



# Manor Monthly



## Embrace the possibilities

4255 S. Lynn Street • Onaway, Michigan 49765 • [www.pvm.org](http://www.pvm.org)

June 2020

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*Also included: Bingo Card, Senior Center Menu*

Welcome to the month of June at Lynn Street Manor Apartments.

### Take it Easy! Take it Slow!



Sooner or later, the Governor will relax her Stay Home, Stay Safe order and we will be able to emerge from our homes to do more than just perform essential tasks. While taking all the necessary and proper precautions, we'll once again be able to visit with family and friends and physically gather

together. Just because we've been given the green light to get out and about, however, doesn't mean we should go from "0 to 60" to make up for lost time. Keep in mind that while we've been sheltering in place to help "flatten the curve", we've probably been less physically and mentally active. Our bodies have most likely become a little weaker and our brains perhaps a little less sharp. As they say, "use it or lose it". When the doors finally do open, we'll need to be mindful of these subtle yet significant changes.

Just as butterflies, after they emerge from their cocoons, first take the time to unfold and dry their wings before they fly off to experience life's adventures, we too will need to do the same. We'll need to move a little slower and be a bit more deliberate with our actions. We'll need to be more in tune with our bodies paying attention to its signals, resting when we need to rest and moving when we



## Lynn Street Manor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



continued on pg. 2...

Service Coordinator Corner | Matthew Bush (989) 733-7792

## Medicare Savings Programs

Medicare Savings Programs help low-income individuals with some of the out-of-pocket costs for Medicare, including Medicare Part A and Part B premiums, deductibles, copayments, and coinsurance. ... To qualify, you must have or be eligible for Medicare Part A and have income and resources below a certain threshold.

In order to qualify for benefits you must meet the following income requirements: Individual monthly income limit \$1,060. Married couple monthly income limit \$1,430. Individual resource limit \$7,730.

Who qualifies for Medicare Savings Program?

Are age 65 or older, Receive Social Security benefits, or people with certain disabilities or permanent kidney failure (even if under age 65). Meet standard income and resource requirements.

**To apply visit the MI Bridges website:**

[https://newmibridges.michigan.gov/s/isd-landing-page?language=en\\_US](https://newmibridges.michigan.gov/s/isd-landing-page?language=en_US)

**or come see me (Matt) and I will help you apply.**

***Thank you also, to those of whom responded to the survey that was sent out, even though it unfortunately fell through. Occasionally opportunities arise based on interest, so please continue to respond when they are posted.***

***Take it Easy!  
Take it Slow!***

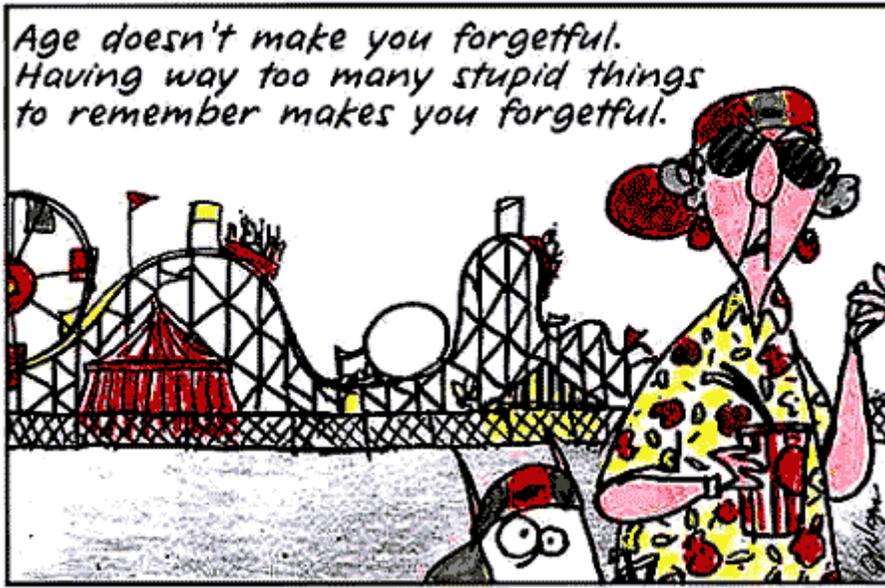
...continued from pg. 1

need to move.

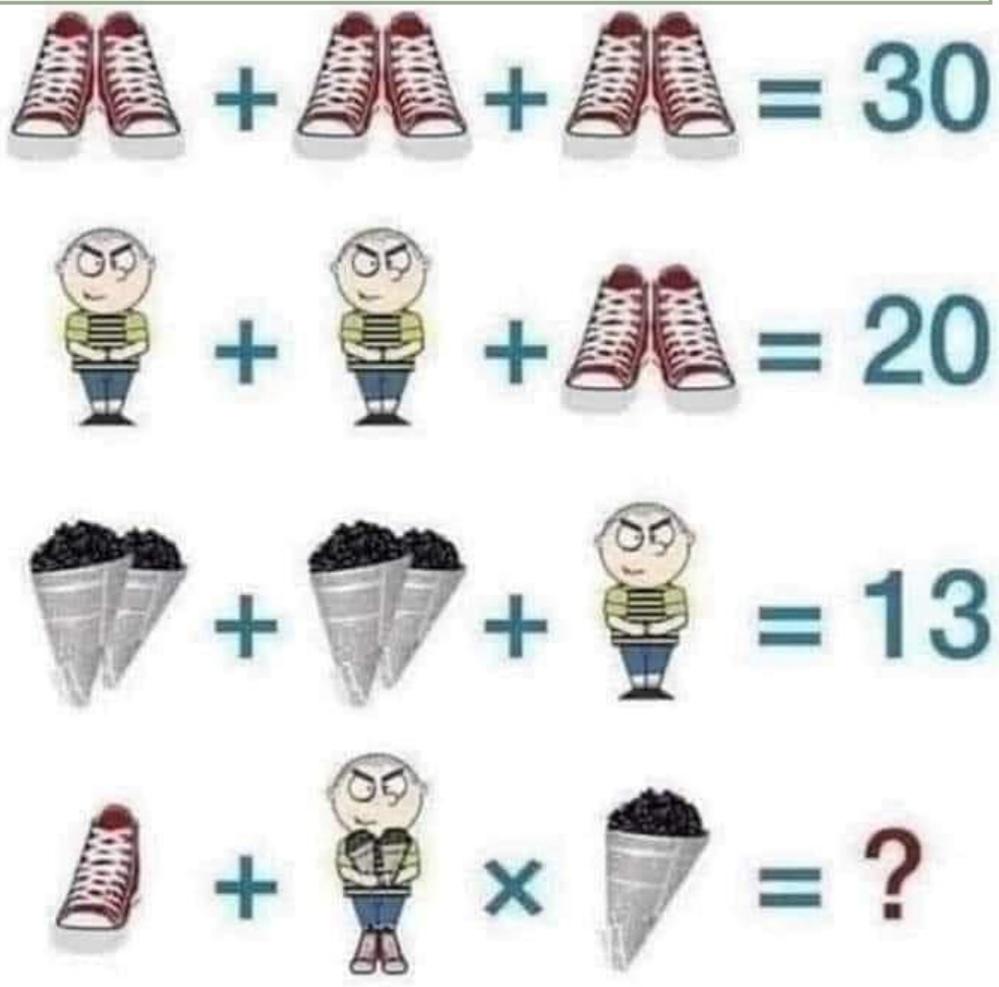
As we begin to get out and about and interact with our families and friends, our bodies will strengthen and our brains will sharpen. And as we do start to move about, it's important that we remember to take it easy and take it slow. In our quest to be with others, the last thing we want is for something to happen, such as a fall that may put us right back where we started from. Confined to our homes.

Author: Tom Wyllie.





Below is a little puzzle for you. Put on your thinking cap and LOOK CLOSELY. First correct answer gets a \$10 Dairy Queen Gift Card.



**BIRTHDAY BASH**  
To Be Determined  
at a later date.



**BIRTHDAYS:**

- Jack Walsh 06/05
- Don Rose 06/22

“In childhood, we yearn to be grown-ups. In old age, we yearn to be kids. It just seems that all would be wonderful if we didn't have to celebrate our birthdays in chronological order.”  
– Robert Brault



### MESSAGE(S) FROM MAINTENANCE:

Summer is here! Installation of Air Conditioners have started. There is a sign-up sheet on the board by the office. Be sure to note where you would like the unit installed: either in the living room or bedroom. Also, if you kept the A/C unit in your apartment over the winter make note of that also.

If you have pending work orders and will be away from your apartment for an extended time (more than ½ an hour) please let me know. I am able to enter the units for non-essential repairs in this fashion. Work area will be sanitized when the job is complete.

*Thank you!  
Pat*

### Scammers Never Rest!

It seems that scammers and swindlers never sleep! They seem to be working 24/7 to steal every dollar we have ever earned. Beyond stealing someone's identity, these scoundrels get more creative all the time. They obviously have no compassion. Rather than pausing their devious actions during these turbulent times they have upped their game. Some **new scams related to COVID-19 include:**

- Offering face masks but never delivering
- Pretending to sell health & safety, cleaning and paper products but not delivering

**Other scams** have been around for some time and continue to run rampant. These include:

- Impersonating Microsoft personnel & offering to help cure viruses they have detected on your computer
- Pretending to be from your bank and needing to access your account information due to a breach
- Threatening you of action by the IRS
- False mystery shopping job offers
- Romance Scams
- Crowd Funding Scams
- Pretending to raise funds for police & fire

The best way to deal with all of these is to not take any calls from unknown sources. The official reps from all will not ever call you and ask for information. Do not order from unknown sources. Be careful of social media. Although it can be wonderful for staying connected with family and friends, it can be like opening your front door to nefarious strangers or leaving your house and car unlocked.

**Remember that trust may be earned.**

**Stay safe and be a savvy consumer!**

Author: Lynn Alexander

# RANDOM LITTLE TIDBITS

## 1. Staff Returning to Regular Schedules June 1

Staff will be returning to the office full time starting in June. We are excited to be back at the Manor throughout the week. However, all social distancing and precautions that are currently in place shall remain so until notified. All staff members have or will be tested for COVID-19 and will be screened daily.

## 2. Outdoor Flowers and Flower Beds

As the restrictions for our area are lifted, we will be able to get our outdoor flowers and landscaping moving forward. If you are interested in assisting with the flower beds, please reach out to Pat.

## 3. Grills & Outdoor Games

As the weather gets nicer and the summer arrives full force, the time for grilling and outdoor games will be at hand. However, due to group gathering restrictions we are unable to offer them currently. As soon as we are able, we will let you know.



AS YOU GROW  
OLDER, YOU  
WILL DISCOVER  
THAT YOU HAVE  
**TWO HANDS**

ONE FOR  
HELPING YOURSELF,  
THE OTHER FOR  
HELPING OTHERS.

*Audrey Hepburn*

[www.thediaryofadbutante.com](http://www.thediaryofadbutante.com)

**\*If you would like a printed activity packet (crosswords, word search, Sudoku, color pages, etc.) please let the office know!\***

**NATIONAL SUNGLASSES DAY**

*Celebrated each year on June 27<sup>th</sup>.*

*Stop by the office on June 26<sup>th</sup> with*

*your craziest pair of  and receive a sweet ice cream treat!*

## Recipe Swap



### DANISH PUFF

*Thank you Barb Homan for the recipe!*

### Ingredients

- 1 cup flour
- 1 cup flour
- ½ cup butter
- 3 eggs
- 2 Tbsp water
- 1 cup water
- Powdered sugar icing
- ½ cup butter
- Grated nuts or coconut

### Instructions

1. Mix 1 cup flour, ½ cup butter & 2 Tbsp water as you would for pie crust.
  2. Divide dough in half and make into 2 strips (12x3) on an ungreased cookie sheet.
  3. Combine 1 cup water & ½ cup butter and bring to a boil.
  4. Add 1 cup flour all at once to the boiling mixture. Let stand 5 minutes.
  5. Add eggs one at a time; beating well each time.
  6. Spread on the pie crust strips.
  7. Bake at 350° for 1 hour.
  8. Frost with powdered sugar icing & sprinkle with nuts or coconut if desired.
- \* "I add ½-1 tsp. of almond extract to the icing." \*



Keep Smiling!



Sunday, June 21st

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

**Office Number**

**(989) 733-2661**

**Village Staff**

**Ian Straley**  
*Housing Administrator*

**Lindsay Doyle**  
*Housekeeper*

**Patrick Downing: (989) 306-5452**  
*Maintenance Technician*

**Monica Voigt**  
*Administrative Assistant*

**Matt Bush**  
*Service Coordinator*

**Gary Hansel: (989) 306-4694**  
*Caretaker*

**BUILDING EMERGENCY NUMBER** (989) 306-4694  
**AFTER OFFICE HOURS**



**BOARD MEMBERS:**

- SANDRA GRULKE
- TOM PETERMAN
- SCOTT PAULY
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- JACK WALSH
- DAVE HAVEL



*Your Life.* Your Legacy.

Presbyterian Villages of Michigan is only able to provide the best quality of housing, programs and services to seniors throughout Michigan with the generous support of our donors.

**Please consider a charitable bequest...  
and leave a legacy.**



**Presbyterian Villages**  
OF MICHIGAN  
THE FOUNDATION

For more information, call Paul Miller at the PVM Foundation  
**248.281.2045**  
[www.pvmgifts.org](http://www.pvmgifts.org)



Remember to keep your past bingo cards...we will get back to drawing numbers soon. The more you save, the more you can play! This month should give you a total of 3 if you've kept them all.

**Embrace the possibilities**

