



Village Voice



Embrace the possibilities

32001 Cherry Hill Rd. • Westland, Michigan 48186 • www.pvm.org

May 2020

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GeniusQuotes.net

Look for PVM on:



The Village of Westland

A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan

UPDATES AND REMINDERS

No smoking is permitted on Presbyterian Village of Westland's property with the exception of the smoke shacks. The smoke shacks are located on the northwest and southeast sides of the main building that are connected to the covered parking.



Smoking in the apartments is forbidden.



Want your groceries delivered? Need help ordering online? Please contact Shana at 734-762-8886 if you need assistance.

Love living at the Village of Westland?
What to live near your friends and get money for it?
Here's How!
If you refer a resident who ends up living here for at least 90 days, you will receive a \$500 bonus!

Village Westland Communication

An email address is the best way for us to send regular updates. Please call Shari Thompson at extension 28952 or call direct at 734.762.8952 to have a loved one's email address added to our list.

You may also send her an email at
sthompson@pvm.org



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

Remaining Socially Connected While Staying Physically Distant

As I write this column, there is just about two weeks left in Governor Whitmer's "Stay Home. Stay Safe." order, issued based on what experts such as Dr. Fauci, Director of the National Institute of Allergy and Infectious Disease believe is the best way we know right now to reduce our exposure to the coronavirus. However, just because we need to be physically distant from each other, doesn't mean we can't remain socially connected with our family, friends, neighbors and loved ones.

I think it's safe to say that there's at least one piece of technology that we all share, and that's the telephone. I encourage you to use it and use it often. Just the other day, a volunteer that I work with at PVM called me out of the blue just to see how I was doing. It felt good to know she was thinking about me. A few days before that, a Village Board member called me and left a message on my voicemail. She said there was no need to call back. She had just called to say hi and make sure I was doing ok. Again, it felt good to know that somebody, particularly somebody who isn't a family member, was thinking about me during this crisis. So pull out your phonebook and make some calls and not just to your family, but to that person you've been meaning to call but until now just haven't gotten around to it.

If you happen to have some additional technology available to you such as a computer, smartphone or tablet and you have internet access then you have a window to the world through which you can connect with others more than you probably ever thought possible. And you can do so all without leaving the relative safety of your home.

Zoom, for example, is all the rage right now. It's a web-based video conferencing service that people across the globe are using to connect with each other in creative and inventive ways. My kids, who are grown, have been using it to play a weekly game of trivia with each other and their friends like they used to when the bars were open. This past Easter I know of people who used it to have Easter dinner with each other and I know of many families who used it for their Passover Seder. It's fairly easy to use and right now it's free, so if you'd like to check it out go to

<https://zoom.us>.

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It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

Remaining Socially Connected While Staying Physically Distant Continued...

Of course social media is also very popular. [Facebook](#), [Instagram](#), and [Twitter](#) seem to be the most popular. A lot of people are sharing stories, pictures and videos, some of which are very moving and sad; some are motivating and inspiring; and some are silly and entertaining. If you have an account of your own on any of these platforms, you can share your own stories, pictures, and videos and can share and exchange comments on what you see. One important thing to keep in mind, however, is that it's not very wise to believe everything you see, hear and read on the internet.

Being cooped up inside all day can start to drive you a little crazy even if you do regularly talk on the phone to your family and post to social media like a pro. Thanks to a few clever museums, aquariums and zoos, however, those of you with a computer, smartphone or tablet and internet access can 'leave your house' without leaving your house by going on a virtual tour or field trip.

For example, you can tour many of the exhibits at the Smithsonian Natural History Museum by going here: <https://naturalhistory.si.edu/visit/virtual-tour>. You can watch sharks swim around at the Aquarium of the Pacific here:

http://www.aquariumofpacific.org/exhibits/webcams/webcam_shark_lagoon. And, you can check out the giraffes at the Houston zoo by going to:

<https://www.houstonzoo.org/explore/webcams/giraffe-feeding-platform>.

One thing you'll need to at least initially bring with you when you take these tours is your patience. It may take you a little while to figure out what to click and how to maneuver through these virtual experiences. I know it did for me, but don't give up. It won't be too long before you'll master the necessary skills and open up hours of fun and wonder.

So as you can see, though we may currently need to stay physically distant from each other during this crisis, there's no need for us to socially disconnect from each other or from the world. Stay safe and stay well!



The Senior Advocate.

By Lynn Alexander,
Senior VP & Chief Marketing Officer


In the Shelter Of Each Other

“It is in the shelter of each other that the people live.” - Irish proverb

This quote is extremely appropriate for these times we are in. As we are all sheltering in place it becomes all the more apparent how important connection is for us as human beings. We miss our children, grandchildren and all loved ones and friends more than we could have even imagined before. They are the lifeblood of our lives. The PVM staff feels that way about all of you. Your cards of appreciation have inspired us all.

This all seems so counterintuitive as we have always encouraged you to be engaged, get involved, and come together for fun, wellness and connection. Now we are insisting that you shelter in place. You have been doing a great job of this; and it is working! We are flattening the curve of this terrible disease known as COVID-19 or the Coronavirus. Please remember that you are not only protecting yourself but everyone else as well. And also remember that your administrators and staff are available to help you when needed. Also, our Wellness teams have created some very creative ways to stay engaged remotely. Check in with them. They are just a phone call away.

We appreciate very much your cooperation and support. Once we get through this we will celebrate in a very big way. We are one day closer to having this behind us. Better days are ahead!



Mother's Day Poem

My dear mother unlike any other,

You taught me how to walk,
And you taught me how to talk.
You provided a roof over my head,
And always made sure I was fed.

You taught me morals and standards,
The meanings of living and all about giving.
What a wonderful, beautiful, thoughtful, intelligent mother I have,
And you make me truly glad.

You always go out of your way for everyone each day.
You always listen to what I say even if I'm having a bad day.
Whenever I've had issues
You have always been my tissues.

You always hugged me tight
And loved me with all your might.
You were always there for me when I needed someone.
I'm so very thankful to have a mother like you,
With your kindness and all that you do.

All these words are perfectly true,
And mother, I love you.
You are a mother unlike any other.
A little poem I wrote for you to let you know
I love you and appreciate you every day
In every single way.

Source: <https://www.familyfriendpoems.com/poem/mother-55>

Memorial Day Thanks and Thoughts

All gave some; some gave all. Grateful thanks to you and to all who have served our country, and remembering those who made the ultimate sacrifice.

I will never forget that I live in the land of the free because of the brave. Thank you for your service.

"Thank you to all members of the military, in all branches, past and present, living and dead."

On Memorial Day, we thank you for all you give for our country: your devotion, your time, your family, your skills, and your very lives. We salute you.

The true superheroes don't wear masks and capes; they wear fatigues, combat gear, and dress uniforms. We can never thank you enough for your heroic service to our country.

Thank you for the vital work you're doing for our country. We appreciate your sacrifice and pray for your safe return home.

We will never forget everything you have done to keep our country safe and free for us and for future generations. Thank you, and God bless America.

You set an example of courage, commitment, selflessness, and national pride. Today and every day: Thank you for your service.

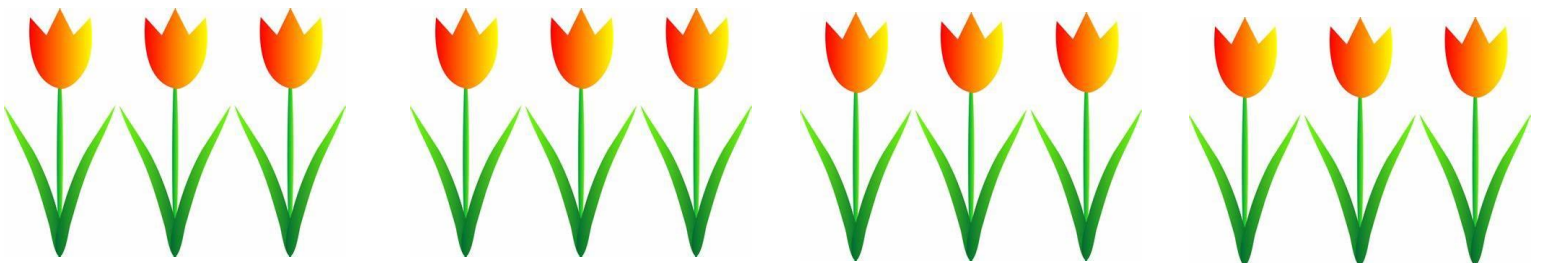
You are an important part of the long history of military service that has made America proud and free. We thank and honor you and all those who have served before you.

"God bless America, land that I love... and God bless you for putting your life on the line every day. Your service to our great nation will never be forgotten."

<https://www.romper.com/p/12-memorial-day-2019-thank-you-notes-to-honor-all-whove-served-17914843>

MAY FACTS

- The month was named after the Greek Goddess of Fertility, Maia. One famous poet suggests that the name comes from the Latin word, “maiores” which means “elders”
- No month other than May ever begins or ends on the same day of the week, in the same year. It may match with the months of the following year.
- May is the month of Autumn in the Southern Hemisphere, and spring in the Northern Hemisphere.
- The birthstone is emerald, which signifies love and success.
- The birth flower is the Lily of the Valley.
- People born in May fall under two zodiac signs: Taurus (till May 20) and Gemini (after May 21).



MOTHER'S DAY

WORD SEARCH



- | | | | |
|--------|-------------|--------|----------|
| AUNT | CHILDREN | HUGS | MOMMY |
| BRUNCH | DAUGHTER | KIDS | MOTHER |
| CANDY | FAMILY | LOVE | PARENT |
| CARD | FLOWERS | LOVING | PRESENTS |
| CARING | GRANDMOTHER | MAY | SUNDAY |

Answers can be found on Page 11

Happenings at the Village of Westland

Resident Community Channel (Channel 2) Happenings:

Movies every day at 10 AM and 2 PM
Bingo at 12:30 PM Monday thru Friday
Karaoke at 6 PM on Wednesdays

Campus Happenings:

Snack Cart between 2 PM-3 PM

- Mondays: 100 & 200 Hallways
- Tuesdays: 300 & 400 Hallways
- Wednesdays: 500 & 600 Hallways
- Thursdays: 700 & 800 Hallways
- Fridays: 900 & 1000 Hallways

Music in the Courtyards between 1 PM-2 PM (weather permitting)

- Fridays: Outside of Odd 800 rooms, Even 100 rooms, All 300 rooms and All 200 rooms
- Saturdays: Outside of Odd 100 rooms, All 500 rooms and All 600 East rooms
- Sundays: Outside of All 600 West Rooms and Even 700 Rooms
- Mondays: Outside of Odd 700 Rooms, Even 800 Rooms, All 900 Rooms and All 1000 Rooms

Participate in contests such as Coloring and Guess Who via your Internal Mailboxes and the Resident Community Channel.

If you would like to change your cable to Retirement TV to get access to the Resident Community Channel, please call Breana Wallace at 734-762-8928.

Welcome To The Village!

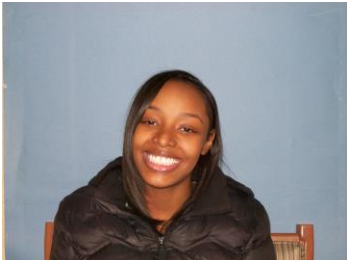
Resident:

Mary Glass

Staff:



Brittany Lominac
Dietary Assistant



Diandrea Pitts
Dietary Assistant



Esean Lavender
Dietary Assistant



Ed Fletcher
Environmental Service Manager

April fun!



Happy Birthday to our Wonderful Residents...



Following are the residents who celebrate a birthday in May!

- | | | | |
|-----------------------|---------------------|----------------------|----------------------|
| Kathleen Fulner..... | May 1 st | Cathy Mack..... | May 11 th |
| Joan Dugas..... | May 4 th | Dorothy Butler..... | May 19 th |
| John Connelly..... | May 5 th | Clifford Wright..... | May 22 nd |
| Mary Walker..... | May 5 th | Jeri Tomassion..... | May 25 th |
| William Hamilton..... | May 6 th | Marj Housely..... | May 27 th |
| Peggy Brefka..... | May 8 th | MaryAnn Tucker... | May 27 th |
| Marj Cameron..... | May 8 th | Ioda Baldwin..... | May 28 th |
| Suzanne Edwards..... | May 9 th | Shirley Bargaen..... | May 31 st |

Mother's Day Word Search Answers:



R	F	S	W	N	H	U	G	S	M	L	C	R	Q
E	Z	R	P	L	Y	L	X	X	O	H	A	L	T
H	T	E	N	L	W	L	W	V	I	H	R	C	V
T	L	W	Q	V	T	H	I	L	R	E	I	T	N
O	O	O	C	M	C	N	D	M	H	F	N	N	D
M	V	L	T	N	G	R	N	T	A	T	G	U	F
Y	E	F	U	M	E	M	O	B	N	F	R	A	W
W	M	R	C	N	K	M	T	E	C	C	Y	L	M
C	B	M	J	K	D	I	R	C	T	A	M	T	Q
K	R	J	O	N	L	A	D	P	Q	R	R	Q	V
Y	A	M	A	M	P	G	K	S	N	V	Q	D	X
H	D	R	R	R	E	T	H	G	U	A	D	N	Y
C	G	Y	F	Q	M	P	R	E	S	E	N	T	S
S	U	N	D	A	Y	B	Q	C	A	N	D	Y	N



**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Numbers

(734) 728-5222

Village Staff

Michele White – Ext. 28885
Executive Director

Kara Otto – Ext. 28810
Social Worker

Jason Lovelly – Ext. 28927
Human Resources

Shari Thompson – Ext. 28952
Billing

Jan Smith – Ext. 23179
Nurse Case Manager

Walter Grantham – Ext. 28897
Dietary Manager

Breana Wallace – Ext. 28896
Marketing Manager

Brenda Seifert – Ext. 28893
Housekeeping Lead

Shana Brown – Ext. 28886
Wellness Manager

Ed Fletcher – Ext. 28890
Environmental Service Manager

EMERGENCY NUMBER

(734) 728-5222



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit www.pvm.org



**32001 Cherry Hill Road
Westland, MI 48186**



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