



Village Herald



Embrace the possibilities

3325 Grange Hall Road Holly, Michigan 48442 • www.pvm.org

June 2013

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Village Administrator

We have a lot of great things going on this month. We will kick off the month with the PVM Board reception on June 6th at 4:30pm. We are going to have a Hoedown. This is a great chance to meet the PVM board as well as the Holly Board members. We will be serving finger foods and having great entertainment. Make sure that you attend this special event. Join the staff in dressing for the event.

June is also a time that we celebrate Father's Day. I would like to wish all those living at Holly Woodlands a very special Father's Day. I hope your day is enjoyable!

It is once again time for The Village Victory Cup!!! We will be heading to Ultimate Soccer in Auburn Hills on the 21st for the competition. We always look forward to this. I have great hopes that the Holly Woodlands team will bring home the trophy this year. I wish all our participants the best of luck in their events.

We have several projects that the maintenance team is trying to accomplish this summer. Please be patient as we try to get all the outside work completed. If you have areas that need to be addressed, please contact me and we will add them to our list.

I will be sending out a report during the month of June regarding our results from Friends and Family. Our thermometer is going up each week. Thank you to all that participated in helping us get closer to purchasing a new bus with a chair lift.

Deanna Coggins
Administrator



The Village of
**Holly
Woodlands**

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



Service Coordinator Corner

John Chandler
Service Coordinator



Michigan State Extension

Robin from Michigan State Extension will be here on Tuesday June 25, 2013 at 2:00pm to continue here series on Nutrition.

Under a new law, more Medicare beneficiaries could qualify for Extra Help with their Medicare prescription drug plan costs because some things no longer count as income and resources. The Extra Help is estimated to be worth an average of \$3,900 per year. To qualify for the Extra Help, a person must be on Medicare, have limited income and resources, and reside in one of the 50 states or the District of Columbia.





Listening to the Classics

The other day, while preparing for a trip to Chicago, I made a delightful discovery. Knowing that I was going to be stuck in the car for 4 hours, rather than listen to the radio, I wanted to occupy my time a little more productively. Years ago, when my kids were young, we rented an audio book for a trip to Indianapolis and despite the fact that my car's cassette player kept eating the tape, it was an experience we thoroughly enjoyed. Given today's more advanced technology, I did a quick Google search to see what might be available from the internet and that's when I stumbled upon LibriVox.org.

LibriVox has a catalogue of over 6,300 audio books all of which are in the public domain and thus copyright free. Their catalogue contains poems, short stories, dramatic readings, and classic works from Jane Austen, Robert Louis Stevenson, Langston Hughes and many other literary pioneers. And the best news of all is that they are FREE and can be easily downloaded to your computer, iPad, or smart phone.

I had so much fun listening to Lewis Carroll's "Alice's Adventures in Wonderland" during my trip, that now, rather than stare blankly at the TV at the end of a long day, I close my eyes and listen to classic literature. I consider it to be "nourishment" for my brain. You might want to give it a try!



By Paul J. Miller, CFRE,
President, PVM Foundation

Inspire Possibilities Breakfast Raises Over \$117,000

The PVM Foundation's third annual Inspire Possibilities fundraising breakfast event on April 26th was a success, raising over \$117,000! In its two previous years, this event has netted more than \$237,000 for many innovative, life-enhancing programs and services for Michigan seniors. Nearly 300 guests attended the complimentary, one-hour event held at the Centerpoint Marriott in Pontiac.

The event featured three inspirational testimonials from residents and a family member of a resident, who shared how their lives were impacted by the possibilities PVM provides:

- Motoko Huthwaite, a resident at The Village of Westland. For health reasons, Mrs. Huthwaite was unable to attend, so her story was shared by Ellen Byrne, executive director at The Village of Westland.
- Reva Wujcik, a Board Member and family member of a resident at The Village of Redford, and
- Janet DeVold, a resident at The Village of Oakland Woods.

We deeply appreciate and thank all the new Peterson Mission Maker members (\$1,000 or greater pledge over two or more years) for their long-term commitment to PVM seniors, as well as the donors and Table Captains who helped make the third annual Inspire Possibilities breakfast such a success. Thank you for making a difference in the lives of Michigan seniors!

If you are interested in learning more about this event or about becoming a Peterson Mission Maker Society member, please contact me at 248.281.2040 or pmiller@pvm.org.

Warm regards,
Paul J. Miller, CFRE

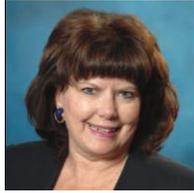
Your Life. Your Legacy.

Presbyterian Villages of Michigan is only able to provide the best quality of housing, programs and services to seniors throughout Michigan with the generous support of our donors.

**Please consider a charitable bequest...
and leave a legacy.**

 Presbyterian Villages
OF MICHIGAN
THE FOUNDATION

For more information, call
Paul Miller at the PVM Foundation
248.281.2045
www.pvmfgifts.org



The Senior Advocate.

*By Lynn Alexander,
Vice President of Public Affairs*

The Senior Advocate

Recently I made a small purchase at a deli of a grocery store. In order to assist me the employee had to interrupt another large scale job she was doing. I said to her that I was sorry she had to interrupt her task for such a small purchase. Without missing a beat she smiled and replied: "You are not an interruption. You are our customer. We are here because of you." This store now has a customer for life on me thanks to her!

This is the core philosophy of all that we do here at PVM; and our Service Excellence training along with our strategic planning support that philosophy. We exist to serve you and appreciate your business. Thanks for entrusting your quality of life with us!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 <i>Church Service</i> 3:00	3 <i>Workout Stretch</i> 10:00 <i>Euchre</i> 1:00 <i>Celeste</i> 1:00 <i>Scrabble</i> 3:00 <i>Bingo</i> 7:00	4 <i>Bible Study</i> 10:00 <i>Walk Away the Lbs.</i> 10:00 <i>Home Depot Garden Center</i> 11:00 <i>Password</i> 1:30	5 <i>Holly Foods</i> 9:30 <i>Bingo</i> 7:00	6 <i>Pictionary</i> 1:30 <i>Workout Stretch</i> 2:00 <i>Hoedown</i> 4:30	7 <i>Yahtzee</i> 7:00	8
9 <i>Church Service</i> 3:00	10 <i>Workout Stretch</i> 10:00 <i>Euchre</i> 1:00 <i>Scrabble</i> 3:00 <i>Bingo</i> 7:00	11 <i>Bible Study</i> 10:00 <i>Walk Away the Lbs.</i> 10:00 <i>Riverboat Lunch & Cruise</i> 10:00 <i>Mexican Train</i> 1:30	12 <i>VG'S</i> 9:30 <i>Bingo</i> 7:00	13 <i>Bus Service</i> 9-12 <i>Focus Hope</i> 1:00 <i>Workout Strength</i> 2:00 <i>Bean Bag Toss</i> 2:00	14 <i>Workout Strength</i> 10:00 <i>Yahtzee</i> 7:00	15
16 <i>Happy Father's Day</i>	17 <i>Workout Stretch</i> 10:00 <i>Euchre</i> 1:00 <i>Celeste / Jewelry</i> 1:00 <i>Scrabble</i> 3:00 <i>Bingo</i> 7:00	18 <i>Bible Study</i> 10:00 <i>Walk Away the Lbs.</i> 10:00 <i>7 Lakes Beach & Sack Lunch</i> 11:00 to 1:30 <i>Password</i> 2:00	19 <i>Kroger's</i> 9:30 <i>Bingo</i> 7:00	20 <i>Waterford Fruit & Veggie Market</i> 11:00 <i>Workout Stretch</i> 2:00 <i>Pictionary</i> 2:00	21 <i>Senior Olympics!!!!</i> <i>Go Holly!!!!</i> <i>Yahtzee</i> 7:00	22
23	24 <i>Workout Stretch</i> 10:00 <i>Euchre</i> 1:00 <i>Scrabble</i> 3:00 <i>Bingo</i> 7:00	25 <i>Bible Study</i> 10:00 <i>Walk Away the Lbs.</i> 10:00 <i>Spoonz Tavern</i> 11:00 <i>Mexican Train</i> 1:30 <i>MSU Ext.</i> 2:00	26 <i>Wal-Mart Fenton</i> 1:00 <i>Bingo</i> 7:00	27 <i>Bus Service</i> 9-1 <i>Workout Strength</i> 2:00 <i>Bean Bag Toss</i> 2:00	28 <i>Workout Strength</i> 10:00 <i>Garage Sales and Coney Island</i> 10:00 to 1:00 <i>Yahtzee</i> 7:00	29
30						

Services Offered at Holly Woodlands

Focus Hope: Second Thursday of every month.

Holly Foot and Ankle: Every other month for foot and toenail care.

Bible Study: Every Tuesday at 10:00 in the second floor lounge.

CVS Deliveries: CVS will deliver prescriptions every Tuesday and Thursday at 2:00.

Beauty Salon: Third floor of the Manor. Melissa will be here by appointment only.

810-875-7269

Church Service: June 2nd and June 9th at 3:00 in the Manor Community in the Manor Community Room.

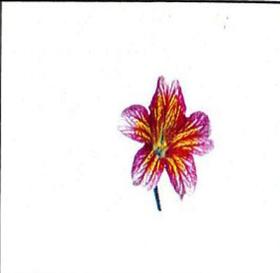
May 2013 Birthday List

Happy Birthday!

- Elizabeth Wilson..... 6-1
- Lily Hess..... 6-2
- Betty Caldwell..... 6-13
- Lynda Beach 6-15
- Marilyn Long..... 6-16
- Patricia Pollack..... 6-16
- Winston Farmer..... 6-17
- Wayland Stroud..... 6-19
- Betty Knight..... 6-23
- Johanna Swartz..... 6-26



**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
JUNE 2013**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Menu is subject to change Without Notice Margarine & Half Pint Milk Served With Every Meal</p> <p>Cost Share \$3.00</p>	 <p>June</p>	<p>PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 810-632-2155 888-886-8971</p>		
3	4	5	6	7
<p>TURKEY DIVAN W/GRAVY MASHED POTATOES BROCCOLI WHITE ROLL SELECTED FRUIT DESSERT</p>	<p>CHOPPED STEAK W/GRAVY SCALLOPED POTATOES MIXED VEGETABLES PAN ROLL SELECTED FRUIT DESSERT</p>	<p>FISH SANDWICH OVEN BROWNED POTATOES DICED CARROTS BUN SELECTED FRUIT DESSERT</p>	<p>GRILLED CHICKEN STEAMED BROCCOLI TOSSED SALAD POTATO BREAD SELECTED FRUIT DESSERT</p>	<p>BAKED PORK CHOP W/GRAVY AU GRATIN POTATOES BLEND VEGETABLES CORN BREAD SELECTED FRUIT DESSERT</p>
10	11	12	13	14
<p>SPAGHETTI W/MEAT SAUCE CORN TOSSED SALAD GARLIC BREAD SELECTED FRUIT DESSERT</p>	<p>CRISPY CHICKEN THIGH LIMA BEANS COLE SLAW CORN BREAD SELECTED FRUIT DESSERT</p>	<p>CHEESEBURGER W/BUN W/MUSTARD & KETCHUP POTATO WEDGES BAKED BEANS SELECTED FRUIT DESSERT</p>	<p>POTATO ENCRUSTED FISH VEGETABLE RICE CUCUMBER SALAD ROLL SELECTED FRUIT DESSERT</p>	<p>"FLAG DAY" STUFFED STEAK W/GRAVY BAKED POTATOES TOSSED SALAD PAN ROLL SELECTED FRUIT DESSERT</p>
17	18	19	20	21
<p>BBQ CHICKEN REDSKIN POTATOES STEAMED CARROTS PAN ROLL SELECTED FRUIT DESSERT</p>	<p>MACARONI & CHEESE STEWED TOMATOES MIXED VEGETABLES WHOLE WHEAT SELECTED FRUIT DESSERT</p>	<p>TURKEY & STUFFING W/ GRAVY GLAZED CARROTS HONEY WHEAT SELECTED FRUIT DESSERT</p>	<p>COUNTRY FRIED BEEF STEAK W/GRAVY SUCCOTASH WHOLE GRAIN ROLL SELECTED FRUIT DESSERT</p>	<p>"FIRST DAY OF SUMMER" TUNA SALAD PLATE MIXED GREENS W/VEGGIES CARROT RAISIN SALAD PAN ROLL SELECTED FRUIT DESSERT</p>
24	25	26	27	28
<p>SWEET & SOUR MEATBALLS RICE ORIENTAL VEGETABLES COLE SLAW WHOLE WHEAT ROLL SELECTED FRUIT DESSERT</p>	<p>LEMON GLAZED FISH POTATO WEDGES COLE SLAW WHITE ROLL SELECTED FRUIT DESSERT</p>	<p>MEATLOAF W/GRAVY OVEN BROWNED POTATOES CAPRI VEGETABLES PAN ROLL SELECTED FRUIT DESSERT</p>	<p>CHICKEN POT PIE BRUSSEL SPROUTS TOSSED SALAD HONEY WHEAT SELECTED FRUIT DESSERT</p>	<p>STUFFED CABBAGE MASHED POTATOES GREEN PEAS HONEY WHEAT SELECTED FRUIT DESSERT</p>

MANAGED BY PARAGON MANAGEMENT, INC. *SPONSORED BY THE COMMUNITY OF CHRIST CHURCH* FUNDED THROUGH THE AREA AGENCY ON AGING 1-8, OSA, OAA
OTHER CONTRIBUTORS: THE LIVINGSTON COUNTY COMMISSIONERS * THE LIVINGSTON COUNTY SENIOR NUTRITION PROGRAM COMPLIES WITH ALL CIVIL RIGHTS AND SOCIAL REHABILITATION ACTS.

APPROVED: 05/12/2010



Fire Safety

May was one of our two fire drill months for independent living. By now you should have participated in a fire drill at your Village. Why should you participate in these drills? You should participate in these drills because it just might save your life. We do drills so that in the event there is a real fire, you will know how to react. Last year, we had a fire in one of our units that completely burnt the unit down. It pays to know what to do when the alarm goes off.

During a fire drill, staff is looking for barriers to evacuating the building in a fast safe manner. Do some residents need assistance? Can all the residents hear the actual alarm ringing? Do residents know where to go when the alarm does go off? Can the building be evacuated quickly? Can we improve the time? Each time a drill is completed; staff de-briefs and looks for ways to improve.

If you cannot hear your fire alarm or do not know what to do in the event the alarm goes off, please contact your administrator. We can help. Please do your part and make yourself available to participate on the day of the drill.

Remember, all our campuses are non-smoking. The fire last year was caused by a cigarette burning on a couch. Bar-b-que grills are not allowed on balconies or patios that are near the building. Never use an open flame, such as a candle in your apartment. Use a timer to remind you that you have placed something on the stove. All these tips, plus participating in fire drills, will go a long way to keep you and fellow residents safe.

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Number

248-634-0592

Village Staff

Deanna Coggins
Administrator

Heather Green
Administrative Assistant

John Chandler
Service Coordinator

Cassie Roberts
Activities Coordinator

Carl Smith
Maintenance Technician

Gene Blankenship
Maintenance Technician

Receptionist
Bernice Riggs

Angel Marker
Housekeeper

EMERGENCY NUMBER

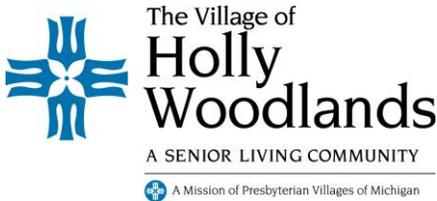
248-534-8263

Fax Number

248-634-8417



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit **www.pvm.org**



**3325 Grange Hall Road
Holly, MI 48442**

Holly Woodlands Board Members

Kesha Akridge
Kent Barnes
Elena Danishevskaya
James Gotch
Reisa Hamilton
Pauline Kenner
Mary Lloyd
Bernice Riggs
William Walters

Embrace the possibilities