The Village of Our Saviour's Manor

Manor Message

Embrace the possibilities

29495 Annapolis • Westland, Michigan 48186 • www.pvm.org

2026 | Issue IV

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The Village of
Our Saviour's Manor
A SENIOR LIVING COMMUNITY
A Mission of Presbyterian Villages of Michigan, Wellspring Lutheran Services and The Lutheran Church of Our Saviour

Look for PVM on:

The Administrator's Pen



April arrives as a gentle reminder that new beginnings are always within reach. As the days grow longer and the air softens, we are invited to step outside, breathe in the freshness of the season, and embrace the beauty of renewal all around us. Budding flowers, brighter mornings, and the return of vibrant color symbolize hope, growth, and the opportunity to start anew—whether in our goals, our relationships, or our daily routines.

This month also brings a variety of meaningful holidays and observances that add to its charm and significance. From lighthearted celebrations like April Fool's Day on April 1st to reflective and spiritual observances such as Good Friday (April 3) and Easter/Resurrection Sunday (April 5), April offers moments for both joy and reflection. It also highlights global awareness with Earth Day on April 22, encouraging us to care for our environment, along with month-long recognitions like National Autism Awareness Month and Stress Awareness Month. Together, these occasions make April a time to celebrate, reflect, and embrace all the possibilities the season has to offer.

Let us welcome our newest resident to our OSM family, Ms. Denise Motley. Please give her a warm OSM Monarch welcome.

Graziella Bruner
Housing Administrator

OSM Monarch Moments

Blessings Our Saviour's Manor,

Wishing everyone a Healthy, Happy, & Blessed April



We hope everyone had a wonderful March. Our Friends & Family will take place along with our OSM Administrator's Resident Activity Meeting and Birthday Celebration on Wednesday, April 8th @11:00 AM in the community room. **We will go over all our events for April & May.** Everyone is welcome! Please come and bring any ideas you have for OSM and what you would like to see happen! We go over all the happenings here at OSM, please come to the meetings to stay updated.

We have many great shopping trips planned for this month. Nankin will be taking you to Walmart, Kroger, and Meijer, Volunteers of America, and Ollies and Heartland. Please sign up on the bulletin board if you are interested in going on any trips! Please see your OSM Calendar for what is scheduled and check the bulletin board for sign-up sheets. ***Please remember that transportation for shopping trips is with Nankin. The bus has a schedule to keep and will not wait for you, so please be in the lobby at least 30 – 45 minutes before the scheduled time of the trip. Nankin bus trips cost three dollars each way.***

Griffin Pest Control will be here on April 24, 2026 for the 1st floor, starting around 10:00 AM.

Laundry Room. If an **Out of Order** sign is posted on a machine, please do not use it. The sign means something is wrong and we are waiting for the WASH Company to come fix it. Please do not remove the sign from the washer. **The front loader tray is for Liquid soap only**. Do not put powder in the front load washer tray. It causes a buildup that can clog the machine. If you need to purchase a new laundry card, you can do so using the machine in the laundry room. It costs $5.00. Laundry is open 24/7. **PLEASE remember to empty the lint from the dryer after every use!**

Trash. Please break down any boxes and put them down the chute. Do Not Leave boxes or anything else on the floor in the Trash Room.

Please keep in mind any large items being delivered to your apartment must be between 8:00 AM-3:00 PM Monday – Friday. Please notify the office if you are getting a delivery so that we can have our receiving doors open for you!

Please be sure to return all grocery carts to the cart room after use! **DO NOT** leave carts in the hallways or the upstairs trash room. Thank you!

Be safe and stay healthy!

Have a blessed and safe month!



Inspirational Moments

By Jessie Clark,
Resident Volunteer

Springtime in April

April tiptoes in with a gentle breeze,
Whispering softly through budding trees,
Bringing warm sunlight and skies so clear,
A quiet promise: brighter days are here.
For every heart that has weathered the cold,
April brings stories still waiting to be told.

The flowers awaken in colors so bold,
Just like the wisdom our seniors hold.
Each petal a memory, each bloom a smile,
Reminding us life is always worthwhile.
With laughter shared and friendships near,
April wraps joy around us here.

The rain may fall, but not for long,
It nourishes roots and makes us strong.
Just like the journeys you've traveled with grace,
Each step has meaning, each line on your face.
April reminds us, in sunshine or rain,
There is beauty in growth and strength in the pain.

So let us welcome this season anew,
With gratitude deep for all we've been through.
For just like the earth begins to restart,
April brings springtime into every heart.





Coordinator's Corner

Alisa Loveday
Service Coordinator

Finding Your Calm: Small Steps for Stress Awareness Month (with https://gemini.google.com/)

April is Stress Awareness Month, and while life often throws a lot our way, taking a moment for yourself doesn't have to cost a dime. Stress can weigh heavy on the heart and mind, but simple, daily habits can help lighten the load. One of the most effective ways to reset is through focused breathing: try sitting comfortably, closing your eyes, and taking five slow, deep breaths. It's a free, "anywhere" tool that signals to your body that it's okay to relax.

Easy Ways to Unwind Today

Consider these gentle, budget-friendly ideas:

A Change of Scenery: If the weather is nice, a short sit on a porch or a stroll to a nearby park can work wonders for your mood.

The Power of Connection: Call a friend or family member just to chat. Sharing a laugh is one of the quickest ways to lower stress.

Simple Joys: Tuning into a favorite radio program, visiting the local library for a new book, or even spending a few minutes watering a plant can help ground you in the present moment.

Remember, taking care of your mental health is just as important as your physical health. You have a lifetime of inner wisdom to lean on; take a moment today to honor yourself and find your path to calm for Stress Awareness Month.





Shining a Light on Parkinson's — Together

(with perplexity.ai)

April is **National Parkinson's Awareness Month** — a time to come together, learn, and show support for the nearly one million Americans living with Parkinson's disease, along with the family members and care partners who walk beside them every day.

April was chosen for a beautiful reason: it is the birth month of **Dr. James Parkinson**, who first described the condition back in 1817. Each year on **April 11th — World Parkinson's Day** — communities across the globe honor his legacy and renew the call for greater awareness and research. The **red tulip** 🌷 serves as the official symbol of Parkinson's worldwide.

Friends & Family

April is the month we partner with PVM Foundation to raise money for those in need. The funds raised allow us to have several community events, whether it is a holiday celebration, game night, a day cruise on the Detroit Princess, or our monthly birthday celebration. We also raise money for the **Emergency Help Fund** which allows each resident to request up to $500.00 per year with assistance for unplanned emergencies. If you need any assistance with and medical or utility bills, please contact me right away!

My Office Hours

Monday – Thursday
10:00 AM – 3:00 PM
Closed on Fridays!

OSM EVENTS

Coordinator's Community Connection Hour
1st, 3rd, & 4th Wednesday @ 10:30 AM
In The Community Room

Craft Day Fridays @ 12 Noon
In the Community Room

Game Night/Cards Games every Friday @ 5:00 PM
In the Community Room

Wednesday, April 1st @ 10:00 AM
Focus Hope

Wednesday, April 8th @ 11:00 AM
Friends & Family Kick Off Luncheon & Birthday Celebration





Monday, April 13th @ 1:00 PM
Bingo w/Dyverse



Tuesday, April 14th @ 1:00 PM
Full Gospel Temple Item Pick Up



Wednesday, April 15th @ 11:00 AM
Blood Pressure Screening



Monday, April 21st @ 1:00 PM
Bingo w/AETNA





Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

Friends & Family – April 1-30, 2026!

Our Friends and Family Fundraiser is more than just an event—it is an opportunity to come together as a community to support the well-being and enrichment of our seniors. The funds raised directly contribute to meaningful programs and activities that bring joy, connection, and purpose to everyday life. From social gatherings and wellness programs to educational workshops and seasonal celebrations, these experiences play a vital role in enhancing quality of life, reducing isolation, and fostering a strong sense of belonging among our residents.

Supporting this fundraiser means investing in moments that truly matter. It allows us to continue creating safe, engaging, and vibrant environments where seniors can thrive, build friendships, and remain active both mentally and physically. Every contribution, big or small, helps ensure that our seniors have access to the resources and experiences they deserve. Together, with the support of friends and family, we can make a lasting impact and continue to uplift the lives of those who have given so much to our communities.

For more information how you can support your Village, please see your Village Administrator on how you can participate in this special time of the year! If you have any questions or would like to share your thoughts, please contact us at 248-281-2040 or pvmfoundation@pvm.org.

Warm regards,
Paul J. Miller, CFRE



www.pvmf.org/osm



Mayor's Message

By Kevin Coleman
Mayor, City of Westland

Greetings OSM Residents,



Spring has arrived! I hope you will take advantage of the warmer, longer days and join us at some of the great events we have planned.

In observance of Good Friday, **City Offices,** the **18th District Court,** and the **Westland Recycling Center will be closed on Friday, April 3rd**. Sanitation services will not be affected. **The Westland Public Library will be closed on Easter Sunday, April 5th.**

Weekly Compost Pickup for the 2026 season **begins on Monday, April 6th and runs through Friday, December 18th**. Residents may place up to 10 yard waste bags, 5 compost cans, or up to 10 bundles of branches curbside on their sanitation pick up day. Acceptable items for compost include: garden waste, grass clippings, hay/straw, leaves/pruning debris, and tree branches. Please note that bags and cans cannot weigh more than 50 pounds each and branches must be 3 inches or less in diameter, cut to 4 foot lengths, and bundled with rope or twine. For more information, visit the Composting Page of the City's website and see the Department of Public Service column below.

Earth Day is **Wednesday, April 22nd!** Celebrated globally, Earth Day is meant to increase awareness of our environment. The Farmers Almanac has some great ways that we can make a difference: plant native and pollinator friendly plants in our gardens, take a trash bag on neighborhood walks and pick up trash and plastics along the way, use less chemicals in our gardens, buy less single use plastic items, and conserve water. For more information and ideas, visit the Farmers Almanac website at www.farmersalmanac.com.

Dog Park Cleanup Day at the **Westland Rotary Canine Corral (37091 Marquette)** will take place on **Saturday, April 25th** from **10 a.m. to 12 p.m.** Come out and join us as we work to get the park ready for summer! Feel free to bring along garden gloves and a rake as supplies are limited. The Parks and Recreation Department, our canine friends, and our human park patrons appreciate your help!

Join us for our **Shine a Light on Autism Acceptance Walk & Event** on **Saturday, April 25th** from **3 p.m. to 6 p.m**. at **Central City Park (1901 N. Carlson).** All are welcome at this free event that features resource tables, a sensory area, bounce houses, food trucks, a DJ, and tons of activities! Come out to learn more, support our community, and raise awareness for autism.





Maintenance Tips

By Von Jones

The ABC's of Maintenance

A. If a resident plans to be away from the property overnight or for a vacation and will be leaving his/her vehicle parked in front of their building, he/she must notify the office with the name and telephone number of the person who will be responsible in his/her absence in case of an emergency.

B. **PLEASE be sure to tie your trash bags** before throwing them down the shoot. Not securing your trash bags before throwing them away causes the trash to spill out of your bag creating a mess.

C. **Do not leave large boxes or furniture in the trash rooms**. We schedule for a dumpster multiple times per year for your convenience of disposing your items. Leaving the large items in the trash room causes more risk for others to trip when coming and going in the trash room.

Please contact the office for any and all work orders.
The Emergency Phone is for after hours only or when the office is closed during regular office hours and/or holidays. For all medical emergencies, please dial (911) Nine, One, One, or push your Emergency ECall Button.

Please remember to call the office for all work orders.
A work order must be in the system before maintenance can enter your unit.

***A Few Reminders*:**

- ***Please call the office with all work orders.***
- ***Please return grocery carts to the cart room after each use!***
- ***Please make sure the dryer lint cleaner is being emptied after each use.***
- ***If an Out of Order sign is posted on any of the machines, please do not use them.***
- ***No Candles, Small Candles for oils, or Incense is to be burned in the apartments or building. If you have to use a match or a lighter it is NOT allowed.***



Dial 1-734-740-4777
For after-hours maintenance emergencies
For Medical Emergencies, please dial 9-1-1



Admin. Assistant Column

By Karron Williams
Administrative Assistant



As we welcome the month of April, we are excited to embrace the beauty of spring and all the wonderful opportunities it brings for our community. With warmer weather approaching, longer days, and flowers beginning to bloom, April is a perfect time for renewal, connection, and fresh energy. We look forward to creating a warm and engaging environment where our residents can enjoy meaningful activities, fellowship, and moments of joy throughout the month.

This April, we have a variety of activities and observances planned to keep everyone engaged and uplifted. From celebrating holidays such as Easter Sunday and Earth Day, to fun and interactive themed days like National Gardening Day and National Picnic Day, there will be something for everyone to enjoy. We encourage all residents to participate in activities that promote wellness, creativity, and social connection, whether it's joining a group event, attending a community gathering, or simply spending time outdoors enjoying the fresh air.

As always, our goal is to provide a safe, comfortable, and vibrant community for each of you. We truly value the sense of family we share here and are grateful for the smiles, conversations, and kindness that make our community so special. If you have any suggestions or ideas for activities you would like to see, please feel free to share them—we are always happy to hear from you. Wishing everyone a joyful, peaceful, and refreshing month of April!



April Birthdays 2026

Happy Birthday!!!

Kim Noble – April 8th

Mildred Robinson – April 12th

Mattie Brady – April 24th



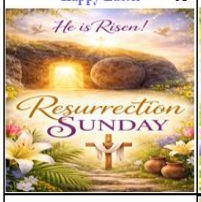
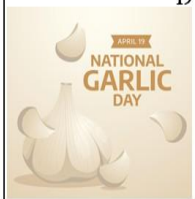
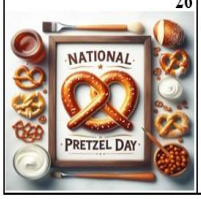
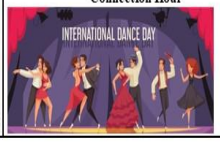


The Village of Our Saviour's Manor

April





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Schedule your (M-F) weekly bus ride with Nankin. Call 734-729-2710 	Monthly Observations National Food Month National Pet Month Jazz Appreciation Month Nat'l Fair Housing Month National Garden Month	Weekly Celebrations Week 1: Public Health Week Week 2: Nat'l Library Week Week 3:Nat'l Volunteer Week Week 4:Administrative Professionals Week	01 10:00 AM Focus: HOPE 10:30 AM Coordinator's Community Connection Hour	02 9:45 AM Kroger	03  5:00 PM Game Night	04 Weekend Rides Available with Black & White Cab 734-722-4114 
Happy Easter 05 	06 	07 	08 Happy Birthday Kim Noble! 11:00 AM Friends & Family Kick Off Luncheon, Resident Meeting &Birthday Celebration	09 9:45 AM Walmart	10 12 PM - 2 PM Craft Day 5:00 PM Game Night	11 
12 Happy Birthday Mildred Robinson!	13  1:00 PM Bingo with Dyverse Management Home Care 	14 9:45 AM Hobby lobby 1:00 PM Full Gospel Temple Donation Pick Up	15 10:30 AM Coordinator's Community Connection Hour 11:00 AM Blood Pressure Screening	16 9:45 AM meijer	17 12 PM - 2 PM Craft Day 5:00 PM Game Night	18 
19 	20 1:00 PM Bingo with AETNA 	21 1:00 PM Bingo with Aetna 	22 10:30 AM Coordinator's Community Connection Hour 	23 9:45 AM  Heartland MARKETPLACE	24 Happy Birthday Mattie Brady! 10:30 AM Griffin Pest Control 1st Floor 12 PM - 2 PM Craft Day 5:00 PM Game Night	25 
26 	27 	28 9:00 AM Volunteers of America 	29 10:30 AM Coordinator's Community Connection Hour 	30 	01	02

April Recipe

Citrus Buttermilk Cake



INGREDIENTS

1 CUP SHORTENING
2 CUPS SUGAR
4 LARGE EGGS, ROOM TEMPERATURE
2 TEASPOONS LEMON EXTRACT
3 CUPS ALL-PURPOSE FLOUR
1 TEASPOON BAKING POWDER
1/2 TEASPOON BAKING SODA
1/2 TEASPOON SALT
1 CUP BUTTERMILK

GLAZE:

1-1/2 CUPS CONFECTIONERS' SUGAR
1 TABLESPOON GRATED ORANGE ZEST
5 TABLESPOONS ORANGE JUICE
1 TABLESPOON GRATED LEMON ZEST
5 TABLESPOONS LEMON JUICE
1/4 TEASPOON SALT

INSTRUCTIONS

1. PREHEAT OVEN TO 350°.
2. GREASE AND FLOUR A 10-IN. FLUTED TUBE
3. CREAM SHORTENING AND SAUGAR UNTIL LIGHT AND FLUFFY.
4. ADD 1 EGG AT A TIME, BEATING WELL AFTER EACH ADDITION.
5. BEAT IN EXTRACT.
6. IN ANOTHER BOWL, WHICK TOGETHER FLOUR, BAKING POWDER, SALT AND BAKING SODA.
7. ADD TO CREAMED MIXTURE ALTERNATELY WITH BUTTERMILK, BEATING AFTER EACH ADDITION.
8. TRANSFER TO PREPARED PAN.
9. BAKE UNTIL A TOOTHPICK INSTERED COMES OUT CLEAN (ABOUT 45-50 MIN)
10. POKE HOLES IN WARM CAKE USING A FORK OR WOODEN SKEWER.
11. MIX INGREDIENTS FOR GLAZE
12. SPOON SLOWLY OVER CAKE
13. COOL 15 MINUTES BEFORE REMOVING FROM PAN TO A WIRE RACK: COOL COMPLETELY BEFORE SERVING.

ENJOY

Servings: 6 – 8 SERVINGS

Monthly Word Search

EASTER WORD SEARCH



```
        Y T L
      Y P H S H Y
    H S S A R G E
  Y R Y I H I R H Y
H H D R E T S A E H Q
U N S P R I N G I R H
B N I A A L D L A S I R B
C T S L C H I C K A S I C
J E L L Y B E A N L A S F
R E W O L F B F N R L U A
R S T F E A M T E R R N J
U A E P P B A S K E T D U
T R N B B L L S B P F A O
B U N N Y U S A L E P Y Z
P U O G S A A R S E B O P
  T B N A R P K A P L B
  B S E E K E G G S S L
    A T Y U E T K R
      Y D N A C U
        T B S M
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BUNNY
EGGS
CHICK
JELLYBEAN

BASKET
SPRING
FLOWER
EASTER

GRASS
CANDY
HUNT
DYE

BONNET
SUNDAY
PEEPS
LAMB



April Observances & Fun Facts:

April is observed as:

Global Astronomy Month
Lawn and Garden Month
National Humor Month
National Poetry Month
Stress Awareness Month

Weekly Reminders:

Week 1: Library Week
Week 2: Garden Week
Week 3: Organize Files Week
Week 4: Administrative Assistant Week

April Flower and Birthstone



Flower = Daisy



Gem = Diamond

The Village of Our Saviour's Manor
A SENIOR LIVING COMMUNITY
A Mission of Presbyterian Villages of Michigan, Wellspring Lutheran Services and The Lutheran Church of Our Saviour

OSM BOARD MEMBERS

Johnnie Jackson, Board Chair

Dereka McClay, Vice Chair

Rev. David Huber, Treasurer

Carolyn Kimbrough, Member

Michelle Williams, Member

Myra Davenport, Member

Judy Piccininni, Member

OSM Resources:

Helpful Resources

Transportation

Nankin Transit (Serving Wayne, Westland, Garden City, & Canton)
(734) 729-2710
Smart ADA (313) 223-2100

Black & White Cab (for your weekend trips)
(734) 722-4114

Senior Agencies

The Senior Alliance (Wayne/Westland) (734) 722-2830
PACE of Southeast Michigan (855) 445-4554

CareSync Solutions

Home Healthcare Services (248-773-4550)

Step up to more with PACE Southeast Michigan

At PACE Southeast Michigan, we offer comprehensive healthcare aimed at preserving independence, dignity and high quality of life for older adults. During Medicare Open Enrollment, we're looking forward to welcoming new participants!

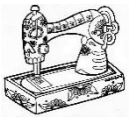
You may qualify for PACE Southeast Michigan services if you…

- Are 55 years or older
- Can live safely in the community with support from PACE Southeast Michigan services
- Are eligible for nursing home-level care
- Live in Macomb County, Wayne County or Oakland County

Detroit Resident Ingrid Thompson, a PACE Southeast Michigan participant of 12 years, said she's been able to live an active life with the help of PACE Southeast Michigan despite her physical disabilities from a stroke. "PACE is the best place for seniors with disabilities," she said. "I know that for a fact."
Ingrid especially enjoys the free activities offered to all participants at PACE Southeast Michigan's Day Health Centers, saying they are fun ways to socialize while staying physically and mentally fit.
Learn how you can age in place at your Presbyterian Villages of Michigan residence and rely on PACE Southeast Michigan for all-inclusive care (medical, spiritual and social) designed with older adults in mind.

Visit our website at www.pacesemi.org to learn more.
To speak with a PACE Southeast Michigan Enrollment and Outreach Representative, please call us at (855) 445-4554 (TTY: 711).

OSM Classifieds:



OSM Gifted Hands:

These wonderful volunteers use their sewing skills and talents to make items such as blankets, pillows, dolls and even giant teddy bears. All items are given away to organizations such as the Westland Good fellows, Salvation Army, Homeless Shelters and Covenant House. If you can use a sewing machine or stuff a pillow and would like to volunteer and be a part of OSM Gifted Hands, please see Ms. Alice Finley and Ms. Louise Rush.



OSM Compassionate Hearts:

If you have a heart for people, we're looking for volunteers to join OSM Compassionate Hearts. Compassionate Hearts are a group of residents that volunteer to visit their fellow neighbors while hospitalized or in rehab. You would be surprised by what a friendly face, a warm hug, prayer and a loving smile and will do for someone.



OSM Growing Hands:

Do you like to garden and get your hands dirty? Well come and join are gardening volunteers, OSM Growing Hands. This group volunteers to work in and care for our new garden. We're praying that the OSM Growing Hands Garden will produce enough vegetables to help feed those in our community. If you have a green thumb and would like to volunteer, please join this group.



OSM Caring Hands:

We need volunteers for our homeless project. This group volunteers to crochet blankets and create pillows using plastic grocery bags known as plarn. We are also in the process of raising funds to be able to purchase items to make toiletry bags to pass out to the homeless. Let's not forget our fellow man and reach out to those less fortunate than ourselves.



OSM Fisherman:

Love to fish? This is the group for you! OSM Fishermen is a group of residents that enjoy being at the lake and casting their rods. If you ever wanted to try your hands at fishing, please come and join this group.

Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

www.pvm.org

Village Staff

Graziella Bruner
Housing Administrator

Karron Williams
Administrative Assistant

Jonathan Hayes
Director of Housing

Von Jones
Maintenance Tech

Alisa Loveday
Service Coordinator

Jessie Clark
Resident Volunteer

OSM Office Number	***(734) 595-4663***
OSM Office Fax Number	***(734) 595-2222***
Maintenance Emergency Number	***(734) 740-4777***
Service Coordinator Number	***(734) 722-9763***

Presbyterian Villages OF MICHIGAN THE FOUNDATION

Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit **www.pvmfoundation.org**

The Village of Our Saviour's Manor

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan, Wellspring Lutheran Services and The Lutheran Church of Our Saviour

29495 Annapolis Road
Westland, Michigan 48186

Congratulations!

You are being recognized because "What you did mattered!":

what I do matters

_____

_____

_____

_____

_____

Thank you for what you did!

Employee Name: _____

Person Recognizing Employee:

_____ Date: _____

** Please turn this card into Village Administrator for a chance to win a prize **

ACCOUNTABILITY • LISTENING • RELATIONSHIPS • RESPECT

OVER 75 YEARS Presbyterian Villages OF MICHIGAN

SERVING SENIORS & COMMUNITIES

Embrace the possibilities

Is there someone on staff that you would like to acknowledge for their work? Please complete this form and turn it into the office. They might win a prize!