



# Village Voice



## Embrace the possibilities

32001 Cherry Hill Rd. • Westland, Michigan 48186 • [www.pvm.org](http://www.pvm.org)

November 2018

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The Village of  
**Westland**

A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan

Look for PVM on:



## UPDATES AND REMINDERS

**Village of Westland (PVM) now accepts credit card payments. Please note – there is a service charge associated with the use of this type of payment.**



**No smoking is permitted on Presbyterian Village of Westland's property with the exception of the smoke shacks. The smoke shacks are located on the northwest and southeast sides of the main building that are connected to the covered parking.**

**Smoking in the apartments is forbidden. Residents violating this policy could be evicted**



**Like and Join the Village on Facebook!**



**We have a Facebook page titled Presbyterian Village of Westland!**



**You can see our monthly newsletters, monthly calendars, weekly updates, flyers, and photos from the many activities at the village on the Facebook page! This is also a great way to let your family and friends know what is going on at the Village!**

**Love living at the Village of Westland?!?!**

**What to live near your friends and get money for it?!?!**

**Here's How!**

**If you refer a resident who ends up living here for at least 90 days, you will receive a \$500 bonus!**



## It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness



A few weeks ago I experienced - temporarily - what many of us will perhaps one day experience permanently: life without a car. Some of you may already be in that situation. I still had to go to work. I still had meetings to attend. I still had errands to run but I had no car. It was in the shop for some minor repairs that of course took longer to fix than I was originally told so when all was said and done, I was without a car for a little over a week.

I live alone and my kids have long since flown the coop to pursue adult lives of their own. Besides, they don't live nearby so asking them to cart me around wasn't really an option. So what was I to do? I was in a bit of a bind until I remembered something my daughter's boyfriend recently told me, that he was living the "app life". So what does that mean?

Well, if you own a smartphone and have access to the internet you have a lot of power in your pocket. There are thousands of computer applications, which are essentially small computer software programs commonly referred to as "apps" that you can place on your phone that allow you to do numerous things and provide you with easy access to a variety of innovative and useful services. Among them are apps that will link you to ridesharing services, two of the most popular being Lyft and Uber.

Over the course of the next few months, I will be sharing with you how I used "apps" to do what I needed to do and be where I needed to be without a car. In so doing, I discovered that giving up my car didn't mean I had to give up living my life. So stay tuned. Next month I will start by sharing how I used Lyft to get out and about.

### Staff Extensions...

**Michele White ~ 28885**  
Executive Director

**Mary Saffian ~ 0**  
Lead Receptionist

**Lisa Scott ~ 28893**  
Housekeeping Lead

**Shana Brown ~ 28886**  
Wellness Manager

**Shari Thompson**  
~28952  
Billing

**Jason Lovelly ~ 28927**  
Human Resources

**Kara Otto ~ 28810**  
Social Worker

**Pam Webert and**  
**Jennifer Wolf ~ 28953**  
Fitness Specialists

**Melissa Nestorovski ~**  
**28928**  
Marketing Manager

**Breana Wallace ~ 28896**  
Sales and Leasing  
Specialist

**Diane Santo ~ 28889**  
Beauty Shop



# The Senior Advocate.

By Lynn Alexander,  
Senior VP & Chief Marketing Officer

## What Goes Around Comes Around

Recently I experienced good karma in a way which affirms my belief in caring about others. My grandma was right when she used to say: "What goes around comes around." I have witnessed this phenomena in many ways over the years. In my recent experience I was attending an annual meeting with an organization still somewhat new to me; and more than several attendees reached out to me in an intentional manner to include me and make me feel welcome. I am usually that person that notices when a fellow human being needs to be welcomed so this was a gratifying experience for me.

Bringing this concept around to PVM, residents often talk about how they and their neighbors all look out for each other. This has created a sense of community which adds to their quality of life. Unfortunately I have heard stories with the opposite script. We all have had issues to deal with and problems to conquer. The longer we have been on this earth the more we have endured as well as enjoyed. Keep that in mind and lift another person's psyche. Offering a smile and welcoming a newcomer can pay great dividends. You may meet a new lifelong friend or may need a smile yourself on any given day. "What goes around comes around."

**Like to play cards?**  
**Trying to find a group to play with?**  
**Come down to Pinochle in the PDR on Thursday nights at 7 PM and Euchre in the Village Inn on Saturday afternoons at 1 PM.**  
**Would you like to add a different card game to the activities schedule? Talk or call Shana at ~28886.**

# NOVEMBER FACTS

The 11th month of the year brings us Thanksgiving, Veterans Day, and every 4 years, the US Presidential Election. In the Georgian calendar, the calendar that most of the world uses, November is the eleventh month of the year. However, in the early Roman calendar, it was originally the ninth month. Later, the Roman senate elected to name the eleventh month for Caesar. November is right between fall and winter. Almost all leaves are gone from the tree and lost their colors. The month is referred as the wind month and the bloom month by Anglo-Saxons. It is because November is the month where they killed their animals for food. Those have been harvested in the previous months are either put inside the storage or sent to processing plants or mills. In this month, the farmers will know whether that particular year was successful or not. Because of its beautiful weather, football is the main sport of the month. Below are some fun facts about November:

1. The birthstone for November is the topaz.
2. The zodiac signs for November are Scorpio (October 23 - November 21) and Sagittarius (November 22 - December 21)
3. The birth flower for November is the chrysanthemum.
4. On November 2, 1769, a Spanish expedition reached San Francisco Bay.
5. On November 2, 1889, North Dakota became the 39th state of the United States.
6. On November 2, 1889, South Dakota became the 40th state of the United States.
7. On November 2, 1917, Arthur Balfour proposed settlement of Jewish people in Palestine.
8. On November 4, 1979, the U.S. Embassy was taken over by Iranian revolutionaries in Teheran and a group of U.S. citizens were seized as hostages.
9. On November 6, 1869, the first intercollegiate football game was played in the United States between Rutgers and Princeton.
10. On November 8, 1889, Montana became the 41st state of the United States.
11. On November 15, 1935, Manuel Quezon was inaugurated as the first president of the Philippines.
12. On November 18, 1883, standard time began in the United States.
13. Peanut Butter Lovers Month
14. National Good Nutrition Month
15. National Pepper Month
16. National Sleep Comfort Month
17. Aviation History Month
18. Election Day - first Tuesday after the first Monday in November
19. Thanksgiving Day - fourth Thursday of November
20. November 11 - Veteran's Day

# Welcome To The Village!



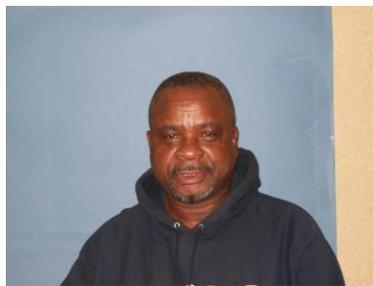
## Residents:

Beverly Abraham  
Joyce Dewulf  
June McKay  
Dorothy Henderson

Debra Sanderson  
Marlene Hobyak  
Anna Caruso-Brown  
Kathleen Greenfield



## Staff:



Matthew Gozdziercki  
Dietary Assistant

Oliver Osuji  
Maintenance Technician

Arlene Ventura  
Dietary Assistant

# October's Craft was... Painted Pumpkins and Cake Pan Monsters!



# November's Craft is... Leaves of Thankfulness Wreaths!



## ~ Transportation Services ~

### Monday's

- Bus Runs at 11 am (ACO, Hallmark, CVS, Post Office, Walgreens, Library)

### Tuesday's

- Shopping at Kroger at 10 AM

~Electronic scooters are given based on the order of the sign-up sheet.

This is on a first come first serve basis, as many stores do not have a sufficient number of scooters.

### Wednesday's – Banking Day (1<sup>st</sup>, 2<sup>nd</sup> & last Wednesday of the month at 11 AM)

- Citizens Bank, TCF, Chase, Bank of America, Comerica, Credit Union on Ford Road

### Thursday's and Friday's

- Movie outings ~ once a month ~ cost is only for ticket to the movie (\$6.00)
- We do one to three shopping trips per month that leave at various times (such as Meijer, Target, Walmart, Dollar Tree, Ollies, Westland Mall). There is no cost to the resident.
- Lunch outings at 11 AM ~ one to two per month ~ only cost is for your meal.
- Shopping and lunch outing suggestions lists are in the mailroom

### Appointment Outings

- Bus is available for residents to be driven to doctor appointments; must call the Wellness Department a week in advance to make reservations, cost starts at \$15 and can go up based on mileage and waiting time over 1 hour.

**If there is ever a charge for an outing, it will be written on the sign- up sheet.**

***\*\*Residents must sign up for all outings. Sign-up sheets are located in the mail room\*\****

## Happy Birthday to our Wonderful Residents...

Following are the residents who celebrate a birthday in November!

|                      |                      |                    |                      |
|----------------------|----------------------|--------------------|----------------------|
| Sylvia McKenzie..... | Nov 4 <sup>th</sup>  | Ken Brooks.....    | Nov 20 <sup>th</sup> |
| Carl Pritchard.....  | Nov 7 <sup>th</sup>  | Calvin Smiley..... | Nov 21 <sup>st</sup> |
| Kathy Roos.....      | Nov 9 <sup>th</sup>  | Earl Wright.....   | Nov 23 <sup>rd</sup> |
| Lucy Kollar.....     | Nov 10 <sup>th</sup> | Jackie Korpi.....  | Nov 27 <sup>th</sup> |
| Gladys Wilson.....   | Nov 16 <sup>th</sup> |                    |                      |

### Have an e-mail address?

The Village of Westland is updating our email contact list. Please stop by the front desk to complete an Email contact form. Ask your family members to fill out the form too. When we have your email on file you can receive newsletters and other building information electronically.

### We need your help!

Do you have some extra time to spare? Do you love where you live and want to get more involved? Please share your love for the community and volunteer. The Village of Westland is seeking more Volunteers.

There are multiple positions available in choose from.

We currently need your help with:

-Resident Biographies      -Bingo      -Podium Announcers

See Shana or Toni to get more information.

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

**Office Numbers**

**(734) 728-5222**

**Village Staff**

**Michele White**  
*Executive Director*

**Shana Brown**  
*Wellness Manager*

**Jason Lovelly**  
*Human Resources*

**Kara Otto**  
*Social Worker*

**Josh Kephart**  
*Environmental Services Manager*

**Shari Thompson**  
*Billing*

**Jan Smith**  
*Nurse Case Manager*

**Austin Jackson**  
*Dietary Manager*

**Melissa Nestorovski**  
*Marketing Manager*

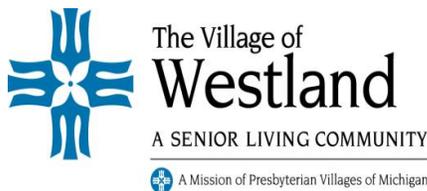
**Lisa Scott**  
*Housekeeping*

**EMERGENCY NUMBER**

**(734) 728-5222**



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit [www.pvm.org](http://www.pvm.org)



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