. Daphne Green from Created with a purpose and Pretty in Pink will be joining us. Her organization is looking to partner with us once again to assist in mentoring young teenage girls. So, come out and receive information on how you can be a part of this worthy cause. I look forward to seeing you all.

We will be starting up our Wii Games again on Wednesday, August 26<sup>th</sup> at 2 PM, all are welcome to join in the fun!

The Coventry Place Apartments Friends and Family BBQ was a great success on August 1<sup>st</sup> from 6 – 10 pm. I want to thank the residents, family and friends from OSM who attended the fun and fellowship. We're looking for different ways to fellowship with other Villages and Senior Complex's – if you have any suggestions or ideas, please come see me or bring your ideas to our next Resident's Meeting.

Again, Thank you for allowing me to be your Activities Coordinator, it's an honor and a privilege to serve you. Thank you and have a blessed month.

Enjoy Your Summer!



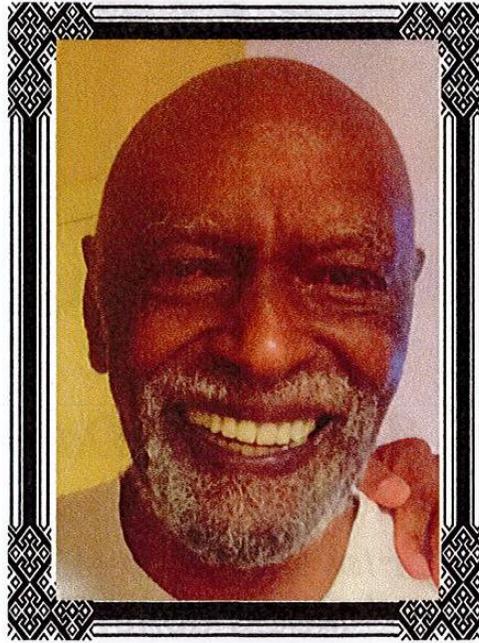
## Schwan's Delivery Schedule

Wednesday,  
August 14th  
And  
August 28th  
at  
1:45 p.m.



In Loving Memory of:

*Jake Mayo, Jr.*



*Sunrise: April 23, 1939*

*Sunset: July 8, 2015*

*Isaiah 41:10, 13*

*Fear not, for I am with you;  
be not dismayed,  
for I am your God;  
I will strengthen you,  
I will help you,  
I will uphold you with  
my righteous right hand . . .  
For I, the LORD your God,  
hold your right hand;  
it is I who say to you,  
“Fear not,  
I am the one who helps you.”*



# Inspirational Moments

By Warnedie Cross,  
Resident Volunteer

## An Inspirational Prayer



Heavenly Father, help us to remember that the lady who cut us off in traffic last night is a single mother who worked 9 hours that day and is rushing to home to cook dinner, help with homework, do the laundry and spend a few precious moments with her children. Help us to remember our children and our grandchildren who think they're grown and going down the wrong path. Please protect them and may they truly come to know you as Lord and Savior. Help us Oh Lord to remember that scary looking bum we see begging for money in same spot every day is a slave to addiction which we can only imagine in our worst nightmares. Help us to remember that the old couple waking annoyingly slow in the grocery store in the aisle and blocking our progress is savoring the moment knowing that the biopsy report she received last week, that this will be the last year they go shopping together.

Heavenly Father, remind us each day that the gifts are good. The greatest gift you have given us is LOVE! It is not enough to share your love with our dear ones. Help us to open our hearts, not those who are just close to us, but to all humanity.

Let us not judge others for we all are going through something! Let us be quick to forgive, have slow patience and the love that we have through the death, burial, resurrection of our Lord and Savior Jesus Christ.





## Coordinator's Corner

By Nicole St. John-Wingefeld,  
Service Coordinator

Welcome to the final month of summer OSM. It's hard to believe it's almost over and that I've been with you guys for a year now this month. Time flies when you're having fun.

The Senior Alliance will be providing a holiday meal for Labor Day for people 60 and older, home bound or disabled and alone for the holiday. If you are interested in receiving a meal please let me know on or before August 14<sup>th</sup>.

Some other upcoming events I am working on to take place while I am out on maternity leave include: Sterling Home Health presenting on What happens after a fall, Walgreens will be holding a Flu shot Clinic in September, The Senior Brigade will be here speaking on how to choose a home health or long term care provider, and the Fall Colors Train Tour is scheduled. Please look for upcoming dates and times for these events.

If you are interested in any other topics please let me know so I can start working on finding presenters. Also just to remind everyone that the commodities boxes will be available at St. James church on Monday, August 10 for anyone interested. You must have an ID and a letter with your income to sign up if you haven't already.

*"The best way to find yourself is to lose yourself in the service of others."*

*Mahatma Gandhi*



## The Village of Our Saviour's Manor

A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan,  
Wellspring Lutheran Services and  
The Lutheran Church of Our Saviour

### OSM Board of Trustees

Johnnie Jackson, Board Chair  
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Carolyn Kimbrough, Member  
Michelle Williams, Member  
Myra Davenport, Member  
Judy Piccininni, Member



## It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

*This month we have a guest columnist, Evan Martin, an intern from Oakland University's Wellness, Health Promotion & Injury Prevention Program*

### Let Your Garden Grow



What better hobby than one that creates life! Gardening not only makes the environment around you bloom into something even more beautiful, it also provides some great health benefits. Here are a few important benefits to keep in mind as you plant:

**Increases hand strength:** Gardening keeps hand muscles healthy and strong, because of the continuous work it requires. Try maintaining a garden to lower the risk of your hands losing their agility!

**Decreases risk of Alzheimer's disease:** In a study, researchers found that daily gardening was one of the biggest activities that reduced the risk of dementia. This may be due to the amount of learning and problem solving that goes into managing a garden.

**Improves immunity:** While working outside in your garden, your body is turning sunlight into vitamin D. Vitamin D can help your body fight off diseases, and can also alleviate depression.

You can either choose to start plants from seed early in the season (6 weeks before the last frost) or buy starter plants any time during the summer. Pick out your favorites and watch them flourish!

# Mission, Vision & Values

Just as water from a wellspring is pure and clear, we want our Vision, Mission and Values to be rock solid and easily seen.

## Vision

**Changed Lives. Strong Families. Transformed Communities.**

A ripple is caused by making a splash. Many of our clients believe they can make no positive impact at all. By engaging with the individual to build self-esteem and dip into their own God-given potential, a splash of hope ripples through the individual and the family. We believe this ripple cannot only reach distant shores, but its lasting effect can transform whole communities.

## Mission

**Motivated by Christ's love, we engage people as they experience and embrace their God-given potential.**

At the source is God's love. We seek to release and be a channel of the love that Jesus, by his example, poured out in abundance. It's a love that puts the good of neighbor above personal interests and engages those on the "outside," as he did with a woman he met at a well. Because of this meeting, her life, her family and community were transformed.

## Values

Our values are the things we must live out — things we must not only believe but be. These values help direct our actions and drive our behavior.

- ❖ Christ-centered
- ❖ Excellence
- ❖ Integrity
- ❖ Life

*Our Vision* Changed lives. Strong families. Transformed communities.





*Hope flows through us.*



# Giving Matters.

By Paul J. Miller, CFRE,  
President, PVM Foundation

## Save the Date: Annual PVM Foundation Gala on November 13th!



**When:** Friday, November 13, 2015

5:30 p.m. Sponsor & Patron VIP Pre-Reception

6:30 p.m. General Cocktail Reception & Raffle

7:30 p.m. Dinner, Program & Entertainment

**Where:** COBO Center, 1 Washington Boulevard, Detroit, Michigan 48226

**Cost: \$250 Individual Ticket\*** includes General Cocktail Reception, Dinner & Program

**\$375 Patron Ticket\*** includes Private VIP Pre-Reception, Prime Seating at Dinner & Program

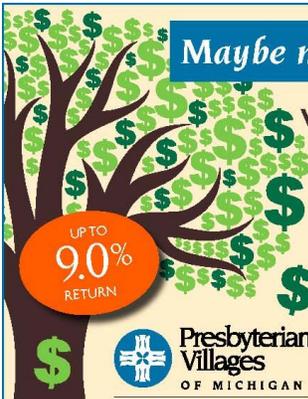
(\*Estimated Fair Market Value: \$125/ticket)

PVM employees can purchase tickets through payroll deduction (form is due no later than October 15). For more information, please contact us at 248-281-2040 or [pvmfoundation@pvm.org](mailto:pvmfoundation@pvm.org), or visit the “Events” page at [pvmfoundation.org](http://pvmfoundation.org).

Thank you for supporting PVM residents and I hope to see you on November 13<sup>th</sup>!

Warm regards,  
Paul J. Miller, CFRE

**Maybe money CAN grow on trees... \$**



**WHEN YOU PLANT A CHARITABLE GIFT ANNUITY WITH PVM! \$**

Did you know you can secure a fixed rate annuity that will generate annual payments for life by making a contribution to PVM? Investments starting at just \$2,500.

Without obligation, PVM Foundation would like to answer any questions you may have. Please call Paul Miller  
**248.281.2045** [www.pvmgifts.org](http://www.pvmgifts.org)

UP TO  
**9.0%**  
RETURN



**Presbyterian Villages**  
OF MICHIGAN  
THE FOUNDATION



# Mayor's Message

By William Wild,  
Mayor, City of Westland



Greetings!

It's hard to believe we are midway through summer! Fortunately, Westland offers many activities here in our All American City for you to enjoy what remains of these warm months.

At 9 a.m. on August 11, I will host my monthly *Mornings with the Mayor* at City Hall. If you have a concern about City services or an idea you would like to share with me in an informal atmosphere, I would love to hear from you over a cup of coffee. Together, we can ensure Westland is all it can be!

Westland's signature event of the year, our fifth annual *Blues, Brews and BBQ* will take place August 14 & 15 at Central City Park which has undergone \$1.3 million in capital improvements. *Blues, Brews & BBQ* promises great Blues music, finger licking barbeque and some of Michigan's finest craft beers provided by Westland's own Ashley's Beer & Grill. *Soul Men*, a Blues Brothers tribute band, will once again headline this event and they will be joined by the *Alligators*, the *Boa Constrictors*, *Broken Arrow*, *Dirty Basement Blues*, *Front Street Blues* and the *Randy Brock Group*. Joining crowd favorites Famous Dave's and Texas Roadhouse, newcomers include Hammon's Kitchen featuring organic, gluten free and raw food choices, Heavenly Hot Dog and Detroit Mini Donut. Returning food vendors include Knox Catering, Beaver Creek, Max & Erma's, Biggby Coffee and Kona Ice. I hope to see you there!

Do you appreciate fresh fruits and vegetables or are you looking for that unique gift for someone special? If so, look no further than Westland's Farmers & Artisans Market open on Thursdays from 3 – 7 p.m. at Central City Park. Join us as we support local growers and crafters and spend an enjoyable afternoon with your friends and neighbors. For all you golfers, did you know that the Westland Municipal Golf Course, Monday Madness offers you an opportunity from noon to 5 p.m. to enjoy 9 holes of golf, an electric cart, a hot dog, chips and soda for \$20 (\$15 for seniors)? What better way to pass a warm summer day that out on the links?

On a more serious note, Wayne County will host its annual Household Hazardous Waste Day on Saturday, August 15 at Westland Mall. Please help us keep Westland safe from improper disposal of hazardous waste and take advantage of this free service provided by the County. For a list of acceptable items, please visit the City's website (address at the bottom of this letter), head to the Westland calendar and click on the link shown under August 15.

I hope so see you at our annual family friendly *Park It Movie Night* being held at Tattan Park beginning at 5:30 p.m. on August 25. This year's feature movie is *Big Hero 6* which will be shown at dusk.

Remember to visit the City's website [www.cityofwestland.com](http://www.cityofwestland.com) and the City's *Facebook* site for the latest news on events happening in our All American City!



# Notes From The Parish Nurse

By Carolyn Kimbrough,  
Parish Nurse, Lutheran Church of Our Saviour|The Village of Our Saviour's Manor

## EXTREME HEAT

Heat kills by pushing the human body beyond its limits. In extreme heat and high humidity, evaporation is slowed and the body must work extra hard to maintain a normal temperature.

Most heat disorders occur because the victim has been overexposed to heat or has over-exercised for his or her age and physical condition. Older adults, young children and those who are sick or overweight are more likely to succumb to extreme heat.

Conditions that can induce heat-related illnesses include stagnant atmospheric conditions and poor air quality. Consequently, people living in urban areas may be at greater risk from the effects of a prolonged heat wave than those living in rural areas. Also, asphalt and concrete store heat longer and gradually release heat at night, which can produce higher nighttime temperatures known as the "urban heat island effect."

A heat wave is an extended period of extreme heat, and is often accompanied by high humidity. These conditions can be dangerous and even life-threatening for humans who don't take the proper precautions.

## Before Extreme Heat

To prepare for extreme heat, you should:

To begin preparing, you should [build an emergency kit](#) and make a [family communications plan](#).

Install window air conditioners snugly; insulate if necessary.

Check air-conditioning ducts for proper insulation.

Install temporary window reflectors (for use between windows and drapes), such as aluminum foil-covered cardboard, to reflect heat back outside.

Weather-strip doors and sills to keep cool air in.

Cover windows that receive morning or afternoon sun with drapes, shades, awnings, or louvers. (Outdoor awnings or louvers can reduce the heat that enters a home by up to 80 percent.)

Keep storm windows up all year.

Listen to local weather forecasts and stay aware of upcoming temperature changes.

Know those in your neighborhood who are elderly, young, sick or overweight. They are more likely to become victims of excessive heat and may need help.

Be aware that people living in urban areas may be at greater risk from the effects of a prolonged heat wave than are people living in rural areas.

Get trained in first aid to learn how to treat heat-related emergencies

Just a reminder I will be taking August as vacation leave. I have shared this with those of you who use my service often. I look forward to returning in September as regularly scheduled: the second (9/14<sup>th</sup>.) and fourth (9/28<sup>th</sup>) Monday of each month. So I bid you each a blessed and safe summer.



# The Senior Advocate.

By Lynn Alexander,  
Vice President of Public Affairs

## Hail to the Victors!

On Friday, June 26th PVM residents from across southeast Michigan converged in Pontiac to participate in the 10th Annual Village Victory Cup. The competition was fierce (but friendly) and there was a lot of spirit and energy displayed throughout the day. For the second year in a row the judges selected the Monarchs from the Village of Our Saviour's Manor as the winner of the Spirit Award. And for the second time in three years, the Stars from the Village of Westland captured the Village Victory Cup. Congratulations to the Monarchs and the Stars and to everyone who participated in this year's event. It was definitely one to remember.



**The Monarchs!**



**The Stars!**

And while the Villages in SE Michigan were battling for the Village Victory Cup, Villages located 100 or more miles from the PVM Home office battled for the Virtual Village Victory Cup. This year a record 66 residents from 7 Villages participated in the 5th annual rendition of this event. When the final scores were tallied the Bizzy-B's from the Village of Spring Meadows II emerged victorious. The Spring Chickens from the Village of Spring Meadows I captured the Spirit Award.

Though the dust has barely settled on this year's event, it's already time to mark your calendar for next year. The date of the 2016 Village Victory Cup is Friday, June 24th. Hope to see you there!



**The Spring Chickens!**



**The Bizzy-B's!**

### Foreign Language Classes

*"I'm going to learn a foreign language someday?"*

*If this is something you've said that day has finally come. The Westland Library is offering free lessons online. Anyone interested in taking a class can sign up on the website.*

[www.westlandlibrary.org](http://www.westlandlibrary.org).

Go on obtain a library card, choose a language and you will be free to start taking the course.

You can do it in the Computer Lab or on your personal computer, providing you have internet in your apartment. You will also need speakers in order to hear the instructor. If you have any questions computer related or concerning this class, please see Will on Tuesday from 10:30 a.m. to 12 noon in the OSM Library/Computer Lab.



# Mike's Maintenance Tips

By Michael Hooton,  
Maintenance Technician

Please put your trash down the rubbish shoot. Reminder, if it can fit down the rubbish shoot, then please place it in the shoot. Please do not leave trash or cardboard boxes on the floors. Thank you for your corporation.



We all know we had several power outages last summer and it caused a lot of inconveniences. We couldn't see and the building was very hot, so my biggest tip for you during this Summer is to have flash lights, plenty of D batteries for them and most importantly please have some water on hand for emergency back up to drink if needed.



A few reminders:

- *Please report all maintenance repairs to the office. (734-595-4663)*
- *Please make sure the dryer lint cleaner is being emptied after each use.*
- *No Candles or Incense to be burned in apartment or building.*
- *Tis the season for our Tornado and Fire drills – All residents must participate*



*Dial 1 -734-740-4777 for after hour maintenance emergencies.*



# Bruner's Brief Bulletin

By Graziella Bruner,  
Administrative Assistant

Celebrate  
Your  
Life!

**All You Have Is Today!**

Tomorrow is not promised to anyone, in fact if you really think about it. It's always today, and it's always, **Right Now!** Yesterday is gone and tomorrow, never comes! We can't change yesterday, but you can do something about your **NOW**, which will then turn into your yesterday. So, what are you going to do today to celebrate you and others? Make your yesterday or someone else's yesterday a day that they would love to remember and cherish forever.

What are you speaking into your life as well as others? There's power in your tongue, you can speak either Life or Death into someone's life. Choose Life and Encourage and Edify. Remember all we have is NOW, so take the time to enjoy yourself, your life and your **NOW!**

make  
your life  
worth  
loving

# Events for August 2015

## Happy Birthday!!!



Harold Horn – 8/14  
 Vivian Shelton - 8/19  
 Louise Rush – 8/27



AUGUST		August 2015					IT'S SUMMER!
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1	
02 National Friendship Day National Sisters Day 	03 9 am Coffee & Conversation 2 pm Support Group/Sterling 2:30 pm PS Credit Union 6:00 pm Bible Study  	04 10:30 am Computer 11:00 am –1 pm Body Works 	05  9 am Coffee & Conversation 11:00 am Focus Hope 11–1 pm BP Checks & Immunization Presentation	06 1:00 pm Walmart 	07  9 am Coffee & Conversation 1:00 pm BINGO 	08 9 am Coffee & Conversation 6:00 pm Game Night 	
09 National Book Lovers Day 	10 9 am Coffee & Conversation 4:00 pm—Movie 6:00 pm Bible Study 	11 10:30 am Computer 11:00 am –1 pm Body Works 	12 9 am Coffee & Conversation 11:00 am Resident Activities Meeting 	13 Left Handers Day 1:00 pm Kroger  	14 9 am Coffee & Conversation 1:45 pm Schwan's 	15 9 am Coffee & Conversation 6:00 pm Game Night 	
16	17 9 am Coffee & Conversation 2:00 pm Movie Day/Raffle 6:00 pm Bible Study  	18 10:30 am Computer 11:00 am –1 pm Body Works 1:00 pm—Compassionate Hearts Visitations 	19 9 am Coffee & Conversation 11 am Administrator's Meeting 2:00 pm Sing A Long 6:00 pm Karaoke 	20 1:00 pm—Meijer 	21  9 am Coffee & Conversation 1:00 pm BINGO 	22 9 am Coffee & Conversation 6:00 pm Game Night 	
23	24 9 am Coffee & Conversation 6:00 pm Bible Study  2 pm Support Group/Sterling	25 10:30 am Computer 11:00 am –1 pm Body Works 	26 9 am Coffee & Conversation 2 pm Wii Games 6:00 pm Karaoke 	27 12:00 pm Cracker Barrel 	28 1:45 pm Schwan 2:00 pm Bingo—sponsored By Sterling Home Healthcare Pizza & Gifts  	29 9 am Coffee & Conversation 6:00 pm Game Night 	
30	31						

# August Recipe

## Summer Corn & Tomato Pasta



### Ingredients

Salt

1 pound bow-tie pasta

2 tablespoons extra-virgin olive oil

2 garlic cloves, smashed

1 pint cherry tomatoes

3 ears fresh corn, kernels cut off

2 tablespoons unsalted butter

1/4 cup fresh basil leaves, torn into pieces

### Directions

1. Bring a large pot of salted water to a boil and cook the pasta until al dente; drain.
2. Meanwhile, in a large skillet, heat the olive oil over medium heat. Add the garlic and tomatoes and cook, stirring occasionally, until the tomatoes are softened, about 5 minutes. Stir in the corn, raise the heat slightly and cook until the corn is heated through and golden, about 5 minutes.

Season to taste with salt.

3. Add the vegetables, butter and basil to the pasta and toss.

***ENJOY!***

# Monthly Word Search

## August Summer Puzzle

J U N E S T S S S S Y K S E U L B M  
 U S M E A U Y E O U H I K I N G S A  
 S M W E E A N L U B N W A S E Y R E  
 U T W I R R S G I C A B L N A R E R  
 N S H V M T C C L T E A U D T V L C  
 T Y U G I M Y S E A D B I R S S K E  
 A G L C I C I R N N S L R R N D N C  
 N R E U L F M N A U O S E A R G I I  
 O E A E J E R S G H S W E A B N R C  
 S E D A L B R E L L O R O S R I P R  
 C N A O F L O G T L T B T E E T S E  
 H G N I H S I F F A E O A E E A H C  
 O R C A M P I N G T W T H B Z O C C  
 O A C I N C I P A W A S P S E B A O  
 L S F L I E S K M O S Q U I T O E S  
 T S U G U A S I L L A B E S A B B O  
 G N I N E D R A G S U N S H I N E N

ANTS  
 AUGUST  
 BARBECUE  
 BASEBALL  
 BEACH  
 BEES  
 BICYCLE  
 BLUE SKY  
 BOATING  
 BREEZE  
 CAMPING

FISHING  
 FLIES  
 FLOWERS  
 GARDENING  
 GOLF  
 GREEN GRASS  
 HAT  
 HIKING  
 HOLIDAYS  
 HOT  
 ICE CREAM

JULY  
 JUNE  
 MOSQUITOES  
 NO SCHOOL  
 PICNIC  
 ROLLER BLADES  
 SANDALS  
 SKATEBOARD  
 SOCCER  
 SOLSTICE  
 SPRINKLERS

SUNBURN  
 SUNGLASSES  
 SUNSCREEN  
 SUNSHINE  
 SUNTAN  
 SWEAT  
 SWIMMING  
 U V RAYS  
 WASPS  
 WATER FIGHTS  
 WATERMELON

## August Observances & Fun Facts:

### August is observed as:

- National Catfish Month
- National Golf Month
- National Picnic Month
- National Eye Exam Month
- Family Fun Month
- Peach Month
- Romance Awareness Month

### Weekly Celebrations

- Week 1 – National Simplify Your Life Week
- Week 2 – National Smile Week
- Week 3 – Friendship Week
- Week 4 – Be Kind to Humankind Week

### August Flower and Birthstone



The Poppy



The Peridot

### On Site Banking



Public Service Credit Union will be here, **August 3rd at 2:30 PM**

They will take care of all your banking needs, supply quarters, and stamps as well.



**FREE NOTARY Services**  
 Provided  
 To All of Our  
 OSM Residents

Please visit the office and See Mrs. Graziella Bruner for more details

## OSM Classifieds:



### *OSM Gifted Hands:*

These wonderful volunteers use their sewing skills and talents to make items such as blankets, pillows, dolls and even giant teddy bears. All items are given away to organizations such as the Westland Goodfellows. If you can use a sewing machine or stuff a pillow and would like to volunteer and be a part of OSM Gifted Hands, please see Ms. Louis Rush or Ms. Alice Finley.



### *OSM Compassionate Hearts:*

If you have a heart for people, we're looking for volunteers to join OSM Compassionate Hearts. Headed by Ms. Warnedie Cross, Compassionate Hearts are a group of residents that volunteer to visit their fellow neighbors while hospitalized or in rehab. You will be surprised what a friendly face, a warm hug, prayer and a loving smile and will do for someone.



### *OSM Growing Hands:*

Do you like to garden and get your hands dirty? Well come and join are gardening volunteers, OSM Growing Hands. This group volunteers to work in and care for our new garden. We're praying that OSM Growing Hands garden will produce enough vegetables to help feed those in our community. If you have a green thumb and would like to volunteer please see Ms. Gloria Jefferson.



### *OSM Caring Hands:*

We are in need of volunteers for our homeless project. Please see Ms. Margo Taylor if you're looking to join OSM Caring Hands. This group volunteers to crochet blankets and create pillows using plastic grocery bags known as plarn. We are also in the process of raising funds to be able to purchase items to make toiletry bags to pass out to the homeless. Let's not forget our fellow man and reach out to those less fortunate than ourselves.



### *OSM Fisherman:*

Love to fish? This is the group for you! Headed by Mr. David Brown, OSM Fishermen is a group of residents that enjoy being at the lake and casting their rods. If you ever wanted to try your hands at fishing, please come and join this group.

# OSM Local Sponsors:

*Samantha White*



*Sterling Home Health Care, Inc.*

5880 CANTON CENTER RD.  
SUITE 490  
CANTON, MI 48187

CELL: (248) 229-6887  
OFF: (734) 207-9990  
FAX: (734) 207-9991

**313-671-5555**



**Paulette Styles**



## The Village of Our Saviour's Manor



# Village Staff

**Aaron Price**  
*Administrator*

**Michael Hooton**  
*Maintenance Tech*

**Graziella Bruner**  
*Administrative Assistant*

**Nicole Wingenfeld**  
*Service Coordinator*

**Kesha Akridge**  
*Director of Housing*

**Carolyn Kimbrough**  
*Parish Nurse*

**Martha Adams**  
*Volunteer Program Coordinator*

**Warnedie Cross**  
*Volunteer Driver*

**Office Number** (734) 595-4663  
**Emergency Number** (734) 740-4777  
**Fax Number** (734) 595-2222  
**Service Coordinator** (734) 722-9763



**Presbyterian Villages of Michigan Mission Statement**

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

[www.pvm.org](http://www.pvm.org)



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)

The Village of  
**Our Saviour's Manor**  
A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan,  
Wellspring Lutheran Services and  
The Lutheran Church of Our Saviour

**29495 Annapolis Road**  
**Westland, Michigan 48186**

## Congratulations!

You are being recognized because  
"What you did mattered!":



\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*Thank you for what you did!*

Employee Name: \_\_\_\_\_

Person Recognizing Employee: \_\_\_\_\_

Date: \_\_\_\_\_

**\*\* Please turn this card into Village Administrator for a chance to win a prize \*\***  
**ACCOUNTABILITY • LISTENING • RELATIONSHIPS • RESPECT**



**Embrace the possibilities**

**Is there someone on the staff that you would like to recognize for their work? Fill this out this form and turn it into the office. They might win a prize!**