The Village of Oakland Woods



Village News



Embrace the possibilities

420 S. Opdyke Rd · Pontiac, MI 48341 · www.pvm.org

March 2022

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Notes from Administrator

Top O' the Morning!

I hope you are staying warm and safe during all of the cold, snowy, icy days. I want to ensure you the Oakland Woods staff will do our best to communicate the plans that are set by Miller Landscape during days of heavy snowfall. However, during this time, we urge all residents to make accommodations to stay tucked in and safe when the snowfall is heavy.

I am excited to announce the return of a couple of events. You will notice that we still do not have a full activities calendar, however you will see the following events return:

God's Word and Prayer – Every Tuesday at 10:00am Blood Pressure Clinic – Every Tuesday at 11:30am

As of March 1st, our office is officially *OPEN* with limited events and activities. Our exercise rooms will be available for use, but we ask that all residents sign in with your arrival time and not the time you were using the machines. We will have a clip board available with a sign in sheet on the door of the front exercise room.

Attention all "Ring" Doorbell users. Please see the Ring Doorbell Policy put into effect by PVM on January 24, 2022. If you currently have a Ring Doorbell, or are hoping to install a one:

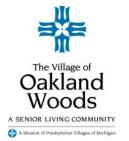
- Please inform the office
- Please post a sign that indicates a video doorbell is in use and can record video and audio
- Please do NOT record
- Should a VOW Staff Member enter your unit, please inform them a Ring Doorbell is in use

Thank you for your cooperation in this matter.

Finally, please join me in wishing Chaelyn Williams the best of luck on her future endeavors. Chaelyn has been a huge asset to the Oakland Woods team during her time here as receptionist. We are very grateful for the work Chaelyn put in and am confident her next steps will be fulfilling and rewarding. Thank you, Chaelyn and best of luck!



Have a great month and Happy St. Patrick's Day!













The Senior Advocate.

By Lynn Alexander, Vice President of Public Affairs

Scam Alert!

Scam artists are relentless when it comes to trying to steal personal information and life savings. They are also nimble to take advantage of any new opportunities that come their way. Their latest scam involves COVID relief issues. In fact, you may have already received robotic calls, text messages or e-mails offering COVID-19 test kits in exchange for your personal or medical information. Do not give out your Medicare Number for COVID-19 test kits! Hang up immediately!

Make sure to purchase FDA-approved COVID-19 test kits from legitimate providers. Over-the-counter or at-home tests are available for sale at many reputable and trustworthy retailers and pharmacies. Remember that each household in America can receive four free COVID-19 at-home tests shipped directly to their home at no cost. Visit COVIDtests.gov to order tests or learn more about testing.

IF YOU SUSPECT FRAUD, CALL 1-800-MEDICARE to report it.



Front Office News

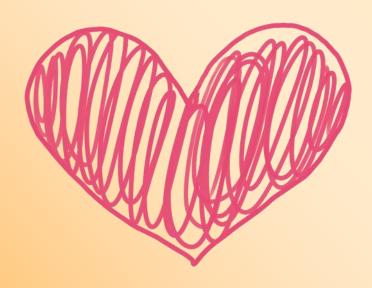
By Chaelyn Williams

Receptionist

Hello Residents,

First and foremost I would like to say that I have truly enjoyed each and every moment working here at the Village of Oakland Woods. With a sadden heart, I have made the decision to make the transition out of PVM and have stepped down from the receptionist position.

This was a very hard decision to make knowing that I would be leaving behind many fun filled memories with staff and residents, as well as getting to see and experience all different walks of life. You all have made a significant difference in my life and have taught me lessons that I will carry with me in the future. I cannot fathom enough how much you all have inspired me to become a better me. I would like to thank all the residents for making me show up with a purpose and work hard each and everyday. It has been an honor and a privilege to be your receptionist at the Village of Oakland Woods.



Maintenance News

By Matthew Myers
Maintenance Lead

Hello Residents,

Your friendly Village Maintenance man here! This winter we've had a few complaints about the temperature in our apartments and cottages.

There are some advantages to our units being built on a slab. There is less risk of flooding, or leaking gasses, and without a crawl space or basement you're less susceptible to mold. Also it allows us to be single leveled without stairs here in the Village of Oakland Woods.

Some of the disadvantages to being on a slab means that the winter requires more patience.

As all your plumbing runs underground, the water inside your pipes can be very cold before the hot water can "charge" the sinks and showers. Even after the hot water is in the pipe you're trying to use, the water still won't be as hot as it can be for a little while longer because the pipe itself will be cold.

The exact same can be said for your furnace ducts, as they are not tucked away in a heated basement they are subject to some of the weather in your attic. The air inside those ducts, and the metal duct itself, can become very cold, and the furnace must push that cold air out first before the warmed air can come through. This is especially true the further the duct is from the furnace.

Besides your resting water and air being cold, the slab floor itself can stay colder than your thermostat will see as it's positioned in the middle of your unit up on a wall. With patience your furnace will heat your unit, and your water will get hot, but hopefully sharing this knowledge helps you feel more at home in your unit.

Stay warm and take good care of yourselves,

-Matthew Myers

Matthew Myers CMM

Lead Maintenance at the Village of Oakland Woods

Presbyterian Villages of Michigan

248-818-3221

mmyers@pvm.org

Service News

By Sue Carney Service Coordinator

Welcome Spring!

I am so looking forward to hopefully more sunshine and more daylight hours! The goal is to hopefully get some activities back on the calendar starting this month. I will be organizing the following activities and presentation for this month:

The free blood pressure check with Angelic Heart Home Health care will be every Tuesday at 11:30 a.m. Tuesday March 8 will have the blood pressure checks followed by bingo. Tuesday March 15, will have blood pressure clinic, followed by an exercise session. Tuesday March 22, will have blood pressure clinic and an educational presentation on Dealing with Arthritis and pain management. March 1 and 29th will be a welcome back & blood pressure checks.

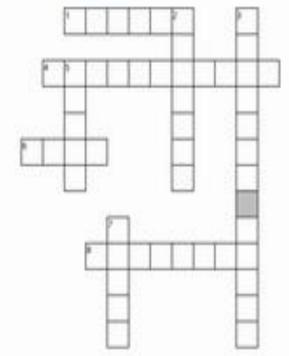
Thursday March 10th, 12, noon, "The Power of Positivity, when Life gives you Lemons", presented by Lerone Williams, from Humana. Hope you can join this positive, fun event. There will be light refreshments served.

Thursday March 17 1 p.m. St. Patrick's Day celebration. This will feature, desserts, beverages and socializing.

Friday March 25, 1 p.m. Birthday bingo. We will be celebrating birthdays for January, February and March.

Please sign up for any or all of these events, as we need a head count. Sign up in the book in the lobby or call Sue and let me know you plan to attend. 248-334-4379.

Green Things



Across

- These turn a different color in the fall and then fall off in the winter.
- 4 Long bugs with many legs
- 6 Don't let your food go bad or it may grow this!
- 8 Mom wants you to eat this miniature looking tree.

Down

- Known to give a cartoon sailor extra strength.
- 3 Green means go on this.
- 5 Eating one a day can keep the doctor away; also available in red.
- 7 Keep it watered and mowed to stay nice and green.

Birthday Celebration!

Happy Birthday to all of our March Babies!

Danee Scott 3/1

Christine Milz 3/4

Kathleen Leap 3/6

Rosemary Holley 3/6

Carolyn Green 3/6

Hazel Jones 3/9

Millage McDonald 3/9

Diane Perkins 3/10

Nancy McDonald 3/11

Betty Fitzhenry 3/12

Vernice Harper 3/13

Margaret Mullen 3/14

Edward Lance 3/17

Clara Lee 3/17

Douglas Herd 3/19

Jerry Winters 3/19

Catherine Carter 3/19

Joe Amerson 3/21

John Collins 3/21

Katherine Williams 3/22

Kathryn Price 3/23

Abraham Ramsey 3/27

Franzetta Hill 3/28



Follow and like us on Facebook at **Village of Oakland Woods**. We recently created a new page that allows
you to stay up-to-date with our community.

Resident Council News

By Philena Holdridge <u>Reside</u>nt Council President

Dear Jon, Staff, Officers, Resident Council Executive Board, and Resident Council,

It is with much sadness in my heart, but due to my health issues I must resign as President of the Oakland Woods Resident Council. My liver failure has reached a point where I can't continue and am going to be on Hospice until the Lord takes me home to heaven. I am ready to go and thank God for the peace he has given me.

I have so enjoyed the friendships I have made with the officers, the area reps, and residents. Each one has such special gifts and I treasure your friendships. We have always felt at home at Oakland Woods. You have opened your hearts to us and me in particular. I have learned a lot from each one of you as you have endured things in your own lives. I am just so thankful to know you from the inside out. I will continue to pray for a leader that takes over and maybe has new ideas, but also treasures the relationships made here. We truly need each other.

I will be forever grateful for the love and support you have shown me through gifts, phone calls, flowers and most importantly your prayers.

Lovingly, Philena



"For we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen. For what is seen is temporary, but what is not seen is eternal."

2 Corinthians 4:16-18

March 2022

Sat	S	12	91	26	
Fri	4	II	18	25 1:00 Birthday's and Bingo	Activities Exercise Parties Outings
Thu	3	10 12:00 Positivity Presentation: Hosted by Humana Fruits and Vegetables	17 1:00 St. Patrick's Day Celebration Focus Hope	24	31
Wed	2	6	16	23	30
Tue	I 10:00 God's Word and Prayer 11:30 Blood Pressure Clinic	8 10:00 God's Word and Prayer 11:30 Blood Pressure Clinic and Bingo	15 10:00 God's Word and Prayer 11:30 Blood Pressure Clinic and Exercise	22 10:00 God's Word and Prayer 11:30 Blood Pressure Clinic and Arthritis/Pain Management Presentation	29 10:00 God's Word and Prayer 11:30 Blood Pressure Clinic
Mon		7	14	21	28
Sun	51	9	13	20	27

Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

www.pvm.org

Office Number

Village Staff

Jon Hayes

Housing Administrator

Sharon Benton

Administrative Assistant

Chaelyn Williams

Receptionist

Sue Carney

Service Coordinator

ON-SITE SECURITY

(248) 334-4379

Taylor Webb

Sales and Leasing Specialist

Matthew Myers

Maintenance Supervisor

EMERGENCY MAINTENANCE

(248) 330-0213

(586) 596-8185







Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit **www.pvmfoundation.org**

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