

✠ Manor Message ✠

Embrace the possibilities

29495 Annapolis • Westland, Michigan 48186 • www.pvm.org

2020 | Issue IV

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The Administrator's Pen

OSM Family and Friends,

In spite of all that is happening in the world right now, we know that GOD is in control and we have to trust HIM to work this all out for our good. I want you to please stay safe, only come out to go to the store or pick up your prescription. Most pharmacy and grocery stores now have delivery, right to your door, please take every option to have your food or prescription delivered to you. Don't forget to give them your apartment number. As you know with the Governor's "Stay At Home and Be Safe Order", our new office hours are Monday, Wednesday, & Friday, from 9 AM to 4 PM. We are closed on Tuesday's and Thursdays. And Due to this order, all of our activities, functions, and trips are on hold until further notice. Once the order has been lifted, we pray to resume all of our regularly activities.

Also, please take a moment to Welcome our new OSM Resident Ms. Delores Shelton on the second floor. Let's also please keep the family members of our very own, Evangelist Cross during their time of bereavement. Per the family, once this is all over, we can have a celebration of her life here at OSM. We're so blessed to have known such a beautiful and most wonderful lady. She always gave of her time, talent and treasures. She made sure that she took care of others even while she was yet sick and we thank GOD that now He's taking care of her. Rest in Peace, Evangelist Cross. Your beautiful smile and all that you did for OSM will truly be missed, yet never forgotten.

Remember: Good, Better, Best, Never Rest until your Good is Better and your Better is Best! GO MONARCHS!!!



Graziella Bruner
Administrator



The Village of
**Our Saviour's
Manor**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan,
Wellspring Lutheran Services and
The Lutheran Church of Our Saviour

Look for PVM on:

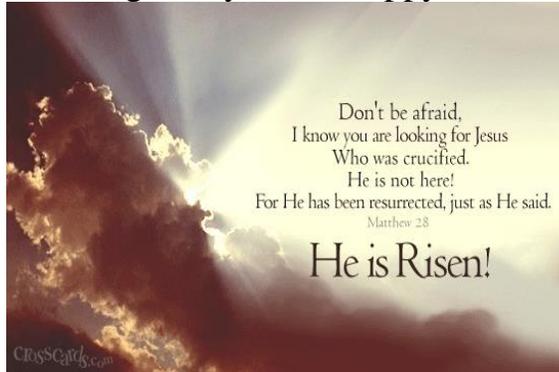




Monarch Moments

Blessings Our Saviour's Manor,

Wishing Everyone A Happy Easter!



Reminder all common areas are closed and will remain closed until the Governor's order has been lifted. All trips and events are cancelled as well. We will reschedule our Resident Activity Meeting and other events and trips in the near future. We appreciate your understanding and cooperation.

Please also keep in mind that OSM and three other PVM Villages will be planning a Niagara Falls Trip and an Ark Encounter Trip as well. Both of these trips will probably be three days, two nights. More details to come.

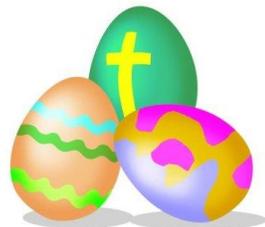
Thank you again to all residents for your cooperation and understanding as we navigate through these tough times. Just a reminder to stay healthy by, washing your hands periodically, limiting visitors to your apartment, and to practice social distancing.

Lastly, the laundry room is still open for residents. Please use your Key FOB to gain access. The Laundry Room is open 24 hours. You can watch any and all church services on YouTube or a regular channel.

Please remember to sign up for all trips.

Please check the calendar for all of our upcoming activities and events.

Have a blessed and safe month!



Schwan's Delivery Schedule

Delivery
Only!
You must Call
in Your order
For door
Delivery
service.

1-888-
SCHWANS
(724-9267)



The Village of Our Saviour's Manor Events



PSALM 91

God's Umbrella of Protection

Whoever goes to the Lord for safety,
whoever remains under the protection
of the Almighty, can say to him,
“You are my defender and protector.
You are my God; in you I trust.”
He will keep you safe from all hidden
dangers and from all deadly diseases.
He will cover you with his wings;
you will be safe in his care;
his faithfulness will protect
and defend you.

You need not fear any dangers at night
or sudden attacks during the day
or the plagues that strike in the dark
or the evils that kill in daylight.
A thousand may fall dead beside you,
ten thousand all around you,
but you will not be harmed.

BIBLE CAPSULES - 3



Inspirational Moments

By Warnedie Cross,
Resident Volunteer

Don't Cry For Me

Don't cry for me.
I will be okay.
Heaven is my home now,
And this is where I'll stay.

Don't cry for me.
I'm where I belong.
I want you to be happy
And try to stay strong.

Don't cry for me.
It was just my time,
But I will see you someday
On the other side.

Don't cry for me.
I am not alone.
The angels are with me
To welcome me home.

Don't cry for me,
For I have no fear.
All my pain is gone,
And Jesus took my tears.

Don't cry for me.
This is not the end.
I'll be waiting here for you
When we meet again.



Coordinator's Corner

By To Be Determined
Service Coordinator

Greetings!!!!!! Our Saviour's Manor Residents.

Preventing Falls Among Older Adults

Each year, one in every three adults ages 65 or older falls and 2 million are treated in emergency departments for fall-related injuries. And the risk of falling increases with each decade of life. The long-term consequences of fall injuries, such as hip fractures and traumatic brain injuries (TBI), can impact the health and independence of older adults. Thankfully, falls are not an inevitable part of aging. In fact, many falls can be prevented. Everyone can take actions to protect the older adults they care about.

Prevention Tips:

- **Get some exercise.** Lack of exercise can lead to weak legs and this increases the chances of falling. Exercise programs such as Tai Chi can increase strength and improve balance, making falls much less likely.
- **Be mindful of medications.** Some medicines—or combinations of medicines—can have side effects such as dizziness or drowsiness. This can make falling more likely. Having a doctor or pharmacist review all medications can help reduce the chance of risky side effects and drug interactions.
- **Keep their vision sharp.** Poor vision can make it harder to get around safely. Older adults should have their eyes checked every year and wear glasses or contact lenses with the right prescription strength to ensure they are seeing clearly.
- **Eliminate hazards at home.** About half of all falls happen at home. A home safety check can help identify potential fall hazards that need to be removed or changed, such as tripping hazards, clutter, and poor lighting.

Steps for Home Safety

- Remove things you can trip over (such as papers, books, clothes, and shoes) from stairs and places where you walk.
- Install handrails and lights on all staircases.
- Remove small throw rugs or use double-sided tape to keep the rugs from slipping.
- Keep items you use often in cabinets you can reach easily without using a step stool.
- Put grab bars inside and next to the tub or shower and next to your toilet.
- Use non-slip mats in the bathtub and on shower floors.
- Improve the lighting in your home. As you get older, you need brighter lights to see well. Hang lightweight curtains or shades to reduce glare.

Sources: National Center for Injury Prevention and Control

Office Hours are as follows:
To Be Determined

Remember you are fearfully and wonderfully made. - Psalm 139:14



The Village of Our Saviour's Manor

A SENIOR LIVING COMMUNITY



A Mission of Presbyterian Villages of Michigan,
Wellspring Lutheran Services and
The Lutheran Church of Our Saviour

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It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

This month's column was co-written with Lyndsey Malkovich, an intern from Oakland University's Wellness, Health Promotion, & Injury Prevention Program.

Stressed About Stress?

Stress. We've all experienced it and though it gets a bad rap, without it we wouldn't get much done. A little bit of stress is actually good for us. It motivates us to do the things we need to do to stay healthy and well. It's when we let it get out of hand, that it causes problems. Left unchecked, it can lead to a variety of health problems including headaches, sleep disorders, chronic pain, high blood pressure, cardiovascular disease, anxiety and depression to name just a few.

When faced with a stressful situation, our bodies react by producing a cascade of chemicals that among other things, heightens our senses, constricts our blood vessels, tenses our muscles, raises our blood pressure, dilates our pupils, and increases our heart and breathing rates. Sensing danger, our bodies are getting us ready to fight or flee. Back in the caveman days, when our biggest dangers were lions, tigers, and bears, such a reaction could literally be lifesaving. We would use the resulting extra boost of energy we would get to either fight off the threat or run away and escape from it.

Nowadays, our biggest threats are less tangible and include chronic conditions, bills, deadlines, internet scams, and traffic jams. And though we might badly want to, we really can't run away from them and we certainly aren't going to hit them. Yet, our bodies still react the same way. If we don't do something to dissipate this pent up energy, things will eventually start to go astray.

Fortunately, there are things we can do to quell these present day dangers:

- **Exercise** – it's the modern equivalent to fighting or fleeing. Whether you do aerobics, yoga, walk, swim or dance, the key is to move your body!
- **Meditate** – it will calm both your body and your mind. Inhale deeply through your nose then slowly exhale through pursed lips for twice as long as you breathe in. Doing this simple meditation 10-15 minutes daily can work wonders!
- **Socialize** – it will connect you to others with whom you can share and express your feelings and concerns. An empathetic ear can help lift some of that weight off your shoulders!
- **Laugh** – it will release endorphins, which are our body's natural "feel-good" chemicals. There are plenty of YouTube videos, Netflix comedies, and other forms of entertainment out there that can inspire a laugh. Find what works for you and let the belly shaking begin!



Mission, Vision & Values

Just as water from a wellspring is pure and clear, we want our Vision, Mission and Values to be rock solid and easily seen.

Vision

Changed Lives. Strong Families. Transformed Communities.

A ripple is caused by making a splash. Many of our clients believe they can make no positive impact at all. By engaging with the individual to build self-esteem and dip into their own God-given potential, a splash of hope ripples through the individual and the family. We believe this ripple cannot only reach distant shores, but its lasting effect can transform whole communities.

Mission

Motivated by Christ's love, we engage people as they experience and embrace their God-given potential.

At the source is God's love. We seek to release and be a channel of the love that Jesus, by his example, poured out in abundance. It's a love that puts the good of neighbor above personal interests and engages those on the "outside," as he did with a woman he met at a well. Because of this meeting, her life, her family and community were transformed.

Values

Our values are the things we must live out — things we must not only believe but be. These values help direct our actions and drive our behavior.

- ❖ Christ-centered
- ❖ Excellence
- ❖ Integrity
- ❖ Life

Our Vision Changed lives. Strong families. Transformed communities.




Hope flows through us.



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

Friends & Family 2020!

Join us in the annual **Friends & Family 2020** fundraising campaign! Friends & Family is an opportunity for residents to raise funds for projects that will enhance and enrich their lives.

Want to Learn More?

Attend your Village Kick-Off Party or look for flyers and posters to learn more about your Village's individual fundraising goal and project. You can also visit pvmfoundation.org/FF2020. Please encourage everyone you know to make a gift to support your Village's much-needed project and, remember, *every gift matters!*

To Make a Gift

- Please come to the office for a donation envelope and mail it to PVM Foundation:
 - 26200 Lahser Road, Suite 300, Southfield, MI 48033.
- Go online at pvmfoundation.org/OSM to support Our Saviour's Manor
- Call the PVM Foundation at 248-281-2040

For more information, please contact your Village Administrator or the PVM Foundation at 248-281-2040. Best of luck to ALL the Villages for a successful Friends & Family Campaign!

PRESBYTERIAN VILLAGES OF MICHIGAN FOUNDATION

2020
FRIENDS & family
CAMPAIGN

April
1 - 30

**Now is the time to give
to YOUR community!**

Help PVM Villages raise funds for projects
and programs to enhance the lives of seniors.



Presbyterian
Villages
OF MICHIGAN
THE FOUNDATION

TO MAKE A GIFT:

See the front desk for
a donation envelope or,
call 248.281.2040 or visit pvmf.org



GIVE TO
YOUR LOCAL
VILLAGE
TODAY!



Mayor's Message

By William Wild,
Mayor, City of Westland

How to Coronavirus-Proof Your Home

By Scottie Andrew, CNN

Life under coronavirus means staying at home as much as possible — but you'll likely need to make a trip to the grocery store or pharmacy at some point. Download or print this tip sheet to make sure you don't bring the virus back home with you.

Note: Recommendations for Covid-19 may change as officials learn more, so monitor your local health department and the Centers for Disease Control and Prevention for updates.

- Make a game plan
- Designate one person to be your errand-runner to limit your outside exposures
- Set up a disinfecting station — an area outside your home or in a room with low foot traffic where you can disinfect packaged food

When you're out avoid coming within less than six feet of others

- Wipe handles on carts or baskets while shopping
- You don't have to have gloves or a mask — just wash your hands frequently while you're out and avoid touching your face

When you get back

- Wash your hands with soap and water for 20 seconds
- Disinfect takeout boxes and packaged foods at your disinfecting station
- Thoroughly wash produce before putting it in your kitchen
- Disinfect everything you touch — doorknobs, light switches, keys, phone, keyboards, remotes, etc.

Delivery

- Ask workers to drop deliveries off on your doorstep or an area of your complex
- If they need you to come to the door, keep six feet of distance
- Pay and tip online when possible
- After you pick up mail from your mailbox, wash your hands

Laundry

- Wash clothes, towels and linens regularly on the warmest setting
- Disinfect your laundry hamper, too, or place a removable liner inside it
- Don't shake dirty laundry to avoid dispersing the virus in the air

Guests

- You shouldn't allow guests over right now
- If you need to house a family member or friend, avoid shared living spaces as much as you can
- If they need to enter shared living spaces, ask them to keep six feet of distance

If someone in your home gets sick

- First, consult your doctor and isolate them in another room and ask them to use a separate restroom
- Disinfect frequently touched surfaces every day
- Avoid sharing items with them
- Wear gloves when washing their laundry
- Continue to wash your hands frequently
- Ask them to wear a face mask if they have one

Pets

- Supervise your pet in your backyard
- It's OK to play with them outside — just keep your distance from other humans
- If you're sick, ask someone you live with to take care of them while you recover
- If you must care for them while you're sick, wash your hands frequently





Notes From The Parish Nurse



By Carolyn Kimbrough,

Parish Nurse, Lutheran Church of Our Saviour|The Village of Our Saviour's Manor

Happy April,

Spring is here, at least calendar-wise. Spring brings new birth, much like the season that it falls in; Lent. Although Lent started early this year, those observing this 40 days of Lent, may commit to give up something, but I say take on something! Take on the Joy of Jesus, and as HE did, love your neighbor and your fellow man.

For forty days and beyond, read the “good book”, and enjoy some of greatest stories ever told. As the buds on the trees begin to flourish and the flowers pull their heads above the earth, thank God for the wonders that he gives to us each day. How small our aches and pains become, when we focus on others.

It is also important to take time out to re-evaluate ourselves. Our health and well-being is important in order that we can devote some time to others.

This month is National Nutrition Month and Physical Activity Month. These two important health issues help us to frame our position for better health. Eating and making healthy choices will help keep weight in check and keep the blood pressure and cholesterol levels in normal range.

Physical activity of any sort is good and helps keep the heart strong while maintaining muscle tone, and keeping the digestive system, intact. Being overweight is associated with more cardiovascular disease risk factors in men and women, even when they are considered healthy and fit.

You each have an opportunity to seek rebirth, through your faith and life changes. Eating healthy can be as easy as baking rather than frying. Using low fat products or no fat products during cooking and then get moving! Walking, climbing the stairs or just keep moving can be a start.

I will return to OSM when the “*Stay At Home and Be Safe*” order has lifted, meanwhile, my continued prayers to each of you.



Read Proverbs 13:25 – The righteous have enough to eat, but the wicked is always hungry”.



The Senior Advocate.

By Lynn Alexander,
Vice President of Public Affairs

Update on Coronavirus Actions

We want to update everyone on actions taken by PVM in response to COVID-19.

Thank you to our PVM staff who have been going above and beyond and upheld their duty of service excellence. To our residents, family members, board members and other stakeholders know that the safety and quality of life for all is at the forefront of all that we do. Here are some actions we have taken thus far:

- Consistently monitored and implemented directives and recommendations issued by public health authorities and other governmental agencies
- Restricted all social visitors
- Practiced recommended social distancing policies
- Halted all transportation except for individual and necessary medical appointments
- Posted signage to inform residents, families, staff and visitors on preventive measures
- Monitored staff, residents and others for symptoms
- Activated our Management and Communication Plans
- Maintained consistent communication among staff and leadership regarding resident needs, supplies and staffing
- Aided families who wish to connect with their loved ones via various forms of communication

We will keep you informed as the situation changes. If you have questions feel free to reach out to staff at your community. Thank you for being a part of the PVM community.

Lynn Alexander
Senior VP & Chief Marketing Officer
Presbyterian Villages of Michigan
26200 Lahser Rd., Suite 300
Southfield, MI 48033-7175
(248) 281-2020
www.PVM.org



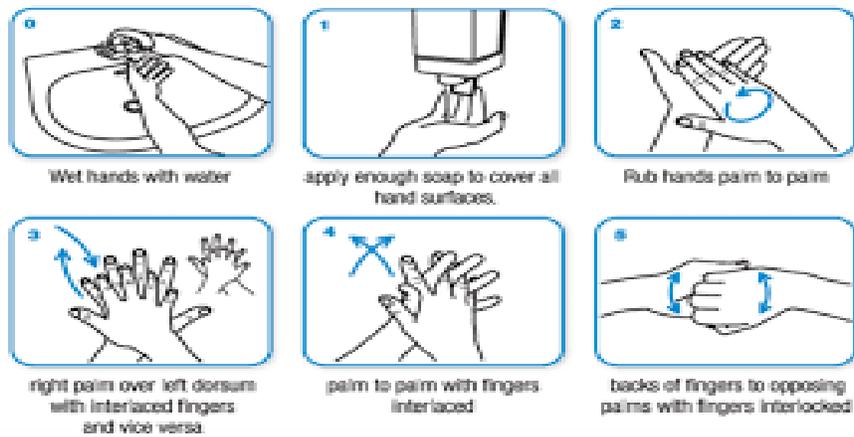
Mike's Maintenance Tips

By Michael Hooton,
Maintenance Technician

Keeping Yourself and Your Home Safe

With the importance of staying healthy during this time so important, it is important to practice good cleaning habits.

- Avoid touching your face and cover your cough or sneezes.
- Wash your hands regularly.
- Disinfect surfaces like doorknobs, tables, and handrails, inside your apartment, regularly.
- Limit visitors coming inside your apartment.
- Practice social distancing and stay six feet apart from one another.



Just a reminder, the trash rooms remain open 24/7. The laundry room is open 24 hours as well. Please use your key fob to unlock the door. All common areas are closed.

A few reminders:

- *Please report all maintenance repairs to the office. (734-595-4663)*
- *Please make sure the dryer lint cleaner is being emptied after each use.*



Dial 1 -734-740-4777 for after hour maintenance emergencies



Katelyn's Column

By Katelyn DeHart,
Administrative Assistant

“After all of this is over, all that will really matter is how we treat each other.”

We all remember being told to treat others how you want to be treated when we were kids. That is a lesson we can carry with ourselves every day and especially with the times that we are facing today. It is a stressful time and it effects everyone differently but it is important to keep treating others with the respect and compassion we all deserve. Spread kindness instead of negativity. A little kindness can change the outlook of a whole day.

The world may have stopped for a bit but spring is still around the corner. The weather is beginning to change and the other day I noticed that my tulips were starting to come up. It is a great reminder that, even with all the stress and fear surrounding the recent events, spring is a time of growth and joy. So let the joy and kindness that you have, spread to those around you.

Best wishes for a great April and for everyone to stay safe and healthy!



Events for April 2020

Happy Birthday!!!

Commadore Herman- 4/04

Elrece Smith- 4/23

Mattie Brady- 4/24



APRIL 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Weekly Celebrations 29 Week 1 – National Public Health Week Week 2 – Wildlife Week Week 3 – National Volunteer Week Week 4 – Preservation Week	30 Governor Whitmer's COVID 19 "Stay at Home" Order still in effect. As we receive the updates, we will keep you informed. PLEASE STAY HOME and STAY SAFE!	31 Offices Closed	01 Governor Whitmer's COVID 19 "Stay at Home" Order still in effect. 	02 Offices Closed	03 All activities, functions and meetings have been cancelled until further notice. Once the Governor's orders changes, we will adjust our calendar.	04 Think Positive Be Positive 
Palm Sunday 05 	06 Detroit's biggest snow storm was April 6th, 1886. There was over 24 inches of snow. 	07 Offices Closed	08 Keep Calm and Trust God 	09 Offices Closed	Good Friday 10 	11 Easter is a symbol of hope, renewal, and new life. 
Easter Sunday 12 	13	14 Offices Closed	15 TAX Day Extended Until July 15th	16 Offices Closed	17	18
April is observed as 19 Keep America Beautiful Month Lawn and Garden Month National Caregivers Month National Month of Hope Stress Awareness Month National Novel Writing Month	20 The first Noah Webster's American Dictionary was Published on this day in 1828. 	21 Offices Closed	Earth Day 22 	23 Offices Closed	24	25
26	27	28 Offices Closed	29	30 Offices Closed	01 Governor Whitmer's COVID 19 "Stay at Home" Order ends at midnight. Please watch or listen to the news this date may change. As we receive updates	02 We rise by lifting others Robert Ingersoll 

April Recipe

PEACH RASPBERRY CRUNCH



INGREDIENTS

FILLING:

- 3 CUPS PEELED AND SLICED RIPE PEACHES
- 2 CUPS FRESH RASPBERRIES
- 1/4 CUP MILD HONEY
- 1 TABLESPOON FRESH LEMON JUICE
- 1-1/2 TABLESPOONS ALL-PURPOSE FLOUR

TOPPING:

- 1/3 CUP ALL-PURPOSE FLOUR
- 1/3 CUP OLD-FASHIONED ROLLED OATS
- 1/3 CUP OAT BRAN
- 1/3 CUP PACKED BROWN SUGAR
- 1/4 TEASPOON CINNAMON
- 1/4 TEASPOON SALT
- 1/4 CUP (1/2 STICK) COLD, UNSALTED BUTTER, CUT INTO 1/4-INCH PIECES

INSTRUCTIONS

1. PREHEAT OVEN TO 350°F.
2. BUTTER A 9X9-INCH BAKING PAN AND SET ASIDE.
3. FOR FILLING: MIX THE PEACHES, RASPBERRIES, HONEY, AND LEMON JUICE IN A LARGE BOWL.
4. ADD THE FLOUR AND MIX LIGHTLY. TURN THE INGREDIENTS INTO THE PREPARED PAN. SET ASIDE.
5. FOR TOPPING: COMBINE THE FLOUR, OATS, OAT BRAN, BROWN SUGAR, CINNAMON, AND SALT IN A LARGE BOWL.
6. ADD THE BUTTER AND RUB IT WITH YOUR FINGERS UNTIL YOU HAVE UNIFORM, GRAVEL-LIKE CRUMBS. (THIS CAN ALSO BE DONE IN THE FOOD PROCESSOR. PULSE UNTIL YOU HAVE UNIFORM CRUMBS; DON'T LET THE MIXTURE TURN CLUMPY.)
7. SPREAD THE MIXTURE EVENLY OVER THE FRUIT AND BAKE FOR ABOUT 40 MINUTES, UNTIL THE TOP IS GOLDEN BROWN AND THE JUICES BUBBLE THICKLY.
8. COOL ON A RACK FOR AT LEAST 15 MINUTES BEFORE SERVING.

ENJOY!

Monthly Word Search



Easter Word Hunt

P	A	L	M	H	U	N	T	U	L	I	P	S	H
P	N	A	E	B	Y	L	L	E	J	A	V	I	R
O	P	M	R	A	B	B	I	T	R	V	D	X	B
C	P	B	D	E	C	O	R	A	T	E	Y	S	C
C	S	U	N	D	A	Y	D	L	B	C	E	L	M
V	L	Q	S	G	G	E	B	O	U	H	P	I	D
J	N	U	B	S	S	O	R	C	T	O	H	D	I
B	E	F	F	R	Y	A	Y	O	T	V	C	O	Z
U	A	C	L	R	C	W	L	H	E	G	R	F	J
N	S	S	H	O	O	C	I	C	R	U	A	F	P
N	T	S	K	I	W	L	L	L	F	T	E	A	C
Y	E	A	R	E	C	E	O	X	L	I	S	D	F
G	R	R	N	I	T	K	R	C	Y	O	N	E	C
X	S	G	G	N	I	R	P	S	B	F	W	D	N

BASKET

BUNNY

BUTTERFLY

CHICK

CHOCOLATE

COLORFUL

DAFFODILS

DECORATE

DYE

EASTER

EGGS

FIND

FLOWERS

GRASS

HIDE

HOTCROSSBUN

HUNT

JELLYBEAN

LAMB

LILY

NEST

NEWCLOTHES

PALM

PARADE

PUSSYWILLOW

RABBIT

SEARCH

SPRING

SUNDAY

TULIPS

April Observances & Fun Facts:

April is observed as:

- Keep America Beautiful Month
- Lawn and Garden Month
- National Caregivers Month
- National Month of Hope
- Stress Awareness Month
- National Novel Writing Month
- National Jazz Appreciation Month
- National Poetry Month
- National Sleep Comfort Month

Weekly Celebrations

- Week 1 – National Public Health Week
- Week 2 – Wildlife Week
- Week 3 – National Volunteer Week
- Week 4 – Preservation Week

April Flower and Birthstone



Flower=Daisy



Gem=Diamond



**FREE
NOTARY
Services**
Provided
To All of Our
OSM Residents

Please Visit The Office
And See
Mrs. Graziella Bruner
For More Details.



OSM Local Sponsors:

313-671-5555



Paulette Styles

Helpful Resources

Transportation
 Nankin Transit (Serving Westland) (734) 729-2710
 Smart ADA (313) 223-2100

Senior Agencies
 The Senior Alliance (Wayne/Westland) (734) 722-2830

CareSync Solutions
 Home Healthcare Services (248-773-4550)



Become a Fan of OSM on Facebook

How to Become a Fan:

- 1) Visit www.facebook.com and log-in your account. If you do not have an account, click "Sign Up" button to create one.
- 2) In the Facebook search toolbar, type in "The Village of Our Saviour's Manor or go to facebook.com/The Village of Our Saviour's Manor
- 3) Click on the "Like" button to become a fan of OSM

Those already active on Facebook explore our new page and invite our friends and family to "Like" us!

The Village of Our Saviour's Manor



OSM Classifieds:



OSM Gifted Hands:

These wonderful volunteers use their sewing skills and talents to make items such as blankets, pillows, dolls and even giant teddy bears. All items are given away to organizations such as the Westland Goodfellows. If you can use a sewing machine or stuff a pillow and would like to volunteer and be a part of OSM Gifted Hands, please see Ms. Louis Rush or Ms. Alice Finley.



OSM Compassionate Hearts:

If you have a heart for people, we're looking for volunteers to join OSM Compassionate Hearts. Headed by Ms. Warnedie Cross, Compassionate Hearts are a group of residents that volunteer to visit their fellow neighbors while hospitalized or in rehab. You will be surprised what a friendly face, a warm hug, prayer and a loving smile and will do for someone.



OSM Growing Hands:

Do you like to garden and get your hands dirty? Well come and join are gardening volunteers, OSM Growing Hands. This group volunteers to work in and care for our new garden. We're praying that OSM Growing Hands garden will produce enough vegetables to help feed those in our community. If you have a green thumb and would like to volunteer please see Ms. Gloria Jefferson.



OSM Caring Hands:

We are in need of volunteers for our homeless project. Please see Ms. Margo Taylor if you're looking to join OSM Caring Hands. This group volunteers to crochet blankets and create pillows using plastic grocery bags known as plarn. We are also in the process of raising funds to be able to purchase items to make toiletry bags to pass out to the homeless. Let's not forget our fellow man and reach out to those less fortunate than ourselves.



OSM Fisherman:

Love to fish? This is the group for you! Headed by Mr. David Brown, OSM Fishermen is a group of residents that enjoy being at the lake and casting their rods. If you ever wanted to try your hands at fishing, please come and join this group.

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Village Staff

Graziella Bruner
Administrator

Michael Hooton
Maintenance Tech

Katelyn DeHart
Administrative Assistant

To Be Determined
Service Coordinator

Kesha Akridge
Director of Housing

Carolyn Kimbrough
Parish Nurse

To Be Determined
Resident Volunteer

Office Number
Emergency Number
Fax Number
Service Coordinator

(734) 595-4663
(734) 740-4777
(734) 595-2222
(734) 722-9763



**Presbyterian
Villages**
OF MICHIGAN

THE FOUNDATION

Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org



The Village of
**Our Saviour's
Manor**

A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan,
Wellspring Lutheran Services and
The Lutheran Church of Our Saviour

29495 Annapolis Road
Westland, Michigan 48186

Congratulations!

You are being recognized because
"What you did mattered!":



Thank you for what you did!

Employee Name: _____

Person Recognizing Employee: _____

Date: _____

**** Please turn this card into Village Administrator for a chance to win a prize ****
ACCOUNTABILITY • LISTENING • RELATIONSHIPS • RESPECT



**Presbyterian
Villages**

OF MICHIGAN
SERVING SENIORS & COMMUNITIES



Embrace the possibilities

**Is there someone on staff that you would like to
acknowledge for their work?
Please complete this form and turn it into the office.
They might win a prize!**