



Village View



Embrace the possibilities

25330 West Six Mile Rd. Redford, MI 48240 • www.pvm.org

October 2013

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From the Executive Director:

This month's note is specifically for all of Assisted Living and Independent Living. Recently, I have heard many residents/families tell us that they were told by the hospital that they needed to receive their medical care or therapy provided by a specific facility. That is simply not true. If you have a medical issue and need a little bit of care after a hospital stay, we can provide that for you right here on campus. Our **Transitional Care Unit (TCU)** provides both medical care and therapy services. We have excellent outcome scores in customer satisfaction, mobility gains and overall improvements to activities of daily living. Our TCU has been newly renovated and has *private rooms* for you. An extra benefit of you receiving your care within the village is that your fellow residents can easily visit you along with the familiar faces of the staff. Please contact Patricia Daniels or Denise Mazzetti on our main line to receive more information. Please tour our TCU and ask questions now instead of when you are in a crisis situation. We are here for you! Let us get you well and get you back to your apartment/cottage!

Thom



The Village of Redford
A SENIOR LIVING COMMUNITY
A Mission of Presbyterian Villages of Michigan

10th Annual it's a wonderful Life 2013 GALA

Somewhere In Time

Sponsorship Packages Starting at \$350
Patron Tickets at \$325 per person
Individual Tickets at \$250 per person

Friday, November 1, 2013
 The Henry Hotel, 300 Town Center Drive
 Dearborn, MI 48126

5:30 p.m. VIP Pre-Reception
(Sponsors & Patron Tickets only)
6:00 p.m. General Reception & Raffle
7:00 p.m. Dinner, Program & Entertainment

For more information, contact PVM Foundation at **248.281.2040** or visit www.pvmfoundation.org

Look for PVM on:



Transitional Care Unit

AT THE VILLAGE OF REDFORD

Helping you from hospital to home!

If you have not had a chance to visit our newly renovated Transitional Care Unit, stop on in. If you or anyone you know is facing surgery, or a hospital stay, we would love to accommodate you. We make it our job to prepare you to safely return home.

Call Patricia Daniels at 313-541-6026 for more information.

TCU Testimonials

Mary S. says,

"I would recommend this place to someone or a friend."

James F. says,

"Care is good!"

Mary J. says,

"Everything is good. The food, everything is fine."

Agnes H. says,

"They treat me very well."

Announcements

All Resident Monthly Meeting

The Resident Meeting is an informational meeting for all residents' campus wide. This meeting updates you on all that is happening in and around the village. This is a great time for you to share any questions and concerns that you may have and for you to meet the department managers.

[The date for the next Resident Meeting is Oct 16 at 2 PM.](#)

Please keep in mind that the Resident Meeting is not the time to discuss personal problems, but rather a time to discuss things that would involve most of the campus.

You may, however, meet with a manager after the meeting to discuss something personal. [Please contact Sherry Prokes if you have any questions or concerns at ext. 16183.](#)

Location Abbreviations

- FR- Fitness Room
- LEC- Life Enrichment Center
- RCD- Recreation Center
- PDR- Patterson Dining Room
- BRD- Board Room on D Hall
- FPR- Fireplace Room
- CHPL- Chapel

Gift Your IRA

TAX-FREE!



What does this mean for you?

If you are 70½ or older, you can distribute a portion of your IRA to Presbyterian Villages of Michigan Foundation, **tax-free.**



Presbyterian Villages
OF MICHIGAN
THE FOUNDATION

For more information, call Paul Miller at the PVM Foundation
248.281.2045
www.pvmgifts.org



The Senior Advocate.

By Lynn Alexander,
Vice President of Public Affairs

FALL IS IN THE AIR

Fall is in the air! Our children and grandchildren start back to school. Art fairs appear at our favorite parks and community settings. We move our attention from family vacations to lifelong learning programs and organizational meetings. The cider mills are open; and the annual football rivalries are in full gear. Along with these pleasant routines, unfortunately, comes the revival of a number of scams which threaten our safety and well-being.

Recently the local news reported that perpetrators are going into homes on the pretense of being from the water company and that they need to check your water lines and internal spigots. In one case, a gentleman was lured into his own bathroom with one criminal and held there against his will while yet another criminal looted items from his bedroom. He managed to escape and call the police. Another scam which appears at this time of year involves someone showing up uninvited and claiming that your roof is in critical need of repair. They will claim that if you do not repair it now it will leak during inclement weather which is on the horizon. They will trick people into giving them money up front only to disappear with it.

Protect yourself from these scoundrels. Never open the door to a stranger. Utilities companies do not send staff out unannounced. Check out any contractors through the Better Business Bureau and always check with someone you know. Use contractors who come recommended by friends and family. And never buy into any transaction whereby they solicited you. Take charge of the process from the beginning.

Another positive aspect of the fall season is the arrival of flu clinics. Make sure to get your flu shot early to provide the best protection. Your physician or local health department can provide this service for you. Many senior centers also provide clinics for this. If you are over the age of 60 also consider a pneumonia vaccine and a shingles vaccine. With all of these protections in place you can enjoy the cider mills and art fairs in full swing!

Late, Great Game Shows Trivia

1. On what game show did Monty Hall command us to choose between doors number 1, 2 and 3?
2. What game show started on the radio and had many hosts but most often brings Bob Barker to mind?
3. What difficult trivia game show was originally hosted by Art Fleming?
4. What late, great show in which four contestants competed to become temporary royalty was hosted by Jack Bailey?
5. Which game show brought us Paul Lynde in the center square?

*Answers on bottom of page 5.



**Giving Matters.**

By Paul J. Miller, CFRE,
President, PVM Foundation

Donors Support Future Residents Through Tax-Free IRA Rollover

Since becoming a Board member at The Village of Oakland Woods over nine years ago, Richard “Dick” Euler has been an active volunteer for PVM, participating on several committees and in various initiatives. One of his proudest moments was when he and his wife, Nancy, were co-chairs for the annual *It’s A Wonderful Life* Gala in 2012.

Over the years, as Dick and Nancy built strong connections to The Village of Oakland Woods and witnessed the devotion of PVM staff and volunteers to the PVM mission, they became annual donors to

the PVM Foundation and saw how their philanthropic contributions were helping residents.

“Support is dictated by the needs of the mission of such a hard-working organization. Our continued involvement happens to keep a great entity going and to help more people,” says Nancy about why they support PVM. “Seeing residents smile is a big motivator,” adds Dick.

A couple of years ago, Dick and Nancy decided it was the right time to take advantage of legislation that allowed them to make a tax-free gift to the PVM Foundation to support seniors, directly from their IRA.

“We chose to make a gift through an IRA charitable rollover because the IRS gives a tax advantage for distributions made directly to charity. Therefore, our minimum required distribution was not reported as income and we were able to support the charities we believe in,” Dick says. “Through our gift, we know we can help future residents and encourage others to walk down the same path!”

How You Can Help

To learn more about how you can use your IRA to make tax-smart gifts to the PVM Foundation, contact us at 248-281-2040 or pvmfoundation@pvm.org.

Warm regards,
Paul J. Miller, CFRE



A Physical Therapy Primer



If you're like me, at one time or another you've had the need for physical therapy. Physical therapy is a type of medical treatment that can help improve mobility, relieve pain, and improve functional fitness. Physicians often recommend physical therapy following an injury or surgery or to treat long-term health conditions. It can be provided in a clinic, hospital, nursing care facility, and even your home. Regardless of where it is provided, it must be provided or supervised by a trained therapist.

While the treatment a therapist provides depends on the health condition being treated, it usually includes some form of exercise. Exercises to improve strength, flexibility, endurance, and balance are common. Other common treatments include ultrasound, electrical stimulation, massage, cold therapy, and heat therapy. The ultimate goal is to make daily tasks and activities easier to do.

If you have Medicare, it will only cover physical therapy if it has been ordered by a physician who indicates that it is medically necessary. It also caps the amount of physical therapy services it will pay for each year. It is possible to have this cap waived, but only if your therapist substantiates the medical necessity for continued therapy and your physician agrees. Otherwise, you may be responsible for paying for the additional therapy yourself.

Because your doctor is most familiar with both your health history and medical needs, I strongly suggest you speak with him first before agreeing to any physical therapy suggested or ordered by anyone other than him. Not only will you be protecting your health, you could be protecting your wallet too!

Answers to "Game Shows" Words Trivia

1. Let's Make a Deal.
2. Truth or Consequences.
3. Jeopardy!
4. Queen for a Day.
5. Hollywood Squares.



Medicare Fraud

By Carrie Moon-Dupree

Do you know that you have something valuable in your wallet which gives you many benefits during your senior years? No, I am not speaking of money, but rather your **Medicare card**. Your Medicare card opens many healthcare benefit doors for you. Unfortunately there are some unscrupulous providers who take advantage of that fact by billing for services not done or billing for a more complex procedure than was done, thereby charging more. These providers commit Medicare Fraud. Individuals and companies that have been convicted of Medicare Fraud can no longer bill Medicare for their services, pay huge fines and in many cases are sent to prison. How can you help prevent Medicare fraud? You and your family need to be good consumers and stay alert. Read your explanation of benefits from Medicare which shows what services were billed to Medicare by a provider. Does your benefit statement show that you went to a doctor for four visits, when you actually only went once? That is Medicare Fraud. Have you been approached for services, which are covered by Medicare, by a provider that you

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The Chapel View

REJOICE – FINDING JOY, HUMOR IN THE SPIRITUAL LIFE is the title of a “CareNotes” pamphlet. Several tips to successful aging involve humor. “A cheerful heart is a good medicine, but a downcast spirit dries up the bones.” Proverbs 17:22

- *“Joy in the most infallible sign of the presence of God.”*
- *Humor deepens one’s relationship with God.*
- *Humor welcomes*
- *Humor heals*
- *Humor fosters good relations with one another*

REJOICE – FINDING JOY, HUMOR IN THE SPIRITUAL LIFE is one of a series of booklets we place in the Patterson lobby and at the entrance to the Chapel. These booklets which inform, encourage and inspire are for you to take, read, enjoy and pass on to your friends and neighbors. Pick up a couple of these wonderful pamphlets today.

Peace, joy and health in Christ, Chaplain Kent

PS – The Silverbelles Handchime Choir needs two or three chime ringers. If you can count to four, you can participate! The Choir practices on Tuesday afternoons in the Chapel. If you would like more information, please contact me at ext. 16061. Men and women are welcome.

PSS – I will be away October 7 through October 19. Please contact the receptionist (extension 0) if you need spiritual care assistance. God Bless, Chaplain Kent

Schedule of Special Events:

Sunday, October 6 - World Communion Sunday, 10:30 a.m. in the Chapel – This year’s celebration of World Communion in union with Christians around the globe will take place during our Sunday morning worship. Plan to attend this service of unity.

The Sylvan Terrace Bible Study Group will not meet in October. Plan to attend the November 11 group.

Saturday, October 19 - Catholic Mass, at 10:30 a.m. in the Chapel with Father Socorro Fernandes from Our Lady of Loretto Catholic Church.

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really don’t need or want? That is Medicare Fraud.

Don’t give your Medicare card number, or actual card, to anyone without asking just what is this for? Do not give your Medicare card or number to someone who stops you in the store or hallway and tells you they can help you at no cost to you. You will need to be alert that Medicare is not going to be billed for services that weren’t really needed.

Medicare Fraud is at an all-time high. You are an essential part in helping to see that Medicare does not pay for fraudulent services. If you believe that you have been a victim of Medicare Fraud, please contact Medicare at the **CMS Hotline: 1-800-MEDICARE (1-800-633-4227)**.



Free Transportation

Senior Alliance Now Offering Transportation

In partnership with the Downriver Community Conference, this program provides door-to-door non-emergency medical transportation to doctor appointments. This service is available to individuals age 60 and older who reside in southern and western Wayne County. There is no charge for this service, though donations are accepted. For information call 734-362-7029



Please wish all of our October Birthday Residents a Happy and Healthy Birthday Month!

Birthday Celebration

The Birthday Party will be on Friday, October 11 at 2:00 pm in the RCD. Please join us to celebrate all of the September Birthdays!

Village Friends

Ethel Dornton	10/01
Donald Hampton	10/01
Ruth Dawkins	10/06
Alexandria Palen	10/10
Betty Everette	10/12
Loretta Whalen	10/14
Petrina Riccobono	10/24
Ruth Round	10/27
Margaret Campbell	10/28
Allison Weathersby	10/30
James Williams	10/30
Lucille Zack	10/31

Villa Friends

William Billings	10/01
Barbara Burton	10/01
Dorothy Martin	10/05
Elisabeth Hollinger	10/09
Odessa Carter	10/15
Sammie Gilbert	10/16
Gertrude Smith	10/17
Dorothy Wilson	10/17
Victoria Knox	10/18
Mary Montgomery	10/18

Welcome New Residents

Ralph Vader
Patterson
Dorothy Geddes
Patterson
Nancy Stonesifer
Sylvan Terrace
Marian & Joseph Brenkus
Village Green
Irene Battaglia
Villa
James Williams
Villa
Ernestine Hicks
Villa
Alice Brown
Villa

Events for October 2013



Wednesday, October 2- Cookie Bake Off in the LEC at 10:00. Sample Unidine's cookies and vote for your favorite.

Thursday, October 3- Fall craft in LEC at 10am. RJ's Blues will be performing at 2:00 in the RCD.

Monday, October 7- Join Tom Benoit, Dietician for a Nutritional Talk and a healthy snack at 2:00 in the LEC.

Tuesday, October 8- Banking with Janet at 10:30. Call Janet at ext. 16047 to reserve your seat.

Thursday, October 10- Shopping at Value Center at 10:45. Call Janet at ext. 16047 to reserve your seat.

Friday, October 11- Dynamo Show with Paul Koniarz and Birthday Party at 2:00 in the RCD.

Monday, October 14- Ward Presbyterian Sing-a-long in RCD at 3pm.

Wednesday, October 16- Beading Class is at 10:00am in LEC. All Resident Meeting is at 2:00 in the RCD.

Thursday, October 17- Oktoberfest at 2:00 in RCD. Join us for warm pretzels and root beer.

Saturday, October 19- Catholic Mass is at 10:30am in the Chapel.



Wednesday, October 23- Art Class in RCD at 9:30am. We will be making a Fall Wreath.

Monday, October 28- Cider and Donuts at 2:00 in the LEC.

Tuesday, October 29- Trick or Treat Night starting at 6pm.



Wednesday, October 30- Beading Class is at 10:00 in LEC.

Thursday, October 31- Fall craft at 10:00 in LEC. Cookie decorating at 2:00 in LEC.

When: Tuesday October 29th

Time: 6:00pm-7:00pm

HALLOWEEN TRICK OR TREAT NIGHT AT THE VILLAGE OF REDFORD

**Please join us for a fun & safe
Trick or Treat Night
with the residents at
The Village of Redford.
Bring your Children,
Grandchildren, Nieces & Nephews
who are 12yrs and younger in
Costume
for trick or treating .
No scary masks or costumes please**

**We will start in the Patterson Lobby and then
go down each hallway in Patterson. We will
from there we will go out the Garfield doors
and walk to the Green Houses and thru
Mc Comber. Sylvan Terrace
and Woodside residents will be in the RCD.
We will finish up in the Main Lobby with a
glass of Cider and a
Doughnut to go.
Please join us from 6:00-7:00pm for some
Spooktacular Halloween Fun!**

**You will need to RSVP to Janet in
Activities by October 22nd at
(313) 541-6047**

**Trick or Treating
Refreshments
And Fun**

Hooray!!!



**For More Information
Call Janet at
313-541-6047**

The Village of Redford Department Extensions

ADMINISTRATION

Vice President & Executive Director Thomas Hosinski 533-0146

Villa Administrator Gloria Robinson 541-6042

Executive Assistant & Office Manager Sherry Prokes 541-6183

Billing Lisa Hibbard 541-6073

Chaplain Kent Aughe 541-6061

Medical

Director of Nursing Kafi Williams 541-6232

Social Worker Lynn Pietrzak 541-6062

Mc Comber 541-6010

TCU 541-6012

Villa

Office Assistant Tomika Trice 541-5991

Maintenance Mark Uzarek 541-6029

Assisted Living Clinic 541-6018

Nurse Coordinator Joyce N Hamlin 541-6283

Maintenance

Manager 541-6471

Supervisor Jerry Jones 541-6458

Jerry's Cell 248-688-7026

Marketing & Sales

Manager Denise Mazzetti 533-3412

Admissions Patricia Daniels 541-6026
Admissions Asst. 541-6484

Dining Services

Director of Dining Services Randi Simko 541-6103

Executive Chef Joel Vassollo 533-5797

Dining Coordinator Sholanda Bivins 537-0062

Dietician Tom Benoit 533-5975

Kitchen 541-6067

Apple Bistro 541-6015

Human Resources

Manager Kenya Bragg 541-6420

Assistant Wenona 541-6418

Breazeale

Rehab/Therapy Erica Newby 541-6054

Life Enrichment

Manager Karl Schillinger 533-4783

Supervisor & Janet Frederick 541-6047
Transportation

Beauty Shop

Rose, Diana, and 531-6942
Beverly

Villa Beauty Shop 541-6077

EMERGENCY Number 313-402-4985

Night Guard Phone 313-402-4985



Trick or Treat Night



The Village of Redford will be having our annual Trick or Treat Night at 6:00 PM on Tuesday, October 29. All residents are encouraged to participate. Please invite your children, grandchildren, nieces and nephews who are 12yrs and younger in costume.

No scary masks or costumes please!

This year we will be bringing our Independent Living Residents inside. They will be set up in the RCD to pass out candy. Children will meet in the Patterson Lobby, and then split into groups. We will trick or treat in the Patterson Hallways, Mc Comber, Transitional Care Unit, and the Green Houses. We will end our treat night in the Patterson Lobby with cider and donut to take home.

Any Residents that want to participate will pass out their candy in the area that they live in. Patterson will pass out candy from the doorway of their rooms. Mc Comber will pass out candy in the main group area. TCU will pass out candy just outside of the TCU door. All IL Residents will pass out candy in the RCD.

IL Residents please call Janet at ext. 16047 to RSVP.

Please RSVP to Janet in Activities by October 22 for all children attending. 313-541-6047

Fall

Autumn is a time for brisk breezes, allergies and Big Sneezes!
 Colors of red, gold, and brown, from the leaves falling to the ground.
 Children playing in that pile of leaves, while the farmers are bringing in the sheaves.
 Corn stacked in shocks, birds flying south in flocks.
 Pumpkins smiling, oh so fine.
 That must mean it's autumn time!



Presbyterian Villages of Michigan Mission Statement

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org



Sweetest Day

Sweetest Day is celebrated on the third Saturday in October as a day to make someone happy. It is an occasion which offers people an opportunity to remember not only the sick, elderly and orphaned, but also friends, relatives and associates whose helpfulness and kindness are appreciated. It is a reminder that thoughtful words and deeds enrich life and give it meaning.

The holiday is celebrated primarily in the Midwestern states of Illinois, Michigan, Ohio, and Wisconsin, but it has slowly moved to other parts of the country as people tend to take the Sweetest Day tradition with them when they move. Ohio is the top state for Sweetest Day sales, followed by Michigan, and Illinois. Texas, California, and Florida are among the top 10 states in sales.

-From Creative Forecasting 2006

EMERGENCY NUMBER

(313) 402-4985

Village of Redford Front Desk

(313) 531-6874



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org



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Redford, MI 48240**

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