



# Village Trumpet



Embrace the possibilities

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November 2017



## Featured Articles

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Events

Whazzup...

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*All Saints Day Memorial Service*  
*Wednesday, November 1*  
*11:00am -Chapel*

**LET US NOT FORGET TO REMEMBER AND  
PRAY FOR OUR DEARLY DEPARTED  
RESIDENTS WHO HAVE PASSED AWAY THIS  
LAST YEAR.**



## VETERANS DAY

HONORING ALL WHO SERVED

All Village of East Harbor Veterans  
are invited to eat for **FREE** at our Omelet Station  
Wednesday, November 8, 7-10:30am ~ Dining Room

### Veterans Ceremony

Wednesday, November 8, 10:00am ~ Dining Room

### Sunday Worship Honoring All Veterans

Sunday, November 12  
11:00am



The Village of  
**East Harbor**

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



## FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



Now that cooler temperatures are upon us it means it is time to get your FLU shot. I get mine annually in honor of a young lady named Natalie who died when she was only 3 years old from complications of the FLU. Flu shots are available to all our residents and staff.

The Resident Association is busy getting ready for Candlelight Dinner on, Dec. 3<sup>rd</sup>. Once again raffle baskets will go on sale prior to the Candlelight Dinner. We collect donations from all our Holiday Bazaar vendors and package the donations in baskets.

The proceeds all benefit the Resident Association. Can't wait to see what kind of wonderful items we will be raffling off this year.

We also will be adding a fun new raffle starting next week. Buy a Scarf for \$10 and along with the Scarf get a chance to win a Designer Purse package. Tickets will be limited. Tickets will go on Sale by Nov. 1<sup>st</sup>. Proceeds will benefit Resident Association. Prize would make a great gift to you or a family member or good friend.

Remember, if you go out to the hospital let the front desk know where you are. Our Hospital Community Liaison, Sue McCallum will be happy to assist you or your families navigate the hospital rehab process should you need rehabilitation. It is a benefit that we offer you so take advantage of our service.

Nov. 1<sup>st</sup> Memorial Service for all residents who passed away in the last year will be held in the Chapel at 11:00 am. It is a time to reflect on all the wonderful people who touched our lives.

Thank you to the Veterans who served our country. Freedom Isn't Free. We take pause to honor you for your bravery and dedication. All Veterans are invited to enjoy a free omelet on, Wed. Nov. 8<sup>th</sup>, a token of our appreciation.

Enjoy the last of the colorful leaves,

Carolyn Martin

Administrator



As we begin the most wonderful time of year, celebrating with family and friends for Thanksgiving and Christmas, the Marketing and Admissions Department would like to wish you and yours a warm and blessed holiday season. Now is the time to purchase your tickets for our annual Candlelight Dinner, which benefits the Resident Association. This gala event on December 3rd includes a delicious gourmet dinner with wine and entertainment. Of course we will be raffling off gift baskets, and this year we will also have a special raffle in which everyone wins something! This is also a perfect time to show off The Village of East Harbor to your family and friends as your guests, and remember that if they move in because you told them how great it is to live here, you will receive a referral check for \$250.00 providing you inform them to mention your name when contacting Nancy or Peggy in the Admissions Office

## **WELCOME NEW RESIDENTS**

We welcome these new residents to our  
Village of East Harbor Family:

**Frank & Charlotte Gitre-K 2**

**William & Marilyn Igel-504**

**Herbert Walny-422**

**Colette Yager -405**

## **Alzheimer's Support Group**

**Hosted by**

**Chaplain Laura**

**3rd Tuesday of every month**

**2:00pm**

**Chapel**

## **JUST A REMINDER...Committee Meetings are open to ALL Residents!**

### **Building & Grounds**

**Meets the 1st Tuesday of every month at 2:30pm in Dining Room.**

### **Communication Committee**

**Meets the 1st Wednesday of every month at 3:00pm in the Activity Room.**

### **Culinary Committee**

**Meets the 1st Wednesday of every month at 1:30pm in the Dining Room.**

From The Desk Of Chaplain Laura. . NOVEMBER- FOCUS ON

THANKFULNESS



Being thankful isn't just for the Thanksgiving holiday. Scripture tells us to be "thankful in everything, in all circumstances" ([1 Thessalonians 5:18](#)). When we find ourselves overwhelmed with burdens and worried about tomorrow, we can praise God for who he is and his promise to never leave us or forsake us. We have been blessed with the free gift of salvation and eternal life!

I am most thankful that ..."God so loved the world that he have his one and only son that whosoever shall believe in him will not perish, but will have everlasting life". (John 3:16)

What are you thankful for?

Look for the board in the Chapel hall and share what you are thankful for.

Please watch the Chapel bulletin board for upcoming events. December will be a great time of activities, sing-alongs and concerts.

Purchase your tickets for 3 Men and a Tenor today! See Chaplain Laura.

**THREE MEN AND A TENOR**

THREE MEN AND A TENOR



Saturday, December 9, 2017 Time: 3:00 PM

Hosted by: THE VILLAGE OF EAST HARBOR  
33875 KIELY DR.  
CHESTERFIELD, MI.  
OFF 23 MILE and CALLENS; EAST OF I-94

Doors open at 2:15

SAT., DEC 09, 2017  
Time: 3:00 PM

Due to several requests, Sunday, October 29 at 1:30 pm SHARP, we will again show—**"A Case For Christ"** The kinks have been worked out and it will show in the Chapel, where originally planned.

**MOVIE PLOT**-BASED ON REAL-LIFE OCCURANCES. In 1980, former atheist and award-winning investigative journalist Lee Strobel applies his journalistic skills to attempt to disprove his wife Leslie's newfound Christian faith, which causes problems within his marriage.

After completing a thorough investigation for almost two years he finds the historical evidence for Jesus, and then finds a new faith in Christ.

Psalm 20:4- "May he give you the desire of your heart and make all your plans succeed."

*In His Service, Chaplain Laura Stone*

## Residents Assoc. Minutes October 10, 2017

44 Residents in attendance

Meeting was called to order by President Bob Morrill at 1:30.

Pete Batts (past president) suggested a short wait till a recording secretary was available.

Elected secretary Elaine Walton was unavailable for this meeting and Carol Morrill volunteered to fill in for this meeting. The meeting commenced at 1:40

The pledges were led by Vice President Bob Jones

Welcoming greetings were extended to Nancy Huff who was in attendance for the first time.

Inspirational Reading An inspiring devotional reading was presented by Virginia Balanda

### Reports from Village Staff

Carolyn Martin, Administrator. Reported features of the our current transitions;

Kirk Hall is scheduled for opening around the first of November. Physical Fitness Center is to open the first part of November also. Renovation of the Dining Room and Activity Area will begin on Dec. 4 and at the same time they will be moving around the Offices. Carolyn and Sue will be more than happy to explain these details. The all new creation, Cameron Café, will be an interesting place to Explore. There will not only be food and drinks, but other offerings to buy. This will be in place of the space that was Golden Treasures and the Library. There will still be a provision for library books and materials to be borrowed from the Activity area. The winter "Frozen Treasures" event is cancelled in February there will be a new feature presentation that has an absorbing title, "Murder Mystery" . . . Plenty of suspense! There maybe even some interactive opportunity woven into the plot. Staff congratulations were announced for all the recipients of special recognition for their excellent service in their work areas. There were about 30 communities evaluated for their overall health care performance. East Harbor was in the top ten of many of the quality scoring. There were several top ten employees from here at East Harbor.

This was the effort given to the award "Shining Stars" Those given special top quality recognition were Rachel Healy for her "Caring Spirit" -Amy Mruk received the highest Shining Star – Melissa Freiburger received Leading Age Mentor Award , So it is hoped that this important accurate designation is given correctly. These exceptional qualities of caring workers are very appreciated by all. In addition to all these employee awards, our administrator, Carolyn Martin, was granted the special "Leadership in Action Award." We are all proud of her. It was said that this designation was determined at the corporate level. That corporation is Presbyterian Villages. Congratulations, Carolyn! We were told about the renovation of the Library and Golden Treasure Gift room soon to become known as the "Cameron Café". To show that the Café will also have quality products for sale Carolyn gave away 2 scarves to some lucky residents in the audience. How classy? Also, the plan is to have

some tables that can be rented by anybody wanting to display their crafts, handwork, etc. These will reflect some of the talents of our residents in this new cafe.

Josie Villegas of Care Sync presented the many ways her special help can be a great benefit to residents at different times of adjustment and transition. She supported her descriptions with an information sheet hand-out with the title Care Sync. This offered a clear outline of her services.

Food Service Brian Williams Mgr. and Head Chef Dustin gave us information about upcoming menu items. They took questions from Residents and announced the date for the Dec.3 Candle Light Dinner. Highlights for Oct: apples, applesauce, demo idea, and omelets.

Chaplain, Laura Stone reported she is still waiting for the special video to be made. Also, she was happy to announce that she has arranged the Acapella Group to come here to perform for us on Dec. 9 at 3:00pm. The tickets will be \$5.00 for the show or \$15.00 for dinner and show. Laura also indicated she is thinking of an idea of a nativity stable to be built with the help of some talented residents. This discussion will be continuing in the weeks ahead.

Kim Frabotta, Physical Therapy Mgr.

Kim explained how this department has been expanded more provision in the diversified area of outpatient therapies especially as rehabilitation purpose for patients. This is outlined and described on her handout sheet titled, Agility Health. If more of these are needed to be available, she can tell you where to pick one up. Included is an important speech-language therapy rehab that involves varied specific designations. Kim Frabotta is listed as the Rehabilitation Director, Speech and Language, Pathologist. All of these therapies will be housed in the new facilities in the lower back parking lot. The goal is to develop a tailored wellness experience for outpatient progress. Good news: some of the same familiar PTs.

Doug Vincent Maintenance Lead Notified all that Changeover time is here. This is a routine service that is done for the coming fall season. Window washing comes in the spring. Spider and insect spraying will be done in the spring. Internal inside pests can be treated Wed. every other week if advance notice is given. Thank you for such a well trimmed and cut landscape appearance all summer.

Chris Gordy, Fitness Specialist Gave reminders of the walking choices offered. On 10/20 there will be walking trip to the custard stand and 10/27 Trip to Fort Gratiot leaving at 9:00. This part is great for walking any distance or sitting and relaxing to enjoy the beauty. Chris reinforces again how she adapts the early group for more physical challenge and the later in the day times for a little easier motion with plenty of stretches. She tailor makes her walks for the needs of the group. These listed times are in the Activity Room and will be adapted for the space available. Wee Bowling with scoring is a fun favorite of the Residents. Tuesday is the feature day with scoring and competition. Thurs. is for practice.

Betsy Mianeki Activities Director First summarized the Eggsploration project that was loved by so many of us. Great hatch and survival rate for the eggs started out with such a warm and carefully protected incubation period was carefully watched. Then the exciting hatching of the cute little chicks happened. The follow-up talk was given by the Metro Park women just before the chicks were taken to their next home.

Tuesday – Lunch Bunch, Both Men and Women—Dorsey House 10:30 10/11

Rosie the Riveter ---cancelled

Blake's Apple Orchard happened on Monday 10/16....great day

Elva led trip to Royal Oak. There will be a Unique shopping experience and after shopping we will have lunch in a great restaurant, “Inn Seasons”.

Shopping special spot called “Made in the Mitt” on Wed 10/25 at 10:30.

Ft Gratiot Metro Park - as described above, will be free at 1:00 on 10/27

Birthday Dinner – Oct. 19<sup>th</sup> Plenty of celebrators The Kielbasa Kings – a fun polka group performed.

Tour Tillson St - Mystery Fun House for Oct end. Free Leave at 1:00 Oct 30

Upcoming Previews.....HOLIDAY BAZAAR\_11/10 and 11

HOLIDAY GALA- CHRISTMAS CANDLELIGHT DINNER PARTY EVENT SPECIAL NEW PLANS

BUY TICKETS EARLY December 3, at 4:30\_ doors open, dinner at 5:30

#### BUSINESS MEETING SUMMARY

Secretary Elaine Walton Minutes from the September 12, 2017 were unanimously approved.

Treasurer Darlene Wallace

Resident Assoc Account 4243.28

Petty Cash 135.81

Sugar Bowl 202.63

#### Committee Reports

Building and Grounds Neil Veneri reports that the new mail boxes have been installed and keys are being distributed. Mail delivery to the new boxes will begin the Friday 13<sup>th</sup>. Light poles are due to be painted and the cross walk light will be replaced at the same time.

Communications Jean Campbell was not able to be present.

Bob Morrill gave a short review on ongoing projects being undertaken by the committee. Basic signage needed in the hallways for Offices and Restrooms. The emergency card that was delivered with the Trumpet was incorrect and a new one should be coming soon.

“Operation Stay-Connected” is a new concept the group has been working on.

Welcoming Dorothy Dennis welcomed 5 new residents to our community. They were; Sherry Knudson, Don Cramton, Angie Capaldi, Eda Sahr, and Linda Turri. She is a wonderful welcoming representative of us all.

Meeting adjourned 2:45

**Special Thank you to Peter Batts, last years President and Neil Veneri, Building & Grounds Committee Head for working so diligently to replace The Village mailboxes. As you can see when you go out to get your mail, they are fantastic!**

*Thank you Gentlemen!*



*The Village of East Harbor*



# Holiday Bazaar

**Friday • Saturday, November 10 & 11 10am-4pm**

**INVITE  
YOUR  
FAMILY  
&  
FRIENDS!**

**No Admission Fee!  
Over 50 Vendors!  
Start Your Holiday Shopping Early!!!**

I thought for a change of pace that this poem would be of a problem most of us run into as young boys and girls. I think most of us lie to our kids and even our spouse of our love adventures of our dating prowess including our first burst of puppy love and meaning relationship with the opposite sex. I hope you enjoy and even bring back a few moments of your own fond memories.

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## COURTING - - 1 TO 10

### Column One

Hey man! They call me Mr. Cool!  
I was the best of the best!  
But as long as this is on the Q.T.  
let's get this off my chest.

Now this technique was perfect.  
Of this there is little doubt.  
It was just a question of what line to use  
for they all carried great clout.

What's that you say?  
Did I ever make a mistake?  
Me ever admit to such a disgrace?!?  
Surely you jest for heaven's sake!

Hey I'm sorry I yelled.  
You did promise to be discreet.  
But it's hard to reveal my great conquests  
while the memories remain bittersweet.

This love never stood a chance from the beginning  
I've had greater ones you see.  
So why in God's great creation  
does it remain so special to me?

No secret has ever been better kept.  
In fact I doubt that she never knew.  
Let me clarify that last statement  
by being perfectly honest with you.

I used to phone her house often  
hoping to come across like Don Juan.  
Some of the time she answered the phone  
I'd nervously ask for John.

Now asking for John wasn't always the line  
for my mind wasn't always that quick.  
Most of the time she answered the phone  
all she heard was a deafening click!

I remember the first time I carried her books,  
the honor was great enough to befuddle.  
But unlike the great Sir Walter Raleigh  
I promptly dropped them in the first puddle!

### Column Two

For some their first love wasn't a problem.  
For the bashful it became quite intense.  
If like me you were a victim of the latter  
your approach probably was lacking good sense.

Bashfulness can be your worst enemy.  
Your true feelings you'd continue to hide;  
And the pain of loneliness keeps on growing  
as the truth buries itself deeper inside.

I'd like to define the word bashful;  
Putting it plainly these words are my own.  
"Bashful - an unsure loneliness shared by all  
but suffered by one alone"!

Now I'm glad I started this story,  
for this I can be thankful to you.  
Too often as adults we forsake the memories  
of seeing our childhood through.

I remember the dance lessons they held in the gym.  
All the boys stood off to one side.  
As quick as a teacher would turn her head  
we'd crawl under the bleachers and hide.

In order to dance with the girl of my dreams  
I devised a little trick or two.  
Like stomping across the flooring a rage shouting  
"Why'd she pick me to dance with you"?

The poor girls must have thought we were suffering  
but to you this little secret I'll admit;  
Not only was I dancing with the girl of my dreams -  
hell I was loving every minute of it!

Long before Masters and Johnson hit the scene  
courtship rituals were being done.  
Of all the laboratories in the world  
the old movie theater was number one!

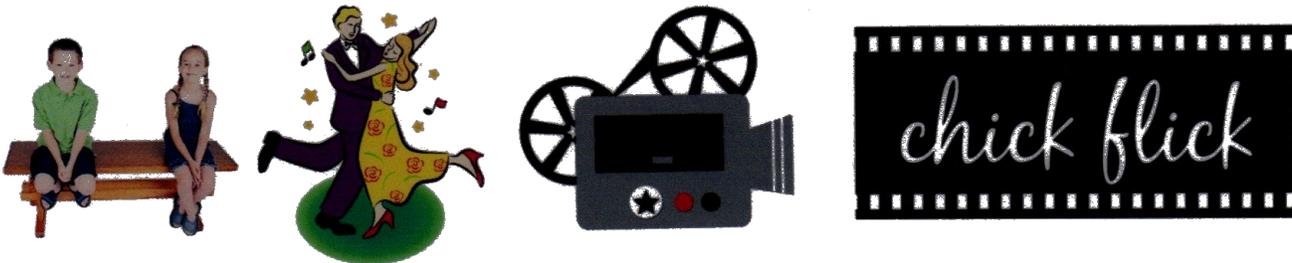
To show our athletic prowess  
we'd skillfully climb over the seats.  
God help the poor clod whose feet got stuck  
for he truly knew the "Agony of DEFEET"!!!

*The old movie house was always exciting.  
You never knew what perils were on tap.  
Like hitting your elbow on the armrest - -  
Presto!!! Hot buttered popcorn in her lap.*

*I have only one complaint of the films being shown;  
They were way too short that's for sure.  
By the time you got your arm around her  
it was the second running of the feature.*

*Tossing peanuts sky high up in the air  
catching them in your mouth was quite apropos.  
The hardest thing was keeping your composure  
with a peanut jammed high up your nose!*

*I'm sorry but no more will I say.  
Aw come on now please don't shout!  
I promise to reveal all the courtship -  
tonight when I take you out!*



Growing pains weren't always easy to digest when we were young but most of us survived and benefited from our mistakes and blunders. I may have thought I was never going to grow up and be able to laugh at all that happened but now I don't regret one minute of life's ritual. It made me a stronger person. We all survived didn't we? It is great to dream about yesterday and then wake up today. Smile and be happy.

Chuck Kisandi

# Pasty Day



Purchase a pasty or two (fresh or frozen) from  
First Congregational Church in New Baltimore

\$5.00 each

Monday, November 6

1:00pm-Lobby



## Christmas Tree Shops

Friday, November 3

1:00pm-Lobby

## Men's & Women's Lunch Bunch

### Frankenmuth-Bavarian Inn

Monday, November 13

9:00am

Lobby



## Snug Theater

### A Hometown Holiday, On the Air

Saturday, November 18

1:45pm-Showtime-3:00pm

\$26.00

Money Due: November 6

Tickets are Limited!

They're back! After a sold out run last year, *The Michigan Caroling Company* brings you the new 2017 version of their Hometown Holiday Christmas Radio Show. Filled with more songs, holiday quizzes, humor, and of course, audience participation. This year's version of the show is sure to have you laughing, guessing and singing along. Come join the fun and celebrate the season with us! It will definitely put you in the Holiday Spirit.



## Mall Trip Great Lakes Crossing

&

### Lunch at Rainforest Cafe

Wednesday, November 29

9:00am

Lobby

# November EXCURSIONS.....

**Friday, November 3**  
**Christmas Tree Shoppe**  
\$\$\$ on your own  
1:00pm

**Monday, November 6**  
**Purchase Pasties**  
**First Congregational Church**  
**New Baltimore**  
\$5.00 each  
1:00pm

**Monday, November 13**  
**Men's & Women's Lunch Bunch**  
**Frankenmuth-Bavarian Inn**  
\$\$\$ on your own  
8:30am

**Saturday, November 18**  
**Snug Theater**  
**Hometown Holiday**  
Tickets-\$26.00  
**Money Due November 6**  
1:00pm  
Showtime-3:00pm

**Wednesday, November 29**  
**Mall Trip & Lunch**  
**Great Lakes Crossing**  
**Rainforest Café**  
\$\$\$ on your own  
9:00am

## PLEASE NOTE:

**MEIJER AND WALMART ARE NOW  
EVERY OTHER TUESDAY AND  
LEAVE AT 9:00AM  
KROGER IS EVERY THURSDAY AND  
LEAVES AT 9:00AM**

**PLEASE REFER TO MONTHLY  
CALENDAR FOR EXACT  
DAYS**



## DON'T GET LEFT BEHIND!

You **MUST** sign up for **ALL** shopping  
TRIPS and EXCURSIONS in the book  
found in the lobby and money in by the  
due date!

## RESIDENT POTLUCK

**Sunday, November 12**  
**5:00pm**



**Activity Room**  
Sign up in Lobby

**Great Lakes Legal will provide  
legal service by appoint. only.**

**Please call  
Anita Wenzel, Lead Attorney  
(313) 937-8282**

## Make a Thankful Wreath



Thursday, November 2  
1:30pm  
Activity Room

Book Group  
Book this month:



**The Inner Circle**  
By: **Brad Meltzer**

Wednesday, November 15  
3:30pm  
Activity Room



**Craft with Anita**  
**Monday, November 6**  
**10:00am**  
**Activity Room**



**Make a Thankful Tree**  
Monday, Nov. 6  
&  
Wednesday, Nov. 8  
1:30pm  
Activity Room

## Inspirational Dance

Saturday, November 18

1:30pm  
Chapel



## Bake Gingerbread Cookies

Tuesday, November 21  
1:30pm  
Activity Room



## CHRISTMAS INCHIES

USING MIXED MEDIUMS CREATE A  
WALL HANGING FOR CHRISTMAS

MONDAY, NOVEMBER 27  
1:30PM  
ACTIVITY ROOM



## BIRTHDAY ENTERTAINMENT

**THE VOODOO DOCTORS**

THURSDAY, NOVEMBER 16  
1:30PM-CHAPEL



FRIDAY, NOVEMBER 24

2:45PM

ACTIVITY ROOM

# Blakes Cider Mill



**Apple  
Crunch  
Day**

# Made in the Mitt & Inn Season



# Eggspioration



# Directory

<b>Accounting</b>	
<i>Tracy Tesch</i>	716-7408
<b>Activity Lead A/L &amp; I/L</b>	
<i>Betsy Mianiecki</i>	716-7143
<b>Administrator</b>	
<i>Carolyn Martin</i>	716-7221
<b>Admissions Specialist T.C.U</b>	
<i>Sue McCallum</i>	716-7427
<b>Assisted Living Nurse</b>	
<i>Denise Klimaszewski</i>	716-7115
<b>Beauty Salon</b>	
<i>Appointments</i>	716-7180
<b>Care Sync Case Manager</b>	
<i>Josie Villegas</i>	716-7092
<b>Chaplain</b>	
<i>Laura Stone</i>	716-7438
<b>Dining Services Mgr.</b>	
<i>Brian Williams</i>	716-7419
<b>Director of Nursing</b>	
<i>Melissa Freiburger</i>	716-7416
<b>Driver</b>	
<i>Ann Marie Hart</i>	716-7142
<b>Fitness Specialist</b>	
<i>Chris Gorde</i>	716-7385
<b>Front Desk</b>	
<i>Receptionist</i>	725-6030
<b>Haven Hall Nurse</b>	
<i>Lynette Sanday</i>	716-7384
<b>Housekeeping / Laundry Mgr.</b>	
<i>Mary Breen</i>	716-7418
<b>Maintenance Work Orders.</b>	
<i>Front Desk</i>	725-6030
<b>Maintenance</b>	
<i>Emergencies After 11:00pm</i>	248-996-2470
<b>HCC Activity/Volunteer Mgr.</b>	
<i>Sheri Stover</i>	716-7021
<b>Physical Therapy Mgr.</b>	
<i>Kim Frabotta, Agility Therapy</i>	716-7398
<b>Resident Care Mgr.</b>	
<i>Toni Greig</i>	716-7426
<b>Sales &amp; Leasing Specialist</b>	
<i>Peggy Carroll</i>	716-7397
<i>Nancy Smiley</i>	716-7183



**11/4 Jane Mize**

**11/8 Edwin Wullaert**

**11/9 Angeline Capaldi**

**11/18 Darlene Wallace**

**11/25 Frances Packer**

**11/26 Elizabeth Gigliotti**

**11/27 Audrey Miller**

**11/27 Marie Kowalczyk**

**Find our Newsletter & Calendar on line!**

**Go to:** [PVM.org](http://PVM.org)

**Click on:** The Village of East Harbor

**Click on:** Calendars

**Newsletters:** Go to the bottom of the page and click on "Read all about us"