



# Village News



## Embrace the possibilities

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October 2021

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### Notes from Administrator

It is with a very heavy heart that we are going to be saying goodbye to Joelle Baughman, our Oakland Woods Wellness Coordinator. I personally would like to express how much of an asset Joelle was to the Oakland Woods team, and it will be very hard to replace her. I am sending Joelle best wishes in her next endeavors and thanking her for her passion, excitement, and service. Please join me in keeping her in your thoughts and prayers as she takes on her next journey.

As many of you know, once a month Focus Hope delivers nonperishable food items. If you have any questions, or would like to inquire about the program, please see Sue Carney at the Oakland Woods office. For those who currently receive assistance from Focus Hope, it will help to have you or a family member sign your name when it has been picked-up. We thank you for your help in this matter, as we will be in need of some extra hands while we are working to fill vacant staff positions.

Please help us in keeping the dumpster enclosures neat and tidy. We are asking all residents to make sure trash bags make it into the dumpsters and that all dumpster doors/lids are closed, keeping animals from entering and taking garbage out of the dumpsters. Please do not leave trash bags on your front or back patios. Please take garbage directly to dumpster. This will prevent animals from getting into garbage bags will also eliminating excess trash from the ground. Matthew and I will be ensuring every week that each area is neat, safe, and tidy.

Another area of importance is utility closets. It was brought to our attention during our fire caulk and fire suppressor inspection that many of the utility closets are not accessible. Please be advised your house rules state, ***“residents living at Oakland Woods are not allowed to store anything in the mechanical closet (furnace room), janitorial rooms or storage rooms”*** When the utility areas are filled with personal belongings, maintenance is unable to perform routine checks which could lead to significant property damage. Moving forward, this could lead to violation of leases if utility closets are not maintained properly. I thank you for your help in this matter.

The staff is very excited to inform you that we are going to maintain a full activities calendar to the best of our ability. Exercise classes will still be held Monday, Wednesday, and Friday at 11:00am. The most important date is the ***Village Victory Cup on Thursday, October 28<sup>th</sup>***. Lunch will be served at 11:00am with games to begin around 12:00pm. ALL ARE WELCOME to this event! We need all cardinals on deck to bring that trophy home! I know many of you will remember our last victory cup – we have a chance to bring it home!



The Village of  
**Oakland  
Woods**

A SENIOR LIVING COMMUNITY  
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Look for PVM on:





# It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

## A New Beginning

It is with a great deal of emotion that I write this article, my last as Director of Innovation & Wellness for Presbyterian Villages of Michigan. After almost 13 years of service, my last day with PVM will be September 10, 2021. After a great deal of consideration and conversations with family and friends, I have decided to make a career change and accepted a Head Coaching position for a youth swim team in Wenatchee, Washington, the Apple Capital of the World!

As some of you may know, competitive swimming has long been a passion of mine. I started competing at age 7, began coaching at age 18 and for the past 24 years, from December through March, have served as the Head Coach of the Birmingham High School Boys Swimming & Diving Team. While standing on the pool deck during those frigid months, I often dreamt of making coaching a full-time career, but the stars never seemed to align until now.

I am extremely grateful to PVM for allowing me to pursue my two other passions – innovation and wellness - and am extremely grateful to you for allowing me to serve you. I hope that I have passed along tips and information you were able to use to enhance your health and wellbeing.

There are many things I am going to miss about working for PVM. I am going to miss working with an amazing group of dedicated colleagues and I will miss interacting with you. Most of all, I am going to miss the Village Victory Cup, to quote a past volunteer, “the best day ever!” I will, however, be watching and cheering you on from afar.

One thing I learned while at PVM is that it is never too late to pursue your passion. It may be as scary as can be, but it is never too late. Whether you have dreamt of becoming a painter, a musician, an author, an artist, an athlete, a poet or even a full-time swim coach, do not let the calendar stop you. Meaning and purpose is what gives meaning and purpose to life. So find your passion; find your purpose and pursue it whole-heartedly. And when the “what if’s” start popping up, I encourage you to take the advice of a very dear friend of mine, “stop worrying about what could go wrong and think of what could go right.”

Thank you again for allowing me to serve you. Best wishes for a happy, healthy, purposeful, meaningful.



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# The Senior Advocate.

By Lynn Alexander,  
Vice President of Public Affairs

## Moments

One of my favorite sayings is: “A life cannot be measured by how many breaths you take, but rather by the moments that take your breath away.” Over the past eighteen months it’s been a bit harder to create those moments. During the pandemic we went for months without being able to hug loved ones. We were unable to visit the special places that take our breath away, such as resorts or just having lunch with a close friend. We all learned how resilient we can be and the importance of never giving up. There is a reason that the word Age begins with an A. It’s our attitude that will get us through.



I am not the only one who believes this. Ask anyone who has lived to be 100. They may have different ideas as to how they did it. Some say being a vegetarian made it happen. Others talk about staying active while some believe wholeheartedly a sip of whiskey every night is the secret. However, to a person they all mention attitude and being engaged with life and others as playing a key role. We need a sense of purpose and something to look forward to.

So hold tight to your dreams. Make new ones. Call up a long-time friend. Take up a new hobby. Teach something to your grandchildren or other young persons. Most of all create experiences that take your breath away for you and those you hold dear. That is my wish for you!



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# Leasing News

*By Taylor Webb*

*Sales & Leasing Specialist*

## *Happy October Everyone!*

I am looking forward to a fun fall season here at The Village! With all the gorgeous nature our campus holds, I can't wait to see all the beautiful colors. Our October calendar is full of fun events and opportunities, I hope that you will come – please remember to sign up for all events in the event book at the community center!

We have a new Facebook page, and would love it if you would give the page a follow! This is an easy way for residents and loved ones to stay in touch and up to date with what is happening in our community. The page features helpful tips and information, news about the village, and photos from events. If you have a Facebook account and would like to follow our page, I have provided some instructions below on how to find us. I think it can feel a little strange when you're interacting with someone online and don't know who you're speaking with. I would like you to know that the page is mainly handled by me – feel free to chat with me, leave comments, and share! If you are having difficulty finding our page, stop on by my office and I will be more than happy to help you on your device or give you a quick tutorial.

### **How to find our Village Facebook Page:**

1. Log on to your Facebook page and locate the search bar. The search bar will have a little magnifying glass by it and is usually found in the upper left-hand corner of the website.
2. Type our Village name in the search bar – The Village of Oakland Woods
3. Click on our Village name, which will take you to our Facebook Page
4. Locate the follow button, usually found in the upper right corner of the page, and click it!
5. You should get a notification saying that you are following The Village page and a pop-up with options will appear, click the button that says update — the “follow” button will now say “following”.

I also wanted to share with you a quick and delicious recipe! I love to cook and bake - fall always offers such fun ingredients, aromas, and textures. This cornbread recipe is so easy to make and is such a treat. It is one of my favorites to pair with soups during this season - I hope you try it!

### **Cheese and Chive Cornbread**

**Ingredients:** 1 cup cornmeal, 1 cup all-purpose flour, 1 cup of room temp milk, 1/4 cup sugar, 4 teaspoons baking powder, 2 large eggs, melted 1/4 cup of butter, 1 1/4 cup sharp cheddar cheese (shredded), and 1/4 cup of chopped chives.

**Directions:** In a large mixing bowl, combine cornmeal, flour, sugar, and baking powder. In another bowl, whisk eggs, milk, and butter together. From there, stir wet ingredients into the dry until just a bit moistened – don't overdo it! We want a slightly lumpy dough, it helps hydrate the batter. Gently fold in cheese and chives. Grease your baking pan, pour in, and bake at 400 degrees until golden brown, which is usually about 15 to 18 minutes.

# Maintenance News

*By Matthew Myers*

*Maintenance Lead*

## **Happy October Residents,**

The following projects were completed in September:

- Concrete and Asphalt in Entire Campus (Completed)
- Tree Trimming in Entire Campus (Completed)
- Fire-Avert for Apartments (Cancelled)
- Fire Suppressors and Fire Caulk for Apartments (Completed)
- Fire-Avert for Cottages (Completed)
- Shutter Painting for Cottages (Completed)

## **The following projects are still underway for October:**

- Pressure Washing Cottages
- Sprinkler System repair and upgrades in Cottages
- Fall Cleanup of Entire Campus

The staff and contractors applaud your cooperation, moving vehicles and remaining patient. Thank you!

A side note for apartments, my crew who performed the fire caulking could have accidentally turned your furnace off. It's a good idea to check that the light switch on the far wall in your utility room is up in the "On" position.

Soon we'll be transitioning from fall to winter, please be sure to weatherize things on your patio and entrance.



# Service News

*By Sue Carney*

*Service Coordinator*

## Welcome October!

Fall, what a beautiful time of the year. Pumpkins, apple cider, donuts, beautiful changing colors, crisp cool air. It is all so awesome!

October is going to be a busy month here with information, activities and fun. Mark your calendar for the following:

Wednesday October 6, 1 p.m. Oakland County Deputy Samuel James will be here to talk about senior safety, scams and address questions.

Thursday October 7, 11 a.m. Michigan Medicare specialist, Debbie Stroup will be here to talk about Medicare Open enrollment and questions.

Wednesday October 13, 11:30 a.m. MetroCare Visiting Physicians representative will be here to talk about their Podiatry and their other services.

Wednesday October 27, 1 p.m. Lerone Williams, from Humana, will be here for Basic Medicare 101 Information, questions and answers.

Every Tuesday each month at 1:30 p.m. Sabrina will be here doing free blood pressure check & 1 time a month bingo and an educational health presentation.

**Calling All Residents who are Veteran's or spouses of a Veteran who have passed.**

Reminder that we are creating our Wall of Honor and want to know if you would like to be a part of our Wall of Honor.

Please call me or Taylor, at 248-334-4379 as soon as possible.

Happy Halloween and everyone have a great month.





## Wellness News

*Joelle Baughman*  
*Wellness Coordinator*

Dear Residents,

I am writing to inform you that I will be leaving the Village of Oakland Wood's. My last day will be September 30<sup>th</sup> as I will be moving to Arizona. I want to thank you all for everything that you have taught me and allowed me to do for you over the past year and a half. I loved being a part of your lives and getting to know some of you on a personal level. I wish you nothing but the best and will miss you all!

Best,  
Joelle



# October Events

<p>-Exercise Class</p> <p>-Adult Coloring</p>	<p>-VVC Practice</p> <p>- Cooking</p> <p>Matters: MSU Extension</p>	<p>-National Dessert Day</p> <p>-Pumpkin Painting</p>
<p>-Halloween Party</p> <p>-Village Victory Cup</p>		<p>-Oakland County Deputy Speaker</p> <p>-BINGO</p> <p>-Meadowbrook Play</p>
<p>-Prayer Group</p> <p>-Resident Council Meetings</p> <p>-Blood Pressure</p>	<p>-Birthday Party w/ PACE</p> <p>-Cards &amp; Games</p>	<p>-Halloween Movie &amp; Popcorn</p> <p>-Van Trips: Aldi, Walmart,</p>

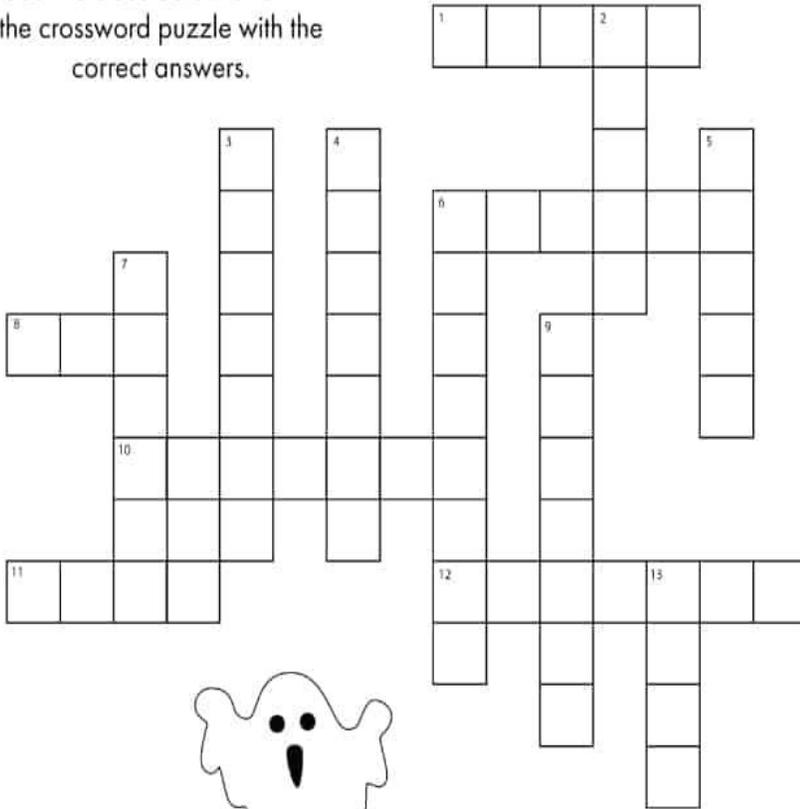


# HALLOWEEN

## CROSSWORD PUZZLE



Read the clues below and fill in the crossword puzzle with the correct answers.



**ACROSS**

- 1. She rides on a broom.
- 6. A \_\_\_\_\_ spins a web.
- 8. Something a ghost says.
- 10. He drinks blood.
- 11. You wear this to cover your face.
- 12. Halloween is always on the 31st of \_\_\_\_\_.

**DOWN**

- 2. What you get when you go trick or treating.
- 3. You wear this when you go trick or treating.
- 4. Carving a \_\_\_\_\_ is a fun Halloween activity.
- 5. Trick or \_\_\_\_\_.
- 6. He is made of bones.
- 7. They like to howl at the moon.
- 9. You might see a ghost in a \_\_\_\_\_ house.
- 13. These flying animals come out at night.

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### Birthday Celebration!

Happy Birthday to all of our October Babies!

Theodore Tillis	10/1
Fredrick Spann	10/2
Hilda Bass	10/6
Betty Johnson	10/9
Lorna Stevens	10/10
Melissa Bridgeman	10/11
Kia Johnson	10/12
Willie White	10/15
Dolores Terrell	10/17
Patricia Taylor	10/17
Cornelia Crooks	10/18
Dorothy Hannah	10/18
Isaiah Branner	10/18
Josephine Valderas	10/20
Lawrence Milz	10/21
Alice White	10/21
Linda Burnett	10/23
Kathy Styles	10/24
Lena Jordan	10/25
Brenda Phippen	10/25
Dorothy Dye	10/29
Glyndon Holland	10/31



Follow and like us on Facebook at **Village of Oakland Woods**. We recently created a new page that allows you to stay up-to-date with our community.

# Resident Council News

By *Philena Holdridge*

*Resident Council President*

## Resident Council Board

**Philena Holdridge**, *President*

(248)977-3038

**Becky Bolden**, *Vice President*

(248)766-3684

**Vernice Harper**, *Secretary*

(248)622-4470

**Joyce Parlor**, *Treasurer*

(248)210-5678

## Resident Council News

### October 2021

**“Oh magnify the Lord with me, and let us exalt His name together.”**

**-Psalm 34:3**

### Meet and Greet with Mayoral Candidates

The Resident Council hosted Alexandria Riley and Tim Greimel on September 13<sup>th</sup> at 2PM and it was very informative. Both candidates shared their challenges and goals with a deep passion for the City of Pontiac and the people in the community. They answered our specific questions very well. It is obvious they need to work hand and glove with the City Council and hope whoever wins will represent us well. Please request your absentee ballot at City Hall, if you haven't already done so.

### Resident Council Executive Board Luncheon

The Executive Board will be having a luncheon at Leo's Coney Island Restaurant at 11 AM on October 4<sup>th</sup>. Everyone will pay for their own meal and please car pool if possible. See you there!

### Farewell to Our Wellness Coordinator, Joelle Baughman

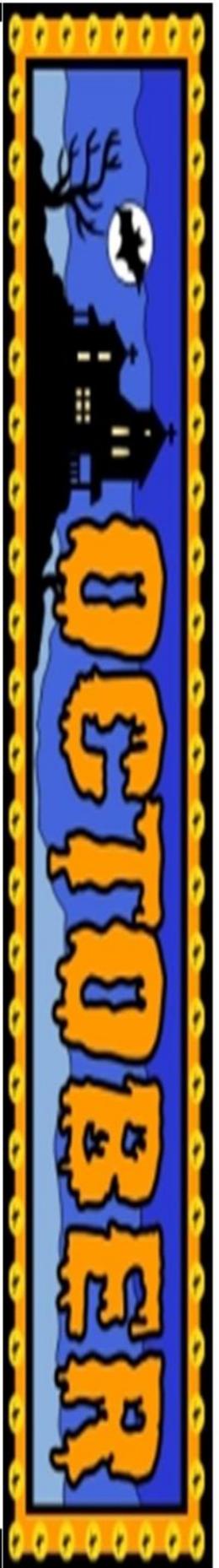
Joelle has given her notice that September 30<sup>th</sup> is her last day at the Village of Oakland Woods. We have appreciated her friendly spirit and servant's heart as our wellness coordinator and activities planner. She has done a great job and she will be missed so much!! God Bless You as you pursue a new direction!

### School Supplies

Unfortunately, we did not get a good response on donations of school supplies for a local Pontiac Elementary School. We are extending the collection to **our next Resident Council Meeting on October 11<sup>th</sup> at 2 PM.** The center is open on Columbus Day, so we will have a meeting! **Enjoy October as the leaves begin to change and God colors our landscape!**

**Philena Holdridge, Resident Council President**





Sun	Mon	Tue	Wed	Thu	Fri	Sat
Village Activities Van Trip Exercise Parties						
3	4	5	6	7	8	9
11:00 Barre and Balance w/ Taylor 1:00 Adult Coloring 11:00 Resident Council	10:00 God's Word and Prayer 11:30 Blood Pressure 1:00 VVC Practice	11:00 Sit and Be Fit w/ Jon 11:30 Village Chorus 1:00 Oakland County Deputy Speaker: Samuel	11:00 Medicare Infor- mation w/ Debbie Stroup 1:00 Cooking Matters: MSU Extension	11:00 GiftFit w/ Jon 1:00 Horse Racing		
10	11	12	13	14	15	16
11:00 Barre and Balance w/ Taylor 2:00 Resident Council Meeting	10:00 God's Word and Prayer 11:30 Blood Pressure 1:00 VVC Practice	11:00 Sit and Be Fit w/ Jon 11:30 Metro Visiting Physicians 1:00 Walmart	1:00 Cooking Matters MSU Extension 2:00 National Dessert Day <u>Fruits and Veggies</u>	11:00 GiftFit (Video)		
17	18	19	20	21	22	23
11:00 Barre and Balance w/ Taylor 1:00 Fall Craft: Pumpkin Painting	10:00 God's Word and Prayer 11:00 VVC Practice 11:30 Blood Pressure	11:00 Sit and Be Fit w/ Jon 11:30 Village Chorus 1:00 Aldi	1:00 Cooking Matters MSU Extension <u>Focus Hope</u>	11:00 GiftFit (Video) 1:00 Birthdays and BINGO		
24	25	26	27	28	29	30
11:00 Barre and Balance w/ Taylor 1:00 Halloween Movie and Popcorn	10:00 God's Word and Prayer 11:30 Blood Pressure Clinic	11:00 Sit and Be Fit w/ Jon 11:30 Village Chorus 1:00 Medicare Information w/ Humana 2:00 Meadowbrook Play	11:00 VVC Lunch 12:00 VVC	11:00 GiftFit w/ Jon 3:00 Halloween Party 5:00 Happy Hour		
31						

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

**Office Number**  
**Village Staff**

**(248) 334-4379**

**Jon Hayes**

*Housing Administrator*

**Sharon Benton**

*Administrative Assistant*

**Chaelyn Williams**

*Receptionist*

**Sue Carney**

*Service Coordinator*

**Joelle Baughman**

*Wellness Coordinator*

**Taylor Webb**

*Sales and Leasing Specialist*

**Matthew Myers**

*Maintenance Supervisor*

**EMERGENCY MAINTENANCE** (248) 330-0213

**ON-SITE SECURITY** (586) 596-8185 **OR**

(313) 742-0285



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)

**Embrace the possibilities**

**Pontiac, MI 48341-3145**

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