



# Village News



**Embrace the possibilities**

420 S Opdyke Rd • Pontiac, MI 48341 • [www.pvm.org](http://www.pvm.org)

December 2018

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### Notes from the Administrator

**Happy holidays residents! I wish you and your families a very Merry Christmas and the happiest of new years.**

**We have a holiday party coming up on December 8th that I hope you all attend. Please see Hillary or Sharon for tickets before December 4th!**

**We will also restart the free table starting in January. Starting in 2019, the free table will operate on a quarterly basis and will take place four times per year.**

**Happy holidays!**



The Village of  
**Oakland  
Woods**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

Look for PVM on:



*Don't forget to purchase your tickets  
for the Holiday Party!*

*Saturday December 8th 4-8*

*There will be dinner, music and  
raffle prizes!*

*Proper dress required.*

*Last time to purchase tickets is  
Tuesday, December 4th.*



# It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

## Life Without a Car – Part 2

In last month's column I shared that due to some minor repair work I spent a little over a week without a car, yet still had things to do and places to be. Heeding the advice of my daughter's boyfriend, I decided to look for apps I could download onto my smartphone that would help address this dilemma.

Starting with transportation, I essentially had two options: Lyft and Uber. Both connect you to people who - for a small fee - use their personal cars to take you places. Because I was a first time user, Lyft offered me \$5 off my first eleven rides so logically I chose them. I went to Apple's online App Store and within seconds had the free app downloaded on to my iPhone. After entering my contact information - and of course a valid credit card - I was all set to start using the app.

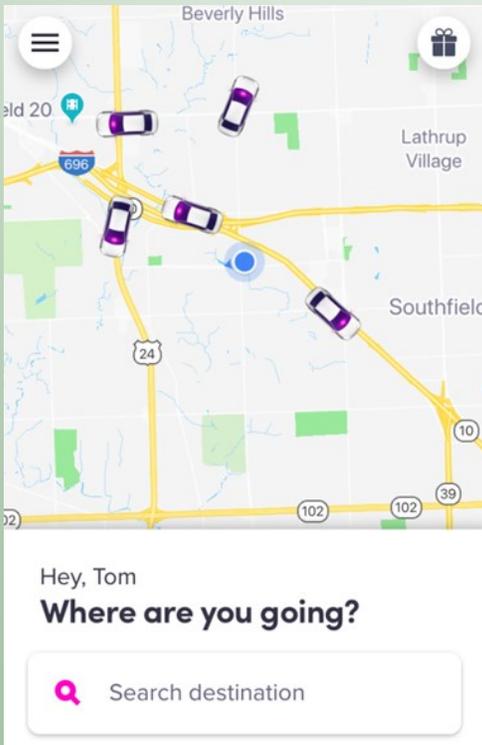


The next morning, when I was ready for work I launched the app, entered the address of where I need-

ed to go and in less than a minute was notified that a driver was on his way to pick me up. I was provided with the driver's name and photograph, along with the make and model - and picture - of the car he was driving and its license plate number. He arrived in just under six minutes. Through the app, through use of an avatar I could actually watch his car make its way to my home.

The car was clean and in good condition and the driver was friendly. The ride to work took no longer than usual and cost a little over a \$1 per mile. When I factored in my car payment, the cost of gas and insurance, and the cost of repairs and depreciation I discovered that if I took 1 to 2 short rides per day (6 - 10 miles) the cost was only slightly more than what I pay to use my own car. It was definitely cheaper than a taxi or renting a car and it was extremely convenient. I used Lyft the rest of the week and the longest I had to wait for a ride was 9 minutes.

Next month I'll share how I was able to go grocery shopping without leaving the comfort of my couch.





# The Senior Advocate.

By Lynn Alexander,  
Vice President of Public Affairs

## Help Us Spread the Word

Almost everyone I know has embraced social media. With the upcoming holidays it will help families stay in touch with each other even if they cannot be with each other in person. For me, nothing compares to a tea party with my granddaughter on FaceTime to tide me over until our next visit.

The same holds true with our PVM family. With so many locations we have been able to share good news, celebrations and special events with each other. One advantage of the Presbyterian Villages of Michigan Facebook page which you may not be aware of is that it allows us to get the word out to the rest of the world. Others can see how unique we are in terms of resident engagement, service excellence and vitality.

We have now surpassed the 3,000 mark for Likes on our page; and almost all of our Likes have transitioned into followers. This is triple the number we had just a few short months ago. You can help us reach even more people. And the more Likes we have the more clout we have with social media. This helps us keep our Villages strong with high occupancy. Please Like us if you have not yet done so; and ask your family and friends to join in on the fun as well. An added bonus is that you will all be in the know when it comes to PVM and also be privy to information on Wellness and other age related issues and opportunities.



Speaking of keeping in touch with family and friends, we wish our readers a joyful holiday season and all the best in the coming year!



# WELLNESS NEWS

JON HAYES  
ACTIVITIES AND WELLNESS COORDINATOR

## A Little Bit about Me:

Hello! I have had the chance to meet a handful of residents and cannot wait to get to know everybody! For those who I have met, thank you so much for making me feel so welcomed to the Village of Oakland Woods. My name is Jon Hayes and I am the new Wellness Coordinator here at Oakland Woods. I have been given the opportunity in my professional experience to work with people across all age groups, from kids to seniors. I have a background both in Rehabilitation and in Strength and Conditioning, on top of holding a Bachelor's Degree in Marketing from the University of Michigan – Flint. Please feel free to stop by my office, introduce yourself, and share your experiences with me as well!

## My Job as a Wellness & Activities Coordinator:

I am here to serve you! My goal is to make your experience at the Village of Oakland Woods joyous every day! I am responsible for organizing and leading all of the fitness classes held in the Wellness Studio, and monitoring the Fitness Center. I will also be setting plans for all of the events and outings at the Village of Oakland Woods. I cannot wait to take part in the Health and Well-being of all of the residents here at the Village!

## What's to come?

All of the wellness classes will resume in January of 2019. January 1<sup>st</sup> will be the start of the Village of Oakland Woods New You Challenge. More details to come, so watch for announcements about the challenge. This challenge will be based upon participation within the wellness classes and community activities. This will be a 4 week challenge and will last through the month on January. Any and all trips to the store, or other outings are looking to resume as soon as possible, so stay tuned!

**I am looking forward to seeing everybody at all of the Classes and Activities!**



## OFFICE NEWS

BY HILLARY VANDENBERG

ADMINISTRATIVE ASSISTANT

Happy December Village of Oakland Woods!

I hope to see everyone at the Christmas party on December 8th! We are using the same caterer we used last year because everyone seemed to really love the food they provided. We are also having a DJ that will play Christmas tunes and old time favorites! Please make sure your tickets are purchased by Tuesday, December 4th!



Those who have recertifications due to me by Monday, December 10th are: 2D, 2C, 38B, 34B, 36C, 16D and 14D.

# Service Coordinator News

MERRY CHRISTMAS!



HOPE YOU HAVE A BLESSED CHRISTMAS!

THANK YOU FOR YOUR WONDERFUL PARTICIPATION IN THE EVENTS HERE AT THE VILLAGE OF OAKLAND WOODS AND FOR WELCOMING ME.

THERE WERE 2 WONDERFUL SPEAKERS THAT WE HAD HERE IN NOVEMBER. MEDICARE SPECIALIST DEB STUMP AND DEPUTY OFFICER MICHELLE FRANCISCO, SENIORS & SAFETY

MEDICARE OPEN ENROLLMENT ENDS DECEMBER 7, IF YOU STILL HAVE QUESTIONS YOU CAN CALL DEB AT 248-227-0347.

THANK YOU TO THE AWESOME VILLAGE OF OAKLAND WOODS CHOIR FOR THEIR WONDERFUL CHOIR PERFORMANCE DURING THE THANKSGIVING BRUNCH.

MARK YOUR CALENDAR FOR WEDNESDAY DECEMBER 12, AT 12:30 P.M. AS KEVIN, THE PHARMACIST FROM STAR DRUGS, INSIDE HOLLYWOOD MARKET WILL BE HERE TO DO A MEET & GREET AND TALK ABOUT MEDICATION SAFETY & Q &A.

WE WILL BE HAVING THE DOLLAR SHOP, A MOBILE DOLLAR SHOP COMING HERE BEGINNING DECEMBER 20 AT 10 A.M. EVERYTHING IS A DOLLAR AND THEY HAVE CHRISTMAS ITEMS AND OTHER GOOD DOLLAR STORE PRODUCTS. THEY DO TAKE CREDIT CARDS AND CASH.

HOPE TO SEE YOU AT THE CHRISTMAS PARTY!.....SUE

# MAINTENANCE NEWS

BY : *MATHEW MYERS*

*MAINTENANCE LEAD*

Happy Holidays from your Maintenance Lead at the Village of Oakland Woods! J

Some of our residents have shown that they can reset their outlets and disposals, and maybe you can too with this helpful guide.



Sometimes the reset button can be hard to push, but don't reach for something electrically conductive like a fork, instead use something nonconductive like the corner of a wooden spoon.

Note that often these GFCI's are connected to outlets downstream. So an outlet in the kitchen if tripped could make outlets in your living room stop working.



# OAKLAND WOODS ON THE GO!



# DECEMBER EVENTS

**BALLOON FUN!** Balloon fun will take place on Monday December 3rd and Monday December 10th, both at 1:00. If you have not yet checked out balloon fun, you may want to give it a chance! Participants always seem to have a blast!



**PICTURE COLLAGE CRAFT** At 11:00 on December 6th we will be making collages with photos and magazine scraps. Come join the fun!

**MEET AND GREET WITH THE PHARMACIST** At 12:30 on December 12th come meet a pharmacist from Star Drugs and get your questions answered, along with tips on when and where to throw out your old medications.



**CHRISTMAS SING-A-LONG** On December 17th at 12 there will be a special Christmas sing-a-long with the Village Chorus!



# NOVEMBER EVENTS CONT.

**Birthdays & Bingo Celebration:** Our Birthdays & Bingo Celebration will be held on Friday, December 21st at 2:00 PM in the Community Room. A dessert will be served, Happy Birthday will be sung, and bingo will be played! The cost to participate in Bingo is \$2 for 3 Bingo Cards. We hope you are able to join in the celebration of all of our November birthdays! There are new prizes every month and special Christmas prizes this month!



**EUCHRE AND BALLOON VOLLEYBALL** on Friday December 7th and December 28th we will be playing euchre at 12 and balloon volleyball at 1:00/



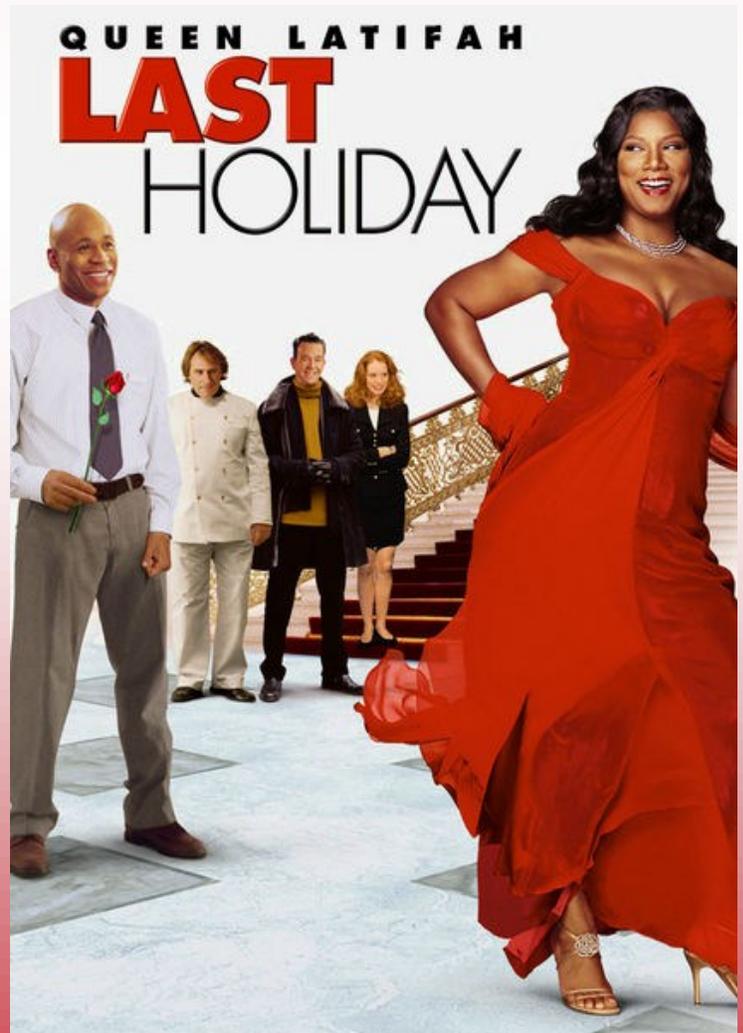
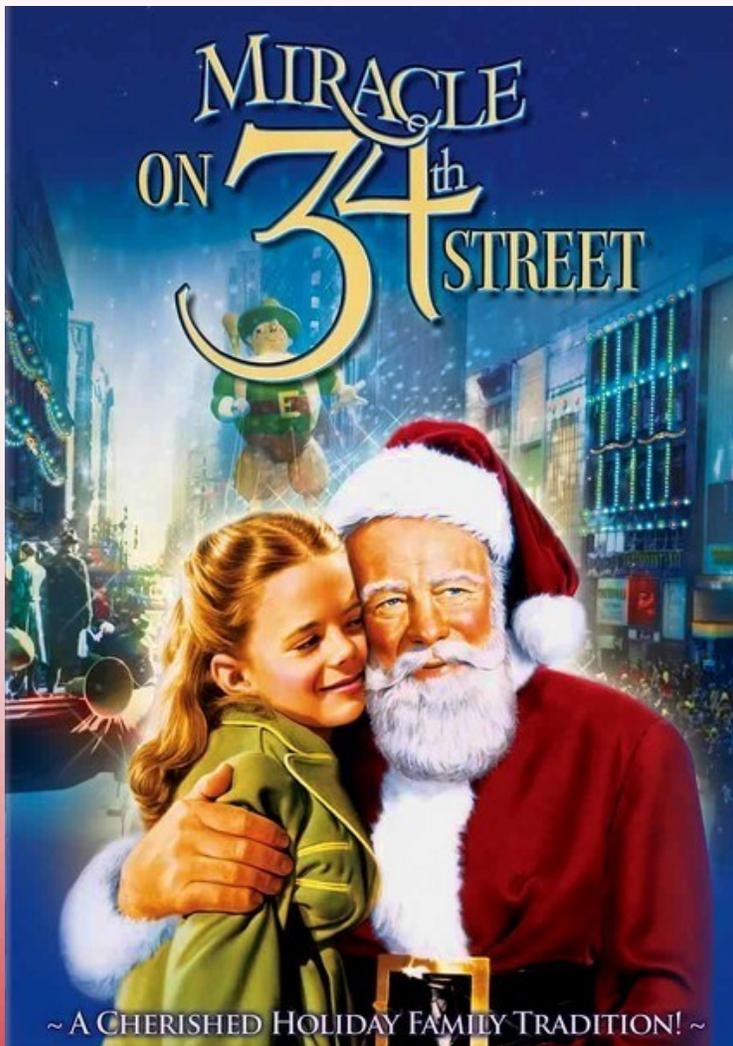
# Theater Thursday



## Thursday, December 13th, Miracle on 34th Street:

When Santa falls down drunk in the Thanksgiving Day Parade, reluctant Macy's supervisor Doris Walker (Maureen O'Hara) offers the job to a bearded Kris Kringle (Edmund Gwenn, who won a Best Supporting Actor Oscar) purporting to be the real Santa! During the Christmas season, he shares a flat with Doris's neighbor (John Payne), who has eyes for Doris. Kris hopes to unite the two while winning over Doris's skeptical 6-year-old daughter (Natalie Wood).

Thursday, December 27th: The Last Holiday: Given the news she's terminally ill, Georgia throws caution to the wind, breaks out of her shell and takes a no-holds-barred European vacation. While she's celebrating her last hurrah, she touches the lives of everyone around her.



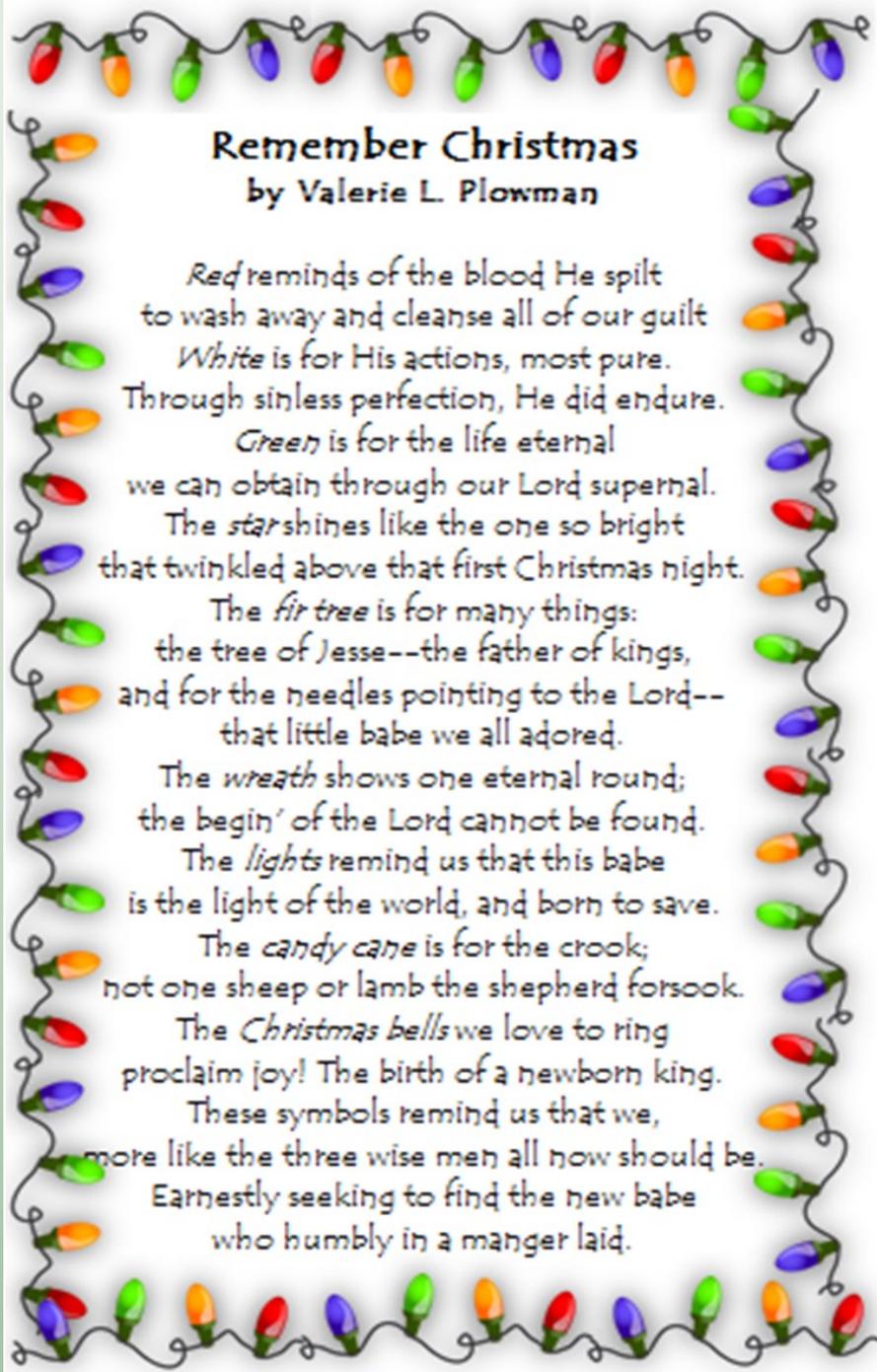


**The Village of Oakland Woods  
and  
The Village People Chorus**

**Present:  
A Christmas Carol/Sing-a-Long  
Pizza Party**

**Monday, December 17, 2018  
12:00 p.m. – 2:00 p.m.**

**Come Join Us  
and  
Enjoy the Food and Fun  
Please Sign-up by December 14th  
Light refreshments**



## Remember Christmas

by Valerie L. Plowman

*Red* reminds of the blood He spilt  
to wash away and cleanse all of our guilt  
*White* is for His actions, most pure.  
Through sinless perfection, He did endure.  
*Green* is for the life eternal  
we can obtain through our Lord supernal.  
The *star* shines like the one so bright  
that twinkled above that first Christmas night.  
The *fir tree* is for many things:  
the tree of Jesse--the father of kings,  
and for the needles pointing to the Lord--  
that little babe we all adored.  
The *wreath* shows one eternal round;  
the begin' of the Lord cannot be found.  
The *lights* remind us that this babe  
is the light of the world, and born to save.  
The *candy cane* is for the crook;  
not one sheep or lamb the shepherd forsook.  
The *Christmas bells* we love to ring  
proclaim joy! The birth of a newborn king.  
These symbols remind us that we,  
more like the three wise men all now should be.  
Earnestly seeking to find the new babe  
who humbly in a manger laid.

## Birthday Celebration!

The Birthday Party will be held on Friday, December 21  
Please join us in the community room at 2:00pm for refreshments, bingo and prizes!

- Sharon Dahl.....12/2
- Shellie Houston.....12/4
- Troy Richardson ..... 12/6
- Betty Satterwhite..... 12/7
- Linda Hondo.....12/8
- David Proper.....12/13
- Janet Devold.....12/17
- Bessie Page..... 12/18
- Mildred Jones.....12/19
- Marie Richter.....12/19
- Rita Frew.....12/20
- Debra Esters.....12/21
- Gail Holmes.....12/23
- Margaret Collins.....12/23
- Edith Gutowski.....12/24
- Charlene Woods.....12/29



# Resident Council News

By *Judy Shatto*,  
Resident Council President

## Winter Collection—

January 1, 2019, we will start our annual Winter Collection for children and adults of **NEW** hats, gloves, mittens, scarves and all sizes of warm socks. Please donate what you can. We appreciate your generosity to help the homeless and the needy during these cold winter months. There will be a colorful donation box located in the community center lobby. All donations will go to a warming center or the Baldwin Center.

## Hidden Item Contest---

Since we are not having a November or a December meeting and you have to be present to win, these two contests are canceled until our January 2019 Resident Council meeting on Tuesday January 22 at 2:00. There will be new gifts to choose from for the lucky winner who found the VERY hidden item!

## Newsletter Boxes----

We most always have a new monthly newsletter in the **BLACK BOXES** by your mailboxes and announcing it with a flyer posted in the **CLEAR BOXES** for the newsletter by the **FIRST** of each month. Pick up your copy and PLEASE read it because you will no doubt find something fun for you to attend! A reminder to always close the lid (if you notice that it is not closed, please stop by and close it) so the newsletters do not get wet. Sometimes the dampness of the weather, the newsletters will “slide” down in the box, so please look inside and get your copy. Even though I put a newsletter copy for every resident in the boxes, if there is none left in the box, please call me to let me know also if they have gotten wet.

## Important Reminders for all Residents and Visitors---

**Speeding-SLOW DOWN!** Watch for walkers throughout the Village!

**Horn Honking-It's impolite and disturbing.** Call them or go to their door!

**Cigarette Butts—NEVER** throw them on the ground.-Use your ashtray!

**Pet Clean-up—Always** take a couple of plastic bags and tie it securely and deposit it in the trash or dumpster. This is mandatory and to not do so is a violation of your lease and Resident Rules!

**Report all violators to the office.** Let's all work together to keep our Village beautiful.

## Garden Club News---

We get together and make sure every year that all residents that want cards get a birthday card and a Christmas card. The Resident Council Area Reps and Garden Club members hand deliver to the residents. Sometimes, it may be the only card a resident will get so we should all be so thankful especially during this Christmas season.

**Thank You and Merry Christmas.** See YOU at the January Resident Council Meeting on Tuesday January 22, 2019 at 2:00!

Judy

## Resident Council Board

**Judy Shatto**, *President*

(248)499-8574

**Becky Bolden**, *Vice President*

(248)766-3684

**Philena Holdridge**, *Secretary*

(248)977-3038

**Joyce Parlor**, *Treasurer*

(248)210-5678

**Ruthie Griffin**, *Sympathy Cards*

(248) 322-4222

# Resident Council News

By Judy Shatto,  
Resident Council President

## LIBRARY NEWS:

### Blue Ruin by Grace Livingston Hill

This is a large print book and this author is special. She has written more than 79 books. She was born April 16, 1865, the day after Lincoln died. She married a minister Frank Hill December 2, 1892 and had two children. He died in 1899 of an attack of appendicitis. She had written her first book at age 12 and now she used her talent to support herself and two small children. She wrote many books until her death at age 82 in 1947.



We have several of her books in large print.

Thank you for returning books and sharing books.

We have a request that the Zane Grey book that has been taken out be returned soon. Someone is anxious to read it.



## PRAYER GROUP:

On Tuesdays at 10:00 Irene Patterson continues leading a new prayer group called God and Prayer.

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**Joyce Parlor**, *Treasurer*

(248)210-5678

**Ruthie Griffin**, *Sympathy Cards*

(248) 322-4222

# As the Village Turns

Gail Holmes

## An Early Birthday/Christmas Gift

Whose photo is she admiring?

Most people have relatives, but some are born without family. Such was the case of an infant the morning of December 23rd, in the Great Depression year of 1932. There was no one to lay claim when a Detroit boarding house landlady called police to take the newborn to old St. Mary's hospital. Despite her picture being on the front page of The Detroit Times, Christmas Eve, Children's Aid Society had to place "Jane Doe" in foster care.

Three years later, a kindly older couple in the suburbs agreed to foster her. She was named Gail and was raised in their loving care into adulthood as an only child. After high school, Gail's "father" suffered a heart attack so Gail helped maintain their home by doing secretarial work while attending Wayne State U for a teaching degree. In her thirties, Gail married her high school classmate Bill Holmes. They had two children, Peter and Susan. When they were in middle school, her husband had an aneurism, leaving Gail to raise the children alone.

This year Peter surprised Gail and Susan with Ancestry DNA kits. The results were completely unexpected. They showed that Gail shares a father with two half sisters in Northern Michigan. Thanks to a newfound cousin in California for discovering the match. Although they knew nothing of Gail's existence, she has been warmly accepted. Gail is driving up north as you read this to meet her sisters in person and to enjoy more than just their photograph.

Gail shares her story with friends and neighbors at Oakland Woods because DNA testing for laymen is so new. She hopes to encourage others to pursue this course of action to fill a void that is always present. Three years ago Gail moved to Oakland Woods and truly appreciates life here. Peter and Susan live nearby and are always loving and helpful.



# The Village of Oakland Woods

## Snow Removal Policy

1. Snow removal from roads and walkways should be completed by 11 AM on snow days when there is a two inch or more accumulation. There MAY be a delay on weekends and holidays.

2. Snow removal from the parking areas will be as follows:

A. Residents MUST remove snow from their vehicles and move their vehicles as directed by maintenance. This will allow the contractor ample space to maneuver equipment and efficiently clean away snow and spread salt.

All vehicles need to be moved to an area that has been cleaned out by 10:00 AM.

If the resident is unable to remove his/her vehicle for MAJOR health reasons, he/she must make prior arrangements with someone to move their vehicles to another location during snow removal.

B. If resident plans to be away from the property overnight or for a vacation and will be leaving his/her vehicle parked in front of their building, he/she must notify the office with the name and telephone number of the person who will be responsible in their absence in case of an emergency.

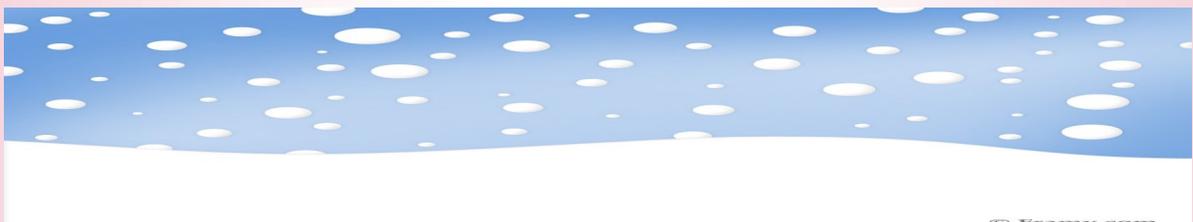
C. If after snow removal has been completed and your parking area is still icy, please let management know. We can order additional salting for your safety.

D. Inoperable vehicles are not allowed on the property. If they are not removed, they will be towed at the car owner's expense.

Questions and concerns about snow removal should always be brought to the attention of management. Management does recommend that residents purchase a small amount of salt (that should be stored inside) for emergency use.

Resident safety is always a priority with maintenance and management. Residents need to take extra precautions during cold, icy and wet weather. Please dress warmly and wear snow boots or shoes that grip the ground better. Please remember to always report black ice, water puddles and other slippery spots.

**We cannot be everywhere at once, but with your help, conditions will be much safer for all!**



# December 2018

## National Volunteering Month

SAT

FRI

2	3	4	5	6	7	8
	1:00 Balloon fun	10:00 God and Prayer 11:00 TOPS 11:30 Blood Pressure Clinic	11:00 Village Chorus	11:00 Picture craft		Holi-day Party!
9	10	11	12	13	14	15
	11:00 Garden Club 1:00 Balloon fun	10:00 God and Prayer 11:00 TOPS 11:30 Blood Pressure Clinic	11:00 Village Chorus	<u>FRUITS &amp; VEGGIES</u> 1:00 Theater Thursday	12:00 Euchre card game 1:00 Balloon volleyball	
16	17	18	19	20	21	22
	Christmas sing along with the Village Chorus 12:00	10:00 God and Prayer 11:00 TOPS 11:30 Blood Pressure Clinic	11:00 Village Chorus	<u>FOCUS HOPE</u> 10:00 Mobile dollar store 11:00 Pinecone craft	2:00 Birthdays & Bingo Celebration	
23	24	25	26	27	28	29
		Christmas Day Office closed	11:00 Village Chorus	1:00 Theater Thursday	12:00 Euchre card game 1:00 Balloon volleyball	
30	31	1	2	3	4	
		New Year's Day Office closed				



**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

# Office Number

**(248) 334-4379**

## Village Staff

**Kevin Centala**  
*Administrator*

**Sharon Benton**  
*Administrative Assistant*

**Hillary Vandenberg**  
*Administrative Assistant*

**Jon Hayes**  
*Wellness Coordinator*

**Sue Carney**  
*Service coordinator*

**Ricardo Palacios**  
*Sales, Marketing, & Outreach*

**Matthew Myers**  
*Maintenance Supervisor*

**EMERGENCY MAINTENANCE**

*(248) 330-0213*

**On-Site Security**

*(248) 917-2539*



**Presbyterian  
Villages**  
OF MICHIGAN

THE FOUNDATION

**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)

**Embrace the possibilities**

**Pontiac, MI 48341-3145**

**420 S Opdyke Rd**

A Mission of Presbyterian Villages of Michigan

A SENIOR LIVING COMMUNITY

**Oakland Woods**  
The Village of

