



Villa View



Embrace the possibilities

25340 West Six Mile Road • Redford, Michigan 48240 • www.pvm.org

JULY 2022

ADMINISTRATOR'S NOTES

Welcome to our new residents: Patrick Snider Peal Martin Peola Clark
Gertrude Mims Michael & Kathleen McEvoy

Thank you to our residents who volunteered to plant the beautiful flowers at the entrance of the building. Thank you Ernestine Peete, Mary Ellen Baker and Gloria Whittington.

The dog days of summer are upon us. Hopefully all are enjoying the beautiful weather. It's been great to see the early morning and evening "walkers" getting in their steps and taking advantage of the walkable space around campus.

The Wayne State University FAMS program is near "mid-point" of the 12-week program. Residents are enjoying the sessions on mindfulness, nutrition and yoga. "Kudos" to those who are taking advantage of this fantastic opportunity.

Reminder to Cottage residents – Trash is **not** to be set out before 10:00 a.m. on Monday and Thursday of each week. Trash sat out for extended periods is an open invitation for critters and unwelcomed guests.

Residents with exterior water faucets, please be mindful of your use of water and the cost and make sure faucets are turned completely off after use.

Please do not call the "after hours" maintenance phone during regular business hours. Maintenance issues should be reported to the office. Gina, our receptionist is available Monday through Wednesday and can be reached at 541-1626. Angela, administrative assistant is available Monday through Friday and can be reached at 541-5991. If no one is available, please leave a message.

Apartment inspections will begin in July. Selected units will be notified in advance.

Due to the small number of participants, evening meals will only be offered one (1) day per week through July. Tuesday will be the only day meals will be available. If demand increases in the fall, the vendor is willing to return to a seven-day schedule.

HAPPY 4th of July !!

FEATURED ARTICLES

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Look for PVM on:





The Senior Advocate.

*By Lynn Alexander,
Vice President of Public Affairs*

BEAT THE HEAT

As I write this the temperature is expected to reach **100 degrees** today. This is just the beginning since a **hot** summer is on the horizon. Many thanks to the Detroit Housing Commission for sharing many of the following tips:

COOL YOUR BODY – Wet clothing to help bring down body temperature. Use water-soaked cloths or cooling packs on neck/wrists. Sit in or put legs in cool (not cold) bath.

HYDRATE – Drink water/cool liquids. Eat fresh fruit & salads. Drink before you feel thirsty.

REDUCE INDOOR HEAT – During the daytime cool living and working areas by closing windows and using window coverings, air conditioner and misters.

ASK YOUR DOCTOR – If taking medications, ask your doctor's office regarding special precautions. Also check out the recommended water intake. Some medical conditions may increase vulnerability during hot weather.

AVOID/LIMIT ALCOHOL & CAFFEINE – These can increase dehydration.

AVOID SUN EXPOSURE – Wear a wide-brimmed, breathable hat or use an umbrella. Avoid/limit strenuous activities during the hottest part of the day. Find shade if you must be outside; and be sure to use sunscreen. However, it is best to avoid/limit doing so all together. Perhaps a friend or family member who is less vulnerable can run errands and do shopping for you.

PROTECT YOUR PETS – Provide shade and cool drinking water and baths. Never leave pets unattended in cars or direct sunlight. They probably want to be inside as well. Plan any outdoor activities during cooler times. Asphalt may be too hot for paws.

CHECK ON OTHERS – Check in on family members and friends. Share these tips with them as well.

Enjoy the summer! Let's be smart and savvy to make it the best of times.

Service Coordinator Corner



By: Anita Stephens
July 2022

Quote of the Month: "Life is like riding a bicycle,
to keep your balance you must
keep moving". ~ Albert Einstein

MONDAY, JULY 4TH OFFICES ARE CLOSED



Tuesday, July 12, 2022 / [DPD SHIELD](#) / Presents: Civilian Active Shooter Response Events Training for the community. In the Villa Dining Room 1:00-4:00pm. FREE to all residents. Sign up on hallway table.

Thursday, July 14, 2022 / [Humana](#) is sponsoring Ice Cream & Spa Services Day. Join in on the fun in the Villa Dining Room @ 11:00am.

Tuesday, July 19, 2022 / [Residential Hospice](#) / Myths and facts about Hospice. In the Villa Dining Room @2:00pm FREE to all residents. Sign up on hallway table.

Thursday, July 28, 2022 / [Fit & Flexible Chair Exercise](#) with Marita from Guardian Angel Home Health @1:00pm. In the Villa Dining Room. FREE to all residents. Sign up on hallway table.

To all [Wayne State University \(FAMS\)](#) participants, Wednesday, July 6th 2022 @1:00pm Reassessment for program participants to gauge progress. This the halfway point of the program. Let's check on how you're doing! (Please bring your journals)

TO ALL OUR NEW RESIDENT



RESIDENT SPOTLIGHT

Resident of the Month July 2022

Mr. Kenneth Gibson

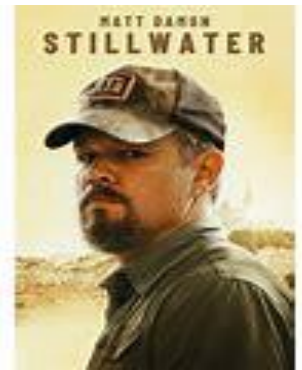
Mr. Kenneth Gipson has been a Villa resident since May, 2021.

Mr. Gipson served in the United States Army from 1972-1975. After he was honorably discharged, he gained employment in 1977 with the Detroit Water Department. His department was Industrial waste control in which he monitored city businesses waste & water.

Mr. Gipson states, "If my family is happy and I'm not in debt, life is great!" He is a widower, with 1 son & 2 granddaughters. You may have heard him, humming and/or whistling a tune while walking around the building. Just say,

"Hi"

July Movie List



SPIRAL

A criminal mastermind unleashes a twisted form of justice in *Spiral*, the terrifying new chapter from the book of *Saw*.

A MAN CALLED OVE

Ove, an ill-tempered, isolated retiree who spends his days enforcing block association rules and visiting his wife's grave, has finally given up on life just as an unlikely friendship develops with his boisterous neighbor.

RESPECT

Based on the life of American singer Aretha Franklin. The film follows the first 3 decades of Franklin's life, from being born as a musical prodigy in an affluent African-American family, the repercussions of losing her mother at age 10 to her arduous rise to international musical stardom, while enduring an abusive marriage, ultimately concluding with the recording of her influential live album *Amazing Grace* (1972)

STILL WATER


Matt Damon as an unemployed oil rig worker from Oklahoma who sets out with a French woman (Camille Cottin) to prove his convicted daughter's (Abigail Breslin) innocence

The Redford Township District Library


Newsletter

July 2022

- **Food Trucks**
- **Live Music**
- **Millage Information**

 (313) 531-5960

 rtdl.org

 25320 W. Six Mile
Redford, MI

Monday - Thursday
10:00 a.m. - 8:30 p.m.

Friday - Saturday
10:00 a.m. - 5:00 p.m.

Sunday
Closed on Sundays
Memorial Day-Labor Day

Redford Township

 District Library

Summer Reading Program

Adult Summer Reading will begin on Tuesday, June 21. Participants can pick up a program packet at the Adult Reference desk. Readers can submit an entry form for each book that they complete between June 21 and September 3. There will be weekly prize drawings.



MOVIE NIGHT

Wednesday, July 27th
6:00-8:00 PM



Join us at the library for a free movie & free popcorn! Call **(313) 531-5960** or visit rtdl.org/events to sign up.



Join a Book Club!

Redford Recreational Readers
June 13, 2022, 7:00pm - 8:00pm

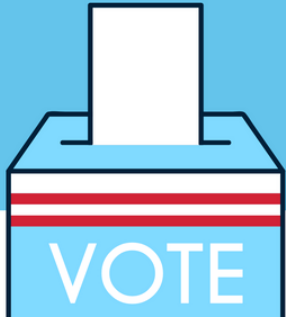
Future Reads Book Discussion Group
June 21, 2022, 6:30pm - 7:30pm

Call **(313) 531-5960** or visit rtdl.org/events to sign up.

HOME DELIVERY

Call **(313) 531-5960** if you're interested in having your books, CDs, DVDs, and audiobooks delivered to your door via our Homebound Delivery Service.





Redford Township District Library Millage Information

VOTE ON AUGUST 2, 2022

On August 2nd, 2022, Redford Township District Library will ask residents to approve 2 mills to fund the library for a period of 20 years. This millage is not a tax increase. This replaces a 1.4 mill operating millage and a .66 mill debt millage that was levied in 2021. Visit rtdl.org/millage for more information. Have questions about the Library's ballot proposal? You're invited to attend a community information meeting at the Redford Township District Library.

- Tuesday, July 12th from 6:30 PM – 7:30 PM
- Saturday, July 16th from 11:00 AM - 12:00 PM

FOOD TRUCKS

Food Truck Night - July 14, 4:00 - 7:00 PM

Please join us on Thursday, July 14 for live music, yard games, food trucks, and free ice cream!

Slows BBQ

Cosmic Burrito

Free Ice Cream

Lunch at the Library - July 21, 12:00 - 3:00 PM

- Crepe Day-Twah
- Fortune Cooking
- Detroit Mini Donut

Rhonda's Corner

Wow! We had a wonderful time at lunch with residents. Great company, good food!

Our Good Fellow Dolls are looking fantastic in all their finery. Thank you to all that participated in dressing them. If you have a doll, we are displaying them in the lobby. There will be some extremely happy little girls on Christmas thanks to you all!

A special Thank you to the beautiful ladies of the Redford Villa for spreading their beauty, we appreciate all that you do!



Ernestine Peete

Mary Ellen Baker

Gloria Whittington

Love,

Rhonda Kuehn

Hospitality Specialist

Maintenance Musings Reminders

- No food or drinks are allowed in the common area, **ONLY** in the dining room.
- Do not place food garbage in outside large dumpster outside of shipping and receiving, please break down card board boxes also. If bags are too large to fit into trash chute please bring down to shipping and receiving area. Non-food trash can be taken outside ex. Small tables/chairs etc.
- **PET OWNERS** you must **secure** your pet for the safety our maintenance staff.
- Work orders will be addressed as soon as possible depending on severity. **CALL THE OFFICE FOR ALL WORK ORDERS**, please state if ok to enter if not at home. If you're not available they'll return as soon as they can which may not be the same day.
- Be conscious when cooking, if you set your smoke alarm off it must be reset, please be patient, maintenance is required to stop what they're doing and respond immediately. Fire pits, etc. are **prohibited** and should not be placed on your balconies/porches. If the fire department responds there could be a charge. Keep in mind the alarm is designed to send an alert regardless of how little the smoke or steam may be.
- Do not block cold air return (the vent on the floor near the patio door).
- When turning on your a/c select the **auto** option.
- Refrain from storing non-patio on items on porches.

Cottages

Please use 30 gallon tall kitchen garbage bags for your trash. Sticks, leaves, dirt etc. should be placed in lawn bags.

Mark Uzarek, Maintenance



Agnes Ford	07/03
Mary Ellen Partlow	07/03
Lessie McGill	07/04
Debra Liberman	07/06
Larry J. Walker	07/07
Lee Vorn Dial	07/09
Marilyn Firtha	07/11
Deborah Pitts	07/12
Fern Heriotte	07/16
Carolyn Matthews	07/18
Darlene A. Reynolds	07/18
Norvel Calhoun	07/19
Joan Brewer	07/25
Mary L. Flynt	07/27
Nadine L. Doolan	07/27
Paul Easley	07/27

Baseball

b t e d d a e e d g
a u n l m i n r f r
s o o e a n e i u o
e e z i l f p p l u
r k e f s i l m l n
u i k t d e l u c d
n r i u n l u s o b
n t r o a d b e u a
e s t x r l t n n l
r y s j g v z p t l

outfield
strikeout
infield
bullpen
groundball
grand slam
fullcount
baserunner
strikezone
umpire

VILLA/COTTAGES

July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 6pm BINGO	2 1PM BINGO
3	4 Independence Day Office Closed	5 2pm Movie	6 1pm Wayne State Assessesmt 10am Value Ctr. 1pm Bid Whist	7	8 6pm BINGO	9 1pm BINGO
10	11 2pm Wayne State 10am Villa Store Pantry	12 2pm Movie 1-4pm Shooter Response Training	13 2pm Wayne State 10am Value Ctr. 1pm Bid Whist 6pm Bible Study	14 11am Ice Cream & Spa by Humana	15 6pm BINGO	16 1pm BINGO
17 1pm Worship Service	18 2pm Wayne State 10am Villa Store Pantry	19 2pm Movie Residential Hospice 2pm	20 2pm Wayne State 10am Value Ctr. 1pm Bid Whist	21 2pm Village of Redford Book Club	22 6 pm BINGO	23 1pm BINGO
24	25 2pm Wayne State 10am Villa Store Pantry	26 2pm Movie	27	28 1pm Fit & Flex Chair Exercise	29	30 International Day of Friendship

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**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Main Office Number

(313) 541-6000

Village Staff

Gloria Robinson
Senior Housing Administrator
(313)541-6042

Mark Uzarek
Maintenance Lead

Angela Hooks
Administrative Assistant
(313)541-5991

Freddie Graham
Maintenance Technician

Gina Herron
Receptionist
(313)541-6126

Rhonda Kuhn
Hospitality Specialist
Housekeeping

Anita Stephens
Service Coordinator
(313)541-6450



EMERGENCY NUMBER (VILLA)	(313) 910-7027
EMERGENCY NUMBER (COTTAGES)	(313) 573-3572
NON-EMERGENCY REDFORD PD	(313)387-2500
CLASSIC SECURITY	(313)662-4648
Phyllis @ the beauty salon	(313)541-6077



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

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The Villa and Cottages at Redford• 25340 West Six Mile Road Redford, MI 48240

Embrace the possibilities