



Village News



Embrace the possibilities

420 S Opdyke Rd • Pontiac, MI 48341 • www.pvm.org

August 2016

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The Village of Oakland Woods

A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan

Look for PVM on:



August is upon us! Where does the time go? Summer always seems to come and go so quickly. You may have noticed we have many projects ongoing throughout the Village. These include the removal of all dead trees from the property, repair and replacement of concrete areas and parking blocks, power washing the buildings and others designed to bring Oakland Woods to an amazingly aesthetic appearance. We thank you for your patience and diligence during these projects and rest assured the outcome will be worth the inconvenience.

August is going to be a very busy month in addition to the ongoing projects, our events calendar is stacked with fun and interesting exercise and activities. Please note some of the following dates. August 5th, Belle Isle Trip. August 10th Metro Parks Summer Fun Day, August 12th Brunch at the Toasted Bun, August 19th our Village 36th Anniversary Celebration, August 26th Oakland Woods First Sock Hop and Birthday Celebration plus many more. Please check your events calendar for times and sign up at the community center.

The Oakland Woods Garden Club will be hosting their annual Village fundraiser as part of the 36th Anniversary Celebration. It's a wonderful opportunity to help the Village Garden Club while brightening up your home with some gorgeous plants. Stop by the Gazebo to check out the selections.

The Oakland County Fresh Foods Initiative program is still available at the Village. You can order fresh fruits and vegetables, grown organically and locally at a discounted rate. Order forms are available at the office.

WE NEED YOUR HELP! We strive so hard to keep Oakland Woods one of the most beautiful sites in the PVM family but we can't do it alone. Please try and assist us by keeping the dumpster enclosures clean. Lift the lid and put your garbage in the dumpster not on the ground beside it. This attracts animals and can promote disease. It also causes issues for our hard working maintenance crews. A little effort can go a long way. If you are physically unable to open the lid please just call the office and we will meet you at the receptacle to assist you in properly disposing of your garbage. There is no reason for garbage not to be put in the dumpsters. Again we will help you just let us know.

Lastly we are in the throes of one of the worst drought summers in a decade. Everyone is suffering and especially our plants and grass. We will do our best as we ask you to do yours in riding this difficult weather period.

Thank you, Oakland Woods Management.



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

Secure your tickets and sponsorships now!

All That Jazz!

The Countdown is On!
Annual PVM Foundation Gala—November 11th!

When: Friday, November 11, 2016

5:30 p.m. Sponsor & Patron VIP Pre-Reception

6:30 p.m. General Cocktail Reception & Raffle

7:30 p.m. Dinner, Program & Entertainment

Where: COBO Center, 1 Washington Boulevard, Detroit, Michigan 48226

Cost: **\$375 Patron Ticket*** includes Private VIP Pre-Reception, Prime Seating at Dinner & Program

\$250 Individual Ticket* includes General Cocktail Reception, Dinner & Program

(*Estimated Fair Market Value: \$125/ticket)

PVM employees –get your **discounted tickets** through payroll deduction for less than \$21 per paycheck (if secured by August 18)!

For more information, please contact us at 248-281-2040, pvmfoundation@pvm.org,

or visit pvmf.org/Gala2016.

Thank you for supporting PVM residents and I hope to see you for **All That Jazz!** on November 11th!

Warm regards,

Paul J. Miller, CFRE

**GET YOUR
TICKETS TODAY!**
Food, fun and All That Jazz!
as we celebrate Michigan seniors!
Tickets and more at
www.pvmf.org/Gala2016

ALL THAT JAZZ!



**PVM FOUNDATION
2016
GALA
NOVEMBER 11TH
CORB
CENTER**



For more information call Paige Vanzo at 248-281-2043



Service Coordinator News

By Danette Pye,
Service Coordinator

“Happiness is not something you postpone for the future; it is something you design for the present.”

~Jim Rohn

Word of Thanks

I would truly like to thank **Dick Euler** for taking time to assist in the delivery of the Focus Hope Boxes. It really means a lot when you have someone who cares. Dick, I appreciate you for noticing help was needed here at the Village of Oakland Woods and taking the time out of your schedule to make sure the resident’s boxes are delivered.



I would also like to acknowledge **Ted Owen** for assisting Dick in the delivery of the Focus Hope Boxes. Ted is here faithfully every month, not because he has to be here, but because he cares enough to ensure the residents receive something they depend on.

Cooley Law School

I would like to thank **Cooley Law School** for coming out to assist our residents with their Healthcare Documents, Wills and other important Documents. Our residents were thankful and very appreciative of the services Cooley Law School provided.



PRESENTATION

Join us for a presentation on **Public Transit through the Oakland County Commission**. Come and hear what is being said about Public Transportation in the community room on **August 15, at 2:00 pm**.

Refreshments will be served

Bingo and Blood Pressures

Join Sabrina Sawson from Sunshine Home Care on **August 9 at 11:00 am** for BINGO and Blood Pressures. Please see your calendar for more blood pressure dates.





Wellness Coordinator News

By Daniela Blechner,
Wellness and Activities Coordinator



SUMMER FUN!!



Thank you to everyone who made our events and activities in July such a great success—especially our Huron Lady boat cruise and attendees to our Sit & Be Fit Class! We had a busy month, and it was great seeing so many residents out and about enjoying our beautiful (albeit hot) Michigan summer!

If you are still considering trying our seated exercise class—Sit & Be Fit, we will be continuing it in August! New participants are always welcome. And for those who have tried the class, I encourage you to continue coming on a weekly basis. Forming healthy habits and starting an exercise routine is an important part of living a long and happy life! There will always be something that could be an excuse not to come to exercise, but you owe it to yourself to make the commitment and stick to an exercise schedule that will help your body stay healthy and strong! Plus this class is a great way to continue to connect with other residents and members of your community! I hope to see everyone in class on Wednesdays at 1pm.

One more “thank you” to those of you who completed the Travel Survey included in our July Newsletter. I have tallied the results, and by a large majority you have decided to take a trip to Grand Rapids this fall! I think this will be a great getaway, and I am excited to start planning the 2-3 day trip and anchoring in some of the details. More information and pricing to come in the next couple of weeks, so please keep a look out for that!

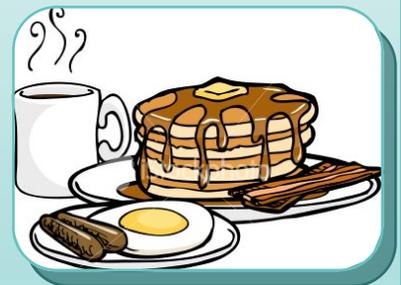
AUGUST EVENTS

Belle Isle: On Friday, August 5th at 10am we will be taking a day trip to Belle Isle. The trip will include opportunities to see the Belle Isle Aquarium, as well as the Conservatory. Admission to both is free. Please plan on bringing a lunch and/or snacks with you. There are small food carts and vendors located throughout the island, however there is no central dining hall or restaurant for visitors to purchase food and eat at.



Metroparks Summer Fun Day: This trip is one put on by Oakland County's Metroparks division. This was an "early sign-up" trip and the sign-up is no longer open. Participants who did sign up can be found in the sign-up binder under the correct tab. Our trip to Stoney Creek Park will take place on Wednesday, August 10th and it will be an all-day event. Exact departure times TBA, so please be on the lookout for that if you are someone who signed up. Those signed up and attending the trip must stop by Daniela's office and sign a waiver to attend. Thank you!

Brunch at Toasted Bun: We will take a short trip for some yummy breakfast/brunch food at the Toasted Bun on Friday August 12th. We will leave the Community Center at 10:30am that Friday and return sometime in the early afternoon. Residents will be responsible for the cost of their own food. Please be sure to sign-up in the binder for this outing!



Anniversary Party: On Friday, August 19th we will be celebrating 36 years of Oakland Woods! Please join us for this celebration, which will include good food, musical performances, bingo and other games to ring in our 36th year! Oakland Woods will provide a majority of the food, and residents attending are encouraged to bring either a side dish or a dessert to share for the celebration! The event will kick-off at 1pm on Friday August 19th. Hope to see everyone there!

AUGUST EVENTS CONT.

Billiards Hall: Join us for a trip to the local billiards hall on Monday August 22nd! We will leave for the hall at 10am, and enjoy a few hours of pool with neighbors and community members. This is a great opportunity to participate in a social activity with other residents, and perhaps try something new or different from what you have done in the past. Come on out and join us for this fun activity! The billiards hall is free and open to the public.



Canterbury Village: On Thursday, August 25th, we will take a trip to Canterbury Village for some shopping and lunch. We will leave for the trip at 10am. The exact lunch location is yet to be determined, and residents will be responsible for the cost of their own food. This should be a beautiful and relaxing day where attendees will have an opportunity to browse around the shops and enjoy some good food and company! Please sign up prior to the day of the trip.

Sock Hop Birthday Celebration: For this month's birthday



celebration we will be trying something a little different. Prior to our cupcakes, refreshments and birthday singing we will have a "Sock Hop" to celebrate all of our August birthdays! The Sock Hop will begin at 1pm and last about an hour. Please feel free to join in the fun and dress up ready to dance! It should be a lot of fun!

Homegoods: Our last trip for this month will be to the HomeGoods store for some retail therapy. We will actually be going on this trip on Thursday, September 1st, at 12pm. This store provides discounted items for everything you could need for your home, and is located within a strip mall where attendees on the trip may also decide to visit other stores if needed. Again, please be sure to sign up in advance for this trip. Hope to see you there!





ANNIVERSARY CELEBRATION!

Join us in celebrating 36 years of Oakland Woods!

Friday, August 19th, 1:00pm

Party Activities Will Include:

- ◆ Bingo
- ◆ Performance by the Village Chorus
- ◆ Garden Club's Annual Plant Sale!
 - ◆ Lawn Games
 - ◆ Food/BBQ*
 - ◆ Prizes
- ◆ Fun for Everyone!



Experience Summer Fun at the Metroparks!

Transportation, food, recreational and educational activities are all provided for free. Community organizations within Livingston, Macomb, Oakland, Washtenaw and Wayne counties are welcome to register for a fun filled day at the Metroparks.

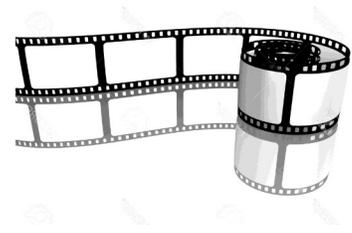


• STONY CREEK	June 30	July 14	July 29	August 10
• LAKE ST. CLAIR	July 7	July 26	August 3	August 9
• HUDSON MILLS	July 1	July 6	July 28	August 5
• KENSINGTON	July 12	July 25	August 2	August 8
• LAKE ERIE	July 5	July 15	August 1	August 12
• LOWER HURON	July 8	July 27	August 4	August 11

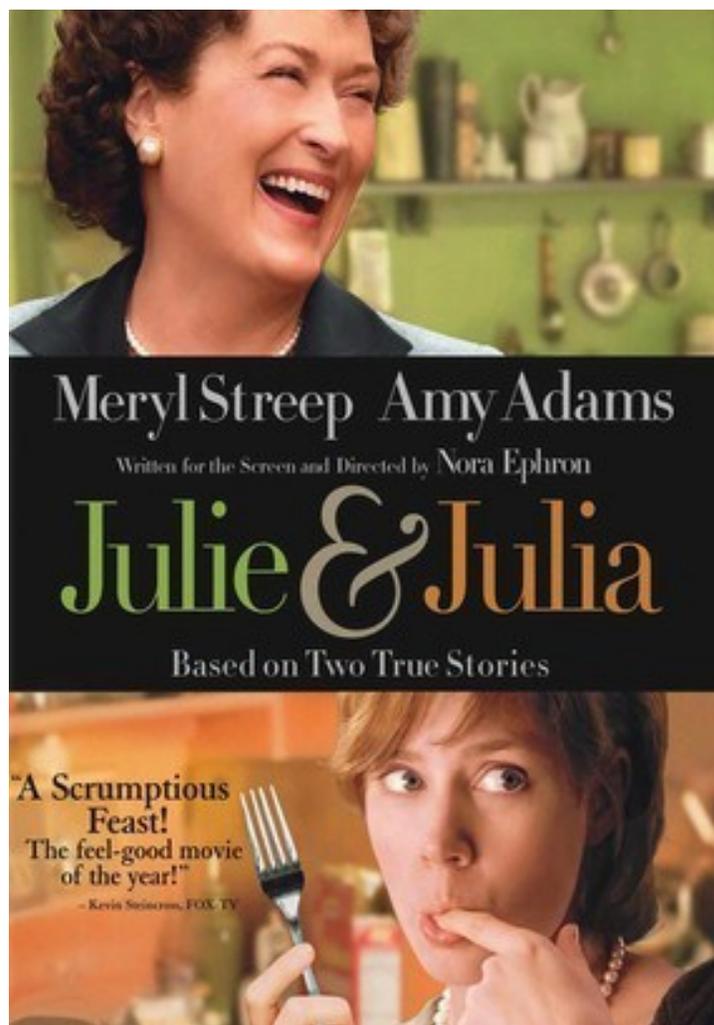


**** Highlighted Date & Location will be the Summer Fun Day that Oakland Woods will be participating in.****

Theater Thursday

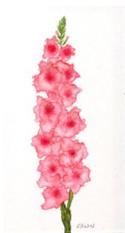


- ♣ **Thursday, August 11, James Bond—Spectre:** James Bond continues his run of romance and foreign intrigue in this tense thriller that pits him against the global terrorist organization SPECTRE. Already battling political interference, MI6 and Bond must again take on their most implacable foe.
- ♣ **Thursday, August 18, Julie And Julia:** This heartwarming, truth-inspired tale stars Amy Adams as Julie Powell, who decides to spice up her uneventful life by cooking all 524 recipes outlined in Julia Child's culinary classic *Mastering the Art of French Cooking*.



August

By Marion Doyle



Flower:
Gladiolus



Gem:
Sardonyx

A month of gold, gold flowers, gold sun,

And gold stars falling, one by one.

Under moons of golden glow

The golden shocks stand row by row.

Gleaming like globes of golden glass

Ripe pears hang, tempting all who pass!

Upon the hills, in the meadows, nod

The waving plumes of goldenrod.

Swallowtail butterflies like winged fairies,

And gold on the wings of wild canaries

That twitter in voices soft yet clear...

“August’s the golden month of the year.”

Birthday Celebration!

The Birthday Party will be held on Friday, August 26. Please join us in the community room at 1 pm for the celebration and Sock Hop!

Alma Shelton.....	8/4
Willa Cassey.....	8/5
Charles Pryor	8/5
Alice Phelgm	8/7
June B. Ard	8/10
Maggie Duncan	8/11
Elizabeth Allen	8/14
Karen King	8/14
Colleen Moberly.....	8/14
Jennie Powell.....	8/14
Gertrude Rankin	8/16
Roseann Ramsey.....	8/16
Jacqueline Jones.....	8/21
Novella Turner	8/22
Sarah Pauling.....	8/24
James Carrington	8/30
Autry Michael	8/31

A Birthday Greeting

By James P. Whedon

May ever the days be gladsome,

Always the skies be blue...

Love be faithful companion,

Friends be many and true,

Flowers in abundance thy portion,

Bright days to greet anew,

Harvests of peace and contentment,

Theses are my wishes for you.

Staff Birthdays:

Sharon Benton.....	8/5
Danette Pye.....	8/5

**WISHING EVERYONE A
VERY HAPPY BIRTHDAY
THIS MONTH!**



Resident Council News

By Judy Shatto,
Resident Council President

Village Flowers Contest:

A random selection of beautiful flower arrangements are now posted in the Community Room, on the Resident Council's bulletin board. Yes, I was out on campus sneaking around taking pictures! You must identify all of the pictures correctly by apartment or cottage number to win the prize!



Dumpsters:

All garbage and trash must be put in plastic bags and tied securely before you deposit them in the dumpster. Double check to see if your bags actually landed inside the dumpster. This is a rule for all residents. Notify the office if you see anyone who is violating these procedures or if you notice other problems regarding the dumpsters. If you have larger "bulk" items to get rid of, it is your responsibility to remove these items or call the office for a service contact that you can hire to remove the items. Bulk items should not be left outside of the dumpsters.



School Supplies:

Did you know that July and August are the best months to get great sale prices on school supplies? We will be collecting school supplies this year for the Whitman School on Montcalm in Pontiac. The books for the "Book Trolley" will also go to them. Please donate generously. We all must remember how excited we felt when we received NEW pencils, paper, and crayons etc. Our collection box will be set up in the lobby.



Annual Ice Cream Social/Bake Sale/ Book Sale Fundraiser:

The date for this fun and tasty fundraiser is **Saturday, September 10**, from 2-4pm in the Community Room. We need volunteers to help with the event. The generous donations will go to build up your Resident Council's treasury, in order to make future purchases for the residents. More details to come in our September newsletter. Hope to see everyone there!

Garden Club:

The Garden Club will have its Annual Plant Sale at the Anniversary Celebration for Oakland Woods. We also will have a number of books that you may have for a Love Offering. See you at the Gazebo!

Resident Council Board

Judy Shatto, *President*
(248) 499-8574

Dolores Ochoa *Vice President*
(248) 535-7306

Vernice Johnson, *Secretary*
(248) 622-4470

Catheryn James, *Treasurer*
(248) 891-9290

Ruthie Griffin, *Sympathy Cards*
(248) 322-4222

August 2016

National Immunization Awareness Month

SU	MON	TUE	WED	THU	FRI	SAT
	1 9:00 Strength Training 2:00 Bible Study	2 9:00 Balance & Core 11:00 TOPS 11:00 Blood Pressure Clinic 1:00 Walmart & Chase	3 9:00 Strength Training 10:00 Prayer Group 11:00 Village Chorus 1:00 Sit & Be Fit	4 9:00 Stretch & Flex 12:00 Adult Coloring Book Social Hour	5 9:00 Balance & Core 10:00 Belle Isle Trip	6
7	8 9:00 Strength Training 2:00 Bible Study	9 9:00 Balance & Core 11:00 TOPS 11:00 Blood Pressure Clinic & Bingo 1:00 Hollywood Market 2:00 Garden Club	10 <u>NO EXERCISE</u> Metroparks Summer Fun Day!	11 9:00 Stretch & Flex 1:00 Theater Thursday <u>FRUITS AND VEGGIES</u>	12 9:00 Balance & Core 10:30 Brunch at the Toasted Bun <u>FRESH FOOD SHARE</u>	13
14	15 9:00 Strength Training 2:00 Public Transit Presentation 2:00 Bible Study	16 9:00 Balance & Core 11:00 TOPS 11:00 Blood Pressure Clinic 1:00 Kroger & JoAnn Fabrics (Telegraph Rd.)	17 9:00 Strength Training 10:00 Prayer Group 11:00 Village Chorus 1:00 Sit & Be Fit	18 9:00 Stretch & Flex 1:00 Theater Thursday <u>FOCUS HOPE</u>	19 9:00 Balance & Core 11:00 Line Dancing 1:00 36th Anniversary Party!	20
21	22 9:00 Strength Training 10:00 Billiards Hall Trip 2:00 Bible Study	23 9:00 Balance & Core 11:00 TOPS 11:00 Blood Pressure Clinic 1:00 Meijer 2:00 Resident Council Meeting	24 9:00 Strength Training 10:00 Prayer Group 11:00 Village Chorus 1:00 Sit & Be Fit	25 9:00 Stretch & Flex 10:00 Canterbury Village & Lunch	26 9:00 Balance & Core 11:00 Line Dancing 1:00 Sock Hop & Birthday Celebration	27
28	29 9:00 Strength Training 2:00 Bible Study <u>FREE TABLE</u>	30 9:00 Balance & Core 11:00 TOPS 11:00 Blood Pressure Clinic 12:30 Aidi	31 9:00 Strength Training 10:00 Prayer Group 11:00 Village Chorus 1:00 Sit & Be Fit	1 9:00 Stretch & Flex 12:00 Homegoods Trip	2 10:00 Balance & Core	3

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Number

(248) 334-4379

Village Staff

Kevin Centala
Administrator

Sharon Benton
Administrative Assistant

Carolyn Mancos
Administrative Assistant

Jack Johansson
Leasing Specialist

Danette Pye
Service Coordinator

Daniela Blechner
Wellness and Activities Coordinator

Tim Coil
Maintenance Lead

Matthew Myers
Maintenance Tech

EMERGENCY MAINTENANCE

(248) 330-0213

On-Site Security

(248) 917-2539



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

Embrace the possibilities

Pontiac, MI 48341-3145

420 S Opdyke Rd

A Mission of Presbyterian Villages of Michigan

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Oakland Woods
The Village of

