



Village News



Embrace the possibilities

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November 2018

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Notes from the Administrator

Dear Residents,

November is upon us and the season change is in full swing. As we transition to winter is very important we winterize the exterior hose spickets and we will be performing the furnace filter changes in the coming weeks. Look for your areas announcement for a specific date of installation. Maintenance can't complete this task if you have items blocking the closet door or in front of the furnace. Start to clean these areas of any obstacles that may impede their ability to change the furnace filters.

Also the snow could begin at anytime and we need to remind everyone to watch your step on the sidewalks and parking areas. All areas are cleared but not always completely ice free as it can form overnight and after snow melts. Also wet leaves on the paths and parking areas can be as slippery and ice so again please take your time and be careful. Report slippery areas to the office and they will be addressed asap. After a snow fall it is the responsibility of the residents to move their cars so the areas between the cars can be cleaned and salted. If you do not move your car after a snow fall these areas will not be accessible. We are currently looking for volunteers to assist our residents in moving vehicles after a snow fall. If you are interested and can help please contact Judy Shatto from the Resident Council, or our offices to sign up. We are including a copy of the snow removal policy with all the details of how the process works and resident responsibilities.

The maintenance staff and management are putting out the call for help! We recently installed brand new dumpsters with side plastic easy slide doors so no more pushing the tops open to throw your trash away. Please help us keep the campus clean by using the sliding door and not depositing your garbage bags on the ground inside the enclosure. It becomes unsanitary and attracts raccoons, skunks and other wildlife to those areas. If you need help just call the office and we can assist you or ask a neighbor maybe to help out, thank you.

If you have not had an opportunity to meet our new Service Coordinator, Sue Carney please take a minute to reach out or return her call as she works to meet all of you. Sue comes to the Village with a lifetime of resource contacts and assistance opportunities. How can she help you?

November is bringing some exciting events to Oakland Woods including our annual Thanksgiving brunch being held the Wednesday before Thanksgiving at 12:00 p.m. and we want to see all of your lovely faces there. Please sign up at the front office or call and we will place you on the list. You can contact the office and speak with Hillary or Sharon if you want to help with the event or bring a dish, they will assist in the coordination. On THANKSGIVING DAY we will be hosting a free holiday dinner for anyone who wants to join the fun, again please sign up at the office or call and be placed on the guest list.

Happy Thanksgiving Everyone from the Village of Oakland Woods Staff.



The Village of
**Oakland
Woods**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

Look for PVM on:





It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

Life Without a Car



A few weeks ago I experienced - temporarily – what many of us will perhaps one day experience

permanently: life without a car. Some of you may already be in that situation. I still had to go to work. I still had meetings to attend. I still had errands to run, but I had no car. It was in the shop for some minor repairs that of course took longer to fix than I was originally told, so when all was said and done, I was without a car for a little over a week.

I live alone and my kids have long since flown the coop to pursue adult lives of their own. Besides, they don't live nearby so asking them to cart me around wasn't really an option. So what was I to do? I was in a bit of a bind until I remembered something my daughter's boyfriend recently told me, that he was living the "app life". So what does that mean?

Well, if you own a smartphone and have access to the internet you have a lot of power in your pocket. There are thousands of computer applications, which are essentially small computer software programs commonly referred to as "apps" that you can place on your phone that allow you to do numerous things and provide you with easy access to a variety of innovative and useful services. Among them are apps that will link you to ridesharing services, two of the most popular being Lyft and Uber.

Over the course of the next few months, I will be sharing with you how I used "apps" to do what I needed to do and be where I needed to be without a car. In so doing, I discovered that giving up my car didn't mean I had to give up living my life. So stay tuned. Next month I will start by sharing how I used Lyft to get out and about.



The Senior Advocate.

By Lynn Alexander,
Vice President of Public Affairs

Be Prepared Takes on New Meaning

Over the years our Girl Scout and Boy Scout leaders as well as teachers and parents have told us to BE PREPARED. This advice takes on new meaning when we prepare others for the inevitable time when we will pass away and leave the responsibility of handling our affairs over to our loved ones. When we do not prepare we can inadvertently cause much consternation and difficulty for those left behind.

Recently this was highlighted with two celebrities who left no will behind, namely singers Prince and Aretha Franklin. Family relationships can be ruined; and heirs may spend years sorting things out legally. Here are some things to consider:

Make sure your will is up to date and that you include new members of the family as you wish and remove deceased loved ones.

Check all of your assets out. You may find that you are worth more than when the original will was created. And you may very likely be worth more than you realized!

Keep all insurances and passwords handy and make sure your loved ones know how to access them.

I have heard of many bad situations which could have been averted with proper planning. In one instance a son with a brother in Australia had to deal with an emergency admission of both parents at a memory facility; and it took several days to track down the needed information. It all happened on the weekend of course so dealing with insurance companies and banks was not possible until that following Monday. In another instance the father was exceptionally well organized in almost every way. Having come from a field of finance, he had all of the financials and insurance information organized and readily available except for the fact that he had forgotten to give his family the computer password to access everything. When he passed away it took several days to get to the information. His grandson figured it out since his grandpa had taught him how to store and back up his own systems. He knew his modus operandi!

Both of these situations could have been avoided if total planning had occurred. So there is never a more important time to be prepared than planning for your family to assume control of your affairs.

Plan away!



OFFICE NEWS

BY HILLARY VANDENBERG

ADMINISTRATIVE ASSISTANT

Happy November, Village of Oakland Woods!

October was a great month for new activities. We played with balloons, painted rocks, dyed leaves with shaving cream and food coloring, celebrated Oktoberfest, had a luncheon, made caramel apples and had a Halloween party! Woo!

This month should eventually bring a new activities coordinator with new activities and hopefully some outings as well. As soon as they earn their CDL, we will have trips back on the calendar! So stay tuned for that announcement.

Walking with Hillary seems to be fizzling out so I have decided to take it off the calendar and will put it back on the schedule in early spring for a rejuvenated and fresh start to **Walking with Hillary!**

The residents who have recertification paperwork that is due to me on November 5th are: 11A, 11D, 14B, 36B, 24B, 10B, 30B, 28D, 26D and 5A. If you have already turned in your paperwork, please disregard this notice.

You will soon be receiving your **2019 social security award letter** in the mail and I ask that you please save this letter to hand in with your recertification paperwork. You can also turn it into the office and I will make a copy of it to put in your file. Whatever works best for you to ensure a smooth and easy 2019 recertification.

Thank you and have a great November!



Service Coordinator News

Welcome November!

Can you believe that it is November already?

May we count our blessings, today and everyday.

November is a busy month around here, take note of the monthly calendar.

Did you know that every Tuesday at 11:30 a.m. in the Community Room we have free blood pressure checks with Angelic Heart Home Care? Once a month they offer an informational seminar on various health topics. Come check out both the blood pressure checks and the informational seminars.

Wednesday November 14 at 12 :30 p.m. Oakland County Sheriff Officer Michelle Francisco will be here to talk about seniors and safety and how to not become a victim. She will be here to answer any questions you may have. Mark your calendars for this informative session!

If you are in the office, drop in and introduce yourself.

Have a Blessed Thanksgiving.





LEASING NEWS

BY : RICARDO PALACIOS

SALES AND LEASING

Happy holidays to all of our residents!

It's a pleasure to call the village my home away from home. Please tell your friends and relatives to hurry and reserve their place to join our community!

This month's library outreach day will be on Nov. 28th at 2:00 PM. Come and meet The Book Man and take a look at the Large Print books that will be available for Library card holders.



OAKLAND WOODS ON THE GO!



NOVEMBER EVENTS

BALLOON ACTIVITY! The first balloon fun day was so entertaining, I put it on the November calendar twice!

On Monday, November 5th and November 19th at 1:00 we will be having some fun with balloons and pool noodles in the community center!



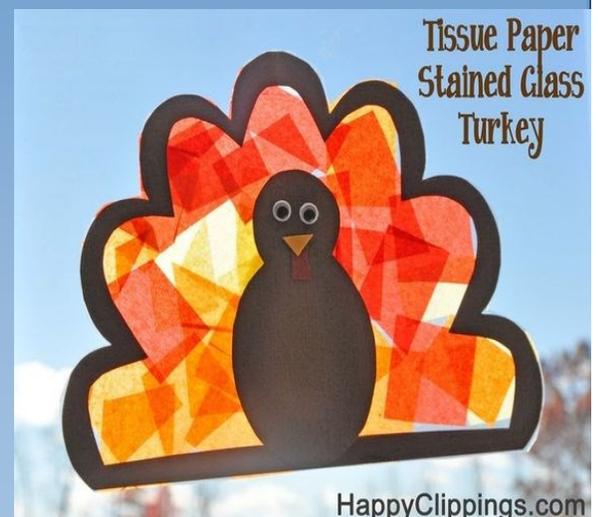
PILGRIM HAT COOKIE CRAFT!

On Friday, November 9th at 1:00 we will be making pilgrim hat cookies! A tasty Friday treat!



TISSUE PAPER STAINED GLASS TURKEY CRAFT

On November 12th at 1:00 we will be making tissue paper stained glass turkeys!



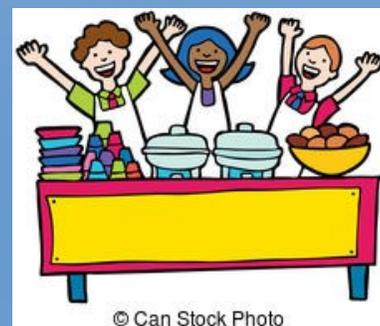
NOVEMBER EVENTS CONT.

Birthdays & Bingo Celebration: Our Birthdays & Bingo Celebration will be held on Friday, November 16h at 1:00 PM in the Community Room. A dessert will be served, Happy Birthday will be sung, and bingo will be played! The cost to participate in Bingo is \$2 for 3 Bingo Cards. We hope you are able to join in the celebration of all of our November birthdays!

New prizes every week!



THANKSGIVING BRUNCH: On November 21st at 11:00 we will be having our annual Thanksgiving brunch! The office will be closed the next day to celebrate Thanksgiving.



BALLOON VOLLEYBALL is back! On November 23rd we will play one of the favorite games from the Village Victory Cup in the wellness room. Everyone is invited to participate. This will be good practice for the 2019 Village Cup!



The Watchdog

Beat Con Artists at Their Own Game

AARP Fraud Watch Network

We arm you with the information you need to spot and avoid fraud so you can protect yourself and your family. You get:

- > The latest scam alerts, delivered right to your inbox;
- > A scam-tracking map featuring warnings from law enforcement and first-hand accounts of breaking scams from people in your community;
- > *The Con Artist's Playbook* — interviews with con artists who reveal how they steal your hard-earned money.

Get Help

Not sure if you're being scammed? Has a family member been a victim of fraud? We're here to help. Call toll-free **1-877-908-3360** to speak to a volunteer trained to spot fraud, or go online to aarp.org/fraudwatchnetwork.

AARP
Fraud Watch
Network

AARP Publications Take the Reins on Fraud Awareness

You may have noticed you haven't received the *AARP Watchdog Newsletter* in 2018. We have been reviewing our methods of helping people stay safe from frauds and scams. AARP has long covered fraud in our publications, but we've made a commitment to cover the subject in most if not every issue of *AARP the Magazine* and the *AARP Bulletin* going forward. This way, you get information every month about the latest frauds and scams, rather than through this periodic newsletter. While you will hear less from the

AARP Fraud Watch Network by mail, be assured that you will get useful and timely information from our publications and online.

If you have an email account and want to get fraud alerts sent to your email inbox, you can sign up at www.aarp.org/fraudalertssignup. You can visit the AARP Fraud Watch Network online anytime at www.aarp.org/fraudwatchnetwork. Thank you for your ongoing interest in stopping the scammers!



Tips for Protecting Yourself from Identity Theft

Identity theft – when someone steals your personal identifying information for financial gain – is a fast growing crime epidemic. Data breaches at major companies have exposed billions of personal records, putting all of us at risk that someone will use our information to steal from us or others. Here are steps you can

take to protect your identity from scammers.

1. Make sure all of your financial institutions have your current address and contact information so you can receive statements in a timely manner.
2. When you receive your statements, make sure to

review them carefully within a few days of receipt, so if you are a victim of identity theft, you can report it immediately.

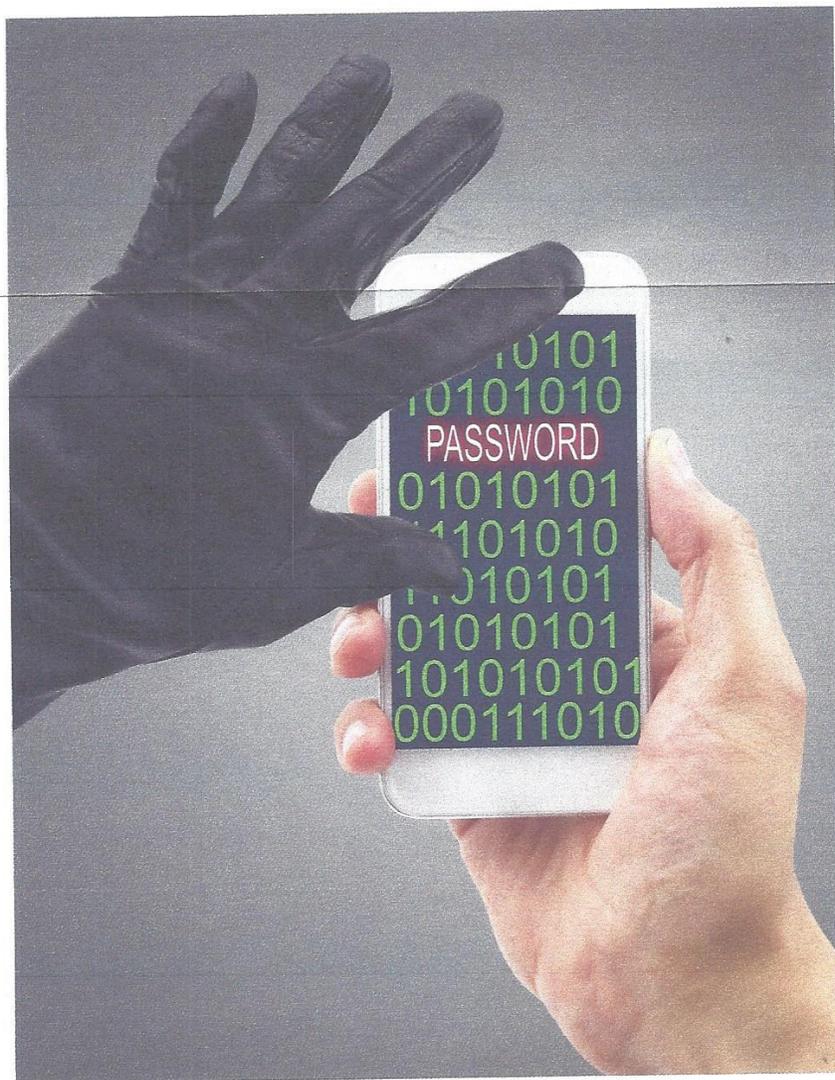
3. If using a debit card, it's wise to use automated phone systems weekly at your bank to check transaction history and monitor accounts.
4. Create strong passwords and PIN numbers and keep all personal and private information in a secure location.

If you use a computer, consider setting up electronic access to your financial accounts so that you can check for suspicious activity more often than getting monthly statements in the mail. Also consider freezing your credit with the three major credit bureaus, so that someone cannot open an account in your name. A new law makes this process free with the three major credit bureaus: Experian, Equifax and TransUnion.

Equifax: 1-800-685-1111

Experian: 1-888-397-3742

TransUnion: 1-888-909-8872



Phone Scams Abound: How to Protect Yourself

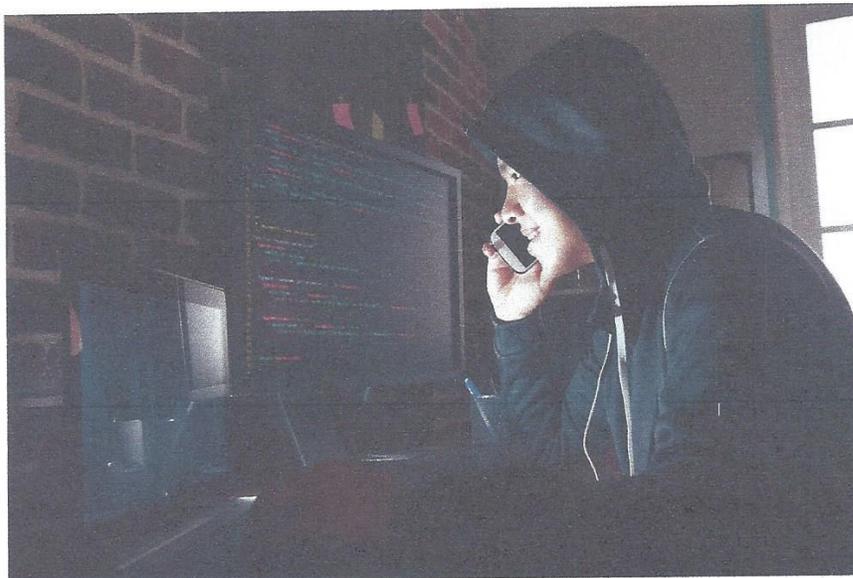
Despite the many ways scammers have to target us these days, the traditional telephone call is still the route of choice for criminals. The Federal Trade Commission says that the telephone was the method of contact for 70% of reported scam complaints last year. Here are the phone scams our Fraud Watch Helpline trained volunteers hear about most often:

> **The government impostor:**

Someone claiming to be from the IRS calls and threatens your arrest if you don't immediately pay back taxes. Or a caller from Medicare claims you need to pay a fee for your new Medicare card. Know that the government is not going to call you and demand payment – and they will not ask you to share personal information. These calls are scams and it's OK to simply hang up.

> **The grandchild in a bind:**

You get a frantic call from your supposed grandchild who's in a jam (pulled over for drunk driving, car accident, in jail, or some such fiasco) and they need you to wire money immediately, and they beg you not to tell anyone. These calls are emotionally devastating – and most likely fake. It's OK to hang up



If you get a call that makes you uncomfortable or seems questionable, it's OK to simply hang up.

and call the grandchild or another family member to find out if this is a legitimate emergency.

> **The prize scam:** You've seen the TV spot where the Publisher's Clearing House arrives at someone's door to announce they've won millions in the Publisher's Clearing House sweepstakes, right? That's exactly how this prize is awarded. You will not get a phone call or a letter saying you've won – especially if you didn't enter the sweepstakes. If you ever learn you've "won" a prize but

have to pay a fee to claim it – know that it's a scam.

If you get a call that makes you uncomfortable or seems questionable, it's OK to simply hang up. Or, you can create a refusal script that gets you off the phone, like, "I'm sorry, I can't talk right now. I'm visiting with Officer Walker at the moment. Goodbye." Then hang up the phone. Report the call to the Federal Trade Commission at **1-877-382-4357**. It's important to report the calls so the authorities can identify trends and go after the criminals.

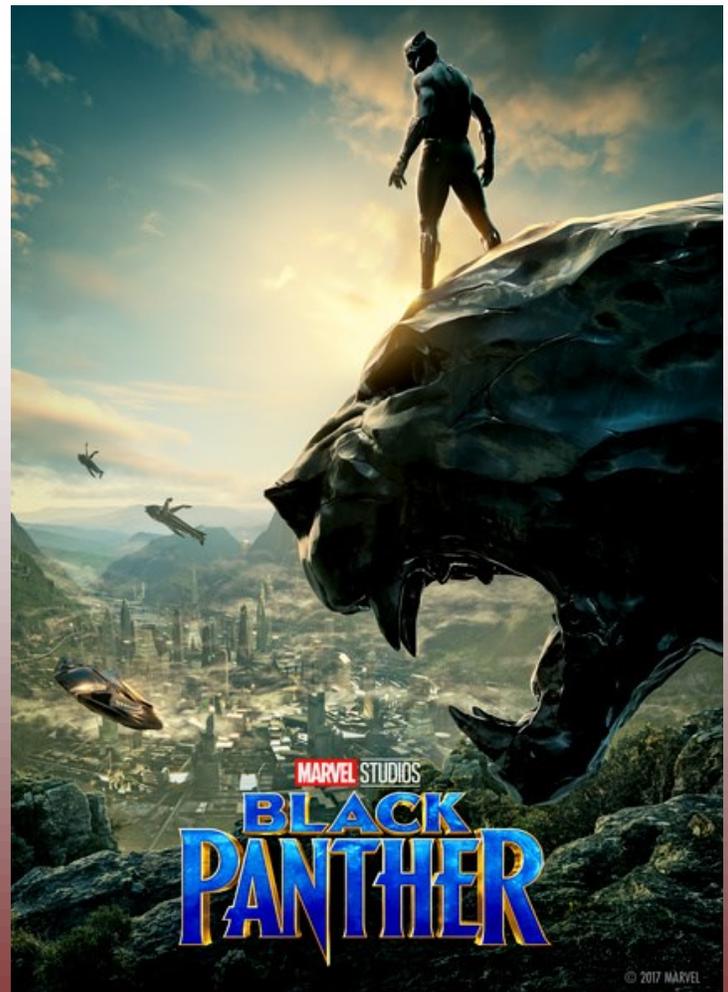
Theater Thursday

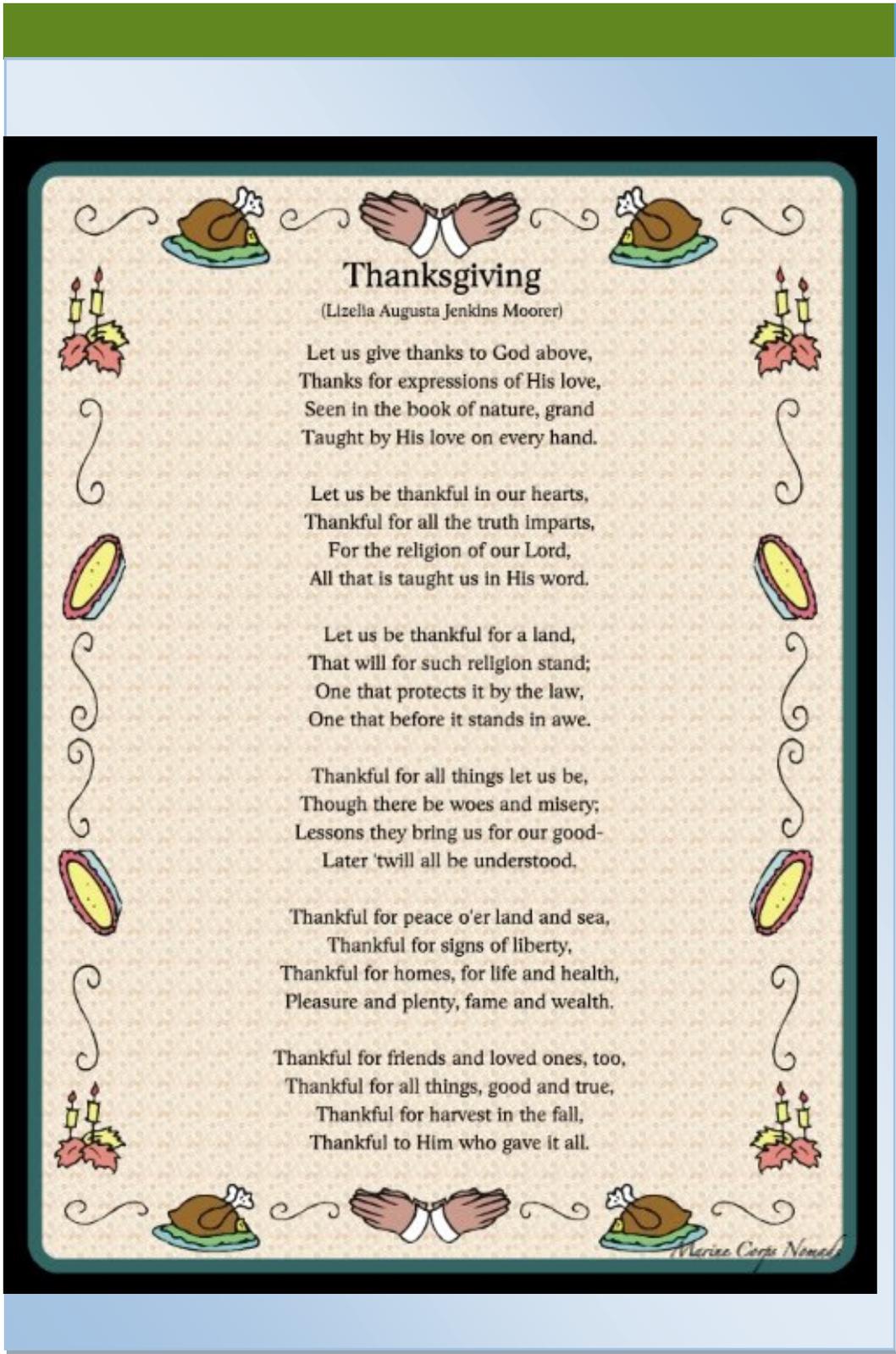


Thursday, November 9th, Shakespeare in Love:

Young Shakespeare (Joseph Fiennes) is forced to stage his latest comedy, "Romeo and Ethel, the Pirate's Daughter," before it's even written. When a lovely noblewoman (Gwyneth Paltrow) auditions for a role, they fall into forbidden love -- and his play finds a new life (and title). As their relationship progresses, Shakespeare's comedy soon transforms into tragedy. This bittersweet romance won seven Oscars, including Best Picture and Best Actress.

Thursday, November 30th, Black Panther: After the death of his father, the king of Wakanda, young T'Challa returns home to the isolated high-tech African nation to succeed to the throne and take his rightful place as king. But when a powerful enemy reappears, T'Challa's mettle as king -- and Black Panther -- is tested when he's drawn into a formidable conflict that puts the fate of Wakanda and the entire world at risk. Faced with treachery and danger, he must release the full power of Black Panther to defeat his foes and secure the safety of his people and their way of life.





Birthday Celebration!

The Birthday Party will be held on Friday, November 16th
Please join us in the community room at 1:00pm for refreshments, bingo and prizes!

- Willie Leith.....11/2**
- Stanley Terry 11/4**
- Sylvia Beaudry 11/5**
- Johnetta Samples 11/11**
- Mary Gonzales.....11/12**
- Rudo Hondo.....11/15**
- Donna Bartley.....11/16**
- Laura Davenport.....11/19**
- Theresa Myles.....11/20**
- Martin Endress.....11/25**
- Jackie Neal.....11/29**



- Thelma Anderson.....11/30**
- Frances King.....11/25**
- Joyce Harbison.....11/29**

Resident Council News

By *Judy Shatto*,
Resident Council President

I want to thank everyone who contributes their time and efforts in helping every month, and especially with both the October and November newsletters in the absence of an activity coordinator. Thanks to the Garden Club, Library News, As the Village Turns bio, of course Hillary for taking over the newsletter and all activities in addition to her full time position, and also the residents that always give some good advice!

Our Resident Council Octoberfest fundraiser without a doubt exceeded all of our expectations! We had a room full of excited residents, friends and family eagerly participating in the sing-a-longs while enjoying delicious desserts as they strolled around the room purchasing handmade crafts and other items, while waiting for the drawings of the three gift baskets! Thank you everyone!

A very special thank you and appreciation goes out to Philena and Chuck Holdridge and their fun, helpful, and talented family! It would not have been such a success without Philena's organizational skills, energy and efforts! The resident council officers and area reps also did an amazing job. Thank you for supporting our Resident Council and our Village. It was definitely a success due to the team effort!

Resident Council meetings for November and December are canceled because of the upcoming busy holidays. Keep reading the newsletter and checking the monthly calendar for holiday events that I am sure you would like to join. Our next meeting will be January 22, 2019.

Parking Stickers: **ALL VOW RESIDENTS** must have a VOW parking sticker on their vehicle. A sticker is obtained by filling out and turning in an official registration form available at the office. This is mandatory in preventing violations.

Winter Collection: In November we will start our annual collection of much needed hats, gloves, scarves and socks for the needy and homeless. The collection box will be located in our main lobby. Please only donate NEW items. Random acts of kindness always come back to you in ways you never imagined.

The Resident Council wishes everyone a HAPPY THANKSGIVING and I hope you have a blessed, healthy holiday season.

-Judy Shatto

Resident Council Board

Judy Shatto, *President*

(248)499-8574

Becky Bolden, *Vice President*

(248)766-3684

Philena Holdridge, *Secretary*

(248)977-3038

Joyce Parlor, *Treasurer*

(248)210-5678

Ruthie Griffin, *Sympathy Cards*

(248) 322-4222

Something is hidden in our monthly newsletter. Can YOU find it?

Each monthly newsletter will have a hidden item for you to find. Drop your answer in the dining room suggestion box. Please use the entry form provided. Be sure to include your name, the newsletter page number, and where on the page it was found. The monthly drawing for the winner will happen at our Resident Council Meetings. Nov, Dec and Jan winners will be announced at the January meeting.

For the month of November, the "cornucopia" hiding. Good Luck!

Resident Council News

By Judy Shatto,
Resident Council President

LIBRARY NEWS:

Rangle River by Zane Grey

This is a story of the west in LARGE PRINT. Rangle River was inspired by Grey's journey to Australia in 1935. It is an easy, exciting read.



We have a large group of picture books in the library. They are nice to look through with little reading:

The American South– Four Seasons of the Land by James J. Kilpatrick and William A. Bake

Aircraft by Ian Graham

Williamsburg– Before and After (Some of you may have been there on vacation) By George Humphrey Yetter



PRAYER GROUP:

On Tuesdays at 10:00 Irene Patterson is leading a new prayer group called God and Prayer.

GARDEN CLUB NEWS:

On Monday, November 5th at 11:00 we will address Christmas cards in the community center. What a fun time! We hope to see everyone there!



Resident Council Board

Judy Shatto, President

(248)499-8574

Becky Bolden, Vice President

(248)766-3684

Philena Holdridge, Secretary

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(248)210-5678

Ruthie Griffin, Sympathy Cards

(248) 322-4222

As the Village Turns

Becky Bolden

Becky Bolden has lived in The Village of Oakland Woods for going on seven years. She serves as the Vice President of Resident Council and sings in the Village Chorus, continuing her years of singing in school and church choirs.

Becky is the oldest of 8 children. Born in Buffalo, New York to Thomas and Betty Robinson, she attended grade school, high school and community college in New York. After marrying, she moved to Michigan and continued her education. She worked in the medical field as a nurse's aid technician in respiratory service for ambulances and hospitals.



After her divorce, she met and married her second husband, a GM executive. In addition to living in Michigan, they moved to both Cleveland and Buffalo twice.

Becky has three sons. Two live in Michigan and one in Berlin, Germany. She also has three grandchildren, one of which is studying at Purdue University to become a pharmacist. One of her grandsons is studying at Notre Dame Prep High School and her other granddaughter lives in Berlin.

Becky was a competitive swimmer in her school days and still goes to the health club to swim, workout and keep in shape. She also enjoys gourmet cooking.

Her two companion cats keep her company. 15 year old Casey and 1 year old Kyle.

She “really, really likes it here.”

The Village of Oakland Woods

Snow Removal Policy

1. Snow removal from roads and walkways should be completed by 11 AM on snow days when there is a two inch or more accumulation. There MAY be a delay on weekends and holidays.

2. Snow removal from the parking areas will be as follows:

A. Residents MUST remove snow from their vehicles and move their vehicles as directed by maintenance. This will allow the contractor ample space to maneuver equipment and efficiently clean away snow and spread salt.

All vehicles need to be moved to an area that has been cleaned out by 10:00 AM.

If the resident is unable to remove his/her vehicle for MAJOR health reasons, he/she must make prior arrangements with someone to move their vehicles to another location during snow removal.

B. If resident plans to be away from the property overnight or for a vacation and will be leaving his/her vehicle parked in front of their building, he/she must notify the office with the name and telephone number of the person who will be responsible in their absence in case of an emergency.

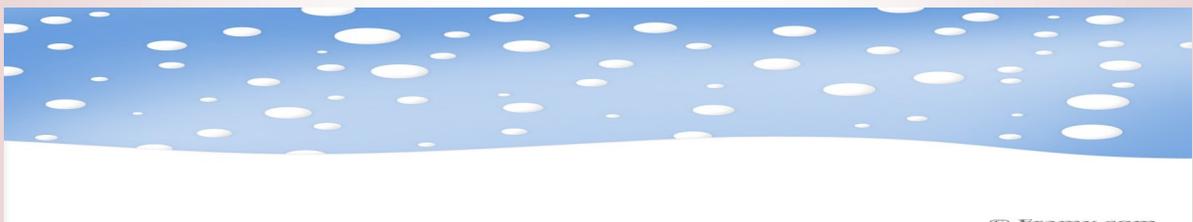
C. If after snow removal has been completed and your parking area is still icy, please let management know. We can order additional salting for your safety.

D. Inoperable vehicles are not allowed on the property. If they are not removed, they will be towed at the car owner's expense.

Questions and concerns about snow removal should always be brought to the attention of management. Management does recommend that residents purchase a small amount of salt (that should be stored inside) for emergency use.

Resident safety is always a priority with maintenance and management. Residents need to take extra precautions during cold, icy and wet weather. Please dress warmly and wear snow boots or shoes that grip the ground better. Please remember to always report black ice, water puddles and other slippery spots.

We cannot be everywhere at once, but with your help, conditions will be much safer for all!



November 2018

National Epilepsy Month

SUN	MON	TUE	WED	THU	FRI	SAT
				1 9:00 Balance & Core	2 Daylight savings time is Sunday. Remember to turn your clocks back! Wii bowling tournament	3
4	5 11:00 Christmas cards in the community center 1:00 Balloon fun!	6 10:00 God and Prayer 11:00 TOPS 11:30 Blood Pressure Clinic	7 9:30 Meet the podiatrist 11:00 Village Chorus	8 1:00 Theater Thursday <u>FRUITS & VEGGIES</u>	9 1:00 Pilgrim cookie craft Wii bowling tournament	10
11	12 1:00 Tissue paper stained glass turkey project	13 10:00 God and Prayer 11:30 Blood Pressure Clinic	14 11:00 Village Chorus 12:30 Oakland County Sheriff Senior Safety Presentation	15 <u>FOCUS HOPE</u>	16 2:00 Birthdays & Bingo Celebration Wii bowling tournament	17
18	19 1:00 Balloon fun!	20 10:00 God and Prayer 11:00 TOPS 11:30 Blood Pressure Clinic & Bingo	21 11:00 Thanksgiving Brunch!	22 Thanksgiving *Office closed* Thanksgiving with the Prospect Missionary Baptist Church 12-2	23 1:00 Balloon volleyball Wii bowling tournament	24
25	26	27 10:00 God and Prayer 11:30 Blood Pressure Clinic	28 2:00 Library outreach	29 1:00 Theater Thursday	30 Wii bowling tournament	1

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Number

(248) 334-4379

Village Staff

Kevin Centala
Administrator

Sharon Benton
Administrative Assistant

Hillary Vandenberg
Administrative Assistant

Sue Carney
Service coordinator

Ricardo Palacios
Sales, Marketing, & Outreach

Matthew Myers
Maintenance Supervisor

EMERGENCY MAINTENANCE

(248) 330-0213

On-Site Security

(248) 917-2539



**Presbyterian
Villages**
OF MICHIGAN

THE FOUNDATION

Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

Embrace the possibilities

Pontiac, MI 48341-3145

420 S Opdyke Rd

A Mission of Presbyterian Villages of Michigan

A SENIOR LIVING COMMUNITY

Oakland Woods
The Village of

