



6th Anniversary Celebration

♪ **The Village People Chorus** ♪

Presents

A Concert of Songs From Remember When?

Wednesday, June 26th at 2:00 p.m.

The Village of Oakland Woods

Invite your family members and friends

\$2 Donation Upon Entrance

Light Refreshments Served



Village News



Embrace the possibilities

420 S. Opdyke Rd · Pontiac, MI 48341 · www.pvm.org

June 2019

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Notes from the Administrator

June! The month of official beginning of summer outdoor fun. We would like to take this opportunity to thank everyone who took note of our plea for assistance in keeping the dumpster enclosure areas clean & sanitary. The maintenance crew truly thanks you as their job is becoming a bit less challenging with your help putting loose trash bags in the dumpster and not just on the ground in the enclosure. Thank you Oakland Woods! We knew you would come through for our maintenance team.

On Tuesday June 18, 2019 at the Community Center, directly following the resident council meeting at 2:00 p.m., the Village of Oakland Woods Board of Directors will be hosting a casual meet & greet listening session. This event is open to all residents who wish to attend. We have had many changes in the Board of Directors make up over the past year and a lot of you have never met the members. This event will allow that error to be corrected. There will be light snacks and refreshments provided during the event beginning at 3:15 p.m. and lasting until 4:30 p.m. There is a dual purpose for this gathering, beyond meeting each other and putting faces to names. The Board would like to hear what the residents have to say about the coming expansion and upgrade plans for the entire Village. The initial surveys came back with wonderful suggestions that are being inserted in our plan. Please note that this meeting is of a casual nature and we respectfully request that the conversation be kept in the realm of introductions and thoughts on the Village, its expansion, and new amenities you would like to see incorporated. This is not to be utilized as an opportunity to bring issues such as work orders or appliance problems and everyday maintenance concerns. Those can and will be addressed through the normal process for repairs. We thank you in advance for your anticipated attendance and cooperation with the event program.

***See continued on next page*



The Village of
**Oakland
Woods**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

Look for PVM on:





Notes from the Administrator

By Kevin Centala

Administrator

*****Continued from front page***

FRIENDS & FAMILY Month results! Wow! What a pleasure to report back to the residents that not only did we meet our highest fundraising goal ever of \$3,900, we smashed right through it and kept going. Our final total for the month was \$7,200! This is great evidence that every \$1, \$5 \$10 donation counts and adds up. Our Village was the recipient of a substantial anonymous gift towards our goal and we thank that special individual whoever you are. We hope it was our commitment to providing the best for our residents' and also our residents spreading the word on PVM's commitment to excellence. Now 2020 we are going to be expected to smash this new record so be ready it's only 11 short months to go.

June also marks the beginning of PVM's Shining Star nominations. The Shining Star is PVM's employee recognition and appreciation period. An employee (i.e. Office Staff, maintenance, Sales, Service Coordination, Wellness or even maybe the Administrator), who has gone out of their way to assist you or make your day better we want to hear about it! A lot of times the staff only hear the complaints and doesn't get to see the positive affect they have on so many people. This is your chance to recognize them by filling out the nomination form and turning it in. It is an easy, simple, to complete format and trust me the staff smiles big when they hear they helped or made a difference in someone's life. It makes their work meaningful and purposeful so please tell us your positive interaction.

Lastly it is BBQ season so please be reminded that all BBQ's must be at least 3 feet away from the siding or brick walls. Many fires begin this way and we want to avoid that situation at all costs. Also be mindful of your neighbors open windows if you have the smoke going. It can overwhelm some people when it blows into their home.

Final note: On June 21, 2019 the Oakland Woods Village Victory Cup team will be bringing the Cup home after a 5 years absence! We have a great team this year, 30 participants.....wow....speechless.....lets go bring that cup home!



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

Caregiver's Best Friend

TOOLS FOR THE MODERN CAREGIVER



Caregiving is hard. That's why on May 7, 2019 Presbyterian Villages of Michigan launched [Caregiver's Best Friend](#), a weekly blog designed to introduce caregivers to everyday technology that will help them spend their money wisely, save them some time, and stay sane.

While we admit that self-driving cars, robotic pets, and virtual reality are all pretty cool, that's not the kind of technology we will be blogging about. Instead, we will be taking deep dives into apps like [Shipt](#), [Takl](#), and [DoorDash](#). The kind of tech that works on the “computer” caregivers carry in their pockets (i.e., their smartphones).

We will be using the tech ourselves, trying it out and making mistakes so you won't have to. We'll also let you know how it works and give you our opinion on its benefits and its drawbacks. Before long, you just may find yourself automating grocery shopping and other everyday chores.

To read the latest posts, visit the blog weekly at www.caregiversbestfriend.org. Follow us on [Facebook](#) and [Pinterest](#) too.

Caregiver's Best Friend is a publication of Presbyterian Villages of Michigan and was made possible thanks to generous support from the Michigan Health Endowment Fund. The Health Fund works to improve the health and wellness of Michigan residents and reduce the cost of healthcare, with a special focus on children and seniors. More information about the Health Fund can be found at www.mihealthfund.org.



The Senior Advocate.

By Lynn Alexander,
Vice President of Public Affairs

Flag Day on June 14th

The U.S. Flag Day is coming up soon on June 14th. It commemorates the adoption of the flag of the United States on June 14, 1777 by resolution of the Second Continental Congress. President Woodrow Wilson issued a proclamation that officially established June 14th as Flag Day. Congress joined in with an Act of Congress in 1946.

The entire week of June 14th is designated as “National Flag Week.” This provides an opportunity to proudly display the flag if not done year round. It is also a chance to share part of the legacy of our country with our grandchildren.

Why is it important to share our history as a country? I believe this quote sums it up beautifully: “We study history not to be clever in another time, but to be wise always.”
- Marcus Tullius Cicero



Office News

By Hillary Vandenberg

Administrative Assistant

Happy June, residents!

By the time you're reading this, I hope everyone is enjoying warmer weather! I have some important announcements this month. The first one is about apartment recertifications. Please note that recertifications have two parts; an **initial signing** and filling out a packet and the **final signing** about three months later that comes when your new rent is configured. Some people have been confused when I tell them that they still need to sign because they believe they had already done so. It is also important to do your final signing as soon as you receive your new rent amount in the mail. This keeps your files in order without any issues.

Also make sure you bring your glasses if you need them to sign! Often I hear complaints from people that they don't have their glasses and it's always important to see what you're signing.

The second item comes from our finance department. When you turn in your checks in either the outside box, inside box or to me personally, please do not put them in an envelope. The envelopes are unnecessary and take up extra space in the boxes. Also please date and sign checks and money orders in the correct spot and make sure the amounts are the same in both the dollar and amount spots. This will really help us process your checks faster and we appreciate your cooperation.

Thank you everyone and have a great summer!



Service News

By Sue Carney

Service Coordinator

It is June! It is June! It is June! Summer time! Hopefully someone told Mother Nature and we get nice warm Summer weather!

June is going to be a busy month, so mark your calendars:

- **Thursday June 6 at 11 a.m.** Pat Mullin from Wayne State University, Institute of Gerontology will be here to talk on successful aging through financial empowerment. She will be talking about scams & ID theft. Also talking on getting help with contacting credit reporting agencies, filing police reports, closing compromised accounts, placing fraud alerts on your credit reports, registering consumer complaints and more.

Hope to see you at both of the above events. If attending either of these events, please sign in, in the sign in book.

Lastly, FYI: I will be off work Friday June 7 & Monday June 10.

Have a great June and lets bring the Victory Cup home!





Wellness News

Jon Hayes
Wellness Coordinator

Happy June!

Ahh yes! We made it to June! June is my favorite month! The sun is shining and this is the time of year I get excited about weekends on the water! I can't wait to hear about some of your FAVORITE summer time activities! Please come share them with me!

June is a "slow" busy month. We are in final preparation of our Village Victory Cup! We are there! We have 28 participants! This is huge for us because that gives us enough points to already walk in winning the victory Cup! Therefore, I need to be sure that all participants are on deck. Here is the outline for the week of the Victory Cup:



- **Monday, June 17th:** Village Victory Cup pep Rally at 1:00pm—join us for free Pizza as we get pumped up and excited for the VVC
- **Friday, June 21st:** Village Victory Cup—Call time is 8am. This is the time I need all residents participating in the Village Victory cup to sign in, get your t-shirt and your wellness buck reward for participating in the Village Victory Cup!

Yes, that's right those participating will earn a free t-shirt, free transportation to the VVC in our 56 passenger Coach bus, AND... as a reward of your hard work, \$500 in wellness bucks!

Go Cardinals!

This month is also exciting as we will be having our Village Chorus People's 6th Anniversary Celebration Sing-a-long on **Wednesday June 26th at 2:00pm** . Bring your family and friends with you this day, and also there is a \$2 Donation upon entrance. Light Refreshments will be served for this event.



TAKE ME OUT TO THE BALL GAME! **Thursday, June 27** we will be going to the Tigers Game!! I have 13 Tickets available! They are \$16 Plus a \$2 Donation for the bus ride down that day! First come first serve to sign up in the Activities Book!

Here is to an exciting June Month! Lets win the Victory Cup, and lets have some fun! Please please please stop in and say HI!

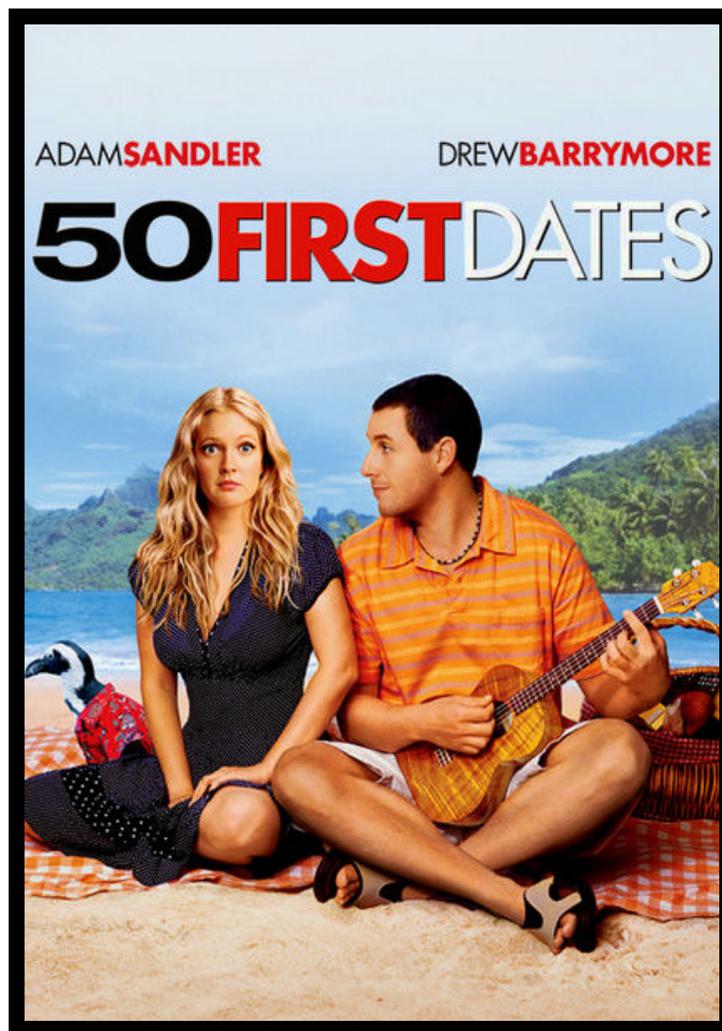
Theater Thursday



Thursday, June 13th, 50 First Dates:

In this offbeat romantic comedy, marine veterinarian Henry Roth changes his womanizing ways after he falls for pretty art teacher Lucy Whitmore. Trouble is, she has no short-term memory, so Henry has to win her over again every day.

PLEASE NOTE, THERE IS ONLY ONE THEATER THURSDAY IN THE MONTH OF JUNE. JOIN US FOR THE DETROIT TIGERS GAME ON THURSDAY, JUNE 27th!



FATHER'S DAY

Of all days today I miss you most,
Father's day is when I want you near,
Though you are so far, your smile is very clear,
Father's day is my turn to say I love you most.

How to explain the feelings of knowing you are mine,
I stroll in inspired gladness, happiness, love,
and pride,
You are my day in the night; please hold
my hand to the end of the line,
Father's day is my turn to celebrate my dearest dad.

I want to dance with my father, where the sunlight beams,
Like a mountain, you have taught me to rise above all things,
In my heart I hold you dearest, I find strength
even when light deems,
Father's day is my turn to celebrate
the hero that is my father.

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Birthday Celebration!

The Birthday Party will be held on **Friday, June 28**. Join us in the community room at 2:00pm for refreshments, bingo and prizes!

Amos Hodges	6/1
Ed Revis	6/1
John McCoy	6/5
Betty Cathens	6/6
Sophie Wasik	6/10
Savannah Doran	6/12
Sally Jackson	6/12
Carol Hardemon	6/12
Linda Kelly	6/16
Gloria Stokes	6/19
Joyce Munson	6/20
Rose Brown	6/24
Joyce Parlor	6/29
Ida Fantauzzi	6/30



Happy Father's Day

Resident Council News

By Judy Shatto

Resident Council Secretary

It's official! Our election voting process took place at our May 28 Resident Council meeting. The Executive Board of Officers are:

- Philena Holdridge-President
- Becky Bolden-Vice President
- Judy Shatto-Secretary
- Joyce Parlor-Treasurer

As I turn over my gavel to Philena, I promise to give her all the support, respect and help as she needs and I encourage all of the Staff and residents to do the same! She will, I believe, without a single doubt do a terrific job as our new President. She also has the undying support and dedication of her wonderful and humorous husband, Chuck, by her side. Let's all welcome Philena.

I also want to thank Becky and Joyce for stepping up to continue to serve for two more years as they will continue to do a great job, too. We have a good team to represent you, our residents, so come to our meetings and show support for our Village. I have said it before that we have FUN at our meetings, too.

I am very happy to announce that we have two new Area Reps for Area 4: Irene Patterson at 33A and Melissa Bridgeman at 32C. Let's welcome both and give our support to them.

Now, I would like to thank everyone for their support as being your President for the last six years! I have always enjoyed the position as I tried so hard to "have your backs" every chance I could. It has been my pleasure to help and serve you, the Village and Staff as a volunteer as I always had your best interests in mind. I will enjoy continuing as your Secretary which many may not know that I served as secretary previously for five years. Obviously, I do enjoy volunteering and the Village and PVM! Thank you all!

I will continue writing, printing and distribution of the monthly newsletter along with Jon who works hard and does a talented job of "putting it together" with his articles, clip art, and ETC. that you cannot imagine, Thelma & Gail who contributes the Library News and Edith who works so hard compiling our extremely interesting monthly BIOS (biographies) of our residents. Of course, I will be working with Philena, too, with her new ideas and procedures that she may have. We have one of the best newsletters of all PVM Villages because we believe in and practice teamwork. As they say, it takes a Village (pun, intended!) Please read your newsletter!

Resident Council Board

Philena Holdridge, President

(248)977-3038

Becky Bolden, Vice President

(248)766-3684

Judy Shatto, Secretary

(248)499-8574

Joyce Parlor, Treasurer

(248)210-5678

Ruthie Griffin, Sympathy Cards

(248) 322-4222

Something is hidden in our monthly newsletter. Can YOU find it?

Each monthly newsletter will have a hidden item for you to find. Drop your answer in the dining room suggestion box. Please use the entry form provided. Be sure to include your name, the newsletter page number, and where on the page it was found. The monthly drawing for the winner will happen at our Resident Council Meetings. You must be present in order to win.

For the month of June, locate the Sunglasses () hiding. Good Luck!

Resident Council News

By Judy Shatto

Resident Council Secretary

Our Resident Council Board



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Judy Shatto, Secretary

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Resident Council News

By Judy Shatto

Resident Council Secretary

From the Village Library

Come browse amongst newest additions and current reviews on the little table. Check out five shelves of large print volumes. Bring along the book you have that is due. Try something different.

Read Danielle Steele's *Once More*. Be surprised at her nonfiction talent. On the shelf of her novels is the sad but engaging story of her own son's life and desperate end he inflicted at age 19. Nick's journal entries explain his thoughts and actions. His mother weaves the story into a courageous tale of true life.

Remember the shore in summer? In large print, Sherry Woods tells a strange story happening in *Harbor Springs*. A young father moves to the shore to give his toddler son a safe life...but they are faced with unexpected secrets. So now you have to read Harbor Springs to uncover the mystery.

A final note. Add the following date to your calendar. Greg from the Pontiac Library will visit with a good selection of books and will also sign you up for a library card if needed. Greg will be here on **Monday, June 10, 2019 at 2pm.**

Garden Club:

Soon, the Gazebo will be decorated with colorful flowers for all to enjoy. Come and help us to enhance the beauty of our Campus.

They're back! We are now offering for a \$1.00 donation Nestles Ice Cream Drumsticks for our Spring & Summer Fundraiser which the funds in turn are used to purchase flowers for the Gazebo! Contact Judy, Hillary or Jon to buy one, please.

Coming in **July**, we are having "A Beautiful Flowers Competition" for ALL residents to enter. Because we see and appreciate the dedicated hard work you accomplish with your flowers displayed in front and/or your patio, there will be a chance to win one of the three prizes offered for Best in Show. So, have fun-do your best- and start planting. Check the flyer and info in the **July** newsletter.

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Ruthie Griffin, *Sympathy Cards*

(248) 322-4222

GETTING TO KNOW YOUR NEIGHBORS

Joyce Parlor

Joyce Parlor was the second of nine children born to Helen and Ray Houston, June 29, 1952.

Joyce's mother Helen lived here at the village before passing away in 2017. Joyce also lost one brother when he was hit by a car.

She graduated from Waterford Mott High School in 1971, was married the same year and moved to Georgia where she lived for 11 years. Her two sons were there. When they were 2 and 7, Joyce left her husband moved back to Michigan where she lived with her parents for 4 years, raising her sons as a single parent without child support.

Finally getting herself together she went to work at Waterford Meijer store for 18 years until she had a disability and had to quit but continued to work at Great Lakes Crossing for 5 years until, because of her disability, had to leave that job and was out of work for 2 years until she got better and worked at Macys in Summit Place mall for three and a half years.

Joyce's son, Charles is an airplane Mechanic with 2 sons from his first marriage, then married a woman with 3 boys, they had another boy together, giving her 6 grandsons. Carl, the youngest is a cook at Oakland University and has never married.

Joyce moved to the Village of Oakland Woods 4 years ago. She joined the Choir, the Garden Club, and is treasurer on Resident Council. She is also involved in the Village Victory Cup and has won 5 gold and 3 silver medals since participating.

Joyce loves living here!



Large Calendars are Available at the Activities Table

June 2019 Wellness Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 RED = BUS TRIP BLUE = EXERCISE BLACK = VILLAGE ACTIVITIES GREEN = PARTIES	3 9:30 Walmart and Chase Bank 10:00 GiftFit 11:00 VVC: Balloon Volleyball 11:30 VVC: Beanbag Toss 12:00 Garden Club Meeting 1:00 Art Therapy: VVC Signs	4 10:00 God and Prayer 11:00 TOPS 11:30 Blood Pressure Clinic 12:00 Sit & Be Fit 1:00 Walking Club	5 10:00 GiftFit 11:00 Village Chorus 12:00 VVC: Hoop Shoot 12:30 VVC: The Puzzler	6 10:00 Walking Club 11:00 ID Theft and Scam Help 12:00 Sit & Be Fit 1:00 Calendar Planning Meeting	7 10:00 GiftFit 11:00 Kick-A-Roo 12:00 Royal Oak Farmers Market	8
9	10 9:30 Hollywood Market 10:00 GiftFit 11:00 VVC: Balloon Volleyball Tournament 2:00 Greg from Pontiac Library	11 10:00 God and Prayer 11:00 TOPS 11:00 Mobile Dollar Store 11:30 Blood Pressure Clinic 12:00 Sit & Be Fit 1:00 Walking Club	12 10:00 GiftFit 11:00 Village Chorus 12:00 VVC: Hoop Shoot 12:30 VVC: The Puzzler 1:00 Meadowbrook	13 10:00 Walking Club 12:00 Sit & Be Fit 1:00 Theatre Thursday FRUITS & VEGGIES	14 10:00 GiftFit 11:00 Kick-A-Roo 1:00 Relax and Meditate	15
16 HAPPY FATHERS DAY TO ALL THE DADS! 	17 9:30 Meijer 10:00 GiftFit 11:00 VVC: Balloon Volleyball 11:30 VVC: Beanbag Toss 1:00 Village Victory Cup Pep Rally	18 10:00 God and Prayer 11:00 TOPS 11:30 Blood Pressure Clinic 2:00 Resident Council Meeting 3:00 VOW Board Listening Session NO WALKING CLUB NO SIT AND BE FIT	19 10:00 GiftFit 11:00 Village Chorus 12:00 VVC: Hoop Shoot 12:30 VVC: The Puzzler	20 10:00 Walking Club 12:00 Sit & Be Fit FOCUSHOPE	21 8:00 Village Victory Cup Call Time WE NEED ALL PARTICIPANTS AT THE CENTER THIS TIME	22
23	24 9:30 Kroger 10:00 GiftFit	25 10:00 God and Prayer 11:00 TOPS 11:30 Blood Pressure Clinic 12:00 Sit & Be Fit 1:00 Walking Club	26 10:00 GiftFit 12:00 Wellness Buck Raffle 2:00 Village People's Choir: 6th Anniversary Celebration Concert	27 10:00 Walking Club 11:00 Tigers Game (1:10 Start Time - \$16 ticket)	28 10:00 GiftFit 11:00 Kick-A-Roo 1:00 Relax and Meditate 2:00 Birthdays & Bingo 	29
30						

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Number

(248) 334-4379

Village Staff

Kevin Centala

Administrator

Sharon Benton

Administrative Assistant

Hillary Vandenberg

Administrative Assistant

Ricardo Palacios

Sales, Marketing & Outreach

Sue Carney

Service Coordinator

Jon Hayes

Wellness Coordinator

Matthew Myers

Maintenance Supervisor

Charles Williams

Maintenance Technician

EMERGENCY MAINTENANCE

(248) 330-0213

On-Site Security

(248) 917-2539



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

Embrace the possibilities



Knights of Columbus
Fr. Goetzges Council #1987



HOME CARE AND HOSPICE



Pontiac, MI 48341-3145

420 S. Opdyke Rd

A Mission of Presbyterian Villages of Michigan

**The Village of
Oakland Woods**
A SENIOR LIVING COMMUNITY

