

✠ Manor Message ✠

Embrace the possibilities

29495 Annapolis • Westland, Michigan 48186 • www.pvm.org

2020 | Issue III

Featured Articles

Monarch Moments	pg. 02
Inspirational Moments	pg. 03
Coord. Corner	pg. 04
Wellness Info.	pg. 05
Giving Matters	pg. 07
Mayor's Message	pg. 09
Parish Nurse Notes	pg. 10
Senior Advocate	pg. 11
Maintenance Tips	pg. 12
Katelyn's Column	pg. 13
Local Sponsors	pg. 19
OSM Classifieds	pg. 20

The Administrator's Pen

OSM Family and Friends,

I am so excited about all of our upcoming events and I pray that you are as well. We have a lot in store for all of you and I know you will be just as excited as I am. In addition, I want to take this time to welcome Katelyn DeHart my new assistant. If you have not had a chance to meet her, I encourage you to please stop by the office Monday through Friday, between 9 AM to 4 PM; you can also read more about her on page 13.

Our new Service Coordinator should be starting the week of March 23rd. I am now narrowing down our selection to the best candidate for OSM. Meanwhile, please do not hesitate to stop by the office so we may assist you.

Our Friends and Family Kick Off Luncheon is next month on Friday, April 3rd at 1 PM. OSM has a new goal of \$2500 to raise within the 30 days of April. I am looking for new donors as well as having 100% participation from our OSM Board members to help OSM meet our goals.

Please keep in mind of all or our upcoming trips and events for this year. Remember to sign up. We are now planning for our 2nd Niagara Falls Trip in September. I will need the head count as soon as possible. There will be three other PVM Villages going with us. Also, keep in mind our Victory Cup will be taking place on the 1st Friday in June this year at the Novi Suburban Showcase. GO Monarchs! It is time to get our Spirit Award Back or a new Victory Cup Trophy!

Remember: Good, Better, Best, Never Rest until your Good is Better and your Better is Best! GO MONARCHS!!!



Graziella Bruner
Administrator



The Village of
**Our Saviour's
Manor**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan,
Wellspring Lutheran Services and
The Lutheran Church of Our Saviour

Look for PVM on:





Monarch Moments

Blessings Our Saviour's Manor,

Wishing Everyone A Happy St. Patrick's Day!



Reminder our March Resident Activity meeting is Tuesday, March 3rd at 11:00 AM. Come let's celebrate the March Birthdays and please bring your suggestions and ideas for any activities you may want to see, places or trips you would like to take.

The Our Saviour's Manor Board Meeting, which will be the following Tuesday, March 10th at 4:30 PM.

Remember to see Ms. Patricia Grant for your next "Hot Diggity Dog Day" which will be in the community room on Friday, March 20th, at 12:00 PM. Please give her the head count, so the team can prepare enough food & fun for you.

Upcoming Trips/Events:

Remember to sign up for the following OSM Shopping trips provided by Nankin Bus:

- Value World – Monday, 3/02 at 10:00 AM
- Focus Hope – Wednesday, 3/04 at 11:00 AM
- Walmart – Thursday, 3/05 at 10:00 AM
- Kroger – Thursday, 3/12 at 10:00 AM
- PACE Cookie Social– Tuesday, 3/17 at 11:00 AM
- Meijer– Thursday, 3/19 at 10:00 AM
- Hot Diggity Dog Day – Friday, 3/20, at 12:00 Noon
- Famous Dave's – Thursday, 3/26 at 11:00 AM
- PVM/OSM Reception and Meeting – Thursday, 3/26 at 4:30 PM
- Friends and Family Kickoff Luncheon – Friday, 4/3 at 1:00 PM

Please also keep in mind that OSM and three other PVM Villages will be planning a Niagara Falls Trip and an Ark Encounter Trip as well. Both of these trips will probably be three days, two nights. More details to come.

Please remember to sign up for all trips.

Please check the calendar for all of our upcoming activities and events.

Have a blessed and safe month!



Schwan's Delivery Schedule

Fridays

03/13/2020

&

03/27/2020

@

2:00 p.m.





Inspirational Moments

By Warnedie Cross,
Resident Volunteer

Inspirational Prayer

(By an OSM Resident)



Thank You Lord for waking me up and giving me a brand new day.

Thank You Lord for loving me in such a special way.

Thank You for taking fear away from me and showing me that you're always with me,
you'll never leave me, and I'm thankful I am saved.

I give you praise and glory each and every day.

I thank you for putting the desire in me to help someone today,
With a kind word or a hug or just to listen and to share my love for you with them,

I want everyone to know just how happy that I am, so thank you Lord for loving

And bless me to be, to care and love others, like your care and love me.

Thank You Lord!



Coordinator's Corner

By To Be Determined
Service Coordinator

Greetings!!!!!! Our Saviour's Manor Residents.

Happy March OSM,

As we begin this month we think of things like St Patrick's Day, spring, daylight savings, and keep our finger crossed for warmer weather toward the end of the month. Did you know that some celebrate the birthday of a wonderful children's book writer and master of rhyming Dr. Seuss on March 2, 1904. His real name is Theodor Seuss Geisel, a grandson of German Immigrants, born in Springfield Massachusetts. His books are still being read to children today as they were through many generations ago. So I hope as you read this you thought of a book you may have read or your favorite title or character and it brought to you a smile and fond memory.

"You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose. You are on your own. And you know what you know. And YOU are the one who'll decide where to go..."

— *Dr. Seuss, Oh, The Places You'll Go!*

Reminder: Please pick up your Focus Hope Box on the schedule Day. You must sign both sheets under your name. Please notify the office if you are going to have another resident pick up your box for you.

Office Hours are as follows:
To Be Determined

Remember you are fearfully and wonderfully made. - Psalm 139:14



The Village of
**Our Saviour's
Manor**

A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan,
Wellspring Lutheran Services and
The Lutheran Church of Our Saviour

OSM Board of Trustees

Johnnie Jackson, Board Chair
Dereka Johnson, Vice Chair
Rev. David Huber, Treasurer
Diane Hicks-Walker, Secretary
Natalie Brothers, Member
Carolyn Kimbrough, Member
Michelle Williams, Member
Myra Davenport, Member
Judy Piccininni, Member

UPCOMING PVM FUTURE EVENTS

PVM Friends and Family Kickoff Luncheon April 3rd @ 1PM



PVM Victory Cup on June 5th – GO MONARCHS!



**PVM 17th Gala Diamond Ball in November
Celebrating 75 years of PVM**





It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

This month we have a special guest columnist, Lyndsey Malkovich, a student intern from Oakland University's Wellness, Health Promotion & Injury Prevention program.

Taste the Rainbow!

If like me, you have “candy-aholic” tendencies, you may recognize the phrase, “Taste the Rainbow!” as being the tagline for the candy Skittles. Though snacking on Skittles might help satisfy your sweet tooth, it's not going to do much for your health.

Rather than indulge in a rainbow of colorful candy, you'd be much better off if, when preparing your meals, you filled your plate with fruits, vegetables and other colorful whole foods. Doing so will help ensure you eat a variety of foods and thus get the nutrients your body needs to stay healthy and strong.



Below is a list of foods that match the colors of the rainbow along with some of their potential health benefits. If they aren't already a part of your diet, you might want to consider adding them.

- **Red** (may help reduce cancer risk) - apples, tomatoes, red peppers, raspberries, strawberries, watermelon, cranberries, cherries, red grapes, pomegranate, beets.
- **Orange/Yellow** (may help improve immune function) – oranges, grape fruit, mangoes, carrots, sweet potatoes, pineapple, peaches, winter squash, cantaloupe, corn.
- **Green** (may boost the immune system) - broccoli, spinach, peas, kale, arugula, avocado, edamame, asparagus, green beans, zucchini, kiwi fruit, romaine lettuce, Brussel sprouts.
- **Blue/Purple** (may help reduce inflammation) – blueberries, blackberries, eggplant, plums, prunes, figs, purple grapes, purple cabbage.
- **White/brown** (may help reduce cancer risk) – cauliflower, garlic, mushrooms, onions, potatoes, parsnips, jicama (Mexican turnip).

For more information on eating healthy visit <https://www.choosemyplate.gov/>

Mission, Vision & Values

Just as water from a wellspring is pure and clear, we want our Vision, Mission and Values to be rock solid and easily seen.

Vision

Changed Lives. Strong Families. Transformed Communities.

A ripple is caused by making a splash. Many of our clients believe they can make no positive impact at all. By engaging with the individual to build self-esteem and dip into their own God-given potential, a splash of hope ripples through the individual and the family. We believe this ripple cannot only reach distant shores, but its lasting effect can transform whole communities.

Mission

Motivated by Christ's love, we engage people as they experience and embrace their God-given potential.

At the source is God's love. We seek to release and be a channel of the love that Jesus, by his example, poured out in abundance. It's a love that puts the good of neighbor above personal interests and engages those on the "outside," as he did with a woman he met at a well. Because of this meeting, her life, her family and community were transformed.

Values

Our values are the things we must live out — things we must not only believe but be. These values help direct our actions and drive our behavior.

- ❖ Christ-centered
- ❖ Excellence
- ❖ Integrity
- ❖ Life

Our Vision Changed lives. Strong families. Transformed communities.





Hope flows through us.



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

Friends & Family 2020 Kicks Off April 1st!

Join us in the annual **Friends & Family 2020** fundraising campaign! Friends & Family is an opportunity for residents to raise funds for projects that will enhance and enrich their lives.

Want to Learn More?

Attend your Village Kick-Off Party or look for flyers and posters to learn more about your Village's individual fundraising goal and project. You can also visit pvmfoundation.org/FF2020. Please encourage everyone you know to make a gift during the month of April to support your Village's much-needed project and, remember, *every gift matters!*

To Make a Gift

- Please come to the office for a donation envelope and mail it to PVM Foundation:
 - 26200 Lahser Road, Suite 300, Southfield, MI 48033.
- Go online at pvmfoundation.org/OSM to support Our Saviour's Manor
- Call the PVM Foundation at 248-281-2040

For more information, please contact your Village Administrator or the PVM Foundation at 248-281-2040. Best of luck to ALL the Villages for a successful Friends & Family Campaign!

PRESBYTERIAN VILLAGES OF MICHIGAN FOUNDATION

2020
FRIENDS & family

April 1-30

Help PVM Villages raise funds for projects and programs to enhance the lives of seniors.

Your gift today will change the lives of seniors for years to come!

TO MAKE A GIFT:
See your Administrator for your Village's fundraising goal and project, or call the PVM Foundation at **248.281.2040** or visit www.pvmfoundation.org.

Your gift can be **MATCHED!**
Match guidelines apply.



Mayor's Message

By William Wild,
Mayor, City of Westland

Greetings,

Westland: Are you ready to be counted? Census 2020 is around the corner. The results will determine not only our representation in Congress, but how hundreds of billions of dollars will be spent every year on Michigan schools, healthcare, housing, transportation, and other vital programs in Westland's neighborhoods. But we won't get an accurate count in 2020 unless everyone participates. Please help shape the future for Westland by looking for your Census invitation in the mail in March. Your responses to the 2020 Census will influence funding in our community for services that help every generation—from newborn babies to the oldest among us. Count everyone in your home to benefit you, your children, and future generations. Together, we can ensure a complete, fair, and accurate count in 2020. Because in Westland, everybody belongs and everybody counts. So let's roll up our sleeves and get to work! Learn more at <http://www.cityofwestland.com/open-gov/westland-counts>

Westland's premier annual sporting event is quickly approaching. The 11th Annual Hockey Night in Westland takes place on Friday, March 20 when my Westland Wild Wings and I lace up our skates to take on the Detroit Red Wing Alumni for a great cause. This annual event draws more than 800 spectators and has raised thousands of dollars towards improvements to the Mike Modano Ice Arena, including brand new locker rooms and an activity room for community gatherings and parties. The doors will open at 5:30 p.m. and the big game starts at 7:30 p.m. Tickets are \$10 for adults and \$5 for children ages 6-12 and admission for children under 5 is free. Get your tickets early online at www.cityofwestland.com or at Westland City Hall and the Mike Modano Ice Arena. Concessions, raffles and the ever popular chuck-a-puck will also be available for purchase.

Spring is just around the corner which means compost season is almost here. Compost collection will begin on March 30 this year. Compost is garden waste, grass clippings, hay/straw, leaves, pruning debris, bushes/shrubs and tree branches. Branches are to be cut into small bundles and tied with rope or twine. You may put out up to ten bundles per week. You may also use compost bags or garbage cans for compost disposal. The limit for compost collection is ten compost bags or five garbage cans weighing less than 50 lbs. Compost is picked up the same day as regular trash by a separate truck. Your compost should be separated from your regular household trash by 4 ft. Mixed compost and trash will not be picked up.

The arrival of Spring also means that's its time to dust off those golf shoes in time for the opening of the Mack Mayfield Municipal Golf Course which will open on April 1! We are also gearing up for the warmer weather and planning even more opportunities for the community to gather. On May 30 we will have the All American Craft Beer and Wine Festival at Tattan Park. The event will feature over 150 craft beers and wines, corn hole, food and live music entertainment. Tickets will go on sale soon, so be sure to be on the lookout for more details. You can keep up to date with the event details at www.westlandbeerfest.com. The Westland Downtown Development Authority is also presenting a Smooth Summer Nights Concert Series. The events will take place on Thursday, June 23 and Thursday, August 13 at 6:30 p.m. at Tattan Park. So be sure to come check out the All American Farmers and Artisans Marketplace from 3:00 p.m. to 7:00 p.m. and stay for the free entertainment afterwards!





Notes From The Parish Nurse



By Carolyn Kimbrough,
Parish Nurse, Lutheran Church of Our Saviour|The Village of Our Saviour's Manor

Happy March!

Spring will soon be arriving, at least calendar-wise. Spring brings new birth, much like the season that it falls in; Lent. Although Lent started early this year, those observing this 40 days of Lent, may commit to give up something, but I say take on something! Take on the Joy of Jesus, and as HE did, love your neighbor and your fellow man.

For forty days and beyond, read the “good book”, and enjoy some of greatest stories ever told. As the buds on the trees begin to flourish and the flowers pull their heads above the earth, thank God for the wonders that he gives to us each day. How small our aches and pains become, when we focus on others.

It is also important to take time out to re-evaluate ourselves. Our health and well-being is important in order that we can devote some time to others.

This month is National Nutrition Month and Physical Activity Month. These two important health issues help us to frame our position for better health. Eating and making healthy choices will help keep weight in check and keep the blood pressure and cholesterol levels in normal range.

Physical activity of any sort is good and helps keep the heart strong while maintaining muscle tone, and keeping the digestive system, intact. Being overweight is associated with more cardiovascular disease risk factors in men and women, even when they are considered healthy and fit.

You each have an opportunity to seek rebirth, through your faith and life changes. Eating healthy can be as easy as baking rather than frying. Using low fat products or no fat products during cooking and then get moving! Walking, climbing the stairs or just keep moving can be a start.

I'm continuing to come to the Manor every 3rd Monday.



Read Proverbs 13:25 – The righteous have enough to eat, but the wicked is always hungry”.



The Senior Advocate.

*By Lynn Alexander,
Vice President of Public Affairs*

If You See Something Say Something

Elder abuse and exploitation is at an all-time high. Daily we see reports and news about horrific physical abuse and neglect as well as scam artists stealing millions of dollars from unsuspecting seniors. Sadly, many of the perpetrators are family members or other persons of trust.

Seniors need to count on the goodness of others at times to end abuse and bring the perpetrators to justice. Unlike children who attend school daily, seniors can be closeted away and hidden from others.

If you sense that abuse may be going on trust your instincts. To make a report about a vulnerable you believe is in need of protective intervention; contact the Michigan Department of Health and Human Services, Centralized Intake for Abuse and Neglect at (855) 444-3911. You can remain anonymous. Look out for your fellow seniors.





Mike's Maintenance Tips

By Michael Hooton,
Maintenance Technician

Garbage Disposal Tips



- A. Garbage disposals are not intended to be used as a trash can. Fat or grease collected during cooking should never be disposed in a garbage disposal as it will solidify in the grind chamber and drain line, resulting in blockage.
- B. Food waste that is hard, such as shellfish, large bones, or fruit pits, should not be placed in a garbage disposal because it can dull the grinding blade.
- C. Fibrous or starchy food waste, such as coffee, celery, artichokes, egg shells, corn husks and banana peels. These materials have the potential to block or jam the disposal their fibers can become tangled or can expand with moisture.
- D. On a weekly basis, the garbage disposal should be flushed with cold water. Fill the sink with clean cold water, pull the drain stop and allow the water to drain. The flushing action of the water leaving the sink through the drain will purge the drain line of any loose food waste.

SNOW TIPS

1. If a resident plans to be away from the property overnight or for a vacation and will be leaving his/her vehicle parked in front of their building, he/she must notify the office with the name and telephone number of the person who will be responsible in his/her absence in case of an emergency.
2. A container of salt will be provided at the front entrance. This container is for resident use when they notice a slippery spot on the sidewalk or at the entrance. This is for SAFETY REASONS ONLY!!! This salt is not to be used for any other reason than stated above. (Please notify the office when salt pails are less than ½ full).

A few additional Reminders:

- *Please report all maintenance repairs to the office. (734-595-4663)*
- *Dial 734-740-4777 for after hour maintenance emergencies*
- *Please do NOT turn your heat off – temperatures are at their lowest this month.*

Please Stay Warm and Dress appropriately.



*Dial 1 -734-740-4777
For after-hours maintenance emergencies*



Katelyn's Column

By Katelyn DeHart,
Administrative Assistant

Hello and Happy March!

I am Katelyn DeHart. I am very excited to be a part of the PVM family as the administrative assistant here at OSM. You have a wonderful home here at Our Saviour's Manor. Thank you to everyone for making me feel so welcome. On this page in the newsletter I will share with you monthly insights, updates on the world around us, as well as upcoming events.

Before I do that, I would like to share a little more about myself. I grew up and currently live in Garden City. I have an identical twin and a younger sister, as well as a rescue dog named Addie. Currently, I am working towards a Bachelor's degree in Health Management to go with my completed Associates degree in Small Business Management. I love the outdoors, especially camping. That is what makes me so excited for Spring. Now that you know more about me, let's get into this month's addition to *Katelyn's Column*.

March is a great month because it finally brings the first day of spring. The first day of spring is March 19th. There are some other fun spring dates in March as well.

March 12th is Plant a Flower Day

March 14 is Learn about Butterflies Day

March 30th is Take a Walk in the Park Day

I hope everyone has a great March and Happy Spring (almost)!



Events for March 2020

Happy Birthday!!!

Patricia Grant- 03/04

Marsha Desaussure- 03/25

Mattie Smith- 03/29



		<h1>MARCH 2020</h1>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
01	02 10:00 AM Shopping Value World 	03 World Wildlife Day 11:00 AM Resident Activity & Birthday Celebrations  	04 11:00 AM Focus Hope  4:30 PM Lutheran of Our Savior 	05 10:00 AM Shopping 	06 12:00 PM War Room Prayer 	07 9:00 AM Coffee and Conversation  Set clocks forward an hour at bedtime 		
08 Daylight Savings Time Spring forward! The clocks go forward by one hour at 1:00 AM	09 12:00 PM War Room Prayer 	10 4:30 PM OSM Board Meeting 	11 4:30 PM Lutheran of Our Savior 	12 10:00 AM Shopping  3:00 PM Crochet Class  6-8 PM SWHA (H.O. Association Meeting)	13 12:00 PM War Room Prayer  1:00 PM Bingo 2:00 PM Schwan's  	14 9:30 AM Coffee and Conversation 		
March is observed as: Aviation History Month Child Safety Protection Month National Adoption Awareness Month National Caregivers Month National Diabetes Awareness Month National Model Railroad Month National Novel Writing Month	16 12:00 PM War Room Prayer  11:00 AM Parish Nurse 	17 St. Patrick's Day 11:00 AM PACE Cookie Social  	18 4:30 PM Lutheran of Our Savior 	19 First Day of Spring 10:00 AM Shopping  6-8 PM SWHA (H.O. Association Meeting) 	20 12:00 PM War Room Prayer  12:00 PM Hot Diggity Dog Day  	21 9:00 AM Coffee and Conversation 		
22 Weekly Celebrations Week 1 - Chemistry Week Week 2 - Kindness Week Week 3 - Game and Puzzle Week Week 4 - Appreciation Week	23 12:00 PM War Room Prayer 	24 12:00 PM War Room Prayer 	25 3:00 PM Crochet Class  4:30 PM Lutheran of Our Savior 	26 11:00 AM Restaurant Day  4:30 PM PVM/OSM Reception	27 12:00 PM War Room Prayer  1:00 PM Bingo 2:00 PM Schwan's  	28 9:00 AM Coffee and Conversation 		
29 St Patrick's Day Global celebration of Irish culture is on March 17. It particularly remembers St Patrick, one of Ireland's patron saints, who ministered Christianity in Ireland during the fifth century	30 12:00 PM War Room Prayer 	31 12:00 PM War Room Prayer  1:00 PM Fitness Center Orientation 	01	02	03	04		

March Recipe

IRISH POTATO BISCUITS



INGREDIENTS

- 6 to 8 potatoes
- 1 cup milk or cream
- 1 tablespoon melted butter
- Salt, to taste
- 1/2 cup self-rising flour (approximately)

INSTRUCTIONS

1. Preheat oven to 400 degrees F.
2. Boil and mash the potatoes, making sure they are free of lumps.
3. Add the milk, butter, and salt.
4. Add just enough flour to make a soft dough, then lay it on a floured board
5. Roll out quickly and lightly to a half-inch sheet.
6. Cut into rounds
7. Bake about 10 minutes, or until just crisp on the outside.
8. Butter and eat before they fall.

Makes 12 to 18 biscuits.

ENJOY!

Monthly Word Search

St Patrick's Day

S G O	Y I K	
Y T B P G T	N Z K C F O	CLOVER
N K W G E R J Z G	E Y X G T V B B L	GOLD
H S L X H E H O N	B O E P C O W D D	GREEN
P O U M O E J W T L	P W E L L W G P U L	HOLIDAY
S F C K B N E R N J	W P U E C P T P C O	IRELAND
S F K S H A M R O C K	O N K G M A O N Y Z G	IRISH
D Y T R A D I T I O N	Q C E A R Y M B D A I	LEGEND
D Y B A K S V D S A I N Z A J B N L A R		LEPRECHAUN
T T E Q R M S R D K D L D A X		LUCKY
M V S T J F E T C		MARCH
K J Z Z A J V Y P I V U K		PARADE
D C N R P B G D R L R N L Y R		PINCH
I R I S H T U D L Z E W E E J O A V P		POT
R T M B E S H F C Q P V Q L H B C I N I O		RAINBOW
U K X L V O S F W R I O L A D R Z N W N C		SHAMROCK
O C X K R L J K H E O A L M N R B X B V C Q Q		STPATRICK
H F R M I W X C C S W C D K X V O I H H E		TRADITION
V R S D K Y R H C P S M R A T C W N Z J Z		
Z Q A Z T A A Y C J V X K R U B W C T		
O Y G E M U A J M R V U C A M A K		
M F W N W B O R O X V N P		
N R H G J X R U W		
K V N		
D E A		

March Observances & Fun Facts:

March is observed as:

- Aviation History Month
- Child Safety Protection Month
- National Adoption Awareness Month
- National Caregivers Month
- National Diabetes Awareness Month
- National Model Railroad Month
- National Novel Writing Month
- Native American Heritage Month
- Peanut Butter Lovers Month
- National Sleep Comfort Month

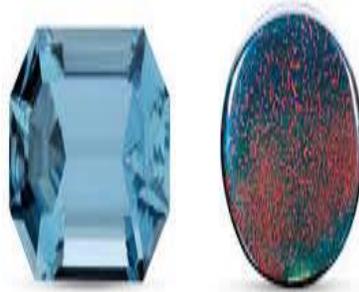
Weekly Celebrations

- Week 1 – Chemistry Week
- Week 2 – Kindness Week
- Week 3 – Game and Puzzle Week
- Week 4 – Appreciation Week

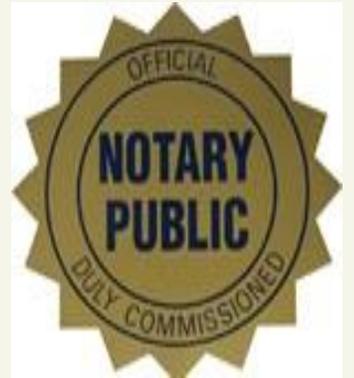
March Flower and Birthstone



Flower=Daffodil



Gem=Aquamarine & Bloodstone



**FREE
NOTARY
Services**
Provided
To All of Our
OSM Residents

Please Visit The Office
And See
Mrs. Graziella Bruner
For More Details.

OSM Local Sponsors:

313-671-5555



Paulette Styles

Helpful Resources

Transportation
 Nankin Transit (Serving Westland) (734) 729-2710
 Smart ADA (313) 223-2100

Senior Agencies
 The Senior Alliance (Wayne/Westland) (734) 722-2830

CareSync Solutions
 Home Healthcare Services (248-773-4550)



Become a Fan of OSM on Facebook

How to Become a Fan:

- 1) Visit www.facebook.com and log-in your account. If you do not have an account, click "Sign Up" button to create one.
- 2) In the Facebook search toolbar, type in "The Village of Our Saviour's Manor or go to facebook.com/The Village of Our Saviour's Manor
- 3) Click on the "Like" button to become a fan of OSM

Those already active on Facebook explore our new page and invite our friends and family to "Like" us!

The Village of Our Saviour's Manor



OSM Classifieds:



OSM Gifted Hands:

These wonderful volunteers use their sewing skills and talents to make items such as blankets, pillows, dolls and even giant teddy bears. All items are given away to organizations such as the Westland Goodfellows. If you can use a sewing machine or stuff a pillow and would like to volunteer and be a part of OSM Gifted Hands, please see Ms. Louis Rush or Ms. Alice Finley.



OSM Compassionate Hearts:

If you have a heart for people, we're looking for volunteers to join OSM Compassionate Hearts. Headed by Ms. Warnedie Cross, Compassionate Hearts are a group of residents that volunteer to visit their fellow neighbors while hospitalized or in rehab. You will be surprised what a friendly face, a warm hug, prayer and a loving smile and will do for someone.



OSM Growing Hands:

Do you like to garden and get your hands dirty? Well come and join are gardening volunteers, OSM Growing Hands. This group volunteers to work in and care for our new garden. We're praying that OSM Growing Hands garden will produce enough vegetables to help feed those in our community. If you have a green thumb and would like to volunteer please see Ms. Gloria Jefferson.



OSM Caring Hands:

We are in need of volunteers for our homeless project. Please see Ms. Margo Taylor if you're looking to join OSM Caring Hands. This group volunteers to crochet blankets and create pillows using plastic grocery bags known as plarn. We are also in the process of raising funds to be able to purchase items to make toiletry bags to pass out to the homeless. Let's not forget our fellow man and reach out to those less fortunate than ourselves.



OSM Fisherman:

Love to fish? This is the group for you! Headed by Mr. David Brown, OSM Fishermen is a group of residents that enjoy being at the lake and casting their rods. If you ever wanted to try your hands at fishing, please come and join this group.

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Village Staff

Graziella Bruner
Administrator

Michael Hooton
Maintenance Tech

Katelyn DeHart
Administrative Assistant

To Be Determined
Service Coordinator

Kesha Akridge
Director of Housing

Carolyn Kimbrough
Parish Nurse

Warnedie Cross
Resident Volunteer

Office Number
Emergency Number
Fax Number
Service Coordinator

(734) 595-4663
(734) 740-4777
(734) 595-2222
(734) 722-9763



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org



The Village of
**Our Saviour's
Manor**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan,
Wellspring Lutheran Services and
The Lutheran Church of Our Saviour

29495 Annapolis Road
Westland, Michigan 48186

Congratulations!

You are being recognized because
"What you did mattered!":



Thank you for what you did!

Employee Name: _____

Person Recognizing Employee: _____

Date: _____

** Please turn this card into Village Administrator for a chance to win a prize **

ACCOUNTABILITY • LISTENING • RELATIONSHIPS • RESPECT



**Presbyterian
Villages**

OF MICHIGAN
SERVING SENIORS & COMMUNITIES

Embrace the possibilities



**Is there someone on staff that you would like to
acknowledge for their work?
Please complete this form and turn it into the office.
They might win a prize!**