



# Hampton Herald



Embrace the possibilities

700 North Pine Road • Bay City, Michigan 48708 • www.pvm.org

February 2019

## Featured Articles

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Look for PVM on:



## The Bay City Recyclables are Back!

Please join us in the community room for lots of fun and laughs with The Bay City Recyclables! They are a traveling group of senior citizens who enjoy entertaining people. They volunteer through the Bay City Players theater group and we always have such a wonderful time when they come.

They are now semi-retired from the entertainment business so we are very grateful that they have decided to still keep us as one of their stops.

They enjoy coming to see all of you as much as you enjoy seeing them.

They will be here on **Tuesday, February 19<sup>th</sup> at 3:00 pm.**

If you haven't had a chance to see them before, please stop down and see them now.

We always have such a wonderful time when they come to visit.



## Activities

## Maintenance Updates

- Work orders need to be put in to the office. You can either call, stop by the office or fill out a maintenance request form that is located on the rent drop box.
- Please do not park the front end of your vehicle over the curbs of the sidewalks and the islands. If you are over the curb, we cannot get our equipment though or clear the walks properly. This can cause icy spots on the walk that we can't get to. Once you move your car, someone can slip on the ice. Let's work together to keep everyone safe this winter season.
- Please be reminded that all trash belongs in bags. The bag needs to be tied securely and placed properly either down the chute or in the barrels.
- Be sure to pick up after your pet when you walk them. Also, pets should not be relieving themselves in the planting areas. Although we do not have a designated pet area, please be considerate of others coming and going from the community. Urine on the main walkway is unsightly for our residents and guests. Taking your dog our one of our side doors is best.
- ***If you have a health emergency, you or your family members should press your personal help button or call 911.***
- ***If there is a fire emergency you should call 911.***
- ***If your smoke detector is going off because of burned food and it is after hours, please call 911 to let them know. The fire dept. will still respond to reset your alarm but they won't need to send the big truck and a slew of volunteers. Thank you for your continued cooperation.***

## February Activities

## Please join us in the month of February for:

- BINGO - Every Wednesday @ 5:00 pm
- Administrator's Updates Meeting – February 14<sup>th</sup> @ 11:00 am.
- Monthly Birthday Celebration – Monday, February 11<sup>th</sup> @ 6:00 pm
- Bookmobile –February 14<sup>th</sup> from 5:15 pm – 6:15 pm.
- Movie Day – Monday, February 25<sup>th</sup> @ 2:00 pm.
- Wii Bowling – Every Thursday at 9:00 am.
- Lunch Bunch – Friday, February 8<sup>th</sup> @ 11:30 am.

The menu is always posted ahead of time. Please be sure to have your exact dollar amount needed which includes the food, 6% sales tax and \$1.50 for a tip.

- Valentine's Dinner – Wednesday, February 20<sup>th</sup> @ 3:00 pm (Please be sure to sign up in the community room by the deadline.)
- The podiatrist will be making a visit on February 13<sup>th</sup> at 4:00 pm.
- The Bay City Recyclables will be here on Tuesday, February 19<sup>th</sup> @ 3:00 pm

## Announcements

Laundry Repair Contact Number: 1-800-521-9938

Please use this number when the washers or dryers are not working or if you've lost quarters in the machine.

**Laundry Room Hours are:**  
8:00 a.m. – 8:00 pm  
everyday

**\*\*Be courteous of your neighbors and wipe down the washers and empty the lint screens after each use.**

**\*\*Please do not touch other people's laundry or remove them from the machines.**

**\*\*You should not be leaving your laundry for extended periods.**

## Bay City Happenings in February

Bay City is host to several festivals and events each year. There are many different activities throughout our beautiful little town and the surrounding areas.

Here are a few:

**DOWNTOWN BAY CITY**

**February 9<sup>th</sup> from 9:00 am – 6:00 pm •Indulge•** A Downtown event full of life's special things: chocolate, giveaways, pampering, fashion, great dining and so much more.

Whether you are looking for a day with friends out on the town, a romantic spa getaway or a day just for you, *Indulge* in Downtown Bay City.

*Continued on pg. 4*

## Service Coordinator Corner

Elizabeth Brinker 989-892-6906

Service Coordinator's office is located on the 2<sup>nd</sup> floor inside the theater

*February is upon us! Already one month of 2019 complete. Please be very careful of the weather - it has been particularly brutal and frigid! There are flyers near the elevator (second floor) which detail the dangers of Hypothermia - please be careful to guard against being in the cold too long.*

On **February 14th at 2pm & February 28th at 2:15p – 2:45p** we will have our Blood Pressure Clinics. Keep an eye on the places where I post about presentations for up to date information regarding weather cancellations, etc. ***Please consider doing this one quick check on an area that can affect your life without you knowing...*** Thank you to all that have taken advantage of having their blood pressure checked by a trained professional: it is good preventative care. Remember, *there is no cost and you don't even need to show your insurance information!* There's always lots of fun conversation and laughter while we wait. On top of that, you get a ticket for coming down and doing something good for yourself!

Mel from The Care Team Home Health Care and Hospice will be presenting on **"Heart Health" on February 13th at 2pm in the Community Room.** February is Heart Health month.

I continue to work on a Resource Binder which will be placed in the Library so that any of you might be able to look up contact information and resources when I am not available. I am still gathering information that I feel will be of use to all of you.

I will be in the office **all day on February 12th and February 27th (9a – 4p).** I will be out of the office **all day February 11th, and 25th.** You can always refer to the calendars posted on my office door, outside the Theater Room in the hall, and on the bulletin board near the cubbies downstairs.



Remember, you **get a "ticket" for each activity or presentation that you attend that Stephanie or I organize.** When you gather 10 tickets, come up to the Service Coordinator office and choose from the **"Goodie Shelf"** – there will be a variety of items, both male and female, and from practical like laundry soap, hand soap, toilet paper, or canned goods to fun like candy, nuts, or 'doo dads'. **I'm continuing to get new and different items so don't "assume" that you know what's there. ☺** Thanks for your participation!

**You can always call (989) 892-6906 and request an appointment at any time** – if I'm not here, leave a message and I will return your call as soon as I return. You can also leave me a message in the mail slot outside the Theater Room door; I will contact you as soon as I am able.

*Be careful when you are out of doors.  
Bundle up warmly!*

*Elizabeth*

*Continued from pg. 2*

**Programs (continued)**

## Celebrating February Birthdays

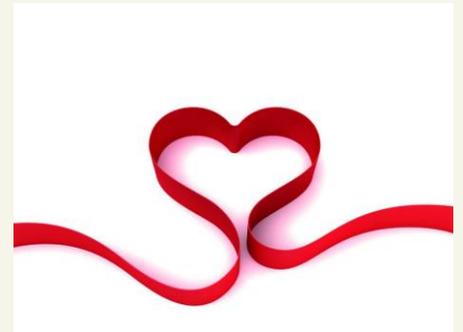
We will be celebrating February Birthdays in the community room on **Monday, February 11<sup>th</sup> at 6:00 pm**. Spencer Skorupski from Skorupski Family Funeral Home and Cremation Services has graciously agreed to host all of our birthday celebrations. His staff will bring the cake and some balloons! Please come by and celebrate with us!

**Lin F..... 02/26**  
**Ruth R ..... 02/26**



**February 17<sup>th</sup> 11:00 am – 5:00 pm**  
**•Bay City Polar Bear Plunge•**  
 Annual fundraiser for Special Olympics of Michigan. Includes Parade of Costumes and Polar Teams plunging for funds, plus special activities for all.

**February 23<sup>rd</sup> 11:00 am – 3:30 pm**  
**•Downtown Chili Cook-Off•**  
 The Downtown Chili Cook-Off brings together some of the area’s finest restaurants and their creative chili recipes for a spicy showdown in Downtown Bay City. Come try them out and vote for your favorite!



### Bay County Division on Aging

The Bay County Division on Aging provides services to Bay County residents age 60 and older. Many programs are funded through senior millage funds, donations, cost-share contributions and fees from seniors, as well as grants from the State and Federal Government.

- Some programs are:
- Case Coordination and Support
  - Home Delivered Meals
  - Senior Dining Centers
  - Homemaking
  - Caregiver Training
  - Personal Care
  - Information and Referral

*For more details, contact Debbie Keyes at 989-893-7070*



## Giving Matters.

By Paul J. Miller, CFRE,  
President, PVM Foundation

### *You Help Your Fellow Residents THRIVE. Thank YOU!*

Going to the mall to return gifts today? Or grocery shopping? Take a look around while you're there. **Who** do you see?

It's probably someone from your Village or another older adult.

Almost 20% of the state's population is 65 or older. Michigan has moved from the **30<sup>th</sup> oldest state** in the USA to the **10<sup>th</sup> oldest**.

#### ***So what?***

Older adults need **the services YOU help provide and you're more important than ever.**

**Being a donor to your Village really helps your fellow residents in their time of need. Help your Village with fun field trip activities or going to the **Village Victory Cup.****

Thank you for caring—and THANK YOU FOR CARING ABOUT YOUR FELLOW RESIDENTS!!

If you have any questions or comments, please contact us at 248-281-2040 or [pvmfoundation@pvm.org](mailto:pvmfoundation@pvm.org).

Happy New Year!  
Paul J. Miller, CFRE





## It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

### *Life Without a Car, Part 3*

This is the third article in a series of articles I have been writing about living life without a car when my car was in the shop for some minor repairs. Last month I shared my experience using Lyft for transportation. This month I am going to introduce you to Shipt.

I first learned about Shipt a couple of years ago when visiting my older sister in Florida. Because I have unique dietary needs, the day I arrived she informed me that we needed to go grocery shopping to make sure we had enough of the right kinds of food. That's when she pulled out her phone and essentially said, "What should we get?"

I was a bit confused. Apparently, we weren't going to go to the grocery store to shop, we were going to "shop" with her phone using Shipt. Shipt is an on-demand grocery shopping service that you access using an app on a smartphone. You select what you want, place an order, someone on the other end claims it, goes to the store and does the actual shopping for you, and when done brings the groceries to wherever you are, usually at your home.

I watched this process unfold utterly amazed. After we filled our online shopping cart with what we wanted, my sister placed the order and selected a delivery time from the list of available times presented, all of which were just a few hours away from the current time. Within about an hour of the delivery time, she received a notification on her phone that someone had claimed her order that included the name and photo of the person who would be shopping for us.

When that person began shopping, she sent a text directly to my sister letting her know and asked her if she wanted to add anything else. As the shopping progressed, if the store didn't have an item my sister would get a text from the shopper with a recommended substitute that my sister could accept or reject. She even received a photo of the bananas the shopper planned to buy so we could make sure they were as ripe as we had requested.

It took the shopper about an hour to finish shopping. Before she left the store, she sent one last text letting us know her estimated time of arrival. When she arrived, my sister invited her in. The shopper placed the groceries on the counter then quickly went on her way. I could hardly believe it. We went grocery shopping without leaving my sister's house.

Flash forward a couple years. I am without a car and as luck would have it, I am of course out of food. That's when I remembered my experience at my sister's. Time to fire up Shipt so that I could go grocery shopping without a car. Next month, I'll let you know how it went.



## *Life Without a Car, Part 4*



SHIPT



This is the fourth article in a series of articles I have been writing about living life without a car. Last month I introduced you to the online, on-demand shopping and home delivery service Shipt. This month I am going to share my experience using it.

As you might recall, when I took my car to the shop I was completely out of groceries. “No problem,” I thought. I’ll just use Shipt. After my experience at my sister’s, I had already downloaded the app on to my iPhone from the App Store and signed up for the service. Where I live there are two stores Shipt does business with: Meijer and Target. I chose Meijer because the Meijer closest to me has more variety than the closest Target store.

I found that using the app was pretty easy. Essentially, all I had to do to select an item to buy was to tap its picture. After selecting all the items I wanted, I selected my desired delivery time, which completed my purchase. Shortly thereafter, I received an email confirming my order and soon after that, was notified who my shopper was that included her picture. About a half hour before my scheduled delivery time, I received a text message from my shopper that she was about to start shopping.

While my shopper shopped, she periodically sent me text messages when an item on my list was not available and would suggest substitutes. For example, if the store did not have the specific brand of mild salsa I requested she would suggest a different brand of mild salsa or the same brand but medium rather than mild. I could then text back with my decision, which could be to remove salsa from my list rather than accept a substitute. After my shopper finished shopping, she sent me a text that she was in the checkout line and would soon be on her way to my house.

When she arrived with the groceries, everything was in order. There were no missing items, the eggs weren’t broken, the cold items were still cold and the frozen items were still frozen. Overall, it was a very positive experience. From a convenience standpoint, it was a home run. My primary complaint is that for my liking there were a few too many items from my list that weren’t available for which I had to select a substitute. That was a bit frustrating. However, given that I was without a car, it was sure nice not to have to go without groceries even if I had to buy a few different items than originally intended.

Next month, I will write in more detail on how the app works so if you decide to try it, you will have a better understanding of how it works.



## The Senior Advocate.

By Lynn Alexander,  
Senior VP & Chief Marketing Officer

### *PVM's New Blog*

I am pleased to announce that we have launched a blog on the PVM website. Now you will be able to find very helpful information on everything from avoiding financial exploitation, housing and services, alternative transportation, on-line delivery services, family issues and fun topics such as creating memories with your grandchildren.

This blog is very simple to use. Simply go onto the PVM website at [pvm.org](http://pvm.org). Right on the home page to the left of the Crain's logo there is a button which states PVM Blog. Just press it; and you will be taken right to it.

Just in a few short weeks over 1,200 viewers have been enjoying what we have to offer. Come join the fun and become one of the most knowledgeable members of your social set.

Read on and stay warm during the winter months!



## Guest Author: Mark Konner, Department of Technology

# Smart Home Setup

## Smart Home Setup

Improving safety and comfort with smart home and IoT (Internet of Things) technology

### Introduction

The Internet of Things, or IoT, is a category of new technologies that have experienced significant growth in the consumer market over the last several. They are generally small, intelligent, and networked devices that integrate with otherwise non-digital items. Smart watches, IP security cameras, and self-driving cars all fall under this general category, as they bring everyday objects “online”. Smart home technology is the application of IoT devices to improving the comfort, convenience, and safety of the user’s home. The smart home configuration outlined below is an example of a simple setup that will demonstrate the uses of these technologies in apartment and senior living.

### Devices

- Amazon Echo Show (\$180): voice and touch controlled smart home hub with a tablet-like screen that serves as the command center of the smart home
- Amazon Echo Dot (\$40): small voice controlled home assistant, and can be used in conjunction with the Echo Show
- Amazon Fire TV Stick (\$40): turns any TV into a Smart TV, allowing the user to play videos and music from the internet through their TV
- Amazon Cloud Cam (\$100): cloud-based security camera that can be used to check in on one’s home from anywhere with an internet connection
- Lixf Mini Light Bulb (\$30): smart light bulb that can turn, turn off, or be dimmed through voice control

### Practical Uses

While smart home technology can be used for a wide range of tasks, the lists below highlight a few of the most common, and in particular those that will be most useful in a senior living setting.

- Voice control from anywhere in the home
- Cast Netflix, Hulu, Spotify or other streaming music and video services to home TV
- Set lighting schedules to suit time of day (e.g. lights on in the morning, dimmed lights at night)
- Easily set timers, make list, or set recurring alarms
- On demand news and weather, delivered by the home assistant
- Hands free, voice-activated video and voice calling
- Monitor home remotely with access to IP security camera

### Conclusion

IoT (Internet of Things) technology is modular by design, so any initial setups could easily be scaled up or down to meeting future needs.

## **SERVICE EXCELLENCE**

Just a reminder that the Service Excellence recognition slips are located to the right of the cubbies on the first floor. If you feel that any Hampton Meadows' employee has done something noteworthy for you or our community, please fill out a recognition slip for them. You can either put it in the suggestion box where they are located, in the drop box or you can give it to the Administrator directly.

It will then be forwarded along to a monthly drawing where we can be entered to win a prize. Thank you again for your continued support and assistance. Please let us know if there is anything that we can do to make your experience here at The Village of Hampton Meadows the best that it can be.

***Congratulations!***

You are being recognized because  
"What you did mattered!"



***Thank you for what you did!***

**Employee Name:**

**Person Recognizing Employee:**

**Date:**

**\*\* Please turn a copy of this card into Village Administrator or HR, for a drawing**

**ACCOUNTABILITY • LISTENING • RELATIONSHIPS • RESPECT**

### **Friendly Reminders:**

*Please do not let in strangers. If they are not here to see you, then it is not your responsibility to let them in.*

*There is a sign in the entry instructing them what to do to get in. They MUST be buzzed in. Your safety is our #1 concern.*

*Pets are NOT allowed in any of the amenity rooms including the laundry room. Please be courteous of your neighbors and follow our pet policy.*

*Negative gossip/conversations are unwelcome. The amenity rooms are for chatting and catching up with each other not making other people afraid of utilizing the rooms because of the negative chatter.*

*If you want to stop and chat positively, please do not stand in front of the laundry machines. Move your conversation to the lounge just outside the laundry room. Blocking the machines is discourteous to others who are trying to use them.*

*Remember to always be kind to one another. One simple act of kindness can go a long way. Help your neighbors and your friends if you see that they could use a helping hand. Offer some kind words of encouragement if you know that they are struggling with something in their lives.*

## Barbecued Chinese Chicken Lettuce Wraps



### **Ingredients**

- 2 cups, (4 handfuls), fresh shitake mushrooms
- 1 1/3 to 1 1/2 pounds thin cut chicken breast or chicken tenders
- 2 tablespoons light colored oil, such as vegetable oil or peanut oil
- Coarse salt and coarse black pepper
- 3 cloves garlic, chopped
- 1 inch ginger root, finely chopped or grated
- 1 orange, zested
- 1/2 red bell pepper, diced small
- 1 small tin, 6 to 8 ounces, sliced water chestnuts, drained and chopped
- 3 scallions, chopped
- 3 tablespoons hoisin, Chinese barbecue sauce
- 1/2 large head iceberg lettuce, core removed, head quartered
- Wedges of naval orange—platter garnish

### **Directions**

- Remove tough stems from the mushrooms and brush with a damp towel to clean. Slice mushrooms.
- Chop chicken into small pieces.
- Preheat large skillet or wok to high.
- Add oil to hot pan.
- Add chicken to the pan and sear meat by stir frying a minute or two.
- Add mushrooms and cook another minute.
- Add mushrooms and cook another minute or two.
- Add salt and pepper, then garlic and ginger. Cook a minute more.
- Grate zest into pan, add bell pepper bits, chopped water chestnuts and scallions.
- Cook another minute, continuing to stir mixture.
- Add hoisin and toss to coat the mixture evenly.
- Transfer the hot chopped barbecued chicken to serving platter and pile the quartered wedges of crisp iceberg lettuce alongside.
- Add wedged oranges to platter to garnish.
- To eat, pile spoonfuls into lettuce leaves, wrapping lettuce around fillings and squeeze an orange wedge over.

# February Word Search

**WORD SEARCH!**  
**WINTER FUN**

FIND AND CIRCLE THE WORDS ON THE LIST... WORDS MAY BE FOUND ACROSS, DOWN, OR DIAGONALLY  
--FORWARDS, BACKWARDS, AND SOMETIMES OVERLAPPING. HAVE FUN!

<p><b>WORD LIST</b></p> <p>BOBSLED</p> <p>DOGSLED</p> <p>HOCKEY</p> <p>HUNTING</p> <p>ICE FISHING</p> <p>ICE SKATE</p> <p>SHOVEL</p> <p>SKI</p> <p>SKIJORING</p> <p>SLED</p> <p>SLEIGH RIDE</p> <p>SNOW</p> <p>SNOW ANGEL</p> <p>SNOWBALL</p> <p>SNOWBLOWER</p> <p>SNOWBOARD</p> <p>SNOWMAN</p> <p>SNOWMOBILE</p> <p>SNOWSHOES</p> <p>TOBOGGAN</p>	<p>W I I Z H U N T I N G L S</p> <p>Z K I D O G S L E D C E A</p> <p>L S N O W B O A R D O V G</p> <p>E N L O D E L S B O B E E</p> <p>V O E E D I R H G I E L S</p> <p>O W T R D G M D E L S B N</p> <p>H A A G E S U L I N N I O</p> <p>S N K R P W N B T R A B W</p> <p>N G S K I J O R I N G W B</p> <p>O E E E T M C L M W G O A</p> <p>W L C F W B L A B A O N L</p> <p>M M I O S W E N L W B S L</p> <p>A C N X G U Y E K C O H S</p> <p>N S N O W S H O E S T N T</p> <p>I C E F I S H I N G O O S</p>
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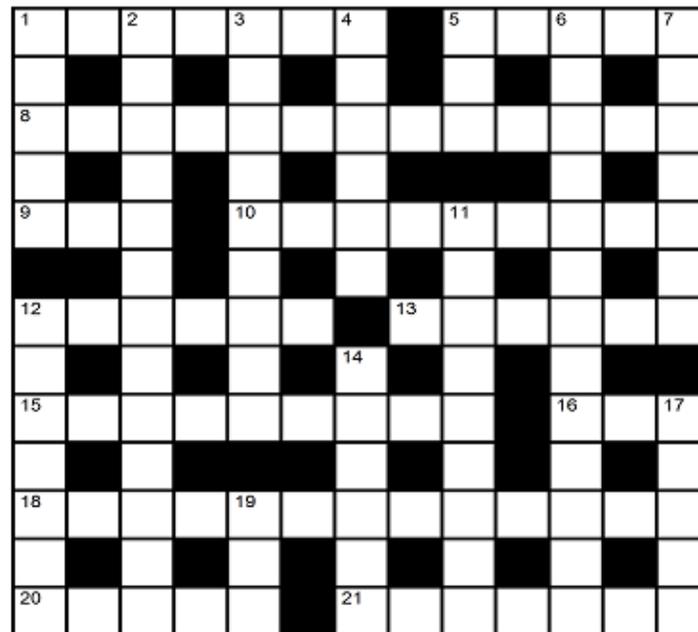
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# February Bonus Puzzle

**Sudo-X-Word**  
The puzzle store - best collection online

## Quick Crossword Puzzle - 44 ★☆☆

Try and solve our Quick Crossword Puzzle in 10 minutes!



Puzzle compiled by Bianca Morèl

### Clues:

#### Across

- 1 Young frog
- 5 Junk
- 8 Remarkable
- 9 Hearing organ
- 10 Stress
- 12 Helix
- 13 Clever
- 15 Awe
- 16 Curve
- 18 Like a president (5,8)
- 20 Waltz
- 21 Ambitions

#### Down

- 1 Motif
- 2 Resoluteness
- 3 More or less (2,7)
- 4 Continent
- 5 Hit the slopes
- 6 Books, e.g. (7,6)
- 7 Fee settlement
- 11 Runways
- 12 Hit
- 14 Prompt
- 17 Worries
- 19 Organ of sight

The Puzzle store has a massive variety of different puzzles and word games  
Visit our website to download more puzzles. [WWW.SUDO-X-WORD.COM](http://WWW.SUDO-X-WORD.COM)

# Laughter is the Best Medicine

## The Traffic Sign

Farmer John lived on a quiet rural highway. But, as time went by, the traffic slowly built up at an alarming rate. The traffic was so heavy and so fast that his chickens were being run over at a rate of three to six a day.

So one day Farmer John called the sheriff's office and said, "You've got to do something about all of these people driving so fast and killing all of my chickens."

"What do you want me to do?" asked the sheriff.

"I don't care, just do something about those crazy drivers!"

So the next day he had the county workers go out and erected a sign that said:

**SLOW: SCHOOL CROSSING**

Three days later Farmer John called the sheriff and said, "You've got to do something about these drivers. The 'school crossing' sign seems to make them go even faster."

So, again, the sheriff sends out the county workers and they put up a new sign:

**SLOW: CHILDREN AT PLAY**

That really made the drivers speed up even faster. So Farmer John called and called and called every day for three weeks.

Finally, he asked the sheriff, "Your signs are doing no good. Can I put up my own sign?"

The sheriff told him, "Sure thing, put up your own sign." He was going to let the Farmer John do just about anything in order to get him to stop calling every day to complain.

The sheriff got no more calls from Farmer John.

Three weeks later, curiosity got the best of the sheriff and he decided to give Farmer John a call. "How's the problem with those drivers? Did you put up your sign?"

"Oh, I sure did. And not one chicken has been killed since then. I've got to go. I'm very busy." He hung up the phone.

The sheriff was really curious now and he thought to himself, "I'd better go out there and take a look at that sign... It might be something that WE could use to slow down drivers..."

So the sheriff drove out to Farmer John's house, and his jaw dropped the moment he saw the sign. It was spray-painted on a sheet of wood:

**NUDIST COLONY**

Go slow and watch out for chicks!!

## **Funny Joke of the Day 1.**

Gandhi walked barefoot his whole life, which created awful calluses on his feet. He also ate very little, making him frail and with his odd diet, he suffered from bad breath. This made him what?

Answer: A super-callused fragile mystic hexed by halitosis.

## **Funny Joke of the Day 2.**

Diane buys a hundred goldfish. There are so many of them that she decides to keep them in her bathtub.

One day she invites her friend over to see all her beautiful goldfish. Lauren is impressed, and says, "They surely are beautiful, but what do you do when you want to take a bath?"

Diane replied, "Simple. I just blindfold them!"

**Administrator Column**

# Resident Updates



## Satellite Television Update

We currently subscribe to DirecTV for our TV viewing. As many of you are aware, we have had the same system for the last 10 years; since we first opened our doors. The signal that we receive to our satellite dish and to the receivers for the channels has been an analog signal. It has worked great for us through the years but as the technology ages, we are seeing our receivers going down and on a regular

basis lately. As of April 1<sup>st</sup>, 2019 all of the signals sent to the dishes will be in a digital format. They will no longer be sending out analog signals and therefore all analog systems will no longer be operational.

What that means for us is... We are currently working with our provider to upgrade our system to a digital system. We are trying to get this taken care of as soon as possible since we have been losing so many channels lately but we know for certain that it should be completed by April 1<sup>st</sup>.

We have been at the same price for the past 10 years and costs have gone up so an increase will be inevitable. Although I don't anticipate it being a significant increase; that too is not decided as of yet.

I will also at this point not be purchasing any more replacement receivers when a channel goes out due to the closeness of the upgrade.

What I will do, for your convenience, is see if there is a way that we can integrate the lost channel onto a channel that we may not have a large group watching. I will do my best to save what channels we can.

For instance, channel 23 was HGTV. The receiver for 23 stopped working so I moved HGTV to a different channel that was occupied by a sports network. Channel 23 will remain blank but the station that was there is just viewable elsewhere.

Things get worn over time. It happens everywhere. We are doing what we can to be sure that you always have the best possible service. If you have any questions during this transition, please call the office and I can assist you.

**Stephanie Cooper**  
**Administrator**  
**The Village of Hampton Meadows**

**Don't Miss the Bay County Library Bookmobile on Thursday, February 14<sup>th</sup> from 5:15 PM – 6:15 PM (new time)**

Commodities are now being distributed at the Essexville Baptist Community Church, located at 1001 Main St., Essexville, MI 48732. Please contact the Mid-Michigan Community Action Agency if you have any questions or concerns.

Distribution time is from 1:30 pm until 2:30 pm.

Distributions dates are:	10/10/18,	11/14/18,	12/12/18,	1/9/19,	2/13/19,
	3/13/19,	4/10/19,	5/8/19,	6/12/19,	7/10/19,
	8/14/19,	9/11/19			

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

# Office Numbers

## Village Staff

**Stephanie Cooper** **989-892-1912**  
*Administrator*

**Elizabeth Brinker** **989-892-6906**  
*Service Coordinator*

**David Short**  
*Maintenance*

**EMERGENCY TELEPHONE  
NUMBER** **989-415-7974**



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit **[www.pvmfoundation.org](http://www.pvmfoundation.org)**



**Our Mission:** Motivated by Christ's love, we engage people as they experience and embrace their God-given potential.  
**Our Vision:** Changed Lives. Strong Families. Transformed Communities.  
**Our Values:** Christ-centered. Excellence. Integrity. Life.



**700 North Pine Road  
Bay City, MI 48708**

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