

The Village of Redford



# Village View



## Embrace the possibilities

June 2019

*Gloria's Updates...*



Welcome to the month of June where we should be expecting sunny days and more blessed moments. As you can tell, the renovations to the first floor of the Villa are coming along great. The painting and wallpaper have been done and we anticipate the start of the carpet installation to take place this month. Thank you all for your patience and understanding during this process.

**Fire drill** – The fire drill that was scheduled for last month was postponed due to the renovations. The first annual fire drill of 2019 will be **Monday, June 24<sup>th</sup>**, 11am for the Cottages and 2pm for Villa residents. Please know it is for your safety that you participate in these required fire drills.

**Shining Star** – Shining Star nomination forms are located in the main lobby. Please stop by and complete a nomination form for staff members who exhibit the PVM service standards of excellence. Residents, employees, family members and board members are all encouraged to participate as well.

**Small reminders:** If you have updated contact information, please let the office know as soon as possible.

If you will be off campus for more than a day, please contact the office so we are aware.

*Enjoy the start to a beautiful Summer Month!*

*Blessings and Prayers*

## RESIDENT COUNCIL NEWS

### Welcome to the Month of June

We would like to thank Anita Hartsfield for all her hard work and dedication she showed while she was the Resident Council Chair. Due to recent changes, below is the current chain of command for the resident council:

**Nadine Doolan, Chair**

**734-624-4451**

**Caroline Jonah, Co-Chair**

**313-617-2100**

**Janice Rowe, Secretary**

**248-452-2962**

### Articles

Don't forget all residents are welcome to contribute to the Resident Council newsletter page. Please submit to any council member or put it in the suggestion box located in the mailroom.

### Arts and Crafts

As always, we are looking for Volunteers to help with Arts and Crafts. The Goodfellow Dolls are in and we need help dressing them so we can be the reason that some less fortune little girls are able to smile this Christmas.

# Chicken Pot Pie



## Ingredients

1 box Pillsbury refrigerated pie crust, softened as directed on box  
1/3 Cup butter or margarine  
1/3 Cup chopped onion  
1/3 Cup all-purpose flour  
1/2 teaspoon salt  
1/4 teaspoon pepper  
1 3/4 cups chicken broth  
1/2 Cup Milk  
2 1/2 Cups shredded cooked chicken or turkey  
2 Cups frozen mixed vegetables, thawed

## Directions

Heat oven to 425 degrees. Prepare pie crusts as directed on box for Two-Crust Pie using 9 inch glass pie pan. In 2-quart saucepan, melt butter over medium heat. Add onion; cook 2 minutes, stirring frequently, until tender. Stir in flour, salt and pepper until well blended. Gradually stir in broth and milk, cooking and stirring until bubbly and thickened. Stir in chicken and mixed vegetables. Remove from heat. Spoon chicken mixture into crust-lined pan. Top with second crust' seal edge and flute. Cut slits in several places in top crust. Bake 30 to 40 minutes or until crust is golden brown. During last 15 to 20 minutes of baking, cover crust edge with strips of foil to prevent excessive browning. Let stand 5 minutes before serving.

HAPPY  
JUNE  
BIRTHDAYS!

- Marie Banks 06/21
- William Brown 06/25
- Thelma McCoy 06/09
- Ola Roach 06/21
- Irene Battaglia 06/10
- Yvonne Laws 06/14
- Elwillie Bowie 06/21
- Joanne Kravutske 06/22
- Sylvia Foley 06/24
- Vivian Dykes 06/02
- Larry Jones 06/24
- Gwendolyn Calhoun 05/23
- Alphonso Holmes 06/07
- Katherine Sgro 06/13
- Anita Hartsfield 06/22

## Service Coordinator Corner



**Quote of the Month: “*Life is 10% what happens to us and 90% how we react to it.*”**

**Tuesday, June 25, 2019 @11:00am Fall Prevention & Home Safety with Sarah Hickey, RN from Beaumont Hospital. FREE to all residents. Villa dining room location.**

**Friday, June 28, 2019 @1:00pm Banker’s Life Insurance Luncheon for seniors. Information on services. FREE to all residents. Villa dining room location.**

**Wednesday, June 26<sup>th</sup> @noon Fit-Chair Exercise & Bingo with Guardian Angel Home Health Care. FREE & FUN**

**Thursday, June 13<sup>th</sup> is World Elder Abuse Awareness Day.**



**Friday, June 14<sup>th</sup> is FLAG DAY**



**Sunday, June 16<sup>th</sup> is Father’s Day  
Service Coordinator/ Anita Stephens/ 313-541-6450**

## Maintenance Matters

In order to make sure our Village and Cottages are maintained properly, please be mindful of the following:

**ONLY** call the emergency maintenance numbers for emergencies that occur after hours. After hour emergencies would consist of:

**ELECTRICAL** – Any major electrical problem or power outage.

**NO POWER** – No power to your stove or refrigerator.

**WATER LEAKS** – Any water that cannot be contained in a bucket until the next business morning OR any water that is causing structural damage.

**SEWER** – Any major sewer back-up OR a non-working toilet.

**NO AIR/NO HEAT** – No air when the outside temperature is over 80 degrees. No heat when the outside temperature is less than 50 degrees.

Notify the main office for work orders and **NON** emergency related issues.

Trash pickup is **MONDAY** and **THURSDAY**. If you place your trash out before then, it will NOT be picked up until the day specified above. Remember to tie your trash bags BEFORE discarding them and use the appropriate trash bags which are sold in the Villa Pantry.

**FIRE ALARMS** – If your fire alarm goes off during business hours, call the office to let them know that no emergency assistance is needed. If it's after hours, please call the emergency number so your alarm can be disarmed.

Be mindful of your fellow residents when driving. Make sure you are not speeding through and your music is not so loud it is annoying other residents. Please let your visitors and family know this as well.

**LIGHT BULB REPLACEMENT** – Maintenance provides the long light bulbs only for the kitchen and the bathrooms. If you need a light bulb replaced, you would be required to purchase the bulb and maintenance will put it in for you.

## Housekeeping Helpful Hints

For high dusting, it's helpful to put an old rag over your broom. Hold it with a rubber band and you will be able to clean those places that are hard to reach.



# It's Your Life. Live It Well.

**By Tom Wyllie,  
Director of Wellness**

## Caregiver's Best Friend

TOOLS FOR THE MODERN CAREGIVER



Caregiving is hard. That's why on May 7, 2019 Presbyterian Villages of Michigan launched [Caregiver's Best Friend](#), a weekly blog designed to introduce caregivers to everyday technology that will help them spend their money wisely, save them some time, and stay sane.

While we admit that self-driving cars, robotic pets, and virtual reality are all pretty cool, that's not the kind of technology we will be blogging about. Instead, we will be taking deep dives into apps

like [Shipt](#), [Takl](#), and [DoorDash](#). The kind of tech that works on the "computer" caregivers carry in their pockets (i.e., their smartphones).

We will be using the tech ourselves, trying it out and making mistakes so you won't have to. We'll also let you know how it works and give you our opinion on its benefits and its drawbacks. Before long, you just may find yourself automating grocery shopping and other everyday chores.

To read the latest posts, visit the blog weekly at [www.caregiversbestfriend.org](http://www.caregiversbestfriend.org). Follow us on [Facebook](#) and [Pinterest](#) too.

*Caregiver's Best Friend is a publication of Presbyterian Villages of Michigan and was made possible thanks to generous support from the Michigan Health Endowment Fund. The Health Fund works to improve the health and wellness of Michigan residents and reduce the cost of healthcare, with a special focus on children and seniors. More information about the Health Fund can be found at [www.mihealthfund.org](http://www.mihealthfund.org).*



# The Senior Advocate.

*By Lynn Alexander,  
Senior VP & Chief Marketing Officer*

## Flag Day on June 14th

The U.S. Flag Day is coming up soon on June 14th. It commemorates the adoption of the flag of the United States on June 14, 1777 by resolution of the Second Continental Congress. President Woodrow Wilson issued a proclamation that officially established June 14th as Flag Day. Congress joined in with an Act of Congress in 1946.

The entire week of June 14th is designated as “National Flag Week.” This provides an opportunity to proudly display the flag if not done year round. It is also a chance to share part of the legacy of our country with our grandchildren.

Why is it important to share our history as a country? I believe this quote sums it up beautifully: **“We study history not to be clever in another time, but to be wise always.”** - Marcus Tullius Cicero

## This Month at the Movies....



**June 4, 2pm - Nappily Ever After** (Sanaa Lathan, Lynn Whitfield) When a perfectionist ad exec experiences a romantic setback, she embarks on a journey of self-discovery that begins with a dramatic hair makeover.

**June 11, 2pm - Evan Almighty** (Steve Carell, Morgan Freeman) God summons narcissistic Evan to build an ark in preparation for a flood. Meanwhile, Evan's family interprets his new hobby as a midlife crisis.

**June 18, 2pm - A Question of Faith** (Richard T. Jones, Kim Fields) Three families cross paths after a tragic accident, and as they struggle with their loss, they soon find strength and redemption in their faith.

**June 25, 2pm - XXX: State of the Union** (Ice Cube, Samuel L. Jackson) In this action-packed follow-up to XXX, U.S. intelligence officer Augustus Gibbons must thwart a massive conspiracy to overthrow the government.

***Free Popcorn with Every Movie!***

## 14<sup>th</sup> Annual Village Victory Cup

Just when all the other Villages thought they were safe....  
The **Redford Sharks** are coming for the Victory Cup!

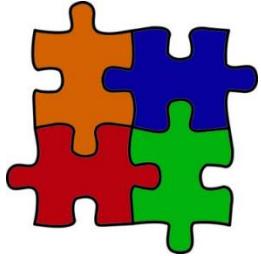
*Hoop Shoot*



*Balloon Volleyball*



*The Puzzler*



*Kick-a-Roo*



*Poetry Contest*



*Beanbag Toss*



*Wellness Walk*



*Spirit Award*



**The Villa Sharks need YOU! Come help us bring the Victory Cup home to Redford! Practice is every Tuesday @ 4pm, Wednesday @ 2pm and Friday @ 10am. Come to the main office to sign up or for more details.**

**MAIN OFFICE NUMBER 313-541-6000 | #100**

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

[www.pvm.org](http://www.pvm.org)

**Village Staff**

**Gloria Robinson**  
*Senior Housing Administrator*

(313) 541-6042

**Tia Clark**  
*Housing Administrative Assistant*

(313) 541-5991

**Steve Reardon**  
*Maintenance Technician*

**Phyllis @ the Beauty Salon**

(313) 541-6077

**Mark Uzarek**  
*Maintenance Lead*

**Rhonda Kuhn**  
*Housekeeper*

**Anita Stephens**  
*Service Coordinator*

(313) 541-6450 #300

**George Simmon IV**  
*Sales & Leasing Specialist*

(313) 541-6140 #200

EMERGENCY NUMBER (VILLA)

(313) 910-7027

EMERGENCY NUMBER (COTTAGES)

(313) 573-3572

NON-EMERGENCY REDFORD PD

(313) 387-2500

CLASSIC SECURITY

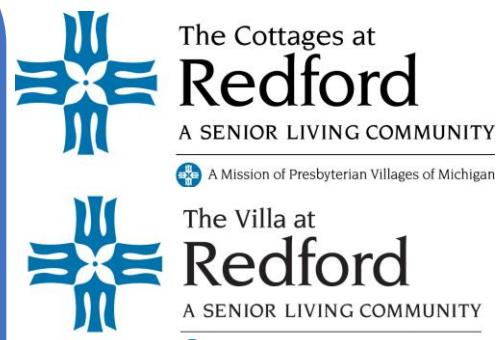
(313) 662-4648

**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)



**Redford Board of Directors**

- ❖ Deanna Mitchell, Board Chairperson
- ❖ Reva Wujcik
- ❖ Laura Scanlan
- ❖ Susan Hurst, Vice Chair
- ❖ Kathryn Telck
- ❖ Mary Dobson
- ❖ Carolyn Lambreth



**The Villa and Cottages at Redford • 25340 West Six Mile Road  
Redford, Michigan 48240**

**Embrace the possibilities**

