



The Village of Brush Park Manor

PARK VALLEY NOTES



2900 Brush St. • Detroit, Michigan 48201 • www.pvm.org

April 2019

Village Administrator

HAPPY EASTER

Do we think Spring has finally arrived if it has please include me in the joy that we are all having at this time. We know April comes with Spring Showers but that is okay we know that better weather is on the way.

Thank you to all who participated with the students from Greenhill School Group last month on such short notice. You do not realize how much I appreciate you all stepping up at the last moment due to my not sending out previous notice. Thank you once again and you find a thank you note from the students in this newsletter.

Friends and Family Campaign is upon us once again and I want to say thank you to those who are stepping up to help purchase new stackable chairs for the community and craft room. I am working with our Corporate Office at learning what the cost would be for the chairs. Also, the Brush Park Board of Directors is also donating to this fundraiser.

For those residents who are not familiar with this fundraiser when you attend the Prayer Breakfast, Christmas Celebration and certain other activities that require the round tables this is how they were purchased with funds raised by the residents. Linen for the tables, the serving cart, the piano these are just several more of the items that came from this fundraiser over the past years. I ask that you please support those who are working hard in raising the funds for the chairs.

The Tigers are back in town and Elaine Lewis, Vice President with the Tiger Organization has donated tickets for April, 9, 10, & 11 at 1:10pm where they are playing the Cleveland Indians. April 16 & 17 at 6:40 pm they play the Pittsburgh Pirates and April 18 at 1:10pm where they play the Chicago White Sox. If you would like tickets for these games please come to the office and we will be more than happy to give them to you. These tickets must be used or they will stop making the donations to Brush Park Manor. We have been receiving these tickets for years and hope they continue to think of us.

Mr. Massingille hopes you enjoyed the Piston season and look forward to another great season next Fall. Again, please use these tickets or you will lose this wonderful donation.

Please keep the family of Mr. Napoleon Williams our former volunteer bus driver in your prayers. He passed away last Tuesday and services were held today. Thank him in your prayers for his serving his country in the Korean War helping to keep us safe. He will be missed by all within Brush Park Manor and the many lifetime friends who held much respect for him.

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Look for PVM on:





Tobacco Cessation Program

**April 25, 2019
1:30 pm
in the community room**

Our Offices will be closed



We will re-open on Monday
April 22, 2019 at 9:00 am



**COFFEE HOUR
"TIME CHANGE"**

9:00 a.m. to 11: a.m.

Monday & Wednesday

SERVING: COFFEE, TEA, HOT CHOCOLATE,
COOKIES, CAKE AND DONUTS

FREE

*If you would like to donate**

feel FREE!

*e.g.: COOKIES, CAKES, DONUTS and COFFEE.

**Laundry Room
Etiquette**

Please be courteous to your neighbors when utilizing the laundry facilities on the 2nd and 3rd floors. Remember all washers and dryer are to cleaned after each use.



New Residents

Announcements

☞ Worship Service held every 1st Sunday and 5th at 4:00 pm in the Community Room. This service is open to all faiths; please feel free to invite your family and friends:

☞ 1st Sunday—Rev. Rowland Garner (Communion)
3rd Sunday- Rev. Kelly Jackson
5th Sunday- Rev. Greenfield

☞ FOCUS HOPE delivers every 2nd Wednesday. You can sign up too.(Craft Room.)

☞ Wal-Mart Shopping
April 2nd, April 9th, April 16th, April 23rd
and April 30
Pick-up 2:00pm

☞ Shelton Tappes meets every second Wednesday at 12:00 p.m.
All are welcome to join!

☞ AARP meets every second Friday at 12:00 p.m.
All are welcome to join !

☞ Exterminator at Brush Park every 3rd Thursday.

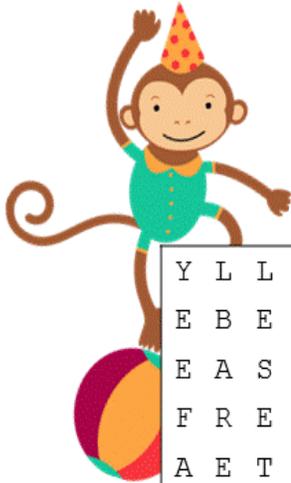
2nd Floor

☞ Arts & Craft every Tuesday at 2pm in the Craft Room.

☞ Bingo every Wednesday at 1pm-3:30pm in the Craft Room.

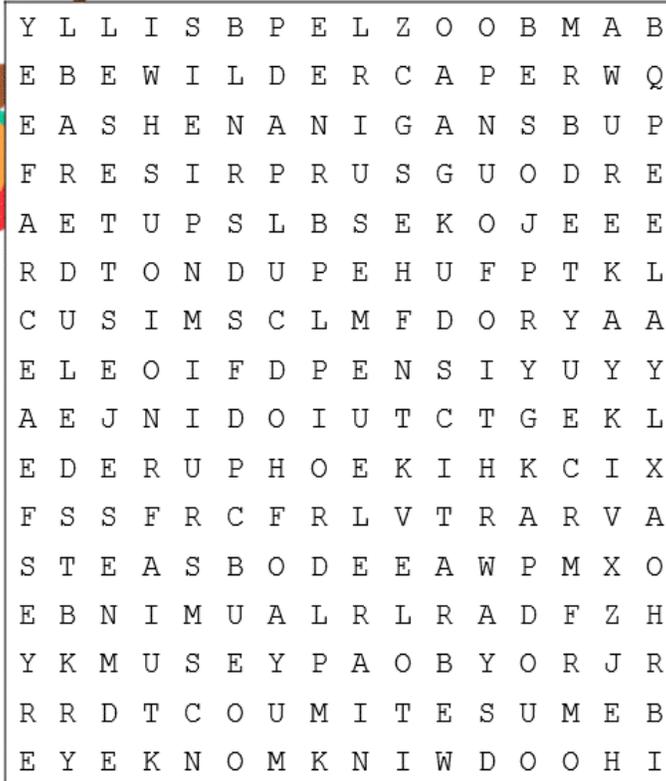
☞ Enhance Fitness Program M-W-F 11:30 to 12:30pm in the Community Room. Please see calendar for location changes.

☞ Bible Study Rev. Jackson (every Thursday at 12pm) in the E. Kern Tomlin community room.



APRIL FOOL'S Day

APRIL 1st



APRIL
 BAMBOOZLE
 BEFUDDLE
 BEMUSE
 BEWILDER
 CAPER
 DELUDE
 DUMBFOUND
 DUPE
 FARCE

FIRST
 HOAX
 HOODWINK
 JEST
 JOKES
 LAUGHTER
 LEVITY
 MALARKEY
 MISCHIEF
 MONKEY

BUSINESS
 PRANK
 PREPOSTEROUS
 SHENANIGANS
 SILLY
 SURPRISE
 TOMFOOLERY
 TRICK
 WACKY



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Announcements



The Detroit Public Library on Wheels Will be at brush Park on

April 29th 2019

If you would like to check out books from the Library on Wheels, please stop by the office to register for your library card or call (313) 481-1706



The Resident Association meetings are held every 4th Thursday at 4:30 p.m. in the E. Kern Tomlin community room.

Lindsay Tyler, President



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

The “Ins & Outs” of Shipt – Part 2

This is the final article in a series of articles I have been writing about living life without a car when my car was in the shop for some minor repairs. Last month I wrote about what you need to have in place to use the online grocery shopping and delivery service Shipt. This month I am writing about how it works.

After you download the app and create an account, you're ready to begin shopping. As part of setting up your account, the app will find participating stores closest to your location and prompt you to choose one. In Michigan, you have two options: Meijer and Target. If both are available you can switch between the two each time you shop.

Using the app is pretty straight forward. When you open it, the delivery address you specified and the store you selected when you set up your account will be displayed along with the next available delivery time. Don't worry if that's not the time you want. You will select your actual delivery time later in the process.

Also displayed will be a search bar and a series of categories (Buy Again, On Sale, Browse, Favorites, etc.). You can use either to select the groceries you want.

The first time I used Shipt, I used the search bar. I typed in the name of the item I wanted and all the products containing that name were displayed along with their pictures and prices. From the displayed list I selected the specific item I wanted and added it to my shopping cart by tapping the plus sign located to the bottom right of its picture. If you tap the picture, you will be presented with more detailed information about the item and have the ability to add additional quantities of that item to your cart.

As you use Shipt it keeps track of the items you buy and compiles a list of those items in the Browse Again category. Since I'm a creature of habit and tend to buy the same things over and over again, the next time I used Shipt I shopped using that category. After tapping the icon, all the items I purchased in the past were displayed. I then tapped all the items I wanted to buy, which added them to my shopping cart.

Once you fill your cart with all the items you want, it's time to check out. Confirm your cart contains the items you want by tapping the cart icon in the upper right hand corner of your screen. If it does, tap the green Checkout bar which is located at the bottom of your screen. Doing so will display a list of available delivery times. Selecting the time you want will display the delivery address, the delivery time you selected, how you prefer to be notified regarding substitutions, your payment method and the total cost of your order. If everything looks good, tap the green Place Order button at the bottom of your screen. If not, you can make changes by tapping the Edit button next to what you want to change.

Tapping the Place Order button will place your order and also display an order confirmation. In addition, a confirmation email will be sent to the email address you associated with your account when you set it up.

A few minutes after you place your order a Shipt shopper will claim it. The shopper's picture along with their first name will appear in the app on the confirmation page along with their first name. When they begin shopping they will send you a text and ask you if you want to add anything to your order.

While they shop, if you indicated you wanted them to contact you regarding substitutions they will send you a text if something you ordered is not available and will suggest a substitution, which you can accept or deny. Once they finish shopping they will notify you that they are checking out and once they check out, they will notify you that they are on their way to the delivery address you specified.

When they arrive, if you need help putting your groceries away they will assist you. If not, they will place them wherever you want. I have always had a positive experience. My shoppers have been very helpful and very friendly. I have received all the groceries I ordered (unless unavailable at the store) and the cold items were cold, the frozen items were frozen, and the fresh items fresh. After your shopper drops off your groceries, you will have the opportunity to rate them and give them a tip through the app. Both are very important tasks to complete. Rating them lets Shipt know how well they did their job. Tipping them is a way of thanking them for a job well done. Additionally, Shipt shoppers can see your tip history, which can influence whether they claim your order. A Shipt shopper whom I know told me that better tippers tend to attract the better shoppers.

For me, using Shipt has been pretty easy. Like with anything, I have found that the more I use it the better I get at it. The groceries themselves are a little more expensive (that's how Shipt makes their money) and the tip does add to the cost, however, you can't beat the convenience. So, the next time you find yourself without a car and in need of groceries, rather than take the bus or bum a ride from a friend you just might want to give Shipt a try.



The Senior Advocate.

By Lynn Alexander,
Vice President of Public Affairs

The Magic of Friendship

A recent special edition of Time Magazine is titled Friendship: "The Bonds That Shape Us at Every Age". This publication further supports the notion that friendship and connecting with others is the bond that makes life sweeter no matter what stage we are in. There is documented evidence that children fair better in school if they have developed strong friendships. Often these friendships last for a lifetime.

Whether it happens at the barber or beauty shop, a religious setting, a yoga class or being with neighbors and friends at a PVM village these bonds endure and help us to celebrate or problem solve our way through life - good times and bad. Many times PVM residents have remarked that they and their fellow residents look out for each other daily; and this brings joy and comfort to their lives.

Our annual Village Victory Cup is coming up on June 21st. This is a great way to celebrate the joy of life and is also a good way to make new friends as well as bond with the ones you have now. Come join in the fun. Talk to your village staff about becoming a member of your village team. Hope to see you there!



Announcements

The Enhanced Fitness group meets every Monday, Wednesday and Friday.



On Wednesday mornings as long as the weather permits, the Enhanced Fitness group walks outside of the building. Feel free to join them at 10:00 a.m. in the lobby.

Please see Mrs. Lois Horne

April

Dorothy Wise 4/2
 Joyce Alfaro 4/6
 Elnora Gibson 4/13
 Laura Cross 4/14
 Johnnie Belcher 4/19
 Mary Reynolds 4/29



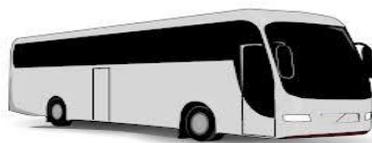
Harold Massingille
Service Coordinator
313-832-1576

The beauty salon is open Wednesday through Saturday. Please call and schedule your appointment today!

(313) 832-8804



WAL-MART



The Walmart bus leaves promptly at 2:00pm .If you would like to go shopping please be in the lobby every Thursday by 1:30pm.

Announcements

Friends & Family Bake Sale
April 5, 2019
1:30-3:30 pm
in the Community room



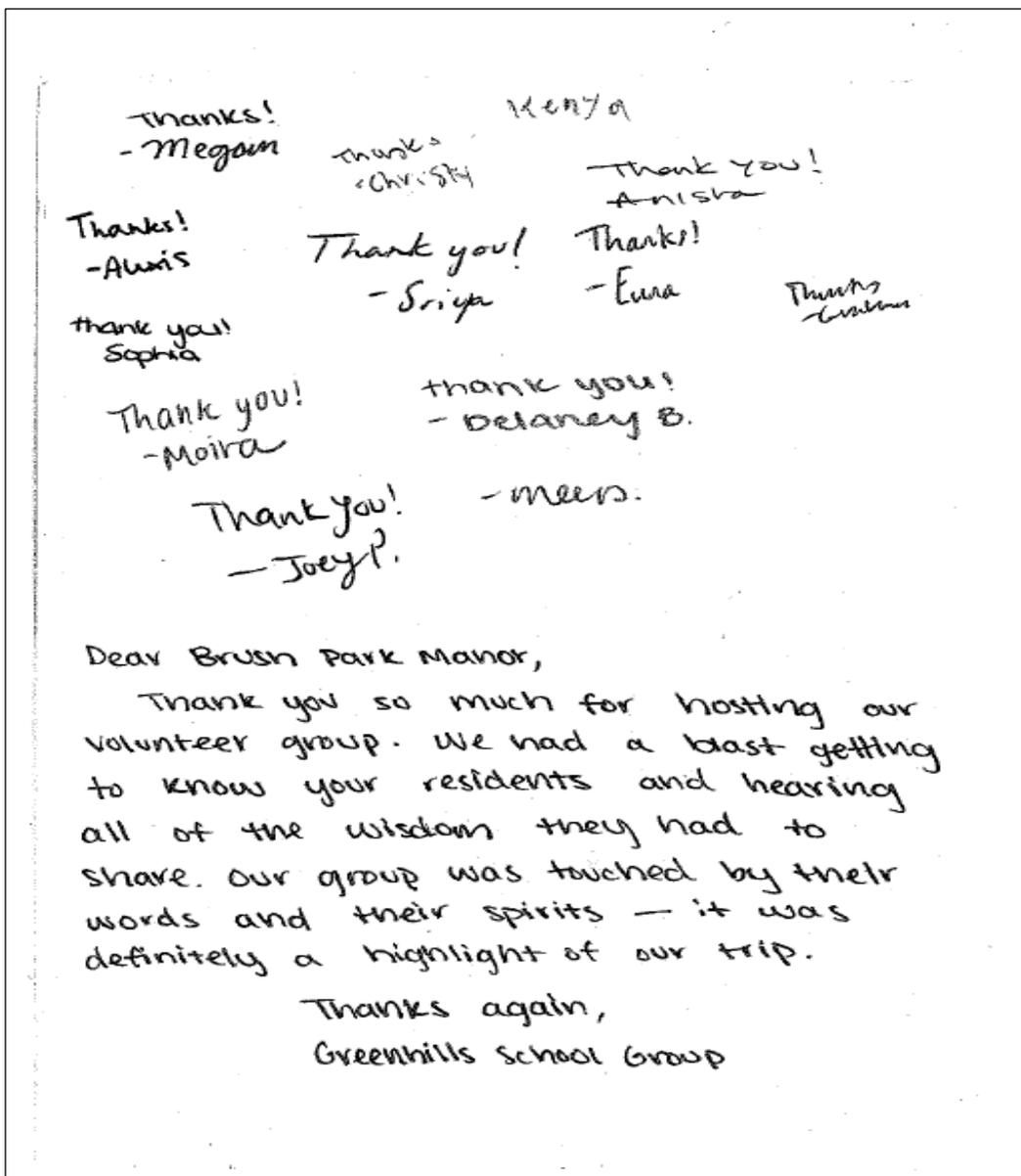
Friends & Family Bazaar
April 12, 2019
1:30- 3:30 pm



Friends and Family Movie Day
2:00 pm



A Special "Thank You" From The Students of Greenhills Academy



Recipes

Creamy Deviled Eggs

Ingredients

- Hardboiled eggs, cooled and peeled
- Mayonnaise
- Pickles, finely diced
- Olives, cut into tiny pieces (you'll use the pieces as the chick's eyes)
- Carrots, cut into tiny triangles (for the beak) — what I do is slice baby carrots, then divide each slice into quarters
- Salt
- Pepper
- Sharp paring knife



How to Make It

Carefully cut a thin slice off the bottom part of each egg so that it will stand upright on a plate, taking care not to slice into the yolk. Discard or eat the slice of egg white.

Next, slice through the egg about 1/3 of the way down from the top. Ideally, you should be into the yolk at this point.

With a small spoon, hollow out the top and bottom portions of the egg, depositing the yolk into a small bowl. Separate the deeper egg white “bowls” and the “caps” into different piles. Mash the egg yolk with some mayonnaise, diced pickles, salt and pepper. I don't have exact measurements. For the yolk of eight eggs, I think I used two tablespoons of mayo, two teaspoons of pickles and a dash of salt and pepper. I eyeballed it, though, so I can't say for sure. I would advise starting out with a small quantity of mayo; you can always add more until you reach the desired consistency.

Once you've mixed up the yolk with the remaining ingredients, use a small spoon to fill an egg white “bowl” (the bottom portion of the hollowed-out egg). Pile on the filling so that it protrudes from the top of the bowl.

Carefully place two olive bits onto the filling as “eyes,” and position a carrot triangle as a “beak.”

Then, set an egg white “cap” jauntily on top of the filling and place the finished deviled egg on a platter. Ta-da!

A deviled egg chick, just waiting for you to devour it. ;)

Repeat until you've used up all your eggs. Enjoy!

Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
	<p>April Fools Day Coffee & Conversation 9:00-11:00a Enhanced Fitness 11:30 am Dominos 1:00pm</p>	<p>2 * WALMART 2:00 pm pick up</p>	<p>3 Coffee & Conversation 9:00-11:00a Enhanced Fitness 11:30 am</p>	<p>4 BIBLE STUDY 12:00pm</p>	<p>5 Friends & Family BAKE SALE 2:00 pm</p>	<p>6 BEAUTY SALON</p>
<p>7 Visit your Church Rev. Gamar</p>	<p>8 Coffee & Conversation 9:00-11:00a Enhanced Fitness 11:30 am Dominos 1:00pm</p>	<p>9 * WALMART 2:00 pm pick up</p>	<p>10 Coffee & Conversation 9:00-11:00a Enhanced Fitness 11:30 am SHELTON TAPPES FOCUSHOPE</p>	<p>11 BIBLE STUDY 12:00pm</p>	<p>12 Friends & Family BAZAAR</p>	<p>13 BEAUTY SALON</p>
<p>14</p>	<p>15 Coffee & Conversation 9:00-11:00a Enhanced Fitness 11:30 am Dominos 1:00pm</p>	<p>16 * WALMART 2:00 pm pick up</p>	<p>17 Coffee & Conversation 9:00-11:00a Enhanced Fitness 11:30 am</p>	<p>18 BIBLE STUDY 12:00pm EXTERMINATOR 2nd Floor</p>	<p>19 Closed on GOOD FRIDAY</p>	<p>20 BEAUTY SALON</p>
<p>21 Visit your Church Rev. Kelly Jackson Happy Easter!</p>	<p>22 Coffee & Conversation 9:00-11:00a Enhanced Fitness 11:30 am Dominos 1:00pm</p>	<p>23 * WALMART 2:00 pm pick up</p>	<p>24 Coffee & Conversation 9:00-11:00a Enhanced Fitness 11:30 am</p>	<p>25 BIBLE STUDY 12:00pm SMOKING CEASATION 1:30pm Resident Association Meeting 4:30 pm</p>	<p>26 Friends & Family MOVIE DAY!!</p>	<p>27 BEAUTY SALON</p>
<p>28</p>	<p>29 Coffee & Conversation 9:00-11:00a Enhanced Fitness 11:30 am Dominos 1:00pm</p>	<p>30 * WALMART 2:00 pm pick up</p>				



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Beauty Salon
313-832-8804

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Numbers 313-832-9922

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Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

**City of Detroit
Neighborhood Police Officers
Main: 313-596-1319
Fax: 313-596-5166**

Officer Dorsey - Cell: 313-643-0865
Officer Hardy - Cell: 313-570-4364
Officer Hawkins - Cell: 313- 581-3805

The Village of Brush Park Manor Paradise Valley

Board Members:

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**John Gardner, Vice
Chair**
**James Bradford,
Treasurer**
**Elaine Hearn,
Secretary**
Paul Johnson
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Robertson**
Arthur Caldwell
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