



Village Herald



Embrace the possibilities

3325 Grange Hall Road Holly, Michigan 48442 • www.pvm.org

October 2014

Village Administrator

Happy Fall! It's October already! Time is sure flying by.

The Flu Shot Clinic will be held at the Manor on October 1, 2014 from 2:00 to 4:00. It is being hosted by CVS this year. If you have any questions, feel free to contact CVS at 248-634-8294.

On October 16th at 2:00 P.M. Michigan State Representative, Joe Graves will be joining us at the Manor as our guest speaker. We hope you will come and join us. If you need transportation from the Circle to the Manor, please call the office for pickup scheduling.

Featured Articles

- Bullying** Pg 3
- Cassie's Corner** Pg 4
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Autumn Sudoku

Every row, column and mini-grid must contain the letters A C O R N S.
Don't guess - use logic



S					O
		O	N		
	S	A	O	R	
	O	R	S	N	
		N	C		
R					N



The Village of
Holly Woodlands

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



www.ActivityVillage.co.uk - Keeping Kids Busy





Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

Support Future Residents and Generate Income for Life!

Did you know that there are other ways you can support your PVM Village besides writing a check? You can leave a legacy for future residents through a planned gift to the PVM Foundation, like a charitable gift annuity.

A charitable gift annuity is an agreement between a donor and PVM where the donor makes a gift to PVM. In exchange, the donor receives fixed payments for life with as high as a 9% rate of return, depending on the donor's age. You don't have to be very wealthy to make a charitable gift annuity. With a little planning, even people of modest means can make a big difference.

With your gift, you can help improve the lives of future residents at your Village in so many ways, such as through Benevolence to help residents in emergency financial situations or fitness programs like A Matter of Balance to reduce falls.

Donors who make a planned gift to PVM are eligible to be members of the Calvin Society and are honored annually at a special event. For more information about Charitable Gift Annuities and Calvin Society membership, please contact us at 248-281-2040 or pvmfoundation@pvm.org.

Thank you to all our donors who support the PVM Mission and make a lasting impact on future residents!

Warm regards,
Paul J. Miller, CFRE

Presbyterian Villages of Michigan Foundation
presents its 11th annual Gala

Get Your Motors Running!

Sponsorship Packages Available!
Patron Tickets \$375
Individual Tickets \$250

For more information, contact
PVM Foundation at 248.281.2040
or visit www.pvmfoundation.org

Friday, November 14, 2014
COBO Center, Detroit

5:30 p.m.
VIP Pre-Reception & Raffle Preview
(Sponsors & Patron Tickets only)

6:30 p.m.
General Reception & Raffle

7:30 p.m.
Dinner, Program & Entertainment



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

Bullying and Respect

This month we have a guest columnist, Morgan Nelson, an intern from Oakland University's Wellness, Health Promotion & Injury Prevention Program

When you think of the word 'bullying,' your mind may go back to the days on the schoolyard playground, in high school halls, or even in the professional workplace. Bullying, however, can occur at any time and any place in a person's life including our later years. Although it is a growing problem, we can take effective steps toward addressing the issue and perhaps redefine what bullying means.

Bullying can take on many forms which may include name calling, gossiping, insults, racial slurs, shunning, belittling jokes, bossy behavior, invading personal space, spreading rumors, making fun of physical or mental disabilities, making offensive gestures or facial expressions, and engaging in mental and/or physical abuse. It can lead to reduced self-esteem, feelings of rejection, fear and anxiety, depression, suicidal thoughts or actions, self-isolation, increased stress, negative changes in eating and sleeping habits, and negative effects on activities of daily living.

To bully is to essentially disrespect your peers.

There are steps YOU can take to prevent and stop disrespectful thoughts and actions.

Everyone can practice RESPECT:

- Recognize others for who they are and appreciate their differences
- Energize your environment; make it welcoming for others
- Support and uplift the spirit of your peers
- Practice empathy; put yourself in their shoes
- Expand your social network, connect with your peers
- Communicate with kind words and gestures
- Treat others how you would want to be treated



Cassie's Corner

Fall has arrived time to start movie / popcorn days
We have the classic love story "Sleepless in Seattle"

&

the 1959 thriller "House on Haunted Hill"

check your calendar for dates & times.

Cider & doughnuts at Mullers Orchard on the 13th

On October 21st we are going on a fall color tour bus ride
and out for lunch 11- 3

Flu Shots by CVS in the Manor community room

October 1st 2-4

We are going to Golden Corral in Flint for lunch Bunch

On the 14th at 11am Senior Early Bird special 7.69

includes your drink (this is a buffet style lunch)

Don't forget to purchase your ticket for the chili luncheon on
the 17th only \$4.00

Questions or suggestion please call

Cassie @ 248-634-0592 ext3



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Holly Foods 9:30 Flu Shots 2:00 to 4:00 Manor Bingo 7:00	2 Library 9:30-10:30 Church Service 6:30	3 Workout 10:00 Movie Day 1:30 Sleepless in Seattle Yahtzee 7:00	4
5 Church Service 3:00	6 Workout 10:00 Euchre 1:00 Celeste 1:00 Bingo 7:00	7 Bible Study 10:00 Flint Farmers Market 1:00	8 Walmart Fenton 1:00 Bingo 7:00	9 Focus Hope 1:00 Bus Service 9-12	1 Workout 10:00 Bean Bag Toss 2:00 Yahtzee 7:00	11
12	13 Workout 10:00 Mueller's Cider Mill 1:00 Bingo 7:00	14 Lunch Bunch Golden Corral 11:00	15 VG'S 9:30 Worship Service 6:00 Bingo 7:00	16 Library 9:30-10:30 State Representative Joe Graves 2:00 Church Service 6:30	17 Workout 10:00 Chili Luncheon 12:00 Yahtzee 7:00	18
19 Church Service 3:00	20 Workout 10:00 Euchre 1:00 Celeste 1:00 Bingo 7:00	21 Color Tour & Lunch 11:00 to 3:00 Bible Study 10:00	22 Kroger 9:30 Bingo 7:00	23 Bus Service 9-3	24 Workout 10:00 Dollar Tree 10:00 Yahtzee 7:00	25
26	27 Door Sign Craft 2:00 Euchre 1:00 Bingo 7:00	28 Goodwill Fenton & Lunch at Arby's 10:30 Door Craft 2:00	29 Meijer's 9:30	30 Library 9:30-10:30 Fright Night Bingo 2:00 Church Service 6:30	31 Workout 10:00 Movie Day 1:30 1959 House on Haunted Hill	

SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
OCTOBER 2014 MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 810-632-2155 888-886-8971		MENU SUBJECT TO CHANGE WITHOUT NOTICE MARGARINE & HALF PINT OF MILK SERVED WITH EVERY MEAL Cost Share \$3.00	
	30-Sep	1	2	3
	TUNA SALAD PLATE W/LETTUCE CHEESE, CUCUMBER, TOMATOES POTATO SALAD BREAD SELECTED FRUIT DESSERT	VEGETABLE LASAGNA SALAD GREENS W/TOMATO VEGETABLE BLEND BREAD SELECTED FRUIT DESSERT	STUFFED CABBAGE MASH POTATOES PEAS & CARROTS BREAD SELECTED FRUIT DESSERT	BEEF STEW POTATOES & CARROTS TOSSED SALAD BREAD SELECTED FRUIT DESSERT
6	7	8	9	10
BBQ CHICKEN WEDGE POTATOES SLICED CARROTS BREAD SELECTED FRUIT DESSERT	POTATO ENCRUSTED FISH RICE PILAF STEAMED SPINACH COLE SLAW BREAD SELECTED FRUIT DESSERT	HAMBURGER W/KET & MUST POTATO SALAD GREEN BEANS BUN SELECTED FRUIT DESSERT	CITY CHICKEN W/GRAVY SUCCOTASH SCALLOP POTATOES BREAD SELECTED FRUIT DESSERT	MEATLOAF W/GRAVY OVEN BROWN POTATOES GREEN PEAS BREAD SELECTED FRUIT DESSERT
13	14	15	16	17
STUFFED PORK CHOP AU GRATIN POTATOES CALIFORNIA BLEND VEGGIES BREAD SELECTED FRUIT DESSERT	SLOPPY JOE KERNEL CORN 3 BEAN SALAD BUN SELECTED FRUIT DESSERT	HERBED CHICKEN RED SKIN POTATOES MIXED VEGETABLES BREAD SELECTED FRUIT DESSERT	BEEF STROGANOFF W/NOODLES BRUSSEL SPROUTS TOSSED SALAD BREAD SELECTED FRUIT DESSERT	TURKEY W/GRAVY WHIPPED POTATOES SNAP BEANS BREAD SELECTED FRUIT DESSERT
20	21	22	23	24
BAKED CHICKEN W/GRAVY VEGETABLE RICE GREEN BEANS BREAD SELECTED FRUIT DESSERT	SPAGHETTI W/MEATBALLS PARMESAN CHEESE ITALIAN VEGETABLES TOSSED SALAD BREAD SELECTED FRUIT DESSERT	BBQ PORK POTATO WEDGES COLE SLAW BUN SELECTED FRUIT DESSERT	TERIYAKI CHICKEN OVER RICE BROCCOLI SPEARS TOSSED SALAD BREAD SELECTED FRUIT DESSERT	CHOPSTEAK W/GRAVY MASHED POTATOES LIMA BEANS BREAD SELECTED FRUIT DESSERT
27	28	29	30	31
SWEET & SOUR MEATBALLS OVER RICE MIXED VEGETABLES TOSSED SALAD BREAD SELECTED FRUIT DESSERT	PORK FRITTER WHOLE POTATOES CARROT COINS BREAD SELECTED FRUIT DESSERT	CRISPY CHICKEN THIGH MASKED REDSKINS GREEN BEANS BREAD SELECTED FRUIT DESSERT	BEEF GOULASH ITALIAN BEANS TOSSED SALAD BREAD SELECTED FRUIT DESSERT	HAPPY HALLOWEEN!! HALLOWEENIES W/KET & MUST BOO BK BEANS CREEPY SLAW BUN SELECTED FRUIT DESSERT

MANAGED BY PARAGON MANAGEMENT, LLC. *SPONSORED BY THE COMMUNITY OF CHRIST CHURCH*, PARTIAL FUNDING THROUGH THE AREA AGENCY ON AGING 1-8, OSA, OAA AND PARTICIPANT DONATIONS*, THANK YOU!
THE SENIOR NUTRITION PROGRAM/MEALS ON WHEELS COMPLIES WITH ALL CIVIL RIGHTS AND SOCIAL REHABILITATION ACTS. APPROVED: 10/20/2011

USE THIS AD FORM FOR LISTING
SOMETHING YOU WANT TO *BUY OR SELL* IN
OUR MONTHLY NEWSLETTER

Date: _____

Buy or Sell (circle one)..... Limited to *15 Words*

Name: _____ Apt.# _____

Phone #: _____

Return To Manor Office For Publication



HEAR YE HEAR YE

The Holly Dickens Festival will have two parades this year!
We are having an **EVENING LIGHT PARADE** on Friday, November 28, 2014 to open the **HOLLY TREE LIGHTING CEREMONY**, and the **DICKENS CHRISTMAS PARADE** on December 6, 2014.

Please help us make this years Holly Dickens Festival special with your participation in both of our parades.

The **EVENING LIGHT PARADE** will be held at 6:30pm on November 28, 2014 just prior to the **HOLLY TREE LIGHTING CEREMONY** in downtown Holly. All entries must hold to the Dickens era theme and have lights. We will begin the parade in the **ALLSTATE Insurance** parking lot (124 N Saginaw St, Holly, MI 48442) and proceed down south on Saginaw Street to the Civic Drive. The **HOLLY TREE LIGHTING CEREMONY** will begin directly after the parade.

The **DICKENS CHRISTMAS PARADE** will be open to all entries. It will be open theme – entries are not required to follow the Dickens Era theme. The **DICKENS CHRISTMAS PARADE** will begin at 2pm on Saturday, December 6, 2014. This parade will begin in the parking lot of **VFW Post #5587** located at 201 Airport Dr., Holly, Mi. and proceed south on Saginaw St., then east on Maple St., ending in the parking lot of **Holly Elementary School** at 801 E Maple St, Holly, MI 48442.

PLEASE SUPPORT YOUR LOCAL COMMUNITY AND PARTICIPATE.

director@hollydickensfestival.org * info@hollydickensfestival.org

KARL RICHTER COMMUNITY CENTER • 300 EAST ST. HOLLY, MICHIGAN 48442 • 248.431.1894

WWW.HOLLYDICKENSFESTIVAL.ORG

Services Offered at Holly Woodlands

Focus Hope: Second Thursday of every month.

Holly Foot and Ankle: They are here by appointment only. Please call 248-634-6200.

Bible Study: First & Third Tuesday at 10:00 in the second floor lounge during August.

CVS Deliveries: CVS will deliver prescriptions every Tuesday and Thursday at 2:00.

Beauty Salon: Third floor of the Manor. Sarah will be here by appointment only. Please call 810-444-3208.

Church Service: Church service is on the first and third Sunday of the month at 3:00 in the Manor Community.

October 2014 Birthday List

Joyce Collins	10-1
Rose Mary Ventre	10-1
Eileen Jones	10-2
Mary Koewler	10-6
Kathy Palmero	10-6
Robbie Robbins	10-9
Dee Dee Bishop	10-11
Maxie Petry	10-11
Bernice Riggs	10-14
Jim Beck	10-16
Dorothy Rimmell	10-18
Shirley Bryan	10-23
Agnes Kingsbury	10-23
Shirley Rolka	10-25
Joan Barna	10-27
Betty Hoover	10-28

BAM INTERNATIONAL

Welcomes you to attend service

on Thursdays in the Manor community room.

Services will be held on October 2nd, October 16th, and October 30th.

Please come and worship with us in song, prayer, and the word.

Services start at 6:00.



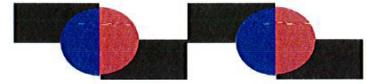
2014 Resident Satisfaction Survey

Thank you to the 1,316 residents and families across Presbyterian Villages 25 Villages who took the time to respond to the 2014 Resident Satisfaction survey. Those surveys, plus your written comments, provided us with valuable information concerning what we are doing right and where improvements need to be made. Your administrator, after reviewing the results, will develop steps to improve in key areas that you have indicated are important to you. The results of the survey as well as action plans will be shared with residents, families, board members and staff. Measureable goals are set along with a touch points throughout the year to see what progress is being made.

An important aspect of feedback to residents and families is an explanation of why we can or cannot act on their concerns. For example if a resident at an affordable housing site offered the observation that their rent is too high, we can pass that information along to HUD and MSHDA, but we cannot change how rent is calculated. If however residents do not feel they have received value for their rent money, that is an area we can do something about. The first step would be to find out from the residents what would more value look like to them. In both instances, an explanation is in order.

Communication between administrators and residents is an ongoing process, not just at survey time. It is important that when the 2014 survey results are presented at your Village you attend the resident meeting to discuss the results. Perhaps your administrator needs some clarification on a particular issue or can offer a more detailed explanation as to why something is the way it is. When people work together for the common good, much can be accomplished. The one thing that comes through on both the employee and resident surveys is that we care about each other, which is a great place from which to start.

Presbyterian Villages of Michigan is committed to Service Excellence and the four pillars of: Respect, Relationship, Accountability and listening. You have spoken and we are listening. Together we can accomplish great things.



Flu Shot Clinic

October 1, 2014

2 pm - 4 pm

Woodland Manor

Community Room

Hosted by CVS Pharmacy

**Please bring ALL Prescription and Medical Insurance
cards with you!**

If you have any questions, please call
CVS at 248-634-8294



**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Number

248-634-0592

Village Staff

Deanna Coggins
Administrator

Heather Green
Administrative Assistant

Cassie Roberts
Activities Coordinator

Derek Elkins
Maintenance Supervisor

Carl Smith
Maintenance Technician

Gene Blankenship
Maintenance Technician

Ashley Merritt
Housekeeping

Lee Krentzen
Receptionist

EMERGENCY NUMBER

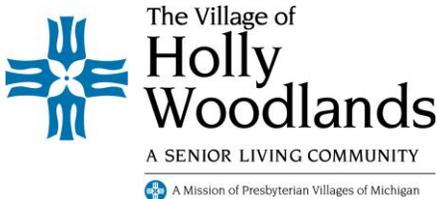
248-534-8263

Fax Number

248-634-8417



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit www.pvm.org



**3325 Grange Hall Road
Holly, MI 48442**

Holly Woodlands Board Members

Kesha Akridge
Kent Barnes
Sharlyn Gates
James Gotch
Anar Guru
Reisa Hamilton
Pauline Kenner
Mary Lloyd
Bernice Riggs
Dale Smith
William Walters

Embrace the possibilities