



# Village News



## Embrace the possibilities

420 S Opdyke Rd • Pontiac, MI 48341 • [www.pvm.org](http://www.pvm.org)

June 2018

### Featured Articles

Administrator Notes	pg 1
Live Life Well	pg 2
The Senior Advocate	pg 3
Office News	pg 4
Service News	pg 5
Wellness News	pg 6
June Events	pg 7
Theater Thursday	pg 13
June Birthdays	pg 14
Resident Council	pg 15
As the Village Turns	pg 16
June Calendar	pg 17

### Notes from the Administrator

So we wave goodbye to Memorial day and say hello to the unofficial start of summer. A few notes as we move into the summer season for you to remember moving forward.

The Garden Club meets on June 4, 2018 at the community center, see your event schedule for time, and we need volunteers for the committee and for special projects planned this summer. Come join us and be a part of the garden fun.

The Village Victory Cup events are on Friday June 22, 2018 and while our team is strong we still need more participants for the full event schedule as well as cheerleaders and supporters so even if you do not compete in an event our Village receives 1 point for every cheerleaders who joins the team. Everything is taken care of this day, the transportation, food and fun. Just sign up and show up and we will take care of the rest...:) Hope to see you all on the 22<sup>nd</sup>!

The PVM store is now open on line. You can visit the store by going to [pvm.org/store](http://pvm.org/store) to see all the cool swag and items for your personal closet.

Our Village will be hosting an outreach luncheon on June 6, 2018 at the community center sponsored by Dick Euler and the Lighthouse of Oakland County. Inquire about attending at the front desk or give us a call.

Please help us welcome our new Service Coordinator Jazmine McBride to the Oakland Woods family. Jazmine joins us with plenty of energy and positivity to go along with her strong background in resources and assistance. See her introduction in this newsletter for more details on her and her coming schedule for appointments.

Note: Our Focus Hope recipients please sign both sheets (White & Green) when picking up your items. Important to keep in compliance with the program rules and a double signature is one of them. Help us keep you eligible.

Cottage residents please note: After trash pick-up on Mondays the Village rules do require that garbage receptacles be stored in the garage or out of sight until the next pick up. Again help us keep the community looking stellar!

Final note is your patios and porch areas are important to keep in neat and orderly state. Please take a moment to spend some time on ensuring these areas are free of clutter, debris, garbage and indoor furniture. Together we can make a real difference in the appeal and street views of our home with a little bit of effort.



The Village of  
**Oakland  
Woods**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

Look for PVM on:





# It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

## Drink Up!

**As we get older, our need to stay hydrated increases. If you lead an active lifestyle, your need is even higher. And now that the weather has warmed up, if you are active outdoors your need is even higher still. So why is it important to stay hydrated? For one, water helps our brains function properly. When we are dehydrated our capacity to think is diminished. We can get confused, become dizzy, get disoriented and as a result suffer a fall that could have disastrous consequences. If we don't drink enough water our ability to eliminate waste is also impacted. Our kidneys won't function properly, which in turn can lead to a host of serious health problems.**

**In general, the average healthy adult needs 64 ounces of water daily (eight 8 ounce glasses), however, the amount you need may differ depending on how active you are, on whether you have a chronic health condition, and on the amount and types of medications you take. As a result, it's best to have a conversation with your health care provider about your personal hydration needs. During that conversation, if you are someone who happens to also be dealing with incontinence and you haven't mentioned it to your doctor before; it's time to do so. A common but potentially dangerous practice some of us employ to deal with incontinence is to substantially reduce our fluid intake. Your doctor should be able to provide you with some tips, advice, and a treatment plan to deal with your incontinence in a much safer and healthier way.**





# The Senior Advocate.

By Lynn Alexander,  
Vice President of Public Affairs

## Summer Reading Fun

Recently I experienced the joy of being able to read to my grandchildren many times over while on vacation with them. I think I read the book about a dog named Biscuit at least forty times! What joy to be a part of their enthusiasm for reading. It flashed me right back to reading every night to my son and even being read to myself by my parents. I can even recall the excitement I felt as an elementary student when I brought the book Fun With Dick and Jane home to proudly show my mom. You can most likely flash back to some of your favorites as well. Reading is one of many ways that we can open up new worlds to our grandchildren and give our children some time to pursue other things. Also, this can help to set the path for success. Many studies have shown that being an avid reader gives youngsters a real advantage when it comes to learning overall.

Now that summer vacation is coming check out your local library. You can help your grandchildren select some of their favorite books and borrow them. Another thought is to create a contest to see how many books you can read together by the end of the summer. For advanced grades there will often be a recommended reading list sent home by teachers. You can also help with this which once again reduces some of the pressure on your own children as their parents. Some libraries ask for volunteer readers so that you can help other children learn the joy of reading. Remember to recapture the joy of reading for yourself. Sometimes we can look forward to lighter reading with fun novels at the pool or beach. Enjoy the summer and read on!





## OFFICE NEWS

BY HILLARY VANDENBERG

ADMINISTRATIVE ASSISTANT

Happy June, Village of Oakland Woods!

I am excited to introduce a new activity that is in this month's calendar, **Walking with Hillary!** Now that it is beautiful out, I thought it would be the perfect opportunity to invite residents to walk with me! Every Tuesday and Thursday at 10:00 am, we will meet in the community center and walk outside for as long or as short as everyone wants to walk. We can also take the van to the Clinton River Trail across the street and walk on the scenic trail there. Every day I will leave it up to whoever shows up to determine what we do. I think it will be a lot of fun! Please join me on Tuesdays and Thursdays!



In other news, the residents who are due for recertifications this month are: 2B, 10C, 12D, 23A and 35B. You should have received your packets in the mail. They are due back to me on June 4<sup>th</sup>. It is very important that they get returned by the due date so that your recertification is completed on time. Please let me know if you have any questions with the information given.

I hope everyone has a super June and I hope to see all of you, either on our walks or around the neighborhood. 😊

# Service Coordinator News

## WELCOME!

**We have a new Service Coordinator for the Village of Oakland Woods! Jazmine McBride recently joined our team, and we are excited to have her on board! Please take a moment to say hello and introduce yourself to her when you see her at the Community Center. As she gets acquainted and situated here, she will make herself available for appointments and Service Coordinator-related needs. Welcome Jazmine!**





# Wellness Coordinator News

By Daniela Blechner,  
Wellness and Activities Coordinator

## WELLNESS UPDATES:

**The 2018 Village Victory Cup is upon us! I am so proud of all of the residents who have been putting in a huge effort, and practicing on a weekly basis to hone their skills before the competition day. We have rented a bus again this year to take us to the Victory Cup on Friday, June 22nd. If you are on a team for the Victory Cup, or if you have signed up as a Cheerleader, please be sure to be at the Community Center by 9am on that Friday morning. The bus will then take us to Novi, and pick us up after the awards ceremony. I would expect us to be back at Oakland Woods by about 5:30pm. Lunch, snacks, and water will be provided at the Village Victory Cup. We will also be having a mandatory informational meeting the day before the Victory Cup: Thursday, June 21st at 12pm. Any and all residents attending the Victory Cup should plan on being at this meeting! Important information and any updates will be given during this time! Lastly, if you are participating in the Victory Cup—as a competitor or as a cheerleader/spectator—and you have not signed the medical release & media release waivers I need you to stop by my office as soon as possible! Everyone attending the Village Victory Cup must sign and date the waivers prior to going to the event, so please see me as soon as possible to get your forms signed! Thank you.**



# JUNE EVENTS

**Coloring Book Activity:** Friday June 1st meet us in the Community Room at 2pm! We will be coloring, chatting, relaxing, and munching on some tasty snacks! Coloring supplies and refreshments will be provided by the Village. Spend your first Friday of June participating in this fun, relaxing, and calming activity.

**Lighthouse Luncheon:** The Lighthouse Lunch will be returning to our Village on Wednesday, June 6th, at 12pm. This is a free event for residents, and the meal will be provided by the Lighthouse volunteers and staff. Please be sure to sign up no later than Monday, June 4th, so that a proper number of attendees can be determined. Thank you!



**Baseball Game at Jimmy John's Field:** We have an extra special trip planned for Friday, June 8th, at 6pm! We will be traveling to Jimmy John's Field to watch the Birmingham Bloomfield Beavers take on the Eastside Diamond Hoppers! This trip is free for VOW residents, and will include your ticket to the baseball game as well as the fireworks show happening after the baseball game. Any refreshments purchased at the field will be the responsibility of each individual resident, as well as there will be a \$1 bus fee to travel to the baseball game. Our tickets and numbers have been confirmed, and I'm looking forward to this event with everyone!



**Trip to the Royal Tea Room:** We have finally managed to reschedule our trip to the Royal Tea Room in Roseville. Our tea time is now set for Thursday, June 14th, at 10am. The tea & lunch will cost \$10, and if you paid for the previous trip, you are all set. If you are no longer able to attend the new date, please speak with Daniela so that you can be reimbursed. And lastly, if you are wanting to join the trip this time around, and have not paid the \$10 fee, please sign up and pay no later than Thursday, June 7th. Thank you!



# JUNE EVENTS CONT.

**2018 Village Victory Cup:** The day has finally arrived! The Cardinals are headed to the Village Victory Cup on Friday, June 22nd at 9am! We are hoping to return to the Village of Oakland Woods with the Victory Cup in hand! If you are signed up to attend the VVC, please also mark your calendars for the informational meeting happening on Thursday, June 21st at 12pm. We will go over any last minute details for the Victory Cup during this meeting time. Please let Daniela know if you have any questions, or concerns about the Victory Cup prior to the 21st. Let's Go Cardinals!!



**Village People's Choir Concert:** The Village People's Anniversary Concert is scheduled for Wednesday, June 27th at 2pm in the Community Room. Please see the flyer included in your newsletter for additional details, as well as the suggested donation to attend the performance.



**Lunch & Shopping at HomeGoods:** We will be taking a shopping trip to HomeGoods this month, and stopping for lunch along the way! The HomeGoods we will be visiting is located on Rochester Rd, and is next to other shopping destinations as well, so residents are welcome to make stops at other stores nearby if they wish. We will have lunch at Olive Garden on Rochester Road, and then continue to our shopping destination in the afternoon. I hope several of you are able to join! Our trip is scheduled for Thursday, June 28th at 11am.

**Birthdays, Bingo, and Meet & Greet:** For our June Birthday Celebration, scheduled for Friday, June 29th at 1pm, we will be combining the event with a Meet and Greet for our new Oakland Woods staff members! Our new Service Coordinator Jazmine McBride, and our new Marketing & Outreach staff Shree Marshall will be in attendance for the Birthday Party, and they would love to meet you! Please stop by, introduce yourself, and stay for some Birthday treats and Bingo!



# MEADOW BROOK THEATER PRESENTS:

## Burt & Me



In this romantic musical comedy, Joe and Lacey were high school sweethearts who drifted apart when they attended different colleges after graduation. Years later, their paths cross again as Joe devises a clever plan to win Lacey back... with the help of one Burt Bacharach. With songs from the Bacharach and David songbook such as Wishin' & Hopin' , Walk On By, I Say A Little Prayer, and many more.



## **5th Anniversary Celebration**

♪ **The Village People Chorus** ♪

***Presents***

## **A Concert of Memorable Songs From the Past**

**Wednesday, June 27th at 2:00 p.m.**

**The Village of Oakland Woods**

**Invite your family members and friends**

**\$2 Donation Upon Entrance**

**Light Refreshments Served**

# **YOUR 2018 T-SHIRT DESIGN WINNER!**



**EDITH GUTOWSKI'S T-SHIRT DESIGN RECEIVED**  
**THE MOST VOTES! THANK YOU TO ALL**  
**RESIDENTS WHO PARTICIPATED IN THE CONTEST**  
**AND IN THE VOTING! GO CARDINALS!**

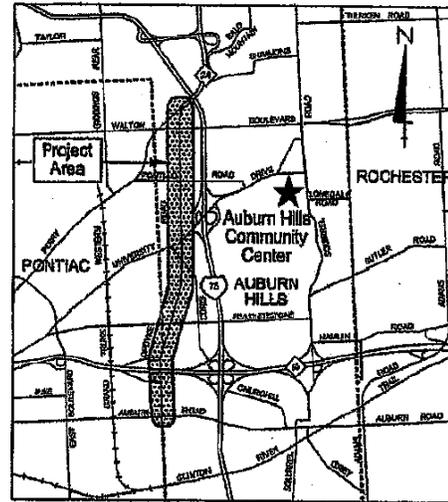
# **ROAD COMMISSION** for OAKLAND COUNTY

## **PUBLIC INFO MEETING IS MAY 23 FOR OPDYKE ROAD**

The Road Commission for Oakland County (RCOC), in partnership with the cities of Pontiac and Auburn Hills, will host a public information meeting May 23 to share information about the resurfacing, bridge replacement and other work along Opdyke Rd. from Auburn Rd. to Perry Rd. The work will start on approximately June 18.

### **MEETING DETAILS**

- WHAT:** Public information meeting to discuss the construction plans and the impact on traffic during construction.
- WHEN:** Wednesday, May 23, 4 p.m. to 7 p.m.
- WHERE:** Auburn Hills Community Center, 1827 N. Squirrel Rd., Auburn Hills
- NOTE:** The meeting will be "open house" format. There will not be a formal presentation. Anyone can attend any time between 4 p.m. and 7 p.m. to review information and speak with an RCOC Representative.



**Project Map**

### **PROJECT DETAILS**

The project includes replacing the Opdyke Road bridge over the Clinton River, resurfacing Opdyke Road from Auburn Road to Perry Road, replacing sidewalk crosswalks and bus stops, drainage improvements, replacing watermains from Featherstone Road to Walton Blvd. and constructing a pedestrian pathway from Auburn Road to I-75.

### **Impact on Traffic**

Opdyke will be closed between Auburn Rd. and M-59 during the bridge replacement. The detour for through traffic will be Auburn Rd. to Martin Luther King Jr Blvd. to Featherstone Rd. back to Opdyke Rd. and vice versa. Due to weight restrictions on Martin Luther King Jr. Blvd., oversized vehicles will need to use M-59 instead.

Additionally, during the resurfacing and watermain replacement work, one lane will remain open in each direction of Opdyke between Auburn and Perry roads.

Access to businesses along this section of Opdyke Road will be maintained at all times during the project.

### **Funding**

This project is expected to cost approximately \$10.9 million. Of this, the bridge replacement will cost approximately \$3.6 million and the rest of the project is expected to cost \$7.4 million including the watermain work. All watermain work will be paid for by the City of Auburn Hills. Federal funds will cover \$3.1 million of the project cost, and approximately \$2.8 million will be paid for through the Local Bridge Program (a combination of federal and state funding). The remainder will be shared by RCOC, the cities of Auburn Hills and Pontiac and Oakland County general government (through the Tri-Party Program).

### **FOR MORE PROJECT INFORMATION**

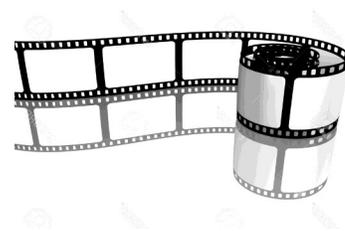
Additional information is available on the Opdyke Rd. page of the RCOC Website ([www.rcocweb.org](http://www.rcocweb.org) – click on the "Road Projects" icon on the home page and select Opdyke Rd.).

*If you wish to attend the meeting and require special accommodation in accordance with the provisions of the Americans with Disabilities Act (ADA) or Title VI, including those requiring language assistance, RCOC will provide such services, free of charge, with reasonable advance notice (seven business days). Please contact the RCOC Engineering Dept. at 248-645-2000, ext. 2265, to submit your request.*

**For more information:**

**Call RCOC's Department of Customer Services at (877) 858-4804 or send us an email via the RCOC Website, [www.rcocweb.org](http://www.rcocweb.org)**

# Theater Thursday



**Thursday, June 7, The Post:** When the "Washington Post" agrees to publish the leaked Pentagon Papers -- which point to a secret escalation of the Vietnam War -- the Nixon administration tries to block publication, setting off an epic legal and political battle.



## Father's Day

Henry Maxwell

Dad you were  
there at my birth,  
You gave advice for  
what it was worth,

You let me decide if  
I took it or not,  
You never left me  
in an awkward spot.

You stuck up for me  
when I went astray,  
So Dad, this love is  
for you on Father's Day.



## Birthday Celebration!

The Birthday Party will be held on Friday, June 29th. Please join us in the community room at 1:00pm for refreshments, bingo and prizes!

Amos Hodges .....	6/1
Ed Revis .....	6/1
Betty Carthens .....	6/6
Sophie Wasik.....	6/10
Savannah Doran.....	6/12
Sally Jackson .....	6/12
Kimara Fuller .....	6/13
Kathleen Griffin .....	6/14
Linda Kelly .....	6/16
Gloria Stokes .....	6/19
Joyce Parlor .....	6/29
Ida Fantauzzi .....	6/30

### Staff:

Brian Gunner .....	6/23
--------------------	------

### A Blue Jay—Poem by Gayle Sweeney

A blue jay's feathered back holds spots of white clouds  
and soft, glistening blue.

Upon its wings is painted days of sapphires  
And snowy flurries, too.

I peeked out beyond the open curtain  
At the big, flowering rhododendron.

There a bright, silent blue jay landed suddenly.  
Among our pink fairy blossoms it stopped by me,  
Jeweled with patches of rich blue—perhaps a gift from the azure sky.

We might even think some of pure heaven  
Is in flight when blue jays fly.

This dappled blue jay then soon quietly moved from branch to branch  
In green blooming shrubbery outside my window.

By boughs of cool leaves like sheaths  
All at once it paused for a moment  
And surprisingly looked up at me from below.



# Resident Council News

By *Judy Shatto*,  
Resident Council President

## Resident Council News:

After a long period, I am thrilled to announce the return of our biographies of our VOW residents written by our longtime resident, Edith Gutowski! The “bios” will be on the “As The Village Turns” page. Please take a moment to read and learn about the interesting stories and backgrounds of our neighbors. They may live right next door to you!

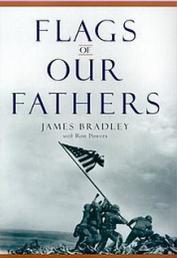
The area wide Village Beautification Flowers contest this year will be conducted by our management staff, like in the past. Please keep reading your newsletter to find out more details.

Let’s make our Village so beautiful this year that they will indeed have trouble judging who the winner will be!



## Library News:

June Book of the Month: “Flags of Our Fathers” by James Bradley



In this unforgettable chronicle of perhaps one of the most famous moments in American military history, James Bradley has captured the glory, the triumph, the heartbreak, and the legacy of the six men who raised the American flag at Iwo Jima. He was the only one who survived the war and came home. He tells his life story, plus with the help of the five soldiers that did not make it home, tells their story as well. A must read.

Thank you for all the old and new books that you found and brought to the Library!

## Garden Club News:

Our next meeting is set for Monday June 4th at 9:00. We will again be discussing the Memorial Garden and the painting of the gazebo. The Village of Holly Woodlands already has such a garden, and I'm thinking this might be a good day to visit it after the meeting, weather permitting. We are holding off getting flowers until the painting has been done. Ice Cream Drumsticks have arrived, so be sure to tell your friends, and come up to buy some yourselves. They are a great thing to have on a hot summer day, for only \$1.00! Hope to see you all then!

## Something New:

It is a new puzzle to solve. Something is hidden in our monthly newsletter. Can YOU find it?

Each monthly newsletter will have a hidden item for you to find. Drop your answer in the dining room suggestion box. Please use the entry form provided. Be sure to include your name, the newsletter page number, and where on the page it was found. The monthly raffle for the three winners will happen at our Resident Council Meetings.

For the month of June, locate the “**Cardinal**” hiding. Good Luck!



## Resident Council Board

**Judy Shatto**, *President*

(248)499-8574

**Becky Bolden**, *Vice President*

(248)766-3684

**Philena Holdridge**, *Secretary*

(248)977-3038

**Joyce Parlor**, *Treasurer*

(248)210-5678

**Ruthie Griffin**, *Sympathy Cards*

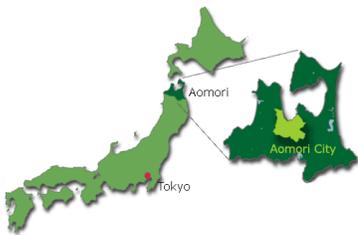
(248) 322-4222

# AS THE VILLAGE TURNS

# AS THE VILLAGE TURNS

## Shige ("Kay") Taylor

Shige Akasaki Taylor (aka "Kay"), was born in Aomori, Japan which is located on the northern tip of the island Honshu on April 4<sup>th</sup>, 1935. At that time, Aomori was very country with cool temperatures in the summer and heavy snowfalls during the winters. The family home included much land to grow all the rice, vegetables, and fruits the family needed. Michigan's temperatures remind Shige of Aomori temperatures minus the larger snowfalls. 😊



Shige Taylor met William Taylor in a restaurant where she worked. William Taylor was in the Air Force and stationed at Misawa Air Base in Aomori. At that time, Shige did not speak English and William was unable to communicate with her until he took a Japanese language class and was able to write a message on a note that he gave to her to express his interest. It was not perfectly written but Shige understood the intent. They eventually married at the Misawa Air Base in 1960 and William brought Shige to the United States in 1962. Shige is the first generation of her family to travel and live in the United States. To this day, she is still the only family member to live outside of Japan. Shige taught herself to speak, read, and write English without attending any classes by watching television and reading what she could.

Shige and William Taylor were married for 21 years and had two daughters. Michiko (Taylor) Mosbe is the oldest by one year and lives in Los Angeles, CA. She recently married in 2017 and has no children. Norma (Taylor) Bell is the youngest and lives in Auburn Hills, MI. She is happily married with four children. Shige has one granddaughter (Sachiko) and three grandsons (Takemi, Kenichi, and Raiden). Before moving to the Village of Oakland Woods in 2002, Shige lived in many cities and countries from air force bases in Japan, Texas, California, Montana, the Philippines, and New Jersey before settling in Michigan upon William's retirement from the Air Force. William Taylor passed away in 2010.

During her school years, Shige was very active in sports and participated in relay races and ping pong competitions. Today, she is still very active and looks forward to participating in the Village of Oakland Woods annual Victory Cup competitions. Shige has a total of nine medals so far from these events over the years. Each morning she arrives at the community center to meet with friends and play the bowling Wii game. When her body permits, she is an active participant in the exercise program a couple of days each week. Shige loves living at the Village of Oakland Woods and has made many friends here over the years. Her naturally happy and friendly demeanor makes her approachable and very memorable. She enjoys spending time with family and friends, and eating at her favorite Japanese and Chinese restaurants. Despite having a leg that is numb, Shige is in good health and is much adored by her family and friends. If you see her in the community, please feel free to say "Hi".



**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

# Office Number

**(248) 334-4379**

## Village Staff

**Kevin Centala**  
*Administrator*

**Sharon Benton**  
*Administrative Assistant*

**Hillary Vandenberg**  
*Administrative Assistant*

**Shree Marshall**  
*Sales, Marketing, & Outreach*

**Jazmine McBride**  
*Service Coordinator*

**Daniela Blechner**  
*Wellness and Activities Coordinator*

**Matthew Myers**  
*Maintenance Supervisor*

**Brian Gunner**  
*Maintenance Tech*

**EMERGENCY MAINTENANCE**

*(248) 330-0213*

**On-Site Security**

*(248) 917-2539*



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)

**Embrace the possibilities**

**Pontiac, MI 48341-3145**

**420 S Opdyke Rd**

A Mission of Presbyterian Villages of Michigan

A SENIOR LIVING COMMUNITY

**The Village of  
Oakland Woods**

