



# MARCH 2016




Sun	Mon	Tues	Wed	Thu	Fri	Sat
		<b>1</b> 9:00 Yahtzee (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:00 Walgreens (LB) 1:30 Easter Door Hanger (AR) 2:00 Sit & Be Fit (FC) 2:30 Blding & Grnds Meet (KH) 6:00 Pinochle (AR)	<b>2</b> 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 9:30 Listen & Love (LB) 9:30 Mall Trip (LB) 10:00 Wacky Bingo (AR) 11:30 Stretch & Flex (FC) 1:30 Easter Door Hanger (AR) 2:00 FUNctional Fitness (FC) 2:15 Name that Tune (AR) 3:00 Chapel Trivia (CH) 6:00 Leader Dog (AR) 6:00 Euchre (KH)	<b>3</b> 9:00 CVS/Banking (LB) 9:00 Yoga/Mandala (AR) 9:00 Better Balance (FC) 10:00 Men's Coffee Hour (AR) 10:00 Kroger (LB) 10:00 Crossword (AR) 11:00 Rosary (CH) 11:30 Blood Pressures (FC) 1:30 Easter Door Hanger (AR) 2:00 Sit & Be Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	<b>4 Multiple Sclerosis Awareness</b>  9:00 Cardio Strength (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 11:00 Crossword (AR) 11:30 Stretch & Flex (FC) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC) 2:30 Card Making w/JoAnn(AR)	<b>5</b> 10:00 Bingo (AR) 1:00 Wii Bowling (AR) 1:00 Cards (AR) 6:00 Movie (LB)
<b>6</b> 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)	<b>7</b> 9:00 Chair Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Craft w/Anita (AR) 10:00 Chicks w/Sticks (AR) 11:30 Stretch & Flex (FC) 1:00 Healthy Eating (AR) 1:30 Wheel of Fortune (DR) 2:00 Arthritis Exercise (FC) 2:15 Crossword (DR) 3:00 Bible Study (CH) 6:00 Bridge (AR)	<b>8 OSG Contest</b> 9:00 Yahtzee (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:30 Resident Association(AR) 3:00 OSG Contest (AR) Food Demo 6:00 Pinochle (AR)	<b>9</b> 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 9:30 Listen & Love (LB) 10:00 Wacky Bingo (AR) 11:00 Women's Lunch (LB) 11:30 Stretch & Flex (FC) 1:00 Polish Poker (AR) 1:15 Wii Bowling (AR) 2:00 FUNctional Fitness (FC) 2:15 Name that Tune (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)	<b>10</b> 9:00 CVS/Banking (LB) 9:00 Yoga/Mandala (AR) 9:00 Better Balance (FC) 10:00 Men's Coffee Hour (AR) 10:00 Kroger (LB) 10:00 Crossword (AR) 11:00 Rosary (CH) 11:30 Blood Pressures (FC) 1:30 Seniors Stay Sharp (AR) 2:00 Sit & Be Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	<b>11 Pet-a-Pet</b> 9:00 Cardio Strength (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 11:00 Crossword (AR) 11:30 Stretch & Flex (FC) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC) 2:30 Easter Door Hanger (AR)	<b>12</b> 10:00 Bingo (AR) 1:00 Wii Bowling (AR) 1:00 Cards (DR) 6:00 Movie (LB)
<b>13 Spring Ahead</b> 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 1:00 St. Mary's Choir (DR) 5:00 Resident Potluck (AR) 6:30 Movie (LB) 	<b>14</b> 9:00 Chair Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Chicks w/Sticks (AR) 11:30 Stretch & Flex (FC) 1:00 Healthy Eating (AR) 1:30 Wheel of Fortune (DR) 2:00 Arthritis Exercise (FC) 2:15 Crossword (DR) 3:00 Bible Study (CH) 6:00 Bridge (AR)	<b>15</b> 9:00 Yahtzee (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:30 Painting w/Chaplain (AR) 6:00 Pinochle (AR)	<b>16</b> 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 9:30 Listen & Love (LB) 10:00 Wacky Bingo (AR) 11:30 Stretch & Flex (FC) 1:30 Easter Bonnet (AR) 2:00 FUNctional Fitness (FC) 2:15 Name that Tune (AR) 3:00 Chapel Trivia (CH) 3:30 Book Group (CR) 6:00 Euchre (AR)	<b>17</b> 9:00 CVS/Banking (LB) 9:00 Better Balance (FC) 10:00 Men's Coffee Hour (AR) 10:00 Kroger (LB) 11:00 Rosary (CH) 11:30 Blood Pressures (AR) 12:00 Birthday Dinner (DR) 1:30 Birthday Entertain(CH) 2:00 Sit & Be Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	<b>18</b> 9:00 Cardio Strength (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 11:00 Crossword (AR) 11:30 Stretch & Flex (FC) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC)	<b>19</b> 10:00 Bingo (AR) 1:00 Wii Bowling (LB) 1:00 Cards (DR) 6:00 Movie (LB)

# MARCH 2016



The Village of  
**East Harbor**  
A SENIOR LIVING COMMUNITY

Sun	Mon	Tues	Wed	Thu	Fri	Sat
<b>20</b> <b>Palm Sunday</b> 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 2:00 Church of Jesus Christ Choir (CH) 6:30 Movie (LB)	<b>21</b> 9:00 Chair Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Chicks w/Sticks (AR) 11:30 Stretch & Flex (FC) 1:00 Healthy Eating (AR) 1:30 Wheel of Fortune (DR) 2:00 Arthritis Exercise (FC) 2:15 Crossword (DR) 3:00 Bible Study (CH) 6:00 Bridge (AR)	<b>22</b> 9:00 Yahtzee (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 12:15 Men's Lunch (LB) 1:30 Easter Tea Party (AR) 6:00 Pinochle (AR)	<b>23</b> 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 9:30 Listen & Love (LB) 10:00 Wacky Bingo (AR) 11:30 Stretch & Flex (FC) 12:30 Calendar Girls (LB) 1:00 Polish Poker (AR) 1:15 Wii Bowling (AR) 2:00 FUNctional Fitness (FC) 2:15 Wheel of Fortune (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)	<b>24</b> 8:45 Breakfast w/Chaplain(LB) 9:00 CVS/Banking (LB) 9:00 Better Balance (FC) 10:00 Men's Coffee Hour (AR) 10:00 Kroger (LB) 10:00 Crossword (AR) 11:00 Rosary (CH) 11:30 Blood Pressures (FC) 1:30 Spring Door Hanger(AR) 2:00 Sit & Be Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	<b>25</b> <b>Good Friday</b> 9:00 Cardio Strength (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 11:00 Good Friday Service(CH) 11:30 Stretch & Flex (FC) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC) 2:45 Movie & Popcorn(AR)	<b>26</b> 10:00 Bingo (AR) 1:00 Wii Bowling (AR) 1:00 Cards (DR) 6:00 Movie (LB)
<b>27</b>  9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)	<b>28</b> 9:30 Chair Bingo (AR) 10:00 Chicks w/Sticks (AR) 11:30 Stretch & Flex (FC) 1:00 Healthy Eating (AR) 1:30 Wheel of Fortune (DR) 2:00 Arthritis Exercise (FC) 2:15 Crossword (DR) 3:00 Bible Study (CH) 6:00 Bridge (AR)	<b>29</b> 9:00 Yahtzee (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:30 Computer Class(AR) 3:30 Left, Right, Center (AR) 6:00 Pinochle (AR)	<b>30</b> 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 9:30 Listen & Love (LB) 9:30 Walmart (LB) 10:00 Wacky Bingo (AR) 11:30 Stretch & Flex (FC) 1:00 Polish Poker (AR) 1:15 Wii Bowling (AR) 2:00 FUNctional Fitness (FC) 2:15 Name that Tune (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)	<b>31</b> 9:00 CVS/Banking (LB) 9:00 Yoga/Mandala (AR) 9:00 Better Balance (FC) 9:30 Lorenzo Cultural Ctr (LB) 10:00 Men's Coffee Hour (AR) 10:00 Kroger (LB) 10:00 Crossword (AR) 11:00 Rosary (CH) 11:30 Blood Pressures (FC) 1:30 Wheel of Fortune (AR) 2:00 Sit & Be Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)		



AR=Activity Room  
 CH=Chapel  
 FC=Fitness Center  
 DR=Dining Room  
 KH=Kirk Hall  
 LB=Lobby  
 Lib=Library  
 CR=Conference Room

**All Events Subject to Change.**

**Please be sure to Sign-Up for all excursions in lobby.**