



Villa View



Embrace the possibilities

25340 West Six Mile Road • Redford, Michigan 48240 • May 2018

Notes from the Administrator

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Could Spring have finally found its way to Michigan? It's time to put away the heavy coats and scarves and get out and enjoy this lovely 33-acre campus.

We welcome our previous lawn maintenance company back to the Village of Redford. Premier Lawn Maintenance will once again have an opportunity to make our campus "picture perfect". Your patience will be greatly appreciated as they re-acclimate themselves to our campus.

Do you have questions, concerns or ideas for improvement about the evening dinner program? Then please join Terri Clark, Executive Director of Advantage Living Center on Tuesday May 1st at 1:00 p.m. in the Villa Dining Room. Terri wants to hear your concerns and ideas for improvement.

Don't miss the Mother's Day Bazaar being held in the Villa Lobby on Thursday May 3 and May 4th. Come prepared to browse the huge selection of hand-crafted items including jewelry, centerpieces, and much more. This event is being sponsored by the Crafters of Redford.

Friends & Family donations to date: \$525.00 as of 4.20.18



Look for PVM on:



Hustle and Lean Friday April 27th. in the Villa Dining Room. Light refreshments will be served.

Also please support the Resident Councils' Hot Dog Sale on Friday April 27th. Grab a hot and dog and then work it off by doing the Hustle. Come, fellowship and have fun!

Looking for some other fun activities? Come and join the Villa Sharks as they prepare for the Village Victory Cup. The Village Victory Cup is PVM's annual "Senior Olympics". Got a steady arm for shooting hoops, come and join the chair basketball team. Good at putting puzzles together?..... join the puzzler team. Good upper body stamina?.....we need you on the Balloon Volleyball team. There's always the Team Spirit award to bring home. We need loud, enthusiastic cheerleaders! See Anita Stephens and George Simmon for practice days and times. This years' event will be held at the Suburban Collection Showcase, Diamond Ballroom 46100 Grand River Avenue, Novi, Michigan. **Save the date: June 22,2018**

Redford Board of Directors

❖ **Deanna Mitchell, Board Chairperson**

❖ **Reva Wujcik**

❖ **Laura Scanlan**

❖ **Susan Hurst**

❖ **Catherine Esannason**

❖ **Kathryn Telck**

The Redford Resident Council is sponsoring a day trip to Frankenmuth, Michigan on June 15th. If you would like to be a part of this fun day of sight-seeing, shopping and eating, please add your name to the sign-up sheet in the lobby or call the office to have your name placed on the list. There is no charge for this trip. You only need your spending money for the day and a good pair of walking shoes. You will be traveling by deluxe motor coach that will have an on-board lavatory.

Men, we would love to form a "Men's Only" Group. Wouldn't a time set aside for the guys to hang out and do "guy stuff" be great? If you're interested or have some ideas to pass along, please see George Simmon, Sales and Leasing Specialist.



It's Your Life. Live It Well.

*By Tom Wyllie,
Director of Wellness*

It's Déjà Vu All Over Again

Yes indeed. It's that time of year again. Time to get ready for the annual Village Victory Cup scheduled for Friday, June 22nd!

This year's event will feature some of the same exciting tried and true games as years past such as the Beanbag Toss, the Hoop Shoot, the Wellness Walk, the Puzzler, and the Balloon Volleyball Tournament, and the Kick-a-Roo will be returning for the second consecutive year, but with a slight modification. And based on a barrage of requests from residents, new this year there will be a group dance competition. Also, because the event continues to grow, this year the Village Victory Cup will be held at a new location, the Suburban Collection Showplace Diamond Ballroom in Novi.

For the past 3 years, at the end of this fun-filled day of camaraderie and friendly competition the Village of Westland has emerged victorious. Can anyone dethrone these perennial champions? Does your Village have what it takes? Can you put together a winning team? Will your Village take home the cup? I suppose only time will tell and we will have our answers on June 22nd.

For more information about the Village Victory Cup and how you can register to represent your Village at this year's games, contact your Administrator. For Villages located 100 miles or more from the PVM Home Office (in Southfield), you have the opportunity to participate in the Virtual Village Victory Cup, which you can also learn more about from your Administrator.

Good luck Villages and may the odds be always in your favor!

Salsa Chicken



Ingredients

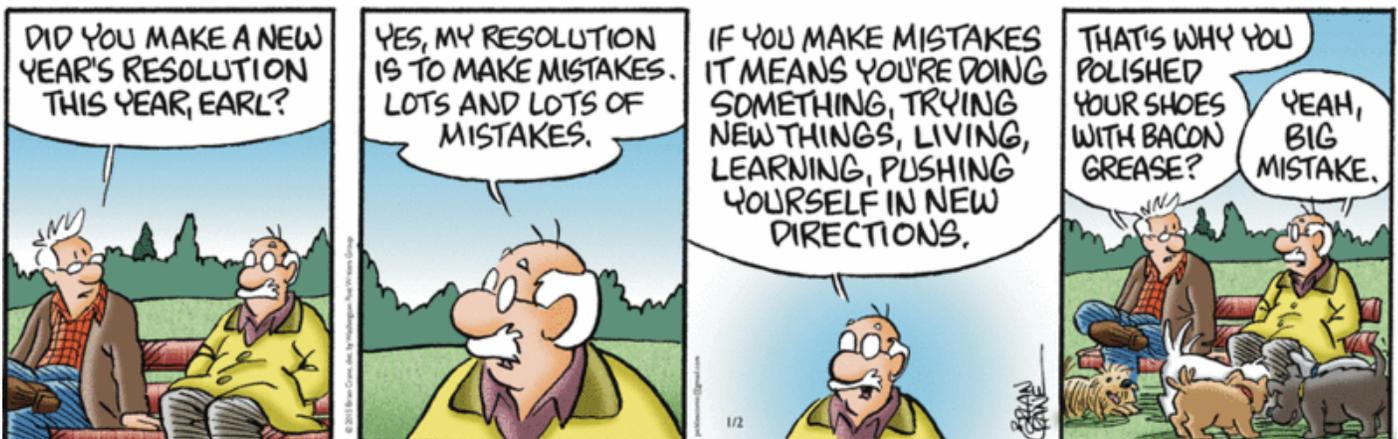
- 4 skinless, boneless chicken breast halves
- 4 teaspoons taco seasoning mix
- 1 cup salsa
- 1 cup shredded Cheddar cheese
- 2 tablespoons sour cream (optional)

Directions

1. Preheat oven to 375 degrees F (190 degrees C)
2. Place chicken breasts in a lightly greased 9x13 inch baking dish. Sprinkle taco seasoning on both sides of chicken breasts, and pour salsa over all.
3. Bake at 375 degrees F (190 degrees C) for 25 to 35 minutes, or until chicken is tender and juicy and its juices run clear.
4. Sprinkle chicken evenly with cheese, and continue baking for an additional 3 to 5 minutes, or until cheese is melted and bubbly. Top with sour cream if desired, and serve.

HAPPY MAY BIRTHDAYS!

- ☺ Wallace Wood 5/20
- ☺ Mary Perry 5/4
- ☺ Donald McSwain 5/5
- ☺ Glynn Waymer 5/31
- ☺ Hattie Warren 5/5
- ☺ Cassie Williams 5/7
- ☺ Catherine Garrett 5/24
- ☺ Gwen Felton 5/30
- ☺ Annie Byrd 5/27
- ☺ Ernestine Hicks 5/10
- ☺ Doris Lee 5/21
- ☺ Jimmie Foster 5/23
- ☺ Dorothy Welch 5/2
- ☺ Victoria Humphrey 5/8
- ☺ Debra Montgomery 5/30
- ☺ Ruby Taylor 5/18
- ☺ Joan Mills 5/14
- ☺ Carolyn Lambreth 5/27



Yes I Wood

Robert Stockton

ACROSS

- 1. Inventor of a great glass elevator
- 5. 2nd largest Great Lake
- 10. Burn balm
- 14. It was subtitled "A Narrative of the South Seas"
- 15. It's followed by Febrero
- 16. One of Asta's owners
- 17. Specialists in wooden machinery?
- 20. Raimi/Campbell horror trilogy
- 21. "Amen to that!"
- 22. Words of acknowledgment
- 23. Tribesmen at Red Rock
- 24. Soft wood used for aircraft parts?
- 29. Honshu hide-a-bed
- 32. "I can't ____ thing!"
- 33. Word with American or Eskimo
- 34. Place for a short stack, for short
- 35. Golden Horde member
- 37. Word with pool or city
- 38. IM pioneer
- 39. Food served with frijoles
- 40. Fabulous storyteller
- 41. A famously sturdy paddock?
- 45. Encounter
- 46. Noble holding
- 50. It may divide on a slide
- 53. G&S farce, informally
- 54. Veneer over a wooden handle?
- 56. Garfield's punching bag

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59					60						61			

© 2009

- 57. "I'm With Stupid" rocker Mann
- 58. First name in philosophy
- 59. It may get trapped in your dryer
- 60. 1066 and 1492
- 61. Disco and doo-wop, e.g.
- 9. Pitcher's goal
- 10. American Shakers founder
- 11. She worked for Perry at the Planet
- 12. Sea World headliner
- 13. Like a piece of cake
- 18. Supplement a recipe with
- 19. Word heard on Lei Day
- 23. "Eligible" classification
- 25. Childish insistence
- 26. Pampering places
- 27. Narc's jackpot
- 28. Short shriek
- 29. Chrysler partner
- 30. "I've got a bad feeling about this!"
- 31. Lacquered metalware
- 35. 18 down's opposite
- 36. FDIC protectee
- 37. Brimstone's partner
- 39. Billy Blanks' calorie burner
- 40. Capital of Baden's canton
- 42. Serving at 34 across
- 43. Hunt's "Mad About You" co-star
- 44. Homes near buffalo?
- 47. Many a nurse
- 48. Where the Magic play
- 49. Nineveh conquerors
- 50. One who forgot to touch base?
- 51. Certain skirt
- 52. "Alias" director Ken or actress Lena
- 53. Gila River dweller
- 55. Conk out

This puzzle was created using CrossFire (<http://beekeeperlabs.com/crossfire>)



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

Engage to make Michigan the best place to live—at any age!

You're a rock star!

PVM is so lucky to have you reading this right now! You're out in your community doing great things. You're volunteering, giving, advocating and so much more! **There is a place for your kind of engagement at PVM.** You're needed by your community—you're needed by older adults.

Engage in any way, at **any age!** You are key to a healthy, happy Michigan!

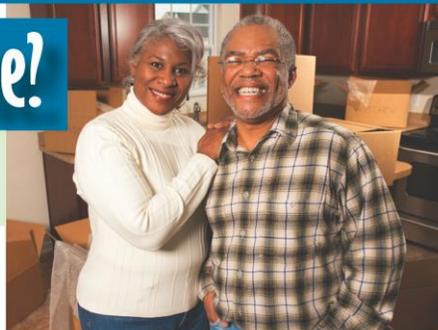


– HELP SUPPORT THE PVM MISSION –

Is your Will up to date?

*Have you moved?
Have your beneficiaries changed?*

Now might be a good time to update your Will...and please consider leaving a legacy to PVM residents in your update.



For more information, call
Paul Miller at the PVM Foundation
248.281.2045
MyLegacy.pvmf.org

Here are some ideas:

- Make a gift to your local PVM Village
- Volunteer for a project or event at your Village
- Call your elected representative to tell them to keep fighting for older adults

May is “Older Adults Month” and this year’s theme is “Engage at Any Age!”

What are some of the ways

you’re currently engaged and what will you do in the future? Please contact us at 248-281-2040 or pvmfoundation@pvm.org – we want to know!

Thank you!

Paul J. Miller, CFRE

Coordinator Corner



Quote of the Month: “Sometimes you will never know the true value of a moment, until it becomes a memory.” ~ Unknown

- Wednesday, May 16, 2018 @11:00am. Beaumont Nurse Sarah Hickey will present a power point seminar on “stop the bleed” teaching bystanders how to assist a person bleeding. Open to all residents & staff.
- Wednesday, May 23, 2018 @ 11:00am. Nurse Andi Chapman with Heart to Heart Hospice will present a seminar on Nutrition for seniors. All residents are welcome to attend.

Dates to Remember in May:

May 5th Cinco de Mayo celebration of the Battle of Puebla in 1862. The Mexican Army victory over the French.

Sunday, May 13, 2018 Mother’s Day

Monday, May 28, 2018 Offices will be closed in observance of Memorial Day.



National Teacher’s Appreciation Week May 6-12th Thank a teacher!



Practices every Tuesday & Friday @ 11:00am for the Village Victory Cup. If you’re interested in participating, please call me.

Anita Stephens | 313-541-6450



The Senior Advocate.

By Lynn Alexander,
Senior VP & Chief Marketing Officer

Older Michiganian's Day

Spring is a time of celebration in most cultures. And what better experience to celebrate than that of being an Older Michiganian! Here is information on Older Michiganians Day coming up in Lansing along with registration information. You will enjoy the day if you decide to attend. PVM will be on hand and will post the event on our Facebook page if you would like to join in from a distance:

Save the Date

[Older Michiganian's Day](#) to be held on May 16, 2018 on the East Lawn of the Capitol Building in Lansing, MI.
Presented by the Area Agencies on Aging Association of Michigan and our Partners

Older Michiganian's Day (OMD) is an annual rally that takes place on the East Lawn of the Capitol Building in Lansing. This event brings together hundreds of seniors, aging service providers and senior advocates with their legislators and key state officials.

Interested individuals are invited to join this event to show their support for policies that support older adults. This free event provides the opportunity to speak with a unified voice to the Legislature expressing the concerns, challenges, and opportunities for older adults by the experts, older adults themselves and aging service providers.

This Event Features:

- A Rally on the East Lawn of the Capitol Building
- Keynote Speakers
- Group and Individual Meetings with your State Legislators

Older Michiganian's Day is planned by a group of organizations committed to advocating on behalf of the needs and interests of older adults across the state of Michigan. The steering committee is responsible for planning the annual event in Lansing, producing the advocacy platform which outlines legislative priorities, and developing an annual report card that states the achievements of the Governor and the Legislature in accomplishing recommended actions.

To learn more about Older Michiganian's Day, or to plan your trip to Lansing, please visit the "[Plan your Trip](#)" page for more information regarding how to register for this event.

For more information contact Linda Burghardt, Michigan Association of Area Agencies on Aging at (517) 886-1029 or by email at OMD@4ami.org. You may also contact your local Area Agency on Aging office by calling (231) 947-8920 or by email at info@aanm.org

This Month at the Movies...



The Beguiled : Cpl. John McBurney is an injured Union soldier who finds himself on the run as a deserter during the Civil War. He seeks refuge at an all-female Southern boarding school where the teachers and students seem more than willing to help. Soon, sexual tensions lead to dangerous rivalries as the women tend to his wounded leg while offering him comfort and companionship.

King Arthur: Legend of the Sword: After the murder of his father, young Arthur's power-hungry uncle Vortigern seizes control of the crown. Robbed of his birthright, he grows up the hard way in the back alleys of the city, not knowing who he truly is. When fate leads him to pull the Excalibur sword from stone, Arthur embraces his true destiny to become a legendary fighter and leader.

A Question of Faith: A judge remands Maria to a juvenile detention center after the teen strikes 12-year-old Eric with her car while texting. Joining Eric in the hospital is Michelle, a young singer who collapses while auditioning for a major record label. As their respective parents begin to question their faith, a chain of events unknowingly brings all three families together in unexpected ways.

47 Meters Down: Young sisters Kate and Lisa and travel to Mexico for a vacation filled with sun, fun and adventure. Lisa needs some extra persuasion when Kate suggests that they go diving in shark-infested waters. Safe in their protective cage, the thrill-seeking siblings come face to face with a group of majestic great whites. Their worst fears soon become a reality when the cage breaks away from their boat, sending them plummeting to the ocean floor with a dwindling supply of oxygen.

Everything, Everything: Maddy (Amandla Stenberg) is a smart, curious and imaginative 18-year-old who is unable to leave the protection of the hermetically-sealed environment within her house because of an illness. Olly (Nick Robinson) is the boy next door who won't let that stop them from being together. Gazing through windows and talking only through texts, Maddy and Olly form a deep bond that leads them to risk everything to be together, even if it means losing everything.

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

EMERGENCY NUMBER (VILLA)
EMERGENCY NUMBER (COTTAGES)
NON EMERGENCY REDFORD PD
CLASSIC SECURITY

MAIN OFFICE NUMBER 313-541-6000 | #100

Village Staff

Gloria Robinson
Senior Housing Administrator
(313) 541-6042

Hannah Micallef
*Senior Housing Administrative
Assistant, TCS*
(313) 541-5991

Steve Reardon
Maintenance Technician

Mark Uzarek
Maintenance Lead

Rhonda Kuhn
Housekeeper

Anita Stephens
Service Coordinator

(313) 541-6450 #300

George Simmon IV
Sales & Leasing Specialist

(313) 541-6140 #200

(313) 910-7027

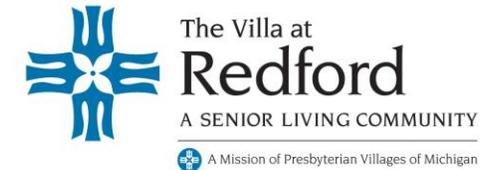
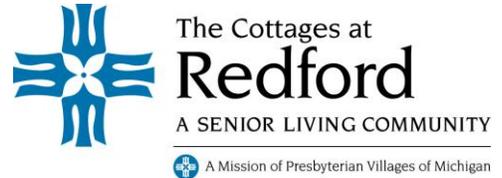
(313) 573-3572

(313) 387-2500

(313) 662-4648



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org



**The Villa and Cottages at Redford • 25340 West Six Mile Road •
Redford, Michigan 48240**

Embrace the possibilities

May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 1 pm Pinochle 2 pm Movie "The Beguiled"	2 10 am Value Center/ <i>Walgreens</i> 1 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study	3 10 am Coffee Hour 10 am Partry 12 pm Mother's Day Bazaar	4 10 am Coffee Hour 10 am Partry 12 pm Mother's Day Bazaar	5 1 pm Bingo (Game Room) 
6:00 pm In His Presence Ministries Sunday Worship 	7 10 am Partry 5 pm Bingo/Keno 6:30 pm Cards	8 2 pm Movie "King Arthur: Legend of the Sword"	9 10 am Kroger/\$\$store 1 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study	10 10 am Coffee Hour 10 am Partry 11 am Hymn Sings	11 1 pm Arts & Crafts 5 pm Keno/Bingo	12 1 pm Bingo (Game Room)
13 	14 10 am Partry 5 pm Bingo/Keno 6:30 pm Cards	15 2 pm Movie "A Question of Faith"	16 10 am Value Center/ <i>Walgreens</i> 1 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study	17 10 am Coffee Hour 10 am Partry	18 1 pm Arts & Crafts 5 pm Keno/Bingo	19 1 pm Bingo (Game Room)
20	21 10 am Partry 1:30 pm B-Day Party 5 pm Bingo/Keno 6:30 pm Cards	22 2 pm Movie "47 Meters Down"	23 10 am Kroger's\$Store 1 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study	24 10 am Coffee Hour 10 am Partry 11 am Hymn Sings	25 1 pm Arts & Crafts 5 pm Keno/Bingo	26 1 pm Bingo (Game Room)
27	28 	29 2 pm Movie "Everything. Everything"	30 10 am Value Center/ <i>Walgreens</i> 1 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study	31 10 am Coffee Hour 10 am Partry		