



Woodbridge Life



Embrace the possibilities

1300 Martin Luther King, Jr., Blvd. • Detroit, Michigan 48201 • www.pvm.org

September, 2016

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September Activities

Sept. 4 (Sun): Praise & Worship Service
Community Rm3 pm

Sept. 14 (Wed.): Resident Council Meeting....
Dining Rm.....1:00pm

Sept. 7 (Wed.): PharMor Brown Bag
Presentation **Food, Fun & Prizes**....11:30 am

Sept. 16 (Fri.):....Resident Picnic at Belle Isle
Transportation Provided – Please Sign Up

**Sept. 19 (Mon.): Elected Officials
Presentation & Luncheon**12 pm

Sept. 21 (Wed): Focus Hope Delivery...12pm

Sept. 5 **Labor Day**

Sept. 8 **International Literacy Day**

Sept. 11 **Patriot Day**

Sept. 11 **Grandparents Day**

Sept. 15 **Day, Democracy**

Sept. 16 **Constitution & Citizenship Day**

Sept. 17 **Octoberfest Begins**

Sept. 18 **National Cheeseburger Day**

Sept. 17 **Autumn Begins**

Sept. (Tues): Bible Study.....
Dining Rm..... 7 pm

Sept. (Wed.): Bible Study.....
Multi-Purpose Rm 10am

Sept. (Wed.): Dominos.....
Multi-Purpose Rm7pm

Sept. (Thurs., Fri. & Sat.): Pokeno.....
Community Rm 7pm

Sept. (Fri.): Movies in Mini-Theater3pm

Netflix (Anytime): Mini-Theater Rm

MI Transit Plan Approval Urgent for Seniors

By Matt Helms, Detroit Free Press

Ahead of the regional vote on a 4.7 billion expansion of mass transit in southeast Michigan this fall, advocates highlighted the lack of mobility options for the growing number of seniors who outlive their ability to drive.

A coalition for Transit, a group supported by business, civic and community leaders, said at a news conference that metro Detroit's inadequate public transit poorly serves everyone who lives in the region, but particularly the estimated 20% of seniors 65 and older who can no longer drive.

The coalition said that seniors on average outlive their ability to drive by 7-10 years and nearly 70% (roughly 445,000 people) have little or no access to public transportation in the cities and suburbs of Wayne, Oakland, Macomb and Washtenaw counties. That makes it difficult for seniors to get to doctors' appointments, grocery stores and social events.

Roger Myers, President and CEO of Presbyterian Villages of Michigan (PVM),



The Village of
**Woodbridge
Manor**

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



Giving Matters

By Paul J. Miller, PVM Foundation President

Time to choose, your home or your health?

Thanks to YOU, that's a choice seniors may not have to face

Too many hard-working Americans are just a health crisis away from financial ruin. Many have outlived their retirement earnings—the earnings they spent years working for. Many don't have a relative nearby or a place to turn if finances fail.

But they have hope. They have **YOU**.

Because of generous donors, the PVM Foundation can offer
Benevolence and Resident Assistance.

These unwavering commitments help those who have outlived their financial resources. They ensure that residents can continue to have a home, get through an emergency, or simply afford basic medical needs—like glasses. ***These programs would not be possible without the caring support of generous PVM donors.***

Learn how you can give a senior hope and security in a crisis. Visit PVMF.org or call us at 248-281-2040.

Warm regards,
 Paul J. Miller, CFRE

MI Transit Plan

Continued from Pg. 1

called the **Nov. 8 vote** on the 20-year plan for expanded transit crucial to providing safe, reliable and connected transit in a region with one of the lowest levels of funding among big U.S. cities. He went on to say, “It’s a huge opportunity...to finally address in a comprehensive and rational way these needs.”

Jewish Family Service provides programs and assistance for 12,000 in metro Detroit, including door-to-door transportation that crosses city and county lines so seniors can get where they need to go. Its metro Detroit Senior Director of older adult services, **Julia Gaydayenko**, “We have to turn people away every day. We can’t fit them on the schedule. We don’t have the capacity, so sometimes people are stuck in their home.”

Voters in the four counties will be asked in November to approve a 20 year, 1.2 mil. property tax to pay for the transit expansion which will cost the average homeowner about \$95/yr. In addition to the major rapid bus transit lines the plan calls for express bus service to Metro Airport, commuter rail between Detroit and Ann Arbor, expanded cross-county bus lines and localized transit for outlying areas of the counties as well.

Paul Bridgewater, President and CEO of Detroit Area Agency of Aging (DAAA) said that the region can’t afford to let the transit millage fail. We can and must do better.”

Resident Council

Resident Council Meetings: Every Second Wednesday, the Month at 1pm

From the Resident Council President's Corner:

Welcome Back. "To everything there is a season...." Spring planting, summer growth, fall harvest and winter's feast. Woodbridge Manor residents are holding on to summer, at least until we celebrate our picnic, September 16th at the beautiful Belle Isle Park.

Prior to our picnic, we will "fall" into regular business when we resume our Woodbridge Manor resident council meeting on September 14th at 1pm.

Here's hoping you all had a marvelous summer vacation and experienced spiritual, emotional and financial growth.

Lastly, thanks to all those that worked to make the Woodbridge Manor garden a success. You nourished our bodies with fresh produce. You are loved and appreciated there's nothing like a good neighbor.

But the fun isn't over yet, look forward to fall festivals and holiday celebrations.

Want to learn more? Come to the next Resident Council Meeting, every Wed., in the dining room at 1pm

Resident Council Officers

Clenora Byes, President **Annie G. Watts**, Vice President
Hazel Johnson-Anderson, Treasurer **Mary Austin**, Assistant Treasurer
Gwendolyn Battle-Green, Secretary **Cassie Parker**, Assistant Secretary
Mary Washington, Sergeant-At-Arms

Floor Captains

1st Floor (East – 101 - 121): Hazel Johnson-Anderson
1st Floor (West – Beauty Shop-146): Willie J. Dean

2nd Floor (East: 201 - 215): Mary Austin
2nd Floor (Center: 216-237): Annie Juners
2nd Floor (West: Laundry Rm-246): Peggy Clark

3rd Floor (East/Center/West): Gregory Hawkins

FAWN (Fighting AIDS With Nutrition):

AIDS is a devastating disease that millions of innocent people suffer from & die. In addition, children are left without family; homeless & destined to rummage for food, child slavery or some other horrific tale. But AIDS is a battle in which YOU CAN MAKE A DIFFERENCE...one can at a time.

If you are interested in providing liquid nutrition to those (men, women & children) suffering from AIDS in Africa, please donate to the cause & learn more about how you can help at Woodbridge Manor. For more info, please fightingaids.org

PENNIES from HEAVEN

Woodbridge Manor (WM) has established its very own philanthropic endeavor to help those less fortunate for the betterment & empowerment of others for a more just environment for all. We give because we can & we continue because we must. With the collection of simple soda plastic/cans, bulk hygiene & warming items, WM is able to donate without putting the participant, both the recipient & donor, in a financial hardship.

THANK YOU TO ALL WHO SUPPORTED WM's Friends & Family RESIDENT ENGAGEMENT FUND



Friends & Family Events

- Princess Boat Luncheon
- Resident Picnic & Transportation at Belle Isle (Sept. 16th)

It's Your Life. Live It Well

By Tom Wyllie, PVM Director of Wellness

A Living Memorial

During a recent visit to the Village of Sage Grove in Kalamazoo, Administrator Paula Hager took me for a stroll through their community garden to see their newly planted Living Memorial Tree. The idea for the tree sprang from a comment Paula overheard during the funeral of a resident who had recently died. Reflecting on the person who had passed, she heard someone remark, "we should plant a tree." That simple comment put into motion what this spring and summer became, a community wide effort to create an accessible space on the campus to honor the residents who spent the last years of their lives at the Village.

A local supplier provided the concrete for the walkway; a local contractor provided the labor to build the walkway; and a local nursery provided the tree. And others donated anonymously to the project. In the end, the Sage Grove did more than just plant a tree. They mobilized the community by building a lasting memorial to the villages past. Management created a space for current residents, friends and family to renew themselves spiritually because when it comes to wellness, you hear a lot about mind and body, but you rarely hear about the spirit.

This is only one of many examples of how our residents at PVM honor the past, present and future. Let's find a way to tell your story.



Interested In Advertising In Woodbridge Life?

*Be A Servant
Leader In
Your Industry:
"But among you it
will be different;
whoever wants to
be a leader
among you must
be your servant."
Mathew 20:6*



Call us at
313-494-9000
~ or ~
Visit us at
Woodbridge
Manor
1300 Martin Luther
King, Jr., Blvd.
Detroit MI 48201
For More Details



SAFETY FIRST

- 1) FOBS Are For Residents Only
- 2) Do Not Open the Door/Allow Strangers To Follow You Into the Building
- 3) Wear Your Life Line Pendant & Keep Your Charged Cell Phone With You
- 4) Look Out For One Another & Check On One Another
- 5) Report All Work Orders ASAP
- 6) Go To Tenant Committee Meetings & Read The Bulletin Board
- 7) All Guests Must Sign In & Use The Main Entrance
- 8) Do Not Travel Alone After Dark
- 9) Keep All Common Area Doors Closed When Not In Use
- 10) Make Sure That Anyone That You Allow Into The Building/Gate Identifies Who He/She Is. You Don't Know Anyone Named "It's Me"

Woodbridge Manor Advocates

Village Board Members

E. Kern Tomlin.....Chair	John Gardner.....Vice Chair	
James Bradford....Treasurer	Elaine Hearn.....Secretary	
Stacy Brackens	Arthur Caldwell	Ellen Childs
Dakima Jackson	Paul Johnson, III	Lynda K. Jeffries
Donald McSwain	Michael Morrison	

Happy Birthday To You, You and You!

The Woodbridge Manor residents, board members and staff would like to wish each of our Woodbridge Manor neighbors celebrating a birthday, the happiest birthday yet. We love you and hope for many, many more birthdays with you. You are so very special to us.

September Birthdays

VirgoLibra

Richard Gould.....09/04	Beyonce Knowles..... Singer
Roy Calhoun.....09/09	Otis Redding.....Blues Singer
James Juners.....09/10	Bill O'Reily.....TV Host
Shirley Hairston-Tucker.....09/14	Amy Winehouse.....Singer
Patricia Thomas.....09/16	David Copperfield.....Magician
Barbara Williams.....09/16	B.B. King.....Blues Guitarist
Hettie Lawson.....09/18	Jada Pinkett Smith.....Actress
Dana Clark.....09/18	Ben Carson.....Doctor
Eileen Herman.....09/19	Jimmy Fallon.....TV Host
Frances Williams.....09/20	Sophia Loren.....Actress
Rita Jones.....09/25	Will Smith.....Actor



AND MANY MORE!!!

Maintenance Corner

- Do not put boxes down the garbage chute. Breakdown ALL boxes and place them in the first floor level refuse room
- Do not leave trash and untied garbage bags on the floors of any refuse room.
- Smoking is allowed ONLY in the outdoor designated areas, NOT in the building or apartments
- Candles and incense are prohibited from being burned in the building
- Woodbridge grey carts are to transport groceries ONLY. Management asks that ALL carts be returned immediately to the first floor vending area after use

Overnight Guests

Residents MUST complete the Extended Guest Form when a visiting guest(s) stays at the resident's unit for an extended time. **An extended guest is defined as 1) anyone staying in a resident's unit during the hours of 10 pm through 8 am and, or, 2) anyone staying at the resident's unit for an extended period of time of 7 hours or more.**

All resident's guests are allowed to stay no more than 21 days per year.

Management asks that the resident please return the completed forms to the office. All Extended Guest Forms should be turned into the office no later than the following day.

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org



Office Numbers

Village Staff

Marla Bradford
Administrator

Shelia Cusic
Administrative Assistant

**Therese Williams, National
Church Residences**
*Resident Community & Social
Worker Coordinator*

Phone: (313) 494-9000

China Dew
Head, Housekeeping

Ms. Maggie Lee
Village Mascot



EMERGENCY NUMBER

(313) 319-2018

Office Fax

(313) 832-7853



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org



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A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan and
National Black Caucus and Center on Black Aged, Inc.

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"The time is always right to do what is right."

Martin Luther King, Jr.

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