

✦ Manor Message ✦

Embrace the possibilities

29495 Annapolis • Westland, Michigan 48186 • www.pvm.org

2021 | Issue II

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The Administrator's Pen

Blessings OSM!



Blessings to you all, I truly hope everyone is enjoying their tablets and their Google Nest. What a great tool, to listen to music, news, or watch a video of your desire. The best thing about the Google Nest is speaking face to face with family members and the office staff. I am so excited because it is a great way to maintain our social distancing and talking without having to wear a mask while on the Google Nest. If you have not had a chance to put your name in for a google nest, please do so, while they still have a few left. Every google nest will come with the contacts of your choice as well as the contacts of the Administrator's Office, Front Office, Service Coordinator and the Maintenance Emergency Phone number for after-hours emergencies. *All you have to do is say, "Hey Google, Video Chat Front Office" or your contact.* If you scroll the screen to the left, you will see your contact list and you can touch the screen to either call or video them right from that list. We are in the process of gathering everyone's Google Nest Phone Number. Each nest has an assigned number, once we complete that list we will let you know what your number is so you can give that out to family members. In addition, once you make Google call, it will show you what your number is, have your pen and paper ready or just call the Front Office and we will let you know what number you are calling from.

Our common areas remain closed so please continue to practice social distancing and wear your mask when you leave your apartment. As the updates come from the Health Department and our PVM Compliance Department, we will make sure; everyone has a memo and receive a robo call. If your phone number has changed, please see Katelyn to make sure we have your new number so we can update our system.

I truly believe we are seeing the light at the end of the tunnel and this too shall past. Keep the faith and your hopes up. Remember, God is in control and He has our backs. Be blessed and stay safe.

Remember: Good, Better, Best, Never Rest until your Good is Better and your Better is Best! GO MONARCHS!!!



Graziella Bruner
Housing Administrator



The Village of
**Our Saviour's
Manor**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan,
Wellspring Lutheran Services and
The Lutheran Church of Our Saviour

Look for PVM on:





OSM Monarch Moments

Blessings Our Saviour's Manor,

Wishing everyone a happy and healthy month!



We hope everyone had a wonderful January!! We hope everyone is enjoying their new tablets or Google! It is a great way to connect with family and friends during these times. Enjoy! We are grateful for everyone one of you!

Our shopping trips are scheduled for every Wednesday and Thursday this month. The first week trips will be to Walmart, the second week trips will be to Kroger, and the third week trips will be to Meijer. The Nankin Bus is providing the transportation and due to the social distancing, we do not know if there are a limited seating arrangement for the buses. It is up to each bus driver to make that decision. Those of you that sign up for the bus trip. Nankin has asked that one passenger per trip provide Nankin with your phone number so that they are able to contact those on the trip directly. Please remember to sign up for all of our OSM shopping trips. If you sign up and change your mind, please make sure you cross your name off the list so someone else can sign up. The sign-up sheets are on the bulletin board.

Please do not remove the sign-up sheets from the bulletin board.

There will be food boxes containing seven days' worth of lunches delivered on Fridays. There is a limited amount of boxes so the boxes will go on a first come first serve bases. There will be a sign-up sheet on the bulletin board. If you are interested in a box, please sign up!

Please remember to return the grocery carts to the stairwell when you are done using them. In addition, please DO NOT leave walkers in the lobby.

We want to thank all residents, family, and friends for their cooperation and understanding as we navigate through these tough times together. Please just keep in mind that are COVID 19 rules and PVM policies are still in effect, please continue to practice social distancing, **essential visitors only, and please wear your mask when not in your apartment.**

Minors should not be in our building, they're not essential visitors for your care. We are enforcing our policy and those violating them will receive a lease violation.

The community room and all common areas are currently closed until MDHHS ends the orders. We will keep everyone updated as we receive the MDHHS orders and PVM COVID policies. Please remember to wear your mask when you leave your apartment. **Keep practicing social distancing and stay safe and healthy!**

Please check your calendar for all of our upcoming events and updates.

Reminder: All Essential Visitors entering our building must sign in and fill out the COVID19 visitor form. They must wear a mask.

Have a blessed and safe month!



**Schwan's
Delivery
Schedule**

**Delivery
Only**

**You must
Call for
Your
Delivery**

**1-888
724-9267**





Inspirational Moments

By Jessie Clark,
Resident Volunteer

Faith

**Faith doesn't always take you out of the
problem.**

Faith often takes you through the problem.

Faith doesn't always take away the pain.

Faith gives you the ability to handle the pain.

Faith doesn't take you out of the storm.

Faith calms you in the midst of the storm

Always Keep The Faith

“If you see someone without smile, give them ones of yours!!”



Coordinator's Corner

Alisa Loveday
Service Coordinator

Greetings OSM!

Happy February OSM,

While February may have the least amount of calendar days,
It is packed full of special events.

Here at OSM we have our 2nd dose of the COVID-19 vaccine coming on Wednesday, February 10th. If you did not get the vaccine in January, you can receive your first dose on that day. If you are receiving your first or second dose, please plan any off-site appointments after 1:30 pm. We are looking forward to putting COVID behind us, and are hoping for less restrictions in the near future.

Also, as you may have seen on our bulletin board, the Senior Alliance is partnering with JOY FOR ALL companion pets to offer free robotic pets to seniors. NO VET BILLS or MESSES, JUST LOVE JOY FOR ALL Companion Pets are designed to bring comfort, companionship, and fun to elder loved ones. Our interactive cats and pup are all about an ease-of-care and convenience that pairs with technology for the best possible experience.

February is American Heart Month. I know there were many delayed doctor's visits in 2020, but we don't want to neglect our heart health for any amount of time. So, go ahead and schedule your health visits as you normally would. If you need assistance setting up an annual cardiology appointment or for any health visit, please let me know as it is my pleasure to help in any way I can.

Finally, as February is the celebration of Black History Month, I am drawn to the life of Harriet Tubman. While almost anyone you ask can tell you about her work with the Underground Railroad, it is not as well known that she established the first care home for elder and economically challenged African Americans. She later became a resident there, and passed at the age of 93, surrounded by friends and family.

To sign up for the vaccine, the free life-like pet, or any other services, please call my office 734-722-9763 or for video chat simply say "Hey Google, Video chat the Service Coordinator.

Psalm 71:18 – Even when I am old and gray, do not forsake me, my God, until I declare your power to the next generation, your mighty acts to all who are to come.

My Office Hours:

Mondays – 11 AM to 4 PM

Tuesdays – 9 AM to 3 PM

Wednesday – 9 AM to 2 PM

Thursday – 11 AM to 3 PM

Please call to make your appointments!

My Direct number is: 734-722-9763



The Village of Our Saviour's Manor

A SENIOR LIVING COMMUNITY



A Mission of Presbyterian Villages of Michigan,
Wellspring Lutheran Services and
The Lutheran Church of Our Saviour

OSM Board of Trustees

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Judy Piccininni, Member

OSM EVENTS

**Bingo is played every Tuesday and Thursday each week, with three new numbers posted on the Bulletin Board.
If you get a Bingo, Please see your Resident Volunteer for your prize.**



**Friday, February 12, 2021 1:00 PM – 2:00 PM
Administrator's Resident Phone Meeting**



Dial in: 1-855-369-0450
Code: 81682845#



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

Spread the Love not COVID!



What a difference a year makes. Like me, at this time last year you were most likely gearing up to celebrate Valentine's Day. You were looking forward to spending some quality time with family and friends or to spending the day snuggling up with that special someone. Little did either of us know that shortly thereafter a once-in-a-lifetime pandemic would hit that would keep us from being with our loved ones for months on end.

Fast forward to today. One year later. Valentine's Day is once again on the horizon and like me; you probably have plans to spend time with family and friends or with that special someone, but this time through Zoom rather than in person.

Also like me, you may have already received your first dose of one of the two COVID-19 vaccines authorized by the U.S. Food and Drug Administration and are looking forward to the day when you can receive your second dose and become fully vaccinated. This we hope, if enough of us do the same, will help end the pandemic and return us to the days when we can celebrate Valentine's Day with the people we love, in person, with hugs, rather than through screens.

Just because we've been vaccinated, however, doesn't mean we should do away with the measures we know have been helping slow the spread of COVID-19. According to the U.S. Centers for Disease Control, even after being vaccinated we need to continue using all the tools we have available to us to help stop this pandemic. They include covering our noses and mouths with a mask, frequently washing our hands, and staying at least 6 feet away from others.

So this Valentine's Day, spread the love, not COVID. Mask up. Wash your hands. Stay six feet apart. Indeed, if we all do our part, perhaps this Valentine's Day will be the last one we have to celebrate at a distance.





Mission, Vision & Values

Just as water from a wellspring is pure and clear, we want our Vision, Mission and Values to be rock solid and easily seen.

Vision

Changed Lives. Strong Families. Transformed Communities.

A ripple is caused by making a splash. Many of our clients believe they can make no positive impact at all. By engaging with the individual to build self-esteem and dip into their own God-given potential, a splash of hope ripples through the individual and the family. We believe this ripple cannot only reach distant shores, but its lasting effect can transform whole communities.

Mission

Motivated by Christ's love, we engage people as they experience and embrace their God-given potential.

At the source is God's love. We seek to release and be a channel of the love that Jesus, by his example, poured out in abundance. It's a love that puts the good of neighbor above personal interests and engages those on the "outside," as he did with a woman he met at a well. Because of this meeting, her life, her family and community were transformed.

Values

Our values are the things we must live out — things we must not only believe but be. These values help direct our actions and drive our behavior.

- ❖ **Christ-centered**
- ❖ **Excellence**
- ❖ **Integrity**
- ❖ **Life**

Our Vision Changed lives. Strong families. Transformed communities.



Hope flows through us.



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation



Presbyterian
Villages

OF MICHIGAN

SERVING SENIORS & COMMUNITIES

Wishing

Making Life Better for Seniors

Thank you to all the donors who performed wonderful acts of kindness during COVID 19.

Because of your donation:

- We provided 136 PVM Front Line staff members to receive financial aid during COVID-19

Thank you Donors!

- Villages received lifesaving PPE

Thank you, Donors!

- Technology Enhancements to reduce loneliness/social isolation. PVM residents received Google Nests, tablets, etc. to keep residents connected with family and friends, and active!

Thank you, Donors!

- Residents, through the Resident Help Fund, received financial aid to pay for medical bills, utilities and other necessities like food, dental care and eyeglasses.

Thank you, Donors!

- Telehealth – With older adults sheltering at home, visiting their doctor changed. Telehealth became a critical lifeline to getting medical care without the risk of leaving home

Thank you, Donors!

- The Village of East Harbor broke ground on its brand new health & wellness center, a facility designed solely for the specific needs of older adults. 2.1M was raised!

Thank you, Donors!



Mayor's Message

By William Wild,
Mayor, City of Westland

Greetings OSM Residents,

Gleaners Free Food Distribution –

Families and individuals in need of food are encouraged to attend upcoming drive up distributions provided by Gleaners Community Food Bank. On Tuesday, February 9 and February 23 from 9:00 a.m. - 11:00 a.m. at Jefferson Barns Community Vitality Center located at 32150 Dorsey Road, 30 pounds of groceries, items like milk, fresh fruits, vegetables, lean protein and other shelf-stable items will be distributed. There is no appointment needed, nor identification or proof of eligibility to receive food. You may pick up for another household as well without their presence in the car.

WESTLAND CARES Rent/Mortgage Relief Fund-

There is a program to assist low to moderate income families whose income has been negatively affected by COVID-19. The City will provide emergency rent or mortgage payments for households whose income has been affected due to job loss or medical costs. Preference is given to those applicants who deferred rent/mortgage payments during the moratorium.

Payments will be made directly to the rental owner/ mortgage company. Apply online by going to www.cityofwestland.com or by phone at 734-713-3711.

Westland Partners with Wayne County for Free Drive Thru COVID-19 Testing Clinic –

The City of Westland has established a free drive thru COVID-19 testing clinic to assist in the Wayne County COVID Testing. Residents will have no out of pocket expenses for testing. However, if insurance information is available, it will be collected for the laboratory testing fees. There is no pre-registration or appointments needed. Minors must be accompanied by a parent or guardian.

Residents can expect to receive their results within 2-3 days, which will be shared via email, phone call or text message. The testing will take place in the parking lot of Westland Friendship Center located at 1119 Newburgh Road.

The testing hours are Monday through Friday 9:00 a.m. - 5:00 p.m. and Saturday 9:00 a.m. - 3:00 p.m.



Westland Businesses Promote Job Opportunities through Westland Works –

Are you looking for a job? There are many job opportunities with businesses throughout Westland. Please visit Westland Works tab at www.cityofwestland.com for the businesses hiring.

The Westland Police Department is offering all eligible residents an opportunity to win a new Ring doorbell camera. Please visit www.cityofwestland.com to enter and for the conditions and terms.

William P. Faust Library

The library, located at 6123 Central City Parkway is in Phase II of their reopening. Phase II includes: Lobby Services: online and outdoor programs, limited building access, occupancy & computer access. During this phase you may borrow a wireless hotspot, browse/check out new and popular materials, one 30 minute computer session a day, printing and photocopying, pick up holds/ other items from collection, register/ renew your library card and take home activities for all ages. For more information visit www.westlandlibrary.org

Mike Modano Ice Arena Open Skate –

The Mike Modano Ice Arena, located at 6210 N. Wildwood, has open skating every Sunday from 1:30 p.m. - 2:50 p.m. and Friday from 8:00 p.m. - 9:20 p.m. The capacity is limited to 30 people and masks are required at all times. The cost is \$6 for children and \$7 for adults with a \$4 skate rental fee for Westland Residents and \$5 skate rental for non-residents.

Jefferson Barns Community Vitality Center –

Located at 31250 Dorsey Road, the center has opened their library on Wednesdays from 3:00 p.m. - 7:00 p.m.

No library card is required, everyone is welcome. All programs are free.





The Senior Advocate.

By Lynn Alexander,
Vice President of Public Affairs

PVM Communities Deliver on Vaccines

We are hearing from residents, their caregivers and board members how pleased they are with the rollout of COVID19 vaccines. They are most appreciative. Tom Wyllie, PVM Director of Wellness and Innovation, and Katrina Summersett, Director of Risk Management and Corporate Compliance, along with home office staff and leadership at our communities, deserve our gratitude for making this happen. Tremendous advocacy and attention to detail played an important role.

Some folks are still a bit hesitant about receiving this vaccine. Yet many PVM residents have received vaccines in the past and are so pleased to receive it.

PVM President & CEO Roger Myers and our new PVM Board Chair Roshunda Price are paving the way to inspire others and showcasing their inoculations via video. They are joined by fellow board members and staff leadership to help allay fears. Check out the PVM website, Facebook and YouTube to view these.

Please keep in touch with your community's staff if you have not yet received your shot. Many of our fellow citizens are feeling desperate to receive this blessing. Join with us in taking advantage of a groundbreaking privilege.

Take Care and Stay Safe!





Mike's Maintenance Tips

By Michael Hooton,
Maintenance Technician

What are you putting down your drains?

Fats, Oils and Grease (FOG)

Grease in sewer pipes causes sewer maintenance problems for property owners and the city. When you use your toilet, shower, washing machine or dishwasher, wastewater leaves your home through pipes that connect to the city sewer system.

Many materials frequently flushed or poured down the drain can harm the pipes that connect to city sewers as well as the city sewer system. Every property owner connected to the city sewer system can be a potential contributor to sewer problems, and a potential victim of those problems. Putting the wrong things down the drain can damage the sewer system, cause sewer backups in your home, and sewer releases to the environment. Anyone who uses the city sewer system should be responsible for what they flush or pour down drains. Never pour grease in your sink drain and try to use your garbage disposal less.

Don't Flush This

Basically, the only things you should ever flush down a toilet are human waste (urine and feces) and toilet paper. Even though some products such as wipes and baby diapers claim to be flushable, they aren't. Here is a list of some things to keep out of the toilet.

- disposable diapers
- sanitary napkins/wipes
- cotton balls and swabs
- feminine hygiene products
- cleaning wipes of any kind
 - facial tissue
- bandages and bandage wrappings
 - automotive fluids
- paint, solvents, sealants and thinners
 - poisons and hazardous waste
 - pet poop

Please contact the office for any work orders that are not an emergency.

Please do not call the emergency number during regular office hours –

Monday through Friday, 9:00 AM to 4:00 PM unless the office is closed for a Holiday during the week.

A few reminders:

- *Please report all maintenance repairs to the office. (734-595-4663)*
- *Please make sure the dryer lint cleaner is being emptied after each use.*
- *No Candles, Small Candles for oils, or Incense to be burned in the apartments or building.*
- *Tis the season for our Tornado and Fire drills – All residents must participate*



Dial 1 -734-740-4777

For after-hours maintenance emergencies



Katelyn's Column

By Katelyn DeHart,
Administrative Assistant

Music and Mental Health

Your favorite music doesn't just sound good, it may also be good for your mental health!

According to a new report from the Global Council on Brain Health (GCBH), research shows music has positive effect on emotional well-being, including improving mood, decreasing anxiety, and managing stress. As the report details, the impact of music starts in the brain, where music activates many regions, including those associated with emotion and memory. "The music that was played at your wedding or in a religious service, or even at a concert you attended or a dance you were at, that music remains preserved for those neuropathways that connect that music with really positive feelings," Hanser says.

To boost music's mental-health benefits in your life, Hanser says anyone can adapt some of the techniques used by trained music therapists. One of them is what she calls "deep" or active listening — instead of putting on music as background noise, set aside time to concentrate on what you hear, taking note of the feelings, memories, and bodily sensations (whether that's a slowing of your heart rate or the urge to get up and dance) that arise as you listen.

Next time you are feeling down, try listening to or making music to improve your mood or relieve feelings of depression. Dance, sing or move to music. These activities not only provide physical exercise, but they can also relieve stress and build social connections, and they're fun ways to stimulate your brain.

Also, while listening to music that you know and like tends to cause the strongest brain response, try listening to new music. Unfamiliar melodies may stimulate your brain, while providing a new source of joy as you get used to hearing them.

You can also make music yourself! Music making includes singing and playing an instrument. Learning to play a musical instrument can offer a sense of mastery and self-esteem, while enhancing brain activity. Singing may be the simplest way to get started.

For those of you that have a Google, you can ask your Google to play your favorite music by saying "Hey Google, play (name of favorite music)"

Information provided by AARP



February Birthdays 2021

Happy Birthday!!!



Dolores Achterkirch – February 1st
 Sandra Cole – February 2nd
 Henrietta Johnson – February 2nd
 Rachel Finerson – February 6th
 Verlene Davis – February 21st
 Stephanie Tabb-Miller – February 26th
 Kathy Daniels – February 26th
 Dolores Jackson - February 27th

BLACK HISTORY MONTH		February 2021					February is... AMERICAN HEART MONTH	Presidents' Day
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
31 February is observed as: American Heart Month Black History Month Great American Pie Month National Bird Feeding Month National Grapefruit Month National Weddings Month	01 Happy Birthday Dolores Achterkirch!	02 Groundhog Day Happy Birthday Sandra Cole & Henrietta Johnson!	03 11:00 AM Focus Hope 11:00 AM Food for Seniors Walmart	04 1:00PM Walmart Happy Birthday Rachel Finerson!	05 National Wear Red Day Go Red for women	06 For delivery, please call: 1-888-SCHWANS (724-9267) Schwan's		
07 Super Bowl Sunday	08	09 National Pizza Day	10 11:00 AM Walgreen's Pharmacy For Vaccine 11:00 AM Kroger	11 Make A Friend Day FRIENDSHIP 1:00 PM Kroger	12 1 - 2 PM Administrator's Resident Phone Meeting Dial: 1-855-369-0450 Pin Code: 81682845#	13 REMEMBER, EDUCATE, CELEBRATE. BLACK HISTORY MONTH		
14 Happy Valentine's Day!	15 President's Day	16 PACZKI DAY It's paczki time!	17 ASH WEDNESDAY 11:00 AM meijer	18 1:00 PM meijer	19	20 Love your Pet Day YOUR PET DAY		
21 Happy Birthday Verlene Davis!	22 International World Thinking Day	23 Exhibit highlights African-American innovation	24 AFRICAN-AMERICAN INVENTIONS	25 Restaurant Day @ 11 AM Depends on if the restaurant restrictions have been lifted by the Governor Limited seating on the Van To practice social distancing.	26 Happy Birthday Stephanie Tabb-Miller & Kathy Daniels!	27 Happy Birthday Dolores Jackson!		
28 Weekly Celebrations 1st Week: Love and Laughter Week 2nd Week: National Sweets Week 3rd Week: Random Acts of Kindness 4th Week: Give a Compliment	01 Black Inventors in US History Home Security System co-invented by Mary Van Brittan Brown in 1966 The Three Light Traffic Light invented by Garrett Morgan in 1923 Electret Microphone co-invented by James E. West in 1964. Madame CJ Walker First Female Sales Agent Entrepreneur Self-Made Millionaire	02 Refrigerated Trucks, invented by Frederick McKinley Jones in 1940. Automatic Elevator Doors, Invented by Alexander Miles in 1887. Color IBM PC Monitor and Gcagahert chip co-invented by Mark Dean 1980 & 1999 Improved Ironing Board Invented by Sarah Boone in 1892	03	04 We will send out any and all updates in regards to COVID19 that we receive from PVM and the MDHHS.	05	06		

February Recipe

Strawberry Hand Pies



INGREDIENTS

SINGLE CRUST PIE DOUGH
1/3 CUP REGULAR STRAWBERRY JAM
MILK OR CREAM
1 TBSP CINNAMON
1 TSP SUGAR (MIX WITH CINNAMON)

INSTRUCTIONS

1. PREHEAT THE OVEN TO 400 DEGREES F.
2. ROLL OUT PIE DOUGH.
3. USE HEART COOKIE CUTTER TO CUT AN EVEN NUMBER OF HEARTS. (IF YOU DO NOT HAVE A HEART SHAPE, CIRCLE WORKS TOO.)
4. ARRANGE HALF OF THE DOUGH HEARTS ON A BAKING SHEET.
5. PLACE A TABLESPOON OF JAM IN THE CENTER OF EACH.
6. USING YOUR FINGER, GENTLY WET THE EDGES OF THE DOUGH WITH MILK OR CREAM.
7. TOP WITH ANOTHER PIECE OF DOUGH AND GENTLY PRESS TO SEAL.
8. CURL UP THE EDGES OF THE SEALED HEARTS, THEN PRESS DOWN WITH A FORK TO CRIMP.
9. BRUSH TOP OF DOUGH WITH MILK OR CREAM.
10. SPRINKLE CINNAMON AND SUGAR MIX OVER TOP OF HEARTS.
11. POKE A FEW HOLES IN THE HEART TO LET SOME STEAM OUT WHILE BAKING.
12. BAKE IN OVEN FOR 15-20 MINUTES OR GOLDEN BROWN

Yields: 5-6 Mini Pies

ENJOY

Monthly Word Search



African-Americans Black History Month

Find the words in the puzzle.

T Y P E W R I T E R A L P H A B E T B R
 F Y E G G B E A T E R I C A C D H N I O
 D N A M A R S T Y J J P Y P E G E B E L
 K Y B N L E T Q N Q B R K H L Q L Q J L
 G X I E D F E U D S Z E J A L N E O Y I
 W K S Z A R T T C T A S S I U H V L T N
 Z O C S M I H N S O A S Z R L O A X S G
 T X U Z L G O Q J V M U C B A R T I W P
 S O I T C E S L U E T R P R R S O F A I
 B W T G B R C Y G W C E E U P E R V G N
 U C C U D A O Q X Z U C A S H S A E D K
 T L U I K T P L D E R O N H O H D Y D C
 N W T T E O E O W R T O U D N O C X Q H
 C T T A L R G C D T A K T I E E E C J E
 V K E R W M V K Y D I E B V I J Q R D S
 E U R P M U I G X N N R U M K U M U T S
 K U M O O H I S Q M R X T X T I W X A U
 A H T R D O O R K N O B T M M Z O T Z L
 N F O G N U F T K X D K E H I W J Y E Y
 Z Q L A O R C E L L U A R P H O N E G H

STETHOSCOPE
 STOVE
 ROLLING PIN
 HAIR BRUSH
 PRESSURE COOKER
 CELLULAR PHONE
 PEANUT BUTTER
 BISCUIT CUTTER
 TYPEWRITER
 ELEVATOR
 EGG BEATER
 REFRIGERATOR
 GUITAR
 ALPHABET
 HORSESHOE
 LOCK
 CHESS
 CURTAIN ROD
 DOOR KNOB

February Observances & Fun Facts:

February is observed as:

- American Heart Month
- Black History Month
- Great American Pie Month
- National Bird Feeding Month
- National Grapefruit Month
- National Weddings Month

Weekly Celebrations

- 1st Week: Love and Laughter Week
- 2nd Week: National Sweets Week
- 3rd Week: International Flirting Week
- 4th Week: National Engineers Week

February Flower and Birthstone



Flower = Violet



Gem = Amethyst



FREE NOTARY Services

Provided
To All of Our
OSM Residents

Please Visit The Office
And See
Mrs. Graziella Bruner
For More Details.



OSM Local Sponsors:

313-671-5555



Paulette Styles

Helpful Resources

Transportation

Nankin Transit (Serving Wayne, Westland, Garden City, & Canton)
(734) 729-2710
Smart ADA (313) 223-2100

Senior Agencies

The Senior Alliance (Wayne/Westland) (734) 722-2830

CareSync Solutions

Home Healthcare Services (248-773-4550)

BEAUTY SHOP IS OPEN FOR RESIDENTS ONLY!!!
Please give Paulette a call to set your appointments.

Become a Fan of OSM on Facebook

How to Become a Fan:

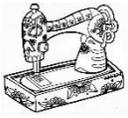
- 1) Visit www.facebook.com and log-in your account. If you do not have an account, click "Sign Up" button to create one.
- 2) In the Facebook search toolbar, type in "The Village of Our Saviour's Manor" or go to facebook.com/The Village of Our Saviour's Manor
- 3) Click on the "Like" button to become a fan of OSM

Those already active on Facebook explore our new page and invite our friends and family to "Like" us!

The Village of Our Saviour's Manor



OSM Classifieds:



OSM Gifted Hands:

These wonderful volunteers use their sewing skills and talents to make items such as blankets, pillows, dolls and even giant teddy bears. All items are given away to organizations such as the Westland Good fellows. If you can use a sewing machine or stuff a pillow and would like to volunteer and be a part of OSM Gifted Hands, please see Ms. Louis Rush or Ms. Alice Finley.



OSM Compassionate Hearts:

If you have a heart for people, we're looking for volunteers to join OSM Compassionate Hearts. Compassionate Hearts are a group of residents that volunteer to visit their fellow neighbors while hospitalized or in rehab. You will be surprised what a friendly face, a warm hug, prayer and a loving smile and will do for someone.



OSM Growing Hands:

Do you like to garden and get your hands dirty? Well come and join are gardening volunteers, OSM Growing Hands. This group volunteers to work in and care for our new garden. We're praying that OSM Growing Hands garden will produce enough vegetables to help feed those in our community. If you have a green thumb and would like to volunteer please see Ms. Alice Finley



OSM Caring Hands:

We are in need of volunteers for our homeless project. Please see Ms. Margo Taylor if you're looking to join OSM Caring Hands. This group volunteers to crochet blankets and create pillows using plastic grocery bags known as plarn. We are also in the process of raising funds to be able to purchase items to make toiletry bags to pass out to the homeless. Let's not forget our fellow man and reach out to those less fortunate than ourselves.



OSM Fisherman:

Love to fish? This is the group for you! Headed by Mr. David Brown, OSM Fishermen is a group of residents that enjoy being at the lake and casting their rods. If you ever wanted to try your hands at fishing, please come and join this group.

Village Staff

Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

www.pvm.org

Graziella Bruner
Housing Administrator

Michael Hooton
Maintenance Tech

Katelyn DeHart
Administrative Assistant

Alisa Loveday
Service Coordinator

Kesha Akridge
Director of Housing

Jessie Clark
Resident Volunteer

Office Number
Emergency Number
Fax Number
Service Coordinator

(734) 595-4663
(734) 740-4777
(734) 595-2222
(734) 722-9763



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org



A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan, Wellspring Lutheran Services and The Lutheran Church of Our Saviour

29495 Annapolis Road
Westland, Michigan 48186

Congratulations!

You are being recognized because "What you did mattered!":



Thank you for what you did!

Employee Name: _____

Person Recognizing Employee: _____

Date: _____

**** Please turn this card into Village Administrator for a chance to win a prize ****

ACCOUNTABILITY • LISTENING • RELATIONSHIPS • RESPECT



Embrace the possibilities

Is there someone on staff that you would like to acknowledge for their work? Please complete this form and turn it into the office. They might win a prize!