The Village of Our Saviour's Manor

Manor Message

Embrace the possibilities

29495 Annapolis • Westland, Michigan 48186 • www.pvm.org

2026 | Issue I

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The Village of
Our Saviour's
Manor
A SENIOR LIVING COMMUNITY
A Mission of Presbyterian Villages of Michigan, Wellspring Lutheran Services and The Lutheran Church of Our Saviour

Look for PVM on:

The Administrator's Pen

Goodbye 2025 & Welcome 2026



As we enter this New Year, we do so with hopeful hearts and great expectations. This season represents a fresh beginning filled with promise, renewed strength, and opportunities for growth, joy, and peace. We look ahead believing that great things are possible-more moments of laughter, deeper connections, improved well-being, and days filled with purpose. Each new year brings a reminder that life still holds beauty and meaning, and that every day ahead is a gift waiting to be embraced.

At the same time, we choose to let go of yesterday-releasing past worries, disappointments, and things we cannot change. In doing so, we make room for gratitude, recognizing the blessings we already have; the gift of life, the wisdom gained through experience, the love of family and community, and the comfort of shared moments. Gratitude grounds us, shifts our focus to what truly matters, and allows us to move forward with thankful hearts, embracing the new year with peace, appreciation, and renewed hope.

Please give our newest resident Mr. Toomer an OSM Monarch warm welcome and check your calendar for all our January events.

Graziella Bruner
Housing Administrator

OSM Monarch Moments

Blessings Our Saviour's Manor,

Wishing everyone a Healthy, Happy, & Blessed January!



We hope everyone had a wonderful November! Our OSM Administrator's Resident Activity Meeting and Birthday Celebration is Wednesday, January 7th @11:00 AM in the community room. **We will go over all our events for January & February.** Everyone is welcome! Please come and bring any ideas you have for OSM and what you would like to see happen! We go over all the happenings here at OSM, please come to the meetings to stay updated.

We have many great shopping trips planned for this month. Nankin will be taking us to Walmart, Kroger, and Meijer, Volunteers of America, Ollies and Heartland, Michaels, & Hobby Lobby. Please sign up on the bulletin board if you are interested in going on any trips! Please see your OSM Calendar for what is scheduled and check the bulletin board for sign-up sheets. ***Please remember that transportation for shopping trips is with Nankin. The bus has a schedule to keep and will not wait for you, so please be in the lobby at least ten minutes before the scheduled time of the trip. Nankin bus trips cost three dollars each way.***

Griffin Pest Control will be here on January 29, 2026 for the 1st floor, starting at 10:00 AM.

Laundry Room. If an **Out of Order** sign is posted on a machine, please do not use it. The sign means something is wrong and we are waiting for the WASH Company to come fix it. Please do not remove the sign from the washer. **The front loader tray is for Liquid soap only**. Do not put powder in the front load washer tray. It causes a buildup that can clog the machine. If you need to purchase a new laundry card, you can do so using the machine in the laundry room. It costs $5.00. Laundry is open 24/7. **PLEASE remember to empty the lint from the dryer after every use!**

Trash. Please break down any boxes and put them down the chute. Do Not Leave boxes or anything else on the floor in the Trash Room.

Please keep in mind any large items being delivered to your apartment must be between 8:00 AM-3:00 PM Monday – Friday. Please notify the office if you are getting a delivery so that we can have our receiving doors open for you!

Please be sure to return all grocery carts to the cart room after use! **DO NOT** leave carts in the hallways or the upstairs trash room. Thank you!

Be safe and stay healthy!

Have a blessed and safe month!



Inspirational Moments

By Jessie Clark,
Resident Volunteer

Happy New Year Blessings.

January arrives as a gentle invitation to begin again. May this month bless you with renewed strength, clear vision, and a peaceful spirit as you step into a fresh season. May each day bring reassurance that God's grace goes before you, guiding your steps and ordering your path with purpose and care. May hope rise within you, reminding you that new beginnings are not only possible-but promised.

As you move through January, may you be blessed with gratitude for all you have and trust for what is still unfolding. May you find joy in simple moments, comfort in quiet mornings, and confidence in knowing that every lesson from the pas has prepared you for what lies ahead. Let go of what no longer serves you, and allow peace to settle your heart as you embrace what is new.

May this month bring blessings of health, provision, and meaningful connections. May your home be filled with warmth, your mind with clarity, and your heart with faith. As the year begins, may January set the tone for a year filled with growth, favor, and steady assurance that you are never walking along.





Coordinator's Corner

Alisa Loveday
Service Coordinator

NEW YEAR, NEW YOU



The new year is a time for turning over a new leaf and adopting healthy habits that help us live a better life. New Year's resolutions that promote positive changes [make dramatic differences that help] maintain a higher quality of life for a longer time.

Here's a few ideas from Bethesda Health:

Count your blessings

One of the best things we can do to maintain our happiness and perspective on life is to set time aside to think about all the good things that are going on in our lives. Take some time to think about your family, your accomplishments and other good fortunes you've enjoyed in your life. Start a gratitude journal or discuss with a loved one. Some say the key to life isn't about getting what you want as much as it is about wanting what you have.

Make new friends



Humans crave connections. Isolating ourselves is a recipe for loneliness and depression. So, circulate with people you have things in common with whenever possible, introduce yourself to new social circles, and participate in group activities.

Keep setting goals for yourself

It's important to never stop dreaming of the future. Make plans, set goals, and pursue your ambitions to give yourself a sense of purpose and keep your mind active. It could be to master a new language, learn how to paint, research your family history or anything else that's important to you. It's always important to have a project to work on and exploring these New Year's resolutions for seniors is a great start.

My Office Hours

Monday – Thursday
10:00 AM – 3:00 PM
Closed on Fridays!

OSM EVENTS

Coordinator's Community Connection Hour
1st & 4th Wednesday @ 10:30 AM
In The Community Room

Craft Day every Friday @ 12 Noon
In the Community Room

Game Night/Cards Games every Friday @ 5:00 PM
In the Community Room

Wednesday, January 7th @ 10:00 AM
Focus Hope

Wednesday, January 7th @ 11:00 AM
Administrator's Resident Meeting & Birthday Celebration





Tuesday, Janaury 13th @ 1:00 PM
Full Gospel Temple Item Pick Up



Tuesday, Janaury 13th @ 1:00 PM
Bingo w/Dyverse Management Home Care



Monday, Janaury 19th MLK DAY
OFFICES CLOSED



Wednesday, Janaury 21st, @ 11:00 AM
Blood Pressure Screening



Monday, Janaury 26th, @ 1:00 PM
Bingo w/Zing



Tuesday, Janaury 27th, @ 5:00 PM
PVM ALL BOARD MEETING



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

Time to choose—your home, or your health?

Thanks to YOU, that's a choice seniors may not have to face.

Too many hard-working Americans are just a health crisis away from financial ruin. Many have outlived their retirement earnings—the earnings they spent years working for. Many don't have a relative nearby or a place to turn if finances fail.

But they have hope. They have **YOU**.

Because of generous donors, the PVM Foundation can offer **Benevolence** and **Resident Assistance**.

These unwavering commitments help those who have outlived their financial resources. They ensure that residents can continue to have a home, get through an emergency, or simply afford basic medical needs—like glasses. **These programs would not be possible without the caring support of generous PVM donors.**

Learn how you can give a senior hope and security in a crisis.
Visit PVMF.org or call us at 248-281-2040.

Warm regards,
Paul J. Miller, CFRE



www.pvmf.org/osm



Mayor's Message

By Kevin Coleman
Mayor, City of Westland

Greetings OSM Residents,

You are invited to our **Inaugural Ceremony** on **Monday, January 5th at 6 p.m.** in the **City Hall Grand Ballroom (36300 Warren Road)**. This ceremony is to swear in the winners of the November 2025 General Election including myself as your Mayor for another four year term, Council Members Emily Bauman, Lekisha Maxwell, John Sullivan, and Councilwoman-elect Antoinette Martin.

Colder temperatures mean winter weather and snow! The City of Westland may declare a **Snow Emergency** if 6 inches or more of snow falls. Notifications of a snow emergency will be posted on our city website (www.cityofwestland.com), our municipal access television channel WLND, our YouTube Channel City of Westland - WLND, and our social media platforms. During a snow emergency, vehicles **must** be removed from streets so that our Department of Public Service crews can clear the city streets in a timely manner. Vehicles that are not moved from the street may be ticketed and/or towed at the owners expense. Thank you in advance for your cooperation!

Martin Luther King Jr. Day is Monday, January 19th. City Offices, the 18th District Court, the Westland Recycling Center, and the Westland Public Library will be closed. Trash pickup will not be affected.

Staying informed and connected is easier than ever. For the latest city news and comprehensive information, visit **www.cityofwestland.com**. You can also follow us on Facebook, X, and Instagram for real-time updates, announcements, and engaging content. Additionally, tune in to **WLND, our municipal access channel**, or subscribe to our **YouTube channel** (WLND City of Westland Municipal Access Channel) to catch the latest videos and city programming.

I hope to see you at these fantastic community events. Together, let's make this Fall in Westland one to remember!





Maintenance Tips

By Von Jones

Winter Friendly Reminders

Happy New Year Everyone. Looking forward to what 2026 has for all of us!

Winter is officially here and the cold weather and snow comes with it. Here are some reminders on the best way to stay warm in your apartment this season.

When the weather is near or below freezing, remember to keep your heat on. It reduces the chance of pipes freezing. Running your heat consistently is the best way to keep your apartment warm.
Do not use space heaters in your apartment.
Do not use your Oven/stove to heat your apartment.

Reminders: Please try to break down boxes before throwing them away.
Do not throw any heavy or large object such as boxes, furniture, or pillows down the trash shoot because it causes a blockage.
Please do not leave grocery carts in the hallways. It is important they are returned to the stairwell to prevent hazards.

Please contact the office for any and all work orders.
The Emergency Phone is for after hours only or when the office is closed during regular office hours and/or holidays. For all medical emergencies, please dial (911) Nine, One, One, or push your Emergency ECall Button.

Please remember to call the office for all work orders.
A work order must be in the system before maintenance can enter your unit.

***A Few Reminders*:**

- ***Please call the office with all work orders.***
- ***Please return grocery carts to the cart room after each use!***
- ***Please make sure the dryer lint cleaner is being emptied after each use.***
- ***If an Out of Order sign is posted on any of the machines, please do not use them.***
- ***No Candles, Small Candles for oils, or Incense is to be burned in the apartments or building. If you have to use a match or a lighter it is NOT allowed.***



Dial 1-734-740-4777
For after-hours maintenance emergencies
For Medical Emergencies, please dial 9-1-1



Admin. Assistant Column

By Karron Williams
Administrative Assistant

New Year Resolutions!

Happy New Year! The New Year offers us a chance to make resolutions to better ourselves. New Year resolutions offer us a chance to commit to a goal to better ourselves during the year ahead. Here are some creative resolution ideas!

1. **Declutter your home**- The New Year is a great time to go through your things and get rid of what you do not need and give you more space.

2. **Organize your records**- Organizing your records gives you a chance to go through what you have and get a better idea of what you have and what you need. Also, gives the ability to have everything ready if there was a time where you needed it.

3. **Start a new diet**- The New Year is a great opportunity to adopt new eating habits. Begin eating more fruits and vegetables, remove the unhealthy foods from your diet, or drink more water. Access your current diet and make the change!

4. **Workout your brain**- there are many ways you can exercise your brain. Try reading more, do puzzle, crosswords or word searches, or crafts. The more you exercise your brain the better it works!

5. **Try new things**- The New Year gives us the chance to start new. You can do that by trying new things. Enroll in a class, meet new people, or read about something you know nothing about. There are many opportunities to learn and try something new!



January Birthdays 2026

Happy Birthday!!!

Dorothea Hollis – January 5th

Mary Allen – January 8th

Phillip Brown – January 25th





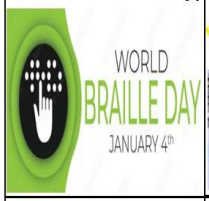
The Village of Our Saviour's Manor

January 2026

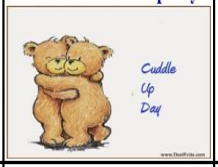


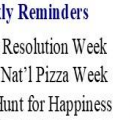


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Weekend Rides Available with Black & White Cab 734-722-4114	Schedule your (M-F) weekly bus ride with Nankin. Call 734-729-2710	**Monthly Celebrations** Nat'l Blood Donor Month Hot Tea Month Houseplant Appreciation Be Kind to Servers Month	**Weekly Reminders** Week 1: Resolution Week Week 2: Nat'l Pizza Week Week 3:Hunt for Happiness Week 4: Nat'l CRNA Week	OSM OFFICES CLOSED 01	OSM OFFICES CLOSED 02	03
04	05	06	07	08	09	10
11	12	13	14	15	16	17
18	OSM OFFICES CLOSED 19	20	21	22	23	24
25	26	27	28	29	30	31











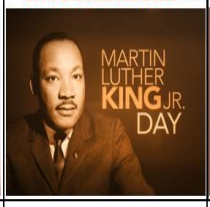






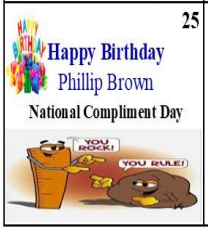




















January Recipe



Ingredients

- 3 bacon slices
- 1 cup chopped onion
- 3 pounds baking potatoes, peeled and cut into 1/4-inch-thick slices
- Cooking spray
- 1/2 cup water
- 2 (14.5-ounce) cans fat-free, lower-sodium chicken broth
- 1/2 teaspoon salt
- 1/2 teaspoon freshly ground black pepper
- 2 cups 1% low fat milk
- 4 ounces shredded reduced-fat sharp cheddar cheese (about 1 cup), divided
- 1/2 cup light sour cream
- 4 teaspoons chopped fresh chives

Preparation

1. Cook bacon in a large nonstick skillet over medium heat until crisp. Remove bacon from pan, reserving 2 teaspoons drippings in pan; crumble bacon. Add onion to drippings in pan; sauté 3 minutes or until tender.

2. Place potato slices and onion in a 5-quart electric slow cooker coated with cooking spray. Combine 1/2 cup water and next 3 ingredients (through pepper); stir into mixture in slow cooker. Cover and cook on LOW for 8 hours or until potatoes are tender.

3. Mash mixture with a potato masher; stir in milk and 3/4 cup cheese. Increase heat to HIGH. Cover and cook on HIGH for 20 minutes or until mixture is thoroughly heated. Ladle soup into bowls. Top with sour cream and remaining 1/4 cup cheese. Sprinkle with bacon and chives.

ENJOY!

Monthly Word Search

S E I B A B N E W Y E A R S E V E Y
G C H A M P A G N E T Y I M N S T T
E N S S U E T H C D A N C E D R H R
S Q I N F E T O O D M U A Y O E I A
E F C G F I N A S L S U E R F K R P
D H E F N F R R R R I A S E D A T S
A I U S E I A S E B R D N I E M Y K
R B B T T E S M T I E S A F C E F R
A M T A Y I A N N O R L A Y E S I O
P I S W L E V R O E F T E E M I R W
N D E A R L E I N I H J V C B O S E
D N E T R V O N T E T E A S E N T R
A I S W I A A O R I N A S N R O H I
Y G Y E O B I T N T E I R R U K C F
O H W I N E I T S S K S I O H A T S
N T Y L I M A F N O I S A C C O R T
E T S A E F S N O I T U L O S E R Y
S R E Z I T E P P A Y F R I E N D S

APPETIZERS
BABIES
BALLOONS
BANNERS
BUFFET
CELEBRATE
CHAMPAGNE
CONFETTI
DANCE
DAY ONE
DECORATIONS
END OF DECEMBER
EVENTS
FAMILY
FATHER TIME
FEAST
FESTIVITIES
FIREWORKS
FIRST OF JANUARY
FRIENDS
HATS
HOLIDAY
HORNS
KISS
MIDNIGHT
MUSIC
NEW YEARS DAY
NEW YEARS EVE
NOISEMAKERS
OCCASION
PARADES
PARTY
PUNCH
RESOLUTIONS
SINGING
STREAMERS
THIRTY FIRST
TIARAS
WINE
YEAR IN REVIEW

January Observances & Fun Facts:

January Observations

National Blood Donor Month
Hot Tea Month
Houseplant Appreciation Month
Be Kind to Servers Month

Weekly Celebrations

Week 1: Resolution Week
Week 2: National Pizza Week
Week 3: Hunt for Happiness Week
Week 4: National CRNA Week

January Flower and Birthstone



Flower = Carnation



Gem = Garnet

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A SENIOR LIVING COMMUNITY
A Mission of Presbyterian Villages of Michigan, Wellspring Lutheran Services and The Lutheran Church of Our Saviour

OSM BOARD MEMBERS

Johnnie Jackson, Board Chair

Dereka McClay, Vice Chair

Rev. David Huber, Treasurer

Carolyn Kimbrough, Member

Michelle Williams, Member

Myra Davenport, Member

Judy Piccininni, Member

OSM Resources:

Helpful Resources

Transportation

Nankin Transit (Serving Wayne, Westland, Garden City, & Canton)
(734) 729-2710
Smart ADA (313) 223-2100

Black & White Cab (for your weekend trips)
(734) 722-4114

Senior Agencies

The Senior Alliance (Wayne/Westland) (734) 722-2830
PACE of Southeast Michigan (855) 445-4554

CareSync Solutions

Home Healthcare Services (248-773-4550)

Step up to more with PACE Southeast Michigan

At PACE Southeast Michigan, we offer comprehensive healthcare aimed at preserving independence, dignity and high quality of life for older adults. During Medicare Open Enrollment, we're looking forward to welcoming new participants!

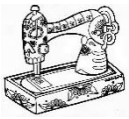
You may qualify for PACE Southeast Michigan services if you…

- Are 55 years or older
- Can live safely in the community with support from PACE Southeast Michigan services
- Are eligible for nursing home-level care
- Live in Macomb County, Wayne County or Oakland County

Detroit Resident Ingrid Thompson, a PACE Southeast Michigan participant of 12 years, said she's been able to live an active life with the help of PACE Southeast Michigan despite her physical disabilities from a stroke. "PACE is the best place for seniors with disabilities," she said. "I know that for a fact."
Ingrid especially enjoys the free activities offered to all participants at PACE Southeast Michigan's Day Health Centers, saying they are fun ways to socialize while staying physically and mentally fit.
Learn how you can age in place at your Presbyterian Villages of Michigan residence and rely on PACE Southeast Michigan for all-inclusive care (medical, spiritual and social) designed with older adults in mind.

Visit our website at www.pacesemi.org to learn more.
To speak with a PACE Southeast Michigan Enrollment and Outreach Representative, please call us at (855) 445-4554 (TTY: 711).

OSM Classifieds:



OSM Gifted Hands:

These wonderful volunteers use their sewing skills and talents to make items such as blankets, pillows, dolls and even giant teddy bears. All items are given away to organizations such as the Westland Good fellows, Salvation Army, Homeless Shelters and Covenant House. If you can use a sewing machine or stuff a pillow and would like to volunteer and be a part of OSM Gifted Hands, please see Ms. Alice Finley and Ms. Louise Rush.



OSM Compassionate Hearts:

If you have a heart for people, we're looking for volunteers to join OSM Compassionate Hearts. Compassionate Hearts are a group of residents that volunteer to visit their fellow neighbors while hospitalized or in rehab. You would be surprised by what a friendly face, a warm hug, prayer and a loving smile and will do for someone.



OSM Growing Hands:

Do you like to garden and get your hands dirty? Well come and join are gardening volunteers, OSM Growing Hands. This group volunteers to work in and care for our new garden. We're praying that the OSM Growing Hands Garden will produce enough vegetables to help feed those in our community. If you have a green thumb and would like to volunteer, please join this group.



OSM Caring Hands:

We need volunteers for our homeless project. This group volunteers to crochet blankets and create pillows using plastic grocery bags known as plarn. We are also in the process of raising funds to be able to purchase items to make toiletry bags to pass out to the homeless. Let's not forget our fellow man and reach out to those less fortunate than ourselves.



OSM Fisherman:

Love to fish? This is the group for you! OSM Fishermen is a group of residents that enjoy being at the lake and casting their rods. If you ever wanted to try your hands at fishing, please come and join this group.

Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

www.pvm.org

Village Staff

Graziella Bruner
Housing Administrator

Karron Williams
Administrative Assistant

Jonathan Hayes
Director of Housing

Von Jones
Maintenance Tech

Alisa Loveday
Service Coordinator

Jessie Clark
Resident Volunteer

OSM Office Number	***(734) 595-4663***
OSM Office Fax Number	***(734) 595-2222***
Maintenance Emergency Number	***(734) 740-4777***
Service Coordinator Number	***(734) 722-9763***

Presbyterian Villages OF MICHIGAN THE FOUNDATION

Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit **www.pvmfoundation.org**

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A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan, Wellspring Lutheran Services and The Lutheran Church of Our Saviour

29495 Annapolis Road
Westland, Michigan 48186



OVER 75 YEARS Presbyterian Villages OF MICHIGAN

SERVING SENIORS & COMMUNITIES

Embrace the possibilities

Is there someone on staff that you would like to acknowledge for their work? Please complete this form and turn it into the office. They might win a prize!