



# Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

January 2017



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The Village of East Harbor  
**FROZEN HARBOR**  
**SUPERHERO STYLE**  
Wednesday, February 1, 2017  
1:30 pm



The Village of  
**East Harbor**

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



PICTURES  
WITH  
SUPERHEROES



Annual Ice Carving Demonstration  
And

Chili Cook-off Contest

Honorable Chili Cook-off Judges:

- ◆ Chesterfield Police Department
- ◆ Chesterfield Fire Department
- ◆ Award Winning Chef Bruce Bartz



ENTERTAINMENT

Residents, Family, Friends and Staff are invited to submit their favorite Chili Recipe for the Frozen Harbor Chili of the Year Award. Please call 586-716-7143 to enter. Space is limited.



Could you use a little extra spending cash?

We were happy to hand a \$250 check to Elaine Walton for referring a friend to The Village of East Harbor. This could be you next month! If you like living here and think a friend or family member of yours would like it too, all you need to do is have them call Nancy (716-7183) or Peggy (716-7397) and mention your name. If you prefer, stop

in and see Nancy or Peggy in the Sales and Leasing office and tell them the person's name and phone number and they will take it from there. Can we make it even easier? We have a supply of cards that you can simply write your name on and pass out to anyone interested in moving to The Village of East Harbor!

The Sales/Leasing/Marketing/Admissions team would like to take this opportunity to wish all of our residents a very healthy and happy new year. We would also like to thank you all for choosing The Village of East Harbor as your home and making it such a wonderful place to work.

We look forward to serving you in 2017 and for many years to come!

## **WELCOME HOME NEW RESIDENTS**

We welcome these new residents to our Village of East Harbor Family:

**Edith Armstrong-111**

**Fred Breiling-102**

**Janet DeQuick-413**

**Elsie Gray**

**Thelma Miller-100**

### **Alzheimer's Support Group**

**Hosted by Pauline Zeig**

**3rd Tuesday of every month**

**2:00pm**

**Chapel**

### **AARP TAX SERVICES**

**Make your appointment on**

**Wednesday, January 25**

**9-11:30am**

**Kirk Hall**



**And now we welcome the New Year, full of things that have never been!**

Just stop and think about that statement for a minute. It's a new year! The old has passed and a new slate is before us - Oh the possibilities!

The scriptures, in the book of Ecclesiastes, tell us that for everything there is a season, what season will 2017 be for you? Will it be a season of forgiveness, are you determined to forgive more quickly this year? Will it be a season of growth, are you planning on learning new and exciting things, in 2017? Will it be a season of rest, have you decided to spend a little more time by the fireplace reading your favorite books?

Whatever the season, just remember it is yours for the making. You decide! You decide if there will be joy in your life, if there will be peace, love, or new friendships. So look to 2017 as a wonderful opportunity to produce bigger and better things in your life this year. You may think, it's impossible to change, grow, or try something new, but with God all things are possible!

So go ahead plunge into 2017 head on, with anticipation and excitement! Remember it's yours for the taking!

**Happy New Year** - Author: Catherine Pulsifer

**H**appiness depends upon your outlook on life. - Find the good in all situations

**A**ttitude is just as important as ability.- Keep your attitude positive

**P**assion find yours this year! - Do what you love and you will never work

**P**ositive thoughts make everything easier.- Stay focused and stay positive

**Y**ou are unique, with special gifts, use them. - Never forget you have talent

**N**ew beginnings with a new year.

**E**nthusiasm a true secret of success.

**W**ishes may they turn into goals.

**Y**ears go by to quickly, enjoy them.- Wisdom from your elders, listen

**E**nergy may you have lots of it. - Take care of yourself

**A**ppreciation of life, don't take it for granted. - Live each day

**R**elax take the time to relax in this coming year.- Keep a balance in your life

# Genie in a Bottle

By Chuck Kisandi

The rain came down cleansing the gentle breeze.  
Lightning flashed lightning up the midnight sky.  
A lone silhouette stood beneath the trees.  
Voices muted by the thunder nearby.

The storm, God's wrath against my mortal sin:  
Washing away tears streaming down my cheek.  
I love You God but my judgment is thin-  
I love her too- where is the truth I seek?

The soft cascading of her auburn hair,  
With the seductive scent of her shampoo.  
Never "*Don't touch-please handle it with care*".  
Tresses of silk to run my fingers through.

Her eyes like mystical prisms of glass  
Reflecting the depth of her soul so clear.  
Sparkling with joy or a touch of class.  
Reaching out embracing me with a tear.

Am I to be under moral judgment?  
Am I sinful for loving another?  
Yet accepted in total begrudgement  
Of my children-terror to their mother.

God I can not subject them to more pain.  
It was with my love I hurt them not hate!  
Not them, it was for me I had distain;  
Hatred for me as I threatened their fate.

I don't ask her to forget or forgive;  
Too much has happened to make this demand.  
Memories— a lifetime— a reason to live.  
Memories God— I too must understand.

I don't remember when it all began;  
It was as if it was all a bad dream.  
Disassociation as if by plan.  
Nightmare shadows of fear— a muted scream!

Why? Why in the hell did you keep it from me?  
With help I might have brought this to a halt!  
Everything hazy- difficult to see...  
I'm not a drunk— it had to be her fault!

There is a point, I am not sure when you  
Reach it but when you do you lose control.  
Your senses become clouded, none are true.  
You become fragmented— no longer whole.

I don't recall why the first time that I  
Hit Karen, it was erased from my mind.  
Her lips swollen— a bruise beneath her eye.  
Anger not sorrow was all I could find.

So many things, it all happened so fast.  
Lost job— hungry kids— beggars have no pride.  
Mark time with a drink— future in your past.  
You open the bottle— crawl in and hide!

How many times can the kids fall out of  
Bed, or your wife fall down the basement stairs?  
Will you ever win back their trust and love?  
Where do you look for help when no one cares?

I guess I'm a winner, it's over now;  
I'm out of the hospital— off the skids.  
Yet I feel like a loser somehow-  
After all I've lost my wife and kids!

Thank God I will soon have a brand new wife.  
Whose great strength will help me carry the load.  
Her understanding gave me a new life.  
Pulled me from the gutter— back on the road.

The day before the wedding her dad came  
Over and said, "*Have one for the road son!*"  
For a moment I felt a tinge of shame—  
"*No— no— Oh hell what's the harm in just one?*"?

*Chuck had a hard time quitting drinking; till one day the bad he had seen in his father he now saw in himself. He decided to sit down and compose this poem to challenge himself to quit drinking and he has not had a drink in thirty years.*

## **JANUARY EXCURSIONS.....**

**Wednesday, January 11**

*Women's Lunch*  
*Sugarbush Tavern*  
\$\$\$ on your own  
11:00am

**Saturday, January 14**  
*Second Chance Resale*  
1:30pm  
Lobby

**Wednesday, January 18**  
*North American International Auto Show*  
*Cobo Hall, Detroit*  
8:15am  
\$7.00 purchase on arrival  
Lunch on your own at the venue

**Saturday, January 21**  
*Premier Lanes /Bowling*  
\$\$\$ on your own  
1:00pm  
Lobby

**Tuesday, January 24**  
*Stahl's Automotive Museum/Achatz Pies*  
12:30pm  
No entrance fee  
\$\$\$ pie on your own  
Lobby

**Friday, January 27**  
*Movie Matinee*  
*La La Land*  
9:30am  
\$\$\$ on your own

**Tuesday, January 31**

*Men's Lunch*  
*Penne Lane*  
\$\$\$ on your own  
11:00am

## **UPCOMING EXCURSIONS.....**

**Coming in February...**

**Wednesday, February 8**  
*Anton Art Center & Lunch*  
*Coffee, Tea & Chocolate*

**Tuesday February 28**  
The Detroit Institute of Arts  
Bittersweet, Coffee, Tea & Chocolate  
\$17.50  
*Money due: February 21*

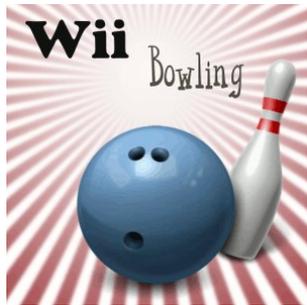
**Wednesday, February 22**  
Alter Boyz-Meadowbrook Theatre  
\$19.00  
Money Due -January 16

**Coming in April...**  
**Wednesday, April 26**  
I Love a Piano-Meadowbrook Theatre  
\$27.00  
Money Due -March 23

## **DON'T GET LEFT BEHIND!**

You **MUST** sign up for ALL shopping TRIPS and EXCURSIONS in the book found in the lobby and money in by the due date!

**There must be 6 or more signed up or trips may be subject to cancellation.**



**Wii Games  
Informational Meeting  
Thursday, January 5**

**11:00am  
Activity Room**

- *Learn to play*
- *Join a League*
- *Many games to choose from*

***Super Hero Door Hanger***

***Thursday, January 12, 1:30pm, ~ Friday, January 13, 2:45pm ~  
Tuesday, January 17, 1:30pm  
Activity Room***



**SECOND GLANCE**  
RESALE • CONSIGNMENT



Shop the BEST resale shop  
in Michigan!  
Saturday January 14, 1:30pm, Lobby



**Detroit Auto Show  
Cobo Hall  
Wednesday, January 18, 8:15am  
Lobby  
\$7.00 at the door**



*Fun & Fitness*  
**OPEN  
HOUSE**



The Fitness Center is hosting an open house for **ALL** to come!!!!  
This is a great opportunity to meet your fitness specialist and learn what they can do for YOU!

- Demonstrations of various classes
- Demonstrations on how to use fitness equipment
  - Fitness Assessments
- Healthy snacks and beverages
  - Gift giveaways
- Learn about personal training , workshops, programs and **MORE!!!!**

**WHEN:** Thursday & Friday, January 5th & 6th

**TIME:** 10-2

**WHERE:** Fitness Center

**NEW YEAR  
NEW YOU**

# Candlelight Dinner



Mystery Trip  
Mudgies for Lunch

&

Detroit Public Library Tour



# Christmas Party



# Directory

## Accounting

*Tracy Tesch* 716-7408

## Activity Lead A/L & I/L

*Betsy Mianecki* 716-7143

## Admissions Specialist T.C.U

*Sue McCallum* 716-7427

## Assisted Living Nurse

*Denise Klimaszewski* 716-7115

## Beauty Salon

*Appointments* 716-7180

## Care Sync Case Manager

*Josie Villegas* 716-7092

## Chaplain

*Mindy Raulston* 716-7438

## Dining Services Mgr.

*Brian* 716-7419

## Director of Nursing

*Melissa Freiburger* 716-7416

## Driver

*Ann Marie Hart* 716-7142

## Fitness Specialist

*Chris Gorde/Lisa Sonnenberg* 716-7164

## Front Desk

*Receptionist* 725-6030

## Haven Hall Nurse

*Lynette Sanday* 716-7384

## Housekeeping / Laundry Mgr.

*Mary Breen* 716-7418

## Maintenance Work Orders.

*Front Desk* 725-6030

## Maintenance

*Emergencies After 11:00pm* 248-996-2470

## HCC Activity/Volunteer Mgr.

*Sheri Stover* 716-7021

## Physical Therapy Mgr.

*Kim Frabotta, Agility Therapy* 716-7398

## Resident Care Mgr.

*Toni Greig* 716-7426

## Sales & Leasing Mgr.

*Carolyn Martin* 716-7221

## Sales & Leasing Specialist

*Peggy Carroll* 716-7397

*Nancy Smiley* 716-7183



1/01 Beverly Tarien

1/02 Robert Healy

1/03 Richard Cowper

1/04 Elizabeth Rogerson

1/05 James O'Grady

1/07 Stephen Sambor

1/11 Elizabeth Bassett

1/13 Teresa Gregiore

1/13 Carol Deutsch

1/14 Elaine Walton

1/17 Edith Armstrong

1/18 Edward Ritter

1/20 Vera Hallop

1/22 Helga Hermann

1/22 Kenneth Wingrove

1/27 Donald Young

1/29 Leona Kirk