



Hampton Herald



Embrace the possibilities

700 North Pine Road • Bay City, Michigan 48708 • www.pvm.org

April 2020

April Showers Bring May Flowers

Featured Articles

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By April, spring has finally sprung, and if we're lucky, the weather will reflect that! We hope that your sky is bright and clear and your grass is growing green. In celebration, check out the month's holidays, recipes, gardening tips, and folklore!

The month of April gets its name from the Latin word *aperio*, meaning "to open [bud]," because plants begin to grow now.

"Just for Fun" Days

- Apr. 1: Sweet Potato Day
- Apr. 6: International Pillow Fight Day
- Apr. 7: National No Housework Day
- Apr. 21: Go Fly a Kite Day
- Apr. 26: National Richter Scale Day
- Apr. 27: National Sense of Smell Day

APRIL ASTRONOMY

The Full Pink Moon: The Biggest & Brightest Supermoon of 2020

April's full Pink Moon will rise on the night of Tuesday, April 7, reaching

peak illumination at 10:35 P.M. ET. This full Moon, which is the first full Moon of the spring season, is both a supermoon and the Paschal Full Moon!

APRIL BIRTHSTONE & BIRTH FLOWER

Birthstone: Diamond

Birth Flowers: Daisy and Sweet Pea.

RHYME TIME

April cold with dripping rain
Willows and lilacs brings again,
The whistle of returning birds,
And trumpet-lowing of the herds.
—Ralph Waldo Emerson (1803–82)

Oh, how fresh the wind is blowing!
See! The sky is bright an clear,
Oh, how green the grass is growing!
April! April! Are you here?
—Dora R. Goodale (1866–1953)

Look for PVM on:



Maintenance Updates

- You must report all work orders as they happen. Please do not ignore repair issues within your apartment. You will be responsible to pay for any damage that is caused by your neglect.
- You cannot place ANY item in front of your breaker panel in the kitchen, your furnace closet or window in the living room. This is a REAC violation. If we notice any item blocking them, you will receive a lease violation.
- You must be clothed when we come to your apartment to do work. If you have requested service or if we have sent a notice that we will be by, you need to be sure to have clothes on. Not robes or see through gowns. Lease violations will be written if you are not. No exceptions.
- You cannot place any item on the stove that is not designed for cooking. All other items are fire hazards. If we notice anything on or near your stove that is flammable, you will be receiving a lease violation.
- Boxes are to be broken down flat and placed on the trash room floor. Large items must be disposed of by your friends or family.
- Trash bags need to be tied and placed in the barrels or down the chute.
- ***If you have a health emergency, you or your family members should press your personal help button or call 911.***
- ***If there is a fire emergency you should call 911.***
- ***If your smoke detector is going off because of burned food and it is after hours, please call 911 to let them know. The fire dept. will still respond to reset your alarm but they won't need to send the big truck and a slew of volunteers. Thank you for your continued cooperation.***
- ***Report all symptoms or positive COVID-19 test results by phone to your Administrator.***

Please join us in the month of April for:

Due to the current outbreak of the Coronavirus, all in-house activities have been suspended. We hope to start them back up again as soon as we have been cleared to do so by our Governor and our corporate office.

The Friends and Family Campaign has been extended! The campaign will now end May 15th. More information to follow.

I will be putting a ticket redemption day of the calendar as soon as we are able so that you can cash them in for goodies from the goodie closet. Tickets are received for participating in non-food Hampton Meadows activities.

Announcements

Laundry Repair Contact Number: 1-800-521-9938

Please use this number when the washers or dryers are not working or if you've lost quarters in the machine.

**Laundry Room Hours are:
8:00 a.m. – 8:00 pm
everyday**

****Be courteous of your neighbors and wipe down the washers and empty the lint screens after each use.**

****Please do not touch other people's laundry or remove them from the machines.**

****You should not be leaving your laundry for extended periods.**

Bay City Happenings in April

Bay City is host to several festivals and events each year. There are many different activities throughout our beautiful little town and the surrounding areas. Here are a few:

DOWNTOWN BAY CITY

Due to the current outbreak of the Coronavirus, all local Bay City events have been canceled. Stay tuned for further updates as we have them.

Continued on pg. 4

Programs (continued)

Celebrating April Birthdays

Due to Covid-19 we will not be celebrating birthdays in our community room this month. That doesn't stop us from giving a Happy Birthday wish for another year full of fun, laughter and days spent with loved ones. Please join me in celebrating another wonderful birthday with the following (March) residents.

- Sandy D..... 3/03**
- Sue A..... 3/23**
- Sherry P 3/31**

There are no birthdays for the month of April



Bay County Division on Aging

The Bay County Division on Aging provides services to Bay County residents age 60 and older. Many programs are funded through senior millage funds, donations, cost-share contributions and fees from seniors, as well as grants from the State and Federal Government.

Some programs are:

- Case Coordination and Support
- Home Delivered Meals
- Senior Dining Centers
- Homemaking
- Caregiver Training
- Personal Care
- Information and Referral

For more details, contact Debbie Keyes at 989-893-7070



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

Small Change Makes a Big Difference

PRESBYTERIAN VILLAGES OF MICHIGAN FOUNDATION

2020 **FRIENDS & family** CAMPAIGN

Now is the time to give to YOUR community!

Help PVM Villages raise funds for projects and programs to enhance the lives of seniors.



April 1 - 30

GIVE TO YOUR LOCAL VILLAGE TODAY!

 **Presbyterian Villages**
OF MICHIGAN
THE FOUNDATION

TO MAKE A GIFT:
See the front desk for a donation envelope or, call 248.281.2040 or visit pvmf.org

Your Life. Your Legacy.

Presbyterian Villages of Michigan is only able to provide the best quality of housing, programs and services to seniors throughout Michigan with the generous support of our donors.

Please consider a charitable bequest... and leave a legacy.

 **Presbyterian Villages**
OF MICHIGAN
THE FOUNDATION

For more information, call Paul Miller at the PVM Foundation
248.281.2045
www.pvmgifts.org



The Senior Advocate.

By Lynn Alexander,
Senior VP & Chief Marketing Officer

UPDATE ON CORONAVIRUS ACTIONS

We want to update everyone on actions taken by PVM in response to COVID-19.

Thank you to our PVM staff who have been going above and beyond and upheld their duty of service excellence. To our residents, family members, board members and other stakeholders know that the safety and quality of life for all is at the forefront of all that we do. Here are some actions we have taken thus far:

- Consistently monitored and implemented directives and recommendations issued by public health authorities and other governmental agencies
- Restricted all social visitors
- Practiced recommended social distancing policies
- Halted all transportation except for individual and necessary medical appointments
- Posted signage to inform residents, families, staff and visitors on preventive measures
- Monitored staff, residents and others for symptoms
- Activated our Management and Communication Plans
- Maintained consistent communication among staff and leadership regarding resident needs, supplies and staffing
- Aided families who wish to connect with their loved ones via various forms of communication

We will keep you informed as the situation changes. If you have questions feel free to reach out to staff at your community. Thank you for being a part of the PVM community.

Lynn Alexander
Senior VP & Chief Marketing Officer
Presbyterian Villages of Michigan
26200 Lahser Rd., Suite 300
Southfield, MI 48033-7175
(248) 281-2020
www.PVM.org



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

Stressed About Stress?

This month's column was co-written with Lyndsey Malkovich, an intern from Oakland University's Wellness, Health Promotion, & Injury Prevention Program.

Stress. We've all experienced it and though it gets a bad rap, without it we wouldn't get much done. A little bit of stress is actually good for us. It motivates us to do the things we need to do to stay healthy and well. It's when we let it get out of hand, that it causes problems. Left unchecked, it can lead to a variety of health problems including headaches, sleep disorders, chronic pain, high blood pressure, cardiovascular disease, anxiety and depression to name just a few.

When faced with a stressful situation, our bodies react by producing a cascade of chemicals that among other things, heightens our senses, constricts our blood vessels, tenses our muscles, raises our blood pressure, dilates our pupils, and increases our heart and breathing rates. Sensing danger, our bodies are getting us ready to fight or flee. Back in the caveman days, when our biggest dangers were lions, tigers, and bears, such a reaction could literally be lifesaving. We would use the resulting extra boost of energy we would get to either fight off the threat or run away and escape from it.

Nowadays, our biggest threats are less tangible and include chronic conditions, bills, deadlines, internet scams, and traffic jams. And though we might badly want to, we really can't run away from them and we certainly aren't going to hit them. Yet, our bodies still react the same way. If we don't do something to dissipate this pent up energy, things will eventually start to go astray. Fortunately, there are things we can do to quell these present day dangers:

- Exercise – it's the modern equivalent to fighting or fleeing. Whether you do aerobics, yoga, walk, swim or dance, the key is to move your body!
- Meditate – it will calm both your body and your mind. Inhale deeply through your nose then slowly exhale through pursed lips for twice as long as you breathe in. Doing this simple meditation 10-15 minutes daily can work wonders!
- Socialize – it will connect you to others with whom you can share and express your feelings and concerns. An empathetic ear can help lift some of that weight off your shoulders!
- Laugh – it will release endorphins, which are our body's natural "feel-good" chemicals. There are plenty of YouTube videos, Netflix comedies, and other forms of entertainment out there that can inspire a laugh. Find what works for you and let the belly shaking begin!

SERVICE EXCELLENCE

Just a reminder that the Service Excellence recognition slips are located to the right of the cubbies on the first floor. If you feel that any Hampton Meadows' employee has done something noteworthy for you or our community, please fill out a recognition slip for them. You can either put it in the suggestion box where they are located, in the drop box or you can give it to the Administrator directly.

It will then be forwarded along to a monthly drawing where we can be entered to win a prize. Thank you again for your continued support and assistance. Please let us know if there is anything that we can do to make your experience here at The Village of Hampton Meadows the best that it can be.

Congratulations!

You are being recognized because
"What you did mattered!"



Thank you for what you did!

Employee Name:

Person Recognizing Employee:

Date:

**** Please turn a copy of this card into Village Administrator or HR, for a drawing**

ACCOUNTABILITY • LISTENING • RELATIONSHIPS • RESPECT

Friendly Reminders

Please be courteous of your neighbors and don't use more than one washing machine and/or dryer at a time. There are 51 people here who all need to use the laundry facilities.

There are not assigned machines for certain people. Anyone is welcome to use a washer or dryer if it is not being used. There is no saving them for later by putting your laundry on it or because it is your favorite.

The laundry room hours are from 8:00 am to 8:00 pm. This applies to everyone.

Please be sure to clean up after yourself. Clean your lint out of the dryer screens. Check the washers and dryers when you are done with them for loose change or things that may have gone through the machine that wasn't meant to, tissue for example. Check the pockets of all of your garments before you put them in the machines.

Do not remove, adjust or dispose of things from any of the amenity rooms. If it isn't yours, please do not touch it. This includes the resident bulletin board in the laundry room. If you have an issue with any item not belonging to you, you need to bring it to the Administrator's attention.

Potato Gnocchi Pasta – 3 Ingredient Recipe



Ingredients

- 2 pounds baking potatoes
- 1 egg yolk
- 1 cup all-purpose flour
- Flour for dusting
- Tomato sauce, alfredo sauce, pesto, Italian dressing or any other sauce that sounds good that you have laying around the house (if desired)

DELICIOUS

Directions

- Preheat oven to 400°. Bake the potatoes for about an hour, or until fork tender.
- Out of oven, immediately spilt them open. Then peel off the flesh and add in a bowl. Mash with a potato masher or a fork. Season with salt. Continue mashing until smooth. Then add to a fine sieve and push the potato with a spoon. This will remove any lumps. You can use a food mill or a ricer.
- Now sprinkle half of the flour on the clean working surface. And transfer the potato over the flour and spread evenly. Then sprinkle remaining flour over the potato. And make a well in the center and add in an egg yolk. Then break it with an index finger and make circles. And start kneading. It should form a slightly sticky dough. If it's too sticky add flour a little more.
- And roll out in half-inch thick with a rolling pin. And cut in ribbons with a pizza cutter or a knife. Roll a ribbon into a rope. Then cut the rope into 1-inch lengths.
- Dust with flour on a parchment-lined baking sheet. Roll each piece into a ball. And arrange the dumplings on the sheet. Then lightly push a dumpling on the back of a fork to make a ridge pattern. Repeat with remaining dumplings.
- In a large pan of generously salted boiling water, add gnocchi. Cook in batches, not all at once. I am cooking 10 dumplings at a time. Then cook until they rise to the surface. Cook them on the surface for additional 30 seconds. With a slotted spoon, transfer to a dish. The dumplings will get harder as they cool.
- Serve with pomodoro sauce, pepper and cheese.

6 Ingredient Chicken Lazione



INGREDIENTS

- 2 teaspoons kosher (coarse) salt
- 2 teaspoons garlic powder
- 2 teaspoons chili powder
- 1 lb. uncooked chicken breast tenders (not breaded)
- 4 tablespoons unsalted butter
- 1 cup whipping cream

DIRECTIONS

- In small bowl, stir together 2 teaspoons kosher salt, 2 teaspoons garlic powder and 2 teaspoons chili powder. Sprinkle over 1 lb. uncooked chicken breast tenders (not breaded) to completely coat.
- In 10-inch skillet, melt 2 tablespoons of the unsalted butter over medium-low or medium heat. Add coated chicken tenders; cook 3 to 4 minutes on each side or until browned and no longer pink in center. Transfer chicken to plate; set aside.
- In same skillet, heat 1 cup whipping cream, scraping up any brown bits from bottom of skillet. Increase heat to simmer or until cream comes to a boil. Reduce heat; simmer until cream is reduced by half. Stir in remaining 2 tablespoons unsalted butter. Season to taste with salt. Return chicken to skillet.

CREAMY

April Word Search



Earth Day Every Day

Find all of the Earth Day related words from the list below. The words can be up, down, forward, backward, or diagonal.

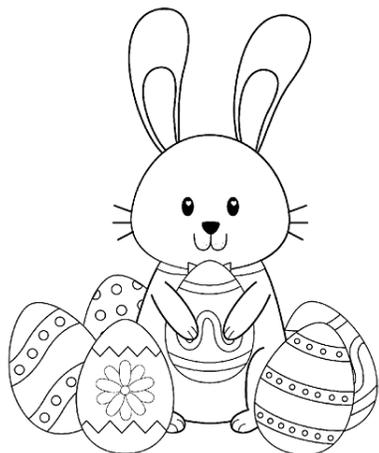


AIR	ENVIRONMENT	OCEAN	RESOURCES
APRIL	EXTINCTION	OZONE	REUSE
CLEAN	FOREST	PEOPLE	SMOG
CLIMATE	GLOBAL	PLANET	TRASH
COMPOST	LAND	POLLUTION	TREES
CONSERVATION	LITTER	RECYCLE	WASTE
ENERGY	NATURE	REDUCE	WATER
			WILDLIFE

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April Word Search

Easter word search

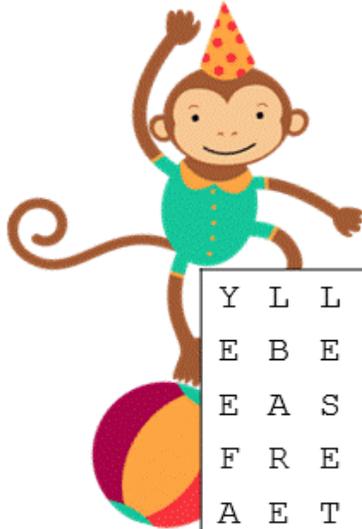


Words to find

- | | | |
|----------|------------|--------------|
| APRIL | CHOCOLATE | MARSHMALLOWS |
| BASKET | EASTER | PASTEL |
| BLOOMING | EGGS | SPRING |
| BONNET | FLOWERS | SUNDAY |
| BUNNY | HOLIDAY | SUNSHINE |
| CANDY | JELLYBEANS | TULIPS |
| CHICK | MARCH | |

THANKSGIVING & CO.

April Word Search



APRIL FOOL'S Day APRIL 1st

Y	L	L	I	S	B	P	E	L	Z	O	O	B	M	A	B
E	B	E	W	I	L	D	E	R	C	A	P	E	R	W	Q
E	A	S	H	E	N	A	N	I	G	A	N	S	B	U	P
F	R	E	S	I	R	P	R	U	S	G	U	O	D	R	E
A	E	T	U	P	S	L	B	S	E	K	O	J	E	E	E
R	D	T	O	N	D	U	P	E	H	U	F	P	T	K	L
C	U	S	I	M	S	C	L	M	F	D	O	R	Y	A	A
E	L	E	O	I	F	D	P	E	N	S	I	Y	U	Y	Y
A	E	J	N	I	D	O	I	U	T	C	T	G	E	K	L
E	D	E	R	U	P	H	O	E	K	I	H	K	C	I	X
F	S	S	F	R	C	F	R	L	V	T	R	A	R	V	A
S	T	E	A	S	B	O	D	E	E	A	W	P	M	X	O
E	B	N	I	M	U	A	L	R	L	R	A	D	F	Z	H
Y	K	M	U	S	E	Y	P	A	O	B	Y	O	R	J	R
R	R	D	T	C	O	U	M	I	T	E	S	U	M	E	B
E	Y	E	K	N	O	M	K	N	I	W	D	O	O	H	I

APRIL
BAMBOOZLE
BEFUDDLE
BEMUSE
BEWILDER
CAPER
DELUDE
DUMBFOUND
DUPE
FARCE

FIRST
HOAX
HOODWINK
JEST
JOKES
LAUGHTER
LEVITY
MALARKEY
MISCHIEF
MONKEY

BUSINESS
PRANK
PREPOSTEROUS
SHENANIGANS
SILLY
SURPRISE
TOMFOOLERY
TRICK
WACKY



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April Word Search

Spring Word Search

C H I C K E J U N E G R W O W
 H P U D D L E M A P R I L H S
 I B L O H B U N N Y E B O M E
 B A S E B A L L T T E U M A E
 S U M A M A T C H A N T F R D
 H O T S P R I C I N G T L C S
 N E S T T A P I H E A F O H O
 E G S G E T R A I N B O W L R
 E G S S Y R E W S O L Y E E A
 A S E H B U F N N S O L R S I
 E G R O W O F L L Y O Y S S N
 A N U W E F M A Y Y M V R O C
 S A N E R A N B O W S H E S O
 U M B R E L L A E A S T E R A
 T H A S P R I N G P U D D E T



- | | | |
|-----------|---------|----------|
| APRIL | FLOWERS | PASSOVER |
| BASEBALL | GREEN | PUDDLE |
| BLOOM | GROW | RAINBOW |
| BUNNY | HATCH | RAINCOAT |
| BUTTERFLY | JUNE | SEEDS |
| CHICK | MARCH | SHOWERS |
| EASTER | MAY | SPRING |
| EGGS | NEST | UMBRELLA |



CRAYONSANDCRAVINGS.COM

April Logic Puzzle



		First Names				Cocktails				Music			
		Alice	Delilah	Juan	Raquel	gin and tonics	mojitos	tequila sunrises	white russians	classical	country	hip hop	jazz
Rewards	\$720												
	\$1160												
	\$1300												
	\$1960												
Music	classical												
	country												
	hip hop												
	jazz												
Cocktails	gin and tonics												
	mojitos												
	tequila sunrises												
	white russians												

Logic Puzzles
Presented by Puzzle Baron

Puzzle ID: J500FF
For hints, solutions and more puzzles, go to www.Printable-Puzzles.com!

Rewards	First Names	Cocktails	Music
\$720			
\$1160			
\$1300			
\$1960			

1. Raquel was not rewarded with \$720 or \$1300.
2. The one who received the \$720 reward downloaded a number of country mp3s.
3. The person who downloaded country mp3s doesn't drink gin and tonics.
4. The person who downloaded hip hop mp3s received a larger reward than the person who drinks mojitos.
5. The person who downloaded jazz mp3s doesn't drink tequila sunrises.
6. Of Alice and Delilah, one drinks gin and tonics and the other downloaded a number of jazz mp3s.
7. The person who downloaded country mp3s is not Alice and doesn't drink mojitos.
8. The person who downloaded classical mp3s drinks white russians.
9. Either the one who received the \$1960 reward or the one who received the \$1300 reward drinks white russians.
10. The person who drinks mojitos was rewarded less than the person who drinks white russians.
11. The person who drinks mojitos is not Alice.

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April Logic Puzzle



		First Names				Internet Crazes				License Plates			
		Cade	Dana	Joaquin	Josie	dancing baby	hamster dance	lolcat	will it blend	KNZ-771	OIC-222	SUV-332	VGN-789
Hospital Bills	\$600												
	\$660												
	\$810												
	\$1810												
License Plates	KNZ-771												
	OIC-222												
	SUV-332												
	VGN-789												
Internet Crazes	dancing baby												
	hamster dance												
	lolcat												
	will it blend												

Logic Puzzles

Presented by Puzzle Baron

Puzzle ID: E340VY

For hints, solutions and more puzzles, go to www.Printable-Puzzles.com!

Hospital Bills	First Names	Internet Crazes	License Plates
\$600			
\$660			
\$810			
\$1810			

1. The driver with the VGN-789 license plate is not Josie.
2. The patient with the \$660 hospital bill is not Cade.
3. The driver with the OIC-222 license plate didn't start the will it blend craze.
4. Of Dana and the person who started the lolcat craze, one has the SUV-332 license plate and the other has the KNZ-771 license plate.
5. The patient with the \$660 hospital bill started the lolcat craze.
6. Either the patient with the \$810 hospital bill or the patient with the \$1810 hospital bill is Josie.
7. The patient with the \$1810 hospital bill has the SUV-332 license plate.
8. The driver with the KNZ-771 license plate owes less money than the driver with the SUV-332 license plate.
9. The person who started the hamster dance craze owes less money than the person who started the lolcat craze.

April Drop Quote

Drop Quotes

Source: Edward Hoagland

Puzzle #E588RA

I							O					C					N		
C	R	G	E	L	S	B	S	R	D	N		N	L	R	M	S	E		W
I	N	U	O	R	S	O	L	R	S	S	O	T	G	I	L	O	N	G	O
F	N	T	O	F	E	A	I	E	I	U	D	H	I	A	S	I	R	T	H
T	O	L	R	A	C	K	V	I	T	A	W	E	H	E	S	E	A	O	D
				■									■			■		■	
		■			■									■					
			■							■									■
					■			■			■							■	
	■							■			■					■			

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April Drop Quote

Drop Quotes

Source: Robert Brault

Puzzle #T863DQ

I	H	E	I		T	O	L	E		O	S	I	A	S		I		T	
T	T	A	M	E	H	A	R	B	U	P	O	O	C	A	M	U	E	H	
A	S	Y	L	I	L	F	V	D	G	T	O	D	N	U	I	C	A	B	
S	M	I	S	L	M	P	O	E	S	T	R	A	J	T	T	T	C	D	E
	■			■					■			■					■		
■						■				■			■					■	
		■		■				■						■		■			
			■					■				■			■			■	

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April Sudoku

	7		1		6		8	
1		2		5			4	
		5						
	2		8		7			
6		4		2	9		3	
					3	5		
9	3		2				5	
				7	4	3		
4						1	9	

Sudoku Puzzle #B162UD
Presented by Puzzle Baron

Rated: Easy

Sudoku Puzzle #A084YO
Presented by Puzzle Baron

Rated: Medium

	8			7				4
			4	9		8	6	
		2	8		5	9		
	4	9	5		8			
8					1			
	3			6				
			6				1	
		4						7
		5			7		8	

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April Sudoku

	7		1		6		8	
1		2		5			4	
		5						
	2		8		7			
6		4		2	9		3	
					3	5		
9	3		2				5	
				7	4	3		
4						1	9	

Sudoku Puzzle #B162UD
Presented by Puzzle Baron

Rated: Easy

Sudoku Puzzle #A084YO
Presented by Puzzle Baron

Rated: Medium

	8		7				4
			4	9		8	6
		2	8		5	9	
	4	9	5		8		
8					1		
	3			6			
			6				1
		4					7
		5			7		8

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Laughter is the Best Medicine

The Funny Story of the Lady and The Lavatory or Water Closet (WC)

Many years ago, remember Will and Guy, you couldn't count on a public toilet facility when travelling either at home or abroad.

This true, short and funny story is about an English woman who was planning a trip of a lifetime to India. She had booked in to stay in a small guest house owned by the local schoolmaster. She was concerned as to whether the guest house contained a WC.

In Britain, a bathroom is occasionally called a WC which stands for "Water Closet".

This, rather genteel lady wrote to the schoolmaster inquiring about the WC. The school master who was not very fluent in English, asked the local priest if he knew the meaning of WC.

Together they pondered possible meanings of the letters and concluded that the lady wanted to know if there was a "Wayside Chapel" near the house . . . a bathroom never entered their minds.

The Hilarious Reply

Will and Guy are able to share with you the schoolmaster's reply - it could cause paroxysms of mirth.

Dear Madam,

I take great pleasure in informing you that the WC is located 9 miles from the house. It is located in the middle of a grove of pine trees, surrounded by lovely grounds. It is capable of holding 229 people and is open on Sundays and Thursdays. As there are many people expected in the summer months, I suggest you arrive early. There is, however, plenty of standing room. This is an unfortunate situation especially if you are in the habit of going regularly.

It may be of some interest to you that my daughter was married in the WC as it was there that she met her husband. It was a wonderful event. There were 10 people in every seat. It was wonderful to see the expressions on their faces. We can take photos in different angle.

My wife, sadly, has been ill and unable to go recently. It has been almost a year since she went last, which pains her greatly. You will be pleased to know that many people bring their lunch and make a day of it. Others prefer to wait till the last minute and arrive just in time.

I would recommend your ladyship plan to go on a Thursday as there is an organ accompaniment. The acoustics are excellent and even the most delicate sounds can be heard everywhere. The newest addition is a bell which rings every time a person enters. We are holding a bazaar to provide plush seats for all since many feel it is long needed. I look forward to escorting you there myself and seating you in a place where you can be seen by all.

With deepest regards,
The Schoolmaster.

Will and Guy believe the lady fainted on receipt of the letter and cancelled her holiday to India immediately.

Administrator Column

Resident Updates



Administrator's News

Covid-19 Village Update

Wow. What a month it has been. I know that the past few weeks have been difficult to say the very least. Finding things to do around the house can be taxing day after day. Just know that we are all in this together. We are here for each other. PVM is doing everything they can and Dave and I are doing all that we can to help keep you safe during this difficult time. Dave is sanitizing every hour and I am always sharing the latest information with you from our

corporate office.

I want to remind you that during this time of trying to stay as safe from this virus as possible, there are several things you can do to help too.

- Please limit your visitors to essential visits/people only. I understand that everyone wants to check in and be sure that you're safe but please encourage them to call and not visit. We are doing our best to protect everyone.
- Please limit your deliveries to essential deliveries only. Now is not the time to order that pretty green sweater or to order new furniture. Deliveries should be limited to food, toiletries and medication. Just remember that every person invited into the community is one more person who could potentially be exposing us to this virus.

I know that staying in your apartment day after day can get very boring.

So, I am going to allow residents to call the office Monday, Wednesday or Friday to request books from the library or puzzles from the game room. You can keep them until the quarantine is over. This can give you another option of staying busy if you choose.

The main goal is to stay calm. This too shall pass. Make sure you are drinking plenty of water and getting plenty of rest. This can help keep your body strong from the inside out.

If you have any question or concerns, as always, feel free to call the office. I'm here to help.

At this time, all rent payments should be placed in the drop box. Please do not bring them in to office even if the door is open. Office visits should be for essential needs only.

**Stephanie Cooper--Administrator
The Village of Hampton Meadows**

**The Bay County Bookmobile Service has been suspended until further notice.
There will be no late fees assessed on books that are out during this time.**

Commodities are now being distributed at the Essexville Baptist Community Church, located at 1001 Main St., Essexville, MI 48732. Please contact the Mid-Michigan Community Action Agency if you have any questions or concerns. Their number is 989-894-9060.

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Numbers

Village Staff

Stephanie Cooper **989-892-1912**
Administrator

Service Coordinator **989-892-6906**

David Short
Maintenance

**EMERGENCY TELEPHONE
NUMBER** **989-415-7974**



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit **www.pvmfoundation.org**



Our Mission: Motivated by Christ's love, we engage people as they experience and embrace their God-given potential.
Our Vision: Changed Lives. Strong Families. Transformed Communities.
Our Values: Christ-centered. Excellence. Integrity. Life.



**700 North Pine Road
Bay City, MI 48708**

Embrace the possibilities