



Village Herald



Embrace the possibilities

3325 GRANGE HALL ROAD HOLLY, MICHIGAN 48442 • WWW.PVM.ORG

MARCH 2018

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VILLAGE ADMINISTRATOR

March brings the beginning of Spring!!! I am ready for the cold to be replaced with warmer temperatures. This has been a winter to remember. Hopefully Spring is just around the corner.

While we are waiting for the warmer temperatures please remember to still be careful when walking outside. This is the time of year when things start to melt and then freeze at night and turn to black ice. If you see spots that need to be addressed, please contact the office immediately.

Our Resident/Administrator meeting is scheduled for March 13th at 1:30 in the Manor. Please come out and have your voice heard.

ARE YOU READY FOR APRIL????? Our Friends and Family fundraising will begin **April 1, 2018**. Be sure to let everyone know that we will be raising funds for Activities and Improvements. Last year residents were able to go on the Detroit lunch cruise and the theatre to name a couple, for a discounted price from the funds raised last year. We also were able to purchase a new fireplace, grill and the beautiful Christmas lights that were on every light pole. Remember all funds raised stay at Holly Woodlands and for our residents enjoyment.

If you did not attend the Valentine's Luncheon you missed a great meal and a wonderful choir concert. Thank you to the resident choir for sharing your beautiful voices with us. It was AWESOME!!!! I am looking forward to the next concert.

Deanna Coggins
Administrator



The Village of Holly Woodlands

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



SCARLETT
 SILVERMIST
 SLATE
 SLED
 SLUSH
 SPIKE
 SWEETPEA
 TABBY
 TERENCE
 TINKERBELL
 VIDIA
 VIOLA
 WISP
 ZARINA
 ZEPHYR

BECK
 BESS
 BOBBIN
 BOBBLE
 BUCK
 CHLOE
 CLANK
 CLARION
 DEWEY
 DULCIE
 ELIXA
 FAWN
 FERN
 FIRA
 GARY
 GINGER
 GLIMMER
 GLISS
 IRIDESSA
 IVY
 KIT
 LILAC
 LILY
 LUMINA
 LYRIA
 MARINA
 MARY
 MENDY
 MILORI
 NYX
 PERIWINKLE
 PRILLA
 RANI
 ROSETTA
 RUMBLE

M H C C Z Z Q U A I S N A O R D A Z E Q B Y U Q H P A Z O L I U O Y M
 D O N G K I P S A H I M F B V J U C V B D A N X Y Z L X V N L U W Q M S
 P O N G K I P S A H I M F B V J U C V B D A N X Y Z L X V N L U W Q M S
 K Y O P R Q C Q N W H M B A E F I T I K C T A H K E U I V L P B M S J E A
 C A Z D O H N Z K H S L J X J I T I K C T A H K E U I V L P B M S J E A
 Q F Y O H N Z K H S L J X J I T I K C T A H K E U I V L P B M S J E A
 P G E U Q U G W X U X W R M V I L L H I Q J O R A K C L A N K O Y V Q
 G U M R K P F Z E Y M R E V L I S I D C R P Y J A P V B M N V I E H I H H
 V N P T N T S I M R E V L I S I D C R P Y J A P V B M N V I E H I H H
 H H Q P T V F S I J A E Z T N B I U H D C L X N B C L I N I R F A K H
 P I O S P K T S Z Q S N V N N A D U H D C L X N B C L I N I R F A K H
 L M A A D Y J I B H Z G I I W X V X N M L S J Y I T D F N X R N T L G
 G I V S E T T L U F A C Y C O V R Y G I M G G U Y E I L Y J L E I I G D
 D E R R Z V Z G C O G M Z D I L P E R A K L H I S L O Y Q Z X L R O Q T
 H O H H T E T Z K H O H A W I D A P H A E G Y S O Q V Q Z X L R O Q T
 M C R K Q D P F H T E C B I Q W H E S M Y A Q Z P S L E D A C Y X F
 B G U J Z D S H C E K M W W E G G Z Z I U V H A J J A L W S M R L O R
 V J M V J B T C Y O U B I B I O K S F C X L F U B C K D J R T W I F R
 N R B W I I K Y P R A B V E I T L B P L E P S W J N I B B O B O L B U
 U C L U J D E F V C P V N C S Q F H M A X W M F I V Q N Q Z K F L U G
 Q Z E P E D I W Y K I X C K S A C K C R T L T W F S V T M U I Y S A B
 P S U L F T U A K D M S E E P Y V I D O I Q P W Y A N L X L R N I
 Y Q I S O B Q L Q H V H P P B Y D Z G O R R C J I H J K U C F L Z A C
 D X O Z D A S F C P C L T D Y E M A S N E N M G Q E Y S J M Y I T R G
 A R Q K N H C F E I W E U P L L F I E P A K A U C E V T A Z J X S O W
 T K N I W J Z D A Q E L R X C L J Y X W I L H T J J I Z K G R W S T K
 T N R Y R C C H J W I E C N E R E T J Y E Y H Q K Z A R I N A R O S P
 A A R U K T U H S J N R Y Y J W V B V B Y L F M B E Z G E W V V V Y
 M J F P E N O G Y V K C M D E F P B R X H J B P U B A A P L G W I R U
 G T H Z G L I M M E R R F D T G O B B E M U E W M U G I T N B Y I E V
 P I G N F J D W U D L G L X Y U W N N R K W A L J U A Y R T S B Y S A
 U B E M H N V M S V Z Y Z L Y N G L L P W N R O X S Q Z F Y E O O E P
 P V K L M O C Z P W D C A L I L Y M I L O R I X Y N R O V R L S D B J
 N C N F X A W U V A Y K Y Z U W O X A G A W F T Z R A Q P A B H O V T
 H K X H F E Z Q O L M Q H P K X E D S J H B D S J K S I H F O N D R K

Oral Health is as Easy as 1, 2, 3

March is national nutrition month, so you might expect this article to focus on healthy eating, however, if you suffer from poor oral health, eating healthy may be the last thing on your mind. The pain and discomfort associated with tooth decay, gum disease, dry mouth and other oral health problems can make chewing and swallowing difficult. You may skip eating altogether or turn to softer foods, which tend to be highly processed, contain a lot of fat and sugar, and are far from healthy.

The good news is that poor oral health is not an inevitable part of aging. Taking good care of our mouths is just as important, if not more so than when we were younger. That's because if left untreated, oral health problems in older adults not only cause tooth loss, they substantially increase our risk of heart disease and stroke.

The three most important things you can do to keep your mouth healthy are 1) brush your teeth twice daily with a soft bristled toothbrush; 2) floss once per day; 3) and visit your dentist regularly. Brushing your teeth removes food particles and bacteria (called plaque) from your teeth that if left in place cause cavities. Flossing removes food particles and plaque from between your teeth and below your gum line, which if not removed can lead to gum disease. And visiting your dentist regularly can catch problems early should you have any and keep them from becoming more serious.

As we get older, our hands may not be as steady as they used to be so performing daily tasks such as brushing our teeth and flossing may be a lot more challenging and as a result we may skip them. However, using a wide-handled or electric tooth brush can make brushing easier and using a floss pick or water flosser can make flossing easier. For other oral health tips geared toward older adults visit the website www.toothwisdom.org. Should you need them, the site also has a low cost dental care locator that may help you find nearby low cost dental services.



EASTER

word scramble

NTNEBO _____

GEGS _____

GSNIRP _____

SRASG _____

YNBUN _____

CTOHCOEAL _____

SORCS _____

KCSHCI _____

YNSUAD _____

FDILDOFA _____

KSTBAE _____

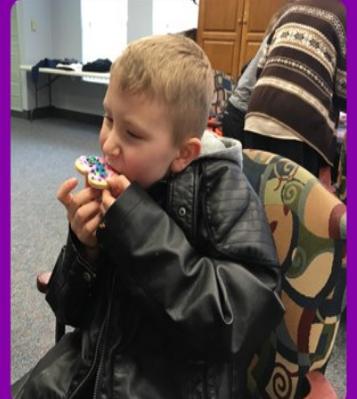
NJBYLELAE _____

BALM _____

GEG TUNH _____

SFWREOL _____





Valentines Day



You have the power to leave an amazing legacy.



Betty honored her new home, friends and family by leaving a gift in her will.

Betty left a gift in her will to help build the Kleemann Chapel at The Village of East Harbor and provide stained-glass windows. Before her passing, Betty said she always believed in the PVM mission to serve older adults and was delighted to honor her parents and a dear friend with memorials. She wanted to give back to this, her “happy home for these many years.”

To learn more about leaving a gift in your will, please visit mylegacy.pvmf.org. You’ll be asked simple questions to help you plan the joy you’ll bring.

Your legacy has the power to delight others well into the future. Betty’s gift is bringing joy to her fellow residents every day at The Village of East Harbor.

If you have any questions or comments, please contact us at 248-281-2040 or pvmfoundation@pvm.org.

Warm regards,

Paul J. Miller, CFRE

THANK YOU
FOR YOUR DONATION!

...have you considered leaving your legacy for PVM residents?

**A GIFT IN YOUR WILL
GETTING STARTED**

How It Works: To make a charitable bequest, you need a current Will or revocable living trust. After your lifetime, Presbyterian Villages of Michigan Foundation receives your gift.

Without obligation, PVM Foundation would like to answer any questions you may have.
Please call The PVM Foundation at **248.281.2040**
mylegacy.pvmf.org

Presbyterian Villages OF MICHIGAN THE FOUNDATION

Service Coordinator News

Visiting Doctors will be here
on March 12th at 1 pm
to introduce themselves and what they can offer.

Service Coordinator is able to assist with filing
the Michigan Home Heating Credit.

If you would like to file one,
please contact Mandy to make an appointment.

You will need to bring your Social Security tax information along with
your January Consumer Energy Bill.



SERVICES OFFERED

Community Supplemental Food Program (CSFP): Last Tuesday of every month at the Wellness Center 9 am-noon.

Bible Study: First and Third Tuesday's at 10:00 2nd floor lounge of the Manor.

Beauty Salon: Third floor of the Manor.

Please call 248-534-5641 to schedule an appointment.

MARCH BIRTHDAY LIST

GAYLINE FREEMAN 3-1

ANNABELLE MOORE 3-6

JAMES GREGORY 3-8

DOROTHY BROOKS 3-9

DARLENE DOCKTER 3-16

CAROL BALDWIN 3-23

MARGARITA OXHOLM 3-28

DEBORAH RUSSELL 3-30

**We have a new
Receptionist in the office
"Dottie Reed"
Please be sure to make her
feel welcome!**



A big THANK YOU to
Dawn, Dennis & Mitzi
for picking up the donuts
every week for the residents.

You are noticed and appreciated!



Answer Key for
word scramble
page 5



- flowers
- egg hunt
- lamb
- jellybean
- basket
- daffodil
- Sunday
- chicks
- cross
- chocolate
- bunny
- grass
- spring
- eggs
- bonnet

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

**Office Phone Number
248-634-0592**

Village Staff

Deanna Coggins
Administrator

Kristin Shannon
Administrative Assistant

Cassie Roberts
Activity Coordinator

Mandy Sly
Service Coordinator

Derek Elkins
Maintenance Supervisor

EMERGENCY NUMBER 248-534-8263

Fax Number 248-634-8417

Eugene Blankenship
Maintenance Technician

James Powers
Maintenance Technician

Tanzey Singleton
Housekeeper

Dottie Reed & Linda Wilkin
Receptionist



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit www.pvm.org



A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

Holly Woodlands Board Members

- | | |
|------------------------|-----------------------|
| <i>Kent Barnes</i> | <i>Reisa Hamilton</i> |
| <i>Pauline Kenner</i> | <i>Mary Lloyd</i> |
| <i>Dale Smith</i> | <i>Sally Swayne</i> |
| <i>William Walters</i> | |

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