



# Village Voice



Embrace the possibilities

32001 Cherry Hill Rd. • Westland, Michigan 48186 • www.pvm.org

Feb 2019

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Look for PVM on:



The Village of  
**Westland**

A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan

## UPDATES AND REMINDERS

**Village of Westland (PVM) now accepts credit card payments. Please note – there is a service charge associated with the use of this type of payment.**



**No smoking is permitted on Presbyterian Village of Westland's property with the exception of the smoke shacks. The smoke shacks are located on the northwest and southeast sides of the main building that are connected to the covered parking.**

**Smoking in the apartments is forbidden. Residents violating this policy could be evicted**



**Like and Join the Village on Facebook!**



**We have a Facebook page titled Presbyterian Village of Westland!**



**You can see our monthly newsletters, monthly calendars, weekly updates, flyers, and photos from the many activities at the village on the Facebook page! This is also a great way to let your family and friends know what is going on at the Village!**

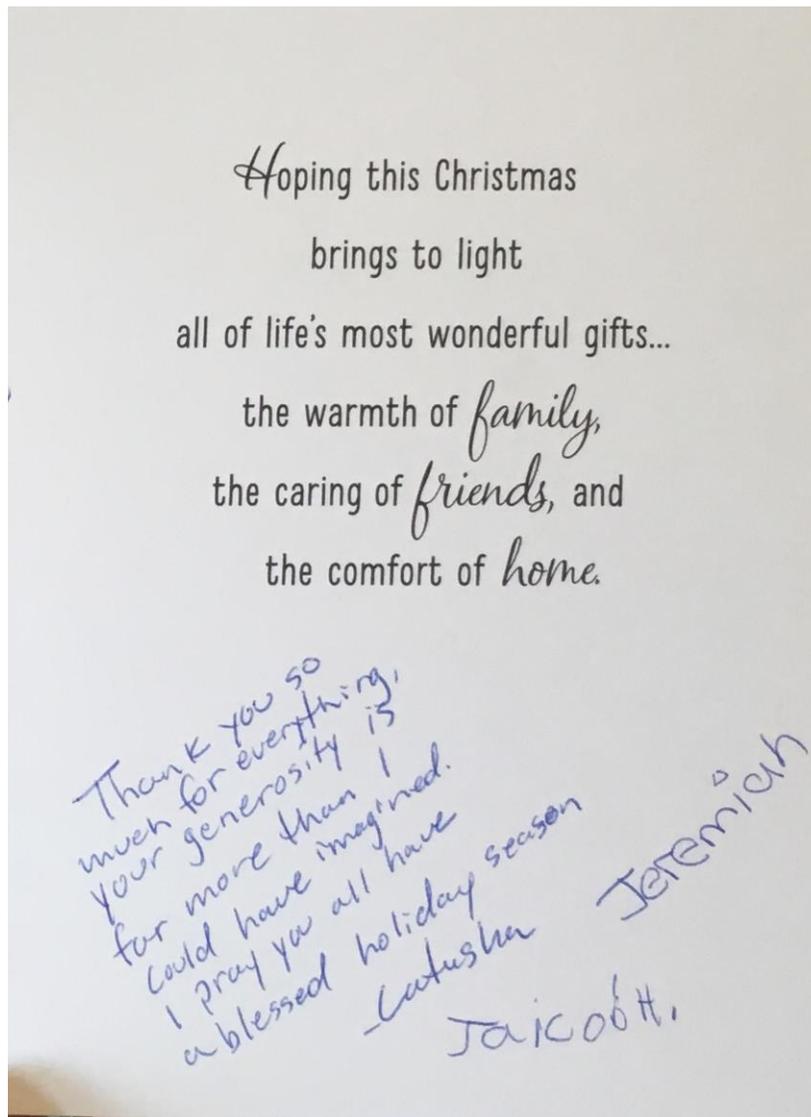
**Love living at the Village of Westland?!?!**

**What to live near your friends and get money for it?!?!**

**Here's How!**

**If you refer a resident who ends up living here for at least 90 days, you will receive a \$500 bonus!**

**Thanks to all the staff, residents, and family members who helped make Christmas for our family we adopted for Westland Good Fellows a great one! Over \$700 was donated on top of tons of gifts brought for the family! Below is a thank card from our adopted family!**





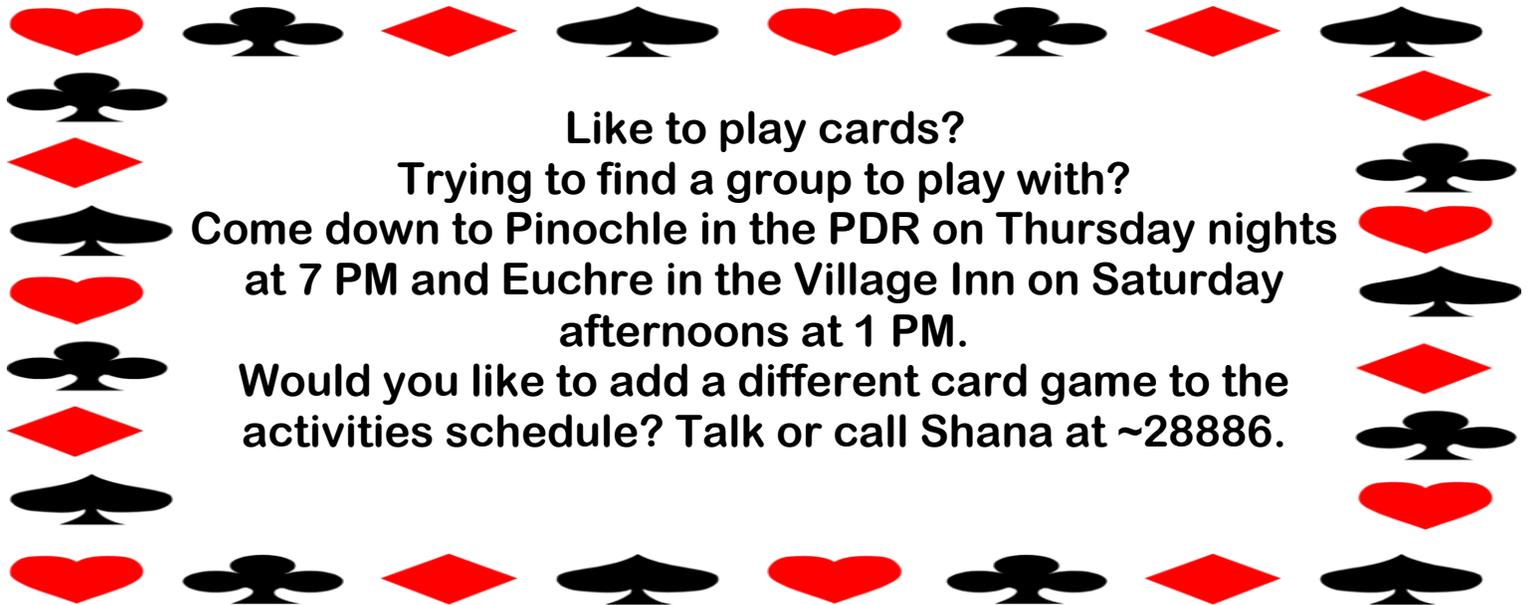
# We are now Eversound connected!

All residents will have access to our Eversound wireless group listening system. Eversound is designed to improve engagement and participation by offering the highest audio quality at all activities - including presentations, outings, music, exercise, movie nights, and more!



**About Eversound:**

*Eversound is a leading provider of wireless headphone technology and engagement solutions designed for senior living communities to facilitate better hearing and increased participation.*



**Like to play cards?  
Trying to find a group to play with?  
Come down to Pinochle in the PDR on Thursday nights at 7 PM and Euchre in the Village Inn on Saturday afternoons at 1 PM.  
Would you like to add a different card game to the activities schedule? Talk or call Shana at ~28886.**



## It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

### Life Without a Car – Part 4

This is the fourth article in a series of articles I have been writing about living life without a car. Last month I introduced you to the online, on-demand shopping and home delivery service Shipt. This month I am going to share my experience using it.



As you might recall, when I took my car to the shop I was completely out of groceries. “No problem,” I thought. I’ll just use Shipt. After my experience at my sister’s, I had already downloaded the app on to my iPhone from the App Store and signed up for the service. Where I live there are two stores Shipt does business with: Meijer and Target. I chose Meijer because the Meijer closest to me has more variety than the closest Target store.

I found that using the app was pretty easy. Essentially, all I had to do to select an item to buy was to tap its picture. After selecting all the items I wanted, I selected my desired delivery time, which completed my purchase. Shortly thereafter, I received an email confirming my order and soon after that, was notified who my shopper was that included her picture. About a half hour before my scheduled delivery time, I received a text message from my shopper that she was about to start shopping.

While my shopper shopped, she periodically sent me text messages when an item on my list was not available and would suggest substitutes. For example, if the store did not have the specific brand of mild salsa I requested she would suggest a different brand of mild salsa or the same brand but medium rather than mild. I could then text back with my decision, which could be to remove salsa from my list rather than accept a substitute. After my shopper finished shopping, she sent me a text that she was in the checkout line and would soon be on her way to my house.



When she arrived with the groceries, everything was in order. There were no missing items, the eggs weren’t broken, the cold items were still cold and the frozen items were still frozen. Overall, it was a very positive experience. From a convenience standpoint, it was a home run. My primary complaint is that for my liking there were a few too many items from my list that weren’t available for which I had to select a substitute. That was a bit frustrating. However, given that I was without a car, it was sure nice not to have to go without groceries even if I had to buy a few different items than originally intended.

Next month, I will write in more detail on how the app works so if you decide to try it, you will have a better understanding of how it works.

### Staff Extensions...

**Michele White ~ 28885**  
Executive Director

**Mary Saffian ~ 0**  
Lead Receptionist

**Lisa Scott ~ 28893**  
Housekeeping Lead

**Shana Brown ~ 28886**  
Wellness Manager

**Shari Thompson**  
~28952  
Billing

**Jason Lovelly ~ 28927**  
Human Resources

**Kara Otto ~ 28810**  
Social Worker

**Jennifer Wolf ~ 28953**  
Fitness Specialist

**Melissa Nestorovski ~ 28928**  
Marketing Manager

**Breana Wallace ~ 28896**  
Sales and Leasing  
Specialist

**Diane Santo ~ 28889**  
Beauty Shop



# The Senior Advocate.

*By Lynn Alexander,  
Senior VP & Chief Marketing Officer*

## PVM's New Blog

I am pleased to announce that we have launched a blog on the PVM website. Now you will be able to find very helpful information on everything from avoiding financial exploitation, housing and services, alternative transportation, on-line delivery services, family issues and fun topics such as creating memories with your grandchildren.

This blog is very simple to use. Simply go onto the PVM website at [pvm.org](http://pvm.org). Right on the home page to the left of the Crain's logo there is a button which states PVM Blog. Just press it; and you will be taken right to it.

Just in a few short weeks, over 1,200 viewers have been enjoying what we have to offer. Come join the fun and become one of the most knowledgeable members of your social set.

Read on and stay warm during the winter months!

# FEBRUARY FACTS

The 2nd month of the year brings us George Washington's Birthday, Valentine's Day, and the shortest month of the year.

In the Gregorian calendar, the calendar that most of the world uses, February is the second month of the year. Most of the months have 30 or 31 days in a month but February is shorter. February has 28 days until Julius Caesar gave it 29 and 30 days every four years. This is because the Roman emperor Augustus took one day from February and added that to August because August was a month that was named after him. February is a very cold month followed by January in the northern half of the world. However, there are sunny days in February that indicates that spring is almost here. Different from the northern half, the southern hemisphere usually enjoys midsummer weather.

Below are some fun facts about February:

1. The birthstone for February is Amethyst.
2. Two zodiac signs for February are Aquarius (January 20 - February 18) and Pisces (February 19 - March 20)
3. The month has 29 days in leap years, when the year number is divisible by four. In common years the month has 28 days.
4. Viola (plant) and the Primrose are the birth flowers.
5. Black History Month is celebrated in Canada and United States.
6. National Day of the Sun is celebrated in Argentina.
7. In order to complete the Soviet Union's victory in Stalingrad during World War II, the last German troops surrendered in the Stalingrad pocket.
8. On February 4, 1861, a temporary committee met at Montgomery, Alabama where they organized a Confederate States of America.
9. On February 6, 1933, Amendment 20 to the United States was proclaimed which moved the Inauguration Day to January 20th.
10. In February 1910, the Boy Scouts of America was incorporated.
11. On February 6, 1899. The U.S. Senate ratified the peace treaty that led to the end of the Spanish-American War.
12. On February 6, 1952, Princess Elizabeth became Queen Elizabeth II of Great Britain.
13. February 11 - National Foundation Day in Japan
14. February 12 - Abraham Lincoln's Birthday
15. February 14 - Valentine's Day
16. February 21 - International Mother Language Day
17. February 22 - Independence Day in Saint Lucia
18. February 22 - George Washington's Birthday
19. February 24 - Flag Day of Mexico
20. February 25 - People Power Revolution (Phillippines)

# Welcome To The Village!



## Residents:

Donald McAdams  
Mary McClarkin  
Judith Fowley  
Philip Swan  
Juanita Swan  
Beth Reynolds  
Shirlan Deshzar

Mary Wludyka  
John Connelly  
Carol Branstator  
Linda Ginsburg  
Delores McElreath  
Josephine Flores

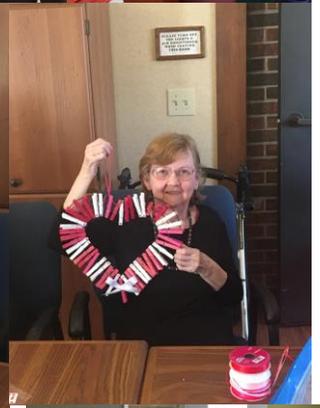


## Staff:



Donna Garland  
Dietary Assistant

# January's Craft was... Heart Clothes Pin Wreaths!



# February's Craft is... Green Flower Wreaths!



## ~ Transportation Services ~

### Monday's

- Bus Runs at 11 am (ACO, Hallmark, CVS, Post Office, and Walgreens (all off of Merriman Road))

### Tuesday's

- Shopping at Kroger (Cherry Hill and Merriman) at 10 AM  
~Electronic scooters are given based on the order of the sign-up sheet. This is on a first come first serve basis, as many stores do not have a sufficient number of scooters.

### Wednesday's – Banking Day at 11 AM

- Citizens Bank, TCF, Chase, Bank of America, Zeal, and Comerica

### Thursday's and Friday's

- Movie outings ~ once a month ~ cost is only for ticket to the movie (\$6.00)
- We do one to three shopping trips per month that leave at various times (such as Meijer, Target, Walmart, Dollar Tree, Ollies, Westland Mall). There is no cost to the resident.
- Lunch outings at 11 AM ~ one to two per month ~ only cost is for your meal.
- Shopping and lunch outing suggestions lists are in the mailroom

### Appointment Outings

- Bus is available for residents to be driven to doctor appointments; must call the Wellness Department a week in advance to make reservations, cost starts at \$15 and can go up based on mileage and waiting time over 1 hour.

**If there is ever a charge for an outing, it will be written on the sign- up sheet.**

***\*\*Residents must sign up for all outings. Sign-up sheets are located in the mail room\*\****

## Happy Birthday to our Wonderful Residents...

Following are the residents who celebrate a birthday in February!

|                      |                      |                       |                      |
|----------------------|----------------------|-----------------------|----------------------|
| Marion Bell.....     | Feb 4 <sup>th</sup>  | Bill Allen.....       | Feb 16 <sup>th</sup> |
| Carmen Caruso.....   | Feb 5 <sup>th</sup>  | Juanita Swan.....     | Feb 18 <sup>th</sup> |
| Sue Rodriguez.....   | Feb 6 <sup>th</sup>  | Marion O'Hara.....    | Feb 18 <sup>th</sup> |
| Ruben Gonzales.....  | Feb 10 <sup>th</sup> | Maxine Masterson..... | Feb 19 <sup>th</sup> |
| Shirley Johnson..... | Feb 10 <sup>th</sup> | Frank Hnidy.....      | Feb 27 <sup>th</sup> |
| Louella Vinson.....  | Feb 15 <sup>th</sup> |                       |                      |

### Have an e-mail address?

The Village of Westland is updating our email contact list. Please stop by the front desk to complete an Email contact form. Ask your family members to fill out the form too. When we have your email on file you can receive newsletters and other building information electronically.

### We need your help!

Do you have some extra time to spare? Do you love where you live and want to get more involved? Please share your love for the community and volunteer. The Village of Westland is seeking more Volunteers. There are multiple positions available in choose from.

We currently need your help with:

-Resident Biographies      -Bingo      -Library

See Shana or Toni to get more information.

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

**Office Numbers**

**(734) 728-5222**

Village Staff

**Michele White**  
*Executive Director*

**Jason Lovelly**  
*Human Resources*

**Josh Kephart**  
*Environmental Services Manager*

**Jan Smith**  
*Nurse Case Manager*

**Melissa Nestorovski**  
*Marketing Manager*

**Shana Brown**  
*Wellness Manager*

**Kara Otto**  
*Social Worker*

**Shari Thompson**  
*Billing*

**Austin Jackson**  
*Dietary Manager*

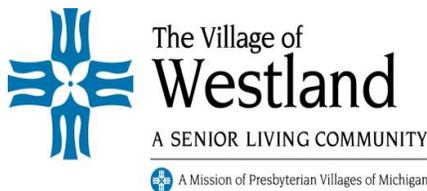
**Lisa Scott**  
*Housekeeping*

**EMERGENCY NUMBER**

**(734) 728-5222**



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit [www.pvm.org](http://www.pvm.org)



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