



Villa View



Embrace the possibilities

25340 West Six Mile Road • Redford, Michigan 48240 • August 2016

Notes from the Administrator

Featured Articles

| | |
|----------------|-------|
| Administrator | pg. 1 |
| Cottage Corner | pg. 6 |
| Recipe | pg. 7 |
| Maintenance | pg. 8 |

Redford's Entire Staff of "Shining Stars"

Crystal Davis, Steve Reardon, Gloria Robinson, Rhonda Harvey, Hannah Micallef
Mark Uzarek



Look for PVM on:





The Senior Advocate.

**By Lynn Alexander,
Vice President of Public Affairs**

BE SMART & SAVVY TO PREVENT EXPLOITATION

All too often I hear terrible stories of how a senior has been exploited, sometimes by total strangers and sometimes by relatives, even their own children! So I decided it is time to review some tips for protecting oneself from a potential tragedy. Here are some tips recommended by the Michigan Attorney General's Office:

Be alert to individuals who seem extremely interested in your personal finances.

Do not turn over your checkbook or any other financial affairs to another person unless you have established trust in them. Even so, it is good if possible to have two parties so there are checks and balances. Whenever possible these two parties should be a family member or close friend/ advisor of many years.

Protect important information, such as your social security number and medical information.

Do not give out personal information over the phone or take unsolicited phone calls.

Be aware that fraudsters may have set up a fake website while pretending to be a reputable agency or company. Always call the organization directly rather than taking someone's word for it.

Do not respond to solicitations on the internet. Scammers come from all countries. If someone is really a prince or coming into huge sums of money they do not need your help!

And, most of all, remember: IF IT SEEMS TOO GOOD TO BE TRUE IT IS!

Be smart! Be savvy!





Giving Matters.

**By Paul J. Miller, CFRE,
President, PVM Foundation**

Secure your tickets and sponsorships now!

All That Jazz!

The Countdown is On!

Annual PVM Foundation Gala—November 11th!

When: Friday, November 11, 2016

5:30 p.m. Sponsor & Patron VIP Pre-Reception

6:30 p.m. General Cocktail Reception & Raffle

7:30 p.m. Dinner, Program & Entertainment

Where: COBO Center, 1 Washington Boulevard, Detroit, Michigan 48226

Cost: \$375 Patron Ticket* includes Private VIP Pre-Reception, Prime Seating at Dinner & Program

\$250 Individual Ticket* includes General Cocktail Reception, Dinner & Program

(*Estimated Fair Market Value: \$125/ticket)

PVM employees –get your **discounted tickets** through payroll deduction for less than \$21 per paycheck (if secured by August 18)!

For more information, please contact us at 248-281-2040, pvmfoundation@pvm.org, or visit pvm.org/Gala2016.

Thank you for supporting PVM residents and I hope to see you for ***All That Jazz!*** on November 11th!



Many Varieties of Dancing



BALLET
BALLROOM
BELLY DANCER
BREAK DANCE
CELTIC
CHARLESTON
CHOREOGRAPHY
DISC JOCKEY
EXERCISE
FLEXIBLE
FOX TROT

HIP-HOP
IRISH
JAZZ
LESSON
LIMBO
LINE DANCE
MAMBO
MOVES
ORCHESTRA
PARTNER
PHYSICAL

POLKA
PRACTICE
SALSA
SQUARE DANCE
STEPS
SWING
TANGO
TAP
TURN
TWIST
WALTZ



Phyllis at Shear Perfection Salon

Days of Operation:
Wed thru Sat.
Hours: 11 am- 4pm.

313-541-6077

Call to make an appointment!

Redford Board of Directors

Joyce King, Board Chairperson
Emily Dye
Reva Wujcik
Carrie Hays McElrye
Deanna Mitchell
Thomas Dixie
Laura Scanlon
Susan Hurst
Catherine Esannason

Cottage Corner

First and foremost, I wanted to share with you that during our Shining Star event last month, I was named one of the "Top Ten" Shining Stars! For those of you who don't know what the Shining Star is, it is to celebrate all the wonderful 500+ employees throughout all of PVM who are recognized for "service excellence!" Nominations are collected from residents, families and staff and they are then submitted, and the top 10 are chosen, along with a top Shining Star (If you remember, Steve Reardon was the "Top" Shining Star last year!) I want to thank all of you, and especially those who took the time to write something not only for myself, but for our other amazing staff. It's because of you that the staff here at the Villa and Cottages is nominated for these awards yearly. That in itself says something about this wonderful campus. So thank you again, truly.

Cottage Resident Forum will be held in the Villa Dining Room on Tuesday, August 9th at 2 pm. I will be putting out an OneCall to reserve seats on the bus, but I do need more than a few participants to run the bus.

Beginning mid-August, a new Service Coordinator, Anita Stephens will be joining the staff. I know many of you knew and worked with Nicole, so it would be great if you could come out and meet Anita. She comes with many years of experience and knowledge to help you pick up where you may have left off with Nicole. We will set up a meet and greet with her once she is settled.

I am also excited to announce that one of our Cottage residents, Renee Killins, has volunteered to be a bus driver so that more off campus activities can be planned. Just last week, she took a full bus of residents to the Sound Board Theater at the Motor City Casino to watch the evening Tigers game on the big screen. Events like these are a great way to get out of the house, meet new neighbors and see the sights. If you have any suggestions for a future outing, please contact Renee directly, or stop by the office and I will pass it on to her.

Hannah Micallef

Housing Administrative Assistant, TCS



Prosciutto-Chicken Linguine



1. In a large pot of salted boiling water, cook linguine until al dente. Drain, reserving 1 cup pasta water, and return to pot.
2. Meanwhile, in a large skillet over medium-high heat, heat oil. Add prosciutto and cook, stirring occasionally, until crispy, 4 to 5 minutes. Transfer to a paper towel-lined plate.
3. Add chicken to skillet (with another swirl of oil, if necessary) and season generously with salt and pepper. Add oregano and stir until coated. Cook until golden and no longer pink, 6 minutes per side. Transfer to a plate.
4. Add garlic to skillet and cook until fragrant, 1 minute, then add broccoli and 1/4 cup water and cook until tender, 3 minutes.
5. Add milk, 1/2 cup reserved pasta water, and asiago to skillet and bring to a simmer to let thicken, 2 to 3 minutes. Add cooked linguine and toss until creamy, then add chicken and prosciutto and toss until combined (add more pasta water by the tablespoon if desired).
6. Garnish with cheese and serve.

INGREDIENTS

- 12 oz. linguine
- kosher salt
- 2 tsp. Extra virgin olive oil
- 6 oz. prosciutto, chopped
- 3/4 lb. boneless skinless chicken breasts, cut into thin strips
- Freshly ground black pepper
- 2 tsp. dried oregano
- 2 cloves garlic, minced
- 1 head broccoli, finely chopped
- 3/4 c. milk
- 1 c. grated asiago cheese, plus more for garnish

Happy Birthday to You!

The Birthday Party will be held on 8/15, at 1:30 PM in the Villa Dining Room.

Villa Friends

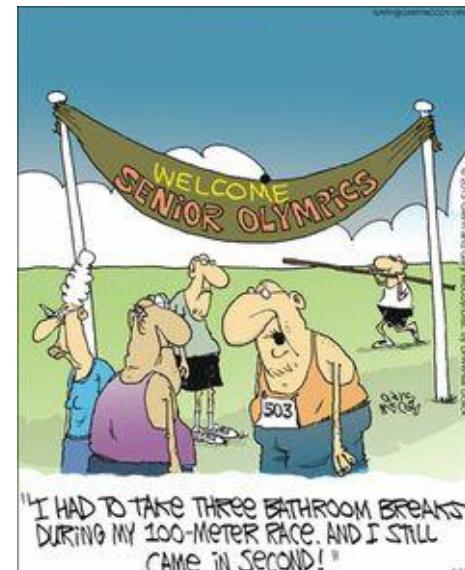
| | |
|------------------------|-------|
| Iola Byrd..... | 08/06 |
| Elizabeth Jemison..... | 08/09 |
| Elizabeth Jones..... | 08/11 |
| Mary Glenn..... | 08/11 |
| Elizabeth Koger..... | 08/12 |
| Janice Rowe..... | 08/21 |
| Bobbie Hoskins..... | 08/23 |
| Betty Wellman..... | 08/25 |
| Noralee Villegas..... | 08/26 |
| Margaret Bedell..... | 08/28 |

Cottage Friends

| | |
|----------------------|-------|
| Mary Bryson..... | 08/01 |
| Helen Anderson | 08/10 |
| Jimmie Styne..... | 08/30 |

Staff

| | |
|----------------------|-------|
| Steve Reardon..... | 08/02 |
| Hannah Micallef..... | 08/31 |



Maintenance Musings

For **VILLA** residents:

1. It's a good idea to begin to take out your trash more frequently in the summer. Getting rid of the trash more often helps reduce garbage odor in the warmer months. It is also a good idea to use the smaller, tall trash bags as opposed to the bigger, plastic "yard bags". The smaller trash bag requires that the trash be taken out on a more regular basis. Also, the outside dumpster in the back of shipping and receiving is meant for bigger furniture items/small appliances. Food garbage is to go into the container inside.
2. We will be having the carpets on each floor cleaned beginning Monday, August 8th, with the first floor. We are planning on cleaning the second floor in September, and the third in October. We ask that during the cleaning times that residents use caution while walking on wet floors, and are careful about trash disposal.

For **COTTAGE** residents:

1. A big thank you to everyone who has brought their trash to the curb on Monday and Thursdays for trash pick-up. This makes the trash day go a lot smoother.

For **ALL RESIDENTS**:

1. Work orders need to be called into the office so Crystal and Hannah can make a record of them. This not only helps you, but it helps maintenance keep track of the work that has been done in your unit. You are encouraged to call work orders in when you notice them, and not to "sit" on them. The sooner they are put into our system; the sooner maintenance can get to you.
2. If you see any suspicious or unusual activity outside, please do not call the office. Officer Mansfield from the Redford Police Department is recommending that any instances like that should be reported to the police at the following number: **313-387-2251**.

Mark Uzarek & Steve Reardon

Maintenance Lead and Maintenance Tech



August 2016 Activities Calendar



August 2016



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|---|--|--|--|-----------------------------------|
| | 1 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards | 2 2 pm Movie "The Boy" | 3 10 am Kroger/\$ Store 2 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study | 4 10 am Coffee Hour 10 am Pantry | 5 1 pm Milkman 1 pm Arts & Crafts 5 pm Keno-Bingo | 6 1 pm Bingo 3rd floor Game Room |
| 7 | 8 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards | 9 2 pm Movie "The Choice" 2 pm Cottage Resident Forum | 10 10 am Value Center/Walgreens 2 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study | 11 10 am Coffee Hour 10 am Pantry | 12 1 pm Milkman 1 pm Arts & Crafts 5 pm Keno-Bingo | 13 1 pm Bingo 3rd floor Game Room |
| 14 | 15 10 am Pantry 1:30 pm Birthday Party 5 pm Bingo/Keno 6:30 pm Cards | 16 2 pm Movie "Misconduct" | 17 10 am Kroger/\$ Store 2 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study | 18 10 am Coffee Hour 10 am Pantry | 19 1 pm Milkman 1 pm Arts & Crafts 5 pm Keno-Bingo | 20 1 pm Bingo 3rd floor Game Room |
| 21 | 22 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards | 23 2 pm Movie "A Royal Night Out" | 24 10 am Value Center/Walgreens 2 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study | 25 10 am Coffee Hour 10 am Pantry 2 pm Villa Forum | 26 1 pm Milkman 1 pm Arts & Crafts 5 pm Keno-Bingo | 27 1 pm Bingo 3rd floor Game Room |
| 28 | 29 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards | 30 2 pm Movie "The Letters" | 31 10 am Kroger/\$ Store 2 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study | | | |

Please note: The Redford Board of Directors meets the fourth Thursday of each month. Depending on the amount of members in attendance, the dining room may need to be utilized for the meeting. We appreciate your flexibility in this matter.

Movie Listings August 2016



The Choice “Travis Shaw (Benjamin Walker) is a ladies' man who thinks a serious relationship would cramp his easygoing lifestyle. Gabby Holland (Teresa Palmer) is a feisty medical student who's preparing to settle down with her long-term boyfriend (Tom Welling). Fate brings the two together as Gabby moves next door to Travis, sparking an irresistible attraction that upends both of their lives. As their bond grows, the unlikely couple must decide how far they're willing to go to keep the hope of love alive.”

Misconduct “When an ambitious young lawyer takes on a big case against a powerful and ruthless executive of a large pharmaceutical company, he soon finds himself involved in a case of blackmail and corruption.”

A Royal Night Out “On V.E. Day in 1945, as peace extends across Europe, Princesses Elizabeth and Margaret are allowed out to join the celebrations. It is a night full of excitement, danger and the first flutters of romance.”

The Letters “On Sept. 10, 1946, Mother Teresa (Juliet Stevenson) receives a message from God that tells her to help the poor, the sick and the downtrodden. Her new purpose initially causes conflict with the Roman Catholic Church and the government of India. After her death, a Vatican priest begins to recount her life's work, her political oppression and her unbreakable spirit. As her story unfolds through 40 years of personal letters, history remembers her as one of the world's greatest humanitarians.”

SEE YOUR MONTHLY CALENDAR FOR SHOWING DATES!

**Presbyterian Villages
of Michigan**
Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

www.pvm.org

Villa Office Number
Cottage Office Number

(313) 541-5991
(313) 541-6300

Village Staff

Gloria Robinson
Senior Housing Administrator

Hannah Micallef
Cottages Administrative Assistant, TCS

Steve Reardon
Cottages Maintenance Technician

Crystal Davis
Villa Administrative Assistant

Mark Uzarek
Maintenance Lead, Villa

Rhonda Harvey
Housekeeper, Villa

EMERGENCY NUMBER (VILLA)

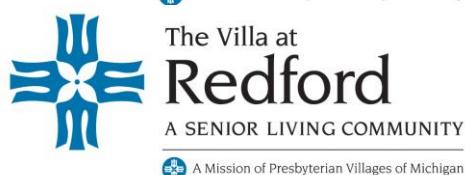
(313) 910-7027

EMERGENCY NUMBER (COTTAGES)

(313) 573-3572



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org



**The Villa and Cottages at Redford• 25340 West Six Mile Road•
Redford, Michigan 48240**

Embrace the possibilities