



# Village News



## Embrace the possibilities

420 S Opdyke Rd • Pontiac, MI 48341 • [www.pvm.org](http://www.pvm.org)

July 2018

### Featured Articles

Administrator Notes	pg 1
Live Life Well	pg 2
The Senior Advocate	pg 3
Office News	pg 4
Service News	pg 5
Wellness News	pg 6
July Events	pg 8
Theater Thursday	pg 14
July Birthdays	pg 15
Resident Council	pg 16
As the Village Turns	pg 18
July Calendar	pg 19

### Notes from the Administrator

Happy Independence month to all. We not only celebrate our Country's independence but that of our residents as well. If you are taking a walk or just looking to get out of the house please stop by the freshly upgraded Gazebo for some summer relaxation.

The Village Victory Cup was a smashing success and an overall great time for everyone. Thank you to Daniela and the entire staff for their support but mainly to all of you who practiced, competed, sang and cheered as representatives of the Village. We finished 6<sup>th</sup> out of 20 which is darn good but we can do better next year. It's never too early to start recruiting new team members. To all the men of Oakland Woods we are calling out to you to join and help bring the Victory Cup back to the Village.

For our residents along Maplewood Lane the tree installation along the berm and entrances are scheduled for the week of July 2. So look for those new additions to the Village.

In this newsletter you will find a "SHINING STAR" form. This is the one time a year we ask the residents to recognize the staff for any incident of them going above and beyond to make your day a special one or to assist with a problem you may have had. The staff really appreciates hearing about how they have touched your lives in positive way. The forms are due back by August 22, 2018 and you may nominate as many staff members as you want but please use individual forms for each. If you need more forms they are available in the lobby, dining area and front desk. Anyone from the janitorial, maintenance, leasing, service coordinator or office staff and maybe even the Administrator.

**SAFETY NOTE:** We have had multiple reports from other locations about Dollar Store extension cords heating up and starting fires. Please note that your extension cords should have the industry rating on the tag and if it is not industry approved please do not purchase these. Also please check your current cords to ensure they are safe. IF you need help please call the office and the maintenance staff will take a look.

The Garden Club is continuing its call for volunteers to serve and guide the beautification and improvements to the Village grounds. They meet once a month for an hour and we would love to have you as a member and hear your thoughts.

Included with this newsletter is a call out for volunteers to the Angelic Heart Hospice. They do wonderful work and want your help. If helping someone be comfortable during a difficult period intrigues you please give them a call and enhance another life.

**Finally the dumpsters and trash receptacles:** All of the dumpster areas now have side sliding doors so you do not have to lift your bags over the top. We still have issues with residents leaving their trash bags on the ground next to the dumpster. This invites rodents, raccoons and other undesirable infestations. The maintenance crew works extremely hard to keep up with the cleaning of these areas but it is getting out of hand. If you need help lifting your bags we will assist you just place a quick call to the office and for those who continue to leave their trash on the ground it is a lease violation and we will begin looking through the bags for the identities of those residents. So please help us keep this campus looking and smelling beautiful.



The Village of  
**Oakland  
Woods**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

Look for PVM on:





# It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

*This month we have a special guest columnist, Kelli McDonald. Kelli recently graduated from Oakland University and she is interning with PVM this summer!*

## It's Strawberry Season!

Strawberries are delicious and nutritious and pair perfectly with any meal! Strawberries may improve your health as they are full of potassium, magnesium, folate, and vitamins C and K. Strawberries are a great snack, but can also be added to many other foods. Add strawberries to your salad, yogurt, muffins, salsa, tea, and more!



In Michigan, strawberries are in season from June – August. A fun way to add more physical activity in to your day is to go strawberry picking! Walk around a local farm and pick fresh strawberries! Here is a link to find your nearest strawberry farm. <http://www.pickyourown.org/MI.htm>

When picking your strawberries, choose the bright red ones. This means that they are ripe and ready to eat! Make sure that they are not too soft or bruised! If you have an abundance of strawberries, you can freeze them for up to 10 – 12 months! In order to keep them fresh, strawberries should be refrigerated daily. Rinse your strawberries before you cut them to keep them fresh longer!

### Strawberry Fun Facts\*

Every state in the U.S grows strawberries.

An average strawberry has 200 seeds.

Americans eat 3.4 pounds of strawberries on average each year.

\*Source: <https://www.countryliving.com/food-drinks/a35552/facts-about-strawberries/>



# The Senior Advocate.

By Lynn Alexander,  
Vice President of Public Affairs

## **STOMP OUT ELDER ABUSE!**

June 15<sup>th</sup> was World Elder Abuse Awareness Day. Elder Abuse and exploitation is a rapidly growing problem in America and will continue to increase with the aging of our population. Lance Robertson of the Administration For Community Living, formerly the Administration on Aging at the federal level, released information on how to join the fight for elder justice. He stated that we need to:

## **BREAK DOWN ISOLATION**

Elders without strong social networks are at greater risk. Stay in touch with older adults in your community. Support community efforts to fight isolation. Volunteer to deliver meals or act as a long-term care ombudsman who works to report abuse, neglect and exploitation.

## **LEARN TO SPOT RED FLAGS**

There are a number of “red flags”: Isolation, especially by a caregiver; unpaid bills or utilities that have been turned off; unusual or quick changes in a will or other financial documents; missing medications; bruises or welts.

## **WHAT YOU CAN DO**

Elder abuse is more difficult to recognize than child abuse since children attend school. Thus, it is important that fellow citizens observe very carefully for any of the red flags mentioned. Bank tellers, nurses and physicians, senior services providers, hair stylists and others with front line access to seniors can make a difference. Report any red flags to the proper authorities. The statewide hotline in Michigan is (855) 444-3911. Let’s look out for others who may not be able to protect themselves from harm.





## OFFICE NEWS

BY HILLARY VANDENBERG

ADMINISTRATIVE ASSISTANT

Happy July, Village of Oakland Woods!

**Walking with Hillary** is now a month old and has seen some great participation! If you're interested in coming out with us, we walk on Tuesdays and Thursdays at 10:00am. We've been having a blast walking around the Village and on the Clinton River Trail!



The residents who have recertifications with me this month are: **1D, 35D, 12C, 2A, 32A, 33B, 19B, 35A, 9D, 12C and 27C**. You should have received your packets in the mail. They are due back to me by Monday, July 2<sup>nd</sup>.

I want to thank those of you who have been completing your recertification packets in a timely manner. Most everyone has done a great job with the new system and I really appreciate the effort. The packets have been saving residents some time and have also allowed them more signing time in the comfort of their own homes. But as always, if you would rather have an in-person recertification interview, that can always be arranged. Just call me at the office. **Have a great July everyone!**

# Service Coordinator News

## Service Coordinator “News you can Use”

Hello Oakland Woods! My name is Jazmine McBride and I am the new Service Coordinator. For those I have met, thank you for the warm welcome! For those I have yet to meet, looking forward to getting to know you.

### A Little about Me

I am originally from a small town in Virginia (20 mins away from Virginia Beach, VA). Therefore, I am a Southern lady at heart. I have lived in Michigan since my teen years, but I have resided in Florida and North Carolina as well. However, I always find my way back home to Michigan!

After returning home in 2013, I worked for the Detroit Zoo for a while, but kept feeling the need to further my education. So in 2015, I returned to school to pursue a Masters in Social Work at Wayne State. Go Warriors! I recently graduated in May and am delighted to be here as the Service Coordinator.

I am looking forward to assisting you as needed. If you should require assistance or have questions regarding service needs, please **make an appointment** with me by calling the office or signing up on the appointment sheet located outside of my office.

My appointments are as follows:

**Monday, Tuesday, and Thursday:** 11 am, 1 pm, 2 pm, and 3 pm

**Wednesday:** Walk-Ins

### What is Coming Up?

Join us on **Friday, July 20<sup>th</sup> at 1 p.m.** in the Community Center as the WSU's Institute of Gerontology presents on “Scam & Identity Theft”.

“Learn why some people are especially vulnerable to financial predators and how to strengthen defenses. Get details on how victims are targeted and manipulated so **you** can spot threats before savings and identity are gone.” (S.A.F.E.)

\*Please sign-up in the Events book. Light refreshments will be provided.



# Wellness Coordinator News

By Daniela Blechner,  
Wellness and Activities Coordinator

## WELLNESS UPDATES:

**Congratulations are in order! Our Oakland Woods Cardinals did a phenomenal job at the Village Victory Cup this year! Although we did not come home with the Cup, we did place 6th out of 20 Villages! Way to go team—your Cardinals team spirit was on full display, and I was extremely proud as your Head Coach! Please see the next page for pictures from the Victory Cup and our medal winners.**

**You will also find in this month's edition of the Newsletter a copy of the Shining Star Nomination form. Please take a minute to fill out this form, and nominate one of the Oakland Woods' staff members as a Shining Star. This is an opportunity for you, as residents, to give positive feedback to a staff member who has left a positive impression on you. As the staff, we appreciate you taking the time to nominate one, or several, of us as someone who you think is doing a great job. Thank you for your support!**



# OAKLAND WOODS ON THE GO!



# JULY EVENTS

**Tigers Watch Party:** Our first activity of the month is happening right away, on **Monday, July 2nd**. We will be gathering together at the Community Center to cheer on our Detroit Tigers as they take on the Blue Jays. The game begins a little after **1pm**, and will be shown on our big projection screen in the community room. Snacks and refreshments will be served as you enjoy the game. Be sure to wear your Tigers gear and get your cheering voices ready! Let's enjoy America's favorite pastime just a couple of days before America's birthday!

**Wind Chime Craft Project:** Join me on **Wednesday, July 11th** at **10:30am** for some crafting in the community room. We will be making wind chimes to add to our summer decorations. All supplies and instructions for the craft will be provided by Oakland Woods. Please be sure to sign up for this activity no later than **Friday, July 6th**, so that the proper amount of craft supplies may be purchased. Thank you!



**Mott Applewood Estate Tour:** This month we will be visiting and taking a guided tour of the Mott's Applewood Estate and Gardens. I have heard from other Villages, that this is a beautiful tour, and it is completely free! Our tour date is set for **Thursday, July 12th**, and we will be leaving the Community Center at **8:45am**. There is some walking involved in this tour, and it is not entirely wheelchair accessible. However, they do have accommodations and alternative options for those who want to attend the tour, but can't do a lot of walking and/or stairs. If you have any questions, please come see me before signing up for the trip. Thank you!



**Coloring Book Activity:** Please note that our regularly scheduled Coloring Book Activity has been pushed back to the second week of July, rather than the first Friday, due to the Fourth of July Holiday. We will meet in the community room to color on **Friday, July 13th**, at **1pm**. As always, Oakland Woods will provide coloring supplies for those who wish to use them, as well as a few light snacks. Hope to see several of you there!



# JULY EVENTS CONT.

**Day at the Detroit Riverfront:** I am very excited about this trip! We will be traveling down to the Detroit Riverfront on Wednesday, July 18th, at 9am. Once there, the Riverfront Conservancy offers a free Tai Chi class at 10am, right along the water! We will participate in this peaceful and calming class, and then head out for a quick bite to eat. In the afternoon, beginning at 1pm, Pewabic Tile is hosting “Pewabic in the Plaza” which is a hands on clay experience and mobile museum. The staff at Pewabic will introduce participants to the art of making pottery—all for free as well! Please be sure to sign up for this trip in advance, even if you have no Tai Chi experience. The class and all events during this trip are for beginners, and it should be a fun-filled day.



**Detroit Symphony Orchestra Neighborhood Concert:** This will be the last and final performance of our Neighborhood Concert series. If you have not attended one of these performances yet, please be sure to attend this time around! We are given 24 free tickets to attend these professional productions, and I encourage each and everyone of you to take advantage of this opportunity! This performance will be on Thursday, July 19th, with the bus coming to get residents at 6:15pm from the Community Center. The performance will be Mendelssohn’s First, performed by members of the Detroit Symphony Orchestra. Let’s try to use up all of the 24 tickets for this last performance in the Neighborhood Concert series!

**Cookout & Fishing w/ The Village of Holly:** We are going to keep this tradition alive with our friends from Holly! They will meet us at Independence Oaks Park on Monday, July 23rd for a cookout, fishing, and enjoying each others company at this beautiful spot! We will leave from Oakland Woods at approximately 10:30am. If you are interested, you may bring a dish to pass for our pot-luck style lunch together! Hot dogs, drinks, and paper products will be provided by Holly & Oakland Woods. Please be sure to sign up by Thursday, July 19th, so that I can let our friends at Holly know how many hotdogs to bring!

**Birthdays & Bingo Celebration:** Our July Birthday celebration will take place on Friday, July 27th, at 1pm. Cupcakes, drinks, and sweets will be served to those attending. We will also play some bingo and hopefully win a few prizes! As a reminder, the cost to play bingo is \$2, and that gets you three bingo cards (of your choice). The \$2 goes towards replenishing our bingo prizes every month, and we appreciate your participation in this monthly tradition! Happy Birthday to all those with a July Birthday!





# Angelic Heart Hospice

## **VOLUNTEERS NEEDED!**

***What does a hospice volunteer do?***

***Play games, watch a movies, scrapbook, write a letter, walk the dog, do yard work, take out the trash, make a light meal, run errands or just sit, listen and talk. It's that easy!***

***Help is also needed at our office in Davison too. You can answer phones, file paperwork, assist with data entry, stuff envelopes and much more! Every talent is welcome.***

***You volunteer locally and to fit your schedule. It's a great way to gain new friends, make a difference and help build your resume. Anyone over the age of 18 can get involved. Training is free, easy and fun!***

***To learn more or to become a part of Angelic Heart Hospice's Volunteer Team please contact us at (810)412-5177.***

***Angelic Heart Hospice, Inc.***

***1044 S. State Rd.***

***Davison, MI 48423***



# Presbyterian Villages

OF MICHIGAN

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SENIOR LIVING COMMUNITIES

## Shining Star

Hello PVM Residents, Families, Board Members and Employees,

The Shining Star Committee has revised the attached Shining Star nomination form with the intention of making it more user-friendly and adding more opportunities for recognition. A Shining Star is someone who works at PVM and has been **nominated by you** - a resident, family member, coworker or board member- for exhibiting one or more of the Service Standards of Excellence. One of the best things about this is that everyone can nominate a staff person as a Shining Star!

PVM is committed to providing excellent services to the residents we serve, their families and to each other. The vision of Service Excellence includes four core values: Respect, Relationships, Listening and Accountability. These values serve as a standard against which every action and thought can be measured. The Service Excellence Standards show our commitment to make PVM a great place to live and work.

If you witness a staff person, manager, or leader doing a great job and exhibiting of one or more of the Service Excellence Core Values, you can nominate them at any time. As an alternative to submitting a paper form you may also submit nominations online at <http://pvm.org/about-us/what-i-do-matters-service-excellence/>.

Please take this time to nominate deserving PVM staff members and share this nomination form with others. PVM is proud of the hard work and care our employees provide for those we serve and this is your opportunity to help recognize them for their efforts. Nominations may be submitted year round. However, 2018 nominations are due by August 22, 2018 to be processed in time for this year's celebration and award consideration.

Sincerely,

**The 2018 Shining Star committee:** Nicole Banks (Home Office), Michelle Steffen, (East Harbor), Jason Lovelly (Westland), Carl Brown (Home Office), Timprince Graves (Lakeshore), Ann Campbell (Lakeshore), Kristine Toutant (Lakeshore), Rachel Healy (East Harbor), Avni Thomas (Home Office), Nakia Johnson (Home Office), Jessica Gross (Rosebush), Dawn Corwin (Rosebush), Hannah Micallef (Redford), Gloria Robinson (Redford), Jill Tibbits (Perry Farm).

Office 248.281.2020

Fax 248.281.2098

26200 Lasher Road, Suite 300, Southfield, MI 48033





# SHINING STAR NOMINATION



**DUE BY August 22<sup>nd</sup>**

The Shining Star award recognizes Presbyterian Villages of Michigan (PVM) employees who exhibit The PVM Service Standards of Excellence. Employees, residents, families and board members are eligible to nominate PVM employees.

**EMPLOYEE NAME** (One employee name only) \_\_\_\_\_

*(All nominees must have completed at least 90 days of employment to qualify)*

**PVM VILLAGE** \_\_\_\_\_

**EMPLOYEE JOB TITLE OR CATEGORY (if you know please check one)**

- Dining Services** (Dietary Assistant, Utility, Cook, Chef)
- Caring Spirit** (CNA, Resident Assistants/Leads., Universal Worker)
- 1<sup>st</sup> Impressions** (Administrative Assistant, Receptionist, Marketing Asst., Sales & Leasing Specialist)
- In-House Services** (Housekeeper, Laundry Assistant, Security)
- Maintenance Services** (Maintenance & Floor Technician/Coordinator/Leads, Groundskeeper)
- Wellness** (Wellness Assistant, Fitness Specialist, Wellness Coordinators, Driver/Transporters)
- Administrative/IT** (Biller, Accountants/Clerks, All Coordinators (except Wellness Coord.), Medical Asst., Gift/Database Specialist, Technology/Informatic Specialist, Compliance Specialist, Unit Secretary, Restorative and HR Assistants, Program/Vol. Coord.)
- Nursing** (LPN, RN)
- Leadership In Action** (Supervisors, Managers, Social Worker, Executive Chef, Director of Nursing)
- Sr. Leadership** (Administrators, All Directors)
- 
- 

**CRITERIA** – The PVM Service Standards of Excellence are built on the four core values listed below. These values serve as a standard against which every action and thought can be measured and support a culture where team members share their best work, gifts and talents.

**Which of the Service Excellence core values have you experienced or seen this employee engaged? Please choose at least one and describe a short story or actual example.** (Please use the back of form if needed)

<b>Listening</b>	<b>Accountability</b>
Listens with full attention and seeks to understand	Accepts responsibility and delivers upon expectations
<b>Relationships</b>	<b>Respect</b>
Forms meaningful and genuine connections with residents/staff	Treats all with dignity and worth

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Print Name of Person Submitting Nomination \_\_\_\_\_ Date \_\_\_\_\_

Person submitting for is a (please circle one): EMPLOYEE RESIDENT FAMILY OTHER

You can submit nominations any of the following ways:

<p style="text-align: center;"><b>Online</b></p> <p>http://pvm.org/about-us/what-i-do-matters-serviceexcellence/</p>	<p style="text-align: center;"><b>Mail:</b> Presbyterian Villages of Michigan Attn: Human Resources 26200 Lahser Rd., Suite 300, Southfield, MI 48033</p>
<p style="text-align: center;"><b>Fax:</b> 248-281-2098</p>	<p style="text-align: center;"><b>Email:</b> <a href="mailto:hrsupport@pvm.org">hrsupport@pvm.org</a></p>
<p style="text-align: center;"><b>At your Village</b> to the Administrator or Human Resources Manager</p>	

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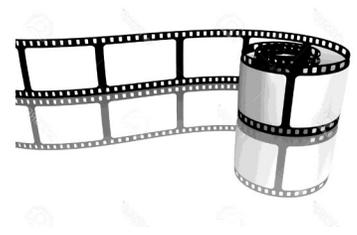
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Print Name of Person Submitting Nomination \_\_\_\_\_ Date \_\_\_\_\_

Person submitting for is a (please circle one): EMPLOYEE RESIDENT FAMILY OTHER

# Theater Thursday



**Thursday, July 5, Coco:** In Disney Pixar's vibrant tale of family, fun and adventure, an aspiring young musician named Miguel embarks on an extraordinary journey to the magical land of his ancestors. There, the charming trickster Héctor becomes an unexpected friend who helps Miguel uncover the mysteries behind his family's stories and traditions.

**Thursday, July 19, Murder on the Orient Express:** In this retelling of Agatha Christie's classic mystery, a train ride through Europe on the famed Orient Express becomes the setting for murder when an American passenger is slain -- and almost everyone on board is a suspect.



## American Flag

I am the American Flag

I have earned the right to be heard

I will speak from the wisdom of life.

Look at my face. I have known over 40 presidents.

I have traveled far.

I have lived long and seen much.

I have paid the price for my freedom of speech.

I have wrapped my arms around those who have died for me.

I am proud of my country, preserve my dignity; you have the freedom to choose.

Old Glory they called me, and I am the American Flag,

Under God, with Liberty and Justice For All.



## Birthday Celebration!

The Birthday Party will be held on Friday, July 27th. Please join us in the community room at 1:00pm for refreshments, bingo and prizes!

Mary Snoddy ..... 7/1

Harry Terrell..... 7/2

Myrtis Hudson ..... 7/4

Ester Hood..... 7/5

Susie Taylor..... 7/12

Sharron Robinson..... 7/13

Essie Rimson ..... 7/15

Gladys Jahnke..... 7/17

Ed McConney ..... 7/19

Frances Metcalf..... 7/21

Arzola Bishop..... 7/24

Susan Wright..... 7/27

Judy Shatto ..... 7/28

Delores Chaser..... 7/28

Bonnie Bliszack ..... 7/29

Patty J. Serda ..... 7/29



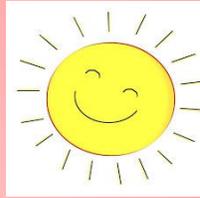
dreamstime.com

# Resident Council News

By *Judy Shatto*,  
Resident Council President

## Welcome Summer!

We also would like to graciously welcome all of our new residents to VOW. All residents are welcomed to attend our monthly Resident Council Meetings held on the 4th Tuesday of the month at 2:00pm in the Community Center dining room. We do attempt to have some fun at our meetings as well. Every month there is a drawing for a free carpet cleaning—consider yourself invited!



## Resident Council Board

**Judy Shatto**, *President*

(248)499-8574

**Becky Bolden**, *Vice President*

(248)766-3684

**Philena Holdridge**, *Secretary*

(248)977-3038

**Joyce Parlor**, *Treasurer*

(248)210-5678

**Ruthie Griffin**, *Sympathy Cards*

(248) 322-4222

## It's that time again already—School Supplies Collection!



July is the month to start collecting our school supplies for a Pontiac school. This year we have chosen Rogers School. Please deposit your NEW school supplies in the donation box provided in the lobby. This is an important help as there is always a need for more school supplies. Please take advantage of the generous discounts offered at many stores, and help us make this an over-the-top year for the children!

## Jackie Voyles

On a very sad note, I am announcing that Jackie Voyles, due to her health, is reluctantly moving to American House requiring her to give up her beautiful apartment and garden in Area 5. For over ten years, it has been my extreme pleasure and my good fortune to be her close friend and neighbor. We shared a sweet love for her two dogs, Benji and Paris throughout those years. Besides serving diligently for four years as Resident Council Treasurer, she also was an Area Representative for Area 5. She orchestrated both our old and new library, managed the Center's plants, Gazebo flowers, Garden Club potlucks, and plant sales. She helped decorate the village at Christmas, volunteered with the Garden Club to see that every resident received a Christmas card every year and belonged to TOPS. I was privileged to attend her lavishly decorated apartment open house at Christmas and was invited to her summer BBQs. It is impossible to list all the volunteering Jackie did at VOW, she was just the best volunteer and friend you could have to get the job done. Thank you! On behalf of all of us, we will miss you always, Jackie, especially me. We will visit and keep in touch. I will see that she gets our newsletter every month. She has authorized me to share her new address with those interested. Call me, or ask the office for this information. She has her same phone number at this time. See you soon, Jackie.



# Resident Council News

By Judy Shatto,  
Resident Council President

## Garden Club News:

Our meeting for July will be on July 2nd at 11:00. We have a lot to discuss including the Memorial Garden and a party for Jackie. HAVE YOU SEEN THE GAZEBO? It looks WONDERFUL, so a big shout out to Kevin and his crew for a job WELL DONE! Please bring your thoughts and concerns also.



WE NEED NEW MEMBERS!! If you are interested in gardening, and being part of a great group of people, come join us at the Center for this meeting.

Hope to see YOU there!

Our tasty ice cream drumsticks are selling very well! Have you bought one yet? Our Garden Club thanks you! Donation is \$1.00. See Judy, Hillary, or Sharon to purchase yours today!

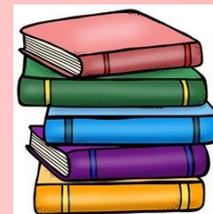


## Library News:

In July, as we celebrate our country's birthday, here are two new summer reads.

"1776"-by Daniel McCullough: He tells the human story of those who marched with George Washington in the year of the "Declaration of Independence." This book contains maps and pictures-an added bonus.

"Before We Were Yours" by Lisa Wingate: This story was inspired by a true story in the South. Georgia Tann, the director of a Memphis-based adoption organization kidnapped and sold poor children to wealthy families all over the country. You must check out this unforgettable read!



**Something is hidden in our monthly newsletter. Can YOU find it?**

**Each monthly newsletter will have a hidden item for you to find. Drop your answer in the dining room suggestion box. Please use the entry form provided. Be sure to include your name, the newsletter page number, and where on the page it was found. The monthly drawing for the**

**winner will happen at our Resident Council Meetings.**

**For the month of July, locate the "Key" hiding. Good Luck!**

# AS THE VILLAGE TURNS

## AS THE VILLAGE TURNS

### Jackie Voyles

Jackie was born in Detroit to Laurence and Laura Markey. An only child, her mother died when she was not quite 3 years old. She spent her younger years at St. Mary's Academy and attended Cass High School.

Jackie worked for Chrysler, and was later transferred to Chicago. She returned to Detroit Christmas of 1944, and got a better job at Ford.

She married Robert Voyles, had 5 children, John, Donald, Kathie, Marjorie, and Annie. She has 8 grand children and 14 great grand children.

When the children were older, Jackie was employed by Wayne County in accounts payable.

Jackie moved to the village of Oakland Woods in 2008 and has been very active in all community activities including fund raising dinners, enlisting her family in many projects, hosting tea parties, and of course she has been the driving force behind the Village Garden Club. At age 94, she has reluctantly given up the President of the Garden Club position.

We are so very sorry that now, due to health problems, Jackie will be moving to American House Assisted Living. We know how much she hates to leave her backyard flowers and entertaining on her patio. We will still get together to visit and play cards but the Village will not be the same without her.

We love you Jackie. Thank you for being you.



# July 2018

# UV Safety Month

SUN MON TUE WED THU FRI SAT

1	2	3	4	5	6	7
	9:00 Strength Training 11:00 Garden Club 1:00 Tigers Watch Party!	10:00 Walking with Hillary 11:00 TOPS 11:30 Blood Pressure Clinic 1:00 Walmart & Chase	<b>OFFICE CLOSED</b> <b>HAPPY 4TH OF JULY!</b> 	10:00 Walking with Hillary 1:00 Theater Thursday <b>NO EXERCISE</b>	<b>NO EXERCISE</b>	<b>NO EXERCISE</b>
8	9	10	11	12	13	14
	9:00 Strength Training 2:00 Tai Chi Easy	10:00 Walking with Hillary 11:00 TOPS 11:30 Blood Pressure Clinic & Seminar 1:00 Aldi	9:00 Strength Training 10:30 Wind Chime Craft! 1:00 Sit & Be Fit	8:45 Mott Applewood Estate Tour 10:00 Walking with Hillary <b>NO EXERCISE</b> <b>FRUITS &amp; VEGGIES</b>	9:00 Stretch & Flex 9:45 Morning Meditation 1:00 Coloring Book Activity	
15	16	17	18	19	20	21
	<b>NO EXERCISE</b>	10:00 Walking with Hillary 11:00 TOPS 11:30 Blood Pressure & Bingo	9:00 Day at the Detroit Riverfront! <b>NO EXERCISE</b>	9:00 Balance & Core 10:00 Walking with Hillary 10:00 Kroger 1:00 Theater Thursday 6:15 Detroit Symphony Orchestra Neighborhood Concert <b>FOCUS HOPE</b>	9:00 Stretch & Flex 9:45 Morning Meditation 1:00 Scam & Identity Theft Presentation	
22	23	24	25	26	27	28
	9:00 Strength Training 10:30 Cookout with the Village of Holly! 2:00 Tai Chi Easy	10:00 Walking with Hillary 11:00 TOPS 11:30 Blood Pressure Clinic 1:00 Hollywood Market 2:00 Resident Council Meeting	9:00 Strength Training 1:00 Sit & Be Fit	9:00 Balance & Core 10:00 Walking with Hillary	9:00 Stretch & Flex 9:45 Morning Meditation 1:00 Birthdays & Bingo Celebration	
29	30	31	1	2	3	4
	9:00 Strength Training 2:00 Tai Chi Easy	10:00 Walking with Hillary 11:00 TOPS 11:30 Blood Pressure Clinic 1:00 Meijer				<b>AUGUST</b>

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

# Office Number

**(248) 334-4379**

## Village Staff

**Kevin Centala**  
*Administrator*

**Sharon Benton**  
*Administrative Assistant*

**Hillary Vandenberg**  
*Administrative Assistant*

**Shree Marshall**  
*Sales, Marketing, & Outreach*

**Jazmine McBride**  
*Service Coordinator*

**Daniela Blechner**  
*Wellness and Activities Coordinator*

**Matthew Myers**  
*Maintenance Supervisor*

**Brian Gunner**  
*Maintenance Tech*

**EMERGENCY MAINTENANCE**

*(248) 330-0213*

**On-Site Security**

*(248) 917-2539*



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)

**Embrace the possibilities**

**Pontiac, MI 48341-3145**

**420 S Opdyke Rd**

A Mission of Presbyterian Villages of Michigan

A SENIOR LIVING COMMUNITY

**Oakland Woods**  
The Village of

