



Village News



Embrace the possibilities

420 S Opdyke Rd • Pontiac, MI 48341 • www.pvm.org

July 2017

Featured Articles

Administrator Notes	pg 1
Giving Matters	pg 2
Service Coordinator	pg 3
Wellness Coordinator	pg 4
July Events	pg 6
Theater Thursday	pg 9
July Birthdays	pg 10
Resident Council	pg 11
As The Village Turns	pg 12
July Calendar	pg 13

Notes from the Administrator

Well Happy Independence Day everyone! Is it us or does the time seem to move more quickly when the weather is warmer because it is already July and the summer is in full effect. First I want to congratulate and thank all of the Village Victory Cup participants, cheerleaders, team leaders, staff and volunteers for their participation in this year's events and competition. The Village of Oakland Woods finished 5th out of 17 teams! We are proud to have competed and finished in the top of the tally sheet of Villages, again congratulations everyone! Now it's time to start practicing and prepping for next year!

As we move through the summer and work on our Village improvements we ask that everyone be patient with the noise and possible dust from these projects. We will do our very best to keep you informed and in the loop on scheduled time for various projects.

If you have not previously done so please remember to register your vehicle with the office and receive your parking sticker. We have begun enforcement of the parking rules and any vehicle parked overnight without a sticker will be tagged for towing at the owners expense. You can find a parking form attached to this newsletter or request one from the office. Thank you in advance for your anticipated cooperation.

Lastly we are sad to announce the departure of our dedicated and hard-working Reception/ HUD specialist Carolyn Mancos. She is leaving the Oakland Woods family but not the PVM family. Carolyn is transferring to a different Village a lot closer to her home. She wanted to pass on her deepest thanks for her time at the Village and all of the wonderful people here. We wish her success and happiness moving forward.



The Village of
**Oakland
Woods**

A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan

Look for PVM on:





Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

Remember PVM in Your Will Help an older adult keep their independence

Use your independence to help others. By remembering PVM in your will, you'll be remembered as someone who cared for the independence of their neighbors.

What a powerful word: independence. It means so much, especially in July.

Today, think about what it means to you—and to your peers.

One day (if not already), you may be an older adult, living on your own. You may have financial independence, good health and the loving support of your family to help you stay in your home for as long as possible.

BUT...what if everything changed? What if an ongoing medical issue drained your finances? If you couldn't keep up with the day-to-day tasks of living on your own? If you didn't have family living close by? That's the situation many older adults are in...every day.

You care about your friends and neighbors. That's who you are.

But you're even more. You're a caring person with the power to help.

Learn how you can leave a gift that will create independence long into the future.

Visit mylegacy.pvmf.org.

If you have any questions or comments, please contact us at 248-281-2040 or

pvmfoundation@pvm.org.

Thank you!

Paul J. Miller, CFRE

A GIFT IN YOUR WILL
can change the lives of seniors.

Presbyterian Villages of Michigan is only able to provide the best quality of housing, programs and services to seniors throughout Michigan with the generous support of our donors.

Please consider a charitable bequest...

Without obligation, PVM Foundation would like to answer any questions you may have. Please call Paul Miller
248.281.2045
mylegacy.pvmf.org

Presbyterian Villages OF MICHIGAN THE FOUNDATION



Service Coordinator News

By Danette Pye,
Service Coordinator

Quote: “Some of the best lessons we ever learn are learned from past mistakes. The error of the past is the wisdom and success of the future.” ~ Dale Turner

Wellness Coordinator

I would like to commend Daniela on her second Victory Cup event. You worked hard and diligently with our residents and it showed. In spite of fierce competition, the residents here at the Village of Oakland Woods were able to scoop up several medals and a 5th place finish. Thank you for the wonderful job you did with our residents here at Village of Oakland Woods.



Gary Burnstein Community Health Clinic

There is still time to participate in the **Gary Burnstein Community Health Clinic**. The clinic will provide 100 families with 30lbs of groceries. Based upon the feedback from our residents here at the Village of Oakland Woods, it was a great event to attend. You still have time to take advantage of the free Health Care Screening. For information please see the Service Coordinator.



EAT SMART, LIVE STRONG

Eat Smart Live Strong is back again. Please join us on **July 24, at 1:00 in the Community Room** for our first session with Nancy Hampton. **This is a 6 week program** designed to make healthy food choices on a budget as well as increasing your physical activity. You will also learn exciting recipes and how to stretch your food dollar.

Food Samplings will be available



Wellness Coordinator News

By Daniela Blechner,
Wellness and Activities Coordinator

WELLNESS UPDATES:

Happy 4th of July everyone! I would like to say a huge thank you to all of the residents, participants, cheerleaders, staff and volunteers for making the 2017 Village Victory Cup a success! I'm very proud of all of our competitors and all of the hard work that they put into preparing for the Victory Cup! Overall, we placed 5th out of the 17 teams at the Village Victory Cup, and we took home 1st prize in the Puzzler, Lip Sync, and Kick-A-Roo (Joyce Parlor)!!! Way to go team!

July is once again jam packed with activities, outings, and events for our VOW residents. Please be sure to take a careful look at your July Calendar, and sign up early for all of the activities you would like to participate in. Also, don't forget to mark your personal calendar with the activities you signed up for—so that you don't forget when they come along! That being said, I have had to already purchase our tickets for the Huron Lady Boat Cruise—due to high demand on our selected date. At this time, that sign up is closed for that trip, however if you are still interested in attending, please come speak with me to be put on our waiting list. In the case that individuals cancel, I can then ask those on the waiting list if they would like to join on the trip!

As always, if there are any questions, comments, or concerns please come find me at the Community Center! And don't forget to check out our "Oakland Woods on the Go" page to see all of the fun activities we participated in in June!



JULY EVENTS

Sylvan Lake Fireworks Display: To celebrate Independence Day we will be attending the Sylvan Lake Fireworks Display on **Monday, July 3rd!** The fireworks will begin at dusk on this evening, and we will be leaving from the Community Center to Sylvan Lake at **6:45pm.** This will hopefully give us a good amount of time to stake out a good spot, and enjoy the celebratory atmosphere before the show begins! Please be sure to sign up and indicate if you will be needing a pick up or not from the bus!



Sun Catcher Craft Project: It has been some time since we worked on a craft project together, and this one is perfect for sunny July days! We will be making beautiful sun catcher/window displays for our project. All supplies will be provided by VOW. Please be sure to sign up so that the proper amount of craft supplies may be purchased. I look forward to getting creative with you!

Royal Oak Farmers Market: With the summer months comes farmers markets and fresh produce galore! This year we will be visiting the Royal Oak Farmers Market, on Friday, July 21st, at 9:45am. We will explore the market for an hour or so, and then stop for lunch before heading back to Oakland Woods by the early afternoon. I hope that several of you are able to join me on this trip!



JULY EVENTS CONT.

Huron Lady Boat Cruise: Back by popular demand, we will be taking a lovely boat cruise in Port Huron on Thursday, July 27th! We will leave the Community Center at 11:15am, to give us ample time to make our 1pm boat cruise. The tour will last approximately 2 hours, and light snacks and refreshments may be purchased on the boat if you choose to. There will be a \$10 fee per resident to attend this trip, and those who have signed up must pay **no later than Tuesday, July 11th**. The sign up for this trip is closed, however if you are still interested in attending this trip please come speak with me to either claim a ticket that has been given up, or to be put on our waiting list!



Birthdays & Bingo: Let us celebrate all of our July Birthdays with a little cake, bingo, and prizes! We will host our celebration on Friday, July 28th at 1pm. We will begin the festivities with refreshments and the singing of "Happy Birthday" and then begin our bingo games around 1:30pm. Please be sure to arrive on time to enjoy the entirety of the event! Hope to see you all there.

Independence Oaks Fishing & Picnic: Our last outing for July, which actually falls on the first day of August, will be a trip to Independence Oaks Park for fishing and a picnic! What makes this trip extra special is that I have been in touch with the Village of Holly, and they will be joining us for our day out at the Park! We will do a pot-luck style event, where those attending can bring a dish to pass & share, and together we will enjoy a nice summer day picnicking, fishing and exploring the park! This trip is scheduled for Tuesday, August 1st at 11am. Please be sure to sign up in advance, and please come speak with me in regards to what sort of dish you would like to contribute!





The Village People Chorus



Campaign for New Members



If you love music and would like to be a part of a fun group,

The Village People Chorus

Is the group for you!

Come, invite a friend, and join us on

Wednesdays at 11 a.m.

The ability to sing is not a requirement!!!!

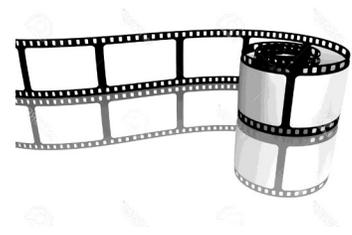
Help us to prepare for our 4th Annual Concert

In September, 2017

OAKLAND WOODS ON THE GO!



Theater Thursday



Thursday, July 6, Spy: Unassuming CIA analyst Susan Cooper is far from being a James Bond type, but when she's thrust into the field to investigate the disappearance of her partner, she turns into an improbable superspy.

Thursday, July 20, The Light Between Oceans: Lighthouse keeper Tom Sherbourne and radiant, spirited Isabel live together in married bliss on a remote, rugged island off the coast of Australia. But their windswept world is turned upside down when Isabel learns that she's unable to bear a child. One day, a drifting lifeboat washes ashore with a crying baby in it. The dilemma the couple now face will echo far beyond the island, engulfing and irrevocably impacting their world -- and that of a stranger -- in a passionate story about love, hope, and a fateful choice.



4th of July

4th of July reminds me of the great country I stay in.

It is the spirit and glory of the nation,

The day of sacrifice and pride.

It is the day of struggle and strive.

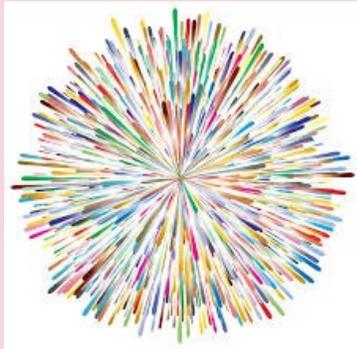
So, celebrate it in a grand way,

And together wish and say,

I love my country,

Happy Independence Day!

Happy 4th of July!



Birthday Celebration!

The Birthday Party will be held on Friday, July 28! Please join us in the community room at 1:00pm for the refreshments, bingo and prizes!

Mary Snoddy 7/1

Harry Terrell 7/2

Mary Hudson..... 7/4

Ester Hood 7/5

Hannah Cole..... 7/6

Susie Taylor 7/12

Ruthie Griffin..... 7/12

Sharron Robinson 7/13

Essie Rimson 7/15

Adeline Atchison 7/17

Frances Metcalf 7/21

Arzola Bishop 7/24

Susan Wright 7/27

Judy Shatto 7/28

Patty Serda..... 7/29

Bonnie Bliszack..... 7/29

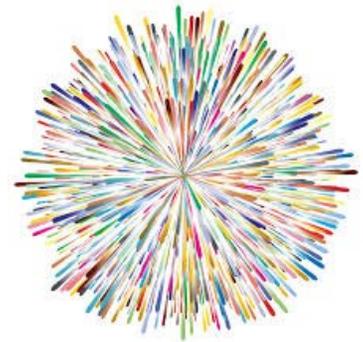


**Our flag is painted
in the proud colors
of white, red and blue,
Our hearts are filled
with a sense of deep
pride and solitude.**

**We salute all our brave
heroes who fought
for our country,**

**They built a new world
for us with fairer boundaries.**

Have a great Fourth of July.



Resident Council News

By *Judy Shatto,*
Resident Council President

Welcome to Our New Officers and Area Representatives!

Judy Shatto—President

Becky Bolden—Vice President

Philena Holdridge—Secretary

Joyce Parlor—Treasurer

Area 1 Rep-s—Joyce Parlor and Marie Riley

Area 2 Rep—Gertie Rankin

Heatherwood—Vernice Harper (Johnson)



We still need Area Reps in Area 4. Anyone interested, please contact Judy Shatto for more information.

We will continue to serve all of the VOW residents with respect, and do our best to guide or direct you on any problems or questions you may have. Come to our meetings! It is a meeting, however we also have fun too! Everyone resident is welcome. Our next meeting is scheduled for Tuesday, July 25, at 2:00pm in the Community Room. I hope to see you there.

The Village has also purchased a new microphone, which Resident Council may use during our meetings!



Garden Club:

Garden Club, please keep an eye out on your *August* village calendar for a special outing to Belle Isle! Date and time are yet to be determined, We are looking forward to this group outing for all those member involved in the Garden Club. Thank you.

Prayer Group:

The Prayer Group, which meets on Wednesdays at 10am, will be taking a break for the remainder of the summer. The next Prayer Group meeting is scheduled for Wednesday, September 6th. Thank you.



Resident Council Board

Judy Shatto, *President*

Becky Bolden, *Vice President*

(248)766-3684

Philena Holdridge, *Secretary*

(248)977-3038

Joyce Parlor, *Treasurer*

(248)210-5678

Ruthie Griffin, *Sympathy Cards*

(248) 322-4222

AS THE VILLAGE TURNS

AS THE VILLAGE TURNS

“There is nothing mistaken with America that cannot be preserved by what is right with America.” ~ William J. Clinton

“The Village of Oakland Woods’ Beautiful Flower Awards 2017”

We will be judging this month. Submissions are **due by July 12th**. There is still time to enter!! Extra forms will be located at the nomination box. There will be four prizes such as “Best in Show”, which will be displayed with a ribbon in front of your apartment or cottage.

To enter, you must fill out a nomination form, clip it and drop it off in the nominations box marked “Village of Oakland Woods Beautiful Flowers contest” displayed in the Community Center lobby. Remember, we will be judging only the flowers that have been nominated. This is your opportunity to be recognized for all of the hard work, care, and love you have given to your garden! Do not miss this opportunity! It goes without saying that everyone that has taken the time to plant flowers is a winner. Good luck to all. —Judy



~2017 NOMINATION FORM~



NAME:

ADDRESS OF NOMINATION:

SUN	MON	TUE	WED	THU	FRI	SAT
2	3 9:00 Strength Training 11:00 Aldi 6:45 Sylvan Lake Fireworks Display	4 OFFICE CLOSED HAPPY 4TH OF JULY!! 	5 9:00 Strength Training 1:00 Sit & Be Fit 1:45 Walking Group	6 9:00 Balance & Core 1:00 Theater Thursday 12-4:30pm Fall Risk Assessments (Fireside Room)	7 NO EXERCISE	8
9	10 NO EXERCISE 2:00 Bible Study	11 9:00 Balance & Core 11:00 TOPS 11:00 Blood Pressure Clinic 1:00 Walmart & Chase 2:00 Garden Club	12 9:00 Strength Training 11:00 Village Chorus 1:00 Sit & Be Fit 1:45 Walking Group	13 9:00 Balance & Core 12:00 Sun Catcher Craft Project FRUITS & VEGGIES	14 9:00 Stretch & Flex	15
16	17 NO EXERCISE 2:00 Bible Study	18 NO EXERCISE 11:00 TOPS 11:00 Blood Pressure Clinic: Seminar on Neck & Back Pain	19 NO EXERCISE 11:00 Village Chorus	20 9:00 Balance & Core 10:00 Hollywood Market 1:00 Theater Thursday FOCUS HOPE	21 9:00 Stretch & Flex 9:45 Royal Oak Farmers Market Trip	22
23	24 9:00 Strength Training 11:00 Meijer 1:00 Eat Smart, Live Strong Presentation 2:00 Bible Study FREE TABLE	25 9:00 Balance & Core 11:00 TOPS 11:00 Blood Pressure Clinic & Bingo 2:00 Resident Council Meeting	26 9:00 Strength Training 11:00 Village Chorus 1:00 Sit & Be Fit 1:45 Walking Group	27 9:00 Balance & Core 11:15 Huron Lady Boat Cruise	28 9:00 Stretch & Flex 1:00 Birthdays & Bingo	29
30	31 9:00 Strength Training 2:00 Bible Study	1 11:00 Independence Oaks Fishing & Picnic Trip (w/ the Village of Holly)	2	3	4	5

AUGUST

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Number

(248) 334-4379

Village Staff

Kevin Centala

Administrator

Sharon Benton

Administrative Assistant

Jack Johansson

Leasing Specialist

Danette Pye

Service Coordinator

Daniela Blechner

Wellness and Activities Coordinator

Matthew Myers

Maintenance Supervisor

Brian Gunner

Maintenance Tech

EMERGENCY MAINTENANCE

(248) 330-0213

On-Site Security

(248) 917-2539



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

Embrace the possibilities

Pontiac, MI 48341-3145

420 S Opdyke Rd

A Mission of Presbyterian Villages of Michigan

A SENIOR LIVING COMMUNITY

Oakland Woods
The Village of

